



CENTRAL NEWS

TULARE COUNTY CENTRAL OFFICE • 449 E. MAPLE STREET • EXETER, CALIFORNIA 93221 • 559-592-6999 • NOVEMBER 2016 • VOLUME 32 • ISSUE 11

STEP ELEVEN

“Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.”

By the time I reached Step 11, I had come to terms with the fact that there was a Higher Power, that I choose to call God, in my life. I had a difficult time accepting there was a God in my life when I got to the Program of Alcoholics Anonymous. At first I looked at the people in the meetings that were not drinking and thought if they could, maybe so could I so I looked at Group Of Drunks as GOD. When I told my sponsor early in recovery that I was too bad to have a God in my life, she told me that I was a child of God and that God did not make junk.

When my sponsor suggested I start saying “Thank You” at night and “Please help me stay sober today” in the morning, in other words actually praying! I balked in my mind then said to myself “what have I got to lose?”. So... I started with that prayer. Some days it was Thanks a lot! But, from what I understood from listening in meetings, I didn’t have to be sincere, I just had to start a dialogue with a Higher Power.

So, I just started talking to God as I would to anyone else. I felt a lot more comfortable doing that than spouting words I had heard in various churches I had attended over the years. That worked for me and I started to realize that there was a Higher Power working in my life. There was no way I could stay sober without *something* outside me working in my life. I was no longer on my own.

Now I had to figure out what Meditation was. Someone said it was just to sit quietly and listen for my Higher Power to speak to me. That was way too simple so I purchased a book on how to meditate. That didn’t really help.

In the 12 X 12 one of the suggestions is to read the pray of St. Francis of Assisi. “...make me a channel of thy peace—that where there is hatred, I may bring love—that where there is wrong, I may bring the spirit of forgiveness—that where there is discord, I

may bring harmony—that where there is error, I may bring truth—that where there is doubt, I may bring faith—that where there is despair, I may bring hope—that where there are shadows, I may bring light—that where there is sadness, I may bring joy. Lord, grant that I may seek rather to comfort than to be comforted—to understand, than to be understood—to love, than to be loved. For it is by self-forgetting that one finds. It is by forgiving that one is forgiven. It is by dying that one awakens to Eternal Life”

That is a very powerful prayer. The 12 X 12 suggests we read that several times, slowly and trying to really understand the words and meaning. We might then sit quietly and think about the words. A start is what we need. Like all the 12 Steps, the more I work them, or practice them, the better I get at them. Prayer now if very easy for me, I thank my Higher Power throughout the day for many Blessing I experience. Meditation is still not something I am proficient at. Sitting still without reading, playing with my phone, having the TV or radio on is difficult for me. Like most of the Program of Alcoholics Anonymous, this Step takes effort but the payback is so worth it.

The following sentences from the 12 X 12 describe my experiences and life since coming into AA and following a few suggestions: “All those who have persisted have found strength not ordinarily their own. They have found wisdom beyond their usual capability. And they have increasingly found a peace of mind which can stand firm in the face of difficult circumstances.”

Susan M

TRADITION ELEVEN

“Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.”

I found great comfort, early in my program, when tradition 11 was read out loud. As I nervously sat in meetings I would think, this tradition protected ME! Tradition 11 spoke my favorite words

during my early time in Alcoholics Anonymous- anonymity. When I heard that our group vowed to maintain these traditions coupling with the words of “always maintain personal anonymity” I knew I was safe. Quickly I learned I couldn’t be more wrong about this tradition. First, I needed to learn that I would do well not to pick and choose words out of this tradition (or any tradition) and recreate a tradition designed for my own satisfaction. Examining this tradition as it’s meant I have learned that tradition 11 isn’t written to keep ME safe, even though I do personally benefit from all the traditions the importance of tradition 11 is placed to protect the health and survival of Alcoholics Anonymous. Simply put tradition 11 is to keep Alcoholics Anonymous (the program that has saved me and millions like me from the bondage and insanity of alcohol abuse) safe by placing you and me as guardians. So why was tradition 11 written?

According to the “Twelve Steps and Twelve Traditions” positive publicity was happening and growing. A.A. was faced with a good problem to have- how to properly handle the publicity it was receiving from newspapers, television reports, medical papers and church journals. Not only did they have the awesome responsibility of figuring out how to handle public media but they were faced with ambitious members (about 100 people) who wanted to use modern publicity methods as outreach to all who needed and were willing to have sobriety through A.A. The early founders had the wherewithal to understand the difference between promotion versus attraction and they needed to combat well intentioned members to learn and understand that principle as well. Fortunately A.A. had in place a group called the Foundation to serve in its best interest (now known as: General Service Office) who wrote letters to media of all types to combat the efforts of the ambitious A.A. folks. They explained to media their position of tradition 11 where they rely specifically on attraction rather than promotion and that doing so will protect and save lives for A.A. In many cases the media would deny the ambitious member’s request and the 100 dissipated. In today’s modern times I don’t think we can contact the founder of Facebook to combat modern day ambitious and well-intentioned A.A. members that want to do the same outreach. Maybe each group, through group conscience, can agree to ensure the upholding of tradition 11. Never forget that this tradition is for you...not just for your self- preservation like I foolishly once thought. Tradition 11 requires a higher calling for each of us- to serve as a guardian for the future and safety of A.A.

