

CENTRAL NEWS

August 2021

Website: www.aa-tulareco.org

Meditations of a Drunk on Criticism of Others

Milton & the Dandelions - Allen L.

"I am an alcoholic and my life has become unmanageable." This, the first of 12 Steps recommended as a program of recovery for the chronic alcoholic by Alcoholics Anonymous, is to me the base upon which success or failure is predicated. With an honest and sincere admission of these facts the individual, if he so chooses, is ready to do something about his problem. He is face to face with a situation that he has continuously evaded; he must make one of two choices: To do something about it, or to do nothing. In most cases the sheer instinct to survive will influence the choice of "doing something about it." Where the admission has been an honest one and the choice of survival taken, the problem is what to do.

Having been a complete failure in the past in relation to his drinking he is fearful of the future. He mistrusts his judgment and his ability; he hangs on to individuals or groups. As a result, he is open to suggestions. The sensible application of these suggestions is indeed a state of "open-mindedness." The gradual dehydration leads to a mounting return of confidence in one's own abilities and a partial understanding of why he went as far as he did. With it comes an appreciation of others and a willingness to "live and let live." As long as he continues along these lines he is on safe ground.

Many of us come in with conscious or unconscious reservations and encounter difficulty. This is often caused by mental comparison of our case with those of others in which we always give ourselves the benefit of any doubt. If others went so much farther than we, then there must be degrees of "alcoholism." Pursuing this trend of thought often leads to the conclusion that perhaps we are not as alcoholic as we supposed. That with an "intelligent" application of the self-knowledge we have gained there is no reason why we cannot now lead "normal" lives. Eventual experimentation and the resultant disaster usually follow. While not to be encouraged or taken too lightly, such a "slip" is by no means hopeless. Appreciated in the light of education much can be learned from it. We have at least proven that there is something wrong with our method; that once again we have failed to run the "show" on our own terms.

The tendency of many of us to criticize the other fellow: to offer opinions as to his sobriety and its "quality" is most dangerous as well as extremely unjust. To set one's self up as an all high judge of humanity is quite in keeping with our original mode of behavior which in the first place led us to the position where we were forced to admit "I am an alcoholic and my life has become unmanageable."

Medicine has not as yet determined any one factor that invariably produces alcoholism. Until it does, and is in a position to do something about it, the drunk who is interested in bettering his condition as related to society must look to his own kind. An impartial observation will soon disclose to him an amazing parallel between his own actions, motivations, etc., and those of other individuals who run counter to the trend of organized society, regardless of their "problem." These thoughts lead one to suspect that there is a possibility that most of these "problems," including alcoholism, may have a common base or origin lying somewhere deep within the personality. That the method chosen for expression is different and made by chance.

It is my honest opinion that there is not one among us who can look at another, regardless of his moral standards, physical or mental state, or social position, and not in all honesty admit that he is looking at himself, but for a set of fortunate circumstances over which he had no control and for which he is due no credit. He might well say "I am a drunk, by the Grace of God."

—Pal C. Manhattan, N. Y. AA Grapevine Aug 1946

Step 8

Made a list of all persons we had harmed, and became willing to make amends to them all.

With the help of my sponsor I had compiled a list of persons I had harmed and listed names in columns of:

Now Maybe Never.

That was the easy part.

Next I had to become willing to make amends. That required me to look honestly at my behaviors and take full responsibility for the harm/ hurt I caused others without making excuses for them. This was a humbling experience, one that required prayer and self examination not justification. I am good at justifying poor behaviors.

My willingness to right the wrongs I have done and trusting in my higher power and the process of the 12 steps has given me the courage to go on to step nine.

Pam B.

Tradition 8

Alcoholics Anonymous should remain forever non-professional, but our service centers may employ special workers.

AA is a fellowship for people who abused alcohol and it became a major problem.

We attend meetings to remind us that the sharing of our experience, strength and hope and listening to others helps us to recover. This disease is deadly.

We, as members, do not always see our struggle clearly when we are in the grips of it. When we sober up and watch others in the grip of alcoholism, it is heartbreaking. We want them to get sober yet we may not feel qualified to help.

Alcoholics Anonymous tells us no one is better qualified to help an alcoholic than an alcoholic in recovery. We share our experience and the steps we took, and continue to take, to experience recovery and have hope and experience freedom.

