



Website: [www.aa-tulareco.org](http://www.aa-tulareco.org)

## *Do You know That Candor is Contagious*

Flower Child - Allen L Exeter, CA

I've been in A.A. for two years and during this time I have told hundreds of people about it. As a writer it is my business to know all kinds of people. As an individual, it is my pleasure to do so. I have friends and friendly acquaintances of all ages, backgrounds, religious creeds, and types of education. People in every imaginable occupation from cook to Cabinet Member. Also in these two years, I have met countless strangers, made endless new acquaintances. Whenever the subject has come up, I have said that I don't drink any more. And if people have shown any interest I've told them all about A.A. But in all this time I have had only one hostile reaction, and that was from a woman who is now considering A.A. for herself.

My reasons for talking so freely are several. First (but not the most important) is my own selfish reason. I am so relieved, so glad to say I am an alcoholic. To know why I was sick, to know that I am not immoral, evil, or crazy. I am so glad to be able, to go back to those people before whom I got drunk in the past, before whom I behaved badly, and be able to say: Look. I am an alcoholic. That is why I acted the way I did. Now I don't have, to get that way anymore. For this load is now lifted. This awful load of shame, fear and guilt. Instead of avoiding people's eyes, instead of wondering what they think of me, instead of crossing the street when I see

them coming, I can keep on walking down the street, say hello, shake hands, and smile.

My other reasons stem from this one, and yet they are more important reasons. For I feel that my own unembarrassed attitude, my own frankness and freedom in the matter, affects everyone with whom I come in contact, and with whom I talk. Freedom from guilt and embarrassment is the only altitude that we alcoholics can have. If we want to "forget" about our drinking and conceal our past and pretend or wish we weren't, in A.A., then we have not yet forgiven ourselves. It is highly important that we forgive ourselves, utterly, or others won't forgive us. They will continue to sense in us shame and fear. Then they in turn will feel uneasy. They will continue to think of the subject as a moral issue, censurable, objectionable. We must be ready to say to people what we say to ourselves. That our past is our sick behavior, and that our present and our future is our convalescent and our well behavior. That we are living from day to day, in our new present, which is our strong secure future, forever. Herein lies all the hope of our lives.

I think that this altitude within ourselves is most contagious. Over and over I have heard from other A.A.s how they have, gone to a frightening boss, and talked



to him, only to find him friendly and helpful. How they have won over stiff-necked relatives, or a narrow-minded community, in the most magical and wonderful way. For seldom does anyone, lose a job, a friend, the esteem of his neighbors because of not drinking. It is drinking and getting drunk that bothers friends, relatives, neighbors. And even this is being looked on with more and more understanding, thanks to the frank attitude of the average A.A. For the more people learn about A.A., the more they understand what alcoholism is, the more lenient they become toward the alcoholic and his problems. And the easier it is for the alcoholic to shed his fears, and face himself.

I found like a bushel of sweetness and light. Alas, I am far from that. There are plenty of people around these United States (not to say a few in Europe) who hate my eyeteeth and wish I were pushing up buttercups this very minute. I have not gotten them all to forgive me. I'll be doing well if I get half of them to do so before I'm through. Yet I think that as I progress in A.A., I will be able to get a few of them to realize that I'm not responsible for what I did then. That I am trying, to the best of my ability, to make amends, through 12th step work, and in all other possible ways, and that I, like everybody else, who is working at A.A. have undergone a change that is a miracle.

This brings me to my last reason for telling the world. When I say to friends and strangers, I'm an alcoholic, I belong to Alcoholics Anonymous, I am saying something wonderful, something good. I am saying, Look at me now. Look at what I was. Maybe I'm not much now. But I am well. I am happy. Happier than I've ever been in my life. I am no longer scared to death. I can work. I can love people. I have hundreds of new friends who understand what I went through because they went through it too. I am no longer lonely, and alone. From being a dead weight, and useless, I have, become of great use. Not because of myself as an individual, but because of what I'm a part of. For this thing I'm a part of is one of the grimmest things this world has ever seen. Hope, and belief in the goodness of people, and love. In this present world, where we are living in the precarious shadow of our mistakes, is it not wonderful to belong to a thing like this? I'll tell the world it is.

-Felicia G. New York AA Grapevine May 1945

**Step 5** *Admitted to God, Ourselves and another human being the exact nature of our wrongs.*

When reflecting about Step 5, it comes to mind the first 5th step I did while incarcerated. I had a sponsor that was working with me through mail correspondence and when on step 5 I had to get creative. The Big book reminded me that I needed to go to any length to recover. So, I completed my thorough inventory and set up an appointment with a counselor to do my 5th step. The counselor was also in recovery and graciously allowed me to schedule a time slot to start my 5th step. I met with her in the first session and began going over my resentments. What I found was no judgment, only understanding and empathy. Also, what I gained was insight into how my part was glaring in my resentments. I honestly shared my resentment inventory and then my sex conduct inventory. What I found was that while I had been wronged, I had played a major part in the situations that caused my anger and grudges. I also was able to "see" the patterns of my character defects of unrealistic expectations, dishonesty, selfishness, and self-centeredness.

