

# CENTRAL NEWS

April 2019

## *Make a Decision*

Springtime Oak, Exeter, CA Allen L

The A.A. Program is the very life line by which an alcoholic can pull himself back to a normal position in life. Don't toy with it. This is a serious matter. Insanity or an early date with the undertaker is awaiting you if you are powerless over alcohol and your life has become unmanageable. Let go and make a decision to turn your will and your life over to that Power greater than ourselves. You will have an experience that will be a revelation to you.

The newcomer who is here for the first time and who is dubious of this plan of recovery should look around. You may see someone whom you have been drunk with—someone you have met in a hospital or even someone you have been with in jail. Many of these people are working the A.A. Program. It is working for them. You, too, can work it and it will work for you—if you sincerely want sobriety more than anything else in the world.

Many men have hit bottom, all the way down, and have made a comeback by the proper application of the 12 suggested Steps in A.A. Some of these people were so near going off the deep end into obliteration that any plan or program for recovery seemed humanly

impossible to them—yet by the Grace of God and the help of A.A. they are here.

The A.A. Program of recovery embodies sincerity of purpose, honesty and tolerance through practicing the principles outlined in the 12 suggested Steps in your daily life—24 hours at a time. You can and will slowly recover, regain self-respect, the respect of others and finally regain your rightful position in life, physically, mentally, socially, emotionally and spiritually.

—Bob C. Washington, D. C. AA Grapevine April 1948

*Step 4* Made a searching and fearless moral inventory of ourselves

In my first months attending AA meetings, the words that first popped out of the readings for me were “fearless and thorough.” They seemed like goals in themselves, since most of my efforts over the previous few years were fearful and skimpy, half-hearted, as drinking took its inevitable toll on my life. When “fearless and thorough” became linked to “moral inventory” after

months more of listening, the whole prospect of doing the steps at all became intimidating. I almost didn't stop drinking just so that I wouldn't have to arrive at Step Four.

And I might not have made it, except that many people encouraged me with this primary observation from their lives: that completing step four (and its companion, step five, the sharing of the lists of the inventory with another, open-eared, open-minded human being) would be liberating beyond my imagination. And after realizing that my lists couldn't be that much worse than other peoples' lists in the fellowship, I got brave enough to find a sponsor to begin.

'Twas Grace that brought me a sponsor competent in step work and patient enough to allow me to move at my own pace. We took our time through the first three steps, because, as she assured me, once I was safe and secure in Step Three, the fearfulness of Step Four would vanish. And it did.

I took an interminable amount of time, it seemed to me, going through my resentments and past relationships, my fears, but since I didn't lay down my bottle until I was 65, my time frame is pretty extended. There's more ground to cover than if I were 35, and my memory isn't as reliable as it once was. Earlier this spring, as we prepared to enter Step Six, I found some pockets that had not yet been emptied, and turned back to integrate those observations with what I'd found before. I doubt that I will ever be through with the inventory; thank God there's a place up ahead to do some of that work.

I think what I've found to be the most important thing about Step Four, however, is what I've learned about the relationships between resentments and anger and fear, quick judgments and slow-burning reactions. They're all part of each other. It's like a swamp: everything feeds on everything else, and the decomposition of your life is going on in the mud. Going through Step Four, as thoroughly and fearlessly as possible at that moment, is the way we give that swamp a name, and then step away onto firmer ground.

In fact, I think Step Four could even be done partially and fearfully. It's the turning point, the place in sobriety where we begin to leave the past behind. Traveling mercies, friends.

-Trudy W

**Tradition 4** *Each group should be autonomous except in matters affecting other groups or AA as a whole.*

The language of this tradition suggests we should express ourselves freely as it pertains to the conduct and operation of our groups/ meetings.

