

CENTRAL NEWS

April 2022

Website: www.aa-tulareco.org



Twelve Suggested

Spring Afternoon, Lake Success Porterville, CA Louie T.

Nobody invented Alcoholics Anonymous. It grew. Trial and error has produced a rich experience. Little by little we have been adopting the lessons of that experience, first as policy and then as tradition. That process still goes on and we hope it never stops. Should we ever harden too much the letter might crush the spirit. We could victimize ourselves by petty rules and prohibitions; we could imagine that we had said the last word. We might even be asking alcoholics to accept our rigid ideas or stay away. May we never stifle progress like that!

Yet the lessons of our experience count for a great deal—a very great deal, we are each convinced. The first written record of A.A. experience was the book, Alcoholics Anonymous. It was addressed to the heart of our foremost problem—release from the alcohol obsession. It contained personal experiences of drinking and recovery and a statement of those divine but ancient principles which have brought us a miraculous regeneration.

Since publication of Alcoholics Anonymous in 1939 we have grown from 100 to 24,000 members. Seven years have passed; seven years of vast experience with our next greatest undertaking—the problem of living and working together. This is today our main concern. If we can succeed in this adventure—and keep succeeding—then, and only then, will our future be secure.

Since personal calamity holds us in bondage no more, our most challenging concern has become the future of Alcoholics Anonymous; how to preserve among us A.A.s such a powerful unity that neither weakness of persons nor the strain and strife of these troubled times can harm our common cause. We know that Alcoholics Anonymous must continue to live. Else, save few exceptions, we and our brother alcoholics throughout the world will surely resume the hopeless journey to oblivion.

Almost any A.A. can tell you what our group problems are. Fundamentally they have to do with our relations, one with the other, and with the world outside. They involve relations of the A.A. to his group, the relation of his group to Alcoholics Anonymous as a whole, and the place of Alcoholics Anonymous in that troubled sea called Modern Society, where all of humankind must presently shipwreck or find haven. Terribly relevant is the problem of our basic structure and our attitude toward those ever pressing questions of leadership, money and authority.

The future may well depend on how we feel and act about things that are controversial and how we regard our public relations. Our final destiny will surely hang upon what we presently decide to do with these danger-fraught issues!

—Bill Wilson AA Grapevine April 1946

Step 4 *Made a searching and fearless moral inventory of ourselves.*

What you say, who does this? And what does this really mean?

I surely didn't understand this step, however, by completing steps one (being honest and surrendering) step two (keeping an open mind) and step three (having the willingness) the big book states: with these three things, we are well on our way! I hit the mother lode and once the first three steps were completed I was so ready to put pen to paper, so ready to find that freedom from bondage that y'all talked about. Working these steps in order is so very important.

My sponsor gave me a list of some character defects that all people have; they are the seven deadly sins: pride, greed, wrath, envy, lust, gluttony and sloth... while having these words next to me I began my fourth: I listed my resentments, my fears and my sexual behaviors... then wrote the causes, and what part was I hurt or threatened: was it my self esteem, pride, emotional security, pocket book, ambitions, personal relations and/or sex relations....and with further inventory into where I was to blame...was I dishonest, selfish, self seeking, frightened or just plum inconsiderate. WOW!! It was simply amazing to me on just how much I had played a part in almost everything I listed...

I believe in the program of alcoholics anonymous. I believe in a higher power! I truly believe in these steps for they have changed my life. The last sentence in the twelve by twelve; step four; reads: (it)this will be the first tangible evidence of our complete willingness to move forward... I continued my sobriety journey and moved forward with the remaining steps.....I have found that freedom of bondage and I truly try to walk with the sunlight of the spirit!

Sponsor, if you're reading this...1, 2, 3. BOOYAH... Honestly, openmind and willingness, with these we are well on our way!

Thank you GOD
In loving service

—Sherri D (3-13-87)

Tradition 4 *Each group should be autonomous except in matters affecting other Groups or A. A. as a whole.*

After volunteering to write about Tradition Four, I proceeded to begin by dissecting this Tradition one word at a time. I thought I would pontificate glowingly on each word, diving into the deeper meanings and subtext of each word, revealing the true meaning of each word, then tying it all back together again with a clarity never seen before... then I read Tradition Four in the Twelve and Twelve.

I found a passage that I had highlighted in some previous reading; "Middleton Group #1, Rule #62... Don't take yourself too damn seriously."

The meaning of Tradition Four is right there: no deep dive needed. Your meeting is your meeting. You, (the group), get to decide how the group operates. Just don't do something that will affect other groups, or A. A. as a whole. You don't want someone else to mess with your group and the way it operates, so don't mess with someone else's group and the way it operates.