See, the 5th step is an example of humility. I put aside all my pride and ego and shared my inventory with another human being. I started out, thinking I was the "worst of the worst" and left with the feeling that I was just another Alcoholic who had bad behavior when drinking. I found that the things I had done while drinking, were things others had done. I was not alone!! I also had a sense of understanding that much of my resentments were centered in fear that was the primary motivator for my anger. See there were things I thought I would never tell another person, because I feared judgment and criticism and, in this step, I found just the opposite. Step 5 gives us an opportunity to have help to see our part, when I held on to my self-righteous anger for so long. It also provided me the chance to break through the years of telling the same false stories.

Step 5 helps us deflate our ego and as explained in the 12 steps and 12 traditions, sharing our character defects with another human being is an ancient tradition. Whether with a priest, a psychiatrist, a Doctor, or a trusted servant of Alcoholics Anonymous, it is suggested that it be a trusted person. What we get from working a 5th step, is removal of isolation, realizing we are not alone in the things we had done, or thoughts we felt. We gained a sense of forgiveness and humility. Step 5 gives the sense that we are not alone in this journey. Step

5 is a vital part of our recovery program and we must be willing to use the Honesty, open mindedness and willingness we can muster to recover.

The last part of step 5 is taking the hour of sitting still in quiet to review our progress on these first 5 steps. Have we built a strong foundation for our recovery thus far? We will see that we have begun building the basics of our continuing journey in sobriety through following the suggestions, working the steps and remaining honest in this beautiful process!!

-Nikki C.

# Tradition 5

*Each group has but one primary purpose: to carry its message to the alcoholic who still suffers.*

**Primary**-definition of primary: **main Purpose**- definition of purpose: **reason, intention**

**Primary purpose: main reason**

In the 12 x 12 (page 150) it refers to the shoemaker. "Shoemaker, stick to thy last!

Better do one thing supremely well than many badly. That is the central theme of this Tradition.

Around it our Society gathers in unity. The very life of our fellowship requires preservation of this principle. My name is Boo and I am an alcoholic, this statement is a powerful tool if used in the correct manor. I am an alcoholic and I can carry the message more effectively then a Physician, family or friend. It is through my drunk alog (pain & suffering) I gain can the confidence of the new comer. Reiterating that through the program of alcoholics anonymous (not deluded by other issues), my high power and other members who came before me, I am able to help the suffering, the skeptic and the non-believer. I shouldn't obscure the message with other addictions. There are other fellowships for that/them. I need to stick to alcohol as it relates to the drink. I am not an authority on drug addiction because I do not and cannot take drugs, so I stick to what I know!

-My name is Boo and I am an alcoholic.

# Financial Report

TULARE COUNTY CENTRAL OFFICE

Income & Expense Statement

3/21/21 THROUGH 4/20/2021

| <u>INCOME</u>        | <u>MONTH</u> | <u>YEAR TO DT.</u> |
|----------------------|--------------|--------------------|
| B.Day Club           | 247.00       | 376.00             |
| CD & Tape Cont.      | 0.00         | 0.00               |
| Grateful Givers Club | 320.00       | 1,050.00           |
| Group Cont.          | 1,555.82     | 4,336.55           |
| Indiv Cont           | 1,038.02     | 3,478.17           |
| Lit. Sales           | 153.25       | 1,572.27           |
| Memorial Cont.       | 0.00         | 0.00               |
| Misc.                | 0.00         | 0.00               |
| Newsletter Cont      | 0.00         | 0.00               |
| S & H                | 0.00         | 2.04               |
| Sales Tax            | 39.37        | 192.58             |
| Spec. Events         | 0.00         | 0.00               |
| Spec. Items          | 354.30       | 1,056.25           |
| Spec. Items          | 291.10       | 742.15             |

