

# CENTRAL NEWS

February 2019



Misty Morning View -Exeter, Ca Allen L

## *Sobriety Foundation of a Whole New Life*

The hardest thing for me to do when I first came into A.A. was to face myself; to be absolutely honest with myself.

And I was in A.A. five months before I experienced any spiritual growth. Oh, I thought I had it all right after my first few meetings. Then after a couple of months I began to lose patience with those who said they just couldn't get the spiritual part of the program. I criticized the way they were going at it. The leaders too came in for some criticism.

I began to dream up a wonderful lead that I would use some time if called on to lead a group meeting. In this lead would be all the answers to the many problems others couldn't solve in their search for the spiritual part of the program.

More and more I would "buttonhole" one or two after or before a meeting and let drop a few words of wisdom on the right course to take if they would get the most from A.A. Then it happened. I was invited to lead a meeting in a nearby town. This was what I'd been looking forward to; this was opportunity knocking . . . but so were my knees. I groped frantically

for an "out." It suddenly dawned on me that to face a quiet and attentive audience that would hang onto my every word was more than I could stand up to. But I had an "out." I was working nights. So I used that for an excuse to turn down the invitation to lead a group meeting. I was glad that I had, what I called, a legitimate excuse.

But I wasn't happy about it very long. It bothered me a great deal because when I came into the fellowship I knew it was my last chance to lick "Old John." I'd tried everything else in vain. My conscience gave me no rest. I had pulled a fast one and I knew it. I felt ashamed that I'd used a weak excuse to dodge a responsibility which in the long run would only hurt me. I was truly humiliated. I realized then I was following the same old pattern that I'd followed in my 35 years of hard drinking. I was a phony pure and simple . . . but more simple than pure. That was a bitter pill to take, but I took it.

From then on my thinking took a different slant. I think that was the beginning of my spiritual growth after five months in A.A. When I looked back on those five months in A.A. I discovered that, although I'd

remained sober. I hadn't tried very hard to live up to The precepts of The 12 Steps.

I knew, too, that I wouldn't be any great shakes as a speaker at a group meeting. But I made up my mind that if I was ever called on again I'd make some kind of lead if I got up before the group only to tell them how grateful I am for this wonderful A.A. fellowship.

#### Accepted Next Invitation

So it came again. A friend who came into A.A. about the same time I did, and who was now secretary of his group in another nearby town, asked me to make a lead for his group. I accepted immediately and told him that I would do the best I could but not to expect too much from me. I'd made the plunge and now I was going to face up to my responsibility. I felt a great load lifted from my conscience and I was grateful that he had asked me. But then anxiety set in and for days prior to the meeting I was filled with apprehension and a sense of frustration. I'd never addressed a group before and I really wanted to tell them how I felt about A.A.

I'd written out some things as reminders but I got off the track and toward the end of the lead I was mumbling in my beard and most of those present couldn't hear what I was saying. I had an awful letdown feeling after I'd finished. But The secretary said something that put me at ease again. He said I'd mentioned something in my lead that he hadn't heard before in other leads. What he referred to was that I said sobriety, to me, was the foundation of this new life. I thought it kind of him to say that. On thinking it over the next day I came to the conclusion he'd said that merely to relieve my tension and not because he really thought it a new way to look at sobriety.

#### 24-Hour Plan Beat Frustration

For four days following that lead I was in an awful state of frustration. I felt defeated. My twisted thinking was a direct route to the bottle and surely would have led me there if it hadn't been for one thing . . . the 24-hour plan. I had resolved in the beginning that come what may, each morning, or at the start of each day, I would ask God's help in seeing me through the next 24 hours without a drink. That's what held me up through those four trying days. The fourth day I took my fishing gear, went down to the river and rented a boat and rowed out into the lake for a little fishing and meditation. I

wanted to be free from any interruption for an hour or two. I was out there four hours. I don't even know whether I got a bite or not but I came back in with a new sense of values.

The first group that had asked me to lead and which I'd turned down, called on me again. We set a date and then I really took hold of myself and put my new sense of values to work. Before driving over to the meeting I went to my room and relaxed for 30 minutes and concentrated on that Power greater than myself. I prayed for guidance that I might present my lead humbly, simply and sincerely.

