



*August 2018*

# CENTRAL NEWS

## *Our School For Living*

Ditch-N-The Heat, Exeter, CA Allen L.

At one of my very early meetings, I heard one of our older, experienced men make the statement . . . “A.A. is a school in which we are all learners and all teachers.” Being in educational work and having gone to school a good part of my life, this appealed to me, and I started to take my A.A. on that basis. I have never been sorry. After some years of sobriety I am still attending that school, and have found it to be the most important school in the world for me, because I have finally begun to learn how to live. Inspecting A.A. from an educational point of view, we see “the ideal learning situation.” What do the educators strive for? INTEREST is a most necessary requisite to learn anything well. Do we have that qualification when we first approach A.A.? If we haven’t, we soon develop an intense interest, if we continue with this new way of living. For many of us, it is the first ray of hope in many years, and naturally we are interested in living again. So, in this school of ours we have the first and one of the most important requisites, in any successful learning experience; a keen interest. A second important need for doing a good job of learning anything: is motivation or INCENTIVE. We certainly have an incentive in learning in this school. For many of us the incentive is life itself. When

we are attempting anything new, it is encouraging to see PROGRESS. In A.A. we see progress almost immediately; others see it also and comment on how much better we look and how different we seem. This rapid, apparent, improvement is most helpful to us in our new school. A fourth essential in a good learning situation is continued review and ACTIVITY. We have many opportunities to develop along these lines with meetings, hospital calls, clubrooms, and helping other people. As a group, alcoholics like to do things. We dislike standing by, listening and watching others. In A.A. most of us soon have a chance to talk to some other problem drinker or his family and to show them how the fellowship has helped us. We can always find action of some sort or another and that is most helpful in our school. Unlike most schools, A.A. makes allowances for INDIVIDUAL DIFFERENCES in an ideal way. From the beginning we are told that there are no rules, no musts, no time limit, no restrictions of any kind. We may go as slowly or as rapidly as we like; we may become active immediately or we may wait until we think we are ready; we may take as much or as little of The program as we like. (The importance of staying away from that first drink is stressed, of course.) Reviewing these salient points so important

in any successful educational experience; interest, incentive, progress, activity and attention to individual differences, we see that in our school we have the most favorable opportunity to learn to know ourselves and to learn how to live. There are many other characteristics and attitudes necessary and important in A.A. and any good school but I have attempted to list only a few of the outstanding essentials in "an ideal learning situation." Our school is different from other schools in many respects but probably the two greatest differences lie at the beginning and the end. The entrance requirements are higher; in some cases scores of years of hell and thousands of dollars and . . . WE NEVER GRADUATE.

P. B. J.—Cleveland AA Grapevine February 1946

**Step 8** *Made a list of all persons we had harmed, and became willing to make amends to them all.*

When I first read this Step, I thought Oh No! HELL No! How can I go to people I had hurt and tell them what I had done?! Then I was told to read it again and saw all I had to do was look at my past and see and write about who I had hurt and what was my part in the destruction of past relationships. The next Step was where I actually had to face people. This was Steps Four & Five all over again but tougher.

In Step 8 I only had to be willing. The action in Step 8 was only willingness. I had to ask myself if I wanted to stay sober and the answer was a resounding YES! At this point I could be willing. In fact, I was still willing to do anything at all to stay sober. Even if it meant digging inside and being totally honest about what I had done. I thought Step 4 was hard but this was brutal.

In the 12 x 12 Bill W write "This reopening of emotional wounds, sold old, some perhaps forgotten, and some still painfully festering, will at first look like a purposeless and pointless piece of surgery." It goes on to say that if we make a willing start our pain will be lessened and obstacles will start falling away.

I wanted to say it wasn't all my fault! I was treated very poorly by many! Why do I have to do this, what about them! Then my sponsor brought me back to the fact that it was me who had to stay sober and if I wanted to maintain sobriety I had to clean up my side of the street, no matter what someone else had done. This was about being able to live with myself and how

I "may develop the best possible relations with every human being we know:" (12 x 12 p 77)

This Step says I have to go back through my life as far as I can remember and write down the people and/or places I had harmed. When I read this Step I saw that the definition of "harm" is the result of instincts in collision which cause physical, mental, emotional or spiritual damage to people. I had to look back and see where my emotional mood swings from drinking, my sexual conduct, my cheating and telling lies to my employers and family members and friends, had caused them harm. I couldn't say "yeah, but, you don't understand....they hurt me!" That might be true but I had to look at MY part and what I had done. I had to forgive others so that I could get on with living and clear up what I had done to others.

The 12 x 12 tells me to avoid extreme judgments, of myself and others involved, to not exaggerate our defects or the defects of others. This was a time to be objective about myself and others.

The main thing I have found is that I continue to do all the Steps throughout my life. Once and done is not how it goes for me. As I remember things from my past, I do the Steps again. As situations happen that cause trouble in my life, once again, I have to do the Steps. This is a lifelong process and I am extremely grateful for the opportunity to have gotten sober and live in a world where each day I stay sober, I can have a better life. If I am willing to take the Steps and find a Higher Power to guide me.