Sheri T

MEMBER ESSAY

My latest experience with Step 11
By Bill H. of Visalia

We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of his will for us and the power to carry that out.

I’ve been writing about my latest journey through the 12 steps for a few reasons. Among them includes my desire to help remove some of the mystery about the mechanics of this work. My hope is that by sharing these experiences some that may have avoided or delayed their own journey may see how simple the process really is- and that they may see how they too can benefit from taking the 12 steps. Another reason for this writing is to help me remember my own experience.

This journey through the steps has been focused on the impact of fear in my life. By this time, I’m not burdened with doubts about the existence or sovereignty of a God or even the purpose or power of prayer and meditation. I remember several years ago struggling to find what I thought was the right answer when a friend asked me why we pray. And like so many awakenings I’ve had as a result of the 12 steps, the right answer was so simple and clear once I found it. Yet, like so many other important lessons- I seem to need to learn them again and again. This, I believe is what makes it so important for me to continue to grow through the 12 steps.

Today prayer and meditation are usually a regular part of my daily routine. Sometimes I catch myself praying so routinely that my prayers can start and sometimes even end before I am consciously aware of what I’m actually doing. I’m not proud to admit this, but sometimes this practice can go on for several days or even weeks at a time. Thanks to the regular reminders I get through the routines in my life today, this doesn’t go on too terribly long. Nevertheless, I am at risk when I fail to recognize my need for prayer and quiet reflection when I need them most. This happens because I often fail to recognize the signs that my spiritual condition is weakened.

In the time since I took my last drink, my life has changed profoundly for the better. I’ve enjoyed consistency in employment, loving intimate relationships, and a comfortable quality of life. I’m not complaining or looking for any change in those circumstances, but I have found that these comforts sometimes can lull me into a false sense of security about my spiritual condition. Our literature tells me that my sobriety is contingent on me maintaining a fit spiritual condition. I believe this is true because when my spiritual condition is threatened, my reaction to life declines rapidly. Let me offer some specific examples to illustrate.

When my wife and I got married we combined our assets into one household. Since that time we’ve been blessed to be able to manage many more resources than we need. One of these resources is in the form of an extra home. In a relatively short period of time we’ve gone from being renters to homebuyers and now to landlords. Changes like this can make a person like me feel powerful and important. I

Editors Corner:

Hello all! Welcome to the November edition of the Central Office newsletter. This month enjoy the writings from our members on Step and Tradition Eleven. Send articles and announcements and they will be published. Good reading on all of the articles! Again I would like to thank Allen L on the graphics, always a picture that represents the area we live in.

particularly like these feelings.

In the time since these changes occurred, we've learned why not everyone seeks these kinds of responsibilities. We've learned that assets like these often times come with seemingly hidden costs, inconveniences and responsibilities. Sometimes there are forces entirely outside of our control that cause these assets to become real liabilities. When this happens we have found it can be very difficult to maintain our values. We've had many situations when we felt perfectly justified in making a decision to walk away, to abandon our responsibility leaving others to bear our financial burden. Thankfully, we have been blessed to be able to absorb the losses no matter how much we don't like them. In the more recent chapters of this story, we felt blessed to find a buyer for this property. Then, we felt even more blessed to find another buyer who made a higher offer to buy. In our excitement about the reversed fortunes, we promptly signed documents and began to think about how we might spend our surplus. In the fine print we failed to notice a couple details. Among them was a requirement to surrender the unoccupied property before year end. When this was pointed out to us, we insisted to the buyers' agent that we would not ask our tenants to move at Christmas time. He then advised us that the papers we signed obligated us to do so, and threatened to sue us if we did not meet these conditions. Dr. Bob described a moment like this in his story when he talks about how he felt stuck between Scylla and Charybdis (rock and a hard place). My instinct to solve problems kicked in and a plan was developed. To our relief, our tenants told us they could move right away if they had the money needed to cover the deposit needed on another home. Sharing some of our expected profits seemed like a relatively painless way to get what we wanted, so we agreed to return their deposit immediately. The second thing we missed was the cancellation clause. Within a day of returning our tenants deposit we were notified that the buyer opted to cancel their offer. This left us with no tenants, no deposit to cover their damages and no buyer.

