

# CENTRAL NEWS

September 2018



## *Sobriety Makes the Price of a Drink Too High* Early Morning Orchard, Exeter, CA Louie T.

I've been thinking of all it would cost me if I took a drink today. . . . Strangely enough, I find that the longer I go without a drink, the greater the cost of taking one will be!

If I take a drink today, I'll get into the YMCA some time after the bars close tonight, fairly drunk, for I won't take just one drink, and about seven tomorrow morning I'll get up, feeling rotten and wanting a drink. After the drink and a cup of coffee, I'll go to work, feeling guilty and nervous and with a foggy brain. If no one questions my actions, I'll probably struggle through the day, but certainly no later than 5 P.M., and then I'll head for a bar—if I take a drink today.

The next night I'll be so drunk I'll be afraid to go into the YMCA (I almost got kicked out of there before) so, when the bars close I'll end up . . . in a high-priced room where I'll stay until my funds run low. On the third or fourth day I'll still be at the hotel, paying exorbitant prices for things I don't need and the bellboy on the way up to my room with a drink will meet another on the way down with empty glasses, for as long as the money holds out, the drinks will keep coming—if I take a drink today.

By this time I'll be very nervous and concerned about avoiding people I know. I'll probably go to my room at the "Y" some morning and clean up, but things will run along like this several days until the quite few dollars I have in my pocket now will have dwindled to only a few. Those of you whom I may have met and who might have tried to pull me out of it will have given it up and I will be left entirely alone. My wife, by the absence of mail from me, will know what has happened and all the confidence she has built up in me these past several months will be gone and probably never restored—if I take a drink today.

Realization of these things will only cause me to drink more and faster and within a couple of weeks after that first drink I'll have moved to cheaper quarters, and soon my funds will be all gone and I'll start borrowing—ten here, five there, at first, then two and one, until I can't borrow any more—if I take a drink today.

Then I'll begin sneaking into the YMCA to get things to pawn—first my radio, which I enjoy so much and which I had a hell of a time getting out last time; then first one suit and then another, until there is nothing



left but what I have on my back—if I take a drink today.

From here on it is hard to predict just what will happen—I may be working in a restaurant or my present employer may take me back, reluctantly, and give me another chance at a reduced salary with all prestige, seniority and confidence wiped out (that's what happened last time). Or, I may have a commitment to Kalamazoo hanging over my head or be in jail for 30, 60, or 90 days—if I take a drink today. But at very best, I can only be back to work under reduced earnings and restrictions. I doubt that I'll have my room at the "Y"—I'll have all those debts to pay back, including a doctor bill. What clothes I have left will be too large, for the 15 pounds I have gained in the past few months will have been consumed in alcohol; all those whom I can now call friends will be skeptical at best and with very good reason to be—if I take a drink today.

However, regardless of what kind of recovery I might make, with the things I absolutely know it will cost me—THE PRICE IS JUST TOO GREAT! I know it will cost me every dollar I have now and what I can borrow, in addition to the loss of income, totaling in all, seven or eight hundred dollars. I know I'll suffer the pangs of hell, wherever I am, both mentally and physically. I know I'll lose the encouragement and respect of my wife, and my employers and associates will speak and think of me in terms of doubt, at least temporarily—if I take a drink today.

Since I started thinking about what a drink would cost me, a lot of good things have happened to me that would not have happened if I had taken a drink. My wife has spent a grand two weeks vacation with me—the first time we've been together for more than 24 hours for six years—all on account of John Barleycorn. My brother and his wife have been here to visit me—the first time in nine years— and I've had a week's vacation with pay at the boss's cottage and with my wife. I've seen several good ball games, a couple of circuses and numerous other things that I enjoy—none of which would have happened if I took a drink. My wife is ready to come to Grand Rapids and make a home for me any time it can be arranged and the future in general looks brighter for me than in many years. So, you see, the price of a drink does get greater with the passing of each day of sobriety.

I don't know how nearly parallel my case may run with any of yours, but certainly close enough that none of you can afford to pay the price of a drink today—if you are an alcoholic. And for the benefit of you newer men, if you are an alcoholic take a tip from one who is an alcoholic, you can't take a drink today any more than I can, without getting drunk and into trouble. So, summing it all up and adding it backwards and forwards, the answer is the same and I saw it again and again and again, the PRICE IS JUST TOO GREAT, if I take, a drink today.

