

# CENTRAL NEWS

October 2019

## *The Race For Life*

Below me on the track I see a line of men, knees bent, hands on the ground, toes dug in, strained and tense, waiting for the starting gun, the crack of which will launch them on a grueling grinding competitive race for the finish line, where there can be only one winner. If any falter and fall, if any slip or hesitate, he is lost because no one will pause to help him back in the race. To those left it means there is one less in the race to stay.

Then I see another group of men and women, too, lined up again at the starting line; this is at a beginners' meeting of A.A. They are shaky, weak, fearful and sick, waiting to hear the starter's gun in A.A. that will launch them on the race for the A.A. program of life. But from the starting point in the A.A. race to the finish, all is different from the other race. Here there are willing, understanding hands that continually reach down and back to try and put back into the race those who falter, slip, and slide, because this is not a race of competition but is like no other race in the world. It is a race where all can win who sincerely desire to cross the finish line of sobriety.

Those in the lead stop and help the weak and sick

Morning Mist Bandon, OR Louie T.

because they realize that it is only in helping others stay in the race that they themselves can hope to cross that line wherein we can find peace, quiet and serenity. Those in the lead or who came in earlier know that it is the push from the bottom or starling line that keeps them on top, and they know that it is only by keeping new faces at the starling line that they can hope to retain what they themselves have. This is not a race wherein we can ever say we have completely won and are the victors. We never win, but continue to grow only as we are willing to try and give away what we have. Those at the starting line are our foundation and if we neglect the foundation of our structure or building, it will collapse and fall, and we will slide back into the dismal abyss from which we came.

The track never gets crowded or overpacked, so dig in and give a starter's voice at the meetings to launch someone else on the pathway of life that has only happiness as the reward at the end of the race.—J.F.H.

P.S. As a suggestion to the members or anyone interested in the relative or non-alcoholic, we have found here in Southern California that the formation

of non-alcoholic groups, and there are several, has been a big help. They have their own 12 Steps, written by and for nonalcoholics, hold and conduct their own meetings the same as we do. They have open meetings at least once a week where the A.A.s, the public and non-A.A.s get together and get acquainted. The non-A.A. needs the Program as much as we do. I know that it is through the help and understanding of my wife that I own a large share of my sobriety today.

—J.F.H. Linda Vista, Calif. AA Grapevine Oct. 1946

**Step 10** *Continued to take personal inventory and when we were wrong promptly admitted it.*  
George A Dorsey, American anthropologist, wrote; “Man is something happening all the time; he is a going concern, he makes his rules, revises his formulae and recasts his mould in the act of being and while going. It is in man’s nature that he does not stay put.”

The value of a perpetual inventory is to keep us from Going Stale. It helps us Stay Put.

Step Four provided us with an inventory that served a definite purpose. It exposed character defects we formerly refused to recognize. Step Ten will safeguard the progress made as a result of completing and working on the steps in between.

Interpretation of Step Ten does not allow us to accept the inventory taken in Step 4 as complete or final. Step Ten creates an awareness of our humanness. Mistakes will be made. Selfish self-centered behavior driven by a hundred forms of fear still exists. However, we have been given a tool allowing us to not create and carry forward baggage that we became accustomed to during our drinking lives.

There are two parts to this step. Take inventory and promptly admit. I find it interesting how the simple formula of willingness and action weaves throughout the steps. If I am willing to review my day daily and then take the necessary action promptly, I am not only working the step in my life, I am also actively staying put. Participating in creating a present moment I can comfortably live in.

I was always on the move while I was drinking, figuratively and sometimes literally. The practice of Step Ten has helped me to do something my first sponsor tried to teach me from the beginning, learn to be still.

--Mike K Sunday Serenity Seekers (AM)

**Tradition 10** *Alcoholics Anonymous has no opinion on outside issues; hence the AA name ought never be drawn into public controversy*

Thank goodness for the Traditions! This one is my all time favorite. When an AA member reads all the literature referencing the Traditions, one can draw the conclusion that this Tradition curbs self-will run riot. The Washingtonians are a good example of straying away from our primary purpose. They created a train wreck with their views on slavery, political matters and then they decided to reform drinking habits by becoming temperance crusaders. The 12x12 states very clearly on page 176, “we AAs have known from the very beginning that we must never, no matter what the provocation, publicly take sides in any fight, even a worthy one.”