This thing has been rolling along for some 80 years. It ain't broke, don't fix it, and don't take yourself too damn seriously.

—William

Contributions

Birthday Club

Pete B	14
Linda N	20
Cheryl H	42
Jolene E	48

GRATEFUL GIVERS CLUB

Members	259.00
---------	--------

Individual Contributions

Anonymous
Anonymous
David G
Jim K
Jolene E
Sandra K

Newsletter Contributions

None

Memorial Contribution

None

Big Book Discussion

April Big Book Discussion

AA Big Book Pgs 66-67

If we were to live, we had to be free of anger. The grouch and the brainstorm were not for us. They may be the dubious luxury of normal men, but for alcoholics these things are poison.

We turned back to the list, for it held the key to the future. We were prepared to look for it from an entirely different angle. We began to see that the world and its people really dominated us. In that state, the wrong-doing of others, fancied or real, had power to actually kill. How could we escape? We saw that these resentments must be mastered, but how? We could not wish them away any more than alcohol.

This was our course: We realized that the people who wronged us were perhaps spiritually sick. Though we did not like their symptoms and the way these disturbed us, they, like ourselves, were sick too. We asked God to help us show them the same tolerance, pity, and patience that we would cheerfully grant a sick friend. When a person offended we said to ourselves, "This is a sick man. How can I be helpful to him? God save me from being angry. Thy will be done."

Comments

When I was drinking I had little thought of my part in life. Working the Fourth Step inventory was the first time I had given serious thought to my actions rather than my reactions to what others had done to me. I am ever so grateful to my Sponsor who explained to me that a Resentment was just feeling an old hurt. That my Anger (identified in column three) usually was masking some form of Fear.

He taught me to take action to develop a new manner of living based on a more Spiritual outlook on life. One of the first steps was to look at "my part" (the fourth column on my grudge list). There were places in my life where selfishness, self-seeking, dishonesty, and being frightened had led to resentments. There were also places in my life where I hadn't done anything in a situation, but simply been the victim.

With this clarification and honesty with my Sponsor

I was willing to set these matters straight (the fifth column) and list what I am willing to do different now. Thus laying the ground work for the life I have now. I am not perfect, but I have a new outlook upon life – helping others and keeping my mind outward focused rather than inward focus.

—Reyes A., Rainbow AA Group, Visalia

This is a very important passage for my life, as a chronic manipulator I have developed a lifelong habit of planning, for any interaction I would unconsciously and sometimes consciously play out every scenario in my mind to determine how to best get what I want out of every situation. When I didn't get my way I acted like a big grouchy baby.

Today I have lost my privilege to the grouch and brainstorm... They are the opposite of love, tolerance, and faith.

Luckily for me and for AAs, if we do the work and do what is suggested, we will be relieved not only of our alcoholism, but those harmful compulsions will be replaced with a life that is better than we can imagine if we let God do it.

—Louie T.

Anger to the alcoholic is what chasing cars is to dogs. It's an immense, pleasurable, instinctive and ultimately self destructive splurge and an attempt at domination and power. The dog protects his realm and demonstrates his ferocity to passers by. He has every right to show off his dedication to self defense and alpha dog response to the intrusion.

This kind of hot headed response to some supposed intrusion of space or even a simple difference of opinion can project the alkie into a tailspin completely out of proportion with the offense. It's almost like a drunken spree. Our faces redden, we say and do things we regret later and some of us even black out and forget the explosion all together.

I wonder which of our founders was plagued in this way. Maybe both of them recognized the destructive power of the brainstorm of the grouch.

—Anonymous

May Discussion Topic

AA Big Book Pgs 66-67

We pocket our pride and go to it, illuminating every twist of character, every dark cranny of the past. Once we have taken this step, withholding nothing, we are delighted. We can look the world in the eye. We can be alone at perfect peace and ease. Our fears fall from us. We begin to feel the nearness of our Creator. We may have had certain spiritual beliefs, but now we begin to have a spiritual experience. The feeling that the drink problem has disappeared will often come strongly. We feel we are on the Broad Highway, walking hand in hand with the Spirit of the Universe.

Please submit your thoughts to:

centralintergroupnews@gmail.com by 4/20/22 to be included in the April Central News!

Support the Central Office

Supporting the Central Office is a very important and valuable thing for our fellowship! Now it is easier than ever!