Tom D. Grand Rapids, MI AA Grapevine November, 1946

## Step 9

*Made direct amends to such people wherever possible, except when to do so would injure them or others.*

I was not one who came to AA after losing everything. I found alcohol when I was in my late teens, and the truth is I never really acquired anything after that. I settled into a crappy job that I got because I knew the person doing the hiring. I drove low-cost hand-me-down cars that I bought from family members, and after my high school sweetheart dumped me, I didn't even come close to forming a meaningful relationship with a woman until I was seven or eight years into sobriety. So I got to AA as an isolated and naive child. I had been pretty much living in a make believe world of rationalization, justification and wishful thinking. I was a loser and I was sick of it, but I had no idea what was wrong with me. By the grace of God I began to have trouble with my drinking and driving, and the courts introduced me to AA. My second attempt at AA found me convinced of my powerlessness and willing to do what we do here in AA: get a sponsor and work the steps. I was given hope, and I came to believe that AA would deliver me from the life I had grown to hate. So I became enthusiastic and active, hoping I too would become happy and successful like other AA members who seemed to be living the good life. For once in my life I was working at becoming a better person and improving my situation.

I was about six or seven years into sobriety. Things were looking up. I had been through the twelve steps, and I was pretty sure I had made amends to all the people I had harmed. I was working my program,



reading the Big Book, and doing my prayer and meditation in the morning and at night. I was active in AA service; I had commitments with my groups, with H&I, and with our Central Office. I had left my crappy job and found one more suited to my interests and aspirations. I was making a little more money, I had quit smoking cigarettes, and I was getting lots of exercise too. Still, the changes I was looking forward to did not seem to be falling into place as quickly as I expected. Of course, I still had no clue what a child I was when I came into AA and how much growing up I still had left to do. There I was, doing all the right things, and still I was living pay check to pay check, racking up credit card debt, and pretty frustrated about my financial situation. Having little use for my sponsor's suggestions of establishing a budget or getting some education, I sought some advice from another AA member named Barry who had some solid double-digit sobriety and was enjoying the kind of success I wanted to have. He listened to my whining and asked me, "Are there any financial amends you haven't made?" Well, I could not see what that had to do with anything. I mean how would going and finding someone to whom I owed money help me get MY finances in order?

As soon as he asked me that question, I thought of a certain past employer I had once had. I had a job working for this guy driving around the city and filling up newspaper racks. Instead of giving me keys to mess with, he gave me a pocketful of dimes to open the racks. Everyday I used a few of those dimes to buy a soda, and when I had a helper along doing the advertising inserts, I bought him one also. Well, that never seemed like a crime to me, and it seemed almost too embarrassing to even bring up, but I told Barry about it. He told me to figure out how much I had stolen from that employer over the couple of years I had worked for him. So I did some calculating and discovered that I had stolen about \$200 from this guy. Even back in the 1980s, that was not such a huge amount of money, but I sure as heck didn't have \$200 to spare! Barry reminded me that I was not giving him MY money; I was going to return HIS money. He also told me that my old boss would probably say it was okay and not to worry about it, and if he did, I was supposed to insist on paying it back. And since I didn't have the \$200, I would offer to send him \$20 every payday until it was paid off. Well, Barry was right. My old boss was simply happy to see me again, glad I was

getting sober, and he told me I didn't need to worry about it. But I told him it was something I had to do. And I started sending that payment immediately and continued until it was paid off.

I know the real gift we get from making amends is gaining our freedom from the lingering guilt and shame that accompanies the knowledge of the harms we have done and our unwillingness to take responsibility for those actions. The gift that comes with making things right is that we get to move up a few notches with our self-esteem. We get to see ourselves in a better light. So I know that putting our haunting guilt and shame to rest is certainly a good enough reason for making our amends, and we should have no expectations beyond that. However, my little adventure in amends making came with some very pleasant coincidences. As soon as I started sending those payments to that old employer, I got a little raise at work, and I found a cheaper apartment that served my purposes better and actually improved my living situation. I wasn't putting money in the bank yet, but I was not using one credit card to make payments on the other anymore. I wouldn't suggest that making your amends will improve your financial situation. Like I said, the freedom from guilt and the improved self-image are rewards enough for taking responsibility for our past bad actions. Nevertheless, it always seemed like that amend I made to that old boss had an immediate, miraculous effect on my own financial situation, and I really began to believe that my Higher Power had me in His care and was looking out for me.

Allen L.  
Exeter

## Tradition 9

*A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.*

This tradition states A.A. as a whole shouldn't be organized. In most organizations there is a hierarchy with people in charge and rules or bylaws to be followed. Not so in Alcoholics Anonymous. Experience has shown the alcoholics do not do well when it comes to following rules. At the same time we have work to be done. The message of recovery has to be carried to the people that want it or A.A will cease to exist.



