

CENTRAL NEWS

May 2020

Blue Skies Ahead Exeter, CA Allen L

Do You Know: That your Candor is Contagious

I've been in A.A. for two years and during this time I have told hundreds of people about it. As a writer it is my business to know all kinds of people. As an individual, it is my pleasure to do so. I have friends and friendly acquaintances of all ages, backgrounds, religious creeds, and types of education. People in every imaginable occupation from cook to Cabinet Member. Also, in these two years, I have met countless strangers, made endless new acquaintances. Whenever the subject has come up, I have said that I don't drink any more. And if people have shown any interest, I've told them all about A.A. But in all this time I have had only one hostile reaction, and that was from a woman who is now considering A.A. for herself.

My reasons for talking so freely are several. First (but not the most important) is my own selfish reason. I am so relieved, so glad to say I am an alcoholic. To know why I was sick, to know that I am not immoral, evil, or crazy. I am so glad to be able, to go back to those people before whom I got drunk in the past, before; whom I behaved badly, and be able to say: Look. I am an alcoholic. That's why I acted the way I did. Now I don't have, to get that way anymore. For this load is now lifted. This awful load of shame, fear and guilt. Instead of avoiding people's eyes, instead of wondering what they think of me, instead of

crossing the street when I see them coming, I can keep on walking down the street, say hello, shake hands, and smile.

My other reasons stem from this one, and yet they are more important reasons. For I feel that my own unembarrassed attitude, my own frankness and freedom in the matter, affects everyone with whom I come in contact, and with whom I talk. Freedom from guilt and embarrassment is the only altitude that we alcoholics can have. If we want to "forget" about our drinking and conceal our past and pretend or wish we weren't, in A.A., then we have not yet forgiven ourselves. It is highly important that we forgive ourselves, utterly, or others won't forgive us. They will continue to sense in us shame and fear. Then they in turn will feel uneasy. They will continue to think of the subject as a moral issue, censurable, objectionable. We must be ready to say to people what we say to ourselves. That our past is our sick behavior, and that our present and our future is our convalescent and our well behavior. That we are living from day to day, in our new present, which is our strong secure future, forever. Herein lies all the hope of our lives. I think that this altitude within ourselves is most contagious. Over and over I have heard from other A.A.s how they have, gone to a frightening boss, and talked

to him, only to find him friendly and helpful. How they have won over stiff-necked relatives, or a narrow-minded community, in the most magical and wonderful way. For seldom does anyone, lose a job, a friend, the esteem of his neighbors because of not drinking. It is drinking and getting drunk that bothers friends, relatives, neighbors. And even this is being looked on with more and more understanding, thanks to the frank attitude of the average A.A. For the more people learn about A.A., the more they understand what alcoholism is, the more lenient they become toward the alcoholic and his problems. And the easier it is for the alcoholic to shed his fears and face himself.

I found like a bushel of sweetness and light. Alas, I am far from that. There are plenty of people around these United States (not to say a few in Europe) who hate my eyeteeth and wish I were pushing up buttercups this very minute. I have not gotten them all to forgive me. I'll be doing well if I get half of them to do so before I'm through. Yet I think that as I progress in A.A., I will be able to get a few of them to realize that I'm not responsible for what I did then. That I am trying, to the best of my ability, to make amends, through 12th step work, and in all other possible ways, and that I, like everybody else, who is working at A.A. have undergone a change that is a miracle.

This brings me to my last reason for telling the world. When I say to friends and strangers, I'm an alcoholic, I belong to Alcoholics Anonymous, I am saying something wonderful, something good. I am saying, Look at me now. Look at what I was. Maybe I'm not much now. But I am well. I am happy. Happier than I've ever been in my life. I am no longer scared to death. I can work. I can love people. I have hundreds of new friends who understand what I went through because they went through it too. I am no longer lonely, and alone. From being a dead weight, and useless, I have, become of great use. Not because of myself as an individual, but because of what I'm a part of. For this thing I'm a part of is one of the grimmest things this world has ever seen. Hope, and belief in the goodness of people, and love. In this present world, where we are living in the precarious shadow of our mistakes, is it not wonderful to belong to a thing like this? I'll tell the world it is.

-Felicia G., New York AA Grapevine May 1945

Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

Step 5 Step five was a source of anxiety and fear for me as the time came to read my resentments out loud and acknowledge my part in them.

This was not only because I was afraid to see my part, but because I felt shameful about my actions while in a drunken stupor. The shame that I carried led me to believe that I didn't deserve to have resentments to fifth step with my sponsor.

She soon sent me back to the work to dredge up my true feelings and in fact I did have feelings of resentment buried deep within. After understanding my shame tricked me into thinking I had no resentments I saw that confessing my sins to god and another human being was vital to my sobriety.

My fifth step with my sponsor was rough. I didn't want to reveal the things that made me recoil from my self. I wanted my sponsor to like me. I didn't want her to see my ugly past.

Interestingly enough revealing the darker sides of my self brought us closer together. Being transparent and vulnerable with her was the very thing that I needed to do at the time.