Every single AA member has something to offer. We don't need specialized training to carry the message. We don't need certificates or degrees to be qualified. All we need do is pay attention. It was freely given to us, we freely give it back. We share what is in our hearts, even when we are in pain, we connect.

We certainly can't buy our way out of alcoholism, and we can't sell it either.

Sobriety is a gift, freely passed, hand to hand, and heart to heart. Seeing we are not alone frees us from isolation and alienation.

Non-professional simply means we carry the message to one another in an atmosphere of being equal. There is no status here. Alcoholics carry the message of hope to alcoholics who feel there is no hope.

Service Centers are reliable and responsible. Phone services, intergroups, central offices, etc., plan and execute the activities necessary in carrying the message. We honor contracts, pay fairly, respect rules of venues, and be sure we are using behavior appropriate to our audience.

We are a non-professional fellowship. We recover and we share as equals. Our personal beliefs about who or what we are, or how we think we are perceived, matter very little. We learn to keep it simple.

Cheryl H.

Central Office BOD Meeting Minutes

DATE: July 13,2021

TIME: 8:33 pm

MEETING CALLED TO ORDER BY: Cheryl H.
PREVIOUS MINUTES: No meeting last month.
PRESIDENT'S REPORT: We will soon ask for volunteers to start manning the after hours phones.

VICE PRESIDENT'S REPORT: No Report

SECRETARY'S REPORT: No Report

MEMBER AT LARGE REPORT: I've received my blue cards and have got two volunteers to help me with the men's homes and will be making contact to set up a time to go in for our btg presentation and I'm in process of finding a few women to be of service to go into the ladies homes.

PI/CPC REPORT: No report

OFFICE OPERATION REPORT: Filled annual sales taxes and quarterly as well. Carol Anne is now learning the tax procedures.

OLD BUSINESS REPORT: We will now be setting up a VENMO Account.

Sara has found out that the Visalia Sports Park will charge us about \$200 plus insurance, which we already have. She will research more info and more options for us. We have set a temporary date of October 2, 2021 for our Post Founder's Day Extravaganza Picnic. Sara is our Picnic Chair Person and Matt is the co-Chair.

NEW BUSINESS REPORT: We discussed raising the salary for Bob 3 to 8%. He hasn't had a pay increase since 2012. We will make a decision on the increase in August, and a decision on vacation pay in December.

2021 sales tax has gone up to 8.75%, and the cost of some items have gone up as well, so you all may see some slight cost increases on our materials.

ANNOUNCEMENTS:

MEETING ADJOURNED: 8:45 pm.

Central Service Meeting

DATE: July 13, 2021

MEETING CALLED TO ORDER: Cheryl H.

TIME: 7:07 pm

BOARD MEMBERS PRESENT: Cheryl H., Erica E., William E., Patrick, Johnathan

ABSENT: None

SERENITY PRAYER: All

12 TRADITIONS: Matt

MINUTES OF LAST MEETING: Reviewed and passed
REPORT OF LAST BOARD MEETING: There was not a board meeting last month.

TREASURER and OFFICE REPORT: We had an income of \$5,133.95 and expenses of \$3,598.41 for a gain of \$1,535.54 for this accounting period.

PUBLIC INFORMATION REPORT: No Report

VOLUNTEERS TO WRITE STEP & TRADITION FOR CENTRAL NEWS

STEP FOR NEWSLETTER-VOLUNTEER

Issue	Step	Member	Due Date
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July	Step 8	Pam B.	Due 7, 21
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August	Step 9	Erica	Due 8, 21
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To CentralintergroupNews@gmail.com

TRADITION FOR NEWSLETTER-VOLUNTEER

July	Trad 8	Cheryl H.	Due 7, 21
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August	Trad 9	Trudy	Due 8,21
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To CentralintergroupNews@gmail.com

NEWSLETTER REPORT: No Report

WEBSITE REPORT: David; Please note that for the 30 days ending July 13, 2021, we had 2,824 visits and 721 unique visitors. This month's daily activity is lower than last month.

