

# CENTRAL NEWS

June 2019



Citrus Clouds Exeter, CA Allen L.

## *It's All "You"*

So you're in A.A. How did you enjoy your first meeting? If you are like the majority of new members, I imagine that you are a little mixed up and probably pretty confused as to just what the score on A.A. is. Boiled down, what you need to know to get started in A.A. is very simple.

Do you know in your own heart and soul that booze has you licked? Without any sales talk from your wife or boss or neighbors? Do you want to get sober and stay sober because you and you alone have banged your head against the wall long enough and want to quit?

If you do, then A.A. is your solution. Do you still think that you can drink beer or wine only and leave the hard liquor alone? If so, don't waste your time with A.A. It has nothing for you. Go ahead and bang your skull against the wall until it really hurts. When you are finally, firmly convinced in your own mind that the booze has you licked, then A.A. will furnish you with the same tools it has furnished to thousands just like you. With them you can get started on this, the biggest, the most important, the happiest part of your life.

Let's look at the thing with simple logic. For years, during your drinking career, you have violated every principle that the normal man tries to live up to. Drunken driving, fixes, fights, banging up creditors, quarrels with wife and neighbors, loss of friends by the score are some of the black spots. You have gradually adopted a cynical attitude toward everything.

In short, the world is screwy, and you alone are sane. Well, brother, maybe you can convince the world and lick it singlehanded. But I doubt it. If you can't even lick booze, isn't it safe to assume that possibly you have been wrong in your mind all these years? Isn't it possible that booze has twisted your thinking around, so that you imagine all the wrong things that have got you down?

Just admit, for the sake of argument, that you have been wrong. Things haven't been too good lately anyway. You are pretty near on the rocks; something has to be done about your drinking. Why not quit trying to battle the whole world and go along with this A.A. program? At least give it a try for a few months.

Figure it out this way: that thousands in these United States and Canada have been in just the same spot that you are in, and have gone for this program in its entirety. They have not only remained sober, but have had a good time in the process. You can do the same. Just be man enough to admit that now you don't know all the answers. Admit that someone else knows them and that you are going to ask questions instead of giving screwy answers from now on.

A taxicab driver in Boston couldn't seem to get the A.A. program. Finally the reason dawned on him. He was still trying to run his own life, to do battle with the world. Time and time again he would get drunk, and time after time, someone smashed his teeth in. Finally he got wise to himself. He quit fighting and went along with the other fellow in the A.A. that was the solution.

You're now associated, in Alcoholics Anonymous, with one of the finest groups of regular guys in the world. It is no sissy-pants outfit. As tough as you think you are, there are a dozen guys who will not only match you but top you.

These fellows all want to help you. They are all alcoholics and because they are, they have to help you, not out of charity, but to keep themselves sober. The more time they spend with you, the less they think about their own headaches and the more they strengthen their own sobriety. Eventually you will do the same 12th Step work.

This A.A. program takes some "guts." But it's worth fighting for. And you're a damn poor man indeed if you can't promise yourself in the morning that nothing in this world can make you take a drink until the same time tomorrow morning.

I've purposely skipped talking about any spiritual angle. But as you go along in A.A. you will gradually, without any heavy thinking, come to realize more and more that there is some Power, bigger than you or A.A., or any other physical factor, giving you a hand over the tough spots.

Finally, remember that booze is not for you. Booze is not the solution to any of your problems. But A.A. is. When you are "down in the dumps," lonely or just fed up with everything, seek the A.A. boys and not the bottle. Always remember you're an alcoholic and a sick

man. Above all, get it fixed in your mind : booze is not the solution to your problem.

—V.K. Manchester, Conn. AA Grapevine June 1947

**Step 6** *Were entirely ready to have God remove all these defects of character.*

Step six for me is all about willingness. My initial trek through the steps I thought steps 6 & 7 were a breather. Having just completed my fearless moral inventory and admitting to God, myself and my sponsor the exact nature of my wrongs and before the amends steps it didn't seem like that big of a deal.

The big book instructed me to find a quiet space and spend an hour reviewing my work and go over the previous steps and then pray. "The 12 Steps and 12 Traditions" essays were much more explanatory for me.

For me, the first nine steps are surrender steps and step six certainly is no exception. It's not like my character defects all of a sudden vanished just by admitting then to my sponsor, there is much more action to be taken. Since I needed God's help to get sober it seems logical that God could definitely help me with my other problems.

There can be no short comings that I am not totally willing to let go. Some of my favorites like, "justified anger", "rationalization", "pride", "envy", the list goes on ad infinitum. I must be willing and ready for God to remove them all root and branch, that takes action for my part. Since contentment and emotional sobriety are something I strive for I must be ready to Let go and Let God at all times.