#### This Time at Ease

I was very pleasantly surprised to find myself completely at ease. I stated simply and honestly why I came into A.A. and what A.A. means to me today.

That night when I went to bed I realized at last a full spiritual awakening. And it came merely by practicing the 12 Steps in my own way to the best of my ability. There were tears of gratitude in my eyes when I went to sleep . . . peaceful sleep.

I believe one of the best things that happened to me from my experiences in A.A. is the gaining of emotional stability.

So, to me, sobriety is the foundation upon which I am building a new and better life. I am ten months old in A.A. And although sobriety is a small part of the program to me now I never lose sight of the fact it is the most important part.

In a nearby city, and near the center of town, is a huge well-constructed foundation made of large brownstone blocks. It has been there for years and to all appearances the plans for building on this foundation have been abandoned. Hundreds of people pass it daily and I'm sure very few give it more than a passing glance. It has neither utility nor beauty yet it has potentiality for both. And so it is with our sobriety.

There are times when we happen upon bits of wisdom in our reading that stand out like glittering gems on a backdrop of black velvet. Such is the following by Andrew Preston Pea - body which to me exemplifies the 12 Steps in A.A.:

"To live in the presence of great truths and eternal

laws, ... to be lead by permanent ideals. That is what keeps a man patient when the world ignores him, and calm and unspoiled when the world praises him.”

—Boots C. Port Clinton, Ohio AA Grapevine  
February 1948

**Step 2** *Came to believe that a Power greater than ourselves could restore us to sanity*

Having completed Step One, we should have a pretty good idea of what this disease looks like and what I am powerless over. If I am a real alcoholic then I am physically powerless over alcohol. When I consume alcohol I lose the power to control how much I drink. I am also mentally powerless over alcohol so that at times, even sober, I lack all willpower and cannot keep myself for any length of time. I also don't have the power to manage my life or will myself out of fear, depression, or other unwanted internal conditions. If I have tried a spiritual solution then I can easily see that I do not have the power to hold myself in God reliance regardless of my beliefs or intentions. And so lack of power has always been my problem and the problem of every alcoholic.

Arriving at Step Two, am I now willing to believe that there is real power for me to access throughout the rest of this Twelve Step process? Have I seen it work in others? Do I have any other options? If I have decided that I want to move forward then I am preparing to invite a Power greater than myself into this process; but first I need to address the obstacles in my path. These obstacles would be my honest doubts and prejudice towards God, the ideas I have about spiritual life that discourage me, and the ideas that were impressed upon me as a child that I found inadequate (this is covered in We Agnostics, Big Book pg 44-57). I like to get this all on paper. First I should ask myself how far these ideas have gotten me, so do they have any real value? Next I should ask myself, where did these ideas come from? Invariably I will discover that most of these ideas came from somewhere outside of myself: a book, a sermon, a family member, ect. I am now willing to set these ideas aside so that I can finally look inside where God is to be found? Am I willing to believe that in doing so I can begin to have a life saving spiritual experience? If so then the Big Book provides us with another spiritual exercise: “Do not let any prejudice

you may have against spiritual terms deter you from honestly asking yourself what they mean to you” (Big Book pg 47). Having laid aside my prejudice I will now honestly and whole heartedly define spiritual terms. But what terms are they talking about? These are the terms found all throughout the Big Book. You can easily spot they because they are always capitalized; there are twenty-three total ranging from Creative Intelligence and Universal Mind to Father and Friend. For the purposes of this assignment I will not look to the Webster's Dictionary or the Google or any other outside source. I will only look within myself. Before defining each term I may say a prayer such as: God what do you as \_\_\_\_\_ honestly mean to me? Then I will instantly write whatever comes. In doing so the Big Book promises that I will be effecting my “first conscious relation with God.” Boom! The launch sequence has been ignited! Is it possible that if this is our first conscious relation with God, that by laying aside prejudice and looking within for the answers, that we have created a space for God to come in and influence our own conception of Him? It may not feel like it at the time but the spiritual experiences of many recovered alcoholics has proven this to true. This is the conception that I took with me through the rest of the steps and I don't believe that I would have had the life changing spiritual experience that I had if it wasn't for this crucial step. This is the first thing that has worked for me and I wouldn't trade the spiritual life I have now for any other! If you would like to hear more about this process then please come visit my home group. We are called the Primary Purpose Group and we meet every Thursday evening at 7pm at 526 N Bridge St. Visalia, Ca. Good luck on your journey!

