

CENTRAL NEWS

March 2022

Website: www.aa-tulareco.org



Ebbs & Flows David T

Ways of Conming into AA...

My psychiatrist maneuvered me into A. A. He wrote to the clubhouse, got the secretary's name, told her about me and vice versa. But that was after we had made a bargain, following many months of psychiatric treatments. Not in a sanatorium, but in real life. Reality? I didn't know the meaning of that, and am only beginning to learn now, after twenty months in A. A. You can still be holding down a job, as I was doing, and have little conception of the real world about you. The psychiatrist repeatedly told me there was no cure for alcoholism. Every few months he would gently suggest A. A. While continuing to drink, I insisted there must be a cure—and rejected A. A. Finally he got me there.

Pulling my feet up that, long corridor leading to the main room of the clubhouse, I was going, so I thought, to my doom. I wasn't doing this of my own volition, or so my conscious mind was saying. My bargain with the psychiatrist was that I would give A. A. a two-week trial (his suggestion); then I could return to him and (my suggestion) he'd give me work to do to pay for future treatments.

Reaching the main room that first evening, I halted abruptly before going upstairs to the secretary. It was before the meeting hour. Men and women were standing in groups talking. I looked at them. What followed is one of those sensations that transcends accurate description. It came with such suddenness and enveloping completeness—that feeling which said: I have come home

at last. The words repeated themselves over and over in my mind: I have come home at last. I turned and walked up the stairs with the feeling of unself-consciousness akin to that of a child— something I had never before experienced in adult life. A few days later I began to understand what my good and wise psychiatrist had known for some time: my need thenceforth lay along spiritual lines, part of which consisted in helping others—something startlingly new to me. A. A., where I feel so beautifully at home, is fulfilling that need.

—Maeve S. AA Grapevine March 1945

Made a decision to turn our will and our lives over to the care of God as we understood Him.

Step 3 Each step moves us into the next. After seeing the truth of my powerlessness over alcohol, I am confronted with the unmanageability of my life, drunk or sober. This is a spiritualist disease and alcohol is one manifestation of it. Page 62 says “Selfishness-self centeredness! That we think is the root of our troubles. Driven by a hundred forms of fear, self-delusion, self-seeking, and self-pity, we step on the toes of our fellows and they retaliate.” Doesn't that paint a picture! That to me is what it is to be a sober alcoholic. Feeling misunderstood, frustrated, in fear. Fear of being not good enough drives me to act better

than others. People can sense it and they retaliate. I get resentful. My alcoholic brain is constantly spinning a web of ideas of how others should behave and how they should treat me. If people are actually going along then I may not even know that I'm in fear or delusion, but more often they rebel or completely dismiss me and all of my wonderful plans.

The first requirement of Step Three is that we be convinced that any life run on self will could hardly be a success. By the time I got to this point in the process I had over thirty years of experience that showed me that there was not much I could control. My sponsor gave me some powerful step three considerations: Have I failed in making myself who I need me to be? Have I failed in making others who I need them to be? Have I failed in providing myself with what I need to be okay? Am I now willing that hereafter in this drama of life that God will be my director and that I will represent what God would have me be?

BTW if you are single there is nothing more attractive than someone allowing their prospective partner to be themselves while at the same time being what God would have them be!

Remember, this third step decision is only a decision. It is fulfilled in steps 10, 11, and 12 after cleaning house. God bless!

—Robert D

Tradition 3 *The only requirement for A.A. membership is a desire to stop drinking*

I heard that Tradition 3 came about because a particularly outlandish person wanted to join a group, and later, members of the group were concerned about the optics of allowing the person in. The time was 1937, and outlandish wasn't a welcome feature in society back then. A bunch of discussion was had, but at some point, Doctor Bob blandly said to the group "Isn't it time to ask ourselves What would the Master do in a situation like this? Would He turn this man away?"

A.A. was faced with the question: Which is more important? Our "reputation"? What people should think of us? Or is our our character more important?

Thus the foundation was set: we help any person who has a

desire to stop drinking.

If I have a desire to stop drinking, then I'm in, and no-one can throw me out no matter what other aspects there are to my life. Personally, I lead a pretty boring life. I have had a need to be a people pleaser my entire life, so my life just doesn't have much outlandishness to it. But I like that a tradition of Alcoholics Anonymous is inclusiveness; and it has been ingrained into our organization from its very early days.

Later, there was a General Service Conference in 1974 where the subject of inclusiveness was hotly debated for two days straight. The inclusivity agenda item was passed with a 98.5% vote. At the end of the conference, a member offered a resolution: "It is a sense of The Conference that no A.A. group anywhere, should ever turn away any member at his first meeting."

With Tradition 3, the idea is that "Desire to stop drinking is all the individual needs." But it also defines us as a community: we are people who help each other to become sober and stay sober.

Here in A.A., we have a Responsibility Statement: When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible.

Tradition 3 is the invitation to every person with a drinking problem that we want to help. I love that about A.A.

—David G.

Contributions

Birthday Club

Pam B	12
Nic V	7

GRATEFUL GIVERS CLUB

Members	\$338
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Individual Contributions

Anonymous
Anonymous
David G
Jim K
Doris P
Shannon S

Newsletter Contributions

None

Memorial Contribution

None

Big Book Discussion

March Discussion Topic

AA Big Book Pg. 62

“So our troubles, we think, are basically of our own making. They arise out of ourselves, and the alcoholic is an extreme example of self-will run riot, though he usually doesn’t think so. Above everything, we alcoholics must be rid of this selfishness. We must, or it kills us! God makes that possible. And there often seems no way of entirely getting rid of self without His aid. Many of us had moral and philosophical convictions galore, but we could not live up to them even though we would have liked to. Neither could we reduce our self-centeredness much by wishing or trying on our own power. We had to have God’s help.

This is the how and why of it. First of all, we had to quit playing God. It didn’t work. Next, we decided that hereafter in this drama of life, God was going to be our Director. He is the Principal; we are His agents. He is the Father, and we are His children. Most good ideas are simple, and this concept was the keystone of the new and triumphant arch through which we passed to freedom.”