# Emotional Sobriety

The second part of this tradition state that we may create service boards or committees. These boards or committees do not have authority over any members. They exist to see that a service gets carried out.

Even the General Service Office in New York and the trustees are directly responsible to the fellowship.

Our local Central Office and its group representatives is an example of this Tradition. We have work to get done and be of service to the groups. The Central Office as well as GSO in New York can issue ne directives to groups or members. We can share our experience and what the traditions suggest.

Have you ever written the General Service Office in New York concerning a group problem? You probably wont get a yes or no direct answer. Their answer will probably start something like this; "Of course, you are at perfect liberty to handle this matter any way you please. But the majority experience in A.A. does seem to suggest" followed by the tradition that pertains to the issue. It is up to the group conscience to decide on the issue using the experience the tradition has taught us.

Bob H.

## Contributions

### Birthday Club

John W.	Tulare	32
Danette L.	Exeter	30
Jim K.	Visalia	16
Doug H.	Porterville	9

### Individual Contributions

#### Anonymous

Jim K.

Mike S.

Shannon S.

### Newsletter Contributions

None

### Memorial Contribution

None

I recently had a service position at an A.A. Speaker event. It was not the one I wanted. I wanted to be with the kitchen crew, preparing dinner for 250. Chopping vegetables was the job. I like kitchen crews because of the "esprit de corps". It's also a way of paying vegetables back for the grief they caused in my childhood. (I despise all cooked vegetables. Only salad, please.)

Taken off my preferred job, my significant other and I were assigned as "speaker hosts". We had to meet the speaker and his guest at their hotel, and take them to dinner, then to the event. It's an important job. The speaker was coming from quite a distance to share with us, and deserved to be given a proper welcome. We did, and it was a lot of fun.

I learned a great deal from this man with 54 years of sobriety. Emotional sobriety was a key to his program; trying to minimize drama in your daily life. Meditation was a daily practice towards this end, as were Steps 6 and 7. He asked me if I knew what the difference was between "defects of character" and "shortcomings". I told him that in Chuck C.'s Book, "A New Pair of Glasses", Chuck had asked Bill W. what the difference was. Bill said that there wasn't any difference, he just didn't want to use the same words in two consecutive Steps. (P 39) The speaker had a different take. He said that the "defects of character" in Step 6 refer to human imperfections that we can never be totally free from. Anger for example. No matter how good you are, you can still get angry occasionally. Impatience is another. Even the most serene individual can feel impatient at times. It's human.

"Shortcomings", on the other hand is about thinking. If I allow my thinking to be driven by my defects of character, serenity is lost, and drama takes its place. He posed another question: "Do you know how you know it's drama?" (I didn't.) "It's not true". I can relate to this. When I get angry, I can create elaborate scenarios in my head about how I will right the perceived wrong. Some call it "future tripping". Now I call it drama. I create my own drama by letting character defects drive my thinking. This is particularly true of impatience. I am not a patient person. I hate waiting. If I were in the line for heaven, and the wait was more than an hour, I might get in line for hell, if there was no wait. (Given

the state of the planet, the line for hell would likely be longer.)

I need Step 7, in which I humbly ask God to remove my chronic impatience. No future tripping; no drama. Al, (the speaker), showed me his wristwatch. It was a rubber band. When you snap it, it always shows the correct time, "now." It also gives the correct location,"here". When my thinking is driven by defects of character, I can snap my watch to bring me back to the here and now. Stop the drama in my head. I found one of these watches in my kitchen drawer, so I wear it. Didn't even know I had one until Al told me. Continually practicing Steps 6, 7 and 10 can keep me in the here and now, and out of my drama-driven thinking. Maybe if I stick with it, I might actually get in that line for heaven...where I will patiently wait my turn. Thank you, Al.

Mark G.

## Editor's Corner

I was just looking and the editors corner and I realized i hadn't updated it in a while. I can't believe this year is already almost gone! If your recovery could use a little pep, why not get involved in some service work, make coffee, greet a newcomer, or perhaps...write an article, personal story, or some experience, hey even a joke!!! Being involved with the production of this newsletter has really been an unforeseen source of serenity! Thank you for letting me be of service. Have a 2018 that is happy joyous, and free!!