Every AA person has an opinion. On some things we agree, on some things we disagree. There are two ways we can find ourselves in the storm of public opinion: by taking a position ourselves or by being drawn into public controversy by someone else. In AA we are reminded that we are responsible for keeping our focus: our primary purpose. The lines between AA and the outside world are often clearer than the lines between our personal lives and our membership in AA. What we do in AA is different; recognizing and honoring that difference is critical to our integrity as a Fellowship and to our personal recovery.

The Traditions were created through experience and wisdom. Our experience, strength and hope carry a clearer message than our opinions ever could. Sharing from the heart connects us to our common experience and common purpose.

Cheryl H.

# Tulare County Hospitals & Institutions

We all have the opportunity to be part of AA's Unity and Service by participating in Tulare County Hospitals and Institutions Committee. The Hospitals and Institutions Committee's only purpose is to carry the message of AA to the confined alcoholic. Tulare County does not stand alone in this endeavor, we are part of the Northern California Hospitals and Institutions Committee. Northern California Hospital's and Institutions Committee is the oldest 9th Tradition Service Committee in AA having formed in 1946. The activities of this Committee are based on, and governed by, the Twelve Traditions of Alcoholics Anonymous. Last year alone H&I volunteers in the Northern California Hospitals and Institutions Committee's area because of the generous support of AA members who contributed to the Pink Cans were able to bring 34,619 AA meetings to confined alcoholics in Hospitals and Institutions from Tulare County to the Oregon Border. It is utterly mind blowing to think what a few coins in a Pink Can along with AA members' commitment to service is capable of when we work in unity.

Tulare County Hospital & Institutions Committee invites every AA member and encourages groups to send a representative to our next business meeting on October 12, 2019, 9:00 am at the Visalia Alano Club to learn of the large variety of service positions available in this committee. At this meeting, the General Chair of the Northern California Hospitals and Institutions Committee will share with us how AA's Unity is working through this committee. We will also have the opportunity to fellowship with our neighboring Fresno County H&I and Spanish H&I Region representatives. It will be an opportunity for Tulare County to be part of the amazing power of AA's Unity and Service.

Joyce R  
Tulare County H&I Area Chair



Haven't spoken for to you a while Theresa S. here from Visalia. A A birthday May 1997... The reason I'm writing is because a friend of mine with good intentions a friend in law enforcement gave me a glass with a bullet in it it's a prop. However it made me think about how dangerous my alcoholism was and how it can be for other people. How it destroys everything it comes in contact with for us that can't sustain. Thought, I would send you a picture of it in case you need it for any upcoming magazine issues on the dangers of practicing alcoholism. Just so you know it is Powerade in the glass,... Only a fellow AA member would understand my sense of humor on this glass.... Thank you for listening to me once every couple of years.

--Theresa S. Visalia





# Central Service Meeting

September 10, 2019

MEETING CALLED TO ORDER: Mike S.

TIME: 7:00PM

BOARD MEMBERS PRESENT: Hal W, Mike S, Mike K,

Monica ABSENT: Elgin

SERENITY PRAYER: Mike S.

12 TRADITIONS: Louie T.

MINUTES OF LAST MEETING: It was Mitch K. not Mike K. for the Bridge St group, Leo C. was this month speaker not last, Women's Tue. Night Changes in Porterville are meeting the Nazarene Church not the Light House Church.

Additions, Corrections, & Approval of Minutes.

REPORT OF LAST BOARD MEETING: All Board members were present except Elgin. The minutes were approved. Mike K. is still looking for a place for the Pancake Breakfast but he does find a place soon the event will be move to sometime after the first of the year. We will be discussing to the CSR next month asking for nominees for 2 positions on the Board. We also talked the long term planning for the office for in the future when Bob decides to retire.

TREASURER and OFFICE REPORT: Bob reported we had an income of \$2,771.32 and expenses of \$2,661.00 for a gain of \$110.32 for this period. Group and individual contributions were good. Grateful Givers Club brought in \$340.00 and is much appreciated. We had 1 transaction in Credit and debit card for a total net sale of \$14.92. Expenses included our Workers Comp premium of \$387.77 plus regular monthly expenses.

PUBLIC INFORMATION REPORT: None

VOLUNTEER STEP WRITERS FOR CENTRAL NEWS

STEP FOR NEWSLETTER-VOLUNTEER

Month	Step	Member	Due Date
Oct	10	Mike K.	10/20/19
Nov	11	Louie T.	11/20/19

TRADITION FOR NEWSLETTER-VOLUNTEER

Month	Tradi	Member	Due Date
Oct.	10	Cheryl H.	10/20/19
Nov	11	Mike K.	11/20/19

WEB SITE REPORT: David reported we had 4,164 page

views (much larger than last month) and we have 545 Unique IP (about the same as last month).

