

**CENTRAL SERVICE MEETING UN-APPROVED MINUTES**  
**Central Office & Central Service Representatives Meeting Report**

**Date**

October 8, 2024

**Meeting called to order**

David G 6:04 P.M.

**Board Members Present**

David G, Ally, George, Cody via zoom, Patrick absent with notice

**Serenity Prayer**

David G

**12 Traditions**

Glenda

**Previous Minutes**

No additions or corrections  
Reviewed and Approved by all  
Marci moves, Vicki seconds

**Board Meeting Report**

David G

Service Fair at the Exeter Memorial Building discussion the location is not available for the dates we requested. The previous meeting was short.

New Business-voice over phone service possible trial and sms service will be on tonights agenda

**Treasurer and Office Report**

Carol Ann

For the period from August 21<sup>st</sup> thru Sept 20<sup>th</sup>, 2024 Central Office had an income of \$4,507.82 and expenses of \$4,819.88 for a *loss* of \$312.06.

**We are totally self-supporting through your contributions!**

Let's talk about our income:

### **Group contributions:**

Out of all the AA meeting listed on our website, I believe there are 205 of them, **6 Groups donated to Central Office for a total of \$1,668.11.** One of those groups who contributed to our office represents 20 AA meetings, and they sent a beautiful letter explaining that they heard about our shortfall and they gave Central Office 100% of this month's distributions, I almost cried when I read that letter. Thank you, groups, for your contributions!

### **Grateful Giver Club contributions:**

Out of all the grateful alcoholics that attend meetings listed on our website and in the Meeting Guide App, we received **6 anonymous donations were made through our Grateful Givers contributions totaling \$504.49!** You know who you are! Thank you to you grateful givers!

You can donate to the Grateful Givers Club through our donation link on our website at AA-tulareco.org.

Grateful Giver's Club is a great way to donate if you want your donation to be anonymous, simply put Grateful Giver in the memo line!

### **Individual contributions:**

Out of all the alcoholics who attend meetings listed on our website and in the Meeting Guide App, **6 generous people donated to our office individually for the amount of \$506.99!** Consider mailing in a monthly contribution! Thank you to all you alcoholics who want to help us share the message of recovery!

You can donate individually through our website at AA-tulareco.org. I will list your first name and last initial in the newsletter! Thank you for your individual contributors!

### **Birthday Club:**

Out of all the AA member who attend meeting listed on our website and in the Meeting Guide App, we had **2 grateful members contribute to Central Office to celebrate their sobriety by contributing \$1 per year of sobriety for the amount of \$41.00!** Thank you and happy birthday!

You can contribute to the Birthday Club by putting your first name and last initial, your city and the amount of sobriety you have! We will print this in our newsletter!

As you can see, there are many ways you can contribute to Central Office, this office is here to serve you, and to share to message of recovery to whoever is seeking it!

Central Office monthly expenses average \$5,125 and our prudent reserve is set at \$19,000.

**We currently have \$14,452.12 which is \$4,547.88 below our prudent reserve.** Please announce to all your groups their responsibility to always help support AA as a whole so we can continue to share our message of recovery!

Expenses paid this accounting period: Office staff, rent, phone and internet, utilities, and website fees, book and chip inventory replacement.

Expenses coming up next accounting period: Office staff, rent phone, internet, utilities, website fees and payroll taxes. We need your support!

Even though there is a financial shortfall, we are still fulfilling our primary purpose of carrying the AA message of recovery.

Elections for the Central Office Board is coming up again in December, we will have 2 positions opening up. Please announce this to your groups, each position is a 2-year commitment.

**To the groups:** In our October newsletter there is a form you can download and send into Central Office I am requesting some information about your group's humble servants for future outreaches. We have some events coming up and I need to know where to mail the flyers, our fellowship includes you and your meetings and we need a way to reach you!

*I would like to thank all of the groups and individuals who contributed to Central Office through your group contributions, your Birthday Club contributions, your individual contributions and our Grateful Giver's Club contributions!*

**Grateful to be here!  
Carol Ann Gable  
Office Manager/Treasurer**

### PI/CPC Report

George

WE had a great table at the Tulare County Employee Health Fair at the Convention Center, Vicki and David were there to hand out brochures, made connections with nurses and doctors.

