

# CENTRAL NEWS

October 2021



Website: [www.aa-tulareco.org](http://www.aa-tulareco.org)

Golden Sunset Morro Bay, Louie T

## *Do You Know: How to Spot the Danger Signals*

How often have you heard it said, “I was too busy to make the meeting last night,” or, “I was so darn tired I just couldn’t get there”? Of course, either one of these two may hold true, but too often they are indications of the beginning of a return to the old line of thinking. For this reason, then, when you are “too busy” or “too tired,” stop and ask yourself— “Is this true or am I rationalizing?”

Be honest. If you are not it may not be long before you have nothing to be “too busy” about. Only by constant association with A.A.s and their problems do we re-learn those principles of living that get us sober and keep us in that happy state. The 12 Steps are not like the multiplication table. We can’t learn them once and then sit back and have them work for us the rest of our lives. Being mere humans, it is only by constant re-education that we can hope to achieve and then keep the strength and happiness given us by A.A.

But this is supposed to be about Danger Signals. Why then hold forth on the importance of frequent contacts with other members? Because, only through these associations are we able to meet and conquer those insidious urges to return to our old intimate friendships with Generalissimo Hang-Over and Field Marshal R. E. Morse. These two old cronies like nothing better than to

see one of us feeling sorry for ourselves or nursing a nice fat resentment. They cheer when we begin to get cocky or have grandiose ideas about our worth. They send out invitations for a party when we begin to think that maybe “one” wouldn’t hurt us or that maybe “someday?” There are a thousand and one signs that will put these two fast friends into a dither of delight, but each one can be recognized and dealt with if we meet with our fellow members as often as possible.

You may well ask, “who is this guy holding forth on Danger Signals?” I know whereof I speak, my friends. For once I got “too busy” and “too tired.”

R.K.F—AA Grapevine October 1945

**Step 10** *Continued to take personal inventory and when we were wrong, PROMPTLY admitted it.*

**Step 10** Step 10 is one of those unending processes that I must continue in, not only to strengthen my recovery but also better my daily life in society. For me, this step has taught me, and continues to teach me, accountability, and integrity.

I began working this step by reflecting on my day and the mistakes I made during that day, identifying my part

and what I needed to do to correct those actions. Next, I also recognized the positive things that occurred during that day so that I might use and improve on them, allowing those actions and the results of those actions, to bring about growth and maturity in my recovery.

Like so many of the steps, there are easy parts as well as hard parts, or the parts I don't like doing. When I'm wrong at times, I hate admitting it, usually the more I don't want to, the more I need to or should. This part of the step is as much for me as it is in correcting an issue.

In the previous two steps, 8 & 9, I worked through identifying and repairing my past mistakes the best I could. Now, in the 10th step, I have learned to no longer let those types of issues build up, becoming overwhelming. After emptying my overflowing waste basket of past wrongs and regrets, I have learned to empty it often, so my labor and the repairs are less.

Today I continue taking my inventories throughout my day, examining different events and situations, correcting my mistakes as quickly as I am able. If my mistake involves another person, I have learned the sooner the better so there is less time for an issue to take a mental hold.

To me, this step has another positive part that comes from my continuous inventories; when I am moving forward keeping the waste basket empty, my house is a much better place to live.

--George H.

*Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.*

... It does not engage in any controversy, neither endorses nor opposes any cause.

Let's start with the definition of opinion: a view or judgment formed about something, not necessarily based on fact or knowledge. Controversy: a discussion marked especially by the expression of opposing views: DISPUTE

Everyone has an opinion about Americas political state of affairs, vaccinations, war, 911, the list goes on and on.. By not expressing opinions on "outside issues" AA hopes to avoid controversy, both publically and amongst our groups. If followed in correct manner, as to which written and/or intent, the fellowship as a whole shall

not engage in public controversy (stay away from outside topics in meetings). This will help remind us to stick to what we know best, to help others solve their alcohol problem.

Boo

## Tulare County Hospitals & Institutions

Hospitals & Institutions continue to serve the following facilities: Zoom: Pine Manor Recovery & Women's Recovery Home. Both Mental Health and Turning Point are in person, masks & social distancing are required and observed . Our local jails remain closed to meetings. H & I provides literature to facilities upon request and/or at time of in-person meetings.

The H & I Regional Chair , Joyce R, continues to particiapet and update the committee on General Service meeting issue/agenda items ect.....