So Step Six is *Were entirely ready to have God remove* way of stating the best possible attitude one can take in order to make a beginning on a lifetime job. This does not mean that we expect our shortcomings will be lifted out of us like the obsession for the drinks was. A few may be, but with most we shall have to be content with patient improvement. The key words, "entirely ready", for me, I'm a work in progress. Thank God for AA.

Mitch K

# Tradition 6

*An AA group ought never endorse, finance or lend the AA name to any related facility or outside enterprise, lest problems of money, property or prestige divert us from our primary purpose.*

Let us be mindful of the word, 'divert'.

As A.A. members and human beings, we sometimes wander off course. At times attention to the wandering is ignored and that can affect our decision making when it comes to an AA group. Arrogance will tell me I know what is best for the group and I will try and influence the decision making process. That is a form of betrayal in the long run, although my ego would tell me I could never betray my group but isn't that the outcome when I interfere with the true informed group conscience? When the impulse to get diverted is resisted, the miracle happens.

Tradition 6 has much in common with STEP 10. Keeping an eye on our actions, we thwart the tendency to allow diversion from the principles of A.A.

Tradition 6 can be broken into three parts; 1. The things we should not do.

2. Why we should not do those things. 3. What will happen if we do? The group must guard against losing sight of its purpose.

Treatment centers, churches, recovery programs, organizations and other programs want to help alcoholics get sober. A.A. is not those other organizations nor are we the same as any other 12 step fellowship. It is vital for the A.A. group to check itself for affiliation or even the appearance of it. As A.A. members, many of us have causes, belief systems, schools, churches, etc. that we personally support. Tradition 6 reminds us to keep those things out of meetings to protect us from conflicts that might distract us from our recovery. We don't need to leave our personalities at the door in order to participate in the unity of being sober but we need to be mindful of how we share in and around meetings and whether it contributes to our primary purpose. Our primary purpose is to carry the message to the alcoholic who still suffers. The blessings of sobriety are a result of our focus on the message.

Cheryl H.

## June AA Birthdays

Name	City	Years
Roger H.	Visalia	51
Beau B.	Visalia	44
Arlene K.	Visalia	40
Helen D.	Tulare	37
Gary M.	Visalia	36
Chris B.	Visalia	36
Shirley K.	Porterville	34
Ed A.	Visalia	33
Raneen T.	Visalia	33
Rick S.	Exeter	33
Steve L.	Visalia	33
Dave L.	Conifer, CO	33
Ione W.	Springville	32
Curtis H.	Visalia	31
Jack D.	Visalia	31
Danny S.	Visalia	31
Jess A.	Tulare	29
Janet K.	Visalia	28
Hal C.	Strathmore	27
Jim L.	Visalia	26
Brewster B.	Visalia	26
Tracy Earl D.	Visalia	26
Rae Ann B.	Corcoran	25
Bobbi J.	Porterville	22
Brenda S.	Porterville	20
Linnetta M.	Tulare	19
John H.	Visalia	16
Natalie D.	Visalia	15
Jimmy A.	Visalia	15
Gary B.	Porterville	13
Mike W.	Visalia	13
Tom S.	Visalia	12
Debbie J.	Visalia	8
Joyce R.	Visalia	6
Steve B.	Springville	1
Mike G.	Springville	1

## Upcoming Events

*Have an Event?? Send an Email:*  
**centralintergroupnews@gmail.com**

# Central Service Meeting

May 14, 2019

**MEETING CALLED TO ORDER:** Elgin **TIME:** 7:00PM  
**BOARD MEMBERS PRESENT:** Hal, Elgin, Mike S. and Mike K. **ABSENT:**0

**SERENITY PRAYER:** Group

**12 TRADITIONS:** Louie

**MINUTES OF LAST MEETING:**

Additions, Corrections, & Approval of Minutes. Left out the H & I report. Sorry. Allen suggested that I fill in the CSR report and not use same as last month. Minutes then where approved.

**REPORT OF LAST BOARD MEETING:** Board approved the finances. The committee for the June 1 picnic will be getting together to finalize their plans. The By-Law changes where sent back to the groups for their input and will be voted on in May. If passed we will also be voting a 5th Board member. The Valley Group will be hosting the New Year Eve dinner in Visalia. Meeting was adjourn at 8:15 PM

**TREASURER and OFFICE REPORT:** Bob reported we had \$597.54 loss for the month. Contributions were good sales were about average. The Grateful Givers Club has started and is a good way to help support your Central Office. We paid our quarterly taxes and had 9 transactions in credit and debit card for total net sales of \$277.91 in April. Calls and traffic at the office have been about normal.