NEWSLETTER REPORT: Louie reported the newsletter is going along fine and has had some members send in pictures for the front cover.

H&I REPORT: Joyce reported that Tulare County H&I is the 9th oldest formed in 1946 and is part of the Northern California & Institutions Committee. Last year they were able to bring 34,916 AA meeting to confined alcoholics in Hospitals and Institutions from Tulare County to the Oregon Border.

As Tulare County H&I Chair I am asking for help from our local fellowship. We are a service committee not a group. We need volunteers to carry the message and we need the group to please pass the pink can around at your meetings. Please put Area 93 on all checks sent to NorCal. Please join us at 2nd Sat of even months, 9:00pm, at the Alano Club. Our next meeting is Oct. 12th.

GSO LIAISON: Allen reported that District 47 is having elections on 11/6 at the Central Office at 7:00pm at their District Meeting. They are looking DCM, Att. DCM, Secretary, Treasurer and a Registrar. If you are interested please attend the 11/6 meeting. Does require 5 years of sobriety.

Also Area 07 (CNIA) is having an Election Assembly on 11/15 thru 11/17 hosted by District 55 at the Lindsay Memorial Building in Lindsay. Please see the attachment in the news letter.

CSR REPORTS:

John W: The Civic Center group meeting every Tuesday at 7pm and now a 1 hour meeting. We meet at the Christ Lutheran church at 3830 W. Tulare. We start with a speaker then we open the meeting up for discussion. We are need support and we have open positions to fill. The business meeting is at 8.00pm on the 3rd Tuesday of the month.

David G. - The Messy Pants Winos meets every Wednesday at 7: PM for 1 hour at the Visalia Alano Club. This is an open meeting, with a 20 minute speaker, and then the meeting is open for discussion. We have a good number of new comers, so experience members are needed. We do a call for sponsors and sponsees and we hand out chips every meeting.

Stella T. - Women's Tuesday Night Changes in Porterville at the Nazarene Church. This is an all women meeting.

Subjects are picked from a jar for discussion. We have a business meeting on the 3rd Tuesday of the month. Birthdays are celebrated on the last Tuesday on the month with either a pot-luk or at a restaurant.

Jesse Montijo: Sunday Breakfast Springville. We served about 80 breakfasts our speaker was Lee C. from Santa Maria and his wife was the minute speaker. The 50/50 raffle brought in \$170.00. Lost about \$50.00 of food due to the frig going out but between the 50/50 and 7th tradition the food lost was covered. Please join us \$5.00 breakfast starts at 8.00am over at noon.

Mike K. - Valley Group speaker Series meets at St. Paul's church at Center and Hall Street in Visalia every Wednesday. The Valley group has 2 large speaker events per year and donates its excess funds to the Central Office.

Allen L. - The Serenity Seekers AM meet on Sunday at 10:00AM. We do birthdays for 30, 60, 90, days and 6 month and 9 month chips weekly. Monthly birthdays are celebrated with cake on the last Sunday of the month. We have between 20 to 30 members in attendance. We contribute to all AA entities. We have a CSR, GSR representative and a good mix of old timers and newcomers at most meetings.

Monica R. - Porterville RSVP-Young People Group meet Friday 6:30PM at 165 E. Mills. This is a young people meeting we welcome all ages, young is define anyone with the room to grow. We give out chips for various length of sobriety.

Brandon M.. - We have 20 meeting a week at Bridge St in Visalia. The morning 7:00AM meetings are closed. The noon meeting is closed Monday thru Friday and open meeting on the week end. Monday evening meeting is a closed women meeting. Tuesday and Wednesday are Book Studies, Thursday night s the Primary Purpose group. Saturday evening is an open discussion and Sunday is the 10th Step. All meetings have a good mix of old and new, a great place for fellowship and find a sponsor and hear the message.

Louie T. - Sunday Night Serenity Seekers is an open meeting on Sunday at 7:30 at The Center for Spiritual Living. We have 30 minute guest speaker followed by an open discussion. We have from 30 to 40 in attendance with a variety of sobriety.

Jerry O. - Monday Means Stage meets every Monday at 820 East Main (PPVA Hall) in Visalia. We celebrate birthdays on the last Monday of the month. Please come join us.

Louie T: Hillman Group we meet on Thursday at noon @ St. Ritas Church in Tulare. It is a very intimate group 10-15 please join us.