In a Grapevine article, November 1950, Bill W. wrote: "for each of us knows, instinctively I think, that AA is not ours to do with as we please. We are but caretakers to preserve the spiritual quality of our fellowship"

In our 12 x 12 this tradition to two and only two storm signals—"a group ought not do anything which would greatly injure AA as a whole, nor ought it affiliate itself with anything or anybody else."

What would come to mind here is awareness—how many times have I used my freedom to impose on others without consideration? Do I stand on autonomy as a justification for doing or behaving in any manner I choose? Do I lose sight of the two simple tenants of this tradition by expanding it to my self-promoting ends?

I may lose sight of my "caretaker" responsibility any time I express my opinions about the operation of other groups. In doing so I violate the spirit of Tradition 4. My Home Group conscience is something that I am a part of and grateful for. I would not accept someone acting contrary to our group conscience just because that is what they do in "their" group.

Most good ideas are simple. While I can't conceive of promoting myself at the expense of AA, getting along with my neighbors proves more difficult. My home group is a , no crosstalk, no chanting, no food fight meeting. If I choose to attend a meeting that allows all of that, it is not my place to try and change it. Also, it is not my place to sit in the back, scowling, muttering, and complaining.

# April AA Birthdays

The golden rule seems to apply here. Go along to get along. Try to be aware enough to recognize how the message of sobriety is being passed on, even if it is not my way.

If I try to go back to the spirit of this Tradition, as well as all the others, my participation and behavior can be simplified to something I can actually do: Protect AA's Steps & Traditions in their simplest forms. Try to be a caretaker of the Fellowship in all its forms and remember it is not a coincidence that Tradition 4 is where I find Rule 62: "don't take myself too damn seriously."

-Mike K

## Contributions

Name	City	Years
Jolene E.	Visalia	45
Bill M.	Visalia	42
Mike W.	Visalia	40
Cheryl H.	Springville	39
Sammy	Tulare	39
Wanda B.	Lindsay	39
Helen Z.	Visalia	38
Robin F.	Ivanhoe	37
Rocky R.	Dinuba	36
Rick D.	Visalia	35
Rick W.	Visalia	33
Janet T.	Visalia	33
Patty P.	Visalia	33
Clayton F.	Tulare	32
Charlie M.	Visalia	31
Julio Q.	Porterville	31
Neil N.	Exeter	31
Roger G.	Visalia	31
Sheila W.	Visalia	31
Brent G.	Springville	30
Kolene L.	Visalia	30
Kathy R.	Visalia	30
Danny	Porterville	30
Rick R.	Porterville	30
Albert G.	Visalia	30
Jim W.	Three Rivers	29
Shirley A.	Tulare	29
Karen L.	Sacramento	29
Sue H.	Visalia	29
T.O. A.	Lindsay	28
JC E.	Visalia	27
Joe S.	Porterville	27
John B.	Visalia	26
Mike R. Jr.	Woodlake	26
Maria W.	Porterville	26
Lindsay D.	Springville	26
Pat R.	Visalia	26
Nancy S.	Tulare	25
Catherine S.	Visalia	24
Marvin A.	Tulare	24
Fred F.	Imperial	24
Bill E.	Tulare	22
Kathy E.	Exeter	19
Jeff H.	Porterville	17
Sean M.	Visalia	15
John H. Jr.	Visalia	15
Ricky G.	Dinuba	15
Bill H.	Visalia	14
Carson T.	Exeter	11
Debbie	Visalia	11
Rick R.	Visalia	11
Lucinda A.	Visalia	10
Frank S.	Visalia	9
Sheryl E.	Springville	6
Alice S.	Tulare	3
Earl N.	Visalia	1

### Birthday Club

Jolene E.	Visalia	45
Cheryl H.	Springville	39
Marcie M.	Porterville	31
Trevor H.	Exeter	25
Anonymous		24
Steve S.	Visalia	8
Nick V.	Visalia	4
Justin R.	Visalia	2
Earl N.	Visalia	1

### Individual Contributions

Anonymous	
Bill E.	
Jolene E.	