Or local H&I had two new orientators in September. H & I continues to encourage all groups to elect an H&I Representative and have them attend our business meeting. This will/would ensure we are carrying the collective conscience of Tulare County to the NorCal Committee.

The next H&I orientation will be on October 23rd, 2021 at 9:00 am. Zoom acct. ID: 885 8119 7080 Password: Sober. On November 27th (the bi-monthly business meeting and orientation) 9:00 am orientation, followed by 10am business meeting. Zoom acct. ID: 885 8119 7080 Password: Sobe. Note: All interested in this type of service work are welcomed/encouraged to attend. The information is also available at aa-tulareco.org.

Love & Service,

Boo

# Tradition 10



# Central Office BOD Meeting Minutes

# Central Service Meeting

DATE: September 14, 2021  
8:29 pm

TIME:

DATE: September 14, 2021

MEETING CALLED TO ORDER: Cheryl H.  
TIME: 7:05 pm

MEETING CALLED TO ORDER BY: Cheryl H.  
PREVIOUS MINUTES: Read by Cheryl H.  
PRESIDENT'S REPORT: Waiting for cell phone to use on VenMo acc.  
VICE PRESIDENT'S REPORT: No Report  
SECRETARY'S REPORT: No Report  
MEMBER AT LARGE REPORT: New member: Monica R. has been voted onto the board due to the resignation of Johnathan.

PI/CPC REPORT: Looking for volunteers to go to High Schools and carry the message. Public Information & Cooperation with the professional community (P.I./C.P.C.) We inform professionals and future professionals about A.A. - What we are, where we are, what we can do, and what we cannot do. We attempt to establish better communication between A.A. and professionals, to establish simple, effective ways of cooperating without affiliating.

We are looking forward to the upcoming Post Founders Day event, health fairs and other opportunities to spread awareness of A.A. to those who may not know about us otherwise. This is a great opportunity for service and we welcome ideas for potential events AA may provide awareness at. Please contact your local CSR or central office if you have any questions. thank you

OFFICE OPERATION REPORT: Doors are open.

OLD BUSINESS REPORT: 1. Waiting for the Venmo cell phone.

2. Picnic Oct. 2nd, Sara said everything is going very smoothly and everything is lined up. Patrick will be there with a public information booth as well as ALANON. The last committee meeting will be Sept. 28 at 5:30 pm at the Christ Lutheran Church.

NEW BUSINESS REPORT: Welcome Monica!!

ANNOUNCEMENTS: None

MEETING ADJOURNED: 8:41 pm

BOARD MEMBERS PRESENT: William E., Cheryl H., Patrick ABSENT: Erica E., Johnathan  
SERENITY PRAYER: All  
12 TRADITIONS: Brittany  
AA MEMBER COMMENTS: None  
MINUTES OF LAST MEETING: Read by William, motion to pass by Patrick, 2nd by Sara...Passed  
REPORT OF LAST BOARD MEETING: Read by Cheryl

TREASURER and OFFICE REPORT:  
Read by Bob H.: We had an income of \$3,462.05 and expenses of \$2,971.53 for this accounting period. Group and Individual contributions were good. Expenses include our annual Workers Compensation fee, our rent for the picnic and our regular monthly expenses. Our Grateful Givers Club brought in \$220.00 in much appreciated contributions. We had \$144.84 total net sales in 5 transactions for credit and debit cards last month. Traffic and calls have been about average.

PUBLIC INFORMATION REPORT: Patrick: Public Information & Cooperation with the professional community (P.I./C.P.C.) We inform professionals and future professionals about A.A. - What we are, where we are, what we can do, and what we cannot do. We attempt to establish better communication between A.A. and professionals, to establish simple, effective ways of cooperating without affiliating

We are looking forward to the upcoming Post Founders Day event, health fairs and other opportunities to spread awareness of A.A. to those who may not know about us otherwise. This is a great opportunity for service and we welcome ideas for potential events AA may provide awareness at. Please contact your local CSR or central office if you have any questions. thank you

## VOLUNTEERS TO WRITE STEP & TRADITION FOR CENTRAL NEWS

### STEP FOR NEWSLETTER-VOLUNTEER

Issue	Step	Member	Due Date
Oct	Step 10	George H.	9/20/21
Nov	Step 11	Trudy	10/20/21