My initial reaction was not a picture of spiritual wellness. I felt duped, frustrated, depressed, angry, victimized and well- full of fear. I spent more time than I'd like to admit caught in these emotions. Thankfully, I have a routine that includes frequent contact with our fellowship, literature and my sponsor family. These resources have reinforced in me the value of focusing my attention and energies into doing the right thing in the present moment. So, I attend my regular meetings, I take the risk of being judged and rejected by sharing my fears, and I do my best to pray and be still.

I've found meditation can take several forms. In my morning routine I ask Him to use me today, then I try to watch the thoughts that run through my mind. It can be helpful to use a mantra to reset my thinking when I catch myself chasing stressful thoughts. In my evening routine, meditation comes in between my requests to God. For example, I thank and then ask My Creator to help me see, share and be a good steward with the blessings put in my life. Then I pause and think about how I've been blessed, I look to see if I have shared blessings with others and then I consider how responsibly I've protected- or better yet improved the gifts with which I've been entrusted. Often this causes me to take actions I had not thoroughly considered.

In the weeks following our "landlord crisis" the idea of refinancing the loans on our rental home resurfaced. In a matter of weeks, we qualified for a loan that reduced our monthly payments. Then, we used some of our savings to make necessary repairs. And then we secured a new tenant! We really don't feel well suited to be landlords, and hope to one day be free of the responsibility. But, for today, we are going to strive to live in the moment and trust that in God's care all of our needs will be met. After all, it is true that exactly 100% of my needs have been met on every single day of my life!

I teased the question of why we pray and meditate, so in case you may be wondering... when I asked this of my friend Doug, he smiled and said "that's simple- because it works!". Amen! When you see me (I'll be at our meetings), I hope you'll remind me of this simple truth when we cross paths- because I often forget the most important things. I'll do my best to return the favor. I'll also be interested to hear your experiences with Step 11, so please be sure to share them with us (our editor loves contributions to this newsletter). Until then, be well!

SERVICE MEETINGS

AND ADDRESSES

SERVICE MEETINGS

GSR Meeting at Central Office
449 E. Maple St., Exeter, CA
Wednesday, November 2, 2016 at 7:00 PM

CSR Meeting at Central Office
449 E. Maple St., Exeter, CA
Tuesday, November 8, 2016 at 7:00 PM
New Year's Planning Mtg. 6:00 PM

H&I Meeting at Alano Club
Visalia Alano Club, 1311 W. Murray
Saturday, November 12, 2016 at 9:00 am
2nd Saturday of odd months.

SERVICE ADDRESSES

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P.O. Box 273
Exeter, CA 93221

CNIA Treasurer
PO Box 161712
Sacramento, CA 95816-1712

General Service Office
PO Box 459, Grand Central Station
New York, NY 10163

SPEAKER MEETINGS

Porterville Recovery Club Speaker Meeting

186 W. Walnut Ave.
Friday November 4th, 2016 at 8:00 PM
Speaker: - TBA

Friday Book Study Speaker Meeting

Cross & Blackstone, Tulare
Friday, November 11th, 2016 at 8:00 PM
Speaker: Big John – Modesto, CA

Sunday AM Breakfast, Speaker Meeting

Veterans Memorial Building
36000 Hwy 190, Springville
Sunday, November 13th, 2016 at 10:15 AM
(Breakfast at 8:30 to 10:00 AM)
Speaker: Janis V. – West Los Angeles, CA

The Valley Group, Speaker Meeting

The Gallery @ The Creative Center
410 E. Race Ave.
Every Wednesday from 7-8 p.m.
Speakers for November
Nov 2 Carol M. of Fresno – 45 Years and 1 day!
Nov 9 Uncle Jim L. of Visalia - 2 Years!
Nov 16 Domingo T. of Visalia – 8 Years!
Nov 23 Desari B. of Visalia – 5 Years!
Nov 30 Dale B. of Visalia – 5 Years!

That's 65 years of sobriety in five simple 1-hour sessions!

Attn.. Speaker Group Secretaries: If you want your speaker listed in the Newsletter, please get the information to the Central Office (592-6999) by the 20th of the month preceding the month of the Newsletter.

CENTRAL NEWS

EDITORIAL POLICY

Central News is a monthly newsletter of the Tulare County Central Office of Alcoholics Anonymous located at 449 E. Maple, Exeter, Ca. 93221. It is about, by and for the members of the AA Fellowship. Opinions expressed herein are not to be attributed to the AA organization as a whole, nor does publication of information imply any endorsement by either AA or the Tulare County Central Office.

