

CENTRAL NEWS

January 2019



Fraiser Valley Sunday David T.

The Seven Freedoms of A New Way of Life

The new way of life is a life of freedom. The alcoholic seldom realizes what a slave he is. Temporary confinement in jails, hospitals and rest homes are the least important of the curtailment of his freedom. He is a slave not only to drink but to his defective self as well. The New Way of Life gives back to the A.A. member his freedom if he follows it faithfully. Having lost his freedom, he can now properly appreciate it. What freedoms does he gain or regain?

1. Freedom from hate. The alcoholic usually becomes a bundle of resentments. Through the New Way of Life, he comes to understand that his fellow man is beset with difficulties, too. He learns human sympathy and tolerance. He comes to realize that it is the lot of our common humanity to be weak, that this frailty calls for help, not hatred. He learns that it is more fun to create than to destroy. He learns that many of his resentments were inspired by the unworthy motive of debasing others to his own unenviable level.

2. Freedom from guilt. A guilty conscience goes hand in hand with drinking. A clear conscience may not cure alcoholism but it helps. Our recovery can start only after we have made amends to those we

have wronged or proved our willingness to do so. We must be able to live with ourselves before we are good company to others. The A.A. Program, literally followed, frees us from a sense of guilt.

3. Freedom from want. Most A.A. members find themselves more prosperous than they ever were when they were drinking. The typical alcoholic is a person with considerable talent and he can turn his aptitudes into good pay checks when he has been sober long enough to regain the confidence of his associates. When he "dries out," however, it is necessary, for his permanent recovery, to begin paying back the sums he probably borrowed in his drinking days. It's next to impossible to dodge creditors and whisky at the same time. Therefore, for a time the new A.A. member may not enjoy this reacquired earning capacity fully. For a time, he may have to economize to pay back old debts, but the results will be richly rewarding. By and large, however, the New Way of Life will provide a freedom from want never known before.

4: Freedom from fear. Most alcoholics suffer from one or more of a variety of anxieties. To escape from these fears has been an aim consciously or

unconsciously of much drinking. Sometimes these have been compulsive fears. Sometimes they have been bafflement at the unknown. Sometimes they have been vague general fears of what the future holds in store. Sometimes specific ones. The New Way of Life may not provide complete freedom from fear. It certainly will not do it all at once. But in placing our lives in the hands of God as we understand Him, we find that our anxieties are reduced, that we have the necessary courage to cope with them. They become manageable. We come to see that the big thing, our escape from certain insanity, or death, makes our fears seem small by comparison. New courage comes with the New Way of Life.

5. Freedom from self. When sober, the alcoholic often displays many commendable traits of altruism. When drinking, his personality becomes entirely egocentric. He pushes aside and does not consider the wellbeing of his family, the good will of his friends, or his own good name. Two things only matter to him, his ego and his alcohol. They, more and more, become one so that in truly chronic alcoholism, the alcoholic feels that his drink is essential to the support of his ego, almost to life itself. It is perhaps in the disciplining of the ego that the New Way of Life has scored its most spectacular success. By iterating and reiterating the idea of service to others, it draws the alcoholic's thoughts away from self. By providing him with a way to support his thoughts with action, it enables him to build up new behavior patterns of unselfishness, he learns what is at the center and core of nearly all the great religions; namely, that the human personality is inviolable, has dignity, is worthwhile, and must be respected. In learning to respect others, he learns a genuine respect for himself. In serving others, he serves himself.

6. Freedom from frustrations. In this area, progress will be slowest and least encouraging. Nevertheless, I am convinced that if the A.A. program is to succeed over a considerable period of time, the alcoholic must learn to resolve his conflicts. We must frankly and fearlessly face the fact that we are neurotic, which is only another way of saying that in one way or another we are frustrated. Alcoholism is one of the ways of neurotic behavior, one of the out-croppings of frustration. Impatience is another when carried to an extreme. A.A. provides two ready-made answers which are very helpful in combatting frustrations. "Easy does

it" and "first things first." Frustrations are stubborn things to fight. It is for this reason more than any other that the alcoholic is only reprieved, never pardoned. He must follow the New Way of Life and continue to follow it. The New Way of Life may not free the alcoholic of all his frustrations but they will become manageable. From the source of all strength will come strength and wisdom adequate for his needs.