H&I REPORT: Boo; H&I continues to serve the following facilities: Pine Manor Recovery, Women's Recovery Homes, Mental Health and Turning Point and have resumed in person meetings at the facilities. Our local jails remain closed to meetings. Literature is being provided to facilities as requested. The H&I Committee is continuing to zoom, both orientation & business meetings. Area 93 is working in conjunction with the other Areas in our Region along with some key Spanish Speaking Volunteers to encourage more Spanish Speaking volunteers join us and carry the message to the confined Spanish Speaking Alcoholic. Fresno has begun monthly H&I orientation for volunteers. We are working in conjunction with Fresno to orientate volunteers. This improves our unity, while providing volunteers more opportunities to attend this necessary orientation. H & I encourages all groups to elect an H&I Representative and have them attend our meeting in order to ensure we are carrying the collective conscience of Tulare County to the NorCal Committee. August 28th

at 9am H&I will have an orientation. The information is also available at aa-tulareco.org. Love & Service, Boo
GSO LIAISON: No Report
BTG CHAIRPERSON: Jonathan: I've received my blue cards and have got two volunteers to help me with the men's homes and will be making contact to set up a time to go in for our btg presentation and I'm in process of finding a few women to be of service to go into the ladies homes.

CSR REPORTS: Friday Freedom Fellowship Meeting, Matt H. ; Hi everybody my name is Matt and I'm an alcoholic. I represent the Friday Freedom Fellowship Meeting of Alcoholics Anonymous. We meet at the Christ Lutheran Church near the corner of Demaree and Tulare St. in Visalia, we meet from 7:00 to 8:00 pm. Our's is a clapping closed meeting. Sponsorship is highly encouraged. We award chips for various lengths of continuous sobriety. Ours is a chair meeting. We offer coffee, candy and a full complement of literature. We observe the seventh tradition and we make regular contributions to all the AA entities. We celebrate birthdays at the end of the month.

Rule 62 Meeting; Matt H.; Hi everybody, my name is Matt and I'm an Alcoholic. I represent the Rule 62 Meeting of Alcoholics Anonymous, we meet on Thursday nights at the United Methodist Church at the corner of Akers and Cauldwell, we meet from 7:00 to 8:00. Ours is a non clapping closed meeting. We offer coffee, candy, and a full complement of literature. We observe the seventh tradition and make regular contributions to all the AA entities.

Women's Saturday Morning Meeting; Lauren; The Women's Saturday Morning 12x12 is a closed, women's meeting held every Saturday. The meeting begins at 9am and is located at the Christ Lutheran Church. The Church address is 3830 W Tulare Ave, Visalia CA 93277, major cross streets are Tulare and Demaree. We read a step or tradition at every meeting. The last Saturday of the month is an "Ask it basket meeting" where anonymously submitted questions are answered by meeting attendees. We also celebrate various lengths of sobriety at each meeting with chips. AA approved literature is available for purchase. Business meetings are held on the last Saturday of the month. Contributions have been made to all AA entities. Thank you for allowing me to be of service. Lauren Hill Saturday Night Jaywalker Young People Meeting, Brittany H.; Saturday evening open meeting held indoors at St John's Episcopal Church at 1701 East prosperity avenue Tulare California 93274 from 7:30 p.m. to 8:45 p.m. You're only as old as you want to be! Anyone looking for an enthusiastic crowd welcome. This is a chaired meeting, we hand out chips every week