"More realism and therefore more honesty about ourselves are the great gains we make under the influence of step five" as quoted from the Twelve and Twelve step five. This quote speaks to my soul. I made great gains in my fifth step.

I love myself today. In return I am loveable.

-Erica E.

Tradition 5

Each group should be autonomous except in matters affecting other groups or A.A. as a whole.

This tradition seems simple enough. The reason we have group meetings is to carry the message to suffering alcoholics, and in so doing, stay sober ourselves. Let's take it apart a little bit. The Tradition starts with "each group". We know what a group is; Tradition Three tells us: "Any two or three alcoholics gathered together for sobriety may call themselves an A.A. group, provided that, as a group, they have no other affiliation." So our two or three drunks cannot be allied with a particular religion, or political philosophy. The groups message has to be about recovery from alcoholism only. However, the long form of Tradition Five states that "Each Alcoholics Anonymous group ought to be a spiritual entity..." We must know and recognize the difference between spiritual and religious. This border can be difficult to see sometimes, given that there are references to Christian concepts in the Big Book of Alcoholics Anonymous. Even the concept of what constitutes a meeting is found in another, older book. (whenever two or more are gathered in My Name...) Tradition Five urges us to stick to our message of recovery from alcoholism through the Twelve Steps and not cross over the line to preaching any religion.

The Tradition specifies that the group is to carry "its" message to the alcoholic who still suffers, as opposed to "the" message or "A.A.'s" message. This suggests that there could be a difference. There are many different types of specialized meetings in A.A.: step studies, book studies, 10th step groups, newcomer groups, speaker meetings among them. Tradition Four states that "each A.A. group should be responsible to no other authority than its own conscience." It is up to each group to decide what its message is within the framework of the suggested Twelve Steps. To ensure that the group is fulfilling its primary purpose, we are provided with a tool: The group inventory. As an individual alcoholic, I use the tool of moral inventory to clear the way for a spiritual awakening. As an A.A. group, we can use the inventory to evaluate how well we are fulfilling our primary purpose. I am a member of two groups which are presently in the inventory process. We will examine each of the Twelve Traditions, to see how well we are practicing each of

these principles in our group. As individuals, we have a Tenth Step to keep us in balance each day. Periodic inventories can do the same for the group. A suggested plan for a group inventory is contained in the A.A. pamphlet, "The A.A. Group...where it all begins" The pamphlet is available at the Tulare County Central Office in Exeter, and at a cost of 10 cents, you may never find a better deal. You can look though, because the Central Office has a terrific selection of A.A. literature to meet all your recovery needs: books, chips, pamphlets, cd's and much, much more.

-Mark G.

Contributions

Birthday Club

Jolene E.	Visalia	46
Allen L.	Exeter	39

GRATEFUL GIVERS CLUB

Members - \$ 404.00

Individual Contributions

Anonymous

David G.

Jim K.

Michele S.

Russell B.

Shannon S.

Newsletter Contributions

None

Memorial Contribution

None

Central Office Contacts

After Hours Calls	1
AA Members	7
Court Ref/Info	6
Meeting Information	15
H & I	0
Alanon & Alateen Information	0
Info. re Recovery Homes	0
Schedules & Info-Mailed & Faxed	0
Bridging The Gap	0
Other 12 Step Programs	0
Visitors to Office	22
Literature Sales	3
Specialty Sales	7
Churches & Schools	0
General Information	4
Prospective Members	1
Twelve Step Calls	0
E-Mail Contacts	12
Spanish Contact	0
<hr/> Total	<hr/> 78

A word from our Webmaster

I wanted to go over a few changes I have made to the web site. With the events to get through the COVID-19 pandemic, it was clear that we needed to quickly set up a way for our members to find meetings on-line.

Simultaneously, the member in Silicon Valley who maintains the program we use, made changes so that finding on-line meetings is easier, and getting to them is easier.

We now have a new menu item at the top of the web site: "Online Meetings". That shows a page of every online meeting we have. As of his writing, there are 25.

The home page of the web site has three changes on it.

At the very bottom is a "form" where you can let us know about a new online meeting. We do need some sort of link and telephone number to put in; the program doesn't let us add a meeting without a link and a phone number. If you include your email address, I can let you know.

The next change is that the home page has a list of the next five meetings that are coming up. It will change with the time of day.

The last change (but it is at the top) is a "recent posts" link. This is where news or announcements will be, that don't really fit in the category of an "event" or a "meeting".

The menu up top on the web site also now has an item: "Online Meeting Etiquette: Zoom Tips & Tricks". I just pulled in some text that members have written about on-line meetings in general, and Zoom in particular. Thank you very much to Bill H. for much of that source content.

Two more notes about meetings on the web site, and in the Meeting Guide app for your smartphone.

First, the Meeting Guide app is rather wrong right now. It is not maintained by the same people who maintain the program we use for our web site. The result is that there is a disconnect between the Meeting Guide app and the web site. So, if you are in the Meeting Guide app, but you see "IMPORTANT: " listed below, then you can safely ignore the red lettering that says this meeting is temporarily not meeting. The meeting is meeting; but the building where the meeting was, is now (temporarily) closed.