### Newsletter Contributions

None

### Memorial Contribution

None

# Central Service Meeting

March 12, 2019

**MEETING CALLED TO ORDER:** 7:00 by Elgin

**CENTRAL OFFICE BOARD MEMBERS PRESENT:** Elgin M, Bob H., Mike S., Mike K... & Hal W.

**BOARD MEMBERS ABSENT:** None

**SERENITY PRAYER:** Led by Elgin M.

**12 TRADITIONS:** Jonathan T.

**SECRETARY REPORT:** Made a correction under CSR reports to read Trudy not Truday. Minutes were approved

**BOARD OF DIRECTORS MEETING:** Elgin M. is chairperson, Mike S. Vice Chair, Hal W. Secretary and Mike K is PI/CPC. A lot of discussion on how to raise funds for the Central Office and the changing of our By-Laws.

**TREASURER REPORT/OFFICE REPORT:** Bob H. - We had an income of \$4614.66 and expenses of \$3490.09 for a gain of \$1124.57 for this accounting period. Contributions were good. There was an anonymous contribution for the New Year's event of \$1200.00. We paid our office insurance for the year. Sales were about average. We had 5 transactions in credit and debit card sales totaling \$162.51 for February. Calls for information were about average.

**PI/CPC:** No report

**WEBSITE REPORT:** David reported in the last 30 days we had a 34% increase page views.

## STEP FOR NEWSLETTER - VOLUNTEER

Apr Step 4 Trudy W

May Step 5 Mike K

## TRADITION FOR NEWSLETTER-VOLUNTEER

Apr Tradition 4 Mitch K

May Tradition 5 Mike K

**H&I REPORT:-**No report

**GSO LIAISON:** The Treasurer was absent so there was no report. CNIA Pre-conference assembly is April 13 in Nevada City. District 47 Pre-conference Service Fair - Agenda items/planning meeting on 2/23 from 9 am to 12 noon at The Source in Visalia. Service Fair is March 30th at Center for Spiritual Living in Visalia.

## CSR REPORTS:

**Julie M - Acceptance Group-**This is an open, Gay AA meeting in Porterville but everyone is welcome. We meet at the First Congregational Church on Fourth & Mill. This is a 1 hr meeting from 6-7 pm every Wednesday. The meeting has been growing; there have been 20 - 25 in attendance recently. We discuss what is going on in your sobriety today. Birthdays are celebrated on the last Wednesday of the month; our group has been able to contribute to Central Office. Great group of newcomers and old timers.

**Cheryl H - Springville Gut Level Group-**Meets every Thurs at the Lighthouse Chapel in Springville from 7-8:30 pm. Open AA meeting. Gut Level has between 15 and 25 members attends meeting each week. Monthly business

meetings are held with lively discussion. The group congas the Board with a reminder that the Central Office is a Corporation. Groups and members are shareholders and do have a voice.

**Jonathan T.-Monday Men's Stag-**We meet every Monday night at 7:30 for a closed mens meeting located at 820 E Main in Visalia. We celebrate birthdays on the last Mon of the month and have lots of experience, strength and hope! Please join us!

**Mitch K - Bridge St Drunks Only-** We have 20 meetings a week. The morning is daily 7-8am a closed a meeting. Noon meetings Mon-Fri are closed with week-end meetings open. Monday evening is a closed women's meeting. Tues and Wen evening are study meeting. Thur evening is the Primary Purpose group. Sat evening is an open discussion meeting. All meetings have good mix from old timers to newcomers. A good place to find sponsor, cards are signed. Birthday meeting last Saturday of the month at noon.