**PUBLIC INFORMATION REPORT:** None

**VOLUNTEER STEP WRITERS FOR CENTRAL NEWS STEP FOR NEWSLETTER-VOLUNTEER**

Month	Step	Member	Due Date
June	Step 6	Mitch K.	5/20
July	Step 7	Mike K.	6/20

**TRADITION FOR NEWSLETTER-VOLUNTEER**

Month	Tradition	Member	Due Date
June	6 Tradition	Cheryl H.	5/20
July	7 Tradition	Mike K.	6/20

**WEB SITE REPORT:** David reported the paid view was down 30% but the overall was up 10%.

**H&I REPORT:** Mike G reported they are visiting Pine Recovery twice a month, Turning Point 3 times a month, and SATF 7 times a month and jail once a month and old Corcoran prison twice a month.the Next business meeting is June 8 at 9:00AM at the Alno Club.

**GSO LIAISON:** Allen L. reported that the Post- Conference Assembly is in Woodland June 22 and 23. Dist 47 Summer Service Fair will be held August 3 at the Porterville Recovery Club. They are in the planning stage at this time but focusing on various opportunities for service in Tulare County such as H&I, Central Office, District 47 and etc.

**CSR REPORTS:**

**Blythe-The Tulare Unity Young People** group has renamed itself to Saturday Night Jay Walkers Young People. It is still being held at the First Congregational Church on 220 West Tulare Ave in Visalia from 7:30 to 8:45. All are welcomed and young is defines as anyone who has room to grow. We need your support, please join us. We also celebrate various length of sobriety with chips.

**David G. - The Messy Pants Winos** meets every Wednesday at 7: PM for 1 hour at the Visalia Alano Club. This is an open meeting, with a 15 minute speaker, and then the meeting is open for discussion. We have a good number of new comers, so experience members are needed. We do a call for sponsors and sponsees and we hand out chips every meeting.

**Tim A. - Friday Morning Means Attitude Modification Group** meets at the 210 Center, 210 Center St, Visalia. The meeting is 75 minutes from 6:45AM to 8:00 am. About 20-25 men attend; we are a chip meeting with monthly chips up to 1 year. We celebrate birthdays on the Friday following your birthday or on your birthday. Come join us and have a cup of coffee and trudge the road of happy destiny.

**Stella T. - Women's Tuesday Night Changes** in Porterville at the Light House Church in the Hope Room. This is an all women meeting. Subjects are picked from a jar for dissusion. We have a business meeting on the 3rd Tuesday of the month. Birthdays are celebrated on the last Tuesday on the month with either a pot-luk or at a restaurant.

**Mike K. - Valley Group** speaker Series meets at St. Paul's church at Center and Hall Street in Visalia every Wednesday. The Valley group has 2 large speaker events per year and donates its excess funds to the Central Office.

**Allen L. - The Serenity Seekers AM** meet on Sunday at 10:00AM. We do birthdays for 30, 60, 90, days and 6 month and 9 month chips weekly. Monthly birthdays are celebrated with cake on the last Sunday of the month. We have between 20 to 30 members in attendance. We contribute to all AA entities. We have a CSR, GSR representative and a good mix of old timers and newcomers at most meetings.  
**Monica R. - Porterville RSVP-Young People Group** meet Friday 6:30PM at 165 E. Mills. This is a young people meeting we welcome all ages, young is define anyone with the room to grow. We give out chips for various length of sobriety.

**Mitch K. Bridge Street Drunks** - We have 20 meeting a week at Bridge St in Visalia. The morning 7:00AM meetings are closed. The noon meeting is closed Monday thru Friday and open meeting on the week end. Monday evening meeting is a closed women meeting. Tuesday and Wednesday are Book Studies, Thursday night s the Primary Purpose group. Saturday evening is an open discussion and Sunday is the 10th Step. All meetings have a good mix of old and new, a great place for fellowship and find a sponsor and hear the message.

**Louie T. - Sunday Night Serenity Seekers** is an open meeting on Sunday at 7:30 at The Center for Spiritual Living. We have 30 minute guest speaker followed by an open discussion. We have from 30 to 40 in attendance with a variety of sobriety. Congrats to our new Secretary Greg R. Jonathon T. - Monday Means Stage meets every Monday at 820 East Main (PPVA Hall) in Visalia. We celebrate birthdays on the last Monday of the month. Please come join us.

**John T.-St. Johns** meeting is a Book Study and meet at the St John's church in Tulare. Made a contribution to Central Office and will have business meeting this Friday 5/17. John has suggested to other meeting that he goes to start donating to Central Office on monthly bases.

**Hal W. - Quiet Trails** meets in Exeter at the Methodist church from 7:30 to 8:30. This meeting is a subject meeting for 1 hour. We recognize birthdays at the end of the month. We have about 15-20 folks in attendance.

**OLD BUSINESS:**

Mike S. reported on the Picnic and everything is place for a great time. Mark your calendar for June 1 at Harbor 9 at 9:00. There will a 50/50 raffle, a basket raffle, great BBQ food. Guest speaker will start at 1:00 lunch is served from 11:00 to 12:30. Entertainment all day long with a lot of fellowship.