The other thing about the Meeting Guide app is that it does not let you click on links that we just put into meetings. This is an Internet safety precaution; but, it also means from the Meeting Guide app, there are two more extra steps to

go through. Say you've found a meeting (in the app) that does have an online version. You need to scroll down to the button "View Web Page". Push the button. It will take you to our web page for the exact same meeting; but, the web page DOES have a clickable link to launch Zoom or GoToMeeting or Discord or whatever. So today, it's a three step process. Find the meeting in app, then visit the web page the app sends you to, and then click the Zoom icon (or whatever) to launch the Zoom app.

David G.

Central Office BOD Mtg Minutes

Date: March 10, 2020 Time: 8:09 pm

Meeting called to order by: Cheryl Hinton Last board meeting minutes: Approved

President:

1. Think about developing an office manager succession plan to be put in place.

2. Ask our groups and members about the idea of adding a volunteer office person to man Central Office on Saturdays.

Vice President: Erica asked about changing the signers on the banking accounts: *see below.

Secretary: Thanks for the opportunity.

Member @ Large: Jonathan is still working on finalizing a Sunday morning pancake breakfast fundraiser.

PI/CPC: No Report

Office Operation: Bob reports the office is operating normally, quarterly taxes are due in April.

Old business:

1. Picnic, June 6, 2020: Johnny- all committees are now filled, the first committee meeting to be announced within the next 30 days, Please announce at meetings and think about donating gift baskets, group and individual financial donations accepted, Hamburgers, hotdogs, chips, sodas, and brownies. More will be revealed.

2. Fundraising Events: Mitch came to the meeting to talk about a golf tournament on May 2, 2020. Maybe called "No Personal Ambitions". To be held in Exeter, \$50.00 entry fee with \$20 going to Central Office, long ball and closest to tee prizes, 4 person-best ball, BBQ, If we get 40 people entered the course will be closed to all others. More will be revealed.

3. Bank Signers: Cheryl H. and Erica E. will meet on March 27, 2020 to update signers on the bank account.

New Business : N/A

Meeting Adjourned: 8:15 pm

Tulare County Hospitals & Institutions

In the midst of the current turmoil, chaos, and fear, revisiting a gratitude list has proven to bring serenity and peace. Today, we have the freedom to live in sobriety, attend meetings to hear the message of A.A. read the Big Book, work freely with a sponsor, and pick up the phone at any time to speak with another alcoholic. Tulare County H&I volunteers have the opportunity to work together in unity to carry the message of A.A. to the confined alcoholic, who because of the disease of alcoholism don't share this same freedom. This is all possible because of the generous support of each A.A. member in our fellowship who contributes so selflessly to the Pink Can, which provides literature to the confined alcoholic. When living in the gratitude of the message of hope we are able to provide to the alcoholic who is confined together, serenity and peace prevail!

Earlier in March, the H&I Committee received communication from our General Chair asking all Areas to voluntarily suspend H&I meetings in the facilities in an effort to be part of the solution in these trying times. We were reminded that we could unknowingly carry the virus into a facility in which all the inside alcoholics are essentially quarantined, and quickly move from sharing the solution to being a part of the problem. This was a difficult request for many of us, as the thought of no A.A. meetings for the confined alcoholic was daunting. However, in the midst of discussing the request with our Facility Coordinators, God did for us what we could not do for ourselves, as the majority of the facilities locked their doors.

In the midst of this, some outside the box thinking A.A. members set up several facilities with the ability to join an A.A. meeting hosted by the Valley Speakers Group virtually. The same volunteers also participate as H&I volunteers which is so amazing as over the weekend, we received further communication from our General Chair regarding the possibilities of hosting H&I meetings virtually in the interim. Because of our dedicated volunteers, Tulare County H&I is simply waiting on the NorCal H&I guidelines for this venture, and will be ready to move forward. The power of A.A. unity, never ceases to amaze.

During our committee's downtime, we are continually working on creating regional unity throughout Region 90. We have women from Tulare County in the process of being cleared to take H&I meetings into Chowchilla Women's Prison as they were in need of volunteers. We are working closely with the Spanish Region 190 to coordinate Spanish Speaking H&I Volunteers to carry the A.A. message

inside Tulare County Facilities. We have welcomed a Kings County liaison, who will be joining us at our next meeting to expand H&I in Kings County, and as expected Tulare County H&I Volunteers are ready and waiting to be of service in Kings County. Many other exciting changes are coming as we continue to grow. We hope all interested will come join us!

In light of the current shelter in place order and many of our volunteers being in the high risk group, we will be cancelling our April 11, 2020 Tulare County H&I Business Meeting. We are hopeful to resume our H&I orientation, May 16, 2020 9:00 am at the Visalia Alano Club. Any AA member interested in volunteering is welcome to attend. Our Next Business Meeting will be June 13, 2020 9:00 am, Visalia Alano Club followed by an H&I orientation. We will resume our regular schedule thereafter. In the meantime, if there are any questions, please feel free to contact us through Tulare County A.A. Central Office, and we will make sure to keep the website updated with our meeting information.