Due to CentralintergroupNews@gmail.com

### TRADITION FOR NEWSLETTER-VOLUNTEER

Issue	Tradition	Member	Due Date
Oct	Tradition 10	Boo M.	9/20/21
Nov	Tradition 11	Patrick	10/20/21

Due to CentralintergroupNews@gmail.com

**NEWSLETTER REPORT: No Report**

**WEBSITE REPORT:** David: Please note that for the 30 days ending September 14, 2021, we had 2,871 visits and 753 visitors. This month's daily activity was lower than last month. Visits were down by about 5%, and visitors were down by 1%. Same as last month, the most popular web page on the site is the list of meetings page; it garnered 20% of the views. The second most popular web page was the list of online meetings, at 8%. There were 37 downloads of the Print Version of Meeting Schedule; which is back to normal.

**H&I REPORT:** H&I panels are now participating in-person twice a month at Pine Manor Recovery, Mothering Heights Women's Recovery and Turning Point. The Mental Health Facility re-opened (July) once a month in -person meetings. If you are interested in this type of service please join our orientation/business meeting and/or contact myself or other volunteers. The Tulare County jails remain closed but I continue email dialogue with Inmate Program Manager. I am thrilled to report that the orientation participation/turnout has increased since the collaboration between Tulare and Fresno joining forces! H & I Facility Coordinators continue to provide literature to facilities. A friendly reminder from H&I to encourage your groups to elect an H&I Representative and have them attend our meeting in order to ensure we are carrying the collective conscience of Tulare County to the NorCal Committee.

The next H&I Orientation and business meeting is September 25th, 2021. Orientation will take place at 9am followed by 10am business meeting. **Zoom ID: 885 8119 7080 Password: Sober (capital S).** Hope to see you on zoom!

Thank you for letting me be of service, Boo

**GSO LIAISON:** The official preamble has been changed from "...fellowship of men and women..." to "...fellowship of people...".

**BTG CHAIRPERSON:** Jonathan has resigned and there is no report for this month.

**CSR REPORTS:**

Women's Morning 12x12 Lauren, CSR: No Report. Friends of Bill W. and Dr. Bob, Patrick, CSR: No Report Lindsay Fireside Fellowship, Trudy CSR: We are a small, intimate, one topic discussion meeting. We gather every Thursday from 7:30-8:30 in the fireside Room of the United Methodist Church, corner of Hoolulu and Gale Hill due east of City Hall. We have begun using the book As Bill Sees It as a topic generator and for readings. We celebrate annual birthdays at the end of each month, and

give monthly chips anytime for folks under one year. We have been meeting regularly through the pandemic, thanks to the blessing of the Church, sitting socially distanced and wearing masks until last month when restrictions were lessened. We ask that anyone attending share their phone number(s) with us in case of need for contact tracing.

**Bridge Street Drunks, Sara, CSR:** 19 meetings in person Monday through Sunday 7 AM to 8 AM 12PM to 1 PM Tuesday evening 6 to 7 PM book study Wednesday evening 6 to 7 PM 12 x 12 study Thursday evening seven to 8:30 PM big book study Saturday evening 7 PM to 8 PM open meeting Sunday evening 5:30 to 6:30 PM 10th step study.

Birthday meetings are on the last Saturday of the month, the noon meeting. Business meetings are held the last Saturday of the month alternating times 8 AM or 1 PM. Currently looking for a secretary for Tuesday noon meeting. Usual contributions distributed.

Thank you for letting me be of service Sara S.

**Civic Center Group:** we meet on Tuesday evenings at 7:00pm for one hour

at Christ Lutheran Church in Visalia. This is an open meeting, and all are welcome. We hand out chips every week for lengths of sobriety under one year. We celebrate birthdays at the end of the month, with cupcakes, too :-). We've been seeing between 30 and 40 people at most meetings. We have coffee! (Thank you Mike, our coffee captain). Our business meetings are the third Tuesday of the month, ten minutes after the regular meeting. Jaime D. is our Secretary. Come join us - it's a great meeting.

**Monday Men's Group:** we meet at the PPAV Hall in Visalia, at the corner of Burke and Main at 7:30pm on Monday evenings. This is a closed meeting for men only, and lasts 90 minutes. We usually have 25-35 attendees. Every week we give chips for sobriety milestones under one year; the last Monday of the month we celebrate those members with full years behind them - and we have pie or cheesecake. Our business meeting is the first Monday of the month. Bryce is our Secretary, but in the spirit of rotation, Grant C. will become Secretary in August.