7. Freedom from despair. The New Way of Life offers hope. The alcoholic begins to be happy again, and to enjoy life. These are indicative of hopefulness and are good. It is good, too, for the A.A. member to march forward again to new accomplishments through his regained self confidence. The New Way of Life offers a spiritual freedom from despair which is greatest of all. One is freed from the death in life which is living without purpose. He is freed from his faith in nothing. He is freed from the cynicism that nothing has meaning, and that death is a complete and final defeat. The New Way of Life affirms that life is worth the struggle, that happiness is worth the effort, and that God is good. In our prayers, we have often said, "Thank God, I'm sober." Let us add, "Thank God, I'm free!"

Bill M. Mobile, AL AA Grapevine Jan 1948

Step 1 We admitted we were powerless over alcohol—that our lives had become unmanageable.

Over and over I have heard that step one is the only step we must do perfectly. This is the point in which we admit that we have lost all power and control over alcohol (and spoiler alert everything else in our life we don't have any control over). This is the step in which we lay the foundation for our recovery.

I had to come to the place where I could admit utter defeat, but how could I admit defeat against something I didn't even know existed? Luckily for all of us, this program has been established in way where the newcomer is guided through and able to learn from someone who has been in the exact same position, felt the exact same feeling, and now recovered from the exact same malady.

Under the guidance of an experienced and loving sponsor I read the book and I learned what

powerlessness truly was, in the face of impending doom, in the face of a loving family's breaking heart, in the face of everything; I drank anyway. And unmanageability there was no denying that, a blind man could see how unmanageable my life had become. I was completely unable to navigate the simple aspects of life "normal" people do on a daily basis. The only thing I managed to do was get loaded and that wasn't even working right at the end!

I love the following paragraph from Bill's Story:

"No words can tell of the loneliness and despair I found in that bitter morass of self-pity. Quicksand stretched around me in all directions. I had met my match. I had been overwhelmed. Alcohol was my master."

This tells it all! When that phenomenon of craving and metal obsession couple with my spiritual malady, I am in a seemingly hopeless state of mind and body and I have no choice, but to get loaded! This was the place I needed to be to open my eyes and admit that I was powerless over alcohol and that my life was unmanageable.

Since that realization, I have not looked back. I continued to do the work and my life has been amazing ever since then!

Louie T.

Tradition 1 *Our common welfare should come first; personal recovery depends upon AA unity.*

This tradition reminds me of a time as a kid when my dad said, "go outside and play with the other kids on the block. A brother & sister next door, two brothers across the street, Big Gary at the end of the block and David from the top of the hill, all with me and my younger brother.

The phone pole near my house marked the center of the block, the meeting place. The game was hide and seek. Everyone knew how to play. Someone always volunteered to be the first seeker, while the others hid. 1 Rule: stay on the block.

We played for what seemed like hours, running, hiding, tagging and always laughing. Eight kids being kids together. Soon a mom or dad stepped to their front door calling for their child to come in the game changed, our group was less by one's or two's. Eventually enough were called home that the game ended.

This group couldn't have been more diverse. From age range to family religions, from sizes to genders. We met at the light pole – one rule – and together we all experienced a joy and freedom that is the right of childhood. Can you remember? Have you experienced something similar? Have you ever considered playing ALONE?

Tradition one, to me, is just like the game we all enjoyed. We come together all shapes and sizes, all reasons and priorities, all motives and agendas. We come together and willingly set all of that aside so the game can be played. If one or two of us are not participating then we are less. If we play for ourselves instead of the game, we are in danger of not having a game to play.

Fortunately we are not playing a game with our recovery. Tradition One insists on warning us, it our group/groups that make our recovery possible they are greater than the individual. However, the individual is close behind. If we stick together, we can play until we are called home. If I put myself above the game that could be sooner rather than later.