Robert D.

**Tradition 2** *For our group purpose there is but one ultimate authority – a loving God as he may express himself in our group conscience. Our leaders are but trusted servants, they do not govern*

This tradition separates us from almost every spiritual organization. In churches there are leaders: someone at the top that can give direction and invoke conformity. This could not work in Alcoholics Anonymous. Alcoholics are unruly by nature anarchist at heart. We don't respond well to rules set by other alcoholics. Also the position of a spiritual

leader with authority could itself be troublesome for alcoholics. We suffer from a spiritual malady which is rooted in selfishness and self centeredness. It is understood that for alcoholics to function and work together side by side, that God should be the ultimate authority. This tradition works well in AA being that for our own individual survival God must be the ultimate authority in our own lives and we should serve his purpose. If we out grow these boundaries then we will be humbled by resentment and perceived mistreatment. If we do not turn back then we may drink again.

Erica E.

## Speaker Meetings

### Speaker Meetings

**Porterville Recovery Club Speaker Meeting**

186 W. Walnut Ave.

Friday February 7, 2020 at 8:00 PM

Speaker: - TBA

### Friday Book Study Speaker Meeting

1820 N. Gem St, Tulare

Friday, February 14, 2020 at 8:00 PM

Speaker: - Richard W.

### Sunday AM Breakfast, Speaker Meeting

Veterans Memorial Building

36000 Hwy 190, Springville

Sunday, February 9th, 2020 at 10:15 AM

(Breakfast at 8:30 to 10:00 AM)

Speaker: Jonathan T. - Visalia, CA

### The Valley Group, Speaker Meeting

St. Paul's Episcopal Church

120 N. Hall St. Visalia, CA 93291

Every Wednesday from 7-8 p.m.

### Speakers for February

Feb 5 - Diana R. of Hanford 26 Years

Feb 12 - Richard W. of Visalia 37 Years

Feb 19 - Kristi M. of Visalia 1 Year

Feb 26 - Robert P. of Visalia 357 days

That's 65 years of sober experience in AA in four simple one-hour sessions!

## February AA Birthdays

Merle F.	Porterville	44
Kay C.	Visalia	41
Reyes A.	Visalia	37
Joe B.	Visalia	37
Joe B.	Tulare	36
Hal E.	Porterville	35
Yolanda D.	Visalia	35
Kristy B.	Visalia	34
David G.	Tulare	34
Connie D.	Tulare	33
"Mad Jack"	Pixley	33
Ken R.	Visalia	33
Brent S.	Tulare	32
Debbie M.	Porterville	32
Jamie M.	Porterville	32
Jack R.	Tulare	32
Chris K.	Tulare	32
Bob V.	Visalia	31
Dave W.	Lindsay	31
Holden M.	Visalia	31
Pat L.	Visalia	31
Dan G.	Visalia	30
Doug M.	Visalia	30
Sig G.	Visalia	30
Rick E.	Visalia	29
Dave H.	Visalia	28
Vickie H.	Tulare	27
Mark F.	Visalia	27
Linda R.	Visalia	26
Tarrie J.	Visalia	26
Tammy P.	Tulare	26
Trevor H.	Visalia	25
Jennifer S.	Visalia	23
Gloria C.	Visalia	23
Angela F.	Visalia	23
Dale L.	Visalia	20
Paige S.	Visalia	19
Judy K.	Visalia	19
Linda N.	Tulare	18
Denece B.	Visalia	18
Kimi K.	Tulare	14
Ricky T.	Visalia	13
Bob G.	Visalia	11
Derek B.	Visalia	11
Lee B.	Tulare	8
Pat J.	Springville	8

# Tulare County Hospitals & Institutions

The New Year brings a time of reflection on the year ended. In reflection of 2019, the Tulare County Hospitals and Institution Committee recognizes the blessings provided by those we serve, the AA fellowship of Northern California who so generously funds our activities by contributing to the Pink Can.