Exception:

Quotations and artwork from AA books or pamphlets are reprinted with permission from AA World Services, Inc., or AA Grapevine, Inc. Contributions from AA members are encouraged and welcomed! These will be reprinted as space permits. Send contributions to centralintergroupnews@gmail.com. -Tim H

NOVEMBER AA BIRTHDAYS

Name	City	Years
Paul H.	Visalia	40
John E.	Porterville	39
Mike G.	Visalia	34
Jim D.	Visalia	33
Cathy O.	Visalia	30
John T.	Visalia	28
Charlie M.	Visalia	28
Robert G.	Visalia	28
Tracy W.	Visalia	27
Cristy R.	Tulare	27
John D.	Visalia	27
Rod K.	Visalia	27
Max	Lemon Cove	27
Lynda B.	Visalia	26
Christine O.	Visalia	25
Jerri H.	Dinuba	24
Jerry M.	Visalia	24
Krystal G.	Visalia	24
Nancy D.	Visalia	24
Norm B.	Visalia	22
Paula Ann	Tulare	22
Mona	Visalia	21
Linda N.	Porterville	19
Lynn P.	Visalia	18
Pam S.	Porterville	18
Mandy S.	Visalia	17
Kara O.	Porterville	16
Terri S.	Westfield MA	16
Betty S.	Visalia	16
Art J.	Porterville	16
Vincent F.	Visalia	14
Bob A.	Visalia	9
Wally P.	Visalia	6
Jerome L.	Visalia	3

NEWSLETTER BY EMAIL:

Send an email to "centralintergroupnews@gmail.com" and say "I want the email edition!"

CENTRAL SERVICE MEETING

MINUTES: OCTOBER 11, 2016

MEETING CALLED TO ORDER: 7:00

CENTRAL OFFICE BOARD MEMBERS PRESENT: Craig W., Bob H., Susan M, Mark G & Doug H

BOARD MEMBER ABSENT:

SERENITY PRAYER: Led by Doug H

12 TRADITIONS: Carolyn W

SECRETARY REPORT: Minutes of the last meeting were approved

BOARD OF DIRECTORS MEETING: The minutes were read.

TREASURER REPORT/OFFICE REPORT: Bob H.- We had an income of \$3,547.64 and expenses of \$2,415.14 for a gain of \$1,132.50 for this accounting period. Group contributions were excellent. Sales were above what they have been for this period. Expenses were our average expenses. Office operations are going well.

WEBSITE REPORT: The website is working well but Bob was unable to access the reports for this meeting.

STEP FOR NEWSLETTER – VOLUNTEER

Nov Step 11 Susan M

Dec Step 12 Mark G

TRADITION FOR NEWSLETTER-VOLUNTEER

Nov Tradition 11 Sheri T

Dec Tradition 12 Sheri T

H&I REPORT – The next meeting will be Nov 12 @ 9 am at the Visalia Alano Club. Central Office received an e-mail from the state requesting AA members at a couple of specific locations. He forwarded to H & I.

GSO LIAISON- Pat reported the Mini-PRAASA will be Oct 14-16 at Tachi Palace. Preparations are going very well.

CSR REPORTS:

Doug H.-Acceptance Group-This is an open, Gay AA meeting in Porterville but everyone is welcome. We meet at the First Congregational Church on Fourth & Mill. This is a 1 hr meeting from 6-7 pm every Wednesday. The meeting has been growing; there have 20 - 25 people in attendance recently. We discuss what is going on in your sobriety today. Birthdays are celebrated on the last Wednesday of the month. Our group has been able to contribute to Central Office.

Reyes.-The Rainbow Group-This is an open gay AA meeting but everyone is welcome. It is held at the Kaweah Delta Rehab Facility in Visalia, in the Polar Bear room, every Saturday from 5:30 – 7:00 pm. We have a very good mix of newcomers and long timers coming from Fresno, Kings and Tulare counties. We hand out newcomer packets and AA Big Books free to newcomers. Court/Program cards are signed. Each meeting is a chip meeting and birthdays/anniversaries are celebrated on the last Saturday of each month with a delicious cake. We close the meeting with the “Responsibility Declaration

Reyes-Friday Foundation Group-Come and join us every Friday from 7 pm to 8 pm for a Closed Big Book Study meeting. It is held at the Center for Spiritual Living in Visalia (No meeting the first Friday of every month). Court/Program cards are signed. Learn how members recover and how the AA society functions. We open our meeting with the “Set Aside Prayer” and close with the “Re-

sponsibility Declaration”.

Mark G.-Valley Group-The Valley Group presents a speaker meeting each Wednesday night at the Creative Center in Visalia. This is located at Race & Santa Fe in Visalia, next to the Ice House Theater. This one hour, weekly meeting features a single speaker sharing his or her unique message of recovery. Speakers are from communities throughout the central valley. It is an open meeting with an average attendance of 120 people. Court cards are accepted. It’s a great place to meet friends, hear a great message and get ready for recovery.

Carolyn W.-Springville Speaker Breakfast-We meet on the 2nd Sunday of each month at the Veteran’s Memorial Building in Springville. Breakfast is served between 8 and 10 am. and costs \$5.00. We usually serve around 65-80 breakfasts. The meeting starts at 10:15 with a 10 minute speaker. The main speaker starts around 11 am. Our Speaker for November is Janis V from West LA. Good food and great fellowship. Come and join us! We need a new treasurer. We will have a new waitress starting in Nov and a new cooking crew in Nov for one month then permanently starting in Jan.