Met a lot of people.. had questions about the pregnant alcoholic/or drinking while pregnant...

David felt it was a successful event. The table looked very professional.

10/10/2024 the HealthFair on Dinuba Blvd we will also have a table

10/18/2024 Visalia Senior Center we as well will have a table

If you would like to volunteer at any upcoming events please contact George as this is a wonderful opportunity to connect with the public about who we are and what we offer in AA

## **STEP FOR NEWSLETTER-VOLUNTEER**

### **Issue Step Member**

November Cheryl H Step 11 due to [centralintergroupnews@gmail.com](mailto:centralintergroupnews@gmail.com) 10/21/2024

December Cody Step 12 due to [centralintergroupnews@gmail.com](mailto:centralintergroupnews@gmail.com) 11/21/2024

## **TRADITION FOR NEWSLETTER-VOLUNTEER**

### **Issue Step Member**

November Mike P Tradition 11 due to [centralintergroupnews@gmail.com](mailto:centralintergroupnews@gmail.com) 10/21/2024

December Ally A Tradition 12 due to [centralintergroupnews@gmail.com](mailto:centralintergroupnews@gmail.com) 11/21/2024

### **Website Report**

David G

This website report covers the time between the September and October CSR Meetings  
9/9/2024-10/8/2024

#### Meetings:

David added a new meeting: The Journey, a, 11th Step Meditation meeting Saturdays at 5:30pm at the Visalia Alano Club

#### Calendar of Events:

Carol Ann updates the New Year's Eve event planning committee meeting for 5:00pm Tuesday  
October 8th

David added the Serenity in the Sierras 2024-37th annual event starts November 8th in Oakhurst

David updated the Soberest planning meeting to a wrap up meeting, Wednesday October 9th

David moved the Bridging the Gap committee meeting to this Saturday October 12th

#### Announcements:

David posted the Bridging the Gap committee meeting is moved to October 12th

Carol Ann posted Central Office Income for September

David posted that the Soberest 2024 wrap-up meeting will be October 9th

Carol Ann and I did the normal monthly edits of the CSR meeting, GSR meeting, Springville Sunday  
Breakfast meeting, and Valley Group meetings.

Thank You for letting me be of service,

David

## H & I Report

The only purpose of the Northern California Hospital and Institution Committee is to carry the message of AA to alcoholics in corrections and treatment facilities and facilities serving alcoholics in Northern CA. In Tulare County (NorCal Area 93) we continue to meet this purpose by holding AA meetings in 8 treatment facilities and the Tulare County Jail. In September 2024 we held 21 H&I meetings and distributed AA books upon request. We make available the AA Big Book, 12 Steps and 12 Traditions, Living Sober and Daily Reflections. These are available in Spanish and English.

We continue to need more volunteers. Monthly we cover our commitments in the 8 treatment facilities with an average of 25 volunteers. In Tulare County Jail, Avenal, Corcoran and SATF Prisons, we continue to fall short of being able to cover all the meetings. In the Prisons, there is an average of 40 monthly AA meetings at each location, while we can attend an average of 6 meetings monthly. In Tulare County Jail, we can take in a minimum of 40 meetings monthly and are able to take an average of 6 monthly. This shortfall is due having a small pool of cleared volunteers. Please share this information with your groups and send any interested AA members to our next Orientation listed below. If an AA member is interested and wants to discuss this further prior to that date, I can be contacted at [handiarea93@gmail.com](mailto:handiarea93@gmail.com) or Central Office can provide my phone number.

As with other service entities, our monthly expenses remain constant while contributions vary. Currently, NorCal H&I is running at a negative monthly income but year to date are positive. Based on trends we believe this will even out over the next month. At our upcoming budget meeting at the end of October, it is expected that we will adjust our Prudent Reserve and Cash on Hand to reflect our actual numbers, which will most likely put us at a shortfall. It would be helpful if all groups would pass the pink can and have their Treasurer send the money in monthly. If your group does not have a Pink Can, please contact Central Office or me.