I have found that I can never give back as much as has been given to me but I will spend the rest of my life trying. God willing and also me willing. God does His part and I have to do my part by participating in my recovery and not picking up that first drink. If I do that ANYTHING is possible.

**Tradition 8** *Alcoholics Anonymous should remain forever non-professional, but our service centers may employ special workers.*

Tradition Eight is concerned with "professionalism" within the fellowship of Alcoholics Anonymous. It prohibits A.A. members from being paid for helping others to recover in A.A. As an A.A. member, I am responsible for carrying the message of recovery to other Alcoholics. This is part of Step Twelve. I also have vowed to live the Responsibility Statement: "When anyone, anywhere reaches out for help, I want the

hand of A.A. to always be there, and for that I am responsible." The core of the A.A. way of life is that I stay sober by working with other alcoholics. Tradition Eight state that I can never be paid for this. I cannot charge newcomers for taking them through the Twelve Steps. (Just as well. Those that relapsed would then be entitled to a refund, which would put me deeply in the red.) I came to A.A. via an in-patient recovery center. The recovery curriculum was the Twelve Steps of A.A. The counselors were A.A. members who took us through classes on the Steps. They were paid to do this. This does not, however place them in violation of Tradition Eight. The "Twelve Steps and Twelve Traditions" points out that battles have long been fought over this issue. The conclusion is, that the real issue is anonymity, rather than compensation. Recovery facilities and their workers must not use the A.A. name in any way, or imply that they are "A.A. approved". I am grateful that all of the counselors at the facility I was in were A.A. members: you clearly cannot give away what you don't have. My introduction to the Twelve Steps was given by men and women who had been through them, and were living them. All would affirm that they were A.A. members, but not unless they were asked. They strictly maintained anonymity. There are about 14,000 recovery centers in the country, and 90% of them utilize the 12 Steps of A.A. Someone is going to work in them for pay, as alcohol counselors, and no one can do this better than A.A. members. The "Twelve Steps and Twelve Traditions" speaks to this: (p 171) "We cannot declare A.A. such a closed corporation that we keep our knowledge and experience top secret. If an A.A. member acting as a citizen can become a better researcher, educator, personnel officer, then why not? Everybody gains, and we have lost nothing."

Another facet of Tradition Eight concerns the "Special Workers". We have one in Tulare County: Bob H. He runs the Intergroup office operation in Exeter. This functions as the A.A. service center, providing literature, meeting lists, and a 24-hour phone line. Bob is a long-time A.A. member, and is paid. There is a good reason for this, given by Bill W. in the Twelve Steps and 12 Traditions, page 168, "we couldn't employ nonalcoholics... we had to have people who knew the A.A. pitch." Bob H. takes Twelve Step calls at the office, and on the phone. He must be the "hand of A.A." and so is not in violation of Tradition.

Mark G.  
Visalia

## *We are not a gloom lot...*

The title is taken from the Big Book, page 132. "Glum" is the word printed on the page; "gloom" is how it is frequently pronounced when it is read in meetings; sometimes by newcomers, sometimes not. Both are true, I hope. We in A.A. are neither a glum or a gloom lot. Gloom is not what I wanted in the sober life, but that is what I believed was in my future, after my last drink in December of 2010. Drinking was the only fuel for fun I knew of. From the time of my first drunk at age fifteen, to my last at 55, I was chasing fun. I loved drinking and drunkenness. Every recreational activity I participated in was fueled by booze. If there was no alcohol at a social function, I would either not go at all, or leave as soon as I politely could, to get a drink. In my mind, abstinence from alcohol was the same as abstinence from living. Sober people were a gloom lot. I became one too. I had to, or die. I was drinking a half-gallon of vodka a day, and when I tried to stop on my own, I had a seizure. I entered a 12 Step recovery program, and stayed for 30 days. Emerging sober, I was resigned to a dull existence; no more fun. In my first journey through the Big Book, I read many promises, such as the 9th and 10th Step promises beginning on page 83. They really did seem like extravagant promises, because they also come with qualifiers that I did not understand at first. "Fear of financial insecurity will leave us" does not mean I will suddenly have a lot more money, just that I won't be afraid to have less. For me it has meant patiently learning to live within my means. I am no longer afraid to look at my checking account balance, no matter what it is. That is freedom. "Sometimes quickly, sometimes slowly... they will always materialize IF we work for them". The Promises have come true for me, as the result of seven years of patient trudging, one day at a time. Fun has come in the same way. On page 151 of the Big Book, it reads, "For most normal folks, drinking means conviviality, companionship and colorful imagination. It means release from care, boredom and worry. It is joyous intimacy with friends and a feeling that life is good." That is my story, that is what drinking meant to me, and what I was sure I would lose in sobriety. Drinking was the only way I could enjoy anything, whether it was a concert, ballgame, fishing trip or a hike In the mountains. With enough booze, life was good, and I didn't want anything else. Change a few words from page 151: "For most A.A. folks, the fellowship means

conviviality, companionship and colorful imagination. It means release from care, boredom and worry. It is joyous intimacy with friends and a feeling that life is good." That is what the A.A. way of life is to me: delivering everything that drinking only promised. Faith in God, a sponsor, a home group and services commitments fill my life. Drinking alcohol has become irrelevant. I have everything I need in the sober life. Fun which seemed impossible is now the norm of daily life. The joy of living is no longer obscured by drunkenness or the dull misery of hangovers. My life is better than I could have imagined as a result of taking and practicing the Twelve Steps of Alcoholics Anonymous. We are indeed not a glum, or gloom lot. We are a lot of fun.