for monthly sobriety milestones as well as yearly birthdays. Newcomers are welcome to attend. Room is sanitized and masks are optional. Bridge Street Drunks, Sara S.; Bridge Street drunks has 18 running meetings Monday through Friday 7 AM to 8 AM, 12 PM to 1 PM. Tuesday evening literature study 6 PM to 7 PM, Wednesday evening 12 x 12 steps and traditions Book study 6 PM to 7 PM, Thursday evening big book meeting 7 PM to 8:30 PM, Saturday evening 7 PM to 8 PM. Birthdays are celebrated the last Saturday of the month at the noon meeting held at 12 PM to 1 PM, business meetings are held the last Saturday of the month rotating times either 8 AM or 1 PM. Bridge Street is looking to fill service positions: Tuesday noon secretary, Wednesday noon secretary, Friday noon Secretary these require six months of sobriety and or a six month commitment. Chip giving [for] a person [with] 30 days of sobriety six month commitment on the last Saturday of the month at the birthday meetings. Bridge Street always contributes what is left over out of our monies to our central office. Thank you for letting me be of service!
Lindsay Fireside Fellowship - for July 2021 CSR meeting - Trudy W.; We are a small, intimate, open topic discussion meeting. We gather every Thursday from 7:30-8:30 in the Fireside Room of the United Methodist Church, corner of Honolulu and Gale Hill due east of City Hall. We celebrate annual birthdays at the end of each month, and give monthly chips anytime for folks under one year. We have been meeting regularly through the pandemic, thanks to the blessing of the church, sitting socially distanced and wearing masks until last month when restrictions were lessened. We ask that anyone attending share their phone number(s) with us in case of need for contact tracing.
Springville Breakfast Meeting, Sheryl E GSR: I am the new GSR after several months of not having one. We meet on the second Sunday of every month, at the Springville Memorial Building. This is a speaker meeting. WE start at 8:00 a.m. with fresh hot coffee, breakfast is served from until 10, with the speakers from 10:15 until 11:45. We try to be out by noon. Tiffany J is the secretary and Julie is the treasurer. Our 10 minute speaker was Stu, and the main speaker was his wife Diane, from the L.A. area. Next month's speaker is Rita, I don't know where she's from. WE had a balance forward of \$1924.56, and spent \$380.00 on plates, napkins etc. John, the cook, donates the food for this meeting out of his own pocket. We served 51 people. Our prudent reserve is \$900.00. We are splitting a \$1000,00 donation to AA entities. Thank you for stumbling through my first report with me. Thank you for letting me be of service Sheryl
Tuesday Womens Changes Meeting Sheryl E GSR. We

meet every Tuesday of the month from 6 to 7 p.m. at the 12 step recovery club in Porterville. Vicki B is our secretary, Sheryl E is the treasurer. After years without a CSR I stepped into that role as well. We average 25 women a week. Most times The PAAR girls come, averaging 10 of them. As of 7-6-21 our balance is \$314.94 with \$120.00 in Prudent reserve. The last Tuesday of each month we celebrate a birthday potluck and the group pays for our own plates, spoons, cake etc. Thank you for letting me be of service. Sheryl

Civic Center Group, David G. CSR. The Civic Center Group meets on Tuesday evenings at 7:00pm for one hour at Christ Lutheran Church in Visalia. This is an open meeting, and all are welcome. We hand out chips, every week, for lengths of sobriety under one year. We celebrate birthdays at the end of the month, with cupcakes, too :-). We've been seeing between 30 and 40 people at most meetings. We have coffee! (Thank you Mike, our coffee captain). Our business meetings are the third Tuesday of the month, ten minutes after the regular meeting. In the spirit of rotation, Jaime D. is our new Secretary; we thank Monica G. for her service. Other service positions are still available. Come join us - it's a great meeting.

Monday Men's Group, David G., CSR. The Monday Men's Meeting meets at the PPAV Hall in Visalia, at the corner of Burke and Main at 7:30pm. This is a closed meeting for men only, and lasts 90 minutes. We usually have 20-40 attendees. We meet for an hour and a half, and never stopped having coffee. ;-). Every week we give chips for sobriety milestones under one year; the last Monday of the month we celebrate those members with full years behind them - and we have pie or cheesecake. Our business meeting is the first Monday of the month. Bryce is our Secretary, but in the spirit of rotation, positions will fill with new people in August. In love and service, David G.

OLD BUSINESS: 1. After hour calls; Seven calls last month with most referred to our website. We need a Spanish speaking contact person for the Dinuba meeting, as well as other meetings.

2. We had the vote on VENMO, Erica made the motion and Lauren 2nd the motion and the motion passed with 1 opposed and 1 abstained. Concerning the insurance, we feel that we don't need all the "bells and whistles" with 1500 \$ of insurance, we only need to protect our account balances.

3. About the picnic, Sara has found out that the Visalia Sports Park will charge us about \$200 plus insurance, which we already have. She will research more info and more options for us. We have set a temporary date of October 2, 2021 for our Post Founder's Day Extravaganza Picnic. Sara is our Picnic Chair Person

and Matt is the co-Chair.

NEW BUSINESS: We discussed raising the salary for Bob 3 to 8%. He hasn't had a pay increase since 2012. We will make a decision on the increase in August, and a decision on vacation pay in December. 2021 sales tax has gone up to 8.75%, and the cost of some items have gone up as well, so you all may see some slight cost increases on our materials.

SEVENTH TRADITION: \$35.75

ANNOUNCEMENTS: Soberfest will be on October 17, 2021.

