



## A Time for Reflection

Our AA community has taken a huge loss the last few weeks with the passing of two gentlemen. Matt G. of Fresno passed away on July 29<sup>th</sup> and David S. of Bakersfield on August 9<sup>th</sup>. These are two men that taught me how to be of service, listen to anyone reaching out for help, and to give back to the program of AA no matter what.

I knew Matt for about 20 years. I would only see him maybe once or twice a year, but would keep in touch on the phone often. Matt had many medical challenges in his life, and he never once told me “NO” to an AA request. He spoke for us many, many times in our area for picnics, New Year’s parties, Breakfast Speaker Meetings, the list goes on ad infinitum. Matt also taped many speaker meetings for us, and had CD’s available right away. He assisted me in finding other speakers for meetings in our area. I would call him often and say “have you heard so and so... what do you think?” He always gave me honest and appreciated advice. His story was heartfelt, humble, honest, and right to the point of what can happen if we don’t give up, and make a change. He told a slightly different story every time he spoke, and I enjoyed every one of them. Matt graciously agreed to be the speaker for our New Years Party last Dec. 31<sup>st</sup>, and I am so grateful I asked him, and was able to spend time with him that night. That was the last time I saw him.

David moved to Lindsay about 10 years ago. His good friend Walt brought him to dinner and our meeting in Springville one night. David was a little scruffy looking, had not shaved, crappy t-shirt, baseball cap. Cheryl thought he was a newcomer down on his luck, David laughed when he heard that story. He supported our Thursday night meeting for years, the Springville Breakfast, Exeter Quiet Trails, and lots of other meetings in the area. He was a “wanderer” and liked to skip around to many meetings. He brought honesty, humility, love for newcomers, and some friction to our area. He would tell it like it is, with AA and the Traditions being the most

important thing. That would offend some people, but it was something I appreciated dearly. His love for AA and the Traditions made him not the most popular person in the room at times. I am grateful for people that put principles before personalities to the test, for the love of AA.

I have all these little saying in my head that David used “don’t shop in the dented can aisle” speaking of getting into relationships too early in sobriety. Another one was “why are you surprised?” when I would whine about something someone was doing I did not like, when it was just what they usually did. My personal favorite was “just observing and reporting” when someone would say people are gossiping, he would say not gossip, just observing and reporting.

David was a huge supporter of our Central Office. He donated for many years for raffle prizes, and bake sale items. He never wanted anyone to know it was him donating. He gave me a large sum of money one year and asked me “who else would know” I said no one. He had an anonymous beautiful lady (Anetta) buy tickets and give them away to someone that might not be able to attend otherwise, and then bid on bake sale items with the rest of the money. AA is not all about the money, we all know that, but when donations are made out of love and appreciation, it is nice.

I will be the first one to say “we do not put people on pedestals.” That is not what my intent is. I just want to say thank you to some wonderful people that I had the privilege to know, and that made my life better in the process. I told them both that I loved and appreciated them many times, so no regrets there. Just a lot of reflection lately of what a wonderful life I have been given, and hope to give it back to anyone that wants it also. May you both have some great AA meetings in the sky.

--Julie M.

## Step Talk

**Step Nine:** "Made direct amends to such people wherever possible, except when to do so would injure them or others."

Making amends to the people in my life that I have harmed has given me an amazing sense of freedom. Freedom is the main spiritual principle of Step Nine. It is a freedom from shame and guilt toward the people that I had wronged, and the relief from the resentment toward those who had harmed me. The shame and guilt just goes away, and I can look people in the eye and don't have to shy away anymore. It says in the Big Book of Alcoholics Anonymous that "we are going to know a new freedom and a new happiness, we will not regret the past nor wish to shut the door on it." I realize that this process of making amends is not complete, and may never be so. I find that as I continue to make these amends, that I will realize the freedom that Step Nine promises.

Step Nine is part of a larger process that prepared me for this daunting task. "This process has called on us to examine our lives, identify our character defects, and become aware of how we harmed others when we acted on those defects." A true examination of myself, and my thoughts and actions, has pulled back each layer and revealed to me those that I needed to make amends to that had previously eluded me. I was at lunch recently, and someone who I had a resentment against was in my midst. After we had left the restaurant I told a dear friend in recovery of the resentment. He asked why I did not go and make amends to him. Once again more was revealed to me that I did not anticipate. I balked at this. Here I had to understand that the spiritual principles of honesty and humility that I had learned earlier are not invaluable to me in Step Nine.

I have made direct amends to some people in my sobriety. There are others that I have delayed making amends to, and there are still others that I may never be able to make my amends. To discern between these I invite God into the process, and consult with my sponsor before acting. For me this has been where I have allowed delay to come into my recovery with regard to this step. It is true that there are those that we should delay making amends to, but I have allowed fear to enter into my thinking and actions, and have delayed all too much. I read in the Twelve and Twelve that "...the temptation to skip the more humiliating and dreaded meetings that still remain may be very great." I have certainly given into this temptation all too much. It is so true that I have been proud and afraid. Fear being the dominant emotion here. I realize now that "...above all, we should try to be absolutely sure that we are not delaying because we are afraid."