-----  
**TOTAL** **\$3,707.76** **\$12,063.86**

| <u>EXPENSES</u>      | <u>MONTH</u> | <u>YEAR TO DT.</u> |
|----------------------|--------------|--------------------|
| Fees-Taxes           | 25.00        | 25.00              |
| Insurance            | 0.00         | 550.00             |
| Lit. Costs           | 0.00         | 912.42             |
| PI-CPC Expense       | 0.00         | 0.00               |
| Misc Expense         | 0.00         | 0.00               |
| Newsletter Cost      | 0.00         | 0.00               |
| Office Exp           | 32.42        | 256.86             |
| Office Equip.& Maint | 575.00       | 575.00             |
| Phone & ISP          | 116.97       | 467.88             |
| Postage              | 55.00        | 59.00              |
| Employee Taxes       | 1,334.05     | 2,583.21           |
| Rent                 | 525.00       | 2,100.00           |
| Salary               | 1,273.12     | 5,094.05           |
| Sales Tax-Paid       | 0.00         | 0.00               |
| Security System      | 0.00         | 185.14             |
| Spec. Events         | 0.00         | 0.00               |
| Spec. Items          | 0.00         | 0.00               |
| Card Charge          | 9.96         | 26.90              |
| Utilities            | 92.87        | 373.61             |
| Website              | 3.79         | 14.89              |

-----  
**TOTAL** **\$4,043.18** **13,223.96**  
**Net Gain(Loss)** **(\$335.42)** **(\$1,160.10)**

**BEGINNING TOTAL ACCT BAL: \$13,699.39**  
**ENDING TOTAL ACCT BAL: \$13,363.97**



# Central Service Meeting

DATE: 4-13-2021

MEETING CALLED TO ORDER: Cheryl H. TIME:  
7:05 pm

BOARD MEMBERS PRESENT: William E., Cheryl H.,  
Erica D., Patrick ABSENT: Mike K.,

SERENITY PRAYER: N/A 12 TRADITIONS: Alice S.

MINUTES OF LAST MEETING: Motion to approve by  
William E., 2nd by Erica D. Approved

REPORT OF LAST BOARD MEETING: Read by  
Cheryl H.

TREASURER & OFFICE REPORT: Read by Cheryl H.

We had an income of \$2,494.66 and expenses of  
\$3,005.72 for a loss of

\$561.06 for this accounting period. Group  
contributions were below average. Individual

Contributions were good. I want to thank all the  
contributing groups and members for their much  
needed and appreciated contributions.

Expenses include a literature order plus office and  
printing supplies plus our security system for 3 months  
and our regular monthly expenses.

Our Grateful Givers Club brought in \$170.00 in much  
appreciated contributions.

We had 272.59 total net sales in 3 transactions for  
credit and debit cards last month.

Traffic and calls have been light.

PUBLIC INFORMATION REPORT: Patrick, no new  
report at this time.

VOLUNTEERS TO WRITE STEP & TRADITION  
FOR CENTRAL NEWS STEP FOR NEWSLETTER-  
VOLUNTEER

| Issue | Step   | Member | Due Date |
|-------|--------|--------|----------|
| May   | Step 5 | Nikki  | April 20 |
| June  | Step 6 | Louie  | May 20   |

Due to CentralintergroupNews@gmail.com

TRADITION FOR NEWSLETTER-VOLUNTEER

|      |        |          |          |
|------|--------|----------|----------|
| May  | Trad 5 | Boo      | April 20 |
| June | Trad 6 | Erica D. | May 20   |

Due to CentralintergroupNews@gmail.com

NEWSLETTER REPORT: No Report

WEBSITE REPORT: David: Alberto will now be the  
Spanish editor for the Website.

H&I REPORT: H&I is continuing zoom meetings. Our  
committed volunteers participate twice a month  
at Pine Manor Recovery, Mothering Heights Women's  
Recovery and once a month with Turning Point.  
Our dedicated volunteers ensure literature is provided

to facilities both unable to participate and those that  
do join via zoom. It was discussed and voted upon, at  
our last business meeting, that H & I will be  
continuing to zoom orientation and business meetings,  
as zoom seems to fit the current lifestyle.

We encourage all groups to elect an H&I  
Representative and have them attend our meeting  
in order to ensure we are carrying the collective  
conscience of Tulare County to the NorCal Committee.  
We are a 9th tradition service committee and rely  
on the group representative to maintain open  
communication between the H&I Committee and the  
local fellowship.

Our next H & I Orientation will be held via zoom on  
April 24, 2021 at 9:00am. The next orientation and  
business meeting is May 22, 2021. Orientation will  
start at 9:00am followed by the business meeting  
10:00am. **Zoom ID: 885 8119 7080 Password: Sober  
(capital S).**

Thank you for letting me be of service, Boo M

GSO LIAISON: No Report

BTG CHAIRPERSON: Jonathan: I've received notice  
that pine recovered had reached out I'm  
going to make contact with them and get started on  
gathering people to be of service and  
compiling a list of men and women.

CSR REPORTS:

James, Springville Gut Level: No Report.