Mike K

Sunday Serenity Seekers

Contributions

Birthday Club

Bob H.	Exeter	45
Anonymous		12
Bob A.	Visalia	12
Louie T.	Porterville	4

GRATEFUL GIVERS CLUB

Members - \$ 440.00

Individual Contributions

Anonymous
David G.
Jim K.
Shannon S.

Newsletter Contributions

None

Memorial Contribution

None

Speaker Meetings

Speaker Meetings
Porterville Recovery Club Speaker Meeting

186 W. Walnut Ave.
Friday January 3, 2020 at 8:00 PM
Speaker: - TBA

Friday Book Study Speaker Meeting
1820 N. Gem St, Tulare
Friday, January 10, 2020 at 8:00 PM
Speaker: - Mark L Tulare

Sunday AM Breakfast, Speaker Meeting
Veterans Memorial Building
36000 Hwy 190, Springville
Sunday, January 12th, 2020 at 10:15 AM
(Breakfast at 8:30 to 10:00 AM)
Speaker: Susan Y. - San Pedro, CA

The Valley Group, Speaker Meeting
St. Paul's Episcopal Church
120 N. Hall St. Visalia, CA 93291
Every Wednesday from 7-8 p.m.
Jan 1 - Natasha W. of Visalia 351 Days
Jan 8 - Jeff W. of Fresno 29 Years
Jan 15 - Keren W. of Fresno 4 Years
Jan 22 - Virgil G. of Tulare 362 Days
Jan 29 - Chris W. of Ventura 13 Years
That's over 48 years of sober experience in
AA in five simple one-hour sessions!

Central Office Contacts

Answering Service Calls	0
AA Members	12
Court Ref/Info	5
Meeting Information	14
H & I	0
Alanon & Alateen Information	2
Info. re Recovery Homes	0
Schedules & Info-Mailed & Faxed	0
Bridging The Gap	0
Other 12 Step Programs	2
Visitors to Office	38
Literature Sales	17
Specialty Sales	19
Churches & Schools	0
General Information	12
Prospective Members	1
Twelve Step Calls	0
E-Mail Contacts	15
Spanish Contact	1
<hr/> Total	<hr/> 138

January AA Birthdays

Janice M.	Exeter	47
Rosemary H.	Three Rivers	46
Ray C.	Corcoran	45
Wilma L.	Tulare	44
Margie M.	Visalia	42
Ray C.	Exeter	42
John S.	Ivanhoe	41
Lyna H.	Three Rivers	40
Neva H.	Visalia	40
Edith M.	Visalia	38
Gary P.	Visalia	38
Peggy F.	Dinuba	37
Paul P.	Farmersville	36
Ramon V.	Porterville	35
Avg. Dave	Visalia	34
Mike K.	Visalia	34
Mike S.	Visalia	34
Mike S.	Hanford	34
James R.	Visalia	33
Monte W.	Visalia	32
Karen B.	Visalia	32
Don W.	Tulare	31
Jim B.	Visalia	30
Jack R.	Visalia	30
Sandi M.	Porterville	30
Paul S.	Visalia	29
Raymond C.	Visalia	29
Dusty A.	Visalia	28
Scott O.	Visalia	28
Linda A.	Visalia	27
Raleigh A.	Visalia	27
Tim M.	Visalia	27
Dick	Visalia	27
Sandy W.	Woodlake	26
Gale D.	Visalia	25
Eric M.	Visalia	25
Fred F.	Visalia	25
Bob Y.	Hanford	23
Stan B.	Terra Bella	22
Patrick S.	Visalia	22
Greg G.	Porterville	21
Martin	Dinuba	20
Catherine C.	Visalia	16
Bob M.	Visalia	15
Jim P.	Visalia	15
Linda I.	Visalia	14
Martha M.	Porterville	13
Miguel S.	Dinuba	12
Maria G.	Dinuba	12
Kim L.	Tulare	6
Vicki B.	Porterville	4
Connie A.	Springville	3

Tulare County Hospitals & Institutions

TULARE COUNTY HOSPITALS AND INSTITUTION COMMITTEE

On behalf of the Tulare County Hospitals and Institutions Committee, I take a moment to express our gratitude to the Tulare County A.A. Fellowship, who continues to generously contribute to the Northern California Hospital and Institution Pink Can, which funds our activities.

