

# CENTRAL NEWS

October 2018



## *Will, Through A. A., Fosters Spiritual Grace*

Early Morning Landscape Visalia, CA Allen L

“The fact is that most alcoholics . . . have lost the power of choice in drink. Our so-called will power becomes practically non-existent . . . We are without defense against the first drink.” (Alcoholics Anonymous, p. 35).

I

We reject the view that there is nothing about a drinker that the exercise of a little will power won't cure. We accept the dictum that whatever will power the alcoholic does possess is impotent to curb the urge to drink. We assert that alcoholics are compulsive drinkers. Our program starts at these hypotheses. It is on these premises that the alcoholic in some degree has been absolved from moral responsibility for his conduct.

The foregoing notwithstanding, we offer to the alcoholic a Program of Recovery, the central point of which is that he makes a decision to turn his will and his life over to the care of God (as he understands Him). At the outset, therefore, we suggest to the alcoholic that he make a decision, that is, that he make up his mind. He is called upon, without reservation or qualification, to make an election, to exercise an option, to choose between alternatives, to resolve a dilemma. He is expected to reach a conclusion, to make a determination, to render judgment, to choose the right fork in the road.

Does not the 3rd Step (to which we have been referring), presuppose a modicum of will power; is it not linked, like all morality, to a hazardous theory of free will? Or is there a distinction between the two? Indeed, it has been heretofore suggested in these columns that once the alcoholic realizes the nature of his malady and that “there is a solution,” an element of moral responsibility enters into the situation, so that the alcoholic may no longer plead his “sickness” in extenuation of wrongs committed.

Is there, then, a conflict between the doctrine of free will insofar as it is implicit in the program and the theory that the alcoholic is deficient in will power in the domain of alcohol?

Answering these questions, it is submitted that there is no such discordance. On the contrary, examination of the concepts of free will and will power and related human attributes reveals a potential inner harmony in man corresponding to the moral order of the universe. It supports the validity of the program.

Such an inquiry does not, as one might suppose, involve a consideration of controversial theological speculations based upon scriptural texts and dogmatic postulates. Nor does it require a study of the hair-splitting formulae of mechanistic psychology. We learn much, however, from

spiritually minded psychologists who have not excised the “psyche” (soul) from their psychology. And we obtain the answers from writers in the Christian tradition who give an adequate account of the observable facts of grace and inspiration and imagination and their relation to be observable facts of free will.

## II

In its psychological aspect, as David Sea bury demonstrated a generation ago, we must discard the common notion that the will is a sort of psychic muscle, which, like the biceps, can be exercised and developed into a powerful and combative instrument. We must also abandon the notion that the will can or should be restrained, repressed or coerced. For these ideas, there must be substituted the basic doctrine of reliance and self-development.

This doctrine is based on the principle that the will is not a separated or insulated organ, but “the total expression of the impulsive energies of the human being, and thus inseparable from instinct, desire, emotion, sentiment, interest and the deliberative processes which lead to determination.” These are the motive trends of the psychic. Therefore, if volitional expression is found to be vitiated by misdirection of unspent emotion or obstinate misunderstanding, common sense dictates a thorough self-examination, possibly reaching into The past and exploring hereditary and environmental factors in order to locate the congestion. Then, the blockages must be dynamited, memory cleaned of its debris, the mind opened to new attitudes and the life given new aims. By a series of successive, tangible steps of this character, the will may be liberated.

Liberation, however, is not enough. There must be direction and guidance. “The soul guides the will and is not mastered by it, which is only another way of saying that the soul may direct itself with wisdom; for if the will is a union of all primary forces, it can be but a union of the soul’s energies.”

Guided us it is by the soul, the will is nevertheless a reflection of the imagination. It might be said that as a man imagines so he is. As long as he calls before his gaze an image of sickness (alcoholism or whatever else), his responsive organism will obey the pattern of his mind. If the image is one of well-being, his will answers accordingly. “The inner picture of today creates and recreates the man of tomorrow.” When the formative power of the mental image is recognized, and its influence on the will is understood, the problem of will power is virtually solved.

The first job, then, is by analysis and examination to clear and free the will. The second is a matter of right direction. Intelligence will chart the course, but the power of the will must be animated by the impulse of live interests. These will be supplied by the inward vision of an imagination turned away from negative and despairing pictures and towards affirmative and constructive ones. The individual faces forward. As Mr. Sea bury says:

“The individual who has experienced such a release finds all life transformed and himself in a new relation to it; nor is the miracle true only in bodily relations. As men are sick or well, first of all as a result of the way they have lived, and as this has followed the guiding images of the thought, so men are good or bad, strong or weak, brave or fearful, sane or insane, largely in obedience to the imagination.”