**centralintergroupnews@gmail.com**

**Louie T.**

## *Upcoming Events*

*Have an Event?? Send an Email:*  
**centralintergroupnews@gmail.com**

## September AA Birthdays

Name	City	Years
Joe F.	Porterville	40
Dick C.	Visalia	38
Margie C.	Exeter	37
Robert H.	Exeter	36
Lawrence S.	Visalia	36
Rebecca M.	Lemoore	36
Gerald V.B.	Andover MN	33
Joan C.	Visalia	33
Tom P.	Dinuba	33
Ruth B.	Visalia	32
Cliff L.	Visalia	32
John W.	Tulare	32
Carolyn K.	Visalia	31
David H.	Visalia	31
Ken R.	Visalia	31
Warren G.	Visalia	31
Hal W.	Lemon Cove	31
Jerry" Bubba" W.	Tulare	30
Joan A.	Exeter	30
Kelley N.	Tulare	30
Linda P.	Visalia	30
Ty N.	Tulare	30
Cary K.	Visalia	28
Mike H.	Visalia	28
Kim A.	Tulare	27
Tom C.	Visalia	27
Russell W.	Visalia	26
Elly Q.	Three Rivers	25
Ken F.	Visalia	25
Linda J.	Porterville	24
Cruz J.	Tulare	23
Cindy S.	Porterville	22
Anetta P.	Porterville	18
Mark H.	Exeter	16
Barbara W.	Quincy CA	14
Melanie M.	Visalia	14
Kim H.	Tulare	14
Vendy	Visalia	13
AL S.	Visalia	12
John	Dinuba	12
Jose G.	Dinuba	11
Joyce S.	Porterville	8
Diane O.	Visalia	5



# Central Service Meeting

August 18, 2018

**MEETING CALLED TO ORDER:** 7:00 by Doug H. Filling in as President

**CENTRAL OFFICE BOARD MEMBERS PRESENT:** Julie M., & Bob H.

**BOARD MEMBER ABSENT:** Stella T, Sheri T., & Louise G.

**SERENITY PRAYER:**

**12 TRADITIONS:** Sara

**SECRETARY REPORT:** Julie motioned, Zach 2nd and group approved

**BOARD OF DIRECTORS MEETING:** Julie

**TREASURER REPORT/OFFICE REPORT:** Bob H.- We had an income of \$4,249.82 and expenses of \$6,634.92 for a loss of \$2,385.10 for this accounting period. Group contributions were excellent. Sales were also good. Expenses were more than usual. We paid \$1,385.46 for Quarterly taxes, \$1,517.28 for A.A. literature, \$596 for specialty items and also paid our annual sales tax of \$763.00. We collected \$271.03 in sales from 4 credit and debit card transactions in July. Office operations are going normally.

**PI/CPC:** Stella T. - N/A

**WEBSITE REPORT:** David reported 15,1185 page views in 30 days with 872 unique visitors.

**STEP FOR NEWSLETTER – VOLUNTEER**

September Step 9 Allen L. Due to CentralintergroupNews@gmail.com 8/20/18

October Step 10 Julie M. Due to CentralintergroupNews@gmail.com 9/20/18

**TRADITION FOR NEWSLETTER-VOLUNTEER**

September Tradition 9 Bob. H. Due to

CentralintergroupNews@gmail.com 8/20/18

October Tradition 10 Bob. H. Due to

CentralintergroupNews@gmail.com 9/20/18

**H&I REPORT:-**.Meeting on 7/14 at Visalia Alano Club- Bob Wiley- mens & women-Corcoran- 18 cleared- Pine & turning point co.

**GSO LIAISON-** Allen L. - Service Fair Successful- great lunch & panel. Discussions- planning future service fair0 probably fall,

**CSR REPORTS:**

**Doug H.-Acceptance Group-**This is an open, Gay AA meeting in Porterville but everyone is welcome. We meet at the First Congregational Church on Fourth & Mill. This is a 1 hr meeting from 6-7 pm every Wednesday. The meeting has been growing, there have 20 - 25 people in attendance recently. We discuss what is going on in your sobriety today. Birthdays are celebrated on the last Wednesday of the month. Our group has been able to contribute to Central Office.

**Doug H.. -Springville Gut Level Group-** This meeting

meets every Thursday from 7:00-8:30 at the Lighthouse Chapel in Springville. This is an open meeting and all are welcome. Lots of old and new sobriety.

**Monica R.- Women's Amity Group-** We meet every Wednesday from 6:30 - 8:00 p.m.. This is a closed women's meeting. We give chips for sobriety. One year birthdays are celebrated. Weekly and all other birthdays are celebrated at the end of the month. We are located at 6400 W. Walnut Ave. in Visalia.

**Monica R.- Porterville Young People's RSVP group -** This is an open meeting located at the First Congregational church in Porterville at 6:30. We give chips at this meeting and have we have someone chair the meeting. We welcome people of all ages. We define young people as anyone with room to grow.