It is easy to take for granted the privilege of carrying the message of Alcoholics Anonymous to the confined alcoholic in facilities in our area, while practicing our spiritual principles in working in cooperation with the administration of the facilities we serve. It is easy to take for granted the literature we gift to the confined alcoholic, purchased by the generous contributions to the pink can by the Northern California A.A. Fellowship. We were recently reminded of how fortunate we are here in the NorCal area in a recap on the National Corrections Conference held in Houston, TX. When traveling outside of our area, the struggles of limited facilities to enter, minimal literature to provide, and lack of service structure become evident.

We, in the Northern California Hospital & Institutions Committee Area are blessed with the awesome service structure which has been passed down for well over 70 years, governed by Alcoholics Anonymous' Twelve Traditions and Twelve Concepts of Service. As a 9th Tradition Service Committee, we are responsible to those we serve: The patient or inmate group within a facility; the facility; The A.A. Fellowship of Northern California which funds our activities. In adherence to our service structure, we encourage A.A. Members to attend our Tulare County H&I Committee Meeting, and groups to send a representative as a liaison between the Committee and the local A.A. Fellowship to maintain transparency. We are experiencing growth in committee attendance by requesting our fellowship participate. We have expanded our activities in the last month to include Mothering Heights in Visalia and Mental Health Wellness and Recovery. However, we continue to have minimal representation from groups outside of Visalia and Tulare, resulting in activities remaining in the Visalia area. We encourage other

areas of Tulare County to send representatives to our Committee Meeting. Together, we can grow and carry the message of Alcoholics Anonymous to the confined alcoholic throughout Tulare County.

Our next meeting is December 14, 2019, 9:00 am, Visalia Alano Club. Our meetings are held on the 2nd Saturday of even months, 9:00 am, Visalia Alano Club.

It is a blessing to be in service with such an amazing group!

Joyce R
Tulare County H&I Area Chair

Central Service Meeting December 10, 2019

MEETING CALLED TO ORDER: Mike S
TIME: 7:00PM

BOARD MEMBERS PRESENT: Mike S, Mike K, Hal W
ABSENT: Elgin, Monica

SERENITY PRAYER: Group

12 TRADITIONS: Jonathon

MINUTES OF LAST MEETING:

Additions, Corrections, & Approval of Minutes.

Approved

REPORT OF LAST BOARD MEETING: New fundraisers will possibly take place the first and second quarter of next year. Some discussion on how we were going to handle the terms of the 3 nominees since we had a 1 year term and 2, two year terms. The Board also approved changing service from Frontier to Spectrum on both there land line and internet service. The office will save over \$100.00 the first year and about \$100.00 the second year

TREASURER and OFFICE REPORT: Bob reported we had an income of \$4,630.16 and expenses of \$4,425.03 for a gain of \$205.13 for this period. Group contributions were great, way above average. Sales were also good. The Grateful Givers brought in \$465.00; we had \$164.7 in gross credit and Debit card sales for total net sales of \$159.93 in November. Expenses included a large A.A. literature order, copy supplies etc. The office has been operating normally...

PUBLIC INFORMATION REPORT: Mike K. no report
VOLUNTEER STEP WRITERS FOR CENTRAL NEWS
STEP FOR NEWSLETTER-VOLUNTEER

Month	Step	Member	Due Date
Jan	1	Louie T.	12/20/19
Feb	2	Robert D	1/20/20

TRADITION FOR NEWSLETTER-VOLUNTEER
Month Trad. Member Due Date

Jan 1 Mike K. 12/20/19
Feb 2 Erica E. 1/20/20

WEB SITE REPORT: Running good had couple of folks step up with articles

NEWSLETTER REPORT: David reported things were about the same as last month.

H&I REPORT: : Joyce reported we are requesting all AA groups, elect an H&I representative to act as liaison between the AA groups and the Tulare County H&I Committee. Have your rep bring your groups questions and concerns to our committee and make weekly announcements about upcoming H&I committee meetings and activities at the group level. This will ensure that all AA members interested in carrying the message to the confined alcoholic know to get involved. Currently, we have no representatives outside of Visalia and Tulare. Please continue to pass the pink can at your meeting, and put Area 93 on the checks to NorCal. We have several opportunities to be of service as we continue to grow. Please join us the 2nd Saturday of even months, 9:00am at the Alano Club.