Amending the By-Laws. Please go back to your groups and if anyone is interested in becoming a Board Member of Central Office. If so bring them next month so that we can hold an election. Right now we have only 1 nominee (Monica). So please talk to your groups. We will be voting on this issue next month (June).

The Grateful Giver Clubs raised \$935.00 so far. Let's keep up the good work

Mike K. reported he was working on trying to put together a take your sponsor to breakfast get together. There will be later. Also Mike K. is hoping to put a golf tournament on sometime next year. We will more about this a little later.

**NEW BUSINESS:**

Lutheran Church in Tulare on "O" street is making their church available for an AA. Anyone interested contact Sharon at 559-331-6361.

**SEVENTH TRADITION:** \$47.00

**ANNOUNCEMENTS:** None

**MEETING ADJOURNED:** 7:45

# Financial Report

TULARE COUNTY CENTRAL OFFICE

Income & Expense Statement

4/21/2019 THROUGH 5/20/2019

<u>INCOME</u>	<u>MONTH</u>	<u>YEAR TO DT.</u>
B.Day Club	27.00	421.00
CD & Tape Cont.	0.00	5.00
Grateful Givers Club	755.00	1,125.00
Group Cont.	1,531.04	7,806.62
Indiv Cont	22.76	2,779.74
Lit. Sales	317.95	1,860.68
Memorial Cont.	0.00	0.00
Misc.	0.00	27.16
Newsletter Cont.	0.00	0.00
S & H	0.00	2.00
Sales Tax	60.16	272.92
Spec. Events	0.00	5,023.89
Spec. Items	485.69	2,058.89

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**TOTAL** **\$3,199.60** **\$21,382.90**

<u>EXPENSES</u>	<u>MONTH</u>	<u>YEAR TO DT.</u>
Ans. Serv.	40.00	200.00
Fees-Taxes	0.00	64.95
Insurance	0.00	550.00
Lit. Costs	669.00	2,752.49
PI-CPC Expense	0.00	0.00
Misc Expense	0.00	0.00
Newsletter Cost	0.00	0.00
Office Exp	0.00	228.20
Office Equip.& Maint	0.00	509.44
Phone & ISP	187.82	930.74
Postage	0.00	58.66
Employee Taxes	0.00	2,582.81
Rent	525.00	2,625.00
Salary	1,277.82	6,399.10
Sales Tax-Paid	0.00	0.00
Security System	0.00	158.76
Spec. Events	0.00	2,084.18
Spec. Items	0.00	949.50
Card Charge	12.54	34.59
Utilities	31.15	401.71
Website	3.50	17.04

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**TOTAL** **\$2,746.83** **20,547.17**

**Net Gain(Loss)** **\$452.77** **\$835.73**

**BEG. TOT. ACCT. BAL:** **\$12,566.08**

**END. TOT. ACCT BAL:** **\$13,018.85**

# District 47 Meeting Minutes

## May 1, 2019

**Meeting Called to Order:** 7:00 p.m. by District Committee Member Josh F.

**Committee:** Josh F., DCM; Allen L., Alt. DCM and GSR for Visalia AM Sunday Serenity Seekers AA Group; Greg G., Treasurer; James W., GSR for Bridge Street Drunks Only Group; Don W., GSR for Springville Breakfast Meeting; Kenneth B., GSR for Springville Gut Level Group; Boo M., GSR for Women's Amity Group; Greg, DCM for District 49.

The Serenity Prayer and the GSR Preamble were recited by all present.

**Twelve Traditions:** Allen L.

**Twelve Concepts:** Concept 5; James W.

**Approval of Minutes:** Approval of the April 3, 2019 minutes was tabled until the June meeting.

**Treasurer's Report:** Greg reported of a balance forward of \$1,480.54. Total income for the month of April was \$226.25. There were no expenses for that period, leaving a balance of \$1,706.79.

**CSO Report:** Allen L. reported that there were two proposed amendments to Central Office's bylaws, under which the office manager will no longer be designated as a permanent Board Member. In addition, under the proposed amendments, Central Office's manager will continue to serve as treasurer for the CSO Board.

**DCM Report/Old Business:** Several District 47 GSRs and Officers attended the Pre-Conference Assembly held in Nevada City in April. Attendees reported on the topics that received the most attention at the Assembly, including the proposed development of a Fifth Edition of Alcoholics Anonymous.

**New Business:** YPAA Liaison Proposal: A proposal has been made to create an appointed YPAA liaison at the area level. Members discussed the proposal, and were encouraged to obtain feedback from their groups. Fall Workshop. A fall service workshop, including Mike K.'s post-conference report to District 47, was tentatively scheduled for August 3, 2019. The Porterville Recovery Club is the tentative venue. District 47 Meetings: Don W. suggested that members

and their groups consider possible changes to location and format of District meetings in order to encourage greater interest among AA members in Tulare County.