Julie M - Springville Gut Level Group-We meet from 7 – 8:30 at the Lighthouse Chapel every Thursday night. This is an open meeting and all are welcome. We just ask if you are not an alcoholic that you please do not share-you are more than welcome to stay and listen. Attendance is usually 20– 25 each week with various lengths of sobriety. Birthdays are celebrated the last Thursday of the month.

Sheri T-Tues Women’s Amity Group- This is a closed women’s meeting on Tuesdays at 6:30 – 8 pm. We meet at Trinity Christian Church, 6400 W Walnut Rd, Rm 10. We discuss a topic related to alcoholism every week and the last week is a birthday meeting where we end with a delicious treat. The 3rd Tuesday is our business meeting and meet after the meeting. We have 15-30 women from newcomers to old timers sharing their experience, strength & hope.

Stella T - Women’s Changes- This is an open women’s meeting each Tuesday evening at 7 pm at the Church of the Nazarene, 2005 W Olive St. in the Hope Room. This is a 1 hour meeting. A chairperson reads from AA approved materials and shares from their personal experience as it relates to the reading. The meeting is then open for discussion. Our business meeting is held the 3rd Tuesday of the month during the final 15 min of the regular meeting. We celebrate AA birthdays on the last Tuesday of the month with either a potluck or a restaurant gathering before the meeting. Cake is served following the birthday mtg.

Barbara B – Bridge Street Drunks Only-Bridge Street has 21 meetings a week & a 5:30 Women’s Meeting on Mon. We use the Reflections in the AM and Noon meetings. We have 12 Steps & 12 Tradition Meeting on Wed and on Tues a Big Book Study. Thursday is a primary purpose group. We read Chapter 5 & 12 Traditions at the beginning with the reading of the Daily Reflections or any other approved AA literature. We then go around the room for everyone to have a chance to talk. Birthdays are the last Sat of the month followed by the business meeting.

Blake-Serenity Seekers – Sun P- We meet at the Serenity Center on Locust Ave from 7:30 – 9 pm. It is a Closed Meeting. We have between 25 – 50 attendees. Court cards are signed.

Neal-Sunday Morning Serenity Seekers – We are looking for

a new CSR. We meet at 10 am. The Group has moved to the Builders Exchange at Lovers Lane and Tulare. We have a solid core group of sober alcoholics and welcome all newcomers. Our average attendance is 20-30 and chips are passed out for continuous lengths of sobriety each week. Annual birthdays are celebrated with a cake the last Sunday of each month.

Nick V for Zach D-The Young & Restless Meeting-We meet every Wed at 7 pm at 117 S. Locut St in Visalia. This meeting is a chair and participation meeting. The chairperson reads "As Bill Sees It" at the start of the meeting. Chips are passed out every week, also birthdays are celebrated weekly. Chapter 5 & the 12 Traditions are read at the beginning of the meeting and it ends with A Vision for You. This is a meeting primarily for young people in AA but all are welcome to attend. We also play spin the bottle! We could really use donations of Big Books & 12 X 12 for newcomers. Please contact any service position holder or visit us or text/call Nick V at 415-590-0529.

Zach D-Porterville RSVP- We meet every Friday from 6:30-7:00pm at the First Congregational Church located at 165 E Mill. A chair person reads from selected AA literature followed by any AA members celebrating a sobriety birthday in the week prior to the meeting. AA members are chosen to share using the popcorn (tag) method. On the second Friday of the month, after the meeting, we celebrate monthly birthdays at a select restaurant. Monthly business meetings are held on the first Friday of the month. This meeting is primarily for young people in AA but all are welcome to attend.

Alfonso P.-Bill and Friends-This is a closed AA book study that meets every Friday from 12 to 1 pm at the 210 restaurant on Center St. We offer books and literature. We offer serious AA recovery.

Alfonso P.-Dr. Bob and Friends-This is a closed AA book study that meets every Wed and Thurs night from 7-8 pm at 1804 N. Court St. in Visalia. We study the Big Book on Thurs and the 12x12 on Wednesday. We offer coffee and candy, cookies, water & good AA sobriety.

Alfonso P-The Forgiveness Group – This is a closed meeting. We meet on Tues & Thurs from 1 – 2 pm on both days. We read the 12 x 12 on Tues and the Big Book on Thurs. We offer continuous sobriety with 11 years to 20 years experience, strength & hope.

OLD BUSINESS

- 1. Central Office Inventory/Online Contributions-**The Ad-hoc committee received an anonymous donation of an I-pad and also got the square so the office will be able to accept credit cards starting next week. Sheri will help Bob get everything squared away and also set up a PayPal account. We will discuss the next 3 questions on the inventory list next month.
- 1. New Year's Celebration-**All positions are filled. There will be a live band playing after the speaker meeting and going until 12:30 – 1:00am. Mark will be the MC. Next planning meeting will be at 6:30 before the next CSR meeting on Nov. 8.