Last Month’s Discussion Topic didn’t yield a lot of discussion, but I am hopeful there will be more interest in the future!!

Please submit your thoughts to centralintergroupnews@gmail.com by 1/20/22 to be included in the February Central News!

Comments

A.A. Big Book page 62, my thoughts:

When the Spiritual Malady is overcome, we straighten out mentally and spiritually. Our own thinking is turned over in the Third Step. Then the House Cleaning, cleaning out the obstacles in the way. Eventually getting to the Eleventh Step and its Promises.

“Those who leave everything in God’s hand will eventually see God’s hand in everything”.

-Reyes A., Rainbow AA Group, Visalia

“the alcoholic is an extreme example of self-will run riot, though he usually doesn’t think so”

Those words right there are more powerful and harder to accept by oneself than anything imaginable that I can think of at the moment.

You have to be able to stand besides yourself and look from the outside in to see that this is you(me). I’ve missed the boat on this one for many, many years; doing exactly that! I’m grateful I have made peace with God and come to accept that in those words was me! I’m thankful and grateful for today; living another day of sobriety.

-Michael

Theresa s from Visalia.. going on 25 years May 17th. I made a deal with God that I would forgive him if he removed my alcoholism. I had that white lightning experience in the middle of my living room and the next thing I was on the phone to AA I do not even know how I dialed the phone. I laugh about that now how I could offer God that preposterous notion but it worked I’ve not wanted to drink since. God has a sense of humor and it got me through quitting.

-Theresa

“So our troubles, we think, are basically of our own making.” This definitely rang true for me the first time I heard it. I knew that I had a tendency to want to blame other people for my misfortunes, and once in a great while, it was actually true! But deep down inside I knew that mostly, if something had gone wrong and trouble developed from it, the root cause was something I did, or through inaction something I did not do to prevent the harm.

I did grow to recognize that although I wanted things to change, I could not reduce my self-centeredness much by wishing or trying on my own power. Today I sometimes chide myself for wishful thinking by reminding myself that wishful thinking, plus five dollars, will get me a fancy coffee at Starbucks. For matters of attitude I don’t have \$5 God Dollars - but I do have a God who loves me as He loves all his children. I suppose it makes sense that my favorite song is Lauren Daigle’s “Love Like This”.

-David G.

April Discussion Topic

AA Big Book Pgs 66-67

If we were to live, we had to be free of anger. The grouch and the brainstorm were not for us. They may be the dubious luxury of normal men, but for alcoholics these things are poison.

We turned back to the list, for it held the key to the future. We were prepared to look for it from an entirely different angle. We began to see that the world and its people really dominated us. In that state, the wrong-doing of others, fancied or real, had power to actually kill. How could we escape? We saw that these resentments must be mastered, but how? We could not wish them away any more than alcohol.

This was our course: We realized that the people who wronged us were perhaps spiritually sick. Though we did not like their symptoms and the way these disturbed us, they, like ourselves, were sick too. We asked God to help us show them the same tolerance, pity, and patience that we would cheerfully grant a sick friend. When a person offended we said to ourselves, "This is a sick man. How can I be helpful to him? God save me from being angry. Thy will be done."

A big THANK YOU to everyone that participated this month!

Please submit your thoughts to:

centralintergroupnews@gmail.com by 3/20/22 to be included in the April Central News!

Maybe I'm one of those riotously-running self-will people, but I don't think our troubles are basically our own making: most of us have had a lot of help becoming people who think they have to be God, or at least God's right-hand man (even us women.) Taking ourselves OUT of that impossible responsibility, however, IS in our own hands, which gets easier once we stop leaning on the false premise that alcohol makes us stronger.

The beauty of AA is the recognition that the absence of God in our lives – or the absence of recognition that we humans are not God's answer to all Creation's problems - creates havoc for us and all those around us. Reasserting the right relations between humans and the rest of the world by rediscovering the existence of a power greater than ourselves and our species is an ongoing, necessary mission that has been with us since we first scribbled words in the dirt, and will be with us forever, or "until God's Earth is whole," to quote a Methodist songwriter, John Pitney (in "Walk Lightly On the Earth.") That day is nearer thanks to AA.

-Trudy W., Lindsay

To me this passage is all about His will, not mine. The statement, "we had to quit playing God. It didn't work." really hits me hard.

I am a chronic manipulator and planner. When self will is followed, I run every scenario in my head, every word is scripted, every action is calculated for a result, and every outcome is preplanned. If that expectation doesn't come to pass, then there would be hell to pay!

Today I get the freedom of turning my will and life over to the care of God! When something comes up I do my part and leave the rest to God!!

Since I got sober and learned to trust God absolutely, I have not yet encountered a situation that God could not handle!

-Louie T.

Two-Word Prayers: an offering for beginners

In meetings we sometimes hear people with lots of drink-free years say they have a daily practice that helps them maintain a sober frame of mind. I admire that constancy, but as a chronically undisciplined person, for me that's hard to do.

When I finally put the bottle down almost 7 years ago, I rediscovered a two-word prayer that had proven itself useful even during my last two decades of drinking: "oh help." I began to let myself say those two words even when I wasn't falling off a cliff, when I was just uncertain what to do next. As I'd learned before, help would arrive once I'd recognized my need for it.

A year ago or so I read somewhere in AA literature that it's good to start the day by claiming some humility, and to end the day with a short immersion in gratitude. I can see where these spiritual practices would be a huge benefit for most of us, but they may also take more effort than we've got in the beginning. After working for a year to build them into my day, I've found two more two word prayers that meet the need: "Good morning," and "Thank you."

"Good morning" serves to put a little humility into place by reminding myself there's Another in the room there with me even if it seems I'm alone. It also keeps our relationship on a more equal basis, what some of the Old Testament theologians call "commensurate." It's my way of being pleasant while slipping into the harness of covenant with my maker, preparing to see what this day has in mind for us.