GSO LIAISON: Kenneth reported CNIA had their election: Delegate Tom A., Alt. Delegate Jen D., Area Chair Mathew L, Alt Area Chair Claudio B., Recording Secretary Kendice M., Treasure Margie J., Registra Herminia N.

The spending plan for CNIA 2020 was submitted, discussed and approved. Total allotted expenditures is \$74,621.00 District 15 asked the Area to support/ adopt its proposal of an agenda item for the 2020 General Service Conference to consider changing the wording in the 12&12s Step Six essay to remove the word rape from the sentence "No one wants to be angry enough to murder, lustful enough to rape, gluttonous enough to ruin his health"because current thinking suggests that rape has more to do with desire to control and dominate than it has to do with lust. There was discussion Saturday and Sunday morning and a proposal was made that CNIA submit this proposal as written by Dist 15 with the specific wording for the proposed edit/ revision redacted. The vote was 60 to 18 in favor of the proposal.

CSR REPORTS:

Blythe-The Tulare Unity Young People group has renamed itself to Saturday Night Jay Walkers Young People. It is still being held at the First Congregational Church on 220 West Tulare Ave in Visalia from 7:30 to 8:45. All are welcomed and young is defines as anyone who has room to grow. We need your support, please join us. We also celebrate various length of sobriety with chips.

David G. the Messy Pants Winos group is an open meeting, discussing the Big Bok study tapes from Joe McQ . And Charlie P. We listen for 20 minutes of audio and then discuss. This is an open meeting and meets for

1 hour in Visalia at the Alano Club on Wednesday from 7:00PM to 8:00PM.

Mike K. - Valley Group speaker Series meets at St. Paul's church at Center and Hall Street in Visalia every Wednesday. The Valley group has 2 large speaker events per year and donates its excess funds to the Central Office.

Allen L. - The Serenity Seekers AM meet on Sunday at 10:00AM. We do birthdays for 30, 60, 90, days and 6 month and 9 month chips weekly. Monthly birthdays are celebrated with cake on the last Sunday of the month. We have between 20 to 30 members in attendance. We contribute to all AA entities. We have a CSR, GSR representative and a good mix of old timers and newcomers at most meetings.

Louie T. - Sunday Night Serenity Seekers is an open meeting on Sunday at 7:30 at The Center for Spiritual Living. We have 30 minute guest speaker followed by an open discussion. We have from 30 to 40 in attendance with a variety of sobriety. Congrats to our new Secretary Greg R.

Jerry O... - Monday Means Stage meets every Monday at 820 East Main (PPVA Hall) in Visalia. We celebrate birthdays on the last Monday of the month. Please come join us.

Jonathon T. - Tulare Sunday night. We meet every Sunday for an open A.A. meeting @ 220 West Tulare in Tulare for a speaker discussion meeting, we do chips and everyone is welcome.

John W. - Civic Center is a speaker meeting followed by a discussion. We meet every Tuesday from 7pm-8pm. All are welcome chips are given out every meeting. Birthday meetings are the last Thursday of the month. We are located at the Christ Lutheran church at 3830 W. Tulare in Visalia. Our business meeting is the 3rd Tuesday of the month.

Cheryl H.- Springville Gut Level A.A. continues to thrive- Solutions to alcohol addition are discussed with emphasis on steps. Join us for a Thursday from 7 to 8:30pm at the Light House Chapel.

Lindsay Fireside Fellowship- Dec 2019 CSR meeting- We are an open, topic discussion meeting. We gather every Thursday from 7:30-8:30 in the Fireside Room of the United Methodist church, corner of Honolulu and Gale Hill due east of City Hall. We are small, intimate meeting welcoming newcomers and old-timers alike a good place to dig deep and make friends. We celebrate annual birthdays at the end of the each month, and monthly chips anytime for folks under one year. We treasure our sobriety and offer hope and support to those who want it in their lives. We look forward to your visit!