Sometimes the only way we can make amends is to change the way we live. It is only possible to make living amends to my parents, since they are both deceased. I caused my parents great pain while they were alive because of my drinking. My mother was killed by a drunk driver in 1987, and yet I continued to drink and drive. My behavior toward my father, after my mother died, was abhorrent. I am not that person anymore. I have a change in behavior and attitude that my parents would be very proud of. By changing my behavior I am making living amends to my parents and to myself.

If I want to experience freedom and serenity in my life I realize that there is still much work to be done. For me, Step Nine is an ongoing process. It says in the Big Book that "we will comprehend the word serenity and will know peace." This I have experienced, and I want more of this in my life. "Yes, there is a long period of reconstruction ahead." It is this reconstruction that I realized is a work in progress. I know that I can't do this without the help of my sponsor, my support group, and most of all God. I know that "God will do for me what I can't do for myself." The freedom and peace that I have received from the amends I have made to date, have given me a measure of serenity. I know that if I want to have more peace and freedom, then I must continue with the process of putting things right.

--Doug H.

## Tradition Talk

**Tradition Nine:** "A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve."

On the surface, this Tradition seems to be a contradiction. A.A. is an organization of alcoholics that is not organized? When I went to my first meeting at the Alano club, I sat in a chair at the back of the room. There was a table at the front of the room with three people sitting at it. They ran the meeting, passed the basket, counted money and called on people to speak. That was organized; it wasn't random. Someone was in charge, and it wasn't me. I went to a business meeting and it too, was organized. Roberts Rules of order were followed. Business was taken care of in a semi-orderly fashion. As I read further in the A.A. literature, I found that there really is no contradiction in this tradition. A.A. is different. Most organizations, such as business and government, need rules and the authority to enforce them to survive. Without such organization, individuals could act in their own selfish interest and chaos can result. In A.A. the great punishment comes from alcohol. Each member has learned that he or she must adhere to the twelve spiritual principles of The Steps or they will die an alcoholic death. No other authority is necessary. Compliance is voluntary because the Steps "are suggested as a program of recovery". As an alcoholic, I don't need rules or authorities to force me to practice the Twelve Steps. I do this to keep from taking that first drink. For the groups to survive, they must comply with the Traditions. No one in A.A. can force this compliance, nor do they try to. The General Service office in New York does not tell groups how to run their business, but only makes suggestions, based on their majority experience. Each group is free to run its own affairs. However, if the group ignores the Traditions it will eventually fall apart and cease to exist. A.A. really is different. An elected or appointed government official has powers granted by law to enforce certain rules. This is authority. An A.A. secretary has responsibilities but no authority. God is the ultimate authority for the A.A. group. The leaders of A.A. only serve the membership, not rule it. Government has vested authority; A.A. has the spirit of service. This spirit guides our leaders, not personal authority. I think I have it straight: A.A. is not organized, but we have committees that keep the fellowship going. The people on those committees have no real authority. In fact, it seems as if they are but trusted servants; they do not govern... I like that; it sounds familiar.

--Mark G.

# GSR MEETING

## DISTRICT 47 • GENERAL SERVICE REPRESENTATIVES

# MINUTES

*(Because the District 47 monthly meet was cancelled for the month of August, there are no minutes to report. But, Cheryl H., District Treasurer, has provided information concerning the activities of our District.)*

### District 47 News

#### Cheryl H., District Treasurer

The August meeting for GSR's in District 47 was cancelled. Committee members were vacationing and it was decided to resume the meeting in September. The District 47 meeting is always the first Wednesday at 7PM in the Central Office in Exeter. Hope to see you there.

One newsworthy item to report is as follows:

Last fall, Bob at Central Office received a phone call from a business in Lemoore. It seems the AA community in Kings County had enlisted the services of an answering service and there was an outstanding bill due. The business owner had gone several months without payment and attended a couple of AA meetings to try and collect. No one knew who had been responsible for the amount due. The business owner called New York AA and told them her plight. New York put the woman in touch with Tulare County Central Office and Bob relayed the situation to District 47 Tulare County. Our DCM Sherry took the issue to our CNIA meeting in Sacramento and several districts in California donated monies to pay the bill. In particular, the Hispanic groups made a large donation. In the mean time a couple of AA members from Kings county emailed me to say they had been collecting money from their groups and didn't want the area or District 47 to be responsible for a bill their District incurred. DCM Sherry returned the money and we felt the situation had been resolved. This was in January, 2013.