"Thank you" is a way of recognizing that, no matter what the day has brought, I haven't had to face it alone, for which I'm now grateful no matter what. It's also a way of remembering all that has gotten me through this day, which I may have taken for granted or even resented, God forbid. I've had another day of life, which I might not have had if AA hadn't helped the bottle slip from my grasp.

Meister Eckhart, the 14th-century Christian mystic, is said to have said "If the only prayer you ever said was, 'Thank you,' that would be enough." I know we're not supposed to quote non-AA literature, but Bill & Bob crafted this whole program based on Christian literature, so forgive me this little disobedience. Maybe if you're a Christian mystic, one two-word prayer is all you need. But these three are what get me through the day. Oh, help. Good morning. Thank you.

Trudy W., Lindsay
Feb. 17, 2022

Tulare County Hospitals & Institutions

For the month of February: Hospitals & Institutions served the following facilities, Pine Manor, Women's Recovery Home and Turning Point. Pine Manor and Womens recovery have resumed to zoom. (the next 3 months) Turning Point continues to be in-person. Our local jails remain closed to meetings. H & I provides literature to facilities upon request and/or at time of in-person meetings.

H and I are in the process of planning a Regional H&I Workshop for early spring in conjunction with the other Areas. This will be a great opportunity to learn about this type of service work.

H & I continues to encourage all groups to elect an H&I Representative and to attend the business meeting. This will/would ensure we are carrying the collective conscience of Tulare County to the NorCal Committee.

The next H&I Orientation & Business meeting will be 03.26.2022 at 9:00 am, followed by the HI Business meeting at 10am. ID is: 848 7072 2515 and passcode- Sober with a capitol S.

The April orientation is on 04.23. 22 at 9am: ID is: 848 7072 2515 and passcode- Sober with a capitol S.

Note: All interested in this type of service work are welcomed/encouraged to attend. The information is also available at aa-tulareco.org.

Love & Service,

Boo

Newsletter Contributions

Hello Everyone,

This is Louie T. the editor of the Central News. Since I started editing the newsletter I have noticed that there are several ways to make contributions to the Central Office such as the Birthday Club, Individual Contributions, Grateful Givers, and Memorial Contributions. However, there is one contribution I have never seen used and that is the Newsletter Contribution.

If you enjoy the Central News, I invite you to make a donation to the Central Office on the name of the Newsletter

Financial Report

TULARE COUNTY CENTRAL OFFICE

Income & Expense Statement

1/21/22 THROUGH 2/20/2022

<u>INCOME</u>	<u>MONTH</u>	<u>YEAR TO DT.</u>
B.Day Club	19.00	122.00
CD & Tape Cont.	0.00	0.00
Grateful Givers Club	300.00	1,756.12
Group Cont.	1,088.54	5,268.98
Indiv Cont	738.00	1,959.70
Lit. Sales	559.45	1,353.60
Memorial Cont.	0.00	200.00
Misc.	0.00	0.00
Newsletter Cont.	0.00	0.00
S & H	0.00	0.00
Sales Tax	84.72	139.35
Service Charge	1.75	1.75
Spec. Events	0.00	0.00
Spec. Items	408.90	779.05
State fund dividend	50.00	50.00

TOTAL **\$8,379.66** **\$8,379.66**
EXPENSES **MONTH** **YEAR TO DT.**

Fees-Taxes	20.00	45.00
Insurance	550.00	550.00
Lit. Costs	767.08	1,124.53
PI-CPC Expense	0.00	0.00
Misc Expense	0.00	0.00
Newsletter Cost	0.00	0.00
Office Exp	64.28	592.76
Office Equip.& Maint	0.00	0.00
Phone & ISP	132.97	265.94
Ph-venmo	0.00	39.50
Postage	0.00	0.00
Employee Taxes	0.00	1,556.07
Returned Chk & Chg	0.00	0.00
Rent	600.00	1,200.00
Salary	1,309.66	3,237.61
Sales Tax-Paid	0.00	0.00
Security System	0.00	0.00
Spec. Events	0.00	0.00
Spec. Items	897.15	897.15
Card Charge	24.99	45.16
Utilities	108.63	222.20
Website	4.69	9.05

TOTAL **\$4,479.45** **9,784.97**
Net Gain(Loss) **(\$1,229.09)** **\$1,845.58**
BEGINNING TOTAL ACCT BAL: **\$23,001.01**
ENDING TOTAL ACCT BAL: **\$21,889.09**

Service Meetings AND ADDRESSES

GSR Meeting at Central Office
449 E. Maple St., Exeter, CA
Wednesday, March 2nd, 2022 at 7:00 PM
Zoom ID: 872 4177 2425 Passcode: D47GSR
(Telephone) Passcode: 546020
<https://us02web.zoom.us/j/87241772425?pwd=VEF1b-004WEhoNU5ReXErVDJpcDV1QT09>

CSR Meeting at Central Office
449 E. Maple St., Exeter, CA
Tuesday, March 8, 2022 7:00 PM

H&I Meeting
Zoom ID: 885 8119 7080 Password: Sober(capital S).
Saturday March 26, 2022 9:00 AM

SERVICE ADDRESSES

Tulare County Central Office
449 E. Maple St.
Exeter, CA 93221
Email: tccof@hotmail.com
Website: www.aa-tulareco.org

District 47, C.N.I.A.
P.O. Box 273
Exeter, CA 93221

CNIA Treasurer
PO Box 161712
Sacramento, CA 95816-1712

General Service Office
PO Box 459, Grand Central Station
New York, NY 10163

Central Office Contacts

Voice Mail Calls	4
AA Members	30
Court Ref/Info	0
Meeting Information	16
H&I	0
Alanon & Alateen Information	0
Info. re Recovery Homes	0
Schedules & Info-Mailed & Faxed	0
Bridging The Gap	0
Other 12 Step Programs	0
Visitors to Office	31
Literature Sales	10
Specialty Sales	11
Churches & Schools	0
General Information	21
Prospective Members	0
Twelve Step Calls	0
E-Mail Contacts	70
Spanish Contact	3