2019 brought an opportunity for our committee to begin to grow and unify with the Tulare County AA fellowship, as AA groups have begun sending H&I representatives to the bi-monthly H&I Committee Meetings. This is opening communication between the committee and the Tulare County AA fellowship. We have seen our Tulare County Pink Can contributions increase at the November, 2019 year end over \$1,300 from the previous November, 2018 year end. \$834.00 of that increase occurred in November, 2019 alone. This growth has allowed many Tulare County AA members the opportunity to carry the message to the confined alcoholic. The opportunity to perform this vital 12-Step Work afforded our volunteers the blessing of sobriety one day at a time in 2019. The Tulare County H&I Committee offers our thank you to the Tulare County AA Fellowship for your continued support to the Pink Cans!

2020 is off to a great start! The H&I Committee is working on the details of hosting the NorCal H&I General Committee Meeting, February 9, 2019, 11:00 am to 3:00 pm, The Creative Center, 410 E. Race Ave., Visalia, CA 93291. The General Committee is the final voting body of our service structure. The items brought to vote at this meeting come from the Steering Committee which meets the month prior. We hope that any AA member interested in H&I work or how Northern California Hospitals and Institution Committee operates, will attend. This is our opportunity to see exactly what an awesome service structure we inherited, and how the monies contributed to the Pink Can are utilized.

Our next Tulare County H&I Committee Meeting is February 8, 2020, 9:00 am, Visalia Alano Club. Our meetings are held on the 2nd Saturday of even months, 9:00 am, Visalia Alano Club with H&I Orientation following. H&I orientation meetings are also held on the 3rd Saturday of odd months.

It is a blessing to be in service with such an amazing group!  
Joyce R  
Tulare County H&I Area Chair

# Central Service Meeting

January 14, 2020

**MEETING CALLED TO ORDER:** Mike S.  
**TIME:** 7.00pm

**BOARD MEMBERS PRESENT:** Mike S., Cheryl H., Erica E. **ABSENT:** Mike K.

**SERENITY PRAYER:** Was done by all.

**12 TRADITIONS:** Read by Alice S.

**MINUTES OF LAST MEETING:** Was approved  
**Additions, Corrections, & Approval of Minutes.**

**REPORT OF LAST BOARD MEETING:** It was decided to change the land line phone inter net over to Spectrum for a much cheaper rate \$60.00 instead of \$200.00 for the first year. The rate will increase the 2nd year but there will still be a savings.

**TREASURER and OFFICE REPORTL:** We had an income of \$4970.4 and expenses of \$2,324.73 for a gain of \$2,645.67 for this period. Group contributions were excellent and sales were good. We had our normal monthly expenses. For the last year we had 75 total credit and Debit sales for total net sales of \$2,884.04 in 2019. Also 2019 the Grateful Givers Club brought in \$4,165.00 We make very little profit on sales so we can keep prices down especially for AA literature. Individual and group contributions are necessary to keep your Central Office running. We want to thank the AA groups and individuals for their generous contributions.

**PUBLIC INFORMATION REPORT:** None

**VOLUNTEER STEP WRITERS FOR CENTRAL NEWS**

**STEP FOR NEWSLETTER-VOLUNTEER**

Month	Step	Member	Due Date
Feb	2	Robert D.	1/20/20
Mar	3	Trudy	2/20/20

**TRADITION FOR NEWSLETTER-VOLUNTEER**

Month	Trad	Member	Due Date
Feb	2	Erica E.	1/20/20
Mar	3	Teddy B	2/20/20

**WEB SITE REPORT:** David reported the site was about the same as last month.

NEWSLETTER REPORT: None

**H&I REPORT:** : Joyce reported we are requesting all AA groups, elect an H&I representative to act as liaison between the AA groups and the Tulare County H&I Committee. Have your rep bring your groups questions and concerns to our committee and make weekly announcements about upcoming H&I committee meetings and activities at the group level. This will ensure that all AA members interested in carrying the message to the confined alcoholic know to get involved. Currently, we have no representatives outside of Visalia and Tulare. Please continue to pass the pink can at your meeting, and put Area 93 on the checks to NorCal. We have several opportunities to be of service as we continue to grow. Please join us the 2nd Saturday of even months, 9:00am at the Alano Club.