Hal W. - Quiet Trails meets in Exeter at the Methodist church from 7:30 to 8:30. This meeting is a subject meeting for 1 hour. We recognize birthdays at the end of

the month. We have about 15-20 folks in attendance.

Cheryl H.: On Aug 23 Board member Mike Scott attended Gut Level to explain Central Offices position on the New Years party and fundraisers. Mike acknowledged that we should we should consulted the groups and the Board will bring decision making policy to the groups. Gut Level welcomes AA members to attend our Thursday night mtg from 7:00 to 8:30pm and share in the camaraderie while we carry the message.

Alice S.: Women's Amity Group is a closed meeting that meets every Tuesday at 6:30pm. Till 8:00. The meeting is held at the Trinity Reformed Church in Visalia. Well attended about 25 to 40 ladies, we celebrate various lengths of sobriety up to 1 year each week and yearly birthdays once a month on the last Tuesday. We are doing group inventory to make sure we are fulfilling its primary purpose. Regular business meeting on the 3rd Tuesday of each month.

Alice S.: Sober sisters is an open meeting women's meeting every Monday at 7:30pm. We are now located to The Hillman House 220 W. Tulare St. in Tulare. Birthdays are at the end of the month with cake and chips. Business meetings are on the 3rd Monday of every month. We are a small group and need some support.

#### OLD BUSINESS:

Mike K. still looking for a place to hold the Pancake Breakfast if you know of any place please call Mike at (559) 647-7705.

NEW BUSINESS: Any decision will be tabled for 30 days and the information will be sent back with the CSR to their groups so they can be informed and have a voice in the matter.

.7th TRADITION: \$34.00

ANNOUNCEMENTS:TUFYPAA have 2 events coming up soon. Please take a look at the flyer in the newsletter.

MEETING ADJOURNED: 8:15pm

# Service Meetings

## AND ADDRESSES

GSR Meeting at Central Office  
449 E. Maple St., Exeter, CA  
Wednesday, September 11, 2019 at 7:00 PM

CSR Meeting at Central Office  
449 E. Maple St., Exeter, CA  
Tuesday, September 10, 2019 7:00 PM

H&I Meeting at Alano Club  
Visalia Alano Club, 1311 W. Murray  
Saturday, October 12, 2019 at 9:00 am  
2nd Saturday of even months.

## SERVICE ADDRESSES

### Tulare County Central Office

449 E. Maple St.  
Exeter, CA 93221

### District 47, C.N.I.A.

P.O. Box 273  
Exeter, CA 93221

### CNIA Treasurer

PO Box 161712  
Sacramento, CA 95816-1712

### General Service Office

PO Box 459, Grand Central Station  
New York, NY 10163

# Contributions

## Birthday Club

Don H.	Porterville	46
Hal W.	Lemon Cove	32
Sheri T.	Hanford	15

## GRATEFUL GIVERS CLUB

Members - \$ 340.00

## Individual Contributions

Anonymous  
Bill & Susanne H.  
David G.  
Don H.  
Jim K.

## Newsletter Contributions

None

## Memorial Contribution

None

## Memorial Contribution

None

# Central Office Contacts

Answering Service Calls	1
AA Members	9
Court Ref/Info	9
Meeting Information	17
H & I	0
Alanon & Alateen Information	1
Info. re Recovery Homes	0
Schedules & Info-Mailed & Faxed	1
Bridging The Gap	1
Other 12 Step Programs	2
Visitors to Office	30
Literature Sales	12
Specialty Sales	17
Churches & Schools	0
General Information	10
Prospective Members	2
Twelve Step Calls	0
E-Mail Contacts	9
Spanish Contact	2

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<b>Total</b>	<b>141</b>
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# Group Contributions