Mark G.  
Visalia.

## August AA Birthdays

Name	City	Years
Don H.	Porterville	45
Betty C.	Visalia	44
Larry R.	Visalia	41
Diane N.	Exeter	40
Mary S.	Tipton	37
Juanita M.	Visalia	35
Helen D.	Tulare	35
Dan H.	Porterville	34
Ron H.	Dinuba	34
Emma K.	Tulare	31
Les S.	Tulare	30
Emilio A.	Goshen	29
Frank V.	Visalia	28
Debbie S.	Visalia	27
Jonna K.	Porterville	27
Rick S.	Visalia	27
Deric F.	Visalia	26
Bob T.	Visalia	24
Greg H.	Visalia	22
Richard R.	Tulare	20
Margie A.	Three Rivers	20
Diane M.	Visalia	19
Lynn T.	Porterville	16
Sheri T.	Hanford	14
Gilbert C.	Visalia	14
Kelly K.	Visalia	14
Michael C.	Visalia	13
Laura N.	Fresno	12
Doug H.	Porterville	9
Kyle S.	Visalia	1

## Contributions

### Birthday Club

NONE!!!!!!!!!!

Individual Contributions

Anonymous

Jim K.

Mike S.

Newsletter Contributions

Memorial Contribution

None

## Editor's Corner

I was just looking and the editors corner and I realized i hadn't updated it in a while. I can't believe this year is already almost gone! If your recovery could use a little pep, why not get involved in some service work, make coffee, greet a newcomer, or perhaps...write an article, personal story, or some experience, hey even a joke!!! Being involved with the production of this newsletter has really been an unforeseen source of serenity! Thank you for letting me be of service. Have a 2018 that is happy joyous, and free!!

[centralintergroupnews@gmail.com](mailto:centralintergroupnews@gmail.com)

Louie T.

## *Upcoming Events*

**Have an Event?? Send an Email:  
[centralintergroupnews@gmail.com](mailto:centralintergroupnews@gmail.com)**

# Central Service Meeting

July 10, 2018

**Called to order** by Julie at 7 pm

**Board members present** Julie, Stella, Bob & Louise Not present - Sheri

Julie led Serenity Prayer

**12 Traditions** read by Doug H

**Minutes of the last meeting** - change was Allen said he did not remember saying that Mike K was recording. Approved by Susan, 2nd by Stella

Report of last board meeting read by Juliee

**Bob gave the treasurers and office report**

We had an income of \$4,208.67 and expenses of \$3,090.29 for a gain of \$1,118.38 for this accounting period. Group and Individual contributions were good. Sales were about average. Expenses were our normal expenses.

We collected \$434.50 in sales from 7 credit and debit card transactions on June. Office operations are going normally.

**Zac gave a report for Saturdays** - Not as many people coming in. Updated Spanish meeting directory. There is a Spanish Central Office in Visalia open the 1st and 3rd Sun of each month from 10 - noon at 1830 S Mooney Blvd, Ste 210, Vis 93277, Phone 559-679-7061.

The website is all updated including the Spanish Meetings.

**PI** - No report

**Step for Newsletter**-Volunteers

Sept Step 9 Allen L

Tradition 9 - Bob H

**Web Site Report** - 332 average daily page views. 9961 views for the Month

**H&I** - Business meeting Sat the 14th at 9 am at the Visalia Alano Club

**GSO Liaison** - Allen L - Aug 4th is a Service Fair from 10 am to 3 pm at the Porterville 12 Step Recovery Club. There will be Panels & Discussions, Free Tri-Tip lunch and the CNIA Delegate will give his report

**CSR Reports**

Doug H.-Acceptance Group-This is an open, Gay AA meeting in Porterville but everyone is welcome. We meet at the First Congregational Church on Fourth & Mill. This is a 1 hr meeting from 6-7 pm every Wednesday. The meeting has been growing, there have 20 - 25 people in attendance recently. We discuss what is going on in your sobriety today. Birthdays are celebrated on the last Wednesday of the month. Our group has been able to contribute to Central Office.

Doug H.. -Springville Gut Level Group- This meeting meets every Thursday from 7:00-8:30 at the Lighthouse Chapel in Springville. This is an open meeting and all

are welcome. Lots of old and new sobriety.Trudy W both groups the same

**Louise G. - Rainbow** - The Rainbow group is an open discussion meeting on Saturdays at 5:30p.m. in the Polar Bear Room of Kaweah Delta Surgery Center on Akers and Visalia. There is a good mix of old-time sobriety and newcomers. A timer is set to 5 minutes so that as many can share as possible. Business meetings are held on the 2nd Saturday of each month. Birthdays on the last Saturday. This month (June) the business meeting will be postponed until June 23rd because elections for all commitment positions are coming up.

