# CENTRAL SERVICE MEETING UN-APPROVED MINUTES Central Office & Central Service Representatives Meeting Report

## <u>Date</u>

February 13, 2024

## Meeting called to order

David G @ 7:10pm

## **Board members present**

David G, Patrick A, Cody A, George J, Absent: Ally A

## Serenity Prayer

Cody A.

## **Previous Minutes**

George Rainbow Group CSR Report missing Another report missing Cody Mon and Thursday Springeville Sheryl motion to approve minutes, Cody second all in favor

## **Board Meeting Report**

David apologies re being ill last meeting Appreciates Patrick stepping up and running meeting Carol AnnW-2 completed, and signature cards being completed District 47 using zoom account with approval of increased rent to cover charge <u>New Business...</u> Approval of Central Office no longer being open on Saturdays Venue New Years Event ongoing discussion Literature prices approved to bring books up to list price Looking for next year new years less expensive option for DJ/entertainment List of 12 step call volunteers needed

## **Treasurer and Office Report**

January was a busy month! I was able to submit all the forms required for the Social Security Office, The Secretary of State and Attorney General's Office to keep our non-profit in compliance. We also filed our 990EZ forms with the IRS.
Central Office had an income of \$8,386.10 and expenses of \$8,101.34 for a gain of \$284.76
Our Grateful Givers Club brought in \$141.13 and our Birthday Club brought in \$72.00 in much appreciated contributions.
We had \$757.53 in gross sales in 17 transactions for credit and debit cards, \$20 in 1 transaction in PayPal, and \$1012.36 in 12 VENMO transactions this accounting period.
Traffic and calls have been average.
Our Bi-plate and Gold Plate chip supplier informed me they will be discontinuing these products in the future because of the high cost of precious metals.

Also, I ordered some aluminum chips and they changed the color on us, the 4-month chips I had are gold and the new 4-month chip they sent us are purple! I still have some gold 4-month chips but I wanted to give you guys a heads up on that. Same goes for the 7-month aluminum chips, the ones I had are purple, the new ones they send are red! Again, I still have some purple 7-month aluminum chips left but the new ones I have are red.

The office will be closed on Monday February 19<sup>th</sup> in observance of President's Day. The office will no longer be open on the last Saturday of the month.

Office operations are going well and we are still fulfilling our primary purpose of carrying the AA

message of recovery.

I would like to thank all of the groups and individuals who contributed to Central Office!

Grateful to be here!

## Carol Ann Gable

## Office Manager/Treasurer

George...what is our annual average income per month..approx \$5164.88 2023 was a very good year

#### PI/CPC Report

George- had a meeting with a volunteer, went over ideas..in preliminary conversations working on getting flyers out to mental health and doctors offices Working on getting volunteers in each city Are there any health fairs coming up? Suggestions... Sheryl- fairs typically will be starting up soon Tule River Tribe Health fair...previously had NA represented Patrick-network via email, zoom, and check the Web for upcoming events, Iris festival for example. The Ag show would be worth a discussion, Carol Ann-Alcohol and Drug awareness day George- speaking engagements to possibly C.O.S., High Schools etc. Sheryl- if we get presenters at non AA events we do have a pamphlet available on the topic David- willing to be a public speaker...aprox 10-15 minutes is preferred Take back to home group re handing out pamphlets, being a speaker etc.

# STEP FOR NEWSLETTER-VOLUNTEER

	Issue	Step	Me	mber			
	March	3	Ally	2/21/	2024		
April	4	Glinda		V	3/21/2024		
TRADITION FOR NEWSLETTER-VOLUNTEER							
	Issue	Step	Me	ember			

March 3		Sheryl	2/21/2024	
April	4	Cheryl	3/21/2024	

## Website Report

Report covers the time between the January and February CSR Meetings (2024-01-09 through 2024-02-13).

Calendar of events:

David added the Spring Into Sobriety 2024 Planning meeting, first Wednesday of each month

through April. <u>Announcements:</u>

Carol Ann posted an announcement that Saturday, January 27th, would be the last time Central Office would be open on the last Saturday of the month.

Carol Ann posted an announcement that a new meeting, once-a-month, has started for CVRS alumni. David posted an announcement that the Tulare County Bridging The Gap committee meeting moved one hour later (single time adjustment).

David posted an announcement that the Zoom link for the GSR meeting has changed. Carol Ann posted the announcement that Central Office would be closed on President's Day holiday.

Carol Ann and I did the normal monthly edits of the CSR meeting, GSR meeting, Springville Sunday Breakfast meeting, and Valley Group meetings.

Thank you for letting me be of service.-David

## H & I Report

February, 2024 H&I Report

In January, we were able to hold 12 H&I Facility Meetings (one was cancelled by the facility) and 2 H&I meetings in the Tulare County Jail. We utilized 31 volunteers and distributed 102 AA Books. This month, we had 9 volunteers attend training at the Tulare County Jail which included two Spanish speaking volunteers. We hope to have all cleared in the upcoming months and increase our H&I meetings at that facility.