This happy result follows if we regard the will not as an isolated faculty but as composed of a whole series of elements such as wishes, interests, attention and the like—elements which may be guided and directed in the choice and release of ideas-- ideas that will be suitable stimuli to the will and lend to happiness and success. Mark how every Step in the A. A. program contributes to the creation of serviceable habits, the heightening of the imagination, the formulation of constructive and rational affirmatives, and so to the eventual liberation of the will on the highest level of being.

Thus viewed, the alcoholic’s so-called lack of will power need not long stand in the way of his return to sobriety and of the opportunity of expressing his best self. He may, above all, attain the power of decision which is the highest expression of volition governed, however, by forces over and beyond the power of the will. This power of determination is not a function exercised for an instant, once and for all. It is rather a continuing process, evolutionary in development. It is “work in progress” as William James might have put it. It is based upon constructive and rational affirmations and the building of a forward-looking altitude.

## III

Despite its immutability, truth is a jewel of many facets, set in diverse planes and positions, through which its essence may be observed in varied but consistent aspects. It is, therefore, appropriate to look upon the will not only, as we have said, as a reflection of the imagination but as a function of the process of extroversion. As Aldous Huxley says, we have been given free will in order that we may will our self-will out of existence and so come to live

in a “state of grace.” Defined in psychological terms, grace is something other than our self-conscious personal self, by which we are helped.

Of the three kinds of grace, animal grace is said to be that which comes when we are living in full accord with our own physical nature on a biological level. Human grace comes to us from persons, social groups (including A. A.), and from our own wishes, hopes and imaginings projected outside ourselves. Spiritual grace, with which we are here principally concerned, is derived from our ideals.

Spiritual grace involves, in its most perfect form, a willing away of the self-will to the point where it may in truth be said, “Not I, but God in me,” and “Not my will but Thine.” While we all fall far short of perfection in thus rendering ourselves capable of receiving the grace which is from instant to instant being offered to every soul, most of us do contrive to forget, if only partially, our preoccupation with “I,” “me,” and “mine,” and do attain, from time to time and in varying degrees, a state of spiritual grace.

Turning to the book Alcoholics Anonymous, we find our analysis verified in the following passage at page 98: “Every day is a day when we must carry the vision of God’s will into all of our activities. ‘How best can I serve Thee— Thy will (not mine) be done.’ These are thoughts which must go with us constantly. We can exercise our will power along this line all we want. It is the proper use of the will. Much has already been said about receiving strength, inspiration, and direction from Him who has all knowledge and power. If we have carefully followed directions, we have begun the flow of His spirit into us. To some extent we have become God-conscious. We have begun to develop this vital sixth sense.”

The “activities” referred to in the quotation are the activities of service and interest already discussed. The “vision” is the imagination which we have said colors the will. The “vital sixth sense” is the spiritual grace we have tried to describe in relation to free will.

Free will may be expressed in terms of surrender as Huxley does in this statement: , “All our actions must be directed in the last analysis, to making ourselves passive in relation to the activity and the being of divine reality. We are, as it were, acolian harps, endowed with the power either to expose themselves to the wind of the spirit or to shut themselves away from it.” Or, more positively, in the following passage from the writings of St. Francois de Sales, a most extraordinary description of the psychodynamics of the soul: “God did not deprive

thee of the operation of His love, but thou didst deprive Him of thy cooperation. God would never have rejected thee, if thou hadst not rejected His love. O all-good God, Thou dost not forsake unless forsaken, Thou never takest away Thy gifts until we take away our hearts.”

IV

In summary, moral psychology and empirical religion supply the answers, the same answers, to the questions propounded at the outset. They begin with rejecting the “muscular” theory of will power and conclude that one’s true free will is God’s will. They declare that the will is not a single property of human nature but a union of the soul’s energies. They emphasize the preponderating influence of mental images.

Progressive liberation of the will and union with infinity are phenomena which, when they happen, do so concurrently; it is as difficult as it is immaterial to tell which is cause and which is effect. Suffice it to say that there is no genuine conflict in man’s many-sided nature. We are done with the old notions about “self-mastery” and subjugation of self. The now dispensation rests on self-direction and the power of self-reliance in the Emersonian sense. Our salvation depends upon the release and direction of the finer forces of human nature by the principle of their affirmative emphasis to ever higher levels of accomplishment. This is the process of psychosynthesis, beginning where analysis leaves off, recognizing and utilizing the soul as the dynamic core of human personality . Above all, let us not in the process be blind to the inner light which illuminates the limited wisdom of the secular and finite mind, for as George Santayana said: “It is not wisdom to be only wise, And on the inward vision close the eyes.”

—R. F. S. Montclair, N. J.