Susan M Half & Half Group - Meeting is going well and is growing. We are on the 12 x 12 now. We read for 30 min and then have a discussion on what we read or what is going on in your life for the next 30 min. We have donated a few times to Central Office since we started the meeting in Feb. We meet from 6:30 to 7:30 Thurs night @ the 1st Congregational Church in Porterville on 4th and Mill.

Stella T - Women's Changes Tues Night - We meet at the Lighthouse church in the Hope Room. This is an hour long meeting sharing strengths, experience & hopes. We also share birthdays at the end of the month either with a pot luck or at a local restaurant.

Jonathon T - Men's Stag - We meet every Mon night at 7:30 on 820 E Main in Visalia for a closed men's meeting. We celebrate birthdays on the last Mon of the month and have our business meeting on the 1st Mon at 7:10 before the meeting. Please join us! Lots of experience, strength and hope!

Billy B. Bridge St Drunks Only Group: -This group has 20 meetings each week. The early morning group (closed) meets 7 days a week with approx. 20 in attendance. The noon meeting (closed) meets M-F and has open meetings Sat. & Sun. There's a women's meeting at 5:30 - 6:30 Monday evenings. Tuesday night at 7:00 is an open literature study currently reading "As Bill Sees It". Wed. At 6:00 PM is an open 12X12 study meeting. The Primary Purpose group meets on Thursday nights at 7:00. The meeting studies the Big Book and gives an opportunity for newcomers to be introduced to the program and find a sponsor. On Saturday evening at 7:00PM an open discussion

meeting is held; and on Sunday evening 5:00PM there is a closed 10th Step workshop.

**Old Bus** - Picnic-Final Report - Inc 1852.50, Exp 754.79 for a net gain of \$1097.71

New Years Celebration - Start planning meetings in Sept. We have a speaker - Wayne B, and it will be at the Lindsay Memorial Bldg.

**No New Business**

**7th Trad** - 26.00

No announcements

Meeting Adjourned at 7:35

# District 47 Meeting Minutes

## July 11, 2018

Meeting Called to Order: 7:03 p.m. by District Committee Member Josh F.

**Committee members present:** Josh F.- DCM. ; Allen L.- Alt. DCM and GSR for Visalia AM Sunday Serenity Seekers AA Group.

Greg G.- District Treasurer ; John W.- D-47 Recording Secretary and GSR for the Tulare Alpha Group.

Nick V.- past GSR for Rainbow Group. ; Dean J.- GSR of Visalia Young and the Restless. ; Billy G.- GSR Monday Men's Stag. ; Kenneth B.- GSR

Springville Gut Level. ; David G.- GSR Messy Pants Winos and Sun. PM Serenity Seekers. ; Danette L.-

GSR Sat.Womens 12 X 12. ; Boo M.- GSR Tuesday Women's Amity Group. ; Don H.- GSR Springville

Sunday Breakfast Speaker Meeting. ; Martha M.- GSR Tues. PM Women's Changes-Porterville. ; Brian P.

- New GSR for the Rainbow group.

A prime example of the Tradition 9 being followed was displayed by the Rainbow Group this month, which states "rotating leadership is best" (long form). Thank you to Nick V. for your service, welcome to Brian P., our newest GSR!

The Serenity Prayer and the GSR Preamble were recited by all present.

**Twelve Traditions:** David G.

**12 Concepts:** Concept 7 read by Josh F.

**Approval of Minutes:** MSP for approval of minutes for last May 2018 Minutes. The GSO secretary sends his apologies, corrections to the error are in the works. Copies of June's minutes will be available for viewing and the group's approval at the August 1 GSR Meeting and July's minutes will be in the August Newsletter.

**Treasurer's Report:** Greg G. reported a balance forward of \$1598.35. Income of \$204.83 (group contributions). Current expenses of \$0.00. Bringing an ending balance of \$1803.22

**CSO Liason:** Alan L. reported that the picnic made over \$1000 in income. The picnic basket sales were

quite profitable. David G. added that the new Website changes have prompted a sizable increase in views of the site this month (over 9000). Everyone is quite pleased with the results for this new method for carrying the message. Discussion of ways to increase the attendance at the New Year's Dinner/Dance followed. The general concensus that followed were ideas to increase participation (ie. contests between groups) to provide more of a sense of inclusion and Alan L.'s insistence "that we are not a glum lot".

**DCM Report:**– Josh F. confirmed that our Area 07 Delegate Mike K. will be attending the Service Fair at the Porterville Recovery Club on 8-4-18.

**OLD BUSINESS:** The August 4th Service Fair was discussed. The list of panelists has been finalized. Other members in attendance vounteered to complete the list of presenters. Josh opted to speak on Literature, a discussion followed on our experiences with annonymity breaks (and the different types breaks that can occur). On-line meetings were also discussed as subject matter. The Menu for lunch was also discussed with an ample number of members contributing for a luncheon of culinary delights. ALL MEMBERS ARE WELCOME FOR THIS FREE, INFORMATIVE EVENT!

**NEW BUSINESS:** None

**7th Tradition:** \$47.00

The meeting closed with the Declaration of Unity and the Responsibility Declaration at 7:55 pm.