**7th Tradition:** \$ 23.00

The meeting closed with the Declaration of Unity and the Responsibility Declaration at 8:02 pm.

## Women In Unity #2

### June 21,22,23, 2019

The cavalier ocean front resort is in San Simeon, CA. It is a 4-star hotel located off highway 1. It is a peaceful location right on the ocean with beach access. Its is a wonderful place to relax while joining in fellowship through sisterhood.

Wake up in the morning, grab a cup of coffee while enjoying the beautiful ocean view and soft breezes. Before heading out for a day of interesting meetings and educational panels or just a conversation with the other women in the fellowship.

In the evening as the day winds down meet up with friends old and new for a good meal and lively conversation.

To conclude your day at the hotels outdoor fire pit watching the sun set sets over the ocean and reflects at us it's not hard to remember who is in charge here. Gazing at stars and listening to the music of the ocean waves crashing on the rocks below.

Cambria is only 15 minutes away so you could take some time during the break to explore or shop. We are hoping that you will come and enjoy the views and the rewards of sisterhood.

-Rita M Visalia

## Editor's Corner

Hi Everyone,

Just real quick I really love and appreciate every member of our fellowship. I personally enjoy carrying the message to the alcoholic still suffering. It is really a fulfilling and sustaining venture. As always, I will offer everyone the opportunity to get involved. Write, or contribute a story, a joke, anything that will carry the message. Have a great June!!

Have a great month see you next time!!!

Louie T.

[centralintergroupnews@gmail.com](mailto:centralintergroupnews@gmail.com)

# Grateful Givers

The Central Office board and the group C.S.R.'s are excited to introduce to all Alcoholic Anonymous members of District 47 a new program Grateful Givers. The purpose of the program is to assist individuals interested in making a monthly contribution to the Central Office. Making the process of contributing as simple as possible is the goal of the program. Individuals would be given a stamped addressed envelope with which to send in their contribution. The envelope will contain an information form for your name, address and contact number. Fill out the form and drop your contribution in the mail. As soon as it arrives at the Central Office you will receive a thank you note/receipt containing a stamped envelope for the next month's contribution. The names of the members involved nor donation amounts to the Central Office will be released. The Central Office will publish the total monthly contributions in the newsletter each month. The Central Office operates completely off our contributions, group contributions, the Birthday Club and special events. In the recent year this has not been enough to sustain our financial responsibilities. Our hope is that the Grateful Givers Club will give that a boost. We chose the name Grateful Givers because Alcoholic Anonymous saved our lives. As a result we are grateful that we again have the ability to give. If you are interested in getting involved in the program you can contact your C.S.R. or contact the Central Office. We will be making contribution envelopes available to the groups by way of your C.S.R.

To date the Grateful Givers Program has raised more than **\$935.00 for the Central Office...** Great Job and let's keep supporting our Central Office!!

## Contributions

### Birthday Club

Rae Ann B. Corcoran 25  
David G. Visalia2

### GRATEFUL GIVERS CLUB

Members - \$755.00

### Individual Contributions

Anonymous

Jim B.

Jim K.

### Newsletter Contributions

None

### Memorial Contribution

None

## Central Office Contacts

Answering Service Calls	1
AA Members	9
Court Ref/Info	12
Meeting Information	18
H & I	0
Alanon & Alateen Information	1
Info. re Recovery Homes	0
Schedules & Info-Mailed & Faxed	0
Bridging The Gap	0
Other 12 Step Programs	1
Visitors to Office	41
Literature Sales	10
Specialty Sales	16
Churches & Schools	1
General Information	10
Prospective Members	1
Twelve Step Calls	0
E-Mail Contacts	13
Spanish Contact	1
<b>Total</b>	<b>135</b>

# Group Contributions

<u>2/21/19-3/20/19</u>	<u>Month</u>	<u>YTD</u>
10th Ave Men's-Lemoore		21.60
ABC Group		0.00
Alpha-Wed-Tulare		0.00
Attitude Modification-210		425.00
Bill & Friends		150.00
Breath of Fresh Air		0.00
Bridge St. "Drunks Only"	284.04	1,494.64
Central Calif. Roundup		0.00
Civic Center Grp.		160.40
Clodbusters-Tulare		400.00
Crossroads-Tulare	150.00	150.00
CSO Meeting	47.00	209.00
Dinuba Grp		50.00
District 47		400.00
Exeter-Quiet Trails	100.00	300.00
Exeter Sun Afternoon		150.00
Foundation Group		50.00
Freedom Fellowship		0.00
Fri. Night Study Tulare		50.00
Friday Noon 210		0.00
Half & Half		0.00
Lemoore Sat 12x12		0.00
Lindsay Fireside Grp		0.00
Messy Pants Winos		40.00
Monday Men's Mtg.		0.00
Mid Valley-Tulare		00.0
Mon Book Study-S'ville		0.00
Mon Lit Study-Visalia	300.00	300.00
Mon Men's Book Study		0.00
Nooners Group-Visalia		0.00
Pine Recovery AA Mtg		28.00
Porterville Young People		40.00
Practicing The Pinciples		0.00
Rainbow Group		260.00
Rule 62-Visalia	50.00	50.00
Serenity Junction-Tulare		0.00
Serenity Seekers AM-Visalia	250.00	500.00
Soberfest Groups		0.00
Sobriety Sisters		158.00
Wed. Sobriety Celebration		0.00
Springville Gut Level		116.00
Sun Bkfst Spkr Mtg	200.00	200.00
Sun PM Serenity Seekers		0.00
Tulare Young People		80.00
TUFYPAA		313.75
Tulare Fri. Book Study		0.00