**GSO LIAISON:** Allen reported that the Winter Assembly is coming up this weekend 1/18 thru 1/19 2020 in Citrus Heights.

**CSR REPORTS:**

Johnny S.-Bridge St. Drunks only holds 3 meeting per day 7 days a week. There be 10 to 20 people in attendance and do Birthdays with chips on the last day Saturday of every month.

David G. the Messy Pants Winos group is an open meeting, discussing the Big Bok study tapes from Joe McQ . And Charlie P. We listen for 20 minutes of audio and then discuss. This is an open meeting and meets for 1 hour in Visalia at the Alano Club on Wednesday from 7:00PM to 8:00PM.

Kelly R.- Sunday Night Serenity Seekers is an open meeting on Sunday at 7:30 at the Center for Spiritual Living. We have a 30 minute speaker followed by open discussion. We have 30 to 40 in attendance with a good mix of lengths of sobriety.

Cheryl H.- Springville Gut Level Group consistently has around 25 in attendance. Newcomers and old timers are in awe of one another. Each one has a message. Everyone is welcome.

Allen L. - The Serenity Seekers AM meet on Sunday at 10:00AM. We do birthdays for 30, 60, 90, days and 6 month and 9 month chips weekly. Monthly birthdays are celebrated with cake on the last Sunday of the month. We have between 20 to 30 members in attendance. We contribute to all AA entities. We have a CSR, GSR representative and a good mix of old timers and newcomers at most meetings.

Erica E.- Saturday Night Jay Walkers is a chip meeting young people, defined as people who have room to grow, would like to invite you to contribute your experience

strength and hope. The meeting is held at the Hillman House on 220 W. Tulare Ave in Tulare at 7:30pm. Saturday.

Erica E.- The Young and Restless welcome all to a young people meeting on Wednesday nights at 7:00pm. Our meeting place is in a small room at 120 N. Hall in Visalia, Ca. Please come contribute to the group.

Jonathon T. - Monday Means Stage meets every Monday at 820 East Main (PPVA Hall) in Visalia. We celebrate birthdays on the last Monday of the month. Please come join us.

Jesse Montio- Springville Sunday Breakfast had Bear as the main speaker and his son was the 10 minute speaker. Eighty four breakfast burrito and a fruit cup were served. Next month (February 9th) Jonnathan will our main speaker were served

Hal W. - Quiet Trails meets in Exeter at the Methodist church from 7:30 to 8:30. This meeting is a subject meeting for 1 hour. We recognize birthdays at the end of the month. We have about 15-20 folks in attendance.

Alice S. - Sober Sisters meeting is for 1 hour 7:30 to 8:30pm. We meet every Monday at the Hillman House at 220 W. Tulare in Tulare. Birthdays are celebrated the last Monday of the month. Very small meeting in an intimate setting with a fireplace during the winter

Lindsay Fireside Room- We are an open , topic meeting. We gather every Thursday from 7:30 to 8:30pm. In the Fireside Room of the Methodist church on the corner of Honolulu and Gale Hill due east of City Hall. We are a small intimate meeting welcoming newcomers and old timers alike a good place to dig deep and make friends .We celebrate birthdays at the end of each month, and monthly chips for folks under a year .We treasure our sobriety and offer hope and support to those who want it in their lives. We look forward to your visit.

Alice S.-The Women's Amity Group meets every Tuesday at 6:30 to 8: pm at the Trinity United Reformed Church. It is located at 6400 W. Walnut in Visalia. We celebrate birthdays on the last Tuesday of the month. Regular business meeting are on the 2nd Tuesday of the month .December 7th the annual Christmas Party was held with 33 in attendance. Many long timers.

Matt H.. - The Serenity Seekers AM meet on Sunday at 10:00AM. We do birthdays for 30, 60, 90, days and 6 month and 9 month chips weekly. Monthly birthdays are celebrated with cake on the last Sunday of the month. We have between 20 to 30 members in attendance. We contribute to all AA entities. We have a CSR, GSR representative and a good mix of old timers and newcomers at most meetings.