Respectfully submitted, John W



# Meeting Guide

First off, I want to give a big thank you to Zach D who has been working at the Central Office on Saturdays. When Zach had free time, he would go into the new web site and update the meeting lists. When I started on the new web site, we had somewhere between 180 – 190 meetings in our list. Now we are up to 267 meetings!

Last month, I showed how to get to the interactive meeting list. This month, I want to show how “there’s an app for that” too. Better yet, this app connects you to 157 other AA service organizations (Central Office or Inter-group) across our planet. It also has some additional 12 step recovery meeting data, such as Narcotics Anonymous and Al-Anon.

A side note: the WordPress plugin that powers this app was originally designed to maintain a list of AA meetings in Santa Clara County, CA. But once the data is on the Internet, it makes perfect sense to let you get to it on your smartphone.

How to get the app: First, visit <https://aa-tulareco.org/> and choose the Links page. On it, is a link “Meeting Guide app for your smartphone”.

From that link, you end up here: <https://meetingguide.org/>

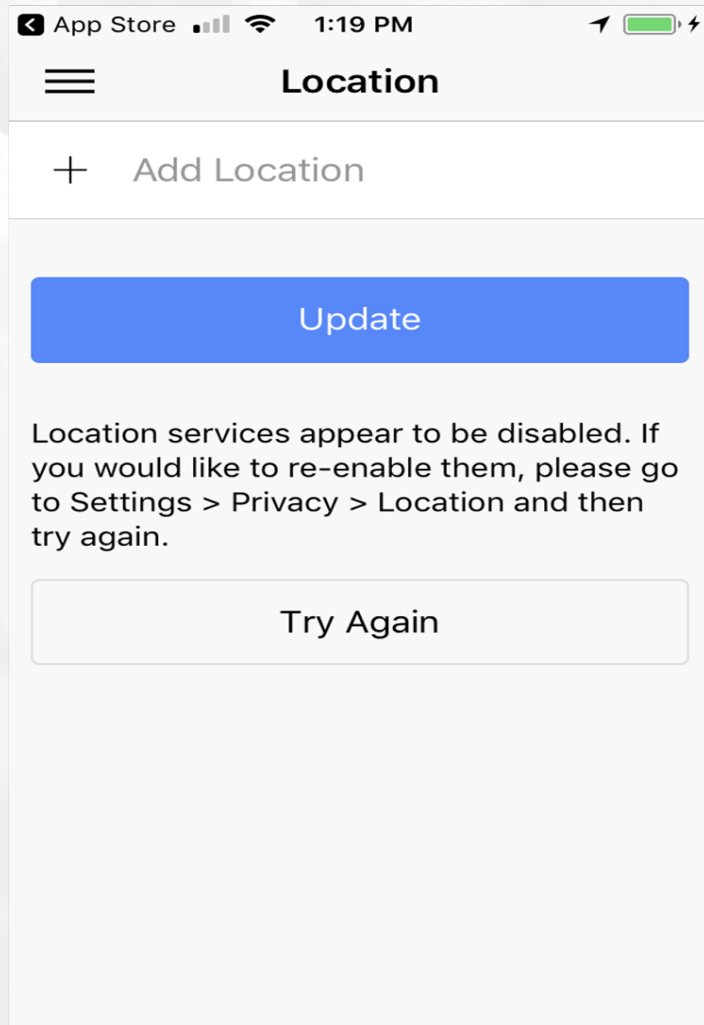
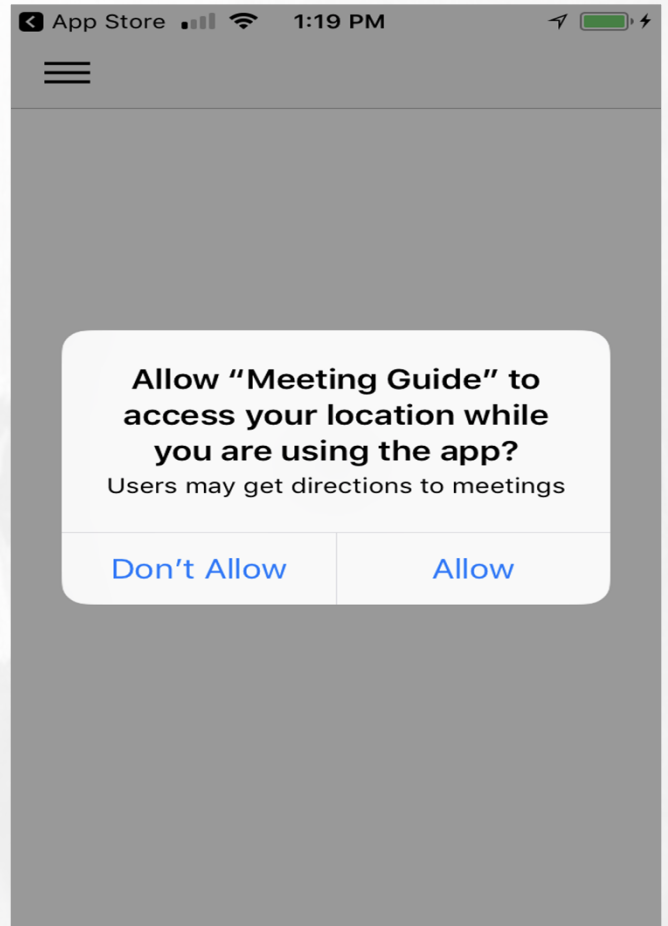
Pick your app store appropriate to your smartphone, and then do Install. The screenshots that follow are from an iPhone, because that is what I have.