## Step 10

*Continued to take personal inventory and when we were wrong promptly admitted it.*

First paragraph in the 12 x 12 pretty much explains it all. “Can we stay sober, keep in emotional balance, and live to good purpose under all conditions?” Well it depends on what day you ask. HA I do believe the emotional hangovers I carry sometimes are far worse than the alcohol induced ones.

I don’t believe we are supposed to sit all day and contemplate all of our f-ups, but I know when I have

# Tradition 10

*“Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.”*

done or said something that did not need to be done or said by me. I really don't need others to point it out, I am well aware when my behavior is not on a spiritual plane. I am much better today than when I was newly sober, but I still make mistakes, and need to correct them as soon as possible so I can live to good purpose. Nothing pays off like restraint of tongue and pen, too bad I did not get that suggestion on page 91 the first time, or the second, or who knows how many times. HA

Another favorite page is 92- “As an insurance against big-shot-ism we can often check ourselves by remembering that we are today sober only by the grace of God, and that any success we may be having is far more His success than ours.” I love this entire step, and I promise this will be my last 12 x 12 quote: “Finally we begin to see that all people, including ourselves, are to some extent emotionally ill as well as frequently wrong, and then we approach true tolerance and see what real love for our fellows actually means.”

I have been sober for 29 years, and I still have a hard time seeing my part in some situations. Some people can be very challenging at times, to say the least. It is mostly when my feelings are hurt, or pride gets in the way of me seeing things clearly. Thank God for sober AA friends to help me see things differently today. Not every situation we find ourselves in is entirely our fault, but the part that is my responsibility is how I choose to react. That is all I did in the past is “react”, but today I have a choice. I can be kind when I don't want to be, understanding when I really don't understand the situation, and loving of that person, that would be the most difficult for me. I have found that I do feel much better when I don't act out hastily in situations. I had the opportunity to practice that in a text I received a week or so ago, that upset me. I did a lot of breathing, called a few people, waited to reply, and then came up with an answer that did not hurt myself, or the other person. I could of quickly responded with a lot of hurting comments, and I am glad that I did not. I have learned over the years that I don't really like making amends over and over, so when I keep my mouth or typing fingers shut, I don't have to. Some days I just have to let people be who they are, and let God be in charge. I know he could really use my help, but just for today, I will let him do his job. HA

Julie M.

This tradition as written is fairly self explanatory. It is pretty easy to see from the early days of A.A and other organizations what happens if this tradition isn't followed. We are not different from other people as far as having our own ideas about issues. Religious, political and other issues. We as AA groups oppose no one,

Of course we as individuals have our own opinion on these matters, this is fine as long as we don't try to make it appear to be the opinion of Alcoholics Anonymous. Having no opinion on outside issues as a fellowship we are able to try to help anyone with an alcoholism problem, no matter what their opinions on other issues. Being neutral on outside issues is a good way to keep from being drawn into public controversy. We are here recovery from alcoholism and to be able to carry the message of recovery and have no opinion on other issues.

Bob H.

## Contributions

### Birthday Club

Don H.	Porterville	
45		
Lawrence S.	Visalia	36
Hal W.	Lemon Cove	31

### Individual Contributions

Anonymous  
Jim K.  
Mike S.  
Julie M.

### Newsletter Contributions

None

### Memorial Contribution

None

## *Going it alone....we think not!*

I am leaving Tulare County. We are moving. I will continue to work in Santa Clara/San Francisco; we will live in Bellingham, Wa. This move is motivated by family, which is a wonderful thing. I don't feel that I am leaving the A.A. Community. This is where I have recovered and my sobriety was founded. I will be forever grateful to the Fellowship and the sponsorship I have been a part of in Tulare Co. I loved it here, and will miss it. I am not leaving A.A. My sobriety is based on an unshakable faith in the God I found and continue to find, in the Twelve Steps. I am not willing to go it alone in recovery. Maybe I could stay sober on my own. (I couldn't before I got to A.A.) But maybe I would be like the man who jumped off a ten story building. When he passed the fifth floor, he was heard to say, "So far, so good". I do not want drop out of A.A., not drink for a year or so, then say,"So far, so good". I might end up splattered on the sidewalk.

One of the joys of recovery is service work. I have had a number of jobs in our A.A. Community. Some were high profile, some were low, all were fun. In 2011, when I had six months sober, I had a job selling drinks at the Central Office picnic. The drink table was far away from the speaker podium, and it was difficult to hear the message. I thought we could do better. With the support of my significant other, Craig W., I started putting some gear together. We have used this gear to provide sound and music at Richie Barn, the New Years dinner, Valley Speaker series, and anywhere else A.A. needed it.