**Keep It Simple Sunday:** we meet Sunday mornings at 9:00am in Blaine Park in Visalia (on Court Street between Whitendale and Caldwell). Our meeting is 90 minutes in a beautiful outdoor setting. This is an open meeting, and all are welcome. You probably want to bring a camp or lawn chair with you. We celebrate sobriety birthdays every meeting, and use the Daily Reflections book as a topic starter; then everyone shares, going around the circle (time permitting). Our Secretary is Ryan B., and business meetings are the last Sunday of the month. Usually, there are between 20 and 40 people attending our meeting with great fellowship. In love and service, David G.

Saturday Night Jaywalker Young People Meeting -



Saturday evening open meeting held at St John's Episcopal Church at 1701 East Prosperity Avenue, Tulare California 93274 from 7:30 p.m. to 8:45 p.m. You're only as old as you want to be! Anyone looking for an enthusiastic crowd welcome. This is a chaired meeting, we hand out chips every week for monthly sobriety milestones as well as yearly birthdays. All welcome to attend. Thank you for letting me be of service. Brittney H.

**Tuesday Women's Amity Zoom:** We zoom every Tuesday from 6:30pm to 7:30pm. We are a closed women's meeting. We have 10 to 12 women who participate. We read and talk about daily reflections, steps and/ or correlating traditions of that month. The last Tuesday of each month is a birthday meeting. The zoom information is on the Tulare Co. Thank you for letting me be of service, Boo

**Springville Gut Level Group, Monica R., CSR:** We meet every Thursday At the Lighthouse Chapel in Springville from 7 to 8:30 pm. This is an open meeting and all are welcome. We regularly contribute to all entities. Currently we are raising contributions to donate a basket to be raffled at the Post Founder's Day Picnic on October 2, 2021. We celebrate yearly anniversaries on the last Thursday of every month. We invite you to join us soon!! Thanks!

**OLD BUSINESS:**

1. After hours phone service, 1 nurse called, and 1 from Tulare and 1 from Lemoore.
2. Picnic Oct. 2nd, Sara said everything is going very smoothly and everything is lined up. Patrick will be there with a public information booth as well as ALANON. The last committee meeting will be Sept. 28 at 5:30 pm at the Christ Lutheran Church.
3. VenMO has been approved and we are awaiting for the cell phone to conduct VenZMo business with.

**NEW BUSINESS:** Board member opening, Monica R. has been voted in to take the open Board seat.

**SEVENTH TRADITION:** \$29.65

**ANNOUNCEMENTS:** Soberfest is Oct. 16th. New meeting on Sundays: "Serenity Seekers pm Meeting is back: See website

**MEETING ADJOURNED:** 8:11pm

# Financial Report

TULARE COUNTY CENTRAL OFFICE

Income & Expense Statement

8/21/21 THROUGH 9/20/2021

<u>INCOME</u>	<u>MONTH</u>	<u>YEAR TO DT.</u>
B.Day Club	111.00	666.00
CD & Tape Cont.	0.00	0.00
Grateful Givers Club	270.00	2,440.00
Group Cont.	1,974.64	14,651.57
Indiv Cont	499.86	7,182.46
Lit. Sales	520.06	3,742.68
Memorial Cont.	400.00	400.00
Misc.	64.11	64.11
Newsletter Cont.	0.00	0.00
S & H	0.00	7.04
Sales Tax	58.78	430.22
Spec. Events	0.00	0.00
Spec. Items	200.15	2,328.71
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<b>TOTAL</b>	<b>\$4,098.60</b>	<b>\$31,912.79</b>
<u>EXPENSES</u>	<u>MONTH</u>	<u>YEAR TO DT.</u>
Fees-Taxes	0.00	25.00
Insurance	0.00	550.00
Lit. Costs	187.51	3,296.31
PI-CPC Expense	0.00	0.00
Misc Expense	0.00	0.00
Newsletter Cost	0.00	0.00
Office Exp	0.00	763.46
Office Equip.& Maint	0.00	669.33
Phone & ISP	117.97	1,056.73
Postage	0.00	118.30
Employee Taxes	0.00	3,917.28
Returned Chk & Chg	0.00	925.89
Rent	525.00	4,725.00
Salary	1,347.34	11,570.98
Sales Tax-Paid	0.00	436.00
Security System	185.61	556.36
Spec. Events	0.00	265.00
Spec. Items	448.00	1,225.07
Card Charge	19.64	92.81
Utilities	54.65	634.63
Website	4.48	36.94
Workers Comp.Ins	0.00	616.02
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<b>TOTAL</b>	<b>\$2,890.20</b>	<b>31,481.11</b>
<b>Net Gain(Loss)</b>	<b>\$1,208.40</b>	<b>\$431.68</b>
<b>BEGINNING TOTAL ACCT BAL:</b>	<b>\$13,705.27</b>	
<b>ENDING TOTAL ACCT BAL:</b>	<b>\$14,913.67</b>	