H&I needs volunteers: call Boo bootoomey@yahoo.com or Bill H. +1 (559) 740-8613

MEETING ADJOURNED: 8:27 pm

Group Contributions

1st Friday Spkr Mtg	20.00	70.00
Alpha-Wed-Tulare		0.00
As It Is Outlined in Book		0.00
Attitude Modification-210		0.00
Breath of Fresh Air		0.00
Bridge St. "Drunks Only"		1,822.16
Civic Center Grp.	114.00	451.50
Clodbusters-Tulare		0.00
Crossroads-Tulare		0.00
CSO Meeting	35.75	92.75
Dinuba Grp		0.00
District 47		0.00
Bill & Friends		0.00
Exeter-Quiet Trails	100.00	500.00
Exeter Sun Afternoon		0.00
Foundation Group		0.00
Freedom Fellowship		250.00
Fri. Recovery Club		15.00
Fri. Night Study Tulare		0.00
Friday Noon 210		0.00
H&I		0.00
Half & Half		75.00
Hillman Group		0.00
Keep it Simple Sunday		300.00
Lindsay Fireside Grp		0.00
Monday Men's Mtg.	150.00	550.00
Mid Valley-Tulare		400.00
Mon Book Study-S'ville		0.00
Mon Lit Study-Visalia		80.00
Mon. Women's Reflections		200.00
Nooners Group-Visalia		0.00

Pine Recovery AA Mtg	0.00
Porterville Young People	0.00
Practicing The Principles	100.00 240.00
Rainbow Group	150.00 150.00
Rule 62-Visalia	0.00
Serenity Junction-Tulare	500.00
Serenity Seekers AM-Visalia	200.00
Sober Sisters	50.00
Wed. Sobriety Celebration	0.00
Springville Gut Level	300.00
St. Ritas Group	0.00
Sun Bkfst Spkr Mtg	480.00
Sun PM Serenity Seekers	0.00
The Shack-Fri Night	100.00
Tulare Young People	154.81
TUFYPAA	0.00
Tulare Fri. Book Study	0.00
Tulare Tuesday Night	600.00
Tulare Thur. Noon	0.00
Tulare Sunday Night	0.00
Tues. Men's-P'ville	30.00
Three Rivers-Monday	160.00
Unity Thru Traditions	270.00
Valley Group	569.76
Valley Speaker Series	1485.65
Wed. Acceptance, P'ville	130.00
Weekend Attitude Adj.	0.00
Women's Amity-Visalia	203.82
Women's Changes-P'ville	200.00
Women's Fri. Night-P'ville	100.00
Women in Unity	0.00
Women's Sat AM 12x12	522.00
Young & Restless	0.00

Financial Report

TULARE COUNTY CENTRAL OFFICE
Income & Expense Statement
6/21/21 THROUGH 7/20/2021

<u>INCOME</u>	<u>MONTH</u>	<u>YEAR TO DT.</u>
B.Day Club	73.00	548.00
CD & Tape Cont.	0.00	0.00
Grateful Givers Club	220.00	1,950.00
Group Cont.	1,094.09	11,132.03
Indiv Cont	506.23	5,523.39
Lit. Sales	248.35	2,954.27
Memorial Cont.	0.00	0.00
Misc.	0.00	0.00
Newsletter Cont	0.00	0.00
S & H	0.00	2.04
Sales Tax	55.62	329.35
Spec. Events	0.00	0.00
Spec. Items	400.76	1,913.06

TOTAL	\$2,598.05	\$24,352.14
<u>EXPENSES</u>	<u>MONTH</u>	<u>YEAR TO DT.</u>
Fees-Taxes	0.00	25.00
Insurance	0.00	550.00
Lit. Costs	1,414.90	3,108.80
PI-CPC Expense	0.00	0.00
Misc Expense	0.00	0.00
Newsletter Cost	0.00	0.00
Office Exp	10.19	763.46
Office Equip.& Maint	0.00	669.33
Phone & ISP	117.97	820.79
Postage	0.00	59.00
Employee Taxes	1,334.07	3,917.28
Returned Check/Chg	0.00	925.89
Rent	525.00	3,675.00
Salary	1,273.1	8,913.41
Sales Tax-Paid	436.00	436.00
Security System	0.00	370.75
Spec. Events	0.00	0.00
Spec. Items	134.67	777.07
Card Charge	19.78	67.99
Utilities	56.95	511.51
Website	4.48	28.10

TOTAL	\$5,327.13	25,619.38

Net Gain(Loss)	(\$2,729.08)	(\$1,267.24)
BEGINNING TOTAL ACCT BAL:	\$15,943.83	
ENDING TOTAL ACCT BAL:	\$13,214.75	

Want to be of Service??