**Trudy W - Lindsay Fireside Fellowship -** We meet Thurs evenings from 7:30 - 8:30 in the Fireside Room of Lindsay United Methodist Church (corner of Honolulu & Gale Hill due east of post office and city hall). We are an intimate, open meeting, discussing a new topic each week. A handful of regulars welcome newcomers and card carriers equally, sharing sobriety old and new. We celebrate annual birthdays the last Thurs of the month and give chips every week for monthly progress under one year. Come share your light in one of the longest-standing meeting locations in Tulare County. (From last month, no report turned in but the rep was there)

**Hal W - Exeter Quiet Trails Group -** We meet every Tues evening 7:30 - 8:30 in the Exeter Methodist Church in the fellowship room behind the sanctuary at the corner of Palm & D Streets. We are an open topic-discussion meeting with rotating secretary's monthly, welcoming newcomers and old timers alike. We celebrate birthdays the last Tuesday of the month. Please join our robust small town fellowship.

**Sheri T - Tues Women's Amity Group -** We meet every Tues from 6:30 - 8 pm. We are located at 6400 W Walnut Ave in Visalia. This is a closed women's meeting with a great mix of long term and new sobriety. We give chips for sobriety days and milestones. A speaker leads the meeting, sharing her experience, strength & hope then picks a topic. The last meeting of the month is a birthday meeting with a delicious cake. We have 25 - 40 women weekly. Great meeting!

**Patrick S- Messy Pants Winos -** Messy Pants Winos meets Wed at 7:00 pm (but come early!) at the Visalia Alano Club. This is an open meeting and old timers are appreciated. We do a call for sponsors who are willing to take on new sponsees and vice-versa. We do birthdays, with cake, on the last Wed of the month. This is a one hour meeting.

**Monica R - Porterville RSVP Group -** This is an open

young people's meeting where all ages are welcome. We give chips for various lengths of sobriety and someone chairs the meeting. We define "young" as anyone with room to grow. We meet at the First Congregational Church in Porterville at 6:30 pm on Friday nights.

**Susan M - Half & Half Group** - This is an hour long open Book Study/Discussion meeting. We read from either the Big Book or the 12 x 12 for 30 min and then share about what we read or whatever a person wants to talk about. We meet at the 1st Congregational Church in Porterville from 6:30 - 7:30 pm on Thurs nights. It's a great meeting with 8 - 12 in attendance each week. We contribute to Central Office on a regular basis.

**Mike K - Unity Through Traditions**-Wed 5:30 - 6:30 at the Alano Club, 10 - 15 people attend. Currently reading Language of the Heart. Last Wed of each month is corresponding Tradition. Business Meeting is the 1st Wed of each month.

**Stella T - Tues Night Women's Changes**-This is an open womens meeting from 7-8 pm on Tues at the Lighthouse Church in the Hope Room. Our meeting has about 25 people attend on average. We share on a variety of topics that are put in a container and then drawn from there by each person. We have a business meeting on the 3rd Tues of each month. We also celebrate birthdays on the last Tues of each month with either a potluck or at a restaurant gathering.

**Mike K - Valley Group Speaker Series**-The valley group speaker meeting meets every Wed from 7-8 pm. Cards are signed. There are usually 50-75 people in attendance each week. The Valley Group also has two large speaker events per year which donates its excess funds to Central Office.

**Tim A - Friday Morning Men's Meeting**- We are a Men's only Closed meeting. We meet from 6:45 to 8 am every Fri at the 210 Center, 210 W Center St in Visalia. The average attendance is 25-30. We pass out chips 24 hr to 11 months of continuous sobriety. We also celebrate yearly birthdays. We pass the pink H & I can and make regulare contributions to Central Office. Come have a cup of coffee and join us as we trudge the road of happy destiny.

**John T- Monday meeting** from 7pm to 8:30 at St. Johns church in Tulare. We have from 10 to 15 members attending and we celebrate Birthdays with chips and cake at the end of the month. We do donate to Central Office on a regular basis.

#### **OLD BUSINESS**

Election for Three Board Members – Elgin M. Chair person, Mike S. Vice chairperson, Hal W. Secretary and Mike K. PI/CPC.

#### **NEW BUSINESS**

- Picnic – Mike S. will chair the picnic committee with Jonathan, Mitch and Monica.