Please take a moment to visit the H&I page on [www.aa-tulareco.org](http://www.aa-tulareco.org) Here you will find all current Northern California Hospital and Institution Committee information including our financial reports and the contact information to get involved in the IVSS program. This is a unique opportunity to sponsor an AA member behind the walls. Currently, they are in the process of starting this program at Corcoran, SATF and Avenal Prisons. The meetings are held via phone call, text or in person. Our volunteer's anonymity is protected as all calls are sent through an exchange.

Our next in-person orientation: November 9, 2024; 9:00 am; at 526 N. Bridge Street, Visalia, CA 93291 followed by our business meeting at 10:00 am. This information is also listed on the Tulare County Website at [www.aa-tulareco.org](http://www.aa-tulareco.org).

In Service, Joyce R., Area 93 Chair

## BTG Bridging the Gap

Cody

WE are going strong with Tulare County Sheriff's office and have now 15 volunteers. They will set up a zoom meeting with a time and date to connect with an inmate whom is going to be released. On a re-entry program this happens the last month of their incarceration. You can pick up an application with Carol Ann. Next meeting via zoom will be Sat Oct 12 at 11:0 am

### GSO Liaison:

David G

### DCM report:

GSR meeting was held on October 1, 2024, ten people attended, three in person and seven via zoom

### CNIA Presentation on Proposed 2025 Spending Plan:

Don L. Previously of Visalia but now in Sacramento is CNIA Treasurer. Don presented the current proposed spending plan, and covered what changes may need to be implemented to bring spending closer to income. Expenses will be going up as we find a new location for the Area 7 Archives. To offset expenses, we will need to send less people to conferences.

### Treasurer Report:

Beginning Balance \$3723.71

#### INCOME

9/9/2024 Bridge Street Drunks Only \$21.91

#### EXPENSES

0

#### ENDING BALANCE

**\$3745.62**

### DCM Report:

I attended the Area Committee meeting (ACM) on September 21st. At the ACM, the major focus was on the spending plan to be discussed and passed at the Mini PRAASA. They also talked about doing an Area Inventory at Mini PRAASA. Mike recommends people plan on staying both days, to get the whole experience of Mini PRAASA. Calvares County Fairgrounds in Angels Camp is the location of the event.

### Old Business:

We are still looking for an Alternate DCM

## New Business

1. Discussed the Area 7 Spending Plan for 2025
2. We have a GSR Digital Kit with all sorts of service materials:  
<https://aa-tulareca.org/wp-content/uploads/2024/10/GSR-digital-kit.pdf>
3. Mini PRAASA is this weekend in Calaveras County at the Fairgrounds, October 11-13; if people want to carpool Mike is willing.
4. If a GSR cannot make it to Mini PRAASA but their group wants information conveyed to the Area, email that to Mike and he can present it.

## CSR Reports

### \*Saturday Morning Women's 12 x 12 Tracy Jo., CSR\*

Held from 9-10 am Saturday morning held weekly  
Approx 35-40 women We meet at Christ Lutheran  
Church 3830 W Tulare Ave.

We celebrate recovery by handing out milestone chips each week and celebrating birthdays the end of the month. Each meeting is a book study out of the 12 & 12  
Thank you, Tracy Jo W

### \*Rainbow Group, Presented by George J., CSR.\*

The Rainbow Group meets every Saturday for an hour at 5:30 PM at The Source in Visalia, at 109 Northwest Second Avenue, which is on the south side of the Oval park. We meet for one hour and we are an Open hybrid group that meets on Zoom as well. The Zoom ID and passcode are on the website and in the Meeting Guide app. We offer a five o'clock meditation if you're interested in arriving early to prepare for a meeting. We have a speaker at the beginning of each meeting who speaks for 10 minutes after which the group is open. We give out chips at every session and celebrate birthdays at the end of the month with cake (no ice cream). We also have our business meeting on the second Saturday of the month.

Thank you for letting me be of service, George.

### \*Springville Monday Night Book Study Group, Presented by Ken., CSR.\*

We are located at the Lighthouse Chapel in Springville. We meet Monday nights from 7 to 8 PM. It is an open group book study. We rotate the books that we study. We're currently reading the 12&12. Turnout is about average. We have coffee and dessert every Monday. We would love to have more visitors. The Lighthouse Chapel is located off the 190: turn on to Bridge Drive, and then south to Rio Vista.