NEW BUSINESS none

SEVENTH TRADITION: \$90.00
MEETING ADJOURNED: 7:47pm

DISTRICT 47 MEETING

MINUTES: OCTOBER 5, 2016

Meeting Called to Order: 7:00 p.m. by District Committee Member Josh F.

Present: **Josh F.** DCM/and GSR for the Bridge Street Drunks Group of Visalia; **Pat J.**, Alt DCM and GSR of Springville Monday Night Book Study and Thursday Night Gut Level AA Groups; **Nick V.**, GSR for Rainbow Group and The Young and Restless AA Group; **Allen L.**, GSR for Visalia AM Sunday Serenity Seekers AA Group; **Glenda G.**, GSR for Porterville Tuesday Night Women's Changes AA Group; **Martha M.**, GSR Porterville Friday Night Loose Women AA Group; **Cheryl H.**, D-47 Recording Secretary/ and GSR for the 2nd Sunday Speaker Breakfast Group of Springville.

The Serenity Prayer and the GSR Preamble were recited by all present.

Twelve Traditions: Nick V.

Twelve Concepts: Josh F. **Concept X (10):** Service Responsibility To Be Matched By Service Authority.

Approval of Minutes: MSP for approval of minutes for the September 2016 D-47 meeting.

Treasurer's Report –No Report

CSO Report – Pat was unable to attend September meeting.

REGISTRAR – No Report

PI/CPC- No Report

H&I Report – No Report

DCM Report – Josh F. Area Committee Meeting:

GSR REPORTS: **Nick V.**, GSR for Visalia 'Young and Restless' Young Peoples Group; It's a new meeting on Wednesdays at 7PM for an hour. 10 minute speaker and sharing on topic. Sharers are chosen by spin the bottle. Last 10 minutes for burning desires. Young people under 35 but all are welcome.

Nick V., GSR for Visalia Rainbow Group; Open meeting for LGBT+ alcoholics. All are welcome, meeting is 1 ½ hr. Open sharing with 10 minute speaker then 5 minute shares. Business mtg 2nd Sat of month, chips every mtg, birthdays celebrated the last Sat of each month; **Allen L.**, Visalia Sunday Morning Serenity GSR for the group. We meet at the Tulare and Kings Counties Bldg Exchange at Tulare Ave and Lovers Lane. I am looking forward to getting involved in General Service again and attending assemblies for my group. Our new meeting place is working out well. It is a nice, clean facility and has

air conditioning. We are a chip meeting and we celebrate birthdays with cake on the last Sunday of the month. **Martha M.**, Porterville Friday Night Loose Women reported she is planning to attend the Mini-PRAASA for her group and she is coordinating a workshop to be held in January 2017;

OLD BUSINESS:

~2016 Mini-PRAASA Assembly – We are prepared. GSRs are willing to work.

~Martha M. Winter Workshop. Date to be determined.

NEW BUSINESS:

1. Final Conference Reports given to GSRs.
2. GSR School Oct 30 in Lemoore for District 49.

7th Tradition: \$ 23.00 The meeting closed with the *Declaration of Unity and the Responsibility Declaration* at 8:00 pm. Respectfully submitted, Cheryl H.



“Since our Tradition on anonymity designates the exact level where the line should be held, it must be obvious to everyone who can and undersand the English language that to maintain anonymity at any other level is definitely a violation of the Tradition.”

- Dr. Bob and the Good Oldtimers

“We ask simply that throughout the day God place in us the best understanding of His will that we can have for that day, and that we be given the grace by which we may carry it out.”

- 12X12 pg 102



11th Step Prayer

My Creator, I am now willing that you should have all of me, good and bad. I pray that you now remove from me every single defect of character which stands in the way of my usefulness to you and my fellows. Grant me strength, as I go out from here, to do your bidding.

Amen.

Page 99 - 12 Steps & 12 Traditions.

UPCOMING EVENTS

SPRINGVILLE SUNDAY SPEAKER
NOVEMBER 13, 2016
JANIS V - WEST LA

NEW YEARS EVE LIVE
STRATHMORE VETERANS
MEMORIAL BLDG.

YOUR MESSAGE HERE!