It is a blessing to be in service with such an amazing group!
Joyce R
Tulare County H&I Area Chair

Central Service Meeting March 10, 2020

BOARD MEMBERS PRESENT: ABSENT:
Cheryl Hinton, Erica Epperson, William Evans, Jonathan Toledo Mike Kregger
SERENITY PRAYER: By all 12 TRADITIONS: Johnny S.
MINUTES OF LAST MEETING: (additions, corrections, & approval of minutes)
Read and approved
REPORT FROM LAST BOARD MEETING: Two members at meeting and two more members voted into positions: Johnathan Toledo-Member at large, and William Evans-Secretary. There is a lack of unity and communication with the Spanish speaking Central Office. The Spanish speaking Central Office is located at 1830 S. Mooney BLVD. Suite 210 . The phone number is 559-679-7061. This phone is only answered on the 1st and 3rd Sundays of each month between the hours of 10 am and 2 pm.
TREASURER REPORT: We had an income of \$4,433.18 and expenses of \$3,580.57 for a gain of \$852.61 for this accounting period. Group contributions were very good, and sales were also good. Our Grateful Givers Club brought in \$520.00 in much appreciated contributions. We

paid our annual office insurance. Other expenses were our normal monthly expenses. We had \$425.47 in total gross sales for credit and debit cards last month. The office has been operating normally.

**PUBLIC INFORMATION REPORT: No Report
VOLUNTEERS TO WRITE STEPS & TRADITIONS FOR
CENTRAL OFFICE**

NEWSLETTER: Due to CentralintergroupNews@gmail.com

STEPS:

Issue	Step	Member	Due Date
April	Step 4	Louie	3/20/2020
May	Step 5	Erica E.	4/20/2020

TRADITIONS:

Issue	Trad	Member	Due Date
April	Tradi 4	Allen L.	3/20/2020
May	Trad 5	Kelly R.	4/20/2020

NEWSLETTER REPORT: No Report

WEBSITE REPORT: David: The website has had about 5000 views and he is connecting with Alberto from the Spanish speaking district 55. Together they will set up a Spanish language web page and connections between the two to better serve the communities.

H&I REPORT: Joyce reported that Tulare County H&I is continuing to grow and welcomes interested volunteers. We have several opportunities to be of service as we continue to grow and work in unity throughout our Region. We encourage all Tulare County AA groups to elect an H&I representative to act as a liaison to the committee for your group. Have your representative bring your group's questions and concerns to the business meetings, and make weekly announcements about upcoming H&I activities for your group. Currently we have no representatives outside of Tulare and Visalia. Please continue to pass the pink can at meetings, and put Area 93 on checks sent to Norcal. Our business meetings are the 2nd Saturday of even months 9:00 a.m. Visalia Alano Club. Volunteer Orientations are held following business meetings and on the 3rd Saturday of odd months 9:00 a.m. Visalia Alano Club.

GSO LIAISON: Allen L. reports: Saturday March 14, 2020 @10:00 am to 2:00 pm the District 47 Pre-Conference Service Fair will be at the Porterville 12 Step Recovery Club, 186 S. D Street, Porterville. Allen's # is 732-4236, and his e-mail address is: a.lintvedt@icloud.com

CSR REPORTS:

David G. Monday Men's Meeting . We are a men's only closed meeting in Visalia, which meets at the PPAV Hall at the corner of Burke and Main St. We meet at 7:30 pm for 90 minutes. We celebrate birthdays the last Monday of the month. We give out chips every meeting for accomplishments under one year. Our business meeting

is the first Monday of the month at 7:15 pm. There are many long timers at this meeting, and it's a great meeting for newcomers too. Attendance is usually 25 to 45 men. David G. Messy Pants Winos. Group meets every Wednesday at 7:00 pm at the Visalia Alano Club. This is an open meeting, and meets for one hour. Our format is that we play 20 minutes of audio from a Joe and Charlie weekend Big Book Study, followed by discussions (every week, a new episode, working through the Big Book). The group members are mostly newcomers with attendance cards, so we need members willing to sponsor and take on new sponsees. Typical attendance count is 15 to 20 people.

Johnathan T. Tulare Sunday Night. We meet every Sunday night for an open AA meeting. Located at 220 W. Tulare Ave. in the old Hillman house @ 7:00 pm.

Kelly R. Sunday Night Serenity Seekers. Sunday Night Serenity Seekers is an open meeting that starts at 7:30 pm. It is an hour and a half long meeting with a 30 minute Chairperson. Meeting attendance is usually about 25 to 30 attendees with a good mix of sobriety lengths. Speaker CDs are available to borrow at every meeting. Please join us at the Center for Spiritual Living at !!& S. Locust St., Visalia.

Trudy W. Lindsay Fireside Friends Fellowship. We meet every Thursday from 7:30 to 8:30 pm in the Fireside Room of the United Methodist Church, 120 Gale Hill in Lindsay. We are an open, intimate core group with newcomers, oldtimers, card carriers, and anyone interested in sobriety. We celebrate annual birthdays on the last meeting of the month, and monthly birthdays every week. Please join us in keeping this critical meeting available to the community.