# Group Contributions

	Month	YTD
1st Friday Spkr Mtg	15.00	95.00
Alpha-Wed-Tulare		0.00
As It Is Outlined in Book		0.00
Attitude Modification-210		0.00
Breath of Fresh Air		0.00
Bridge St. "Drunks Only"	577.90	3,272.30
Civic Center Grp.	204.44	655.94
Clodbusters-Tulare		0.00
Crossroads-Tulare		0.00
CSO Meeting	29.65	158.40
District 47		0.00
Bill & Friends		0.00
Exeter-Quiet Trails	200.00	800.00
Exeter Sun Afternoon		0.00
Foundation Group		0.00
Freedom Fellowship		250.00
Fri. Recovery Club		15.00
Fri. Night Study Tulare		0.00
Friday Noon 210		0.00
Half & Half		75.00
Hillman Group		0.00
Keep it Simple Sunday		300.00
Lindsay Fireside Grp	100.00	125.00
Monday Men's Mtg.		900.00
Mid Valley-Tulare		400.00
Mon Book Study-S'ville		0.00
Mon Lit Study-Visalia		80.00
Mon. Women's Reflections		200.00
Nooners Group-Visalia		0.00
Pine Recovery AA Mtg		0.00
Porterville Young People		0.00
Practicing The Principles		240.00
Rainbow Group		150.00
Rule 62-Visalia		0.00
Serenity Junction-Tulare		500.00
Serenity Seekers AM-Visalia		200.00
Sober Sisters		50.00
Wed. Sobriety Celebration		0.00
Springville Gut Level	140.00	575.00
St. Ritas Group		0.00
Sun Bkfst Spkr Mtg		810.00
Sun PM Serenity Seekers		0.00
The Shack-Fri Night		100.00
Tulare Young People		154.81
TUFYPAA		0.00
Tulare Fri. Book Study		0.00
Tulare Tuesday Night		600.00

Tulare Thur. Noon		0.00
Tulare Sunday Night		0.00
Tues. Men's-P'ville		30.00
Three Rivers-Monday		160.00
Three Rivers-Friday		46.00
Unity Thru Traditions	120.00	390.00
Valley Group		569.76
Valley Speaker Series		1485.65
Visalia Alano		90.00
Wed. Acceptance, P'ville		130.00
Weekend Attitude Adj.		0.00
Women's Amity-Visalia	137.65	341.47
Women's Changes-P'ville		200.00
Women's Fri. Night-P'ville		100.00
Women in Unity		0.00
Women's Sat AM 12x12	450.00	972.00
Young & Restless		0.00

## District 47 Meeting Minutes

September 1, 2021

This is a Zoom meeting with members participating from various locations.

Meeting Called to Order: 7:06 p.m. by DCM Allen L. Committee: Allen L., DCM; Ralph D., GSR for Bridge Street Drunks Only Group; Jim K., Recording Secretary, GSR for Monday Men's Stag; John H. GSR for Friday Freedom Fellowship; Danette L., GSR for the Saturday Women's 12x12 Study, Josh F., Treasurer

The GSR Preamble was read by All 12 Traditions: read by Josh F.

12 Concepts: Concept 9 long form read and explained by Allen L.

Approval of Minutes: August 4, 2021 minutes approved.  
Treasurer's Report: Josh F. reported a balance forward of \$2,888.69 Income from groups, \$64.98. Thanks to the Saturday AM Women's 12x12 for \$37.45, and t\$27.53 from the Tuesday Women Amity Group! No expenses. Current Balance \$2,953.67.