[email centralintergroupnews@gmail.com](mailto:centralintergroupnews@gmail.com)

CENTRAL OFFICE CONTACTS

9/21/16 - 10/20/16

Answering Service Calls	2
AA Members	12
Court Ref/Info	10
Meeting Information	16
H & I	2
Alanon & Alateen Information	3
Info. re Recovery Homes	2
Schedules & Info-Mailed & Faxed	0
Bridging The Gap	1
Other 12 Step Programs	2
Visitors to Office	61
Literature Sales	14
Specialty Sales	25
Churches & Schools	0
General Information	12
Prospective Members	2
Twelve Step Calls	1
E-Mail Contacts	13
Spanish Contact	1
Total	179

GROUP CONTRIBUTIONS

9/21/16 - 10/20/16

<u>Group</u>	<u>Month</u>	<u>YTD</u>
ABC Group		70.00
Alpha-Wed-Tulare		60.00
Attitude Modification-210	251.25	975.49
Bills & Friends		10.00
Back to the 40's		0.00
Breath of Fresh Air		1,595.00
Bridge St. "Drunks Only"		2,033.94
Civic Center Grp.		0.00
Clodbusters-Tulare		220.00
Crossroads-Tulare		120.00
CSO Meeting	90.00	731.25
Dinuba Grp		140.00
District 47		400.00
Dr. Bob & Friends		112.00
Exeter-Quiet Trails		125.00
Exeter Sun Afternoon		0.00
Foundation Group		166.13
Freedom Fellowship	81.38	819.94
Fri. Night BB Study Grp.		30.00
Message of Hope		71.90
Monday Men's Mtg.	114.00	456.00
Monday Night Live		0.00
Mid Valley-Tulare		0.00
Mon Book Study-S'ville		100.00
Mon Lit Study-Visalia		0.00
Monday Meditation-Visalia		0.00
Mon Men's Book Study		0.00
Nooners Group-Visalia		160.00
Pine Recovery AA Mtg	34.81	207.12
Practicing The Pinciples		187.55
Rainbow Group	41.00	324.00
Rule 62-Visalia		135.00
Serenity Junction-Tulare		0.00
Serenity Seekers AM-Visalia		260.00
Sobriety Celebration		57.00
Springville Gut Level		557.50
Sun Bkfst Spkr Mtg	20.00	1,180.00
Sun PM Serenity Seekers		422.28
T.C. Young People		0.00
Tulare Fri. Book Study		0.00
Tulare 2nd Fri Spkr Mtg		400.00
Tulare Tuesday Night		150.00
Tulare Sunday Night		150.00
Tues. Men's-P'ville	120.00	300.00
Tues. Noon Rec. Club		0.00
Three Rivers-Monday		70.00
Valley Group		282.00
Valley Speaker Series		372.00
Wandering Couples		226.15
Wed. Acceptance, P'ville		575.00
Weekend Attitude Adj.	62.00	102.00
Women's Amity-Visalia	435.98	624.82
Women's Changes-P'ville		175.00
Women's Fri. Night-P'ville		125.00
Women's Sat AM 12x12		272.00
Total	1,250.42	15,551.07

INDIVIDUAL CONTRIBUTIONS

9/21/16 - 10/20/16

Birthday Club

Hal W. Lemon Cove 29

Individual Contributions

Anonymous
Felipe S.
Jeanmarie S.
Jim K.
Mike S.
Shannon S.

Newsletter Contributions

None

Memorial Contribution

None

TULARE COUNTY CENTRAL OFFICE
Income & Expense Statement
9/21/2016 THROUGH 10/20/2016

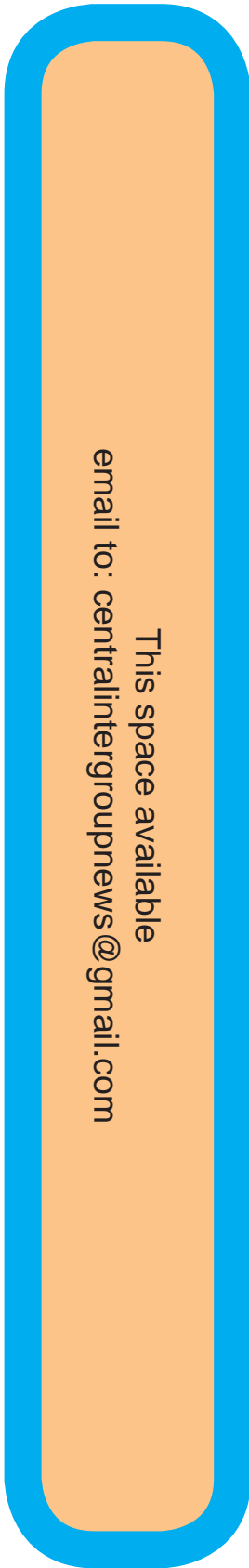
INCOME	MONTH	YEAR TO DATE
B.Day Club	29.00	480.00
CD & Tape Cont.	5.00	55.00
Group Cont.	1,250.42	15,551.07
Indiv Cont	449.56	6,385.32
Lit. Sales	641.30	4,764.76
Memorial Cont.	0.00	0.00
Misc.	0.00	8.24
Newsletter Contribution	0.00	50.00
S & H	0.00	22.50
Sales Tax	76.43	559.47
Spec. Events	0.00	10,005.01
Spec. Items	426.05	3,174.52
TOTAL	\$2,877.76	\$41,055.89