Bridge Street Drunks, Sara S.: There is a meeting every  
day of the week at 7 to 8 am and at 12 noon to  
1 pm. Tuesday Evening meeting is a Lit. study starting  
at 6 pm to 7 pm. Thursday Evening is a Big Book  
Study Meeting beginning at 7 pm to 8pm. Saturday  
Evening is an open meeting starting at 7 pm to 8pm.  
Attendance is 20 to 30 members with a mix of old and  
new comers. Birthdays are celebrated on  
the last Saturday of the month. Business Meeting is  
held on 6th the last Saturday of the month-rotating times  
between 8am and 1pm. Bridge Street is working on  
bringing meetings back inside. We make our monthly  
contributions and would love any support for our  
in person meetings!! Thank you for letting me be of  
service.

Alice B. The Women's Amity Group continues to meet  
on Zoom every Tuesday at 6:30 to 7:30. 15 minutes  
after meeting for social time. Attendance is 20 to 30  
women. Business meetings are the third Tuesday of  
the month and Birthdays are celebrated on the last  
Tuesday. Chips, Literature, and Phone Lists are mailed  
upon request. After a group vote to discontinue with  
Zoom Meetings, it was a 50 50 split.

Covid Guidelines Committee will be meeting again with Trinity Reformed Church to discuss church guidelines for on site meetings. Group has continued to pay monthly rent in 2020 and continue to pay in 2021. There is no plan at this time to return to physical meetings. 7th Tradition contributions have been generous. We continue to contribute to all AA Service entities. Thank You for allowing me to be of Service, Alice Silveira

Alice B. Sober Sisters meets every Monday at 7PM, at River Valley Church. Located at 554 S. Blackstone St. Tulare. Business meetings are held on the third Monday of the month. Birthdays are celebrated with Cake and Chips, the last Sunday Of the month. Attendance is low, 6 to 10 Women weekly. What we lack in numbers, we make up in Spirit. Newcomer Packets with a phone list are available. Rotation of service positions will be in June. After Group Conscience the only contribution made in the first quarter was to the Central Office. Thank You for allowing me to be of Service. Alice Silveira

Patrick, Saturday Night J Walkers: No Report

Patrick, Keep it Simple: No Status available.

Patrick, Friends of Bill W.: No Report

Lauren Z., Women's Saturday Morning, No Report

Cheryl H., Springville Speaker Meeting: This meeting needs a new CSR.

**OLD BUSINESS:** After hour calls are about 2 to 3 calls per week. Cheryl has been referring all out of the area calls to their local areas.

The Central Office is checking into using VENMO for donations and contributions. This meeting's members have given positive feedback on using VENMO. This has been tabled until next month.

Following is Cheryl's report:

I was asked to review the VENMO option for Central Office to accept donations. I learned that we can set up a company profile, and link it to the website to make direct deposits into the Central Office bank account. The company profile would be like a Facebook page. The TCCOF website currently has a link to Paypal which is being used regularly by our members, which takes a small percentage of the donation. Example: \$20 donation became a donation of \$19.12 because of a small percentage fee of a 4.4%. We have to manually transfer that donation from Paypal to the checking account. Which protects the checking account. Square charges 3.75% 11.85 cent transaction generated a fee of .44 cents. When I researched the website, they compare themselves to Facebook, as a social media for vendors. There is also a lot of news about Venmo being

a great way for scammers to drain the bank account. The office manager (Bob H) and I believe that the VENMO option is not necessary because we have already have a Paypal account which is linked to the website and out checking account with protection because we transfer to money to our checking account. It is not done automatically like it would be done through VENMO. Central Office has a Square account to accept any type of card payment, and we are set up for cash, check and or credit/debit card payments as well. Venmo is owned by Paypal. The difference between the two is that Venmo would have direct access to Tulare County Central Office Bank account. With Paypal the Office Manager receives an email to direct him to go to the Paypay website and take action. Thank you for letting me be of service!  
Carol Ann G.

The information following is copy and pasted from the VENMO website. Opening and holding an account Account setup \$0.00 No fee to setup an account. Monthly fee \$0.00 No monthly fees. Spending or sending money Adding money to your account Transfer from bank account \$0.00 No fee when you link your bank and use it to add money to your Venmo account. Receive money in your personal Venmo account from Venmo users \$0.00 No fee for you when Venmo users send you payments with Venmo. Receive merchant refund \$0.00 No fee for you when a merchant sends you a refund. Receive money using Direct Deposit \$0.00 No fee when money is added using Direct Deposit. Receive money in your business profile from Venmo users 1.9% + \$0.10 Effective April 1, 2021, there's a fee when you receive a payment sent to your business profile. Adding money using cash a check feature (faster check deposits, payroll and government checks) 1.00% \$5 fee) There's a 1.00% fee (with a minimum fee of \$5.00) when you choose to deposit payroll or government checks (with pre-printed signature) in minutes using the Venmo app. No fee if your check can't be added. Adding money using cash a check feature (faster check deposits, all other accepted check types) 5.00% (minimum \$5 fee) There's a 5.00% fee (with a minimum fee of \$5.00) when you choose to deposit non-payroll and non-government checks (with pre-printed signature) in minutes using the Venmo app. No fee if your check can't be added. Transferring money from your account Electronic withdrawal (standard) \$0.00 No fee to transfer money from your Venmo account to your bank account with the standard option. The money is typically available in 1-3 business days.