Trudy W. Exeter Quiet Trails. We meet at 7:30 to 8:30 on Tuesdays at Exeter United Methodist Church. Open discussion meeting, good mix of oldtimers and newcomers. Birthdays last Tues. of the month.

Alice S. Women's Amity Group. This wonderful women's meeting is every Tuesday from 6:30 to 8:00 pm. Attendance is amazing with a blended group of longtimers and newcomers. Business meetings are held the third Tuesday of each month. Birthdays on the last Tuesday are celebrated with chips and cake.

Alice S. Sober Sisters. Sober sisters meet every Monday at 7 pm. It is a one hour meeting. A very small group and needs attendance. Regular business meeting is held the second Monday of each month. Birthdays are celebrated the last Monday of the month with chips and cake.

Johnny S. Bridge Street Drunks Only. Three meetings per day. 15 to 25 people per meeting. Birthdays the last Saturday of the month noon meeting.

Jesse M. Springville Sunday Morning Breakfast Speaker Meeting. Paul C. was the 10 minute speaker, Ken W.

from Porterville was the main speaker. Cindy B. from Granada Hills is the main speaker for April 12, 2020. We acknowledge birthdays for each month and have a 50/50 drawing each meeting, and serve breakfast for \$5.00 for adults, and children under 12 for \$1.00. Meeting is free.

John W. Civic Center Group. Meets every Tuesday from 7 pm to 8 pm at Christ Lutheran 3830 W. Tulare Ave. in Visalia. Format is speaker followed by discussion. Birthdays are celebrated on the last Tuesday of the month. There is a great mix up of newcomers and oldtimers. It's a great meeting, we hand out chips.

OLD BUSINESS:

1. Fundraising events: Mitch came to the meeting to talk about a golf tournament on May , 2020. Maybe called "No Personal Ambitions". To be held in Exeter, \$50.00 entry fee with \$20 going to Central Office, long ball and closest to tee prizes, 4 person-best ball, BBQ, If we get 40 people entered the course will be closed to all others. More will be revealed.

2. Annual Picnic June 6, 2020: Johnny- all committees are now filled, the first committee meeting to be announced within the next 30 days, Please announce at meetings and think about donating gift baskets, group and individual financial donations accepted, Hamburgers, hotdogs, chips, sodas, and brownies. More will be revealed.

3. Voice Mail: Alice has volunteered to accept calls through the month of March, Erica for the month of April, and Johnny for the month of May.

4. Grateful Givers Club: Stamped envelopes for contributions are going out to group meetings, see your GSR.

NEW BUSINESS: Courts now have updated and current meeting lists.

SEVENTH TRADITION: \$29.00

ANNOUNCEMENTS:

Coronavirus Information: The General Service Office (G.S.O.) has been receiving inquiries about how groups should respond to the COVID-19 (coronavirus). Groups and members are concerned about health and safety issues, and are looking for guidance on how to address this question.

The General Service Office is a repository of shared group experience and functions as a resource center for A.A. members and groups who are looking for the shared experience of the Fellowship. Providing guidance on health issues is outside the scope of the A.A. sharing that G.S.O. offers. However, we might suggest contacting your national, state/provincial and local health authorities for appropriate information. We do have some general experience to share regarding how some groups and members have begun to address this issue. Our collected experience suggests that talking about these issues

before they arise can help a group be prepared to address them in a sensible and helpful manner and allow the group to continue keeping the focus on our common welfare and primary purpose.

Some groups have discussed making changes to customs at their meetings. Some examples have included: avoiding shaking hands and handholding; making sure meeting hospitality tables are sanitary; or suspending food hospitality for the time being. Regardless of group decisions, each individual is responsible for their own health decisions.

Some groups have considered contingency plans in case the group is temporarily unable to meet in person. Plans have included: creating contact lists and keeping in touch by phone, email or social media; meeting by phone or online. Providing members information for the A.A. Online intergroup (www.aa-intergroup.org) may serve as an additional helpful resource. If a group isn't holding its regular meetings, they may want to communicate this to local A.A. resources, such as the district, area and intergroup or central office.

G.S.O. has received inquiries about the A.A. events it coordinates throughout the year. Visit www.aa.org for up-to-date information regarding G.S.O./A.A.W.S. coordinated events. Please be assured that the health and safety of attendees is a priority. G.S.O. is closely monitoring relevant health advisories regarding COVID-19 (coronavirus).

We hope this limited sharing is helpful. Attention New Program: The Central Office board and the group C.S.R.'s are excited to introduce to all Alcoholic Anonymous members of District 47 a new program Grateful Givers . The purpose of the program is to assist individuals interested in making a monthly contribution to the Central Office. Making the process of contributing as simple as possible is the goal of the program.