Jesse M.-Springville Sunday Breakfast served 50 breakfast of French toast, fruit and sausage. Donald from Porterville was our main speaker and Charley from Porterville was our 10 minute speaker.

Alice S. - Sober Sisters meeting is for 1 hour 7:30 to 8:30pm. We meet every Monday at the Hillman House in Tulare. Birthdays are celebrated the last Monday of the month. Very small meeting in an intimate setting with a fireplace during the winter.

Alice S.-The Women's Amity Group meets every Tuesday at 6:30 to 8: pm at the Trinity United Reformed Church. It is located at 6400 W. Walnut in Visalia. We celebrate birthdays on the last Tuesday of the month. Regular business meeting are on the 2nd Tuesday of the month .December 7th the annual Christmas Party was held with 33 in attendance. Many long timers.

Louie T.: Hillman Group meets on Thursday at noon @ St. Ritas Church in Tulare. It is a very intimate group 10-15 please joins us. Welcome to our new Secretary Jerry.

Hal W. - Quiet Trails meets in Exeter at the Methodist church from 7:30 to 8:30. This meeting is a subject meeting for 1 hour. We recognize birthdays at the end of the month. We have about 15-20 folks in attendance.

OLD BUSINESS:

Mike S- There was a lot of discussion about our answering service not doing their job. We had many suggestion on different method that might be available. A committee will be set up to start looking into a different system.

NEW BUSINESS: We had our election and now have 3 new Board Members Cheryl H, Louie T, and Erica E. They will be place next month.

7th TRADITION: \$34.00

ANNOUNCEMENTS: New Years Dinner, speaker and Dance more info later

MEETING ADJOURNED: 8:10pm

ANNOUNCEMENTS: New Years eve fliers are out.

District 47 Minutes

December 4, 2019

Meeting Called to Order: 7:00 p.m. by Alt. DCM Allen L.

Committee: Allen L., Alt. DCM; Ralph D., GSR for Bridge Street Drunks Only Group; Shawn S., GSR for The Young and the Restless; Danette L., GSR for the Saturday Women's 12x12 Study; Claudia Q., member at large; Clint, member at large.

The Serenity Prayer and the GSR Preamble were recited by all present.

12 Traditions: read by Claudia Q.

12 Concepts: Concept 12 read by Allen L.

Approval of Minutes: November 6, 2019 minutes approved as written.

Treasurer's Report: no report

CSO Report: Allen L. reported that the additional nominations would be accepted and the election held to fill the 3 vacancies on the Central Office board at the

12/10 CSO meeting.

H&I Report: Ralph D. announced the next H&I meeting will be held on 12/4 at 9:00 a.m. at the Visalia Alano Club, and that at that meeting there will be a vote to select the location for the NorCal H&I Committee Meeting that Tulare County H&I will be hosting. Ralph also reported that pink can donations have been up, and participation in Tulare County is on the rise.

DCM Report/Old Business: Allen L. (Alt. DCM) reported that at last month's NCIA Election Assembly, Panel 70 officers were elected (Delegate: Tom A.; Alt. Delegate: Jen D.; Area Chair: Mathew L.; Alt Area Chair: Claudio B.; Recording Secretary: Kendice M.; Treasurer: Margie J.; Registrar: Herminia N.); the CNIA spending plan of \$74,621 was approved; and the Area voted 60-18 to submit for consideration as a 2020 General Service Conference agenda item the proposal put forth by District 15 to delete or rewrite a sentence in the 12 & 12 containing the word "rape" (with specific re-write suggestions redacted from the proposal).

New Business: Danette L asked where the "Responsibility Declaration" could be found in our AA literature.

7th Tradition: \$9.00

Announcements: Bridge Street will be hosting a midnight meeting on New Year's Eve.

The meeting closed with the Declaration of Unity and the Responsibility Declaration at 8:00 p.m.