### \*Friday Loose Women Meeting Glenda V., CSR\*

We meet every Friday 6:30-7:30pm at the Porterville Recovery Club located at 1865 S D Street. We are an open meeting of women only. Our attendance of 10-16 people. Ladies from PARR attend. We also have ladies with many years of sobriety. Thank you for allowing me be of service, Glenda V

**\*Springeville Gut-Level Group, Presented by Cheryl H., CSR\***

Gut level meets every Thursday in Springeville at the Lighthouse Chapel from 7-8:30pm. It is a small group of dedicated regulars. We celebrate Birthdays the last Thursday of each month with dinner at the local restaurant-however Oct we will be celebrating their birthday meeting a week early due to the church the room the last Thursday which is Halloween. The meeting on Halloween will be at Dusty & Laura B's house. A note will be on the door at the church with address of meeting.

**\*Friends of Bill W and Dr Bob Charley., CSR\***

OPEN MEETING We meet each Tuesday night at 7-8:30pm at St Johns Episcopal Church in Tulare. There are approximately 10-15 men and women of varying lengths of sobriety. We recently began celebrating birthdays the first Tuesday of the month with cake and ice cream. Since our last CSR meeting we discusssed the importance of embracing the birthday club and the funds that is could raise, along with the benefits of raising it and how our essential central office is also positively impacted, Thank You for letting me be of service.

**\*Friday Loose Women Meeting Glenda V., CSR\***

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Thank you for allowing me be of service, Glenda V

**\*Tuesday Women's Changes, Presented by Vicki Bates., CSR\***

We meet every Tuesday from 6:00 to 7:00pm at the Recovery Club located at 186 S. D Street, Porterville. We are an open meeting for women only. This is a stick topic meeting. That is each woman picks a preprinted stick and shares on the topic described on the stick. Our attendance includes women with a brief period of sobriety to those with many years. All are welcome. On the last Tuesday of the month we have a potluck to celebrate those with sobriety birthdays. Those women are invited to share their experience strength and hope with the group. Thank you for letting me be of service.

**\*Half & Half Group Sylvia D., CSR\***

The Half & Half Group meets every Thursday night at 6:00pm at the Trinity Lutheran Church located at 764 W Henderson Ave. Porterville, CA This is a book study and we are currently in the big Book of Alcoholics Anonymous. We read a chapter out of the book for the first 30 minutes. We go around discussing what we read and how it relates to our experience, strength and hope. All are welcome.

**\*Women's Tuesday Night Amity Group Sherri T., CSR\***

The Tuesday Women's Amity group meets every Tuesday at Trinity Church located 6400 West Walnut Street in Visalia. This a closed women's meeting. We meet from 6:30pm - 7:30pm each week with the 3rd week being a business meeting after the regular meeting. Each week we have a lead speaker who speaks for 10 minutes and then picks a topic and chooses people to speak through tag, going around a circle or however they deem. The last week of the month is a birthday meeting where we enjoy yummy cake. We are growing and about 25-40+ women. Thank you, Sheri & Sherry



**\*Porterville Wednesday Marcie M., CSR\***

Open Meeting at Lutheran 764 Henderson Porterville Wednesday gay inclusive meeting 6:00-7:00pm,  
12-15 members a mix of new and long timers Birthday celebration-cake

**\*Second Sunday Speaker Springeville Meeting Marcie M., CSR\***

Great Speakers, Great Food, Great Fellowship. A mix of sobriety. Long timers and Newcomers. A  
Ride of Serenity to Springville. Second Sunday of the month

**Old Business**

Cody- unity day is on hold due to lack of funds

Vicki-it appears there seems to be a lack of knowledge about Central Office..discussion regarding a  
table possibly at events to represent what central office provides

Soberfest- we had a table there ..great representation at the event

Service Fair-we asked groups to et their input on when and where this event can take place... looking  
to offer an opportunity for our members to become aware of all the groups in AA and positions  
available for service

**New Business**

Phone service on hold til next month  
New Years Eve preliminary flyer provided

**Seventh Tradition**

\$38.00

**Announcements**

Elections in December

Sober-fest Sept 21st

**Meeting Adjourned**

7:40 pm

**Responsibility statement**