District 47 received a letter from the answering service business owner in June with a bill in the amount of over \$400.00 (late charges included).

The District Committee in Tulare County unanimously voted to pay the bill to preserve the name of AA with good will. A check was sent and a reply letter from the business owner was received to read as follows:

*To Whom It May Concern:*

*An organization with the tenants of healing those addicted and righting wrongs has come through in the end. It shows me that you not only talk the talk, you walk the walk. Your actions have renewed my faith, that a few bad apples indeed do not spoil the whole barrel.*

*Thank you for your diligence.*



# GSR MINUTES CONTINUED

We are taught that criticism and judgment are not warranted. This is not the time to place blame. Instead a big debt of gratitude for AA members and groups who support their local District by dropping small change and a dollar or two in the basket; Gratitude that we have a dedicated committee responsible to understand how AA can be affected and help our neighbors even though many of them are not aware of the situation.

Other District news is that on September 28, our CNIA Delegate, Lela M., will be in Tulare at the Church of Christ on Blackstone and Cross. Lela will give the report on the occurrences at the annual conference held in New York. All AA members are welcome to attend and hear Lela. This is a great opportunity to see how the agenda topics are dealt with and how they were voted on. There will be lunch served and a question and answer period. Flyers are available.

Any AA member with two years of sobriety is eligible to be a GSR for your group. District committee members serve for two years. There will be an election in November to elect a new DCM, Alternate DCM, Secretary, Treasurer and appointed committee members. These positions are filled by the GSR's. Service is an integral part of sobriety. I would encourage any AA member to seriously consider being a part of the District service culture. I have been involved for over thirty years and it has been very rewarding. I have met the most wonderful people who care so very much for AA and the business end of it. The opportunities to travel are endless. My stint as treasurer will end in December and it is time to step aside to allow others to experience the thrill and grow up in AA as I have; Sometimes willingly, sometimes not so willingly. Thank you for allowing me to be of service.

### FROM "GETTING STUPID"

January 1996

Eventually I lost everything. I was in Orange, Texas living in a junkyard in the back of what we referred to as the Chevrolet Motel. A friend of mine and I shared this Chevy with a dog, but it got so bad even the dog left. On a cold night in February, we were broke and we were hungry, and my friend said, "I know where we can get a cup of coffee and a sandwich for nothing". We'd been panhandling all day and hadn't made out too well. So we went to this meeting at a church down the road. I was having a coffee and a sandwich when a guy came up to me and said, "Are you having a problem with alcohol?" "No", I said, "I'm having a problem without it." That was February 2, 1963, and I've been sober ever since.

I had a great sponsor. I asked him, "What do I have to do to stay sober?" He said, "Get stupid, throw out all your old concepts." He told me to sit down, shut up and learn to listen, that I had nothing to share but a drunkalog. He was deeply into the steps, though Step and Big Book meetings weren't around then. I followed that same path and in time I found a whole new way of life. Phil L. Malden, Massachusetts

This story is taken from, "Voices of long-term sobriety", by the A.A. Grapvine.



# CSR MEETING

## TULARE COUNTY CENTRAL SERVICE REPRESENTATIVES

# MINUTES

August 13, 2013

**MEETING CALLED TO ORDER:** 7:00

**CENTRAL OFFICE BOARD MEMBERS PRESENT:** Julie M., Susan M., Bob H., Carolyn W, and Mark G.

**SERENITY PRAYER:** Led by Julie

**12 TRADITIONS:** Mark G.

**SECRETARY REPORT:** Minutes of the last meeting were approved

**BOARD OF DIRECTORS MEETING:** Minutes of the board of directors meeting were read by Carolyn W.

**TREASURER REPORT/OFFICE REPORT: Bob H.-**We had an income of \$2,690.94 and expenses of \$3,807.83 for a loss of \$1,116.89 for this accounting period. Group contributions were good. Literature and specialty item sales were about average. We had \$1,107.90 in quarterly taxes above our normal monthly expenses and that's the biggest reason for our loss for this period. Calls have been about normal. Office operations are going well and we are still fulfilling our primary purpose of carrying the AA message of recovery.

**PI/CPC: Mark G.-**PDC will be having a Health Fair on Oct 2<sup>nd</sup> and AA will have table at the event to answer questions and hand out pamphlets.

**NEWSLETTER REPORT:** The Newsletter had income of \$20 and expenses of \$62.77 for printing for a loss of \$42.77 for this accounting period. Ed is asking for articles from AA members for the Newsletter.

**WEBSITE REPORT:** The website is still very active with 60 unique visitors a day over a 15 day period. The Visalia meeting page continues to be the most visited page on the website..

### STEP FOR NEWSLETTER – VOLUNTEER

Sept.	Step 9	Doug H.
Oct.	Step 10	Virginia F.
Nov.	Step 11	Carolyn W.
Dec.	Step 12	Chris B.