Since COVID has come are you struggling to get involved???

Contribute to this newsletter!!

Send a picture, send a joke, suggest an article.

email:

centralintergroupnews@gmail.com

Tulare County Hospitals & Institutions

H&I continues to serve the following facilities: Pine Manor Recovery, Women's Recovery Homes, Mental Health and Turning Point and have resumed in person meetings at the facilities. Our local jails remain closed to meetings. Literature is being provided to facilities as requested. The H&I Committee is continuing to zoom, both orientation & business meetings. Area 93 is working in conjunction with the other Areas in our Region along with some key Spanish Speaking Volunteers to encourage more Spanish Speaking volunteers join us and carry the message to the confined Spanish Speaking Alcoholic. Fresno has begun monthly H&I orientation for volunteers. We are working in conjunction with Fresno to orientate volunteers. This improves our unity, while providing volunteers more opportunities to attend this necessary orientation.

H & I encourages all groups to elect an H&I Representative and have them attend our meeting in order to ensure we are carrying the collective conscience of Tulare County to the NorCal Committee.

The next H&I orientation will be on July 24, 2021 at 9:00 am orientation followed by the bi-monthly business meeting at 10am. It will be zoom Zoom ID: 885 8119 7080 Password: Sober (capital S). The following month on August 28th at 9am H&I will have an orientation. The information is also available at aa-tulareco.org. Love & Service,

Boo

District 47 Meeting Minutes

July 7, 2021

This is a Zoom meeting with members participating from various locations.

Meeting Called to Order: 7:00 p.m. by DCM Allen L.

Committee: Allen L., DCM; Ralph D., GSR for Bridge Street Drunks Only Group; Jim K., Recording Secretary, GSR for Monday Men's Stag; Josh F., Treasurer; John H. GSR for Friday Freedom Fellowship; Sherry B. GSR Civic Center Group
The GSR Preamble was read by John H. 12 Traditions: read by Josh F.

12 Concepts: Concept 7 long form read and explained by Allen
Approval of Minutes: June 2, 2021 minutes approved.

Treasurer's Report: Josh F. reported a balance forward \$2,865.88 Income from groups, \$22.81. Total Income, \$22.81 No expenses. Current Balance \$2,888.69. Thanks to The Civic Center Group for the contribution this month!

CSO Liaison Report: No report

Registrar: No Report

H&I Report: Rafael D. Tulare County Hospital & Institution

Committee

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DCM Report: Allen attended the ACM on 6-19-21 via Zoom. There were a total of 19 DCM reports made. Four past delegates were in attendance. All remaining ACMs, the Election Assembly and the Area Planning Meeting for this year will be held via Zoom. The \$7.34 Challenge—If every member of AA donated \$7.34, AA could run for one year without the need for literature revenue. Proposals were made to purchase equipment and to donate to other AA entities to spend down our Area's bloated reserve (Prudent reserve: around \$9,000 — Our current reserve is approx. \$40,000.) Voting well take place at the next ACM on July 17th.

Old Business: We are asking GSR's to continue to poll their groups regarding suggestions to use the excess funds above our prudent reserve. We discussed donating to our Central Office, hosting service fairs, social events, bring in trustees or our delegate to speak at a special meeting, and other ideas.

New Business: None

Seventh Tradition: None

ANNOUNCEMENTS: None

DECLARATION OF UNITY: Read by all: "This we owe to A.A.'s future: To place our common welfare first, to keep our fellowship united. For on A.A. unity depend our lives, and the lives of those to come."

RESPONSIBILITY DECLARATION: "I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible."