<u>8/21/19-9/20/19</u>	<u>Month</u>	<u>YTD</u>
10th Ave Men's-Lemoore		50.45
ABC Group		0.00
Alpha-Wed-Tulare		0.00
Attitude Modification-210		425.00
Bill & Friends	155.00	305.00
Breath of Fresh Air		0.00
Bridge St. "Drunks Only"	403.72	2,910.05
Central Calif. Roundup		0.00
Civic Center Grp.		273.40
Clodbusters-Tulare		600.00
Crossroads-Tulare		150.00
CSO Meeting	34.00	363.81
Dinuba Grp	68.00	202.00
District 47		400.00
Exeter-Quiet Trails	100.00	500.00
Exeter Sun Afternoon		270.00
Foundation Group		50.00
Freedom Fellowship		0.00
Fri. Night Study Tulare		50.00
Friday Noon 210		0.00
Half & Half		250.00
Hillman Group		100.00
Lemoore Sat 12x12		0.00
Lindsay Fireside Grp		40.00
Messy Pants Winos		40.00
Monday Men's Mtg.		100.00
Mid Valley-Tulare		00.00
Mon Book Study-S'ville		0.00
Mon Lit Study-Visalia		300.00
Mon Men's Book Study		0.00
Nooners Group-Visalia		0.00
Pine Recovery AA Mtg		28.00
Porterville Young People		40.00
Practicing The Principles		0.00
Rainbow Group		310.00
Rule 62-Visalia		150.00
Serenity Junction-Tulare		100.00
Serenity Seekers AM-Visalia	107.00	607.00
Soberfest Groups		0.00
Sobriety Sisters		208.00
Wed. Sobriety Celebration		0.00
Springville Gut Level		360.00
Sun Bkfst Spkr Mtg		425.00
Sun PM Serenity Seekers		0.00
Tulare Young People		164.00
TUFYPAA		313.75

Tulare Fri. Book Study		0.00
Tulare 2nd Fri Spkr Mtg		0.00
Tulare Tuesday Night		700.00
Tulare Sunday Night		0.00
Tues. Men's-P'ville		290.00
Three Rivers-Monday		147.00
Unity Thru Traditions		34.35
Valley Group		0.00
Valley Speaker Series		0.00
Wandering Couples		141.00
Wed. Acceptance, P'ville		300.00
Weekend Attitude Adj.		0.00
Women's Amity-Visalia	224.54	442.42
Women's Changes-P'ville		162.50
Women's Fri. Night-P'ville		0.00
Women's Sat AM 12x12	180.00	180.00
Young & Restless		150.00
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Total	1,272.26	12,757.73

# Speaker Meetings

**Porterville Recovery Club Speaker Meeting**  
**186 W. Walnut Ave.**  
**Friday October 4, 2019 at 8:00 PM**  
**Speaker: - Art J. - Porterville, CA**

**Friday Book Study Speaker Meeting**  
**1820 N. Gem St, Tulare**  
**Friday, October 11, 2019 at 8:00 PM**  
**Speaker: - Allen L. Exeter**

**Sunday AM Breakfast, Speaker Meeting**  
**Veterans Memorial Building**  
**36000 Hwy 190, Springville**  
**Sunday, October 13th, 2019 at 10:15 AM**  
**(Breakfast at 8:30 to 10:00 AM)**  
**Speaker: David P. - Los Angeles, CA**

**Oct 2- Lorenzo M. of Visalia 13 Years**  
**Oct 9 - Martha M. of Visalia 20 Months today!**  
**Oct 16- Anthony W. of Visalia 9 months**  
**Oct 23- Teri L. of Fresno 14 Years**  
**Oct 30- Michelle G. of Visalia 8 Years**  
**That's 37 years of sober experience in AA in five simple one-hour sessions!**

# Lighter Side of AA

## All Hot Air

A man in a hot air balloon realized he was lost. He saw a person on the ground and yelled down to him, "Can you help me? I don't know where I am." The man replied, "Sure, I'll help you. You are in a hot air balloon hovering 30 feet above the ground...between 40 and 41 degrees North latitude and between 59 & 60 degrees West longitude."

"Wow, you must be an AA sponsor", said the man in the balloon. "I am", said the man, "but what gave me away?"

"Well", answered the balloonist, "everything you told me is technically right but I am still lost. Frankly you're not much help at all and you might even have delayed my trip."

"You must be an AA sponsee", replied the man. The man in the balloon was amazed and said, "I am, but how did you know?"

The man on the ground said, "Well, you don't know where you are or where you're going. You have risen to where you are due to a lot of hot air. You are expecting other people to solve your problems and the fact is that you are in exactly the same position you were in before we met, but, somehow now IT'S MY FAULT" !

## The Tracks

Three drunks are walking in the woods and they came upon some tracks . The first says "i think these are deer tracks" ' the second says "no these they're badger tracks" the third says no these are fox tracks" sadly whilst arguing they were all killed by the train.

# Upcoming Events

**Have an Event?? Send an Email:  
centralintergroupnews@gmail.com**

# District 47 Meeting

August 7 2019

Meeting Called to Order: 7:00 p.m. by District Committee Member Josh F.