### TRADITION FOR THE NEWSLETTER-VOLUNTEER

Sept.	Tradition 9	Mark G.
Oct.	Tradition 10	Susan M.
Nov.	Tradition 11	Mary V.
Dec.	Tradition 12	Virginia F.

**H&I REPORT:-**Regular Business meeting for H&I is held on the 2<sup>nd</sup> Saturday of each month at 2 pm. at the Visalia Alano Club.

**GSO LIAISON- Cinda A-**District 47 met on July 3<sup>rd</sup> for the monthly GSR meeting. We discussed the Service Event that will be hosted by District 47 on Sept. 28, 2013. The event will be held in Tulare from 10 am to 2 pm. Our Representative Lelia, who took our views to New York this past spring will come to



## CSR MINUTES CONTINUED

this event and share with us all that occurred in New York at the AA General Service Conference. Lunch will be provided. We encourage every AA group to send a representative to this important event. All are welcome and flyers will be available soon. There is a proposal to offer the Accents newsletter at no cost to all AA members. Share your opinion on this with your GSR. If your group does not have A General Service Representative, we encourage you to elect one and send them to our District meeting which is held on the 1<sup>st</sup> Wednesday of each month at Central Office in Exeter beginning at 7 pm. We will not be having a General Service meeting in August.

### CSR REPORTS:

**Elgin M. - Exeter Quiet Trails-**We meet every Tuesday at 8:00 pm. at the Methodist Church on Palm St. We average about 25 people at each meeting. We give out chips at the birthday meeting on the last Tuesday of each month. Great quality sobriety with some newcomers. Come and join us.

**Manuel M.- Bridge Street Drunks -** We hold 21 total meetings each week. The Drunks only noon meeting is the core meeting and meets 7 days a week with open meetings on the weekend. We also have 7 am meetings 7 days a week. Tuesday, Wednesday, and Saturday we have closed discussion meetings at 7 pm. Thursday at 7 pm is the Primary Purpose Big Book Study. Saturday at 10:30 am is a step study discussion group. We have a Monday "Happy Hour" meeting from 5:30 to 6:30 pm. Wednesday at 6 pm we have a Step Study meeting. The noon meeting is a step study discussion group utilizing the Daily Reflections. This is a chip meeting and we celebrate birthdays with cake on the last Saturday of the month. We have all ranges of sobriety with attendance of 25 or more. We give out chips on Thursday night. We offer coffee, candy, and AA approved books and literature.

**Carolyn W. - Women's Changes-** We meet at the Porterville Church of the Nazarene, 2005 W. Olive, Room 309 every Tuesday from 7 to 8 pm. This is a closed AA meeting for women only. Our chairperson reads from Daily Reflections, shares a bit about the topic then opens the meeting for discussion. Our business meeting is on the 3<sup>rd</sup> Tuesday of the month during the regular meeting. We celebrate birthdays on the last Tuesday of the month with dinner before the meeting and cake after. We have all ranges of sobriety in attendance. We have free AA pamphlets and a phone list for the newcomers.

**Doug H.-Acceptance Group-**This is an open, Gay AA meeting in Porterville but everyone is welcome. We meet at the First Congregational Church on Fourth & Mill. This is a 1 hr meeting from 6-7 pm every Wednesday. We usually have 10-15 people in attendance each week. We discuss what is going on in your sobriety today. Birthdays are celebrated on the last Wednesday of the month and we also have a delicious potluck on that day. Our group has been able to contribute to Central Office.

**Reyes.-The Rainbow Group-**This is an open gay AA meeting but everyone is welcome. We meet every Saturday from 5:30-



## CSR MINUTES CONTINUED

7 pm. We meet in the Polar Bear Room in the Cypress Rehab Building at 840 S. Akers Street. Each meeting is a chip meeting and we celebrate birthdays/anniversaries on the last Sat of the month with a delicious cake. Our Business meeting is held on the 2<sup>nd</sup> Saturday of the month. During our last business meeting Service positions were filled. Kristi H.-Secretary, Luke C.-coffee maker, Chris B.-Treasurer, and Reyes-CSR and refreshment person. We have a good mix of newcomers and long-timers. We hand out Newcomer packets and AA Big Books free to newcomers. We always have coffee and cookies. We close our meeting with the "Responsibility Statement".

**Mark G.-Valley Group**-The Valley Group presents a speaker meeting every Wednesday night at the Creative Center in Visalia on Race & Santa Fe in Visalia. This is a 1 hr meeting and each week we feature a single speaker sharing his or her unique message. Speakers are from communities throughout the Central Valley. It is an open meeting with average attendance of 120 people. Court cards are signed. It's a place to meet friends, sit back, and hear a great story of experience strength and hope.