CSO Liaison Report: No report  
Registrar: No Report

H&I Report: Rafael D. Tulare County Hospital & Institution Committee

H&I panels are now participating in-person twice a month at Pine Manor Recovery, Mothering Heights Women's Recovery and Turning Point. The Mental Health Facility reopened (July) once a month in -person meetings. If you are interested in this type of service, please join our orientation/business meeting and/or contact myself or other volunteers. The Tulare County Jail remains closed to volunteers, but

open communication continues with the staff. We have seen orientation participation/turnout increase since the collaboration between Tulare and Fresno Counties! We are in the process of planning a Regional Workshop which we hope will enhance the unity among our Areas in the Region.

H & I Facility Coordinators continue to provide literature to facilities. A friendly reminder from H&I to encourage your groups to elect an H&I Representative and have them attend our meeting in order to ensure we are carrying the collective conscience of Tulare County to the NorCal Committee.

The next H&I Orientation and business meeting is September 25th, 2021. Orientation will take place at 9am followed by 10am business meeting. Zoom ID: 885 8119 7080 Password: Sober (capital S). Hope to see you on zoom!

In Service  
Rafael D.

DCM Report: Allen attended the ACM recently and they are looking for a new meeting place for the ACM.

Old Business: Continue discussion on Chili Cook-off/District Presentation event for early next year. With the Delta Variant causing issues with Covid 19 in our area, it was suggested that we table this until November or December.

New Business: Elections are coming up. Nominations for all officer positions in the District 47 will be taken until November. DCM, Alt. DCM, treasurer, and recording secretary are all open positions.

Seventh Tradition: None

ANNOUNCEMENTS: None

DECLARATION OF UNITY: Read by all: "This we owe to A.A.'s future: To place our common welfare first, to keep our fellowship united. For on A.A. unity depend our lives, and the lives of those to come."

RESPONSIBILITY DECLARATION: "I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible."

The meeting was adjourned at 7:35 p.m.

Respectfully submitted,

Jim K, Recording Secretary

## October AA Birthdays

<u>Name</u>	<u>City</u>	<u>Years</u>
Carol J.	Woodlake	58
Linda D.	Visalia	49
Susan S.	Visalia	46
Oly S.	Visalia	42
Jerry D.	Tipton	40
Bill H.	Tulare	39
Richard W.	Tulare	39
Ruben F.	Corcoran	39
Albert M.	Tulare	37
Diane L.	Tulare	37
Jodi B.	Visalia	35
Terry C.	Strathmore	35
Andy C.	Exeter	34
Kay B.	Tulare	34
Marjorie Mc.	Visalia	34
Bill L-BBB	Dinuba	34
Mary C.	Three Rivers	33
Nancy B.	Visalia	33
Ron B.	Visalia	33
Jerri T.	Visalia	33
David B.	Visalia	32
Gary H.	Visalia	32
Gil C.	Visalia	31
Jack H.	Visalia	31
LGK	Visalia	31
Caryl E.	Visalia	31
Sharon B.	Visalia	30
Elizabeth M.	Visalia	30
Tanya R.	Visalia	30
Greg M.	Tulare	29
Kathy H.	Visalia	28
Linda J.	Pixley	26
Marge M.	Woodlake	25
Debbie J.	Visalia	25
Eileen F.	Visalia	25
Emma T.	Visalia	23
Brian R.	Visalia	23
Melody F.	Exeter	22
Donna K.	Porterville	22
Jan P.	Visalia	20
Eddie J.	Porterville	17
John W.	Visalia	17
Shelly	Visalia	16
Teddy B.	Visalia	14
Lucretia D.	Porterville	13
Craig W.	Visalia	12
Tiffany J.	Porterville	11
Veronica H.	Springville	9
Christine C.	Springville	9
Laura H.	Visalia	3



## Speaker Meetings

**Porterville Recovery Club Speaker Meeting**  
186 W. Walnut Ave.  
Friday Oct. 1, 2021 at 8:00 PM  
Speaker: - TBA

**Sunday Night Valley Group Serenity Seekers**  
914 W. Center Ave.  
Visalia, CA 93291  
7:30-9PM  
October 3 Eric B. Of Visalia  
October 10 Stephanie B. of Visalia  
October 17 Brad W of Visalia  
October 24 Kathy D. Of Visalia  
October 31 Jaime K. Of Hanford

**Sunday AM Breakfast, Speaker Meeting**  
Veterans Memorial Building  
36000 Hwy 190, Springville  
Sunday, October 10th, 2021 at 10:15 AM  
(Breakfast at 8:30 to 10:00 AM)  
Speaker: Joe S.- Scottsdale. AZ.