EXPENSES	MONTH	YEAR TO DATE
Ans. Serv.	40.00	400.00
Fees-Taxes	0.00	45.00
Insurance	0.00	500.00
Lit. Costs	0.00	4,559.55
PI-CPC Expense	0.00	0.00
Misc Expense	0.00	1.00
Newsletter Cost	0.00	0.00
Office Exp	0.00	556.08
Office Equip.& Maint	45.00	366.08
Phone & ISP	180.69	1,777.07
Postage	0.00	98.50
Employee Taxes	275.14	3,996.84
Rent	525.00	5,250.00
Salary	1,317.82	13,845.11
Sales Tax-Paid	0.00	647.00
Security System	0.00	402.35
Spec. Events	0.00	4,909.76
Spec. Items	296.20	1,981.14
Utilities	34.84	634.55
Website	0.00	129.47
TOTAL	\$2,714.69	\$40,099.50

Net Gain(Loss) \$163.07 \$956.39

BEGINNING TOTAL ACCOUNT BALANCES: \$9,001.92

ENDING TOTAL ACCOUNT BALANCES: \$9,164.99



This space available
email to: centralintergroupnews@gmail.com

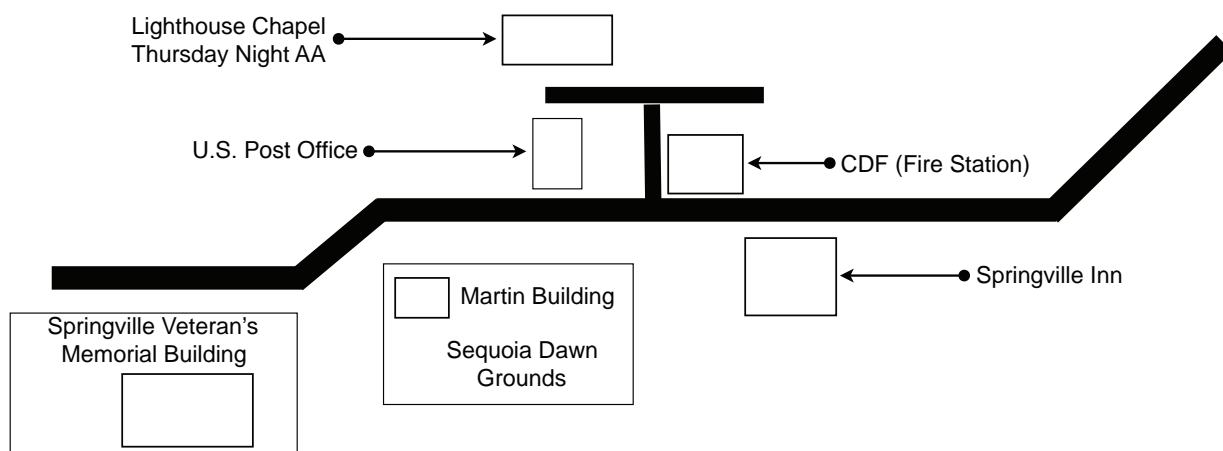
Sunday Speaker Breakfast

Sunday Morning, November 13, 2016

Always the 2nd Sunday of the Month - Come Join Us!

Speaker: Janis V.
West Los Angeles, CA

Special Sunday Speaker in Springville's Serenity



Springville Veterans Memorial Building
35944 Highway 190
Springville, California

For Information: Call 559-539-3814

- From Highway 99 at Tipton (south of Tulare) - Take Highway 190 turnoff toward the Sierras - 32 miles east to Springville
- From Highway 99 at Bakersfield - Take Highway 65 north 45 miles to Highway 190 - 17 miles east to Springville

8:00 AM

Coffee's Hot - Attitude Adjustment Time

8:30 AM

Breakfast Service (\$5.00)

10:15 AM

Meeting Starts (7th Tradition is honored)

10:30 - 10:45 AM

10 Minute Speaker - Main Speaker

The Tulare County Central Office Presents

2017-NEW YEAR'S EVE LIVE!

FEATURING LIVE MUSIC
FROM THE SOBER BAND

RUN-RIOT-ROCK

December 31, 2016

**Strathmore Veterans Memorial Building
23124 Avenue 196, Strathmore, California**

SPEAKER

CRAIG A.

FROM
LOS OSOS, CA



DINNER 5:00 to 7:00 PM **BAKE SALE AUCTION 7:00 to 8:00 PM**

SPEAKER MEETING 8:00 to 9:30 PM **DANCE 9:30 PM to 1:00 AM**

Persons under 18 must be accompanied by an adult.

TICKETS: \$22 IN ADVANCE \$25 AT THE DOOR

Call 592-6999
For Information