**Trudy W. -Lindsay Fireside Fellowship-** We meet Thursday evenings from 7:30 - 8:30 in the Fireside Room of Lindsay United Methodist Church (corner of Honolulu & Gale Hill due east of post office and city hall.). We are an open meeting; a small number of regulars welcomes newcomers and card carriers equally, sharing sobriety old and new. We celebrate annual birthdays the last Thursday of the month, and give chips for monthly progress every week. Come help us keep the lights on for this community with recovery needs.

**Trudy W. Exeter Quiet Trails Group -** We meet every Tuesday evening in the Exeter Methodist Church fellowship room at the corner of palm and D Streets. We are an open meeting welcoming newcomers and old timers alike. We celebrate birthdays the last Tuesday of the month. Please join our small town fellowship 7:30-8:30 p.m.

**Sarah D. Practicing the Principles-** We are a closed book study meeting every week. We read a portion of the Big Book and we celebrate birthdays weekly. The last week of each month we read the Tradition for that month. Come join us at Christ Lutheran Church located at 3830 W. Tulare Ave. Visalia, CA. 93277 at 7:00 PM every Monday night.

**Jonathan T. Mens Stag-** We meet at 7:30 at 820 East main street in Visalia every Monday night for a closed Mens meeting. Tons of sobriety in the group. We celebrate birthdays on the last Monday of the month. Lots of experience, strength and hope! Please join us.

**Billy B. Bridge Street Drunks Only—** We have 20 meetings a week. 7am meetings closed to AA's only and have about 20 average in attendance. It is a meeting with good long-term sobriety and a good mix with newcomers. This meeting is 7 days a week. Noon meeting 7 days a week. About 20 average attendance. Mon-Fri are closed meetings. Sat & Sun are open meetings. Women's meeting on Monday 5:30 pm with good attendance. 1 hour 5:30-6:30. Tuesday evening Literature study now in "As Bill Sees It" about 10 in attendance. 6-7 and is open. Thursday 7pm primary purpose meeting about 30 in



attendance. Open meeting. Good place for newcomers to study the big book. Easy to find a sponsor who will take you through the steps- open. Saturday evenings 7pm which is an open discussion meeting- 7-8. Sunday evening 10th step meeting- discussing of AA inventory now moved to 5pm. Closed meeting for AA's only. Holiday Meetings: Christmas Eve- Midnight to 1AM on Christmas. New Year's eve - Midnight to 1 AM New Year's day- open. Birthday meeting is the last Saturday of the month. Alternates between after 7pm meeting and noon meetings.

#### **OLD BUSINESS**

1. New Years

a. Speaker Wayne B./ Lindsay Memorial Bldg

1. First planning meeting on September 11 at 6:00PM

#### **NEW BUSINESS**

Zach is resigning as Saturday office personnel- will work through the 25th of August.

**SEVENTH TRADITION:** \$42.00

Announcements:

Soberfest Oct. 13th- Monica announced she could use volunteers for serving food.

Sara announced ACYPAA summit 2018 November 2-4th located at Wyndham Visalia Plaza Park

**MEETING ADJOURNED:** 7:30 pm

Respectfully submitted,

Julie M. / typed Sheri T.

## *District 47 Meeting Minutes*

### August 1, 2018

**Meeting Called to Order:** 7:03 p.m. by District Committee Member Josh F.

**Committee members present:** Josh F.- DCM. ; Allen L.- Alt. DCM and GSR for Visalia AM Sunday Serenity Seekers AA Group.

Greg G.- District Treasurer ; John W.- D-47 Recording Secretary and GSR for the Tulare Alpha Group.

Kenneth B.- GSR Springville Gut Level. ; David G.- GSR Messy Pants Winos and Sun. PM Serenity Seekers. ; Danette L.- GSR Sat. Womens 12 X 12.;

Boo M. - GSR Tuesday Women's Amity Group. ; Don H.- GSR Springville Sunday Breakfast Speaker Meeting.

**The Serenity Prayer and the GSR Preamble were recited by all present.**

**Twelve Traditions:** David G.

#### **12 Concepts: Concept 7 read by Josh F.**

Approval of Minutes: MSP for approval of minutes for the July 11th GSO meeting

**Treasurer's Report:** Greg G. reported a balance forward of \$1803.22. Income of \$311.23 (group contributions). Current expenses of \$0.00. Bringing an ending balance of \$2,114.45

**CSO Liaison:** Alan L. reported that over the next few months the planning meetings will be happening for the Annual New Year's Celebration. Please come to the next CSO Meeting to get involved with the planning.