NorCal's financial position moved to <u>sound</u> at the end of January 2024. We ended the month with a positive cash flow of \$9,432.17. This was due to a one-time bequest of \$9,000 and an individual member contributed \$5,000, (the yearly max per individual) for a total of \$14,000. While we are

grateful for the contributions. In order to maintain distributing literature as we have been accustomed, we will need steady monthly contributions which match our monthly expenses. We encourage all groups to continue to pass the pink can at their meetings and have the treasurer send in the money on a consistent basis. If your group does not have a pink can, they are available at Central Office or by contacting me directly.

The Inside Visiting Sponsorship Service which provides inmates with outside sponsors is gearing up to begin at the Women's facility in Chowchilla. Please encourage any women with 5 years of sobriety and sponsorship experience who are interested in this type of service, reach out to me to be connected with the new coordinator.

We need more H&I Volunteers in order to continue growing. Please send any interested AA members to our next Orientation: March 9, 2024, 9:00 am followed by the Area H&I Business Meeting at 10:00 am. The meeting is held at Bridge Street Drunks Only, 526 N. Bridge St., Visalia, CA 93291.

In service, Joyce R., Area 93 Chair

## **<u>BTG Bridging the Gap</u>**

Cody- orientation/meeting Feb 3rd 3 people in attendance,., volunteers needed

March 2 11:00 am will be the next meeting, will be available via zoom

Meeting always the first Saturday of the month

Spring into Sobriety Event Cody will be doing a BTG presentation

A letter was received already from an interested member

We are able to modify our cards to have our Central office address to speed up connections with future members

## **GSO** Liaison:

GSR meeting was February 7th, 2024

Eleven people attended; five in-person and six via Zoom.

Treasurer's Report: Courtney R., had notified Mike that he was stepping down from the position of

Treasurer. Joshua F., previous treasurer, gave the report for the month.

Balance Forward	\$3,142.80					
Income						
Unity Through Traditions \$75.00						
Tuesday Women's Amity \$75.12						
Springville Gut Level \$75.00						
Keep It Simple Sunday \$46.60						
Springville Book Study \$60.00						
Valley Group	\$60.00					
Total Income	\$391.72					
<u>Expenses</u>						
DCM Reimbursement	\$175.00					
P.O. Box Rental	\$102.00					
Central Office Rent	\$480.00					
Total Expense	\$757.00					
Current Balance	\$2,777.52					

#### DCM report:

Mike went to the Winter Assembly in Merced. Items of note: our Delegate, Matthew, suggested we compile a binder of service positions, with a one page description of responsibilities. We should hold a GSR Workshop, which Emily L. can lead. The agenda topics for the annual conference in New York will be available in mid-February. Matthew said it was important to get a Service Sponsor. Our Archives facility rent is being raised, so Area 7 has created a committee to find a new location. In an ideal world, it would be storage for the A/V equipment, and a meeting place for Area Committee Meetings (ACM), and the new Archives location, with high speed Internet for a low price.

#### Old business

Zoom account sharing with Intergroup was approved.

New business

Discussion about possible fundraising activities to help support GSRs whose home groups can't pay for the full cost for them to go to PRAASA in San Francisco, or the Pacific Region conference coming up in Las Vegas in July.

Co-hosted agenda items workshop with Fresno County. We were approached by Bill, a DCM from Fresno: he had asked Matt (Delegate) if can come do an agenda items workshop. Then Bill asked us if we want to co-host. Motion made and passed that we co-host the agenda items workshop with Fresno County.

Co-hosted Post-Conference Assembly with Spanish District 55 in May. Mike met Simon, the DCM and he asked if, because a lot of their members don't speak English very well, if we'd be willing to help co-host with them with the registration and some of the sales. If we wanted to sell some breakfast items or lunch items and then we could split the profits on that. Motion made and passed that we agree to co-host and supply volunteers for the event.

Discuss attending PRAASA in San Francisco, March 1st through 3rd. Does anyone else want to go and carpool? Mike will likely go to the NCCAA conference in San Jose March 15th through 17th. Discuss dates for hosting hybrid GSR workshop. Emily, alternate chair for CNIA 7, is willing to do a GSR School / GSR Workshop on Zoom. Consensus was yes, we should do this in March. Mike will ask Emily how long it will take; depending on the answer we will do it either during the GSR meeting or on a separate event.

Remaining three items on the agenda tabled to next month.

## <u>CSR Reports</u>

#### Saturday morning women's 12 x 12 Tracy Jo., CSR

Held from 9-10 am Saturday morning held weekly

Approx 25-35 women

We are hosting a women's retreat in October at St Anthonys in three rivers we are looking for volunteers and donations, there will be a limited number of spaces, next committee meeting will be Saturday 10:15 on the third Saturday of each month until October

#### Friday Freedom Fellowship Arlee CSR

We meet weekly on Fridays at Christ Lutheran Church in Visalia from 7-8 P.M.

#### Rainbow Group, Presented by George J., CSR.

The Rainbow Group meets every Saturday for an hour at 5:30 PM at The Source in Visalia, at 109 Northwest Second Avenue, which is on the south side of the Oval park. We meet for one hour and we are an Open hybrid group that meets on Zoom as well. The Zoom ID and passcode are on the website and in the Meeting Guide app. We offer a five o'clock meditation if you're interested in arriving early to prepare for a meeting. We have a speaker at the beginning of each meeting who speaks for 10 minutes after which the group is open. We give out chips at every session and celebrate birthdays at the end of the month with cake (no ice cream). We also have our business meeting on the second Saturday of the month.