Individuals would be given a stamped addressed envelope with which to send in their contribution. The envelope will contain an information form for your name, address and contact number. Fill out the form and drop your contribution in the mail. As soon as it arrives at the Central office you will receive a thank you note /receipt containing a stamped envelope for the next month's contribution. The names of the members involved nor donation amounts to the Central Office will be released. The Central Office will publish the total monthly contributions in the newsletter each month. The Central Office operates completely off our contributions, group contributions, the Birthday Club and special events. In the recent year this has not been enough to sustain our financial responsibilities. Our hope is that the Grateful Givers Club will give that a boost. We chose the name Grateful Givers because Alcoholic Anonymous saved our lives. As a result we are grateful that we again have the

ability to give. If you are interested in getting involved in the program you can contact your C.S.R. or contact the Central Office. We will be making contribution envelopes available to the groups by way of your C.S.R.

Spring Into Sobriety 2020: March 28, 2020, June G. of Oxnard, Ca. with 47 years, 7 months, 16 days. \$15.00 pre sales tickets. St. Pauls Church, 120 N. Hall St. Visalia...

See flyers for more information.

MEETING ADJOURNED: 8:05 pm

District 47 Minutes

March 4, 2020

Meeting Called to Order: 7:00 p.m. by DCM Allen L.
Committee: Allen L., DCM; Ralph D., GSR for Bridge Street Drunks Only Group; Josh F., Treasurer; Danette L., GSR for the Saturday Women's 12x12 Study; Kenneth B., GSR for Springville Gut Level Group (Alt. DCM), Greg G. District 47 secretary, Greg G. Registrar, Jim K., (Recording Secretary) GSR for Monday Men's Meeting.

The GSR Preamble was recited by all present.

12 Traditions: read by Josh F.

12 Concepts: Concept 3 read by Allen L.

Approval of Minutes: January 1, 2020 minutes approved as written.

Treasurer's Report: Josh F. reported a balance forward of \$2,061.10. Income from groups was \$316.26. TCCO Office expense was \$348.30 for Allen L. DCM trip to Winter Assembly and for February ACM, and the P.O. Box annual fee, leaving a balance of \$2029.06.

CSO Report: Allen L. reported that the Mike S. and Louis T. resigned from the board, and there are two immediate openings on the Central Office board and voting will happen at next weeks CSR Meeting on Tuesday February 11, 2020.

Registrar: Greg G. is attempting to contact the area registrar so he can open communication with the groups in our area and develop an information base with all of our local groups. He will attempt to attend as many meetings in our district as he can, refresh our information on the contact for that meeting, and spread knowledge to groups about what GSO, GSR, delegate, and

the job of local groups is in the big picture of AA on a National scale.

PI/CPC Report: No Report as we are looking for a representative

H&I Report: Ralph D. announced last month H and I general assembly meeting. 80-90 in attendance, and the area representatives were pleased with our efforts. And attempt is being made to unify Tulare area, Fresno and Madera H and I organization. Our regional chairperson resigned and they are looking for one at this time. Meetings are being planned at the Chowchilla prison.

DCM Report/Old Business: DCM Allen L attended ACM and was given all final agenda items and a thumb drive with the background of the items.

There are workshops, mock conferences, and other activities relating to the discussion of agenda items happening now throughout our area. The Pre Conference Workshop will be held at the Porterville Recovery Club on March 14, 2020 from 10:00-2:00. It will give all AA members in our area an opportunity to learn more and share input on the agenda items to share with our delegate to take to the conference. PICPC

issues need for emergency services contact for alcoholics in crises, the Superior Court is handing out old meeting schedules, and no action was taken.

New Business: There are 7 items to be discussed at the Pre Conference Workshop at the Porterville Recovery Club next Saturday. They include a wide range of topics and it should prove to be an informative and interesting meeting.

7th Tradition: \$16.00

Announcements: None

The meeting closed with the Declaration of Unity and the Responsibility Declaration at 8:25 p.m.

Respectfully submitted,

Jim K

GSR, Recording Secretary

Group Contributions

10th Ave Men's-Lemoore		0.00
Alpha-Wed-Tulare	90.00	90.00
As It Is Outlined in Book	21.00	46.00
Attitude Modification-210		0.00
Bill & Friends		0.00
Breath of Fresh Air		0.00
Bridge St. "Drunks Only"		953.65
Central Calif. Roundup		0.00
Civic Center Grp.		60.00
Clodbusters-Tulare		0.00
Crossroads-Tulare	120.00	120.00
CSO Meeting		99.00
Dinuba Grp		0.00
District 47		400.00
Dr. Bob & Friends		0.00
Exeter-Quiet Trails		200.00
Exeter Sun Afternoon		0.00
Foundation Group		0.00
Freedom Fellowship		525.00
Fri. Night Study Tulare		0.00
Friday Noon 210		111.21
Half & Half		200.00
Hillman Group		0.00
Lindsay Fireside Grp		25.00
Messy Pants Winos		0.00
Monday Men's Mtg.		0.00
Mid Valley-Tulare	800.00	800.0
Mon Book Study-S'ville		0.00
Mon Lit Study-Visalia		0.00
Nooners Group-Visalia		0.00
Pine Recovery AA Mtg		28.00
Porterville Young People		0.00
Practicing The Principles		0.00
Rainbow Group		107.00
Rule 62-Visalia		125.00
Serenity Junction-Tulare		0.00
Serenity Seekers AM-Visalia	34.42	199.17
Sober Sisters		78.38
Wed. Sobriety Celebration		0.00
Springville Gut Level		50.00
St. Ritas Group		0.00
Sun Bkfst Spkr Mtg		230.00
Sun PM Serenity Seekers		0.00
Tulare Young People		104.00
TUFYPAA	125.75	125.75
Tulare Fri. Book Study		0.00
Tulare 2nd Fri Spkr Mtg		0.00
Tulare Tuesday Night	400.00	400.00
Tulare Thur. Noon		200.00
Tulare Sunday Night		0.00