Total	108

Speaker Meetings

Porterville Recovery Club Speaker Meeting
186 W. Walnut Ave.
Friday February 4th, 2022 at 8:00 PM
Speaker: - TBA

Sunday AM Breakfast, Speaker Meeting
Veterans Memorial Building
36000 Hwy 190, Springville
Closed down until June 12, 2022

The Valley Group, Speaker Meeting
St. Paul's Episcopal Church
120 N. Hall St. Visalia, CA 93291
Every Wednesday from 7-8 p.m.
Speakers for October
3/2- Jeff B of Visalia 2 years
3/9- Julie O of Fresno 17 years
3/16- Orin R of Springville 1 year
3/23- Alice S of Visalia 6 years
3/30- Louie M of Fresno 41 years

Sunday Night Valley Group Serenity Seekers
914 W. Center Ave.
Visalia, CA 93291
7:30-9PM
Mar 6 Bear J. of Hanford
Mar 13 Samee J. Of Hanford

Central Service Meeting

Date: February 8th, 2022

Meeting called to order: Cheryl H. Time: 7:16 PM

Board members present: Cheryl H., William E., Patrick A., Sara S., David G. Absent: none

Serenity Prayer: said by all.

12 Traditions: Sheryl E.

AA member comments: none at this meeting.

Minutes of last meeting: Amended and approved.

Report of last Board meeting: Provided by Cheryl Hinton

Allocated positions: Cheryl Hinton is the president, Bill Evans is the vice president, David Gerisch is the secretary, and Sara Salvato is the member at large. Patrick Anderson continues as P.I./C.P.C. (Public Information / Communication with Professional Community). Noted that for service positions doing service meetings, we are not anonymous; but during an AA meeting or out in public, we are. Clarified secretary responsibilities. Bob Hinton had been authorized a raise in August, but it had not been implemented. Venmo tabled to next month. For the budget discussion, we want to get more feedback from each group.

Treasurer and office report: (Provided by Carol Ann Gable, Office Manager & Treasurer; read by Cheryl Hinton).

Central Office paid Bob Hinton for two weeks salary and 2 weeks vacation, which he donated back to Central Office as a Grateful Giver. We got an email from World Services that due to difficulty getting paper, they will not be able to print and deliver hard cover editions of the Big Book until late February. Forms were filed with appropriate government agencies to renew our non-profit status, and file W-2, W-3, and 4th quarter payroll taxes. The monthly bank statement was reconciled. Central Office will be closed Monday, February 21st, in honor of President's Day (Federal holiday).

Central Office had an income of \$8,379.88 and expenses of \$5,305.52, for a gain of \$3,074.14. Our Grateful Givers Club brought in \$1,456.12 and our Birthday Club brought in \$103.00 in much appreciated contributions.

Traffic and calls have been above average. Office operations are going well, and we are still fulfilling our primary purpose of carrying the AA message of recovery.

- Carol Ann Gable, Office Manager / Treasurer.

Last month, a question had been raised about the website expense being larger than expected. Carol Ann did the research, and the charge came from Network Solutions, Inc., which holds our DNS domain name aa-tulareco.org. Although \$16 (per year) is a normal service charge for DNS, Network Solutions included additional services to bump the bill up to almost \$70. During next year's renewal, we should only buy the \$16 domain name service.

Public Information report: Patrick A. provided the report.

Due to a technical malfunction, a summary report is provided here. Public Information & Cooperation with the Professional Community (P.I./C.P.C.). We inform professionals and future professionals about A.A. - What we are, where we are, what we can do, and what we cannot do. We attempt to establish better communication between A.A. and professionals, to establish simple, effective ways of cooperating without affiliating. We welcome ideas for potential events or anything that's upcoming that we can provide awareness of A.A.; please contact your local CSR or myself. - Patrick.

Volunteers to write Step and Tradition for Central News Step for newsletter

Issue	Step	Member	Due date
March	3	Erica E.	February 20
April	4	Sherrie D.	March 20

Send to: centralintergroupnews@gmail.com

Tradition for newsletter

Issue	Trad	Member	Due date
March	3	David G.	February 20
April	4	Bill E.	March 20

Send to: centralintergroupnews@gmail.com

Newsletter report: Provided by Louie T., read by Cheryl H.

Hello everyone!! I again dropped the ball on getting the newsletter out, I was out of town on business and got delayed due to airport closures last week and I just could make it happen. In response, I have a super hectic schedule, but I am going to set aside time to ensure I get it out in a timely manner.

The new feature "Big Book Discussion" didn't have the response I had hoped for but starting new engagement and discussion will take time so I am ready to double down and persevere, I know it will and will be a valuable addition to the newsletter.

In the "AA Birthday Section" I totaled the birthday years and we have 1,330 years of sobriety!! That's pretty amazing!! I will continue this going forward.

I have incorporated hyperlinks into the newsletter for all URLs. So if a reader wants to access the website from the cover page or sees a meeting they want to attend they can just click the link and it will navigate to the URL.

This could potentially be used to provide a link to the central office donation page or any other service links we on our websites we want to use. Another opportunity I see with the hyperlinks in mind might be to make a list of all the zoom meetings in the area with the links that could be joined from the list.

Respectfully,
Louie T.

Website report: Provided by David G.

Due to a change in analytics software, the website report will now report the previous month's traffic; where it used to report the previous 30 days as of the day of the report (the day of the report would vary from the 7th to the 14th).

For January 2022, we had 3,015 visits and 6,080 page views (each visitor viewed two pages, approximately). The list of today's meetings was most popular at 1,104 page views, followed by Online Meetings at 543 page views, then the front page at 509 page views. The printed meeting directory was downloaded 22 times, and the Central News newsletter was downloaded 14 times.

H & I report: Provided by Boo.

Hospitals & Institutions continue to serve the following facilities, Pine Manor Recovery, Women's Recovery Home, Mental Health and Turning Point. Both in person and zoom. Our local jails remain closed to meetings. H & I provides literature to facilities upon request and/or at time of in-person meetings. H & I continues to encourage all groups to elect an H&I Representative and to attend the business meeting. This will ensure we are carrying the collective conscience of Tulare County to the NorCal Committee.