We are giving it to you, the Tulare Co. Fellowship. There is a 100 watt, small system, with 10 inch speakers. We use this for workshops. There is a 2000 watt power amp, a mixer, two 12 inch speakers, two 15 inch speakers, speakers stands, two mic booms, three desk stands, four wired mics, and two Shure 58 wireless mics. There are hundreds of feet of speaker and mic cables, plus mic clips and accessories. The Central Office has accepted this, and will store it at the office in Exeter. Justin R. will be the keeper of the gear. He knows his stuff, and is writing a concise set-up manual, so anyone can use it. Craig and I are donating these systems for the use of A.A. members, at A.A. events.

Over the last seven years, we have had an awful lot of fun with it, and we hope others will too. If you need sound at your A.A. event, give Central Office a call, and get hooked up. Life is not meant to be a vale of tears, so crank up the music.

We look forward meeting you on the road of Happy Destiny.

Au revoir,

Mark G. San Francisco, Ca.

## *Central Office Contacts*

Answering Service Calls	2
AA Members	8
Court Ref/Info	5
Meeting Information	12
H & I	0
Alanon & Alateen Information	1
Info. re Recovery Homes	1
Schedules & Info-Mailed & Faxed	1
Bridging The Gap	1
Other 12 Step Programs	3
Visitors to Office	45
Literature Sales	10
Specialty Sales	28
Churches & Schools	0
General Information	8
Prospective Members	1
Twelve Step Calls	0
E-Mail Contacts	16
Spanish Contact	2

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<b>Total</b>	<b>144</b>
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## Rainbow AA Visalia Meeting

This October 2018, we will be celebrating our 11th Anniversary as the only Gay AA meeting in Tulare County. Although, Tulare County previously had a Gay AA meeting, this is the longest active continuous meeting. We meet every Saturday from 5:30PM to 7:30 PM at 840 S. Akers, Polar Bear Room in Visalia. This is an Open AA meeting and everyone is welcome. We have a Fellowship that includes all walks of life and seeking recovery from various addictions. Our regular members are active in Service Positions and the meetings include people visiting from Fresno, Kings, and Kern Counties.

We are honored to have many regular members who are not GLBT, but attend because they state the Rainbow Group is open to all and is very non-judgmental. This group was founded by three members and now averages 30 members, from Newcomers to Long-Timers. People on vacation, traveling through the Central Valley or visiting family/friends in the Visalia area are happy to know that there is a Gay AA meeting they can attend and make new friends.

We stress spreading the Message and not the Mess. A timer is used at our meetings. Our forma clearing states that if your addiction is other than alcohol you are welcome to participate. The founding members felt this was important (even though it violates Tradition Three) due to the fact that in 2007, there were no Gay meetings for people to share openly and honestly about their personal lives, struggles, and other addictions. And not to be judged in a negative way and to make a safe place for GLBT persons to meet on a regular basis, build a healthy support system with others who have true empathy. Our Sharing, Caring, Laughs and Tears bind us together as we Trudge this Road of Happy Destiny

Weekly, we hand out Chips/Medallions for various lengths of sobriety. On the second Saturday of the month after the meeting, we hold our Business Meeting. On the last Saturday of the month we celebrate Birthdays/Anniversaries with a delicious cake.

I would like to thank Kaweah Delta Hospital for allowing us to rent a room in their Rehab Hospital.

Sincerely,

Reyes --- Two Spirits

## October AA Birthdays

Name	City	Years
Carol J.	Woodlake	55
Linda D.	Visalia	46
Susan S.	Visalia	43
Oly S.	Visalia	39
Jerry D.	Tipton	37
Bill H.	Tulare	36
Richard W.	Tulare	36
Ruben F.	Corcoran	36
Albert M.	Tulare	34
Diane L.	Tulare	34
Jodi B.	Visalia	32
Terry C.	Strathmore	32
Andy C.	Exeter	31
Kay B.	Tulare	31
Marjorie Mc.	Visalia	31
Bill L-BBB	Dinuba	31
Mary C.	Three Rivers	30
Dorothy O.	Exeter	30
Nancy B.	Visalia	30
Ron B.	Visalia	30
Jerri T.	Visalia	30
David B.	Visalia	29
Gary H.	Visalia	29
Gil C.	Visalia	28
Jack H.	Visalia	28
LGK	Visalia	28
Caryl E.	Visalia	28
Sharon B.	Visalia	27
Elizabeth M.	Visalia	27
Tanya R.	Visalia	27
Greg M.	Tulare	26
Kathy H.	Visalia	25
Linda J.	Pixley	23
Marge M.	Woodlake	22
Debbie J.	Visalia	22
Eileen F.	Visalia	22
Emma T.	Visalia	20
Brian R.	Visalia	20
Melody F.	Exeter	19
Donna K.	Porterville	19
Jan P.	Visalia	17
Eddie J.	Porterville	14
John W.	Visalia	14
Shelly	Visalia	13
Teddy B.	Visalia	11
Lucretia D.	Porterville	10
Craig W.	Visalia	9
Tiffany J.	Porterville	8
Veronica H.	Springville	6
Christine C.	Springville	6