After the app is installed, choose Open:

The first time you open it, it needs to ask for permission to use your GPS:

A major benefit is that the app can use your current location to find the nearest meeting, so you probably want to choose "allow".

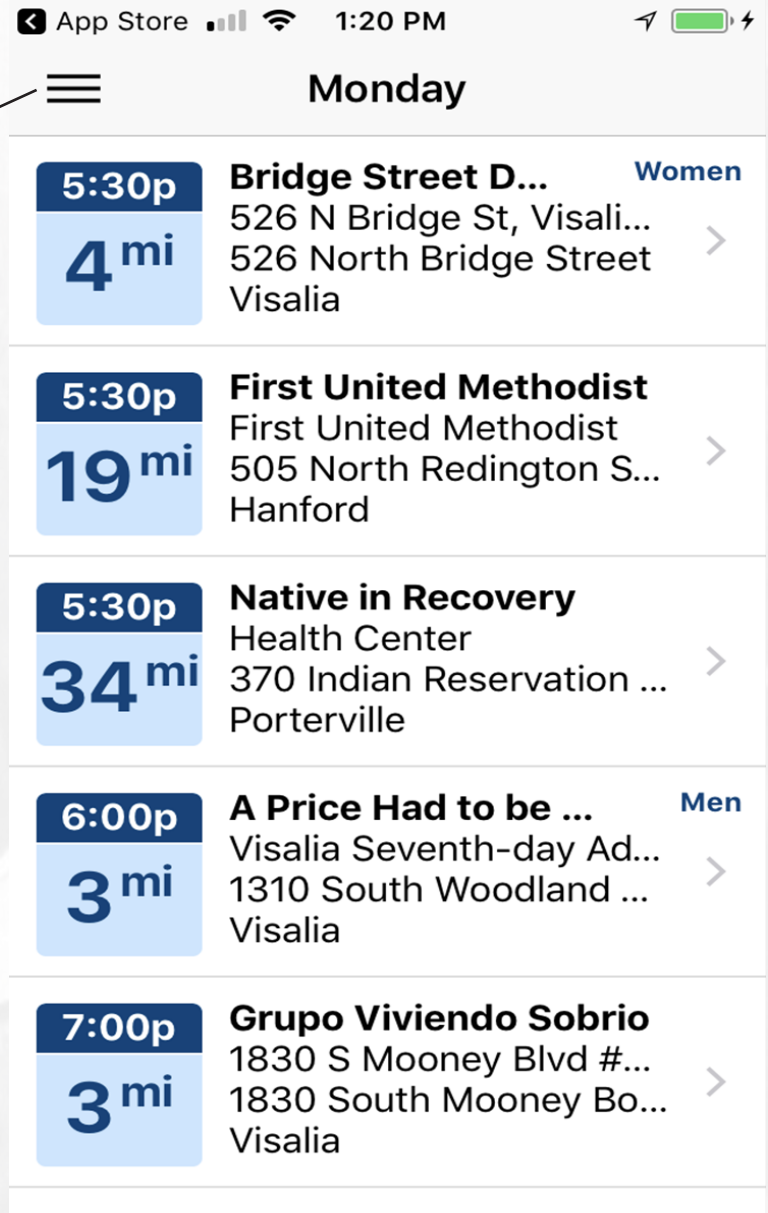


If you have location services turned off, you might see this:

Once location services are enabled, go ahead and click Update on the Location screen.



The last step is to close the app and open it again. et voilà!



I don't have any screenshots of it, but the hamburger menu in the upper left corner will let you choose all sorts of things.

The "type" option will let you filter for Big Book or Discussion or Young People meetings, for example. Please explore!

Yours in service, David G.

# Financial Report

TULARE COUNTY CENTRAL OFFICE

Income & Expense Statement

6/21/2018 THROUGH 7/20/2018

<u>INCOME</u>	<u>MONTH</u>	<u>YEAR TO DT.</u>
B.Day Club	0.00	415.00
CD & Tape Cont.	10.00	40.00
Group Cont.	2,959.64	13,605.69
Indiv Cont	25.00	4,685.80
Lit. Sales	762.90	3,668.36
Memorial Cont.	0.00	0.00
Misc.	0.00	0.00
Newsletter Cont.	0.00	48.00
S & H	0.00	0.00
Sales Tax	62.53	443.75
Spec. Events	0.00	7,746.08
Spec. Items	429.75	2,945.87

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**TOTAL**                    **\$4,249.82**            **\$33,598.55**