Tues. Men's-P'ville	0.00	
Three Rivers-Monday	248.00	
Unity Thru Traditions	0.00	
Valley Group	140.00	210.00
Valley Speaker Series		701.74
Wed. Acceptance, P'ville		150.00
Weekend Attitude Adj.		0.00
Women's Amity-Visalia	106.50	106.50
Women's Changes-P'ville		87.50
Women's Fri. Night-P'ville		0.00
Women in Unity		0.00
Women's Sat AM 12x12		60.00
Young & Restless		0.00

Total	1,837.67	7,090.90

Service Meetings

AND ADDRESSES

GSR Meeting at Central Office
449 E. Maple St., Exeter, CA
Canceled COVID -19

CSR Meeting at Central Office
449 E. Maple St., Exeter, CA
Canceled COVID -19

H&I Meeting at Alano Club
Visalia Alano Club, 1311 W. Murray
Canceled COVID -19

SERVICE ADDRESSES

Tulare County Central Office
449 E. Maple St..
Exeter, CA 93221

District 47, C.N.I.A.
P.O. Box 273
Exeter, CA 93221

CNIA Treasurer
PO Box 161712
Sacramento, CA 95816-1712

General Service Office
PO Box 459, Grand Central Station
New York, NY 10163

H&I-Contributions
P.O. Box 192490
San Francisco, CA 94119-2490

Lighter Side of AA

Jailtime

An alcoholic wakes up in jail. He asks the first police officer he sees, "Why am I here?"

"For drinking," replies the officer.

"Great," says the man, "when do we start?"

Resentment

I was taught to forgive but never forget

So now I walk around full of resentment and suspicion but don't remember why.

I think I'm doing it wrong.

Two Cars

A son asks his father, "Daddy, what's an alcoholic like?"
The dad responds, "Son, do you see those two cars over there? An alcoholic would see four."
The son says, "But daddy, there's only one."

The Ferrari

Interviewer: Do you drink every day?

Man: Yes.

Interviewer: How much a day?

Man: Around 3 six-packs starting at noon.

Interviewer: How much does a 6-pack cost?

Man: Roughly \$10.00 at a deli.

Interviewer: And how long have you been drinking like that?

Man: 15 years.

Interviewer: So with a six-pack costing \$10.00, and you consuming 3

six-packs a day, you are spending roughly \$900 each month. In one

year, you would then be spending \$10,800, correct?

Man: Correct.

Interviewer: If in 1 year you spend \$10,800 on beer, not accounting for inflation, 15 years puts your spending roughly \$162,000;

correct?

Man: Correct.

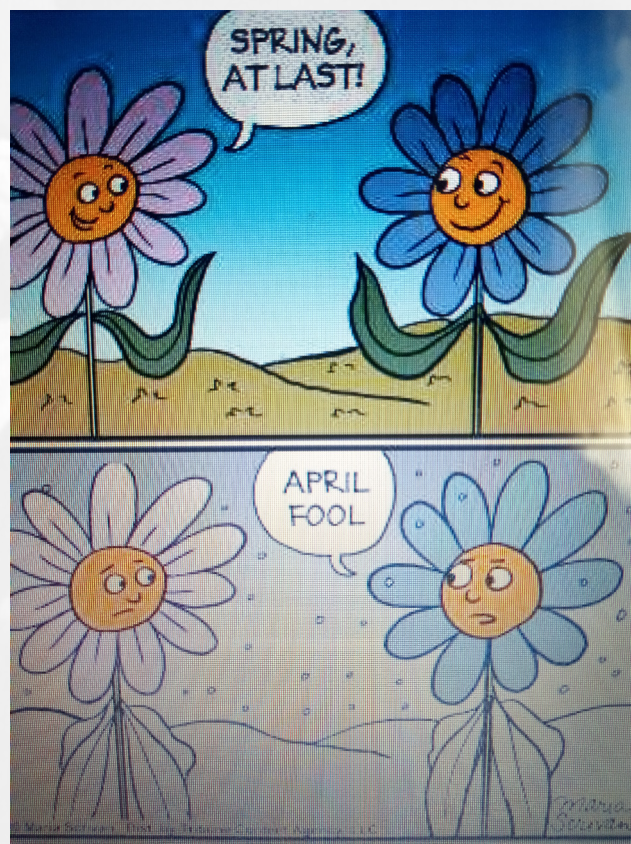
Interviewer: Did it ever occur to you that if you did not

drink for the last 15 years, you could have bought a Ferrari?