**Carolyn W.-Springville Speaker Breakfast**-We meet on the 2<sup>nd</sup> Sunday of each month at the Veteran's Memorial Building in Springville. Breakfast is served between 8 and 10 am. and costs \$5.00. We usually serve around 85 breakfasts.. The meeting starts at 10:15 with a 10 minute speaker. The main speaker starts around 11 am. Our Speaker for September will be Jim H. from Rancho Santa Margarita, Ca. Good food and great fellowship. Come and join us!

**Susan M-Springville Gut Level Group**-We meet at the Lighthouse Chapel in Springville every Thursday from 7-8:30 pm. Our Business meeting is on the Thursday following the Central Service meeting at 6:15 pm. We are looking for a new Secretary and hope to have the position filled at the July Business meeting. We contribute monthly to Central Office and the District. We celebrate birthdays on the last Thursday of each month. Our members sign up to bring the cake. Ione W. is our new Secretary.

**Chris B-Practicing the Principles Group**-This is a closed AA book study that meets every Monday evening from 7-8:30 pm. This meeting is held at the Christ Lutheran Church located at 3830 W. Tulare Ave., approx.. ½ block west of Demaree in Visalia. We study the Big Book weekly except for the last Monday of the month when we study the Tradition for that particular month. Court/program cards are signed at the end of the meeting. Birthdays/Anniversaries are celebrated weekly with a chip and cake for the celebration. We close our meeting with the "Third Step Prayer". All are welcome.

**Caryl E.-Sunday AM Serenity Seekers**-We meet at the Carpenters Union Hall at 319 N. Church(cross street School St.) every Sunday morning from 10am-11:30am. This is an open meeting. Chairperson shares their experience, strength and hope then opens the meeting for others to share. Chips are given out at the beginning of the meeting. Birthdays are

## CSR MINUTES CONTINUED

celebrated on the last Sunday of the month with a cake. Our business meeting is the 1st Sunday of the month beginning at 9:30 am. We close our meeting with the Lord's Prayer.

**Dustin M.-Monday Men's Stag**-We are a group of men who meet regularly every Monday at the P.P.A.V. Hall on the corner of Main and Burke in Visalia at 7:30. It is a closed meeting of AA for men only. Come join us in recovery at the best meeting in Tulare County.

**Virginia F-Exeter Sunday Afternoon**-We meet each Sunday from 2:30 to 4 pm. at the Church of God on the corner of Maple and G St.. We are an open meeting and we sign court cards. We have around 20-30 people who attend with various lengths of sobriety. We celebrate birthdays on the last Sunday of the month with a cake and we hand out chips for varying lengths of continuous sobriety. Please come and join us.

**Mary V.-Sat Morning Women's 12x12**-This is a closed women's meeting that meets every Saturday from 9-10 am at the Christ Lutheran Church, 3830 W. Tulare Ave. in Visalia. We study a chapter out of the 12x12 each week and share about it. The last meeting of each month we have an Ask It Basket meeting and

our Business meeting is after this meeting.

**Alfonso P.-Bill and Friends**-This is a closed AA book study that meets every Friday from 5:30 to 6:30 pm at the 210 restaurant on Center St. We offer books and literature.

**Alfonso P.-Dr. Bob and Friends**-This is a closed AA book study that meets every Monday and Wednesday from 7-8 pm at. Presently we are meeting at the 210 Restaurant. On September 1<sup>st</sup> we will begin meeting at 1804 N. Court St. in Visalia. We study the Big Book on Monday and the 12x12 on Wednesday.

### OLD BUSINESS

**1. NEW YEARS CELEBRATION**-Mark G. has volunteered to be the Chairperson for this years event. Our speaker will be Kane C. from Santa Clarita, Ca. Our 1<sup>st</sup> planning meeting will be on Sept. 10<sup>th</sup>, 6 pm at Central Office in Exeter. We encourage anyone that would like to participate in planning the event to attend the planning meetings.

### NEW BUSINESS

**No New Business**

**SEVENTH TRADITION: \$32.00**

**MEETING ADJOURNED: 7:45**



## Income & Expense Statement 07/21/13 through to 08/20/13

INCOME	MONTH	YTD
B.Day Club	56.00	567.22
Speaker CD Cont.	0.00	25.00
Group Cont	1,268.51	11,010.23
Indiv Cont	68.50	3,822.73
Lit. Sales	414.20	4,181.65
Memorial Cont.	200.00	410.00
Misc.	0.00	23.00
Newsletter Sub.	30.00	131.00
S & H	4.00	18.00
Sales Tax	66.80	519.61
Spec. Events	0.00	11,478.75
Spec. Items	584.05	4,130.29
<b>TOTAL</b>	<b>\$ 2,692.06</b>	<b>\$ 36,317.48</b>