Group Contributions

11/21/19-12/20/19	Month	YTD
10th Ave Men's-Lemoore		50.45
ABC Group		0.00
Alpha-Wed-Tulare		0.00
Attitude Modification-210		675.00
Bill & Friends		305.00
Breath of Fresh Air	1000.00	1000.00
Bridge St. "Drunks Only"	132.52	3,550.32
Central Calif. Roundup	434.50	434.50
Civic Center Grp.	60.00	333.40
Clodbusters-Tulare		900.00
Crossroads-Tulare		150.00
CSO Meeting	24.00	421.31
Dinuba Grp	50.00	252.00
District 47		400.00
Exeter-Quiet Trails	100.00	600.00
Exeter Sun Afternoon		270.00
Foundation Group		50.00

Freedom Fellowship	228.00	228.00
Fri. Night Study Tulare		50.00
Friday Noon 210		0.00
Half & Half		250.00
Hillman Group		100.00
Lindsay Fireside Grp		40.00
Messy Pants Winos		40.00
Monday Men's Mtg.		200.00
Mid Valley-Tulare		00.0
Mon Book Study-S'ville		0.00
Mon Lit Study-Visalia		300.00
Nooners Group-Visalia		0.00
Pine Recovery AA Mtg		62.00
Porterville Young People		40.00
Practicing The Principles		0.00
Rainbow Group	90.00	400.00
Rule 62-Visalia		150.00
Serenity Junction-Tulare		100.00
Serenity Seekers AM-Visalia		607.00
Soberfest Groups		0.00
Serenity Sisters	50.00	258.00
Wed. Sobriety Celebration		0.00
Springville Gut Level		410.00
St. Ritas Group		200.00
Sun Bkfst Spkr Mtg		425.00
Sun PM Serenity Seekers		0.00
Tulare Young People		290.00
TUFYPAA		313.75
Tulare Fri. Book Study		0.00
Tulare 2nd Fri Spkr Mtg		0.00
Tulare Tuesday Night		700.00
Tulare Sunday Night		0.00
Tues. Men's-P'ville		290.00
Three Rivers-Monday		147.00
Unity Thru Traditions		34.35
Valley Group		0.00
Valley Speaker Series	581.52	581.52
Wandering Couples		141.00
Wed. Acceptance, P'ville		400.00
Weekend Attitude Adj.		0.00
Women's Amity-Visalia		442.42
Women's Changes-P'ville		162.50
Women's Fri. Night-P'ville		0.00
Women in Unity	50.00	50.00
Women's Sat AM 12x12		180.00
Young & Restless		150.00

Total	2,800.54	17,059.52

Financial Report

TULARE COUNTY CENTRAL OFFICE

Income & Expense Statement

11/21/2019 THROUGH 12/20/2019

<u>INCOME</u>	<u>MONTH</u>	<u>YEAR TO DT.</u>
B.Day Club	73.00	869.00
CD & Tape Cont.	0.00	5.00
Grateful Givers Club	540.00	4,165.00
Group Cont.	2,895.26	19,954.78
Indiv Cont	424.12	4,996.22
Lit. Sales	755.40	5,816.63
Memorial Cont.	0.00	0.00
Misc.	0.00	27.16
Newsletter Cont.	0.00	0.00
S & H	0.00	4.00
Sales Tax	54.52	691.67
Spec. Events	0.00	7,321.89
Spec. Items	228.10	4,587.00

TOTAL **\$4,970.40** **\$48,438.35**

<u>EXPENSES</u>	<u>MONTH</u>	<u>YEAR TO DT.</u>
Ans. Serv.	40.00	480.00
Fees-Taxes	0.00	64.95
Insurance	0.00	550.00
Lit. Costs	0.00	5,626.01
PI-CPC Expense	0.00	0.00
Misc Expense	0.00	0.00
Newsletter Cost	0.00	0.00
Office Exp	0.00	1,012.69
Office Equip.& Maint	0.00	711.28
Phone & ISP	199.86	2,281.92
Postage	55.00	223.66
Employee Taxes	0.00	5,697.24
Rent	525.00	6,300.00
Salary	1,277.82	15,343.84
Sales Tax-Paid	0.00	691.00
Security System	169.86	657.24
Spec. Events	0.00	2,392.18
Spec. Items	0.00	2,028.50
Card Charge	22.81	115.82
Utilities	27.39	661.70
Website	6.99	57.17

