

Sample GSR Budget Worksheet - CNIA 2024

Date	Assembly	Location	Registration and Dinner	Mileage	Hotel	Notes	Cost per event
January 20-21	Winter Assembly	Merced	(1a)	(2a)	(3a)	Lodging- 1 night/2	\$ -
April 6-7	Pre-Conference Assembly	Stanislaus (D34/D36)	(1b)	(2b)	(3b)	Lodging- 1 night/2	\$ -
May 18-19	Post-Conference Assembly	Huron (D55)	(1c)	(2c)	(3c)	Lodging- 1 night/2	\$ -
October 18-20	Mini PRAASA	Sonora (D30/D33)	(1d)	(2d)	(3d)	Lodging- 2 nights/2	\$ -
March 1-3	* PRAASA	San Francisco				Optional	\$ -
July 12-14	** Regional Forum (even years only)	Las Vegas				Optional	\$ -
Total Cost			\$ -	\$ -	\$ -		\$ -

Consider carpooling and sharing hotel rooms to reduce the expense to your group.

** PRAASA, our Pacific Region AA Service Assembly, is optional but strongly encouraged for GSRs to attend.*

*** Regional Forum occurs every 2 years - GSO comes to us!*

1 (a-d) Enter amount for each assembly registration and dinner - generally \$15 for Reg. plus \$15 for dinner

2 (a-d) Enter amount for round trip mileage for each assembly - number of miles times (CNIA rate) ; divide by number of funded passengers.

3 (a-d) Enter amount for lodging - room rate times number of nights divided by number of people sharing the room.

Cost per event - indicates the anticipated total cost for each assembly (helps group treasurer anticipate GSR payout)

Total Cost identifies anticipated cost for group to fund GSR to all four (4) assemblies for the year. (option to add PRAASA and Forum).

Summary: Total for all Events divided by 52 (number of weeks per year) = total cost per week for group to support GSR for the year

example: (Total cost: \$700/52=\$13.50) \$ 13.50 per week for group to support GSR to assemblies

Note:

Total Cost for each GSR will be determined based on individual expenses (distance to assembly, shared rides, shared lodging, etc.)

Budget can be adjusted for late start - consider remaining expenses and number of weeks remaining in the year.

GSR Support should be a group budget line item paid before the splits (if your group conscience supports GSR)

GSR attendance at assemblies supports our Area and the General Service Office

GSR is accountable to the group with the group's support

Service positions should not be contingent on an individual member's ability or inability to pay

Our group should be self-supporting without having to rely on the district for scholarships

Appeal to your district for a scholarship or partial scholarship IF your group is not able to fund/fully fund GSR to attend Assemblies.

Current CNIA Mileage Rate is \$0.655 (follows GSO/IRS mileage rate)