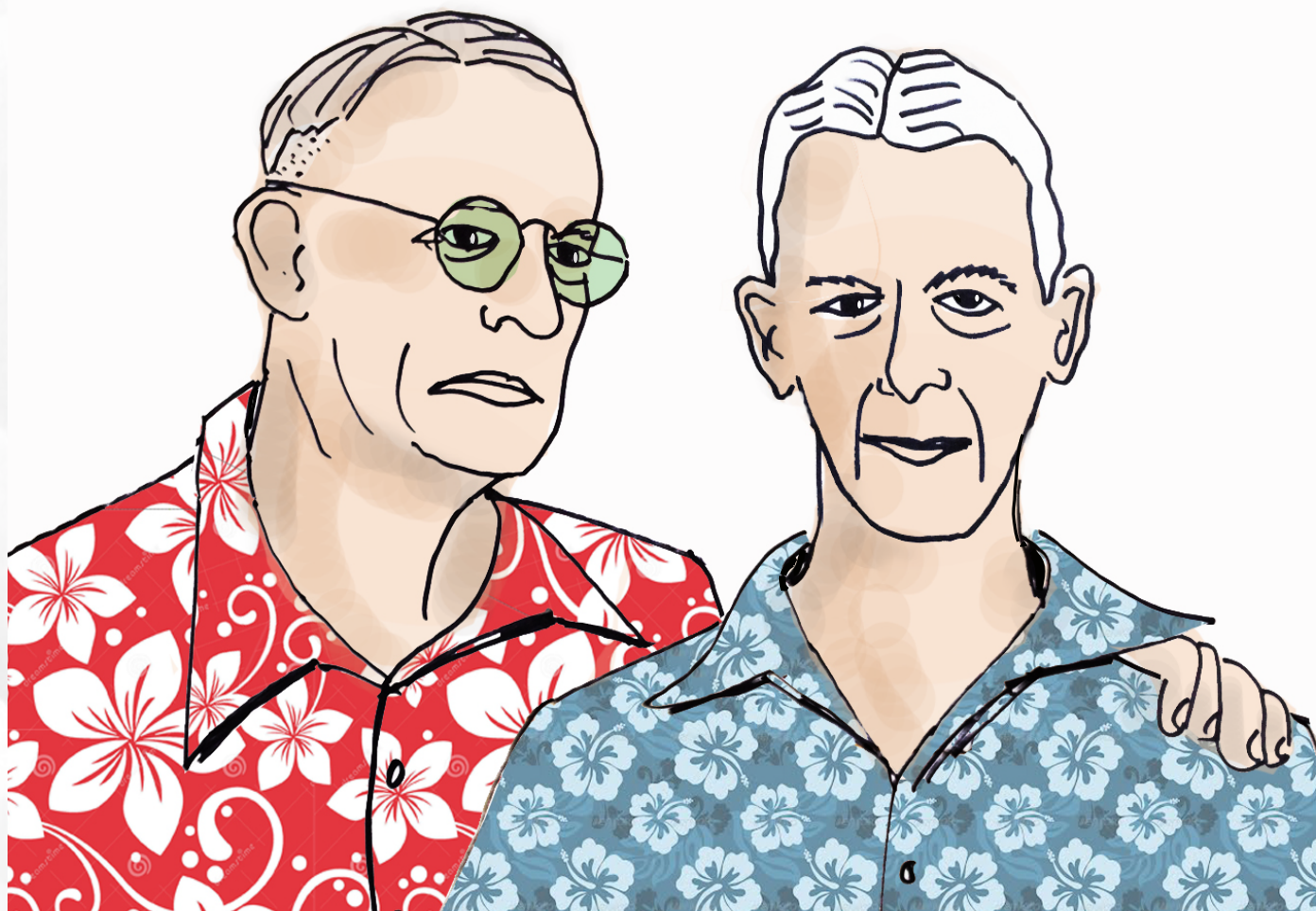
Man: Do you drink?

Interviewer: No.

Man: So where's your Ferrari?



Tulare County Central Office Founders Day Picnic



SATURDAY - JUNE 6, 2020

MOONEY GROVE PARK - VISALIA - ARBOR #9

SPEAKER: Patti B. FROM Bakersfield, Calif.

Lunch Served FROM 11 AM TO 12:30 PM

LUNCH: Adults: \$5.00 / Kids Under 12: \$1.00

Hamburgers AND Hot Dogs with All The Fixin's - Chips - Dessert - Free Coffee

Come Early for Setup at 8:00 AM - Picnic Starts at 9 AM - Speaker at 1 PM

Your Content Here!!!

Have an event????

New group starting up?????

Have a story to share???

Take some amazing photos around our district???

Want to be of service????

All this can be accommodated-we are available to help! Simply reach out to us here at Central News and we will do all we can to get the word out!!!

Carrying the message to the Alcoholic who still suffer is our primary purpose. What better way to do it then to get involved!!!!

Send your content to:

centralintergroupnews@gmail.com

... and we will help you communicate to district 47!!!