EXPENSES	MONTH	YTD
Ans. Serv.	36.75	294.00
CD & Tape Cost	0.00	0.00
Fees & Taxes	0.00	35.00
Insurance	0.00	692.00
Lit. Costs	266.56	3,434.12
Misc.	0.00	219.15
Newsletter Cost	62.77	543.84
Office Exp.	43.00	627.94
Office Equip&Maint.	0.00	190.96
Phone & ISP	176.67	1,356.58
PI-CPC Expense	0.00	0.00
Postage	0.00	110.93
Employee Tax	211.31	3,341.62
Rent	525.00	4,200.00
Salary	1,356.26	10,865.80
Sales Tax-Paid	764.00	764.00
Security System	0.00	224.76
Spec. Events	0.00	3,745.20
Spec. Items	0.00	2,109.42
Utilities	77.23	640.90
Website	7.95	63.60
<b>TOTAL</b>	<b>\$3,527.50</b>	<b>33,459.82</b>
Net Gain(Loss)	(\$835.44)	\$2,857.66

BEGINNING ACCOUNT BALANCES: \$ 11,991.31  
 ENDING ACCOUNT BALANCES: \$ 11,155.87

## Group Contributions 07/21/13 to 08/20/13

	Month	YTD
ABC Group		0.00
Alpha-Wed-Tulare		50.00
Attitude Modification-210		383.10
Bills Friends		40.00
Breath of Fresh Air		815.00
Bridge St. "Drunks Only"	179.51	1,295.31
Central Calif. Roundup		200.00
Civic Center Grp.		0.00
Clodbusters-Tulare		125.00
Corcoran		0.00
Crossroads-Tulare		150.00
CSO Meeting	32.00	371.00
Dinuba, Thurs, Night		0.00
District 49-Hanford-Lemoore		0.00
District 47		436.00
Dr. Bob & Friends	20.00	40.00
Exeter-Quiet Trails	203.00	533.00
Exeter Sun Afternoon		70.00
EZ Duz It-Happy Hr.		0.00
Founders AA		0.00
Fri. Night Foundation Grp		0.00
Freedom Fellowship		555.00
Friday Book Study-Tulare		0.00
Friday Night Candle Light		0.00
Friday Nite Happy Hour		0.00
Friday Nite Live-Visalia		0.00
Fri. Night Recovery Club		0.00
Grace of God Group		0.00
H&I		0.00
Heart of AA		0.00
Language of the Heart		80.00
Monday Men's Mtg.	114.00	1,140.00
Monday Night Live		122.00
Mid Valley-Tulare		70.00
Mon. Miracles-Rec Club		0.00
Mon Book Study-S'ville		125.00
Mon BB Study-Hanford		0.00
Mon Lit Study-Visalia		50.00
Monday Meditation-Visalia		111.00
Mon Men's Book Study		12.50
New Beginnings-Lemoore		0.00
Nooners Group-Visalia		200.00
Practicing Principles		0.00
P'ville Step Study-Friday		0.00
Rainbow Group		90.00
Rule 62-Visalia		75.00
Sat Believers-P'ville		0.00
Sat Night Visalia Alano		0.00
Serenity Junction-Tulare	50.00	70.00
Serenity Seekers AM-Visalia	250.00	625.00
Sobriety Cel.-Wed. Visalia		0.00
SOS-Lemoore		0.00
Sobriety Comes First		0.00
Springville Gut Level	100.00	617.76
St. Mary's Group		0.00
Sun Night-Tulare		0.00
Sun Bkfst Spkr Mtg	200.00	700.00
Sun Night PAAR		0.00
Sun PM Serenity Seekers	120.00	240.00
TC Young People Grp.		0.00
Thu. Celebration of Sobriety		0.00
Tulare Spkr. Mtg.		0.00
Tulare Tuesday Night		0.00
Tues. Men's-P'ville		0.00
Tues. Noon Rec. Club		50.00
Three Rivers-Monday		330.00
Valley Group		192.00
Valley Speaker Series		0.00
Wandering Couples		239.00
Wed. Acceptance, P'ville		150.00
Wed. Beginners-Visalia		0.00
Wed. Recovery Club-P'ville		0.00
Weekend Attitude Adj.		0.00
Women's Amity-Visalia		337.56
Women's Changes-P'ville		125.00
Women's Happy Hr.-Lemoore		0.00
Women's Sat AM 12x12		195.00
<b>Total</b>	<b>1,268.51</b>	<b>11,010.23</b>

## Miscellaneous Contributions

### Birthday Club

Joe F. Porterville 35  
 Jim K. Visalia 11  
 Ed M. Exeter 10

### Individual Contributions

Anonymous  
 George L.  
 Jim K.  
 Mike S.  
 Shirley K.

### Newsletter Subscriptions

Joe F.  
 Linda N.  
 Mike S.

### Memorial Contribution

*In Memory of David S.*  
 Anonymous  
 Julie M.