# Central Service Meeting

September 11, 2018

**MEETING CALLED TO ORDER:** 7:00 by Julie M.

**CENTRAL OFFICE BOARD MEMBERS PRESENT:** Julie M., Bob. H., Stella T., Louise G., & Sheri T.

**BOARD MEMBER ABSENT:** None

**SERENITY PRAYER:** Julie M.

**12 TRADITIONS:** Louise G.

**SECRETARY REPORT:** Louise G. Motioned and Stella T. 2nd

**BOARD OF DIRECTORS MEETING:** Julie

**TREASURER REPORT/OFFICE REPORT:** Bob H. - We had an income of \$3,497.25 and expenses of \$3,372.67 for a gain of \$124.58 for this accounting period. Group contributions were excellent. We received \$600.00 contribution from the Sixth Annual Central California Roundup held in Fresno. This contribution is gratefully appreciated. Sales were about average. Expenses were normal monthly expenses. We collected \$214.63 in sales from 4 Credit and Debit card transactions in July. Office operations are going normally.

**PI/CPC:** Stella T. - None to report

**WEBSITE REPORT:** David reported 6,306 page views in 30 days with 903 unique visitors.

## **STEP FOR NEWSLETTER – VOLUNTEER**

October Step 10 Julie M. Due to CentralintergroupNews@gmail.com 9/20/18

November Step 11 Sheri T. Due to CentralintergroupNews@gmail.com 10/20/18

## **TRADITION FOR NEWSLETTER-VOLUNTEER**

October Tradition 10 Bob. H. Due to CentralintergroupNews@gmail.com 9/20/18

November Tradition 11 Louise G. Due to CentralintergroupNews@gmail.com 10/20/18

**H&I REPORT:** - We currently have 7 women badged to visit correctional facilities. Some of the men are getting retrained and things are going well. Next H&I meeting will be a pot luck.

**GSO LIAISON-** Allen L. - Next service fair plans are being made with a tentative timeframe of being hosted in January or February but definitely not for Fall this year. A topic that may be offered is the different service opportunities that exist in district 47.

## **CSR REPORTS:**

**Doug H.-Acceptance Group-**This is an open, Gay AA meeting in Porterville but everyone is welcome. We meet at the First Congregational Church on Fourth & Mill. This is a 1 hr meeting from 6-7 pm every Wednesday. The meeting has been growing, there have 20 - 25 people in attendance recently. We discuss what is going on in your sobriety today. Birthdays are celebrated on the last Wednesday of the month. Our group has been able to

contribute

to Central Office. Mix off old and new sobriety.

**Doug H.. -Springville Gut Level Group-** This meeting meets every Thursday from 7:00-8:30 at the Lighthouse Chapel in Springville. This is an open meeting and all are welcome. Lots of old and new sobriety. This meeting is growing- about 20-25 people.

**Monica R.- Women's Amity Group-** We meet every Tuesday from 6:30 - 8:00 p.m.. This is a closed women's meeting. We give chips for sobriety. One year birthdays are celebrated. Weekly and all other birthdays are celebrated at the end of the month. We are located at 6400 W. Walnut Ave. in Visalia.

**Monica R.- Porterville Young People's RSVP group -** This is an open meeting located at the First Congregational church in Porterville at 6:30 on Fridays. We give chips at this meeting and have we have someone chair the meeting. We welcome people of all ages. We define young people as anyone with room to grow.

**Trudy W. -Lindsay Fireside Fellowship-** We meet Thursday evenings from 7:30 - 8:30 in the Fireside Room of Lindsay United Methodist Church (corner of Honolulu & Gale Hill due east of post office and city hall.). We are an open meeting; a small number of regulars welcomes newcomers and card carriers equally, sharing sobriety old and new. We celebrate annual birthdays the last Thursday of the month, and give chips for monthly progress every week. Come help us keep the lights on for this community with recovery needs.

**Trudy W. Exeter Quiet Trails Group -** We meet every Tuesday evening in the Exeter Methodist Church fellowship room at the corner of palm and D Streets. We are an open meeting welcoming newcomers and old timers alike. We celebrate birthdays the last Tuesday of the month. Please join our small town fellowship 7:30-8:30 p.m.