<u>EXPENSES</u>	<u>MONTH</u>	<u>YEAR TO DT.</u>
Ans. Serv.	40.00	280.00
Fees-Taxes	0.00	84.95
Insurance	0.00	50.00
Lit. Costs	1,517.28	3,623.96
PI-CPC Expense	0.00	0.00
Misc Expense	0.00	0.00
Newsletter Cost	0.00	0.00
Office Exp	250.00	1,679.37
Office Equip.& Maint	0.00	708.16
Phone & ISP	180.40	1,259.57
Postage	000.00	100.00
Employee Taxes	1,385.46	4,113.52
Rent	525.00	3,675.00
Salary	1,298.30	9,769.95
Sales Tax-Paid	763.00	763.00
Security System	0.00	296.70
Spec. Events	35.97	3,455.63
Spec. Items	596.00	1,766.90
Card Charge	9.35	41.04
Utilities	34.16	516.01
Website	0.00	65.38

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**TOTAL**                    **\$6,634.92**            **32,749.14**

**Net Gain(Loss)**            **(\$2,385.10)**            **\$849.41**

**BEG. TOT. ACCT. BAL:**                    **\$15,244.07**  
**END. TOT. ACCT BAL:**                    **\$13,204.87**

# Group Contributions

<u>6/21/18-7/20/18</u>	<u>Month</u>	<u>YTD</u>
10th Ave Men's-Lemoore		43.56
ABC Group		180.00
Alpha-Wed-Tulare		60.00
Attitude Modification-210		600.00
Breath of Fresh Air	900.00	900.00
Bridge St. "Drunks Only"	524.14	2,501.41
Central Calif. Roundup		0.00
Civic Center Grp.	150.00	225.00
Clodbusters-Tulare	125.00	712.00
Crossroads-Tulare		150.00
CSO Meeting	26.00	262.00
Dinuba Grp	50.00	90.00
District 47		400.00
Dr. Bob & Friends	40.00	105.00
Exeter-Quiet Trails	100.00	100.00
Exeter Sun Afternoon		150.00
Foundation Group		144.45
Freedom Fellowship		550.00
Fresno Village Group		350.00
Fri. Night Study Tulare		30.00
No. Cal H&I		0.00
Half & Half	100.00	150.00
Lemoore Sat 12x12	100.00	100.00
Message of Hope		0.00
Monday Men's Mtg.	100.00	100.00
Monday Night Live		0.00
Mid Valley-Tulare		0.00
Mon Book Study-S'ville		0.00
Mon Lit Study-Visalia		0.00
Monday Meditation-Visalia		0.00
Mon Men's Book Study		0.00
Nooners Group-Visalia	500.00	500.00
Pine Recovery AA Mtg		30.00
Porterville Young People		0.00
Practicing The Pinciples		0.00
Rainbow Group		286.00
Rule 62-Visalia		0.00
Serenity Junction-Tulare		0.00
Serenity Seekers AM-Visalia		347.03
Soberfest Groups		0.00
Wed. Sobriety Celebration		0.00
Springville Gut Level	44.50	89.50
Sun Bkfst Spkr Mtg		467.00
Sun PM Serenity Seekers		120.00
Tulare Young People		45.57
Tulare Co. Young People		28.05

# Service Meetings AND ADDRESSES

GSR Meeting at Central Office  
449 E. Maple St., Exeter, CA  
Wednesday, August 1, 2018 at 7:00 PM

CSR Meeting at Central Office  
449 E. Maple St., Exeter, CA  
Tuesday, August 14, 2018 7:00 PM

H&I Meeting at Alano Club  
Visalia Alano Club, 1311 W. Murray  
Saturday, Sept. 8, 2018 at 9:00 am  
2nd Saturday of odd months.

## SERVICE ADDRESSES

### Tulare County Central Office

449 E. Maple St.  
Exeter, CA 93221

### District 47, C.N.I.A.

P.O. Box 273  
Exeter, CA 93221

### CNIA Treasurer

PO Box 161712  
Sacramento, CA 95816-1712

### General Service Office

PO Box 459, Grand Central Station  
New York, NY 10163



Tulare Fri. Book Study		20.00
Tulare 2nd Fri Spkr Mtg		300.00
Tulare Tuesday Night		200.00
Tulare Sunday Night		0.00
Tues. Men's-P'ville		120.00
Three Rivers-Monday		0.00
Unity Thru Traditions		243.05
Valley Group		300.00
Valley Speaker Series		1,121.00
Wandering Couples		161.00
Wed. Acceptance, P'ville	100.00	700.00
Weekend Attitude Adj.	100.00	100.00
Women's Amity-Visalia		244.31
Women's Changes-P'ville		0.00
Women's Fri. Night-P'ville		0.00
Women's Sat AM 12x12		281.76
Young & Restless		28.00
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<b>Total</b>	<b>2,081.94</b>	<b>9,310.83</b>

## Central Office Contacts

Answering Service Calls	1
AA Members	6
Court Ref/Info	5
Meeting Information	8
H & I	0
Alanon & Alateen Information	1
Info. re Recovery Homes	0
Schedules & Info-Mailed & Faxed	0
Bridging The Gap	0
Other 12 Step Programs	3
Visitors to Office	51
Literature Sales	10
Specialty Sales	22
Churches & Schools	0
General Information	6
Prospective Members	2
Twelve Step Calls	0
E-Mail Contacts	12
Spanish Contact	2
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<b>Total</b>	<b>129</b>

# Lighter Side of AA

## WE ARE NOT A GLUM LOT

The Devil walks into a crowded bar. Within seconds the bar emptied with people running out screaming all over the place, all except for one old alkie who sat at the bar sipping a glass of vodka. The Devil wanders across to the old timer and says "Do you know how I am?" The old timer took another sip of his vodka and answered "Yep" The Devil stared at the old alkie and asked "Well aren't you afraid of me?" The old alkie looked the Devil up and down for a minute and shrugs "I married your sister 40 years ago, why the hell should I be scared of you?"