Electronic withdrawal (Instant Transfer) 1% (minimum \$0.25 fee, maximum \$10 fee) There's a fee to transfer money from your Venmo account to your eligible linked debit card or bank account with the Instant Transfer option. The money is typically available in minutes. The wording on the website is tricky, it seems if we want the money to go into the bank account immediately, the fees may be higher.

NEW BUSINESS: Mooney Grove has opened, but not for reservations for large groups. We are asking CSRs to ask their groups if they have any ideas for an event for fundraising for Central Office.

SEVENTH TRADITION: None

ANNOUNCEMENTS:

MEETING ADJOURNED: 8:08pm

## Tulare County Hospitals & Institutions

H&I is continuing zoom meetings. Our committed volunteers participate twice a month at Pine Manor Recovery, Mothering Heights Women's Recovery and once a month with Turning Point. Our dedicated volunteers ensure literature is provided to facilities both unable to participate and those that do join via zoom. It was discussed and voted upon, at our last business meeting, that H & I will be continuing to zoom orientation and business meetings, as zoom seems to fit current lifestyle.

We encourage all groups to elect an H&I Representative and have them attend our meeting in order to ensure we are carrying the collective conscience of Tulare County to the NorCal Committee. We are a 9th tradition service committee and rely on the group representative to maintain open communication between the H&I Committee and the local fellowship.

Our next H & I Orientation and Business meeting will be held via zoom on May 22, 2021 at 9:00am. The business meeting at 10:00am. On June, 26, 2021 orientation will start at 9:00am.

**Zoom ID: 885 8119 7080 Password: Sober (capital S).**

Thank you for letting me be of service,

Boo M

## Contributions

### Birthday Club

Reyes A. Visalia 38

Mary C. Three Rivers 33

### GRATEFUL GIVERS CLUB

Members - \$ 170.00

### Individual Contributions

#### Anonymous

AAA

David G.

Jim K.

Mary C.

Sandra K.

### Newsletter Contributions

None

### Memorial Contribution

## Service Meetings AND ADDRESSES

GSR Meeting at Central Office  
449 E. Maple St., Exeter, CA  
Wednesday, May 5, 2021 at 7:00 PM

CSR Meeting at Central Office  
449 E. Maple St., Exeter, CA  
Tuesday, May 11, 2021 7:00 PM

H&I Meeting at Alano Club  
Via Zoom

Saturday-May 22 @ 9:00AM

**The zoom ID: 885 8119 7080 Password: Sober (capital S).**

### SERVICE ADDRESSES

Tulare County Central Office  
449 E. Maple St.  
Exeter, CA 93221  
Website: [www.aa-tulareco.org](http://www.aa-tulareco.org)

District 47, C.N.I.A.  
P.O. Box 273  
Exeter, CA 93221

CNIA Treasurer  
PO Box 161712  
Sacramento, CA 95816-1712

General Service Office  
PO Box 459, Grand Central Station  
New York, NY 10163

H&I-Contributions  
P.O. Box 192490  
San Francisco, CA 94119-2490

## Speaker Meetings

### Porterville Recovery Club Speaker Meeting

186 W. Walnut Ave.  
Friday May 7, 2021 at 8:00 PM  
Speaker: - TBA

### Sunday AM Breakfast, Speaker Meeting

Veterans Memorial Building  
36000 Hwy 190, Springville  
Sunday, May 9th, 2021 at 10:15 AM  
(Breakfast at 8:30 to 10:00 AM)  
Speaker: Ryan G. - LasVegas NV

### The Valley Group, Speaker Meeting

St. Paul's Episcopal Church  
120 N. Hall St. Visalia, CA 93291  
Every Wednesday from 7-8 p.m.  
Speakers for April  
May - 5 - Jen K Visalia  
May 12 - Carl P - Nor Cal  
May 19 - Blythe R - Cacamrentp  
May 26- Pat L - Newhall

### The Valley Group, Speaker Meeting

On Zoom only through June 2021  
Every Wednesday from 7-8 p.m.