The meeting was adjourned at 7:49 p.m. Respectfully submitted, Jim K, Recording Secretary

August AA Birthdays

<u>Name</u>	<u>City</u>	<u>Years</u>
Don H.	Porterville	48
Betty C.	Visalia	47
Larry R.	Visalia	44
Diane N.	Exeter	43
Mary S.	Tipton	40
Juanita M.	Visalia	38
Helen D.	Tulare	38
Dan H.	Porterville	37
Emma K.	Tulare	34
Les S.	Tulare	33
Emilio A.	Goshen	32
Frank V.	Visalia	31
Debbie S.	Visalia	30
Jonna K.	Porterville	30
Rick S.	Visalia	30
Deric F.	Visalia	29
Bob T.	Visalia	27
Greg H.	Visalia	25
Richard R.	Tulare	23
Margie A.	Three Rivers	23
Diane M.	Visalia	22
Lynn T.	Porterville	19
Sheri T.	Hanford	17
Gilbert C.	Visalia	17
Kelly K.	Visalia	17
Michael C.	Visalia	16
Laura N.	Fresno	15
Doug H.	Porterville	12
Bill E.	Springville	10
Glenda G.	Porterville	9
Mitch K.	Visalia	7
Vicki B.	Porterville	4
Greg R.	Visalia	3

Contributions

Birthday Club

Jim B.	Springville	40
Danette L.	Exeter	33

GRATEFUL GIVERS CLUB

Members - \$ 220.00

Individual Contributions

Anonymous

AAA

David G.

Joyce R.

Jim B.

Jim K.

Mitch K.

Sandra K.

Newsletter Contributions

None

Memorial Contribution

None

Central Office Contacts

Voice Mail Calls	1
AA Members	2
Court Ref/Info	6
Meeting Information	11
H&I	0
Alanon & Alateen Information	1
Info. re Recovery Homes	0
Schedules & Info-Mailed & Faxed	0
Bridging The Gap	0
Other 12 Step Programs	1
Visitors to Office	36
Literature Sales	14
Specialty Sales	14
Churches & Schools	1
General Information	5
Prospective Members	1
Twelve Step Calls	0
E-Mail Contacts	10
Spanish Contact	3

Total	116

Service Meetings AND ADDRESSES

GSR Meeting at Central Office
449 E. Maple St., Exeter, CA
Wednesday, August 4, 2021 at 7:00 PM

CSR Meeting at Central Office
449 E. Maple St., Exeter, CA
Tuesday, August 10, 2021 7:00 PM

H&I
Saturday-TBA
The zoom ID:885 8119 7080 Password: Sober(capital S).

SERVICE ADDRESSES

Tulare County Central Office
449 E. Maple St..
Exeter, CA 93221
Website: www.aa-tulareco.org

District 47, C.N.I.A.
P.O. Box 273
Exeter, CA 93221

CNIA Treasurer
PO Box 161712
Sacramento, CA 95816-1712

General Service Office
PO Box 459, Grand Central Station
New York, NY 10163

H&I-Contributions
P.O. Box 192490
San Francisco, CA 94119-2490

Lighter Side of AA

Short & Sweet Jokes

My wife told me I had to give up drinking.
So I joined the AA.
Unfortunately, I joined the Automobile
Association by mistake.
At least either way I'm on the road to
recovery.

My brother went to his AA meeting drunk,
then he tripped down the stairs.
He's been having lots of trouble with the steps
lately.

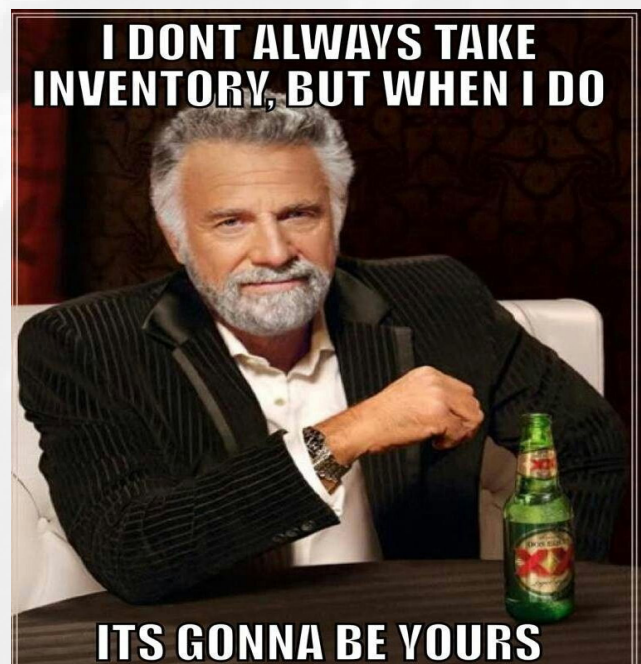
Why did the anvil get sent to AA?
He was always getting hammered.