**OLD BUSINESS:** As of January 9th the Messey Pants Wino will be their last meeting. Mike S. reported our cost at Central Office was \$43,176.00 and our income was

\$46,170.00 for a gain of \$2994.00 for the year of 2019. Mike S. thought it would be a good idea to have one more fund raiser a year to help off set the office cost. So please go back to your groups and ask for some ideas. Also the Board is going to vote on dropping our answering service and go to an answering machine

**NEW BUSINESS:** June 6 2020 will be the date for our annual picnic at Money Grove. Mike S and John S. will co-host the picnic and Cheryl was going to check with the Tuesday Men Stage group to see if they would be interested in doing the BBQ and she will find us a speaker. There will be a planning meeting after our Feb CSR meeting.

We have an opening for 1 Board member so please go back to your groups and see if anyone might interested. Louie T. had to drop out due to his classes are on Tuesday night. Johnathon T. has put his name in the hat to run for Board. Elections will be next month.

7th TRADITION: \$36.00

ANNOUNCEMENTS :None

MEETING ADJOURNED: 8:10pm.

## *District 47 Minutes*

January 1, 2020

Meeting Called to Order: 7:00 p.m. by DCM Allen L.  
Committee: Allen L., DCM; Ralph D., GSR for Bridge Street Drunks Only Group; Josh F., Treasurer; Danette L., GSR for the Saturday Women's 12x12 Study; Kenneth B., Springville Gut Level Group, Greg G.,

The Serenity Prayer and the GSR Preamble were recited by all present.

12 Traditions: read by Danette L.

12 Concepts: Concept 1 read by Allen L.

Approval of Minutes: December 4, 2019 minutes approved as written.

**Treasurer's Report:** Josh F. reported a balance forward of \$1915.30. Income from groups was \$250.65. TCCO Office expense was \$400.00 leaving a balance of \$1765.95.

**CSO Report:** Kenneth B. reported that the Cheryl H. was elected to a two year term, Erica D.

was elected to a two year tear term, and Louie T. was elected to a one year term, on the Central Office board at the 12/10 CSO meeting.  
**Registrar:** Greg G. will attend the Winter Assembly to obtain the listings for contacts here in our area.

**PI/CPC Report:** No Report

**H&I Report:** Ralph D. announced the next H&I meeting at the Visalia Alano Club will be held on 1/18 which will be an orientation for all interested in participating in our local H and I at 9:00 a.m. Following that meeting there will be a planning committee meeting at the Alano Club to discuss the NorCal meeting at the Creative Center which will be February 9th. At that meeting there will be a vote to select the location for the NorCal H&I Committee Meeting that Tulare County H&I will be hosting. The monthly H and I meeting will be at the Alano Club February 8th at 9 am.

**DCM Report/Old Business:** DCM Allen L. gave us the 2020 Calendar for the Election and Winter assemblies for 2020 and the proposed calendar for 2021. He also discussed donations to the area from our district. In the Old Business, the "Responsibility Declaration" could be found on on page 332 in As Bill Sees it.

**New Business:** In new business the board voted and approved \$260.00 three times annually for DCM travel to the ACM in Sacramento. The board voted and approved the exploration of March 14, 2020 for the Pre Conference Workshop for our area. It was not voted on but we will explore joining with District 49 Kings County.

7th Tradition: \$23.00

Announcements: None

The meeting closed with the Declaration of Unity and the Responsibility Declaration at 8:00 p.m.  
Respectfully submitted,

--Jim K GSR

# Financial Report

TULARE COUNTY CENTRAL OFFICE

## Income & Expense Statement

12/21/2019 THROUGH 1/20/2020

<u>INCOME</u>	<u>MONTH</u>	<u>YEAR TO DT.</u>
B.Day Club	111.00	111.00
CD & Tape Cont.	0.00	0.00
Grateful Givers Club	240.00	240.00
Group Cont.	1,645.56	1,645.56
Indiv Cont	25.00	25.00
Lit. Sales	421.25	421.25
Memorial Cont.	0.00	0.00
Misc.	0.00	0.00
Newsletter Cont.	0.00	0.00
S & H	0.00	0.00
Sales Tax	46.33	46.33
Spec. Events	0.00	0.00
Spec. Items	198.75	198.75