## Service Meetings

District 47: GSR Meeting at Central Office  
 449 E. Maple St., Exeter, CA  
 Wednesday, September 4, 2013 at 7:00 p.m.

Central Service: CSR Meeting at Central Office  
 449 E. Maple St., Exeter, CA  
 Tuesday, September 10, 2013 at 7:00 p.m.

H&I Meeting at Alano Club  
 Visalia Alano Club, 1311 W. Murray  
 Saturday, September 14, 2013 at 2:00 p.m.

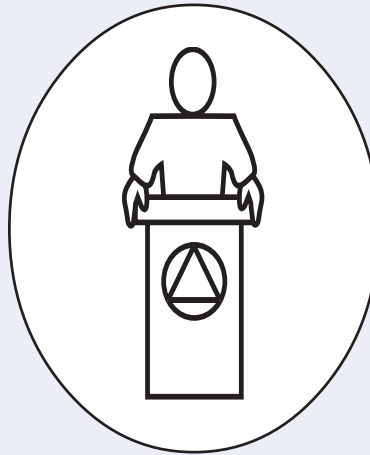
## Service Addresses

**Tulare County Central Office**  
 449 E. Maple St.  
 Exeter, CA 93221

**District 47**  
 District 47 CNIA  
 P.O.Box 1724  
 Visalia, CA 93279-1724

**CNIA Treasurer**  
 PO Box 161712  
 Sacramento, CA 95816-1712

**General Service Office**  
 PO Box 459, Grand Central Station  
 New York, NY 10163



## Speaker Meetings

Porterville, 1st Friday Speaker Meeting  
 Porterville 12 Step Recovery Club  
 27525 Ave.146, Ste "A"  
 Friday, September 6, 2013 at 8:00 p.m.  
 Speaker: TBA

Friday Book Study Speaker Meeting  
 Cross & Blackstone, Tulare  
 Friday, September 13, 2013 at 8:00 p.m.  
 Speaker: Celia R., Fresno

Sunday AM Breakfast Speaker Meeting  
 Veteran's Memorial Building  
 36000 Hwy 190, Springville  
 Sunday, September 15, 2013 at 10:15 a.m.  
 (Breakfast from 8:30 to 10:00 a.m.)  
 Speaker: Jim H., Rancho Santa Margarita, CA

The Valley Group, Speaker Meeting  
 The Gallery @ The Creative Center  
 410 E. Race, Visalia  
 Every Wednesday from 7-8 p.m.

Speakers for September:  
 Sep 4 -- Ryan S., Fresno  
 Sep 11 - Astrid S., Fresno  
 Sep 18 - Melissa B., Fresno  
 Sep 25 - Thomas C., Fresno

Valley Speaker Series (see attached flyer)  
 Saturday, Sep 14, 7:00 p.m.  
 Neighborhood Church, 5505 W. Riggan, Visalia  
 Speaker: Pat Y., Palm Desert, CA

## Attention Speaker Group Secretaries

If you want your speaker listed in the newsletter, please get the information to the Central Office (559) 592-6999 by the 20th of the month preceding the month of the newsletter.



## Birthdays

### September, 2013

Dick C.	Visalia	33
Margie C.	Exeter	32
Robert H.	Exeter	31
Rebecca M.	Lemoore	31
David L.	Tulare	28
Gerald V.B.	Exeter	28
Joan C.	Visalia	28
Tom P.	Dinuba	28
Cliff L.	Visalia	27
John W.	Tulare	27
Carolyn K.	Visalia	26
David H.	Visalia	26
Ken R.	Visalia	26
Warren G.	Visalia	26
Hal W.	Lemon Cove	26
Jerry "Bubba" W.	Tulare	25
George A.	Exeter	25
Joan A.	Exeter	25
Kelley N.	Tulare	25
Linda P.	Visalia	25
Ty N.	Tulare	25
Cary K.	Visalia	23
Mike H.	Visalia	23
Kim A.	Tulare	22
Tom C.	Visalia	22
Noel	Mexico	22
Russell W.	Visalia	21
Elly Q.	Three Rivers	20
Ken F.	Visalia	20
Linda J.	Porterville	19
Cruz J.	Tulare	18
Cindy S.	Porterville	17
Anetta P.	Porterville	13
Mark H.	Exeter	11
Barbara W.	Quincy CA	9
Melanie M.	Visalia	9
Kim H.	Tulare	9
Vendy	Visalia	8
AL S.	Visalia	7
John H.	Springville	6
Jose G.	Dinuba	6
Joyce S.	Porterville	3





## CENTRAL NEWS EDITORIAL POLICY

*Central News* is a monthly newsletter of the Tulare County Central Intergroup Office of Alcoholics Anonymous, located at 449 E. Maple St., Exeter, CA 93221. It is about, by and for members of the AA Fellowship.