Tulare Co. is collaborating with Fresno and Madera counties to have an H & I Unity day. More info to follow.

The next H&I orientation is on February 26th at 9am. ID 848 7072 2515 P/W Sober Our bi-monthly business meeting will be March 26th at 10am, prior to at 9am will be an orientation. The zoom acct. ID: 848 7072 2515 Password: Sober.

Note: All interested in this type of service work are welcomed/encouraged to attend. The information is also available at aa-tulareco.org.

Love & Service,
Boo

GSO liaison: Provided by David G.

There is a Motion to Amend the California Northern Interior Area (CNIA) Service Material Book to allow for larger expenses that are not in the budget. Because of the pandemic, expenses have dropped significantly, due to travel being replaced by online meetings (Zoom).

The CNIA 07 cash on hand is nearly five times higher than their prudent reserve. An attempt to buy online meeting video conference equipment was canceled because it wasn't in the budget, and the expense was greater than the rule allowed (5% of total). If passed, the rule will be changed to limit non-budgeted expenses to either 5% of total or 20% of the excess of the prudent reserves. All non-budgeted expenses still require 2/3 majority vote of the ACM.

BTG Chairperson: Sara S. will provide a report when she learns more.

CSR reports: due to a technical malfunction – the audio recording device did not – CSR reports are from email or a previous report.

Bridge Street Drunks, Sara S., CSR. We are a large group which hosts 19 meetings. We have literature and books at cost. Our birthday meetings are the last Saturday of the month noon meeting we have a chip giving ceremony, Cake coffee and hugs!! Our business meetings are the last Saturday of the month alternating times of either 8 AM or 1 PM. This month February we moved it to Saturday, February 19 at 1 PM. We encourage all to join us all are welcome. Our meeting times are Monday through Sunday 7 AM to 8 AM Monday through Sunday 12 noon to 1 PM Tuesday evening 6 to 7 PM book study Wednesday evening 6 to 7 PM 12 x 12 book study, Thursday evening seven to 8:30 PM big book study Saturday evening 7-8pm open mtg. Sunday Eve 5-6 pm 10th step study. With love and service Sara S.

Tuesday Women's Amity zoom group, Boo, CSR.

We meet every Tuesday on zoom from 6:30pm-7:30pm. The ID is on the Tulare Co. org website (click and there we are) The meeting is a closed Women's meeting. (Which only means we talk about our addiction to alcohol.) The group reads the daily reflections, step or tradition and share our experience strength and hope with each other. We celebrate lengths of sobriety with a chip. We provide a phone list and Big Book.
<https://us04web.zoom.us/j/76383444014?pwd=ZXhvVExJUjNRMVhsV2FXR0N1RmlwQT09>

Thank you for letting me be of service, Boo

Lindsay Fireside Fellowship, Trudy W., CSR.

We are a small, intimate, open topic discussion meeting, welcoming newcomers and old timers alike. We gather every Thursday from 7:30-8:30 in the Fireside Room of the United Methodist Church, NE corner of Honolulu and Gale Hill. We have met regularly through the pandemic thanks to the blessing of the church, and so we observe their protocols. Sometimes we use the book As Bill Sees It to generate topics, or we speak to a topic of importance to one of the attendees. We celebrate annual birthdays at the end of each month, and give monthly chips anytime for folks under one year.

Tuesday Night "Friends Of Bill W. and Doctor Bob" Patrick A., CSR. This is a Tuesday Night Open Meeting held at St. John's Episcopal Church, 1701 East Prosperity Avenue, Tulare CA, 93274 from 7:00 to 8:30 PM. We are a fellowship of men and women sharing our experience, strength, and hope. This is an indoor meeting, sanitized daily, masks are optional. We give out chips for various lengths of continuous sobriety and celebrate birthdays at the end of each month with cake and ice cream. We have cake and

ice cream regardless if anyone is celebrating a birthday. :-)
Newcomers are welcome, and anyone may attend.

Monday Men's Meeting, David G., CSR. We meet at the PPAV Hall in Visalia, at the corner of Burke and Main at 7:30 PM. This is a closed meeting for men only, for an hour and a half. We usually have 25-35 attendees. Every week we give chips for sobriety milestones under one year; the last Monday of the month we celebrate those members with full years behind them, with cheesecake (although last month it was the rare apple pie). Our business meeting is the first Monday of the month. We have coffee and literature (and candy), with a good amount of fellowship before and after. Grant C. is our Secretary.

Keep It Simple Sunday, David G. CSR.
We meet Sunday mornings at 10:00 AM in Blain Park in Visalia (on Court Street between Whitendale and Caldwell). Our meeting is 90 minutes in a beautiful (sometimes chilly) outdoor setting. This is an open meeting, and all are welcome. You want to bring a lawn chair or camp chair with you, and perhaps a blanket. We celebrate sobriety milestones and birthdays every meeting. We use the Daily Reflections book as a topic starter; then everyone shares, going around the circle (time permitting). Our Secretary is Ryan B., and business meetings are the last Sunday of the month, immediately after. Here in the colder weather, there are between 10 and 20 people attending our meeting.

Sunday PM Serenity Seekers, Erica E., CSR.
Serenity Seekers is a hybrid meeting on Sunday evenings at 7:30 PM. We are located at 914 West Center in Visalia. This is an open meeting that starts off with a speaker and then shares from the group after. All are welcome. The Zoom link is on the website. <https://zoom.us/j/291287156?pwd=c2N2R1B4THNZT3VJbzZleEorOXVtZz09>

Civic Center Group, Brett R., CSR.
Tuesday night Civic Center meeting is going well; we could use all the support we can get. Sometimes it's three or four of us, and other times it's standing room only. It is held at the Christ Lutheran church near Tulare and Demaree. It starts at 7:00 PM and goes to 8:00 PM. We have a new secretary that just started: Shanna.