-----  
**TOTAL**                      **\$2,687.89**              **\$2,687.89**

<u>EXPENSES</u>	<u>MONTH</u>	<u>YEAR TO DT.</u>
Ans. Serv.	40.00	40.00
Fees-Taxes	0.00	0.00
Insurance	0.00	0.00
Lit. Costs	0.00	0.00
PI-CPC Expense	0.00	0.00
Misc Expense	0.00	0.00
Newsletter Cost	0.00	0.00
Office Exp	10.00	10.00
Office Equip.& Maint	183.20	183.20
Phone & ISP	99.00	99.00
Postage	0.00	0.00
Employee Taxes	1,202.00	1,202.00
Rent	525.00	525.00
Salary	1,277.04	1,277.04
Sales Tax-Paid	0.00	0.00
Security System	0.00	0.00
Spec. Events	195.00	195.00
Spec. Items	442.95	442.95
Card Charge	8.89	8.89
Utilities	77.56	77.56
Website	78.17	78.17

-----  
**TOTAL**                      **\$4,138.81**              **4,138.81**

**Net Gain(Loss)**              **(\$1,450.92)**              **(\$1,450.92)**

**BEGINNING TOTAL ACCT BAL:**              **\$15,726.44**

**ENDING TOTAL ACCT BAL:**              **\$14,275.52**

# Contributions

## Birthday Club

Odran G.	Visalia	39
Reyes A.	Visalia	37
Jerry S.	Tulare	13
Michele S.	Exeter	12
Bob A.	Visalia	10

## GRATEFUL GIVERS CLUB

Members -                      \$ 240.00

## Individual Contributions

Anonymous

David G.

Jim K.

## Newsletter Contributions

None

## Memorial Contribution

None

# Central Office Contacts

## Answering Service Calls 0

AA Members	7
Court Ref/Info	7
Meeting Information	14
H & I	0
Alanon & Alateen Information	1
Info. re Recovery Homes	0
Schedules & Info-Mailed & Faxed	0
Bridging The Gap	0
Other 12 Step Programs	2
Visitors to Office	26
Literature Sales	9
Specialty Sales	15
Churches & Schools	0
General Information	9
Prospective Members	2
Twelve Step Calls	0
E-Mail Contacts	8
Spanish Contact	1

**Total**    **101**

# Group Contributions

10th Ave Men's-Lemoore		0.00
Alpha-Wed-Tulare		0.00
As It Is Outlined in Book	25.00	25.00
Attitude Modification-210		0.00
Bill & Friends		0.00
Breath of Fresh Air		0.00
Bridge St. "Drunks Only"	254.05	254.05
Central Calif. Roundup		0.00
Civic Center Grp.		0.00
Clodbusters-Tulare		0.00
Crossroads-Tulare		0.00



CSO Meeting	36.00	36.00
Dinuba Grp		0.00
District 47	400.00	400.00
Dr. Bob & Friends		0.00
Exeter-Quiet Trails	100.00	100.00
Exeter Sun Afternoon		0.00
Foundation Group		0.00
Freedom Fellowship		0.00
Fri. Night Study Tulare		0.00
Friday Noon 210	111.21	111.21
Half & Half		0.00
Hillman Group		0.00
Lindsay Fireside Grp		0.00
Messy Pants Winos		0.00
Monday Men's Mtg.		0.00
Mid Valley-Tulare		0.00
Mon Book Study-S'ville		0.00
Mon Lit Study-Visalia		0.00
Nooners Group-Visalia		0.00
Pine Recovery AA Mtg		0.00
Porterville Young People		0.00
Practicing The Principles		0.00
Rainbow Group		0.00
Rule 62-Visalia		0.00
Serenity Junction-Tulare		0.00
Serenity Seekers AM-Visalia	61.30	61.30
Serenity Sisters		0.00
Wed. Sobriety Celebration		0.00
Springville Gut Level	50.00	50.00
St. Ritas Group		0.00
Sun Bkfst Spkr Mtg	230.00	230.00
Sun PM Serenity Seekers		0.00
Tulare Young People		0.00
TUFYPAA		0.00
Tulare Fri. Book Study		0.00
Tulare 2nd Fri Spkr Mtg		0.00
Tulare Tuesday Night		0.00
Tulare Sunday Night		0.00
Tues. Men's-P'ville		0.00
Three Rivers-Monday	248.00	248.00
Unity Thru Traditions		0.00
Valley Group	70.00	70.00
Valley Speaker Series		0.00
Wandering Couples		0.00
Wed. Acceptance, P'ville		0.00
Weekend Attitude Adj.		0.00
Women's Amity-Visalia		0.00
Women's Changes-P'ville		0.00
Women's Fri. Night-P'ville		0.00
Women in Unity		0.00
Women's Sat AM 12x12	60.00	60.00
Young & Restless		0.00