- By-Laws- Was suggested that we remove the Treasury person from the Board keep them as the Treasury for the Corporation. This action will be voted on next month.

- Lots of ideas on how to raise funds for the Central Office from contribution to putting on events. There will more info next month.

- It was suggested that as CSR we need to remind other groups that do not have CSR'S that it would be a very good way into service and be involved in AA.

**SEVENTH TRADITION:** \$45.00

**MEETING ADJOURNED:** 8:05 pm

\*\*\*\*Minutes are a general description of the CSR meeting and may not represent specific comments\*\*\*\*

## *Upcoming Events*

*Have an Event?? Send an Email:*  
**centralintergroupnews@gmail.com**

## *Editor's Corner*

Hello My Family!!

Here we are, another lovely April has arrived! The weather is great and life is going well. I am happy to see an increase in participation in the Birthday cub, this really helps to raise some extra funds to support our Central office.

I really appreciate the opportunity to serve as the Editor of the Central News! I am in service in many other ways, but this seems to be one of the most rewarding forms of service I do! So... if you are looking to get into service but are short on time, find an article about AA online and share it with us! Write a short story about your experience strength and hope. Heck, we use jokes too send me one of those!

Have a great month see you next time!!!

Louie T.

**centralintergroupnews@gmail.com**

# Women In Unity #2

June 21,22,23, 2019

The cavalier ocean front resort is in San Simeon, CA. It is a 4-star hotel located off highway 1. It is a peaceful location right on the ocean with beach access. Its is a wonderful place to relax while joining in fellowship through sisterhood.

Wake up in the morning, grab a cup of coffee while enjoying the beautiful ocean view and soft breezes. Before heading out for a day of interesting meetings and educational panels or just a conversation with the other women in the fellowship.

In the evening as the day winds down meet up with friends old and new for a good meal and lively conversation.

To conclude your day at the hotels outdoor fire pit watching the sun set sets over the ocean and reflects at us it's not hard to remember who is in charge here. Gazing at stars and listening to the music of the ocean waves crashing on the rocks below.

Cambria is only 15 minutes away so you could take some time during the break to explore or shop. We are hoping that you will come and enjoy the views and the rewards of sisterhood.

-Rita M Visalia

## Kristi's Words of Wisdom

Kristi's "Words of Wisdom"

1. Maintain an attitude of gratitude.
2. Walk your talk.
3. Be kind to everyone you meet
4. Focus on the positive, because what you focus on, you strengthen.
5. Let go of attachments, they cause suffering.
6. Understand that we are all one Spirit.
7. Ask for help when you need it.
8. Treat everyone, including yourself, with love and respect.
9. Pray and meditate daily.
10. Tell your friends/family how much you love and appreciate them.

Kristi H — Submitted by Gary P.

# Financial Report

TULARE COUNTY CENTRAL OFFICE

Income & Expense Statement

2/21/2019 THROUGH 3/20/2019

<u>INCOME</u>	<u>MONTH</u>	<u>YEAR TO DT.</u>
B.Day Club	155.00	287.00
CD & Tape Cont.	0.00	5.00
Group Cont.	1,134.59	4,419.61
Indiv Cont	12.76	2,297.54
Lit. Sales	604.30	1,192.57
Memorial Cont.	0.00	0.00
Misc.	0.00	0.00
Newsletter Cont.	0.00	0.00
S & H	2.00	2.00
Sales Tax	45.68	165.80
Spec. Events	0.00	5,023.89
Spec. Items	324.45	1,286.65