## YOU MIGHT BE AN ALCOHOLIC IF...

You're fond of the saying "It's 5 o'clock somewhere."

You don't lose your car keys-- you lose your car.

The stranger you wake up with is not the same sex as s/he was the night before.

You know what the barrel of a gun tastes like.

You're telling the truth when you say "I don't recall."

You consider beer to be the Breakfast of Champions.

You wake up to blue lights in the rearview mirror.

You think the pill bottle warning label "ALCOHOL MAY INTENSIFY THIS EFFECT" is a serving suggestion.

When the doctor advises clear fluids, you drink vodka.

The song that best describes your mornings is "Whole Lotta Shakin' Goin' On."

Have a Joke???? Submit it to:

[centralintergroupnews@gmail.com](mailto:centralintergroupnews@gmail.com)

## Speaker Meetings

**Porterville Recovery Club Speaker Meeting**  
186 W. Walnut Ave.  
Friday August 3rd, 2018 at 8:00 PM  
Speaker: - TBA

**Friday Book Study Speaker Meeting**  
1820 N. Gem St, Tulare  
Friday, August 10th, 2018 at 8:00 PM  
Speaker: - Louie M owler

**Sunday AM Breakfast Speaker Meeting**  
Veterans Memorial Building  
36000 Hwy 190, Springville  
Sunday, August 12th, 2018 at 10:15 AM  
(Breakfast at 8:30 to 10:00 AM)  
Speaker: Ed P. - Ojai, CA

**The Valley Group, Speaker Meeting**  
The Gallery @ The Creative Center  
410 E. Race Ave.  
Every Wednesday from 7-8 p.m.  
**August 1 Melissa M. of Visalia- 2 Years!**  
**August 8 David G. of Visalia - 1 Year!**  
**August 15 Mark L. of Visalia - 3 Years!**  
**August 22 Ed F. of Visalia - 25 Years!**  
**August 29 Carol C. of Bakersfield - 34 years and 364 days today!**

**That's 66 years of sober experience in AA in five simple one-hour sessions!**

**District 47 presents a Summer Service Fair**

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# Anonymity, the Spiritual Foundation of All Our Traditions

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**August 4, 2018 • 10:00 a.m. to 3:00 p.m.**

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- **Panels & Discussions**

Our tradition of anonymity and exploring the challenges of maintaining and respecting anonymity in the age of the internet.

- **Free Tri-Tip Lunch**

BBQ tri-tip lunch hosted by District 47.

- **CNIA Delegate's Report**

Michael K, our Area 07 Delegate, will be our guest and will give his report on this year's General Service Conference.

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**Porterville 12 Step Recovery Club**  
186 D Street, Porterville, Calif. 93257

# FEBRUARY 1-3, 2019 SYMPOSIUM ON A.A. HISTORY

**SAN FRANCISCO  
BAY AREA**

El Retiro San Iñigo  
300 Manresa Way  
Los Altos, California



*A weekend gathering that brings together researchers and lovers of A.A. history to share the experience, strength and hope of the members and groups who came before us.*

All Inclusive Registration

**Shared Room \$325 / Private \$400**

*Housing & Meals included*

\$25 discount code expires Aug 1: EARLYBIRD25

[www.aahistorysymposium.org](http://www.aahistorysymposium.org)

A.A. on Reservations  
San Quentin Group  
Bill's "Spook" Sessions  
Debate over Special  
Purpose Groups  
The Spanish Big Book  
Al-Anon Pioneers

**AND A SPECIAL  
PRESENTATION BY THE  
G.S.O. ARCHIVIST**

**JOIN US!!!**



# **TUCYPAA**

**Tulare County Young People in Alcoholics  
Anonymous**

**Unity. Service. Recovery.**



**For more info contact:**

**“L”**

**559-972-3210**

**Henry**

**559-977-4360**

**Amy**

**559-280-2679**

**Every 1st and 3rd Sunday at:**

**First Jesus Name Church of Cameron**

**Creek**

**29076 Road 164**

**Visalia, CA**

**OUR MISSION:**

**Support young alcoholics in their recovery through the 12 steps**

**Promote unity among alcoholics of all ages**

**Encourage young members of A.A to participate in A.A.'s general service structure**

# *Your Content Here!!!*

Have an event????

New group starting up?????

Have a story to share???

Take some amazing photos around our district???

Want to be of service????

All this can be accommodated-we are available to help! Simply reach out to us here at Central News and we will do all we can to get the word out!!!

Carrying the message to the Alcoholic who still suffer is our primary purpose. What better way to do it then to get involved!!!!

Send your content to:

[centralintergroupnews@gmail.com](mailto:centralintergroupnews@gmail.com)

... and we will help you communicate to district 47!!!