# Service Meetings

## AND ADDRESSES

GSR Meeting at Central Office  
449 E. Maple St., Exeter, CA  
Wednesday, February 5, 2020 at 7:00 PM

CSR Meeting at Central Office  
449 E. Maple St., Exeter, CA  
Tuesday, February 11, 2020 7:00 PM

H&I Meeting at Alano Club  
Visalia Alano Club, 1311 W. Murray  
Saturday, February 8, 2020 at 9:00 am

## SERVICE ADDRESSES

### Tulare County Central Office

449 E. Maple St.  
Exeter, CA 93221

### District 47, C.N.I.A.

P.O. Box 273  
Exeter, CA 93221

### CNIA Treasurer

PO Box 161712  
Sacramento, CA 95816-1712

### General Service Office

PO Box 459, Grand Central Station  
New York, NY 10163

# Lighter Side of AA

## Confession

A drunk staggers into a Church, enters a confessional booth, sits down, but says nothing. The Priest coughs a few times to get his attention, but the drunk continues to sit there.

Finally, the Priest pounds three times on the wall. The drunk mumbles, 'Ain't no use knockin, there's no toilet paper on this side either.'

## The Bear

A bear wonders into a bistro and sat at the bar. Then comes along a glassy-eyed drunk and sat down on the stool besides the bear. The drunk put his arm around the bear (not knowing this was a bear), where upon it knocked him flat on the floor.

Sitting up groggily, the drunk muttered "Wow! ... give some women a fur coat and they think they own the world".



# RECOVERY RETREAT

February 14-16, 2020  
with **John McAndrew**

\$250 Shared Occupancy  
\$350 Private Occupancy  
(if space available)

RETREAT BEGINS WITH 6PM DINNER ON FRIDAY  
AND ENDS AFTER 12PM LUNCH ON SUNDAY

*If Interested  
1 x 3 /  
6058-082-655  
559-280-8507*

## St. Anthony Retreat Registration Form

Name: \_\_\_\_\_ Phone: (     ) \_\_\_\_\_

Address: \_\_\_\_\_

Parish Name: \_\_\_\_\_ Email: \_\_\_\_\_

Room Preference:  Shared \$250 Name of Roommate, or we can assign one \_\_\_\_\_

Private \$350 (if space available) \_\_\_\_\_

Special Needs/ Dietary Needs: \_\_\_\_\_

Able to climb stairs?  yes  no      EMERGENCY CONTACT : \_\_\_\_\_

Credit Card #: \_\_\_\_\_ Exp. Date: \_\_\_\_\_ Charge All:  Deposit Only:

WE ACCEPT MC, VISA & DISCOVER

Name on Credit Card: \_\_\_\_\_



Please Print

Signature

To make a reservation, please send form and \$75 deposit per person to  
St. Anthony Retreat ■ PO Box 249 ■ Three Rivers, CA 93271 -0249  
(559) 561-4595 ■ Fax (559) 561-4493 ■ stanthonyretreat.org  
Make checks payable to "St. Anthony Retreat"  
ALL DEPOSITS ARE NON-REFUNDABLE AND NON-TRANSFERABLE

# *Your Content Here!!!*

Have an event????

New group starting up?????

Have a story to share???

Take some amazing photos around our district???

Want to be of service????

All this can be accommodated-we are available to help! Simply reach out to us here at Central News and we will do all we can to get the word out!!!

Carrying the message to the Alcoholic who still suffer is our primary purpose. What better way to do it then to get involved!!!!

Send your content to:

[centralintergroupnews@gmail.com](mailto:centralintergroupnews@gmail.com)

... and we will help you communicate to district 47!!!