Opinions expressed herein are not to be attributed to the AA organization as a whole, nor does publication of information imply any endorsement by either AA or the Tulare County Central Office. Exception: Quotations and artwork from AA books or pamphlets are reprinted with permission from AA World Services, Inc., or AA Grapevine, Inc.

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To receive your monthly issue of *Central News*, please fill out this form and mail to:

Tulare County Central Office  
449 E. Maple St.  
Exeter, CA 93221

Suggested Contribution: \$10.00 per year.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Sobriety Date: \_\_\_\_\_

Do you wish to be on the 12th Step List?

Yes

No

## Central Office Contacts

07/21/13 thru 08/20/13

Answering Service Calls	3
AA Members	20
Court Ref/Info	14
Meeting Information	20
H & I	0
Alanon & Alateen Information	2
Info. re Recovery Homes	2
Schedules & Info-Mailed & Faxed	1
Bridging The Gap	0
Other 12 Step Programs	2
Visitors to Office	52
Literature Sales	21
Specialty Sales	27
Churches & Schools	0
General Information	13
Prospective Members	2
Twelve Step Calls	0
E-Mail Contacts	25
Spanish Contact	2

Total 206

*Have you contributed  
to the newsletter lately?*

The date following your name on the mailing label is the date your subscription expires. If no date appears, it's time to make another donation.

*Please help Central  
News be self-supporting.*

**Office Hours:** 9:00 a.m. to 1:00 p.m.  
Monday thru Friday  
6:30 p.m. to 8:30 p.m.  
2nd Tuesday of each month

**Mail:** 449 E. Maple St.  
Exeter, CA 93221

**Phone:** (559) 592-6999

**Fax:** (559) 592-4829

**E-mail:** [tccof@hotmail.com](mailto:tccof@hotmail.com)

**Website:** [www.aa-tulareco.org](http://www.aa-tulareco.org)



# The Valley Speaker Series

Fall and Spring AA Speaker Meeting

FEATURING KEYNOTE SPEAKER

PAT Y. OF PALM DESERT, CA

Sat, Sept 14<sup>th</sup>, 2013

Neighborhood Church 5505 W. Riggins Ave, Visalia 93291

4:30-5:30 PM: Step Work Shop with Teddy B. of Visalia

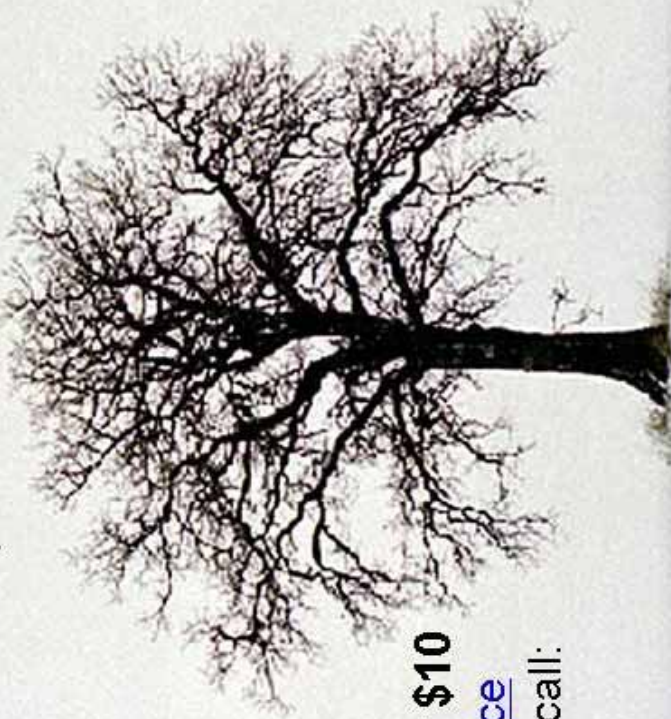
5:30-6:30 PM: Catered Italian Dinner with Speaker

6:30-7 PM: Raffle, Fellowship & FUN

7 PM: Speaker Meeting

*All events are all held at the church,*

*Workshop and Meeting are OPEN and FREE*



**Catered Dinner with Speaker \$10**

[Must buy dinner tickets in advance](#)

For info & dinner tickets, please call:

Boo M. 559-303-2484

Mark G. 559-827-3720 or

Bill H. 559-740-8613





***District 47 presents: Annual  
Conference Report from  
New York - our group  
conscience in action***

**By our Area Delegate - Lela M.**

**At Tulare Church of Christ**

**Saturday, September 28, 2013**

**10 A.M. to 2 P.M**

**500 N. Blackstone**

**Tulare, CA**

*Come meet our Area Delegate, eat lunch, and ask questions of  
members in several areas of service.*

**Your district would like assistance in providing lunch for  
this event. For further information contact Sherry B. at**

**(559) 679-1609**