Donate Today using Venmo



Tulare County

Hospitals & Institutions

April, 2022 Report

H & I would like to start off by thanking our volunteers for their support and dedication during these trying times.

This month H and I would like to encourage all groups to elect an H & I Representative from your groups, H & I urge volunteers to attend the bi-monthly business meeting. This would ensure we are carrying the collective conscience of Tulare County to the NorCal Committee.

Hospitals & Institutions served the following facilities for the month of March: Pine Manor, Women's Recovery Home and Mental Health. Pine Manor and Womens recovery are continuing on zoom. (February through April) Mental Health commenced back in person for the month of March. Turning Point has been in hiatus mode but will resume in person the month of April. H & I provides literature to facilities upon request and/or at time of in-person meetings.

Our local jails remain closed to meetings due to the pandemic.

H and I continue to bring forward the proposal for H&I re-structure for 2022 manual revisions.

H and I are in the process of planning a Regional H&I workshop for later in the year, this will be in conjunction with the other Areas. This will be a great opportunity to learn about this type of service work.

The next H&I Orientation will be 04.23.2022 at 9:00 am, at 10am. ID is: 848 7072 2515 passcode- Sober with a capitol S.

Please note & mark your calendars for the following change.

The May business meeting will be May 21st at 10am: Due to the Memorial weekend holiday. ID is: 848 7072 2515 and passcode- Sober with a capitol S. H and I orientation will remain the 4th Saturday May 28th at 9am. ID is: 848 7072 2515 and passcode- Sober with a capitol S.

Love & Service,
Boo

April AA Birthdays

Name	City	Years
Jolene E.	Visalia	48
Bill M.	Visalia	45
Mike W.	Visalia	43
Cheryl H.	Springville	42
Sammy	Tulare	42
Wanda B.	Lindsay	42
Helen Z.	Visalia	41
Robin F.	Ivanhoe	40
Rocky R.	Dinuba	39
Rick D.	Visalia	38
Rick W.	Visalia	36
Janet T.	Visalia	36
Patty P.	Visalia	36
Clayton F.	Tulare	35
Neil N.	Exeter	35
Charlie M.	Visalia	34
Julio Q.	Porterville	34
Roger G.	Visalia	34
Sheila W.	Visalia	34
Brent G.	Springville	33
Kolene L.	Visalia	33
Kathy R.	Visalia	33
Danny	Porterville	33
Rick R.	Porterville	33
Albert G.	Visalia	33
Jim W.	Three Rivers	32
Shirley A.	Tulare	32
Karen L.	Sacramento	32
Sue H.	Visalia	32
T.O. A.	Lindsay	31
JC E.	Visalia	30
Joe S.	Porterville	30
John B.	Visalia	29
Mike R. Jr.	Woodlake	29
Maria W.	Porterville	29
Lindsay D.	Springville	29
Pat R.	Visalia	29
Nancy S.	Tulare	28
Catherine S.	Visalia	27
Marvin A.	Tulare	27
Bill E.	Tulare	25
Kathy E.	Exeter	22
Jeff H.	Porterville	20
Sean M.	Visalia	18
John H. Jr.	Visalia	18
Ricky G.	Dinuba	18
Bill H.	Visalia	17
Carson T.	Exeter	14
Debbie	Visalia	14
Rick R.	Visalia	14
Lucinda A.	Visalia	13
Frank S.	Visalia	12
Sheryl E.	Springville	9
Trudy W.	Lindsay	7
Alice S.	Tulare	6

Financial Report

TULARE COUNTY CENTRAL OFFICE

Income & Expense Statement

2/21/22 THROUGH 3/20/2022

<u>INCOME</u>	<u>MONTH</u>	<u>YEAR TO DT.</u>
B.Day Club	124.00	246.00
CD & Tape Cont.	0.00	0.00
Grateful Givers Club	259.00	2,015.12
Group Cont.	1,383.84	6,652.82
Indiv Cont	173.84	2,558.01
Lit. Sales	283.10	1,300.20
Memorial Cont.	0.00	200.00
Misc.	0.00	0.00
Newsletter Cont	0.00	0.00
S & H	0.00	0.00
Sales Tax	42.95	189.50
Service Charge	0.00	1.75
Spec. Events-picnic	0.00	0.00
Spec. Items	205.75	1,003.55
State fund dividend	0.00	50.00