**DCM Report:**– Josh F. confirmed that our Area 07 Delegate Mike K. will be attending the Service Fair at the Porterville Recovery Club on 8-4-18. It was heartily agreed by all that we should be fully self supporting and reimburse Mike for his mileage to be part of our Service Fair and give his report.

**OLD BUSINESS:** The August 4th Service Fair was discussed. Any loose ends regarding the service fair on 8-4-18 were sewn-up. Volunteers were abundant to help out with the set-up. Donuts will be available for consumption.

**NEW BUSINESS:** David G. brought a question from the H & I Committee asking for inclusion with our next service fair. There were good ideas shared regarding this inclusion, with one possibly to include the various service positions that are currently available. The idea of adding another service fair during the year was looked into.

**7th Tradition:** \$26.00

The meeting closed with the Declaration of Unity and the Responsibility Declaration at 7:45 pm.

Respectfully submitted, John W

# Financial Report

TULARE COUNTY CENTRAL OFFICE

Income & Expense Statement

7/21/2018 THROUGH 8/20/2018

<u>INCOME</u>	<u>MONTH</u>	<u>YEAR TO DT.</u>
B.Day Club	86.44	501.44
CD & Tape Cont.	0.00	40.00
Group Cont.	1,887.60	15,493.29
Indiv Cont	425.00	5,110.80
Lit. Sales	472.15	4,140.51
Memorial Cont.	0.00	0.00
Misc.	175.90	175.90
Newsletter Cont.	0.00	48.00
S & H	0.00	0.00
Sales Tax	66.11	509.86
Spec. Events	0.00	7,746.08
Spec. Items	384.05	3,329.92

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**TOTAL**                    **\$3,497.25**            **\$37,095.80**

<u>EXPENSES</u>	<u>MONTH</u>	<u>YEAR TO DT.</u>
Ans. Serv.	40.00	320.00
Fees-Taxes	0.00	84.95
Insurance	0.00	550.00
Lit. Costs	221.37	3,845.33
PI-CPC Expense	0.00	0.00
Misc Expense	175.90	175.90
Newsletter Cost	0.00	0.00
Office Exp	434.08	2,113.45
Office Equip.& Maint	0.00	708.16
Phone & ISP	183.33	1,442.90
Postage	0.00	100.00
Employee Taxes	392.23	4,505.75
Rent	525.00	4,200.00
Salary	1,297.82	11,067.77
Sales Tax-Paid	0.00	763.00
Security System	0.00	296.70
Spec. Events	0.00	3,455.63
Spec. Items	61.10	1,830.00
Card Charge	7.69	48.73
Utilities	34.15	550.16
Website	0.00	65.38

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**TOTAL**                    **\$3,372.67**            **36,123.81**

**Net Gain(Loss)**            **\$124.58**            **\$971.99**  
**BEG. TOT. ACCT. BAL:**            **\$13,204.87**  
**END. TOT. ACCT BAL:**            **\$13,327.45**

# Group Contributions

<u>7/21/18-8/20/18</u>	<u>Month</u>	<u>YTD</u>
10th Ave Men's-Lemoore		43.56
ABC Group		180.00
Alpha-Wed-Tulare		60.00
Attitude Modification-210	150.00	750.00
Breath of Fresh Air		900.00
Bridge St. "Drunks Only"	332.00	2,833.41
Central Calif. Roundup	600.00	600.00
Civic Center Grp.		225.00
Clodbusters-Tulare		712.00
Crossroads-Tulare		150.00
CSO Meeting	42.00	304.00
Dinuba Grp		90.00
District 47		400.00
Dr. Bob & Friends		105.00
Exeter-Quiet Trails		100.00
Exeter Sun Afternoon		150.00
Foundation Group		144.45
Freedom Fellowship	115.00	665.00
Fresno Village Group		350.00
Fri. Night Study Tulare		30.00
No. Cal H&I		0.00
Half & Half		150.00
Lemoore Sat 12x12		100.00
Message of Hope		0.00
Monday Men's Mtg.	100.00	200.00
Monday Night Live		0.00
Mid Valley-Tulare		0.00
Mon Book Study-S'ville		0.00
Mon Lit Study-Visalia		0.00
Monday Meditation-Visalia		0.00
Mon Men's Book Study		0.00
Nooners Group-Visalia		500.00
Pine Recovery AA Mtg		30.00
Porterville Young People		0.00
Practicing The Pinciples		0.00
Rainbow Group		286.00
Rule 62-Visalia		0.00
Serenity Junction-Tulare		0.00
Serenity Seekers AM-Visalia	112.60	459.63
Soberfest Groups		0.00
Wed. Sobriety Celebration		0.00
Springville Gut Level	35.00	124.50
Sun Bkfst Spkr Mtg		467.00
Sun PM Serenity Seekers		120.00
Tulare Young People	101.00	146.57
Tulare Co. Young People		28.05