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<b>TOTAL</b>	<b>\$2,278.78</b>	<b>\$14,680.06</b>
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<u>EXPENSES</u>	<u>MONTH</u>	<u>YEAR TO DT.</u>
Ans. Serv.	40.00	120.00
Fees-Taxes	0.00	39.95
Insurance	0.00	550.00
Lit. Costs	0.00	1,811.25
PI-CPC Expense	0.00	0.00
Misc Expense	0.00	0.00
Newsletter Cost	0.00	0.00
Office Exp	0.00	142.78
Office Equip.& Maint	0.00	509.44
Phone & ISP	186.21	554.71
Postage	58.66	58.66
Employee Taxes	0.00	1,216.17
Rent	525.00	1,575.00
Salary	1,277.82	3,843.46
Sales Tax-Paid	0.00	0.00
Security System	158.76	158.76
Spec. Events	0.00	2,084.18
Spec. Items	297.50	767.50
Card Charge	1.92	17.45
Utilities	95.55	294.17
Website	3.50	10.38

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<b>TOTAL</b>	<b>\$2,644.92</b>	<b>13,753.86</b>
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<b>Net Gain(Loss)</b>	<b>(\$366.14)</b>	<b>\$926.20</b>
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<b>BEG. TOT. ACCT. BAL:</b>	<b>\$13,475.63</b>
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<b>END. TOT. ACCT. BAL:</b>	<b>\$13,109.49</b>
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# Group Contributions

<u>2/21/19-3/20/19</u>	<u>Month</u>	<u>YTD</u>
10th Ave Men's-Lemoore		8.01
ABC Group		0.00
Alpha-Wed-Tulare		0.00
Attitude Modification-210		225.00
Bill & Friends		150.00
Breath of Fresh Air		0.00
Bridge St. "Drunks Only"	223.61	856.97
Central Calif. Roundup		0.00
Civic Center Grp.		127.65
Clodbusters-Tulare		0.00
Crossroads-Tulare		0.00
CSO Meeting	45.00	132.00
Dinuba Grp		50.00
District 47		400.00
Exeter-Quiet Trails	100.00	200.00
Exeter Sun Afternoon		0.00
Foundation Group		50.00
Freedom Fellowship		0.00
Fresno Village Group		0.00
Fri. Night Study Tulare		0.00
Friday Noon 210		0.00
Half & Half		0.00
Lemoore Sat 12x12		0.00
Lindsay Fireside Grp		0.00
Messy Pants Winos		40.00
Monday Men's Mtg.		0.00
Mid Valley-Tulare		0.00
Mon Book Study-S'ville		0.00
Mon Lit Study-Visalia		0.00
Mon Men's Book Study		0.00
Nooners Group-Visalia		0.00
Pine Recovery AA Mtg		0.00
Porterville Young People		0.00
Practicing The Pinciples		0.00
Rainbow Group		160.00
Rule 62-Visalia		0.00
Serenity Junction-Tulare		0.00
Serenity Seekers AM-Visalia		250.00
Soberfest Groups		0.00
Wed. Sobriety Celebration		0.00
Springville Gut Level		116.00
Sun Bkfst Spkr Mtg		0.00
Sun PM Serenity Seekers		0.00
Tulare Young People		0.00
TUFYPAA	313.75	313.75
Tulare Fri. Book Study		0.00

Tulare 2nd Fri Spkr Mtg		0.00
Tulare Tuesday Night		300.00
Tulare Sunday Night		0.00
Tues Noon 210		0.00
Tues. Men's-P'ville		0.00
Three Rivers-Monday		147.00
Unity Thru Traditions	34.35	34.35
Valley Group		0.00
Valley Speaker Series		0.00
Wandering Couples		141.00
Wed. Acceptance, P'ville		200.00
Weekend Attitude Adj.		0.00
Women's Amity-Visalia		0.00
Women's Changes-P'ville		100.00
Women's Fri. Night-P'ville		0.00
Women's Sat AM 12x12		0.00
Young & Restless		0.00
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Total	716.71	4,001.73

## Service Meetings

### AND ADDRESSES

GSR Meeting at Central Office  
449 E. Maple St., Exeter, CA  
Wednesday, April 3, 2019 at 7:00 PM

CSR Meeting at Central Office  
449 E. Maple St., Exeter, CA  
Tuesday, April 9, 2019 7:00 PM

H&I Meeting at Alano Club  
Visalia Alano Club, 1311 W. Murray  
Saturday, April 13, 2019 at 9:00 am  
2nd Saturday of even months.