TOTAL **\$2,324.73** **44,895.20**

Net Gain(Loss) **\$2,645.67** **\$3,543.15**

BEGINNING TOTAL ACCT BAL: **\$13,080.77**

ENDING TOTAL ACCT BAL: **\$15,726.44**

Service Meetings

AND ADDRESSES

GSR Meeting at Central Office
449 E. Maple St., Exeter, CA
Wednesday, January 1, 2020 at 7:00 PM

CSR Meeting at Central Office
449 E. Maple St., Exeter, CA
Tuesday, January 14, 2020 7:00 PM

H&I Meeting at Alano Club
Visalia Alano Club, 1311 W. Murray
Saturday, February 8, 2020 at 9:00 am

SERVICE ADDRESSES

Tulare County Central Office

449 E. Maple St.
Exeter, CA 93221

District 47, C.N.I.A.

P.O. Box 273
Exeter, CA 93221

CNIA Treasurer

PO Box 161712
Sacramento, CA 95816-1712

General Service Office

PO Box 459, Grand Central Station
New York, NY 10163

Lighter Side of AA

Drunk Driving

Recently a routine police patrol parked outside a bar in Fort Worth, Texas. After last call the officer noticed a man leaving the bar so intoxicated that he could barely walk.

The man stumbled around the parking lot for a few minutes, with the officer quietly observing. After what seemed an eternity in which he tried his keys on five different vehicles, the man managed to find his truck and trailer and fall into it.

He sat there for a few minutes as a number of other patrons left the bar and drove off. Finally, he got into the car and started the engine, switched the wipers on and off....it was a fine, dry summer night, flicked the blinkers on and off a couple of times, honked the

horn and then switched on the lights. He moved the vehicle forward a few inches, reversed a little and then remained still for a few more minutes as some more of the other patrons' vehicles left.

Finally, when his was the only car left in the parking lot, he pulled out and drove slowly down the road. The police officer, having waited patiently all this time, now started up his patrol car, put on the flashing lights, promptly pulled the man over and administered a breathalyzer test.

To his amazement, the breathalyzer indicated no evidence that the man had consumed any alcohol at all! Dumbfounded, the officer said, 'I'll have to ask you to accompany me to the police station. This breathalyzer equipment must be broken.' 'I seriously doubt it', said the truly proud Hillbilly. 'Tonight I'm the designated decoy.'





RECOVERY RETREAT

February 14-16, 2020
with **John McAndrew**

\$250 Shared Occupancy
\$350 Private Occupancy
(if space available)

RETREAT BEGINS WITH 6PM DINNER ON FRIDAY
AND ENDS AFTER 12PM LUNCH ON SUNDAY

*If Interested
1 x 3 /
6058-082-655
559-280-8507*

St. Anthony Retreat Registration Form

Name: _____ Phone: () _____

Address: _____

Parish Name: _____ Email: _____

Room Preference: Shared \$250 Name of Roommate, or we can assign one _____

Private \$350 (if space available) _____

Special Needs/ Dietary Needs: _____

Able to climb stairs? yes no EMERGENCY CONTACT : _____

Credit Card #: _____ Exp. Date: _____ Charge All: Deposit Only:

WE ACCEPT MC, VISA & DISCOVER

Name on Credit Card: _____



Please Print

Signature

To make a reservation, please send form and \$75 deposit per person to
St. Anthony Retreat ■ PO Box 249 ■ Three Rivers, CA 93271 -0249
(559) 561-4595 ■ Fax (559) 561-4493 ■ stanthonyretreat.org
Make checks payable to "St. Anthony Retreat"
ALL DEPOSITS ARE NON-REFUNDABLE AND NON-TRANSFERABLE

Your Content Here!!!

Have an event????

New group starting up?????

Have a story to share???

Take some amazing photos around our district???

Want to be of service????

All this can be accommodated-we are available to help! Simply reach out to us here at Central News and we will do all we can to get the word out!!!

Carrying the message to the Alcoholic who still suffer is our primary purpose. What better way to do it then to get involved!!!!

Send your content to:

centralintergroupnews@gmail.com

... and we will help you communicate to district 47!!!