TOTAL	\$2,472.48	\$14,216.95
<u>EXPENSES</u>	<u>MONTH</u>	<u>YEAR TO DT.</u>
Fees-Taxes	0.00	45.00
Insurance	0.00	550.00
Lit. Costs	1,717.86	2,842.39
PI-CPC Expense	0.00	0.00
Misc Expense	0.00	0.00
Newsletter Cost	0.00	0.00
Office Exp	113.98	706.74
Office Equip.& Maint	0.00	0.00
Phone & ISP	132.97	398.91
Ph-venmo	19.00	58.50
Postage	0.00	0.00
Employee Taxes	0.00	1,556.07
Returned Chk & Chg	0.00	0.00
Rent	600.00	1,800.00
Salary	1,309.66	4,547.27
Sales Tax-Paid	0.00	0.00
closed account	(35.92)	(35.92)
Spec. Events-picnic	200.00	200.00
Spec. Items	319.00	1,216.15
Card Charge	7.04	52.20
Utilities	104.22	326.42
Website	5.05	14.10

TOTAL	\$4,492.86	14,277.83
Net Gain(Loss)	(\$2,020.38)	(\$60.88)
BEGINNING TOTAL ACCT BAL:	\$21,889.09	
ENDING TOTAL ACCT BAL:	\$20,168.71	

Thats 1,605 Years of Sobriety!!!

Service Meetings AND ADDRESSES

GSR Meeting at Central Office
449 E. Maple St., Exeter, CA
Wednesday, April 6th, 2022 at 7:00 PM

CSR Meeting at Central Office
449 E. Maple St., Exeter, CA
Tuesday, April 12th, 2022 7:00 PM

H&I Meeting
Zoom ID:885 8119 7080 Password: Sober(capital S).
4th Saturday May 28th at 9am.

SERVICE ADDRESSES

Tulare County Central Office
449 E. Maple St.
Exeter, CA 93221
Email: tccof@hotmail.com
Website: www.aa-tulareco.org

District 47, C.N.I.A.
P.O. Box 273
Exeter, CA 93221

CNIA Treasurer
PO Box 161712
Sacramento, CA 95816-1712

General Service Office
PO Box 459, Grand Central Station
New York, NY 10163

Central Office Contacts

Voice Mail Calls	9
AA Members	32
Court Ref/Info	2
Meeting Information	11
H&I	0
Alanon & Alateen Information	0
Info. re Recovery Homes	0
Schedules & Info-Mailed & Faxed	1
Bridging The Gap	0
Other 12 Step Programs	0
Visitors to Office	17
Literature Sales	6
Specialty Sales	7
Churches & Schools	0
General Information	11
Prospective Members	0
Twelve Step Calls	0
E-Mail Contacts	85
Spanish Contact	3

Total	184

Speaker Meetings

Porterville Recovery Club Speaker Meeting
186 W. Walnut Ave.
Friday April 1st, 2022 at 8:00 PM
Speaker: - TBA

Sunday AM Breakfast, Speaker Meeting
Veterans Memorial Building
36000 Hwy 190, Springville
Closed down until June 12, 2022

The Valley Group, Speaker Meeting
St. Paul's Episcopal Church
120 N. Hall St. Visalia, CA 93291
Every Wednesday from 7-8 p.m.
Speakers for October
4/6- Nikki W of Porterville 9 years
4/13- Lawrence C of Tulare 31 years
4/20- Scot L of Visalia 34 years
4/27- Laoreal J of Visalia 4 years

Sunday Night Valley Group Serenity Seekers
914 W. Center Ave.
Visalia, CA 93291
7:30-9PM
4/3- Teddy B. of Visalia
4/10- Elizabeth I. of Visalia
4/17- Chris O'D. of Hanford
4/24- Shelly J. of Tulare

Newsletter Contributions

Hello Everyone,

This is Louie T. the editor of the Central News. Since I started editing the newsletter I have noticed that there are several ways to make contributions to the Central Office such as the Birthday Club, Individual Contributions, Grateful Givers, and Memorial Contributions. However, there is one contribution I have never seen used and that is the Newsletter Contribution.

If you enjoy the Central News, I invite you to make a donation to the Central Office on the name of the Newsletter

Central Service Meeting

Date: March 8th, 2022

Meeting called to order: Cheryl H. Time: 7:10 PM

Board members present: Cheryl H., William E., Patrick A., Sara S., David G. Absent: none

Serenity Prayer: said by all.

12 Traditions: Sheryl E.

AA member comments: none at this meeting.

Minutes of last meeting: Amended and approved.