**Billy B. Bridge Street Drunks Only—** We have 20 meetings a week. 7am meetings closed to AA's only and have about 20 average in attendance. It is a meeting with good long-term sobriety and a good mix with newcomers. This meeting is 7 days a week. Noon meeting 7 days a week. About 20 average attendance. Mon-Fri are closed meetings. Sat & Sun are open meetings. Women's meeting on Monday 5:30 pm with good attendance. 1 hour 5:30-6:30. Tuesday evening Literature study now in "As Bill Sees It" about 10 in attendance. 6-7 and is open. Thursday 7pm primary purpose meeting about 30 in attendance. Open meeting. Good place for newcomers to study the big book. Easy to find a sponsor who will take you through the steps- open. Saturday evenings 7pm which is an open discussion meeting- 7-8. Sunday evening 10th step meeting- discussing of AA inventory now moved to 5pm. Closed meeting for AA's only. Holiday Meetings: Christmas Eve- Midnight to 1AM on Christmas. New Year's eve - Midnight to 1 AM New Year's day- open. Birthday

meeting is the last Saturday of the month. Alternates between after 7pm meeting and noon meetings.

**Erica E. Young & Restless**— Young & Restless meets Wednesdays at 7pm 120 N. Hall in Visalia. We are a young peoples meeting for all ages. Please come and share your experience, strength & hope.

**Louise Greene- Rainbow**— The Rainbow group meets Saturday's from 5:30 - 7:00 pm in the Polar Bear Room at Kaweah Delta Surgery Center on Akers. This is an open discussion meeting with business meetings held the 2nd Saturday o the month & birthday's are celebrated on the last Saturday. Attendance averages around 20 members. A timer is set for 5 minutes so that as many people as possible can share. The chairperson shares for only 10 minutes and picks a topic for discussion. There is a good balance of old timers, new comers, & "middle-agers".

**OLD BUSINESS**

- 1. New Years
  - a. Speaker Wayne B./ Lindsay Memorial Bldg
    - 1. Planning meetings held before the CSR meeting's at 6:00PM
    - 2. A catered Mexican dinner with Fiesta theme was voted and approved on

**NEW BUSINESS**

- a. Office Days & hours & employees with concerns of board's performance addressed by Cheryl H.
  - 1. Concerns were read by Cheryl H.
  - 2. Sheri T., active board member, acknowledged truths in concern as well as noting that certain concerns made were absolutely false.
  - 3. As a result of concerns Central Office will be closed on Saturday's effective immediately.

**SEVENTH TRADITION:** \$58.75

**Announcements:**

Soberfest Oct. 13th- back to the 40's with try-tip & speaker at 7pm.

**MEETING ADJOURNED:** 8:00 pm

Respectfully submitted,

Sheri T.

**\*\*\*Minutes are a general description of the CSR meeting and may not represent specific comments.**

# Financial Report

TULARE COUNTY CENTRAL OFFICE

**Income & Expense Statement**

8/21/2018 THROUGH 9/20/2018

<u>INCOME</u>	<u>MONTH</u>	<u>YEAR TO DT.</u>
B.Day Club	112.00	613.44
CD & Tape Cont.	15.00	55.00
Group Cont.	1,889.14	17,382.33
Indiv Cont	75.00	5,185.80
Lit. Sales	807.25	4,947.76
Memorial Cont.	0.00	0.00
Misc.	0.00	175.90
Newsletter Cont.	0.00	48.00
S & H	0.00	0.00
Sales Tax	61.16	571.02
Spec. Events	0.00	7,746.08
Spec. Items	339.75	3,669.67

**TOTAL \$3,299.30 \$40,395.00**

<u>EXPENSES</u>	<u>MONTH</u>	<u>YEAR TO DT.</u>
Ans. Serv.	40.00	360.00
Fees-Taxes	0.00	84.95
Insurance	0.00	550.00
Lit. Costs	574.90	4,420.23
PI-CPC Expense	0.00	0.00
Misc Expense	0.00	175.90
Newsletter Cost	0.00	0.00
Office Exp	284.82	2,398.27
Office Equip.& Maint	0.00	708.16
Phone & ISP	183.33	1,626.23
Postage	0.00	100.00
Employee Taxes	0.00	4,505.75
Rent	525.00	4,725.00
Salary	1,297.82	12,365.59
Sales Tax-Paid	0.00	763.00
Security System	158.76	455.46
Spec. Events	585.00	4,040.63
Spec. Items	8.00	1,838.00
Card Charge	8.89	57.62
Utilities	35.97	586.13
Website	5.00	70.38