Tulare 2nd Fri Spkr Mtg		0.00
Tulare Tuesday Night		300.00
Tulare Sunday Night		0.00
Tues Noon 210		0.00
Tues. Men's-P'ville		170.00
Three Rivers-Monday		147.00
Unity Thru Traditions		34.35
Valley Group		0.00
Valley Speaker Series		0.00
Wandering Couples		141.00
Wed. Acceptance, P'ville		200.00
Weekend Attitude Adj.		0.00
Women's Amity-Visalia		0.00
Women's Changes-P'ville		100.00
Women's Fri. Night-P'ville		0.00
Women's Sat AM 12x12		0.00
Young & Restless	150.00	150.00
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Total	1,531.04	7,806.62

## Service Meetings

### AND ADDRESSES

GSR Meeting at Central Office  
449 E. Maple St., Exeter, CA  
Wednesday, June 12, 2019 at 7:00 PM

CSR Meeting at Central Office  
449 E. Maple St., Exeter, CA  
Tuesday, June 11, 2019 7:00 PM

H&I Meeting at Alano Club  
Visalia Alano Club, 1311 W. Murray  
Saturday, June 8, 2019 at 9:00 am  
2nd Saturday of even months.

### SERVICE ADDRESSES

#### Tulare County Central Office

449 E. Maple St.  
Exeter, CA 93221

#### District 47, C.N.I.A.

P.O. Box 273  
Exeter, CA 93221

#### CNIA Treasurer

PO Box 161712  
Sacramento, CA 95816-1712

#### General Service Office

PO Box 459, Grand Central Station  
New York, NY 10163



# Lighter Side of AA Speaker Meetings

How many drunks does it take to change a light bulb?  
Twenty One. One to hold the bulb and twenty to drink until the room spins.

This really drunk guy walks up to a parking meter and puts in a quarter. He stares at the needle that has stopped at 60 and exclaims, "I can't believe I lost 100 pounds!"

What would you call a drunk who works at an upholstery shop?  
A recovering alcoholic.

Two friends were out drinking when suddenly one lurched backward off his barstool and lay motionless on the floor. "One thing about Jim," his buddy said to the bartender, "He knows when to stop."

A five-dollar bill walks into a bar. Bartender says, "Get outta here! We don't serve your type. This is a singles bar."

A man walks into a bar with a roll of asphalt under his arm and says: "Pint please, and one for the road."

There was a guy who had at least 4-5 drinks of whiskey every day of his adult life. When he died, they cremated him, and it took two days to put out the fire!

Three old ladies are walking down the street. They are hard of hearing.

One: "Whew, it's windy today!"

Two: "No. Today's Thursday!"

Three: "So am I! Let's go to a bar!"

## Porterville Recovery Club Speaker Meeting

186 W. Walnut Ave.

Friday June 7th, 2019 at 8:00 PM

Speaker: - Don H. - Porterville, CA

## Friday Book Study Speaker Meeting

1820 N. Gem St, Tulare

Friday, June 14th, 2019 at 8:00 PM

Speaker: - Gia M Visalia

## Sunday AM Breakfast, Speaker Meeting

Veterans Memorial Building

36000 Hwy 190, Springville

Sunday, June 9th, 2019 at 10:15 AM

(Breakfast at 8:30 to 10:00 AM)

Speaker: Tina A. - Los Angeles, CA

## The Valley Group, Speaker Meeting

The Gallery @ The Creative Center

410 E. Race Ave.

Every Wednesday from 7-8 p.m.