**The Valley Group, Speaker Meeting**  
St. Paul's Episcopal Church  
120 N. Hall St. Visalia, CA 93291  
Every Wednesday from 7-8 p.m.  
Speakers for October  
Oct 6 Sherri D. Of Exeter  
Oct 13 Michelle B. Of Fresno  
Oct 20 Zack M. Of San Diego  
Oct 27 Anetta P. Of Porterville

## *Service Meetings* AND ADDRESSES

GSR Meeting at Central Office  
449 E. Maple St., Exeter, CA  
Wednesday, Sept. 1, 2021 at 7:00 PM

CSR Meeting at Central Office  
449 E. Maple St., Exeter, CA  
Tuesday, Sept. 14, 2021 7:00 PM

H&I  
Saturday-TBA  
**The zoom ID:885 8119 7080 Password: Sober(capital S).**

### SERVICE ADDRESSES

Tulare County Central Office  
449 E. Maple St..  
Exeter, CA 93221  
Website: [www.aa-tulareco.org](http://www.aa-tulareco.org)

District 47, C.N.I.A.  
P.O. Box 273  
Exeter, CA 93221

CNIA Treasurer  
PO Box 161712  
Sacramento, CA 95816-1712

General Service Office  
PO Box 459, Grand Central Station  
New York, NY 10163

H&I-Contributions  
P.O. Box 192490  
San Francisco, CA 94119-2490

### **Want to be of Service??**

**Since COVID has come are you struggling to  
get involved???**

**Contribute to this newsletter!!**

**Send a picture, send a joke, suggest an article.**

**email:**

**[centralintergroupnews@gmail.com](mailto:centralintergroupnews@gmail.com)**



## Central Office Contacts

Voice Mail Calls	0
AA Members	8
Court Ref/Info	8
Meeting Information	9
H&I	0
Alanon & Alateen Information	1
Info. re Recovery Homes	0
Schedules & Info-Mailed & Faxed	0
Bridging The Gap	0
Other 12 Step Programs	1
Visitors to Office	43
Literature Sales	15
Specialty Sales	14
Churches & Schools	0
General Information	7
Prospective Members	0
Twelve Step Calls	0
E-Mail Contacts	6
Spanish Contact	1
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Total	113

## Contributions

### Birthday Club

Don H.	Porterville	48
John W.	Tulare	35
Jim K.	Visalia	19
Glenda V.	Porterville	9

### GRATEFUL GIVERS CLUB

Members - \$ 160.00

### Individual Contributions

Anonymous  
AAA  
David G.  
Don H.  
Jim K.  
Rafael D.  
Joyce R.  
Mitch K.  
Sandra K.

### Newsletter Contributions

None

### Memorial Contribution

John W. in Memory of:  
Ivan S.

## *Lighter Side of AA*

### Something is Fishy

A drunk guy in Alaska decides to go ice fishing. So he packs up his stuff and goes out onto the ice.

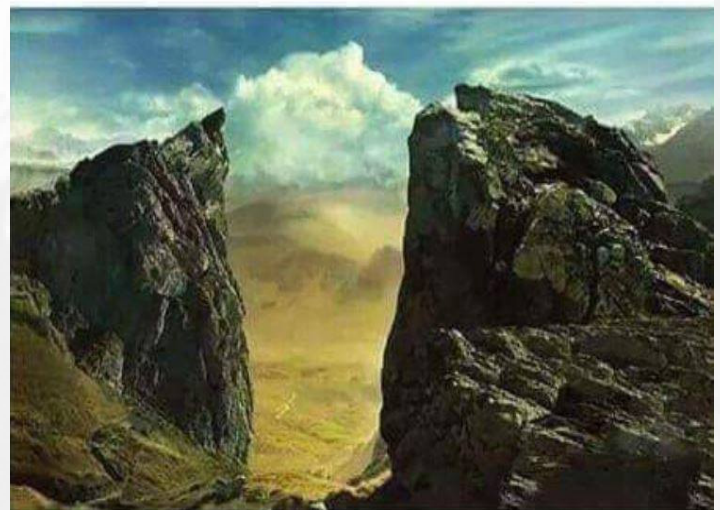
He starts sawing a hole in the ice, and a loud booming voice says, "YOU WILL FIND NO FISH UNDER THAT ICE!"