**TOTAL \$3,707.49 39,831.30**

**Net Gain(Loss) (\$408.19) \$563.70**

**BEG. TOT. ACCT. BAL: \$13,327.45**  
**END. TOT. ACCT BAL: \$12,919.16**

## Upcoming Events

**Have an Event?? Send an Email:**  
**centralintergroupnews@gmail.com**



# Group Contributions

8/21/18-9/20/18	Month	YTD
10th Ave Men's-Lemoore	16.95	60.51
ABC Group		180.00
Alpha-Wed-Tulare		60.00
Attitude Modification-210	250.00	1,000.00
Breath of Fresh Air		900.00
Bridge St. "Drunks Only"	345.45	3,178.86
Central Calif. Roundup		600.00
Civic Center Grp.		225.00
Clodbusters-Tulare	100.00	812.00
Crossroads-Tulare		150.00
CSO Meeting	58.75	362.75
Dinuba Grp	40.00	130.00
District 47		400.00
Dr. Bob & Friends		105.00
Exeter-Quiet Trails	100.00	200.00
Exeter Sun Afternoon	150.00	300.00
Foundation Group		144.45
Freedom Fellowship		665.00
Fresno Village Group		350.00
Fri. Night Study Tulare		30.00
No. Cal H&I		0.00
Half & Half	143.10	293.10
Lemoore Sat 12x12		100.00
Message of Hope		0.00
Monday Men's Mtg.		200.00
Monday Night Live		0.00
Mid Valley-Tulare	200.00	200.00
Mon Book Study-S'ville		0.00
Mon Lit Study-Visalia		0.00
Monday Meditation-Visalia		0.00
Mon Men's Book Study		0.00
Nooners Group-Visalia		500.00
Pine Recovery AA Mtg		30.00
Porterville Young People		0.00
Practicing The Pinciples		0.00
Rainbow Group	115.60	401.60
Rule 62-Visalia		0.00
Serenity Junction-Tulare		0.00
Serenity Seekers AM-Visalia		459.63
Soberfest Groups		0.00
Wed. Sobriety Celebration		0.00
Springville Gut Level		124.50
Sun Bkfst Spkr Mtg	225.00	692.00
Sun PM Serenity Seekers		120.00
Tulare Young People		146.57
Tulare Co. Young People		28.05

Tulare Fri. Book Study		20.00
Tulare 2nd Fri Spkr Mtg		300.00
Tulare Tuesday Night		500.00
Tulare Sunday Night		0.00
Tues. Men's-P'ville	60.00	180.00
Three Rivers-Monday		0.00
Unity Thru Traditions		243.05
Valley Group		300.00
Valley Speaker Series		1,121.00
Wandering Couples		161.00
Wed. Acceptance, P'ville		700.00
Weekend Attitude Adj.		100.00
Women's Amity-Visalia		244.31
Women's Changes-P'ville	84.29	84.29
Women's Fri. Night-P'ville		0.00
Women's Sat AM 12x12		281.76
Young & Restless		28.00
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Total	1,889.14	17,382.33

## Service Meetings AND ADDRESSES

GSR Meeting at Central Office  
449 E. Maple St., Exeter, CA  
Wednesday, October 3, 2018 at 7:00 PM

CSR Meeting at Central Office  
449 E. Maple St., Exeter, CA  
Tuesday, October 9, 2018 7:00 PM

H&I Meeting at Alano Club  
Visalia Alano Club, 1311 W. Murray  
Saturday, Nov. 10, 2018 at 9:00 am  
2nd Saturday of odd months.

### SERVICE ADDRESSES

#### Tulare County Central Office

449 E. Maple St.  
Exeter, CA 93221

#### District 47, C.N.I.A.

P.O. Box 273  
Exeter, CA 93221

#### CNIA Treasurer

PO Box 161712  
Sacramento, CA 95816-1712

#### General Service Office

PO Box 459, Grand Central Station  
New York, NY 10163

# Lighter Side of AA

## WE ARE NOT A GLUM LOT

### The Corvette

After 25 years of sobriety, hard work, and God's blessings an alcoholic realizes his dream and drives a brand new corvette convertible off the lot.

He hits the gas and before he knows it he's doing 80 MPH and he sees a CHP Officer pull up behind him with those red lights on.

Something came over the alcoholic and he floors it, up shoots the speedometer... 90, 100, 110, 120... just then his Higher Power takes over and he thinks what am I doing? Quickly, the alcoholic pulls over to face the music.

Pulling in behind him the CHP officer walks up to the window of the shiny new Corvette, looks at his watch, and says "sir, my shift ends in 30 minutes and it's Friday if you can give me a good reason for speeding that I have never heard before I will let you go."

The old alcoholic paused for a second then said, "years ago my wife ran off with a CHP officer, I thought you were bringing her back."

"Have a good day sir," replied the officer.

### License Plate

Directions to... Heaven.... turn right, go straight.