June 5- Danielle F. Tulare 16years

June 12-Jay L. Sherman Oaks 30 years

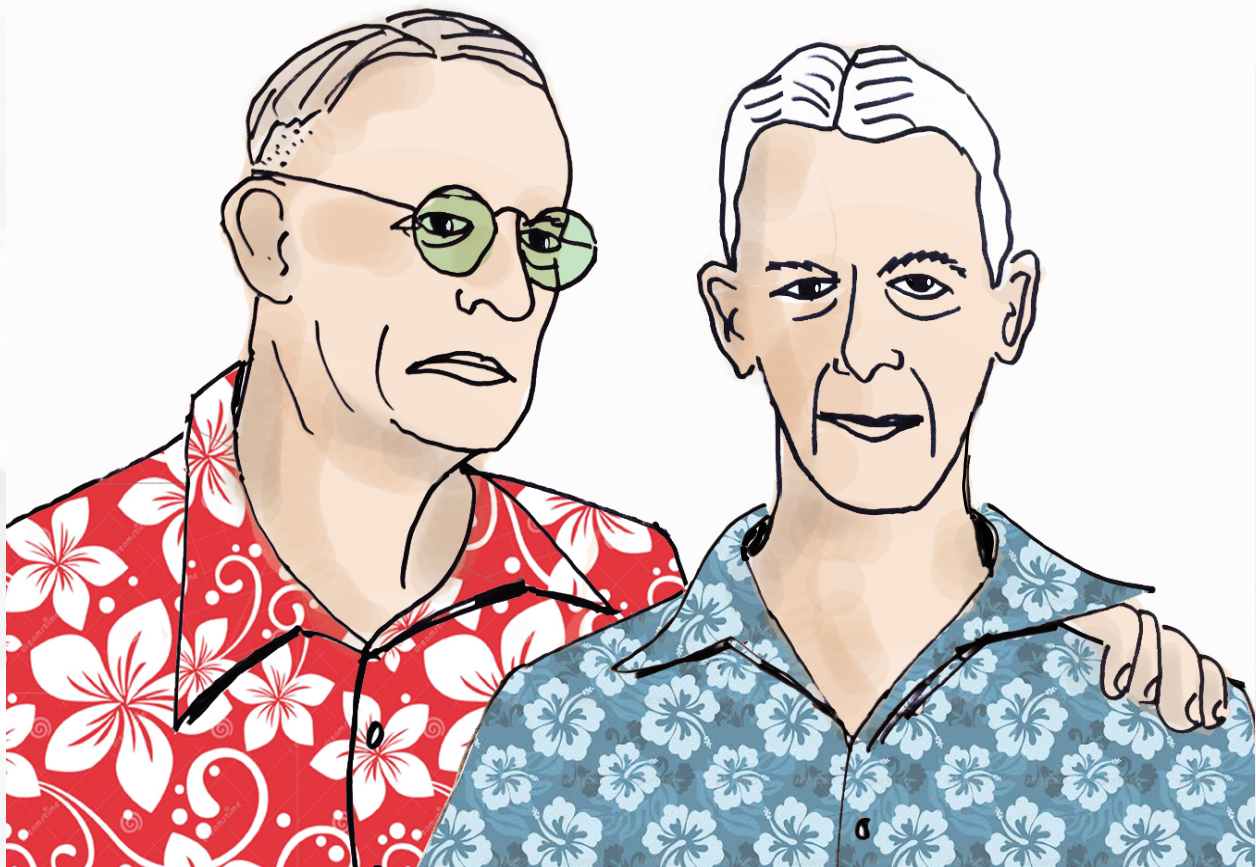
June 19- Jennifer C Fresno 3 years

June 26- Jacob A Porterville 1 Year

**That's 50 years of sobriety in 4 easy 1 hour sessions!**



# Tulare County Central Office Founders Day Picnic



**SATURDAY - JUNE 1, 2019**  
**MOONEY GROVE PARK - VISALIA - ARBOR #9**

**SPEAKER: Tony O. FROM Bakersfield, Calif.**  
**Lunch Served FROM 11 AM TO 12:30 PM**  
**LUNCH: Adults: \$5.00 / Kids Under 12: \$1.00**  
**Hamburgers AND Hot Dogs WITH All The Fixin's - Chips - Dessert - Free Coffee**  
**Come Early for Setup at 8:00 AM - Picnic Starts at 9 AM - Speaker at 1 PM**

# 4TH ANNUAL UNITY & SERVICE CONFERENCE

July 19 - 21, 2019

CONCORD HILTON, 1970 DIAMOND BLVD, CONCORD, CA



## APPLYING OUR TRADITIONS & CONCEPTS TO REAL LIFE

Bob D., Las Vegas, NV  
Scott H., Kamloops, BC  
Meg & Drew B., Concord, CA  
Vikki R., Yuba City, CA  
Melissa L., Rochester, NY  
Jeanne Woodford, CA

Sponsoring: Using All 3 Legacies  
AA Around the World  
Three Legacies in Relationships  
Safety in AA  
Concepts in the Home Group  
Speaker - Past Class A Trustee  
& Past San Quentin Warden

## Service Panel Speakers + Bonus Workshops

Friday Night Ice Cream Social\*  
Saturday Evening Banquet\*  
Showcasing Highlights from the AA Play "In Our Own Words"  
Sunday Morning Concepts Breakfast\*

**THIS IS A SELL OUT EVENT! Register at: [UnityAndServiceConference.org](http://UnityAndServiceConference.org)**  
Base Registration: \$35. \*Ticketed events require Pre-Reg due to availability!