Springville Breakfast Meeting, Sheryl E., CSR. no report this month; the meeting will resume in June.

Tuesday Womens Changes Meeting, Sheryl E., CSR.
We meet every Tuesday of the month from 6:00 to 7:00 PM at the 12 Step Recovery Club in Porterville. Vicki B. is our secretary, Sheryl E. is our treasurer. We average 25 women a week. The last Tuesday of each month we celebrate a birthday potluck and the group pays for our own plates,

spoons, cake etc...

Old business:

After hours phone service – discussed

Venmo – discussed

Budget – discussed

New business:

Twelfth Step Call List – the telephone numbers in the current list were called, and all but two are out of service or assigned to new phone owners. A new form was handed out: Member Registration Form. Please hand out these forms, and get people to sign up. The form has three options: 12 Step list, Bridging The Gap list, and Receive Central News.

Protection 1 security services – utility of, discussed.

Credit Card (Square) and Paypal service charges – we use these services, however their use incurs a service charge.

At the moment, Central Office eats the charge. Some organizations tack on the service charge, so that (for example) if a member donates \$20 via Paypal, Central Office gets \$20, and the member gets charged \$21.07 with the \$1.07 going to Paypal. Cash and paper checks do not invoke a fee. The fee is typically 2.9% – 3.4% (although for the \$20 donation, the fee is 5.4%). Question for all members (CSR's please take to your group): Would you be okay if Central Office passed along (recouped) the service charge when you use a credit card or Paypal (or in the future, Venmo)?

Seventh Tradition: \$29

Announcements: ACYPAA Marathon Meetings: would our groups please sign up to host a 1 hour slot?

Meeting adjourned: 8:33 PM

Central Office BOD Meeting

Date: February 8th, 2022 Time: 8:47 PM

Meeting called to order by: Cheryl Hinton, Board President.

The following are the Central Office Board Members:

President: Cheryl Hinton

Vice President: William (Bill) Evans

Secretary: David Gerisch

PI/CPC: Patrick Anderson

Member at Large: Sara Salvato

Board members present: Cheryl Hinton, William Evans, Patrick Anderson, Sara Salvato, David Gerisch

Absent: none

Previous minutes: Approved

March AA Birthdays

President's report: Began a monthly process to review the Birthday list. 12th Step Call list was reviewed and found to have only two members with current contact information.

Vice President's report:

Secretary's report:

Member At Large report:

Public Information & Cooperation with the professional community (P.I./C.P.C.) report:

Office Operations report: Going smoothly.

Old Business:

1. Budget – still in discussion; most members find the current monthly income and expenses summary to be sufficient.

2. Venmo – Bob had started the process, but with his passing we now need supporting documentation to change the registration.

3. The Central Office will be closed for President's Day, February 21st.

New Business:

1. Carol Ann Gable is hired as the new Office Manager replacing Bob Hinton who passed away.

2. Checking Account: Carol Ann Gable and Bill Evans will be added as signatures on the checking Account at Bank of Sierra. Robert Hinton and Erica Epperson DeMello will be deleted from the checking account at Bank of Sierra. Cheryl Hinton will continue as signature on checking account.

3. Discussion of ADT Alarm expense.

4. Founders Day Picnic – planning for June 4 at Mooney Grove park will begin.

Announcements:

Meeting Adjourned: 9:14 PM

David Gerisch, Secretary

Name	City	Years
Manuel C.	Tulare	47
Kristi H.	Visalia	46
Art W.	Lampasas TX	44
John G.	Armona	39
Barbara S.	Hanford	39
Ray D.	Tulare	38
Laura H.	Visalia	38
Sylvia M.	Visalia	37
Rod R.	Tulare	35
Cy F.	Visalia	35
Sheri D.	Visalia	35
Jesse M.	Porterville	34
Marcie M.	Porterville	34
Anita B.	Lemoore	33
Lawrence C.	Tulare	31
Dave S.	Visalia	29
Tom S.	Visalia	29
Wendy S.	Visalia	29
Gary S.	Three Rivers	27
Jeanmarie D.	Porterville	20
Mitch H.	Terra Bella	20
Jeff P.	Visalia	19
Stephanie G.	Visalia	18
Chuck W.	Exeter	17
Edward V.	Dinuba	16
Pete B.	Camp Nelson	14
Steven S.	Visalia	11
Zach D.	Colorado	9
Nick V.	Visalia	7
Kenneth B.	Porterville	6
Sarah S.	Visalia	4
Raymond G.	Visalia	2

*****That is 842 years of sobriety!!*****



Group Contributions

1/21/22 - 2/20/22

	Month	YTD
1st Friday Spkr Mtg	25.00	25.00
Alpha-Wed-Tulare		0.00
As It Is Outlined in Book		0.00
Breath of Fresh Air		0.00
Bridge St. "Drunks Only"		234.20
Civic Center Grp.		0.00
Clodbusters-Tulare		0.00
Crossroads-Tulare		0.00
CSO Meeting	29.00	65.00
District 47		413.24
Bill & Friends		0.00
Exeter-Quiet Trails	100.00	200.00
Exeter Sun Afternoon		0.00
Foundation Group		0.00
Freedom Fellowship	125.00	125.00
Fri. Recovery Club		0.00
Fri. Night Study Tulare		0.00
Half & Half		0.00
Hillman Group		0.00
Keep it Simple Sunday		0.00
Lindsay Fireside Grp		0.00
Men's Valley Book Study		0.00
Monday Men's Mtg.	100.00	300.00
Mid Valley-Tulare		0.00
Mon Book Study-S'ville		0.00
Mon Lit Study-Visalia	125.00	245.00
Mon. Women's Reflections		0.00
Nooners Group-Visalia		0.00
Pine Recovery AA Mtg		0.00
Porterville Young People		0.00
Practicing The Principles		0.00
Rainbow Group		229.00
Rule 62-Visalia		0.00
Serenity Junction-Tulare		0.00
Serenity Seekers AM-Visalia		0.00
Sober Sisters		0.00
Wed. Sobriety Celebration		0.00
Sat Night Believers		0.00
Springville Gut Level	100.00	100.00
St. Ritas AA Group		0.00
Sun Bkfst Spkr Mtg		0.00
Sun PM Serenity Seekers		0.00
The Shack-Fri Night		0.00
Tulare Young People		0.00
TUFYPAA		0.00