## Central Office Contacts

|                                 |            |
|---------------------------------|------------|
| Voice Mail Calls                | 1          |
| AA Members                      | 6          |
| Court Ref/Info                  | 3          |
| Meeting Information             | 14         |
| H&I                             | 0          |
| Alanon & Alateen Information    | 0          |
| Info. re Recovery Homes         | 0          |
| Schedules & Info-Mailed & Faxed | 0          |
| Bridging The Gap                | 0          |
| Other 12 Step Programs          | 1          |
| Visitors to Office              | 38         |
| Literature Sales                | 8          |
| Specialty Sales                 | 18         |
| Churches & Schools              | 0          |
| General Information             | 9          |
| Prospective Members             | 0          |
| Twelve Step Calls               | 0          |
| E-Mail Contacts                 | 13         |
| Spanish Contact                 |            |
| -----                           |            |
| <b>Total</b>                    | <b>112</b> |

## May AA Birthdays

|             |              |    |
|-------------|--------------|----|
| Penny O.    | Dinuba       | 53 |
| Greg        | Woodlake     | 44 |
| Virginia E. | Lemoore      | 41 |
| Allen L.    | Visalia      | 40 |
| Bill T.     | Exeter       | 37 |
| Joe S.      | Lindsay      | 37 |
| Jose S.     | Visalia      | 37 |
| Jesse M.    | Porterville  | 37 |
| Jesse M.    | Porterville  | 36 |
| Harry C.    | Visalia      | 35 |
| Terry W.    | Visalia      | 35 |
| Luann B.    | Three Rivers | 34 |
| Larry B.    | Visalia      | 33 |
| John B.     | Tulare       | 33 |
| Jeff S.     | Visalia      | 33 |
| Don S.      | Visalia      | 33 |
| Mark A.     | Tulare       | 33 |
| Sarah R.    | Visalia      | 33 |
| Dave I.     | Visalia      | 32 |
| Julie M.    | Porterville  | 32 |
| Steven M.   | Porterville  | 32 |
| Sharon Y.   | Visalia      | 32 |
| Jimmy V.    | Visalia      | 31 |
| Susan M.    | Porterville  | 31 |
| Steve D.    | Visalia      | 31 |
| Ron Mc.     | Visalia      | 30 |
| Joe S.      | Porterville  | 29 |
| Scott H.    | Visalia      | 29 |
| Melonie K.  | Visalia      | 29 |
| Wayne T.    | Visalia      | 29 |
| Gail G.     | Visalia      | 28 |
| Jerry Mc.   | Visalia      | 28 |
| Mike G.     | Visalia      | 28 |
| Mike N.     | Visalia      | 28 |
| Henry T.    | Visalia      | 28 |
| Brian C.    | Visalia      | 28 |
| Willie      | Visalia      | 28 |
| Louise G.   | Exeter       | 28 |
| Greg B.     | Tulare       | 27 |
| Manuel O.   | Tulare       | 26 |
| BOO M.      | Visalia      | 24 |
| Theresa S.  | Visalia      | 24 |
| Kathy D.    | Visalia      | 20 |
| Jim C.      | Visalia      | 20 |
| Jennifer R. | Visalia      | 18 |
| Carolyn W.  | Porterville  | 16 |
| Lucy A.     | Visalia      | 13 |
| Tim A.      | Visalia      | 11 |
| Laura D.    | Porterville  | 10 |
| William K.  | Springville  | 10 |
| Courtney R. | Tulare       | 6  |
| Britnee H.  | Visalia      | 3  |

## District 47 Meeting Minutes

April 7, 2021 Meeting (Zoom) Called to Order: 7:00 p.m. by DCM Allen L.

Committee: Allen L., DCM; Ralph D., GSR for Bridge Street Drunks Only Group; Danette L., GSR for the Saturday Women's 12x12 Study

GSR Preamble read by Allen L.

12 Traditions: read Danette L.

12 Concepts: Concept 5 read by Allen L.

Approval of Minutes: March 3, 2021 minutes approved

Treasurer's Report: Josh F. reported a balance forward of \$2241.70. Total income for District 47 was \$40.00 (Women's Amity Group). There were no expenses in March. District 47's current balance is \$2,281.70.

H&I Report: Rafael D. reported that H&I is continuing zoom meetings. Our committed volunteers participate twice a month at Pine Manor Recovery, Mothering Heights Women's Recovery and once a month with Turning Point. Our dedicated volunteers ensure literature is provided to facilities both un-able to participate and those that do join via zoom. It was discussed and voted upon, at our last business meeting, that H & I will be continuing to zoom orientation and business meetings, as zoom seems to fit current lifestyle.

We encourage all groups to elect an H&I Representative and have them attend our meeting in order to ensure we are carrying the collective conscience of Tulare County to the NorCal Committee. We are a 9th tradition service committee and rely on the group representative to maintain open communication between the H&I Committee and the local fellowship.

Our next H & I Orientation will be held via zoom on April 24, 2021 at 9:00am. The next orientation and business meeting is May 22, 2021. Orientation will start at 9:00am followed by the business meeting 10:00am. **Zoom ID: 885 8119 7080**  
**Password: Sober (capital S).**

DCM Report: Allen L. reported that he attended the 3/20 ACM. The Pre-Conference Assembly will be held April 10th & 11th via Zoom (flyer attached to Dist. 47 group email). GSRs will be sharing their groups' conscience on Agenda Items with our delegate. The final list of Agenda Items and the background materials for this year's General Service Conference can be accessed at: <https://cna.org/area-07/delegates-page/> choose the Confidential Downloads file. The password is HowItWorks.