Thank you for letting me be of service, George.

#### Springville Monday Night Book Study Group, Presented by Cody R., CSR.

We are located at the Lighthouse Chapel in Springville. We meet Monday nights from 7 to 8 PM. It is an open group book study. We rotate the books that we study. We're currently reading Language of the Heart. Turnout is about average. Emotional Sobriety will be the next book we will be reading. We have coffee and dessert every Monday. We would love to have more visitors. The Lighthouse Chapel is located off the 190: turn on to Bridge Drive, and then south to Rio Vista.

### Gut-Level Group, Presented by Cody R., CSR

The Thursday Night Gut Level open meeting for men and women, is also located at the Lighthouse Chapel in Springville. We meet Thursdays from 7 to 8:30 PM. It is an open meeting with people sharing their experience, strength, and hope. Our birthday meeting is the last Thursday of the month, and we celebrate with cake and coffee. Turnout is steady. We have cake whether anyone is celebrating a birthday or not. It's a great meeting and we would love to have visitors. Thank you for letting me be of service, Cody.

## Civic Center Group Presented by Trevor., CSR

Tuesday at Christ lutheran 7-8 pm closed speaker discussion last day of the month welcome to family and friends. As well as a birthday meeting the last Tuesday of the month

## Springville Breakfast Speaker Meeting, Presented by Cody for Sheryl E., CSR

We meet the second Sunday of each month at the Veterans Memorial Building, 35994 Highway 190 in Springville. Breakfast is \$8.00 a plate per adult and \$1.00 per child under 12. The speaker part of the meeting is always free, so you don't have to eat to enjoy an excellent speaker.

We open at 8:00 with fresh hot coffee. Breakfast is served from 8:30 until 10:00. The speaker meeting begins at 10:15 with the readings, a 10 minute speaker a 15 minute break, then the main speaker until 11:45. 50/50 tickets are sold from 8:30 until the main speaker begins.

We really need a couple of strong, young people to stay after the meeting to sweep and mop the floor. It only takes a few minutes and is an easy way to be of service. So please help. Thank you for letting me be of service, Sheryl

Attendance was doubled last Sunday for the 50th anniversary! We served 92 breakfast! And it was offered at no charge. It was a great turn out!

#### Friends of Bill W and Dr Bob, presented by Patrick., CSR

Tuesday night open meeting held at St Johns Episcopal Church 1701 e prosperity ave in tulare from 7-8:30 pm fellowship of men and women sharing our experience strength and hope, averaging 15-20. We celebrate the last Tuesday of the month. We give out chips of various lengths of continuous sobriety. Newcomers are welcome, we have members who are open to sponsor.

#### Women's Changes Meeting, Presented by Cheryl for Sheryl E., CSR.

We meet every Tuesday from 6 to 7 PM at the 12 Step Recovery Club, 186 South D Street in Porterville. We are an open women's meeting. We each pick a stick from a jar and share on that topic. We average about 20 girls including the girls from PAAR who might have a couple of days to women with up to a whopping 43 years of continued sobriety, proving this program works. The last Tuesday of each month we have a potluck that starts at 5:30 with good food and Birthday cake. We pass around a card for everyone to sign for those who are celebrating that month. Pam S is the new secretary, replacing Vicki B who did an outstanding job.

Thank you for letting me be of service, Sheryl.

#### Noon AA meeting Cheryl., CSR

Noon meetings that meet at the Porterville 12 step recovery club at 186 S B Street in Porterville Monday through Friday 12-1 pm Mon, Tues, and Thursday use the Daily Reflections as the topic source Wed is a chip meeting Friday is a big book meeting Steps sponsorship if encouraged Hal E was presented his 39th AA birthday, his son daughters are members

#### AA Loose Women's Meeting, Presented by Glenda V., CSR

We meet every Friday night at 6:30 PM at the Twelve Step Recovery Club at 186 South D Street in Porterville. We are an Open discussion meeting for Women only. It's a discussion meeting: somebody picks a topic and people talk about the topic. Cross-talk is welcome. We average about five to ten people. Ladies from PAAR attend our meeting, who might have a couple of days of sobriety, to women with up to 43 years of sobriety, proving the program works. Thank you for letting me be of service, Glenda

#### Old Business

Jason and George are the chairpersons for the founders day picnic

June 8th 2024

Reservations have already been made at Mooneys grove. Looking for suggestions for a speaker...discussion for various options...

Central Office Unity Events...discussion ideas for future events Bowling event, softball, art, etc

#### New Business

No new business

## 7th tradition

\$33.00

#### **Announcements**

Spring into Sobriety Event Saturday April 6th \$20.00 Yvonne S Los Angeles will be keynote speaker including a 12 step

workshop if attended new comers receive dinner at no charge. This event happens twice a year, lunch is not provided,

Meeting Adjourned 8:39 P.M.