Tulare Fri. Book Study		0.00
Tulare Tuesday Night		0.00
Tulare Thur. Noon		0.00
Tulare Sunday Night		0.00
Tues. Men's-P'ville		0.00
Three Rivers-Monday		0.00
Three Rivers-Friday		0.00
TWAG		209.00
Unity Thru Traditions		0.00
Valley Group		1800.00
Valley Speaker Series	484.54	484.54
Visalia Alano		839.00
Wed. Acceptance, P'ville		0.00
Weekend Attitude Adj.		0.00
Women's Amity-Visalia		0.00
Women's Changes-P'ville		0.00
Women's Fri. Night-P'ville		0.00
Women in Unity		0.00
Women's Sat AM 12x12		0.00
Young & Restless		0.00
	1088.54	5268.98

District 47 Meeting Minutes

February 2, 2022

This is a Zoom meeting with members participating from various locations.

Meeting Called to Order: 7:05 p.m. by DCM Allen L.
Committee: Allen L., DCM; Ralph D., GSR for Bridge Street Drunks Only Group; Ally A., GSR for the Saturday Women's 12x12 Study, Josh F. Treasurer; David G. Guest (CSO Liaison).

The GSR Preamble was read by all attendees. "We are the General Service Representatives. We are the link in the chain of communication for our groups with the General Service Conference and the world of A.A. We realize the ultimate authority in A.A. is a Loving God as he may express himself in our Group Conscience. As trusted servants, our job is to bring information to our groups in order that the groups can reach an informed group conscience. In passing along this group conscience, we are helping to maintain the unity and strength so vital to our fellowship. Let us, therefore, have the patience and tolerance to listen while others share, the courage to speak up when we have something to share, and the wisdom to do what is right for our groups and A.A. as a whole."

12 Traditions: read by David G.

Concept 12: Concept 2 long form read and explained by Allen L.

Approval of Minutes: January 5, 2022 minutes approved.

Treasurer's Report: We had a balance forward of \$2449.76. Donations came from Women's Amity Group \$41.80, Keep It Simple Sunday \$80.00 and \$35.00 for a total income of \$156.80. Thanks to these groups for their contributions! Our current balance is \$2606.56.

CSO Liaison Report: Central Office board member David G reported that Carol Ann G was hired as Central Office's new office manager, filling the position left vacant by Bob H's passing. The Central Office newsletter is requesting stories about Bob H for a special memorial section of the upcoming newsletter—submit stories to CentralintergroupNews@gmail.com . Bob's memorial service will be held on February 26,2022 at 11AM to 3PM at the Springville Memorial Building.

Registrar: No Report

H&I Report: Tulare County Hospital & Institution Committee Rafael D.

Tulare County H&I continues to bring meetings to Pine Recovery, Mothering Heights, Turning Point, Mental Health remaining flexible to the current conditions by holding panels in person or zoom as decided by the facilities due to Covid outbreaks. Early in January, we received word that CDCR would not be allowing visitors from January 9 through the 24th due to Covid outbreaks. However, no re-entry date has been established. SATF and Tulare County Jail have not reopened to volunteers since the onset of Covid in 2020. We maintain contact with all facilities and provide literature upon request. We have had a couple of inquiries from residents inside facilities. We are in the process of making contact with the administration of the facilities and propose H&I panels.

At our last H&I Business Meeting, we discussed the information from the 1/8/22 Steering Committee Meeting: Our financial position remains strong at the end of our new fiscal year; IVSS is offering one on one sponsorship to 64 inmates at San Quentin and 6 at Salinas Valley; The NorCal Committee is working with General Service in hopes to get the IVSS program entered into the AA Corrections Handbook, which would take this program from local to national; The opposition brought forth at the Steering Committee regarding the proposed restructuring was discussed and the Areas remain in favor of the restricting proposal. At the Fresno Area Meeting, the Region 190 Spanish Chair was in

attendance, and we hope this open communication will continue. Fresno Area discussed and is moving forward with a request to take H&I Panels to a program geared toward the homeless in accordance with our confinement considerations. This is a step in the direction of dispelling some of the old ideas which H&I has operated in our local region. The Area Chairs and Regional Chair met and are moving forward with planning a Regional Workshop moved to May, this will be held outside to ensure compliance with any Covid restrictions.

Our next orientation is 9:00 am 2/26/22 and 3/26/22. The next business meeting is 3/26/22 at 10:00 am. meeting ID: 848 7072 2515 Password: Sober (capital S).

Thank you for allowing me to be of service:
Rafael Delgado, GSR Bridge Street Drunks & H&I Liaison

DCM Report: Allen L attended the Winter Assembly, January 15-16 via Zoom. Scheduled in-person assembly was switched to Zoom at the last minute due to Covid concerns. Preliminary Agenda Items list is out and available on the cnia.org website on the delgate's page. The motion made last November to amend the CNIA Service Material Book was written up and presented at the Winter Assembly. GSRs were asked to get group input for an informed vote at the next assembly. PRAASA will be a virtual event (Zoom) March 4-6. Register online at <https://praasa.org>

Old Business: Reflection and discussion on the poorly attended "General Service 411" virtual unity event.

New Business: David G, Central Office board member volunteered and was appointed to serve as the CSO/ District 47 Liaison.

Seventh Tradition: None

ANNOUNCEMENTS: Bob's Memorial Service on February 26th at 11AM to 3PM at the Springville Veterans Memorial Building.

DECLARATION OF UNITY: Read by all: "This we owe to A.A.'s future: To place our common welfare first, to keep our fellowship united. For on A.A. unity depend our lives, and the lives of those to come."

RESPONSIBILITY DECLARATION: "I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible."

The meeting was adjourned at 7:45 p.m.