Old Business: None. New Business: None.

7th Tradition: Not observed. Announcements: None

Respectfully submitted,

Allen L., District 47 DCM

## Group Contributions

|                             |        |        |
|-----------------------------|--------|--------|
| 1st Friday Spkr Mtg         |        | 10.00  |
| Alpha-Wed-Tulare            |        | 0.00   |
| As It Is Outlined in Book   |        | 0.00   |
| Attitude Modification-210   |        | 0.00   |
| Breath of Fresh Air         |        | 0.00   |
| Bridge St. "Drunks Only"    |        | 366.16 |
| Civic Center Grp.           |        | 200.00 |
| Clodbusters-Tulare          |        | 0.00   |
| Crossroads-Tulare           |        | 0.00   |
| CSO Meeting                 |        | 0.00   |
| Dinuba Grp                  |        | 0.00   |
| District 47                 |        | 0.00   |
| Bill & Friends              |        | 0.00   |
| Exeter-Quiet Trails         | 100.00 | 200.00 |
| Exeter Sun Afternoon        |        | 0.00   |
| Foundation Group            |        | 0.00   |
| Freedom Fellowship          |        | 0.09   |
| Fri. Recovery Club          | 15.00  | 15.00  |
| Fri. Night Study Tulare     |        | 0.00   |
| Friday Noon 210             |        | 0.00   |
| H&I                         |        | 0.00   |
| Half & Half                 | 75.00  | 75.00  |
| Hillman Group               |        | 0.00   |
| Keep it Simple Sunday       | 200.00 | 300.00 |
| Lindsay Fireside Grp        |        | 0.00   |
| Messy Pants Winos           |        | 0.00   |
| Monday Men's Mtg.           | 100.00 | 100.00 |
| Mid Valley-Tulare           |        | 200.0  |
| Mon Book Study-S'ville      |        | 0.00   |
| Mon Lit Study-Visalia       | 80.00  | 80.00  |
| Mon Men's BB Study          |        | 0.00   |
| Nooners Group-Visalia       |        | 0.00   |
| Pine Recovery AA Mtg        |        | 0.00   |
| Porterville Young People    |        | 0.00   |
| Practicing The Principles   |        | 20.00  |
| Rainbow Group               |        | 0.00   |
| Rule 62-Visalia             |        | 0.00   |
| Serenity Junction-Tulare    |        | 0.00   |
| Serenity Seekers AM-Visalia |        | 200.00 |
| Sober Sisters               |        | 50.00  |
| Wed. Sobriety Celebration   |        | 0.00   |
| Springville Gut Level       |        | 180.00 |
| St. Ritas Group             |        | 0.00   |
| Sun Bkfst Spkr Mtg          |        | 150.00 |
| Sun PM Serenity Seekers     |        | 0.00   |
| Tulare Young People         |        | 154.81 |
| TUFYPAA                     |        | 0.00   |
| Tulare Fri. Book Study      |        | 0.00   |
| Tulare Tuesday Night        |        | 200.00 |
| Tulare Thur. Noon           |        | 0.00   |
| Tulare Sunday Night         |        | 0.00   |
| Tues. Men's-P'ville         | 30.00  | 30.00  |



|                            |          |          |
|----------------------------|----------|----------|
| Three Rivers-Monday        |          | 160.00   |
| Unity Thru Traditions      |          | 120.00   |
| Valley Group               |          | 569.76   |
| Valley Speaker Series      |          | 0.00     |
| Wed. Acceptance, P'ville   | 130.00   | 130.00   |
| Weekend Attitude Adj.      |          | 0.00     |
| Women's Amity-Visalia      | 203.82   | 203.82   |
| Women's Changes-P'ville    |          | 0.00     |
| Women's Fri. Night-P'ville | 100.00   | 100.00   |
| Women in Unity             |          | 0.00     |
| Women's Sat AM 12x12       | 522.00   | 522.00   |
| Young & Restless           |          | 0.00     |
| -----                      |          |          |
| Total                      | 1,555.82 | 4,336.55 |

## Lighter Side of AA

### Ice

I did not know this...

When you drink vodka over ice, it can give you kidney failure.

When you drink rum over ice, it can give you liver failure.

When you drink whiskey over ice, it can give you heart problems.

When you drink gin over ice, it can give you brain problems.

Apparently, ice is really bad for you.

Warn all your friends.

### Sponsor/Sponsee Relationship

A sponsor and his sponsee are deserted on an island. They come upon a bottle.