Theresa S--Visalia

Have a Joke???? Submit it to:  
[centralintergroupnews@gmail.com](mailto:centralintergroupnews@gmail.com)

## Editor's Corner

I was just looking and the editors corner and I realized I hadn't updated it in a while. I can't believe this year is already almost gone! If your recovery could use a little pep, why not get involved in some service work, make coffee, greet a newcomer, or perhaps...write an article, personal story, or some experience, hey even a joke!!! Being involved with the production of this newsletter has really been an unforeseen source of serenity! Thank you for letting me be of service. Have a 2018 that is happy joyous, and free!!

[centralintergroupnews@gmail.com](mailto:centralintergroupnews@gmail.com)

Louie T.

## Speaker Meetings

**Porterville Recovery Club Speaker Meeting**  
186 W. Walnut Ave.  
Friday October 5, 2018 at 8:00 PM  
Speaker: - TBA

**Friday Book Study Speaker Meeting**  
1820 N. Gem St, Tulare  
Friday, October 12th, 2018 at 8:00 PM  
Speaker: -Danny S Visalia

**Sunday AM Breakfast Speaker Meeting**  
Veterans Memorial Building  
36000 Hwy 190, Springville  
Sunday, October 14th, 2018 at 10:15 AM  
(Breakfast at 8:30 to 10:00 AM)  
Speaker: Ben B. - Canyon Country, CA

**The Valley Group, Speaker Meeting**  
The Gallery @ The Creative Center  
410 E. Race Ave.  
Every Wednesday from 7-8 p.m.  
**Speakers for October**  
Oct 3- Candace J. of Fresno  
Oct 10 - Nick C of Kingsburg  
Oct 17- Danette L. of Exeter  
Oct 24- Bret R of Visalia  
Oct 31- A Very Special Halloween Guest!

**TUFYPAA Presents:**

# **ACYPPAA Summit 2018**

## **Nov 2nd-4th**

*Wyndham Visalia Plaza Park  
9000 W. Airport Drive  
Visalia, Ca 93277*

**ENTRY \$15 PRE REGISTER @  
[squareup.com/store/tufypaa](http://squareup.com/store/tufypaa)**



**Hotel Booking:  
[wyndhamhotels.com/groups/hr/acyppaa-summit](http://wyndhamhotels.com/groups/hr/acyppaa-summit)**

*Dont  
miss out!*

**contact:**

**Amanda T. 559-905-7273**

**Nic W. 559-217-9089**

**Chuck N. 559-668-7230**

THE VALLEY SPEAKER SERIES AND MENS ATTITUDE ADJUSTMENT GROUP PRESENT:

# **SOBERFEST 2018**

OPEN AA Step Workshop, Dinner & Speaker Meeting  
**Keynote Speaker: JOHN G. of Los Angeles, Ca**  
Sober 10 days, 8 Months, and 30 Years!

## **SAT, OCT 13, 2018**

15\$ Pre-Sale Tickets

11a-5p - Back to the 40's Step Workshop (newcomers who participate will receive a complimentary dinner ticket)

530p-630p - Ranch Style Tri-Tip and Spaghetti Dinner

7p Speaker Meeting (ASL Interpreter on hand)

**CHRIST LUTHERAN CHURCH**  
**3830 W. Tulare Ave, Visalia**



For Info:

Barbara V. 559-303-5761

Elgin M. 559-553-5736

Boo M. 559-303-2484

Bill H. 559-740-6813

# FEBRUARY 1-3, 2019 SYMPOSIUM ON A.A. HISTORY

**SAN FRANCISCO  
BAY AREA**

El Retiro San Iñigo  
300 Manresa Way  
Los Altos, California



*A weekend gathering that brings together researchers and lovers of A.A. history to share the experience, strength and hope of the members and groups who came before us.*

All Inclusive Registration

**Shared Room \$325 / Private \$400**

*Housing & Meals included*

\$25 discount code expires Aug 1: EARLYBIRD25

[www.aahistorysymposium.org](http://www.aahistorysymposium.org)

A.A. on Reservations  
San Quentin Group  
Bill's "Spook" Sessions  
Debate over Special  
Purpose Groups  
The Spanish Big Book  
Al-Anon Pioneers

**AND A SPECIAL  
PRESENTATION BY THE  
G.S.O. ARCHIVIST**

# *Your Content Here!!!*

Have an event????

New group starting up?????

Have a story to share???

Take some amazing photos around our district???

Want to be of service????

All this can be accommodated-we are available to help! Simply reach out to us here at Central News and we will do all we can to get the word out!!!

Carrying the message to the Alcoholic who still suffer is our primary purpose. What better way to do it then to get involved!!!!

Send your content to:

[centralintergroupnews@gmail.com](mailto:centralintergroupnews@gmail.com)

... and we will help you communicate to district 47!!!