# Service Meetings AND ADDRESSES

GSR Meeting at Central Office  
449 E. Maple St., Exeter, CA  
Wednesday, September 5, 2018 at 7:00 PM

CSR Meeting at Central Office  
449 E. Maple St., Exeter, CA  
Tuesday, September 11, 2018 7:00 PM

H&I Meeting at Alano Club  
Visalia Alano Club, 1311 W. Murray  
Saturday, Sept. 8, 2018 at 9:00 am  
2nd Saturday of odd months.

## SERVICE ADDRESSES

### Tulare County Central Office

449 E. Maple St.  
Exeter, CA 93221

### District 47, C.N.I.A.

P.O. Box 273  
Exeter, CA 93221

### CNIA Treasurer

PO Box 161712  
Sacramento, CA 95816-1712

### General Service Office

PO Box 459, Grand Central Station  
New York, NY 10163

Tulare Fri. Book Study		20.00
Tulare 2nd Fri Spkr Mtg		300.00
Tulare Tuesday Night	300.00	500.00
Tulare Sunday Night		0.00
Tues. Men's-P'ville		120.00
Three Rivers-Monday		0.00
Unity Thru Traditions		243.05
Valley Group		300.00
Valley Speaker Series		1,121.00
Wandering Couples		161.00
Wed. Acceptance, P'ville		700.00
Weekend Attitude Adj.		100.00
Women's Amity-Visalia		244.31
Women's Changes-P'ville		0.00
Women's Fri. Night-P'ville		0.00
Women's Sat AM 12x12		281.76
Young & Restless		28.00
<hr/>		
<b>Total</b>	<b>1,887.60</b>	<b>15,493.29</b>

## Central Office Contacts

Answering Service Calls	2
AA Members	8
Court Ref/Info	5
Meeting Information	12
H & I	0
Alanon & Alateen Information	1
Info. re Recovery Homes	1
Schedules & Info-Mailed & Faxed	1
Bridging The Gap	1
Other 12 Step Programs	3
Visitors to Office	45
Literature Sales	10
Specialty Sales	28
Churches & Schools	0
General Information	8
Prospective Members	1
Twelve Step Calls	0
E-Mail Contacts	16
Spanish Contact	2
<hr/>	
<b>Total</b>	<b>144</b>





# Lighter Side of AA

## WE ARE NOT A GLUM LOT

### The Handyman's Wheelbarrow

A local handyman in an English village had created quite an impression on the town ripping and roaring in a drunken state, but now he was sober for several years.

One day, however, a nosy and terribly respectable old woman stood up at a church meeting and accused him of reverting to his drunken ways, she claimed that she had seen his wheelbarrow parked outside the local pub for several hours and there was no other explanation.

The wrongfully accused handyman made no defense. Instead, that evening, he simply wheeled his wheelbarrow alongside her front gate and left it there for the night!

### The Man Upstairs

A newcomer to AA was listening to a man and wife tell of their former problems with booze. The wife ended her share by saying that the year before, thanks to the Man Upstairs, they had become the proud parents of their first child.

The new member, never having heard of God referred to that way, turned to the person next to her and whispered in horror, "Do all the people in AA make such shocking personal confessions?"

### Last Request

A lady approaches her Priest following his Sunday morning sermon, sobbing and in tears in tears.

The priest ask "What's bothering you, my dear?"

She says,"Oh, Father, I've got terrible news. My husband passed away last night.":

The priest says, 'Oh, my goodness that's terrible.

Tell me, Mary, did he have any last requests?"

The lady replies "Yes he did Pastor."

The priest asked, 'What was it what did he ask for?'

After a moment the lady replies "... well father, he said, Please Mary, put down that damn gun..."