Respectfully submitted,
Allen L, Distict 47 DCM

Lighter Side of AA

Shorties...

What do a law student and a recovering alcoholic have in common?

They both have to pass the bar.

The son went to his dad and asked him, "Dad, what's an alcoholic?"

So the dad replied, "Do you see those four trees? Well, an alcoholic would see eight."

The son replied, "But Dad, I only see two."

What do you get when you mix alcohol and literature?
Tequila Mockingbird.

My dad's answer to everything is alcohol.
He doesn't drink, it's just that he's really bad at crossword puzzles.

Where does a Canadian alcoholic go to get help?
Eh Eh

I bought an alcoholic ginger beer.
He wasn't happy.

An alcoholic law student walks into a bar.
He regretted not passing the bar.

What do alcoholic horses drink?
Chardonnay.

Why do mosquitoes prefer to drink alcohol instead of blood?
Because it gives them a nice buzzzzzzz.

The Lecture

An elderly man is stopped by the police around 2 a.m. and is asked where he is going at this time of night.

The man replies, "I am on my way to a lecture about alcohol abuse and the effects it has on the human body, as well as smoking and staying out late."

The officer then asks, "Really? Who is giving that lecture at this time of night?"





Don't Forget!

**NO Sunday Speaker Breakfast
In
Springville**

Until June 12, 2022

Our Speaker that day

**Beverly M.
Lancaster, CA**

CCCAA GOLF TOURNAMENT



Join Us March 20, 2022

Shot Gun 12:00 pm

ENTRY FEE \$95

Includes: Play, Cart, Raffle
Ticket, Range Balls, Lunch + 1 Drink

**Prizes &
Course Contests**
Net First and Second
Closest to Pin
Longest Drive

Entry Form

Name _____

Address _____

City / Zip Code _____

Phone _____

Email _____

**Register Online at www.3c-2a.org
3018 Ridge Creek Drive | Dinuba, CA 93618**

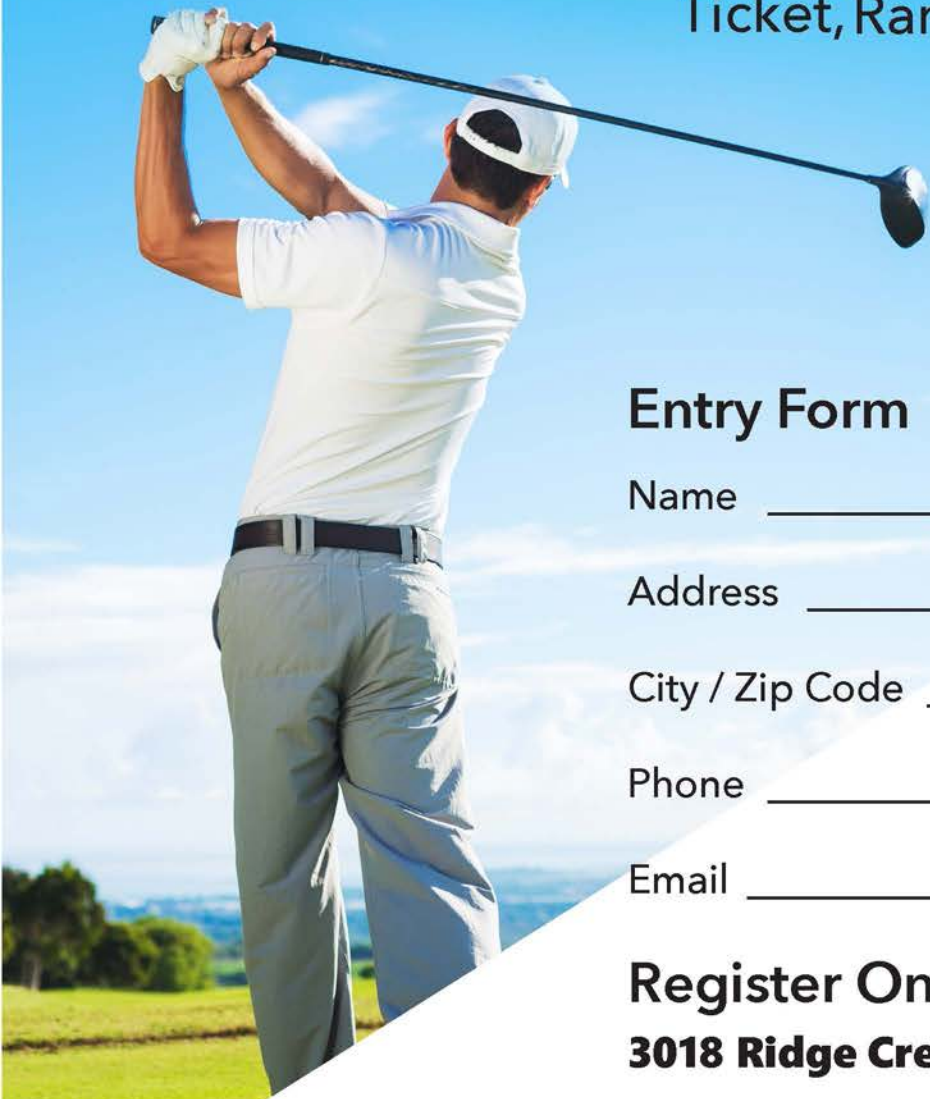
Course Sponsorship

- Hole Sponsor \$200
- Hole Sponsor + Banner \$300

Contact:

- Jon F. 559-978-0795
- Golf3C2A@gmail.com

RIDGE & CREEK
DINUBA GOLF CLUB



Your Content Here!!!

Have an event????

New group starting up?????

Have a story to share???

Take some amazing photos around our district???

Want to be of service????

All this can be accommodated-we are available to help! Simply reach out to us here at Central News and we will do all we can to get the word out!!!

Carrying the message to the Alcoholic who still suffer is our primary purpose. What better way to do it then to get involved!!!!

Send your content to:

centralintergroupnews@gmail.com

... and we will help you communicate to district 47!!!