They rub it and a genie appears and says they each get one wish--whatever they want. The sponsor says "I wish I were back with my homegroup". POOF! he disappears.

The sponsee paces nervously around, indecisive, anxious, nervous...Should I ask for money? A woman? A nice boat? Finally in exasperation he cries out "I wish my sponsor was here!" POOF!

Want to be of Service??

Since COVID has come are you struggling to get involved???

Contribute to this newsletter!!

Send a picture, send a joke, suggest an article.

email:

[centralintergroupnews@gmail.com](mailto:centralintergroupnews@gmail.com)

### One Liners

A heavy drinker knows when the liquor store closes, an alcoholic knows when it opens.

An optimist looks at a glass and says it's half full. The pessimist looks at it and says it's half empty. The alcoholic looks at it and says, "Hey, are you gonna drink that?"

People who stop coming to meetings don't get to hear about what happens to people who stop coming to meetings.





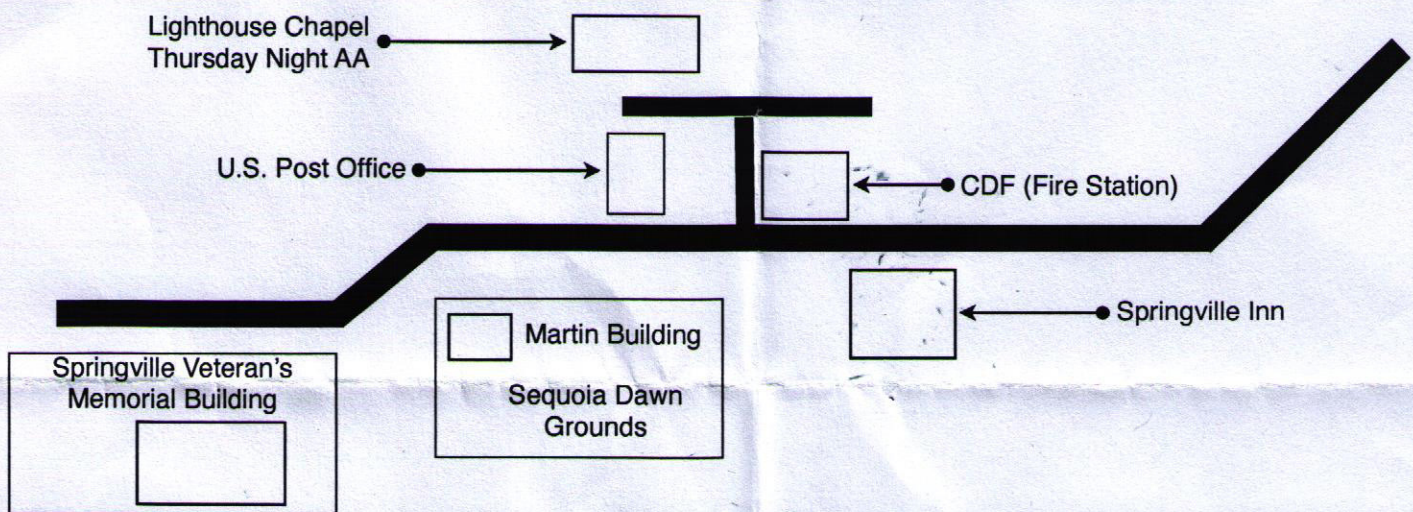
# Sunday Speaker Breakfast

Sunday Morning, May 9, 2021

Always the 2nd Sunday of the Month - Come Join Us!

**Speaker: Ryan G.**  
Las Vegas, NV

*Special Sunday Speaker in Springville's Serenity*



**Springville Veterans Memorial Building**  
**35944 Highway 190**  
**Springville, California**

**For Information: Call 559-539-3814**

- From Highway 99 at Tipton (south of Tulare) - Take Highway 190 turnoff toward the Sierras - 32 miles east to Springville
- From Highway 99 at Bakersfield - Take Highway 65 north 45 miles to Highway 190 - 17 miles east to Springville

8:00 AM

Coffee's Hot - Attitude Adjustment Time

8:30 AM

Breakfast Service (\$5.00)

10:15 AM

Meeting Starts (7th Tradition is honored)

10:30 - 10:45 AM

10 Minute Speaker - Main Speaker



# *Your Content Here!!!*

Have an event????

New group starting up?????

Have a story to share???

Take some amazing photos around our district???

Want to be of service????

All this can be accommodated-we are available to help! Simply reach out to us here at Central News and we will do all we can to get the word out!!!

Carrying the message to the Alcoholic who still suffer is our primary purpose. What better way to do it then to get involved!!!!

Send your content to:

[centralintergroupnews@gmail.com](mailto:centralintergroupnews@gmail.com)

... and we will help you communicate to district 47!!!