**Committee:** Josh F., DCM; Allen L., Alt. DCM and GSR for Visalia AM Sunday Serenity Seekers Group; Greg G., Treasurer; James W., GSR for Bridge Street Drunks Only Group; Kenneth B., GSR for Springville Gut Level Group; Dannette L., GSR for Women's Amity Group; Brian P., GSR for Rainbow Group; David G., GSR for Visalia PM Sunday Serenity Seekers Group; Shawn S., The Young and the Restless Group.

The Serenity Prayer and the GSR Preamble were recited by all present.

Twelve Traditions: James W.

Twelve Concepts: Concept 8; Josh F.

Approval of Minutes: The July 3, 2019 minutes were approved as written.

Treasurer's Report: Greg reported of a balance forward of \$2,013.65. Total income for the month of July was \$231.17, and expenses were \$603.96, leaving an ending balance of \$1,640.86. Expenses were much higher than usual due to the service workshop.

CSO Report: Allen L. and David G. provided status reports.

DCM Report/Old Business: Fall Workshop Recap: It was agreed that David G. and Allen L.'s hard work paid off with an interesting and well-attended service workshop. District 47 Meetings: Members were encouraged to speak with their groups in order to gauge interest in hosting or participating in prospective events. District 47 Officer Positions. A new slate of trusted servants will be needed for the 2020 Panel. Those interested in being of service to the District may make themselves available to be considered for the following positions: District Committee Member, Alternate District Committee Member, Treasurer, and Secretary.

The meeting closed with the Declaration of Unity and the Responsibility Declaration at 7:59 pm.

The Valley Speaker Series Presents:

# SOBERFEST 2019

\$15 pre-sale  
dinner tickets

Get your  
tickets now!

Saturday October 12th, 2019  
CHRIST LUTHERAN CHURCH  
3830 W. Tulare Ave, Visalia

**11am-5pm**

Back to the 40's step workshop  
(Newcomers who attend receive free dinner ticket)

**530pm-630pm**

Ranch style tri-tip & spaghetti dinner

**7pm**

Speaker Meeting  
Bob D. of Las Vegas, Nv  
Sober 40 Yrs, 11 months, 12 days!!  
Meeting is ASL Interpreted

Special needs assistance:  
Alex A: 559-280-3850

## Contacts:

Boo M. 559-303-2484  
Barbara V. 559-303-5761  
Elgin M. 559-553-5736  
Bill H. 559-740-8613





# RECOVERY RETREAT

February 14-16, 2020  
with John McAndrew

\$250 Shared Occupancy  
\$350 Private Occupancy  
(if space available)

RETREAT BEGINS WITH 6PM DINNER ON FRIDAY  
AND ENDS AFTER 12PM LUNCH ON SUNDAY

*If Interested  
1 x 3 /  
6058-082-655  
559-280-8507*

## St. Anthony Retreat Registration Form

Name: \_\_\_\_\_ Phone: ( ) \_\_\_\_\_

Address: \_\_\_\_\_

Parish Name: \_\_\_\_\_ Email: \_\_\_\_\_

Room Preference:  Shared \$250 Name of Roommate, or we can assign one \_\_\_\_\_

Private \$350 (if space available) \_\_\_\_\_

Special Needs/ Dietary Needs: \_\_\_\_\_

Able to climb stairs?  yes  no EMERGENCY CONTACT : \_\_\_\_\_

Credit Card #: \_\_\_\_\_ Exp. Date: \_\_\_\_\_ Charge All:  Deposit Only:

WE ACCEPT MC, VISA & DISCOVER

Name on Credit Card: \_\_\_\_\_



Please Print

Signature

To make a reservation, please send form and \$75 deposit per person to  
St. Anthony Retreat ■ PO Box 249 ■ Three Rivers, CA 93271 -0249  
(559) 561-4595 ■ Fax (559) 561-4493 ■ stanthonyretreat.org  
Make checks payable to "St. Anthony Retreat"  
ALL DEPOSITS ARE NON-REFUNDABLE AND NON-TRANSFERABLE

# *Your Content Here!!!*

Have an event????

New group starting up?????

Have a story to share???

Take some amazing photos around our district???

Want to be of service????

All this can be accommodated-we are available to help! Simply reach out to us here at Central News and we will do all we can to get the word out!!!

Carrying the message to the Alcoholic who still suffer is our primary purpose. What better way to do it then to get involved!!!!

Send your content to:

[centralintergroupnews@gmail.com](mailto:centralintergroupnews@gmail.com)

... and we will help you communicate to district 47!!!