I've joined Alcoholics Anonymous.
I now drink under a different name.

After the AA meeting, the ghost finally
admitted that he has a boos problem.

Harrison Ford just turned up at my AA
meeting.
I've never seen Han so low.

my dog got a haircut and now it looks
like he gave up drinking.



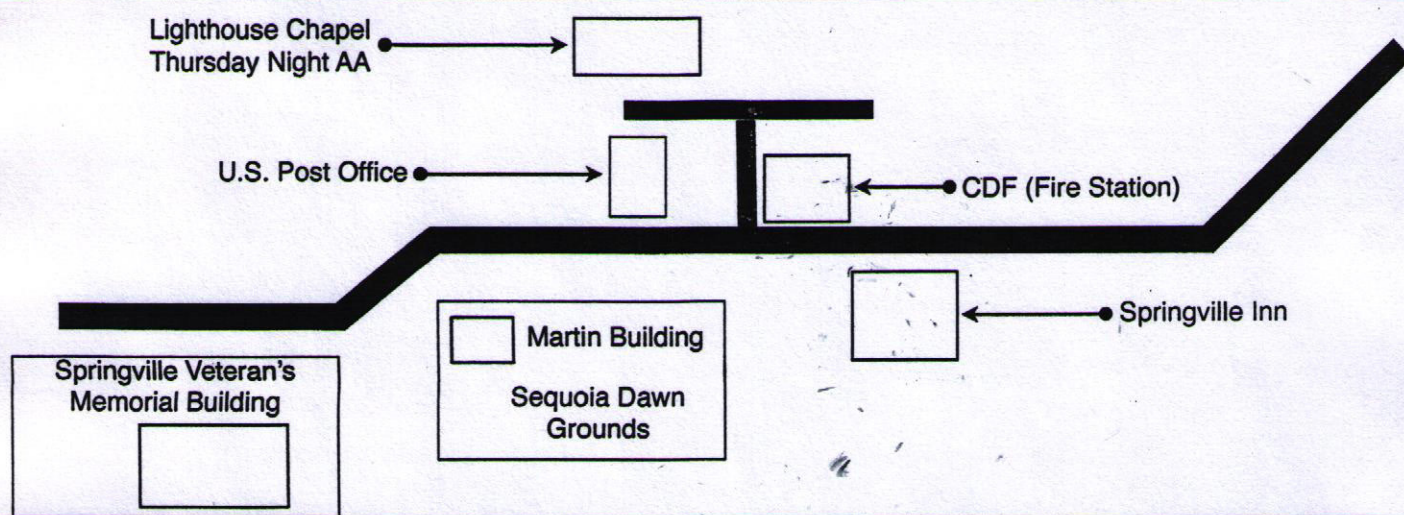
Sunday Speaker Breakfast

Sunday Morning, August 8, 2021

Always the 2nd Sunday of the Month - Come Join Us!

Speaker: Rita M.
Visalia, CA

Special Sunday Speaker in Springville's Serenity



Springville Veterans Memorial Building
35944 Highway 190
Springville, California

For Information: Call 559-539-3814

- From Highway 99 at Tipton (south of Tulare) - Take Highway 190 turnoff toward the Sierras - 32 miles east to Springville
- From Highway 99 at Bakersfield - Take Highway 65 north 45 miles to Highway 190 - 17 miles east to Springville

8:00 AM

Coffee's Hot - Attitude Adjustment Time

8:30 AM

Breakfast Service (\$5.00)

10:15 AM

Meeting Starts (7th Tradition is honored)

10:30 - 10:45 AM

10 Minute Speaker - Main Speaker

Your Content Here!!!

Have an event????

New group starting up?????

Have a story to share???

Take some amazing photos around our district???

Want to be of service????

All this can be accommodated-we are available to help! Simply reach out to us here at Central News and we will do all we can to get the word out!!!

Carrying the message to the Alcoholic who still suffer is our primary purpose. What better way to do it then to get involved!!!!

Send your content to:

centralintergroupnews@gmail.com

... and we will help you communicate to district 47!!!