Have a Joke???? Submit it to:  
[centralintergroupnews@gmail.com](mailto:centralintergroupnews@gmail.com)

## Speaker Meetings

**Porterville Recovery Club Speaker Meeting**  
186 W. Walnut Ave.  
Friday August 3rd, 2018 at 8:00 PM  
Speaker: - TBA

**Friday Book Study Speaker Meeting**  
1820 N. Gem St, Tulare  
Friday, August 10th, 2018 at 8:00 PM  
Speaker: -John D. C oarsegold, CA

**Sunday AM Breakfast Speaker Meeting**  
Veterans Memorial Building  
36000 Hwy 190, Springville  
Sunday, August 12th, 2018 at 10:15 AM  
(Breakfast at 8:30 to 10:00 AM)  
Speaker:Ed P. - Paul H. - Quartz Hill, CA

**The Valley Group, Speaker Meeting**  
The Gallery @ The Creative Center  
410 E. Race Ave.  
Every Wednesday from 7-8 p.m.  
In September we are celebrating the end of our 9th year on Sept 5, and the beginning of our 10th year on Sept 12! We LOVE to celebrate sobriety at The Valley Group!  
**Sep 5 Charles B. of Visalia- 3 Years!**  
**Sep 12 Stephanie B. of Visalia - 24 Years!**  
**Sep 19 Thomas C. of Fresno - 9 Years!**  
**Sep 26 Teddy B. of Visalia - 11 Years + 354 days!**  
That's 48+ years of sober experience in AA in four simple one-hour sessions!



**TUFYPAA Presents:**

# **ACYPPAA Summit 2018**

## **Nov 2nd-4th**

*Wyndham Visalia Plaza Park  
9000 W. Airport Drive  
Visalia, Ca 93277*

**ENTRY \$15 PRE REGISTER @  
[squareup.com/store/tufypaa](http://squareup.com/store/tufypaa)**



**Hotel Booking:  
[wyndhamhotels.com/groups/hr/acypaa-summit](http://wyndhamhotels.com/groups/hr/acypaa-summit)**

*Dont  
miss out!*

**contact:**

**Amanda T. 559-905-7273**

**Nic W. 559-217-9089**

**Chuck N. 559-668-7230**



THE VALLEY SPEAKER SERIES AND MENS ATTITUDE ADJUSTMENT GROUP PRESENT:

# **SOBERFEST 2018**

OPEN AA Step Workshop, Dinner & Speaker Meeting

**Keynote Speaker: JOHN G. of Los Angeles, Ca**

Sober 10 days, 8 Months, and 30 Years!

## **SAT, OCT 13, 2018**

15\$ Pre-Sale Tickets

11a-5p - Back to the 40's Step Workshop (newcomers who participate will receive a complimentary dinner ticket)

530p-630p - Ranch Style Tri-Tip and Spaghetti Dinner

7p Speaker Meeting (ASL Interpreter on hand)

## **CHRIST LUTHERAN CHURCH**

### **3830 W. Tulare Ave, Visalia**



For Info:

Barbara V. 559-303-5761

Elgin M. 559-553-5736

Boo M. 559-303-2484

Bill H. 559-740-6813



# FEBRUARY 1-3, 2019 SYMPOSIUM ON A.A. HISTORY

**SAN FRANCISCO  
BAY AREA**

El Retiro San Iñigo  
300 Manresa Way  
Los Altos, California



*A weekend gathering that brings together researchers and lovers of A.A. history to share the experience, strength and hope of the members and groups who came before us.*

All Inclusive Registration

**Shared Room \$325 / Private \$400**

*Housing & Meals included*

\$25 discount code expires Aug 1: EARLYBIRD25

[www.aahistorysymposium.org](http://www.aahistorysymposium.org)

A.A. on Reservations  
San Quentin Group  
Bill's "Spook" Sessions  
Debate over Special  
Purpose Groups  
The Spanish Big Book  
Al-Anon Pioneers

**AND A SPECIAL  
PRESENTATION BY THE  
G.S.O. ARCHIVIST**



**JOIN US!!!**



# **TUCYPAA**

**Tulare County Young People in Alcoholics  
Anonymous**

**Unity. Service. Recovery.**



**For more info contact:**

**"L"**

**559-972-3210**

**Henry**

**559-977-4360**

**Amy**

**559-280-2679**

**Every 1st and 3rd Sunday at:**

**First Jesus Name Church of Cameron  
Creek**

**29076 Road 164**

**Visalia, CA**

**OUR MISSION:**

**Support young alcoholics in their recovery through the 12 steps**

**Promote unity among alcoholics of all ages**

**Encourage young members of A.A to participate in A.A.'s general service structure**



# *Your Content Here!!!*

Have an event????

New group starting up?????

Have a story to share???

Take some amazing photos around our district???

Want to be of service????

All this can be accommodated-we are available to help! Simply reach out to us here at Central News and we will do all we can to get the word out!!!

Carrying the message to the Alcoholic who still suffer is our primary purpose. What better way to do it then to get involved!!!!

Send your content to:

[centralintergroupnews@gmail.com](mailto:centralintergroupnews@gmail.com)

... and we will help you communicate to district 47!!!