[Hilton Hotel Discounts](#) available until June, 2019, or until hotel block sells

*Sponsored by the Love and Service Group, Pleasant Hill, CA*

Email [info@unityandserviceconference.org](mailto:info@unityandserviceconference.org) or call (925) 922-5639 for more info



# Announcing a Weekly Open AA Speaker Meeting in Visalia



## New Location Starting April 3, 2019

## The Valley Group

Meets Every Wednesday  
Evening  
7-8 PM

*Chip Meetings for Newcomers!*

Meeting in The Parish Hall  
at St. Paul's Church  
120 N. Hall Street  
Visalia, CA 93291

## Second Annual AA Women in Unity Retreat

June 21, 22, & 23, 2019

Registration opens Friday 6/21 at 4pm with opening meeting at 7:00pm

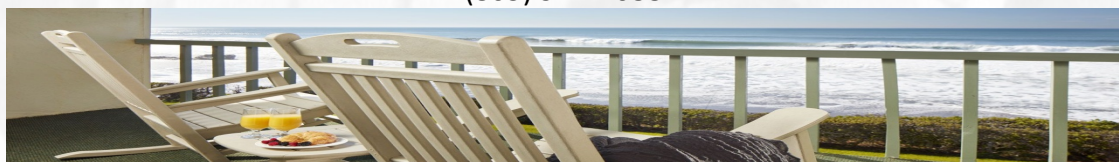
Contact hotel directly for room reservations and mention AA retreat for special hotel rates

Cavalier Ocean Front Resort

9415 Heart Drive

San Simeon Ca 93452

(805) 927-4688



- Early Bird Registration ends on 4-15-19 after 4-15-19 registration is 35.00 with meals 120.00. Not refundable but transferable.
- Sherry G. sherrydutra@comcast.net or Sherri D red57pearl@gmail.com for questions
- We are in search of speakers please submit CD or mp3 or letter explaining the reason you feel you would be a good speaker. Topic is 3<sup>rd</sup> and 11<sup>th</sup> step. Mail to address below.

Registration	With meals	Without meals	
NAME (as you want it on your name badge)			
Earlybird before 4/15/19 registration with 3 meals Sat and am only Sun.	100.00	25.00	
After 4/15/19 registration with 3 meals Sat and Sun am only	120.00	35.00	
NEWCOMER DONATIONS	\$	\$	
Grand Total Make check payable to Women in Unity AA			
Address – phone- email			(registration to be mailed or emailed?) please enclose self addressed stamped envelope if you want confirmation mailed
Mail check to... AA Women in Unity c/o AA Central Office	449 E Maple, Exeter, CA 93221		CLEARLY MARK ON ENVELOPE AA WOMEN'S EVENT  DO NOT MAIL CASH  One registration form per person please



# RECOVERY RETREAT

February 14-16, 2020  
with **John McAndrew**

\$250 Shared Occupancy  
\$350 Private Occupancy  
(if space available)

RETREAT BEGINS WITH 6PM DINNER ON FRIDAY  
AND ENDS AFTER 12PM LUNCH ON SUNDAY

*If Interested  
1/23/20  
6058-082-655*

## St. Anthony Retreat Registration Form

Name: \_\_\_\_\_ Phone: (     ) \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Parish Name: \_\_\_\_\_ Email: \_\_\_\_\_

Room Preference:  Shared \$250 Name of Roommate, or we can assign one  
 Private \$350 (if space available)

Special Needs/ Dietary Needs: \_\_\_\_\_

Able to climb stairs?  yes  no      EMERGENCY CONTACT : \_\_\_\_\_

Credit Card #: \_\_\_\_\_ Exp. Date: \_\_\_\_\_ Charge All:  Deposit Only:

WE ACCEPT MC, VISA & DISCOVER

Name on Credit Card: \_\_\_\_\_



Please Print Signature  
To make a reservation, please send form and \$75 deposit per person to  
St. Anthony Retreat ■ PO Box 249 ■ Three Rivers, CA 93271 -0249  
(559) 561-4595 ■ Fax (559) 561-4493 ■ stanthonyretreat.org  
Make checks payable to "St. Anthony Retreat"  
ALL DEPOSITS ARE NON-REFUNDABLE AND NON-TRANSFERABLE

# *Your Content Here!!!*

Have an event????

New group starting up?????

Have a story to share???

Take some amazing photos around our district???

Want to be of service????

All this can be accommodated-we are available to help! Simply reach out to us here at Central News and we will do all we can to get the word out!!!

Carrying the message to the Alcoholic who still suffer is our primary purpose. What better way to do it then to get involved!!!!

Send your content to:

[centralintergroupnews@gmail.com](mailto:centralintergroupnews@gmail.com)

... and we will help you communicate to district 47!!!