### SERVICE ADDRESSES

#### Tulare County Central Office

449 E. Maple St.  
Exeter, CA 93221

#### District 47, C.N.I.A.

P.O. Box 273  
Exeter, CA 93221

#### CNIA Treasurer

PO Box 161712  
Sacramento, CA 95816-1712

#### General Service Office

PO Box 459, Grand Central Station  
New York, NY 10163

# Lighter Side of AA

## Drinkin with me brothers

An Irishman walks into a bar in Dublin, orders three pints of Guinness and sits in the back of the room, drinking a sip out of each one in turn.

When he finishes them, he comes back to the bar and orders three more.

The bartender approaches and tells him, "You know, a pint goes flat after I draw it, and it would taste better if you bought one at a time."

The Irishman replies, Well, you see, I have two brothers.

One is in America, the other is in Australia, and I'm in Dublin.

When we all left home, we promised that we'd drink this way to remember the days we drank together. So I drink one for each o'me brothers and one for me self."

The bartender admits that this is a nice custom, and leaves it there.

The Irishman becomes a regular in the bar, and always drinks the same way: He orders three pints and drinks them in turn.

One day, he comes in and orders two pints. All the other regulars take notice and fall silent. When he comes back to the bar for the second round, the bartender says, "I don't want to intrude on your grief, but I wanted to offer my condolences on your loss." The Irishman looks quite puzzled for a moment, then a light dawns and he laughs.

"Oh, no, me brothers are just fine," he explains, "It's just that me wife made me quit drinking.

# Central Office Contacts

Answering Service Calls	0
AA Members	10
Court Ref/Info	8
Meeting Information	14
H & I	0
Alanon & Alateen Information	2
Info. re Recovery Homes	0
Schedules & Info-Mailed & Faxed	0
Bridging The Gap	0
Other 12 Step Programs	3
Visitors to Office	39
Literature Sales	14
Specialty Sales	18
Churches & Schools	0
General Information	7
Prospective Members	2
Twelve Step Calls	0
E-Mail Contacts	11
Spanish Contact	1
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<b>Total</b>	<b>129</b>

## Speaker Meetings

**Porterville Recovery Club Speaker Meeting**  
186 W. Walnut Ave.  
Friday April 5th, 2019 at 8:00 PM  
Speaker: - Julio Q. - Porterville, CA

**Friday Book Study Speaker Meeting**  
1820 N. Gem St, Tulare  
Friday, April 12, 2019 at 8:00 PM  
Speaker: - Lisa Fresno, CA

**Sunday AM Breakfast, Speaker Meeting**  
Veterans Memorial Building  
36000 Hwy 190, Springville  
Sunday, March 11th, 2019 at 10:15 AM  
(Breakfast at 8:30 to 10:00 AM)  
Speaker: Patti B Bakersfield, CA

**The Valley Group, Speaker Meeting**  
The Gallery @ The Creative Center  
410 E. Race Ave.  
Every Wednesday from 7-8 p.m.  
**Speakers for February**  
Apr 3 - Sammy R. of Tulare 39 Years  
Apr 10 - Alex A. of Visalia 1 Year  
Apr 17 - Spencer M. of Tulare 8 Years  
Apr 24 - Cynthia W. of Visalia 4 Years