The drunk looks up, ignores it, and continues on. The voice repeats, "YOU WILL FIND NO FISH UNDER THE ICE."

The drunk looks up and says, "God? Is this God trying to warn me?"

The voice says "NO, I'M THE MANAGER OF THIS ICE RINK."

IF YOU SEE A BEER  
IN THIS PICTURE



YOU MAY HAVE A  
PROBLEM



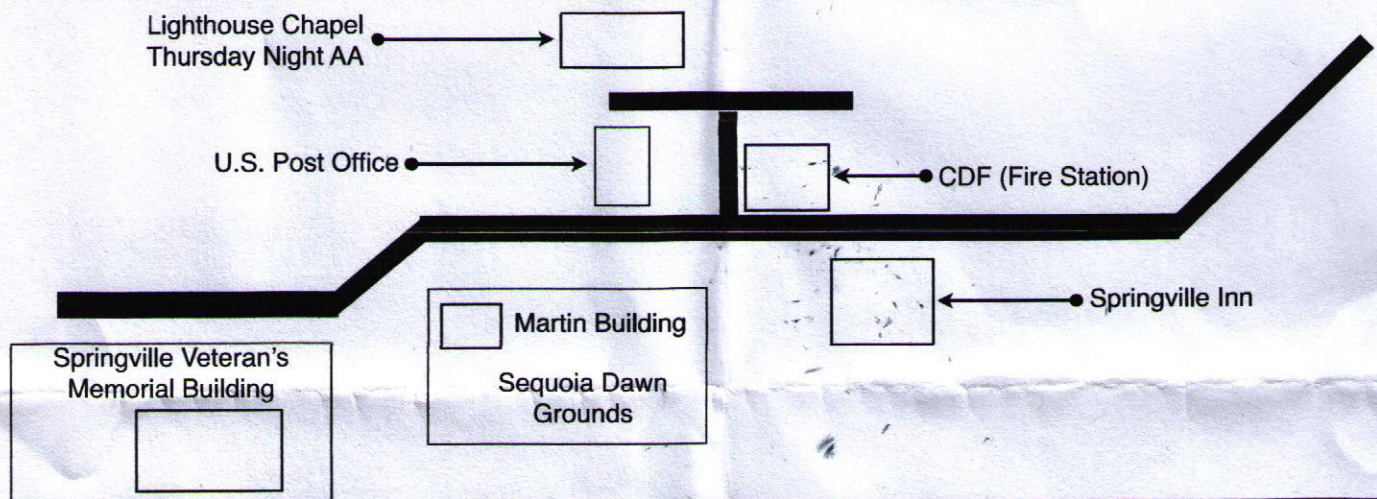
# Sunday Speaker Breakfast

Sunday Morning, October 10, 2021

Always the 2nd Sunday of the Month - Come Join Us!

**Speaker: Joe S.**  
Scottsdale, AZ

*Special Sunday Speaker in Springville's Serenity*



**Springville Veterans Memorial Building**  
**35944 Highway 190**  
**Springville, California**

**For Information: Call 559-539-3814**

- From Highway 99 at Tipton (south of Tulare) - Take Highway 190 turnoff toward the Sierras - 32 miles east to Springville
- From Highway 99 at Bakersfield - Take Highway 65 north 45 miles to Highway 190 - 17 miles east to Springville

8:00 AM	Coffee's Hot - Attitude Adjustment Time
8:30 AM	Breakfast Service (\$5.00)
10:15 AM	Meeting Starts (7th Tradition is honored)
10:30 - 10:45 AM	10 Minute Speaker - Main Speaker



# *Your Content Here!!!*

Have an event????

New group starting up?????

Have a story to share???

Take some amazing photos around our district???

Want to be of service????

All this can be accommodated-we are available to help! Simply reach out to us here at Central News and we will do all we can to get the word out!!!

Carrying the message to the Alcoholic who still suffer is our primary purpose. What better way to do it then to get involved!!!!

Send your content to:

[centralintergroupnews@gmail.com](mailto:centralintergroupnews@gmail.com)

... and we will help you communicate to district 47!!!