**That's 52 years of sober experience in AA in four simple one-hour sessions!**



# Announcing a Weekly Open AA Speaker Meeting in Visalia



**New Location  
Starting  
April 3, 2019**

## The Valley Group

Meets Every Wednesday  
Evening  
7-8 PM

*Chip Meetings for Newcomers!*

**Meeting in The Parish Hall  
at St. Paul's Church  
120 N. Hall Street  
Visalia, CA 93291**

7<sup>TH</sup> ANNUAL CENTRAL CALIFORNIA COUNCIL ROUNDUP



# ATTITUDES & ACTIONS



**Newcomers Welcome!**

Roundup is Organized by  
10+ Central Valley  
AA Groups

**APRIL 5 & 6, 2019**

Hope Lutheran Church: 364 E. Barstow Ave, Fresno, CA 93710

**ADMISSION \$20 per person**

Saturday Night Dinner (5:30 pm) &  
Saturday Night Talent No Talent Variety Show (9:15 pm)  
Registration Raffle and 50/50 Raffle

## FREE EVENTS

Friday Night Speaker Meeting (7:30 pm), Saturday Speaker Meeting (7:00 pm),  
Saturday Woman's Brunch (9:00 am) and Woman's Speaker Meeting (10:00 am),  
and Marathon Meetings (starting at 11:00 am)

## GOLF TOURNAMENT

March 24, 2019, Riverside Golf Tournament

**Register Online for Conference & Golf Tournament at [www.3c2a.org](http://www.3c2a.org)  
No sales at the door.**

## HOTEL

Registration Code 3C2A  
Courtyard by Marriott: 140 E. Shaw Ave, Fresno, (855) 479-0732

# Second Annual AA Women in Unity Retreat

June 21, 22, & 23, 2019

Registration opens Friday 6/21 at 4pm with opening meeting at 7:00pm

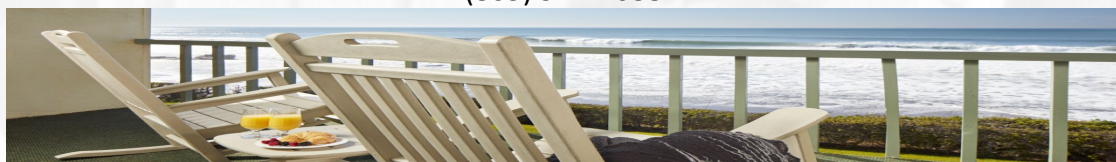
Contact hotel directly for room reservations and mention AA retreat for special hotel rates

Cavalier Ocean Front Resort

9415 Heart Drive

San Simeon Ca 93452

(805) 927-4688



- Early Bird Registration ends on 4-15-19 after 4-15-19 registration is 35.00 with meals 120.00. Not refundable but transferable.
- Sherry G. sherrydutra@comcast.net or Sherri D red57pearl@gmail.com for questions
- We are in search of speakers please submit CD or mp3 or letter explaining the reason you feel you would be a good speaker. Topic is 3<sup>rd</sup> and 11<sup>th</sup> step. Mail to address below.

Registration	With meals	Without meals	
NAME (as you want it on your name badge)			
Earlybird before 4/15/19 registration with 3 meals Sat and am only Sun.	100.00	25.00	
After 4/15/19 registration with 3 meals Sat and Sun am only	120.00	35.00	
NEWCOMER DONATIONS	\$	\$	
Grand Total Make check payable to Women in Unity AA			
Address – phone- email			(registration to be mailed or emailed?) please enclose self addressed stamped envelope if you want confirmation mailed
Mail check to... AA Women in Unity c/o AA Central Office	449 E Maple, Exeter, CA 93221		CLEARLY MARK ON ENVELOPE AA WOMEN'S EVENT  DO NOT MAIL CASH  One registration form per person please

# *Your Content Here!!!*

Have an event????

New group starting up?????

Have a story to share???

Take some amazing photos around our district???

Want to be of service????

All this can be accommodated-we are available to help! Simply reach out to us here at Central News and we will do all we can to get the word out!!!

Carrying the message to the Alcoholic who still suffer is our primary purpose. What better way to do it then to get involved!!!!

Send your content to:

[centralintergroupnews@gmail.com](mailto:centralintergroupnews@gmail.com)

... and we will help you communicate to district 47!!!