Report of last Board meeting: Provided by Cheryl Hinton
President's report: We began a monthly process to review the Birthday list. The 12th Step Call List was reviewed and found to have only two members with current contact information. Office operations have been running smoothly. Old Business: (1) Budget request; most CSRs have reported, also members who came into the office – they find the current monthly income and expense summary to be sufficient. (2) Venmo; with Bob's passing, we need supporting documentation to change the registration. (3) Central Office will be closed February 21st for President's Day. New Business: (1) Carol Ann Gable is hired as Office Manager, replacing Bob Hinton – meeting minutes written to satisfy Bank of the Sierra. Checking account – signatures updated. Discussion of ADT Alarm expense. Founders Day Picnic will be June 4th, planning begins.

Treasurer and office report: (Provided by Carol Ann Gable, Office Manager & Treasurer; read by Cheryl Hinton).
Central Office had an income of \$3,250.36 and expenses of \$4,478.45, for a loss of \$1,229.09.

Our Grateful Givers Club brought in \$300 and our Birthday Club brought in \$19.00 in much appreciated contributions. The loss is because we ordered more specialty items and literature.

Group contributions and individual contributions were very good. We had \$668.50 in gross sales in 9 transactions for credit and debit cards last month.

Traffic and calls have been above average. Office operations are going well, and we are still fulfilling our primary purpose of carrying the A.A. message of recovery.
- Carol Ann Gable, Office Manager / Treasurer.

Public Information report: Patrick A. provided the report. Public Information & Cooperation with the Professional Community (P.I./C.P.C.). We inform professionals and future professionals about A.A. – What we are, where we are, what we can do, and what we cannot do. We attempt to establish better communication between A.A. and professionals, to establish simple, effective ways of cooperating without affiliating. We welcome ideas for potential events or anything that's upcoming that we can

provide awareness of A.A.; please contact your local CSR or myself. We will have a booth at the Founders Day Picnic. Things are opening up.
- Patrick.

Discussion re whether P.I./C.P.C. would have a booth at the Valley Speaker Series events and/or the ACYPAA Roundup in Visalia.

Volunteers to write Step and Tradition for Central News
Step for newsletter:

Issue	Step	Member	Due
April	4	Sherri D.	March 20
May	5	TBD	April 20

email to CentralintergroupNews@gmail.com

Tradition for newsletter:

Issue	Trad	Member	Due
April	4	Bill E.	March 20
May	5	David G.	April 20

email to CentralintergroupNews@gmail.com

Newsletter report: Provided by Louie T., read by Cheryl H.
Hello my friends!

I want to start by saying thank you! I have had a lot of interest in the newsletter last month. A big thank you to the people that contributed to big book discussion, Reyes, Michael, Theresa, Trudy, and David G. Also, a big, big thank you to Trudy for her article "Two Word Prayers: an offering for beginners"!

The CSR for my home group announced that the newsletter was looking for people to contribute, so if other CSRs in other groups made similar announcements it helped. I would like to encourage all CSRs to make an announcement at their business meeting about the newsletter, contributing content, and also the Big Book Discussion.

I appreciate everyone's hard work and I am grateful for the opportunity to be of service.
Respectfully,

Louie T.

Website report: Provided by David G.

For February 2022, we had 1,894 visitors and 3,496 page views. The printed meeting directory was downloaded 13 times, and the Central News newsletter was downloaded 5 times. The list of today's meetings was most popular, followed by Online Meetings, then the front page. The fourth most popular page was the Weekday Noon Valley Group Online A.A. meeting.

H & I report: Provided by Boo.

Hospitals & Institutions continue to serve the following facilities, Pine Manor Recovery, Women's Recovery Home, and Turning Point. Pine Manor and Women's Recovery have resumed back to Zoom for the next three months. Turning

Point continues to be in-person. Our local jails remain closed to meetings. H & I provides literature to facilities upon request and/or at time of in-person meetings. H & I are in the process of planning a regional H & I workshop for early spring in conjunction with other areas.

H & I continues to encourage all groups to elect an H&I Representative and to attend the business meeting. This will ensure we are carrying the collective conscience of Tulare County to Northern Cal.

The next H&I orientation / business meeting will be on March 26th at 9am, followed by the H&I business meeting at 10am. **Zoom ID 848 7072 2515 Password: Sober (the ID and password are also on the aa-tulareco.org web site).**

The April orientation meeting will be on April 23 at 9am. Love & Service,
Boo

GSO liaison: Provided by David G.

The GSR meeting was March 2nd; they remain 100% on Zoom. District 47 is within \$72 of our prudent reserve, so finances are fine. The H & I report at the GSR meeting brings the news that the regional H & I web site is being upgraded to be bilingual, in English and Spanish. The CNIA Pre-Conference Assembly is April 9th in-person in Auburn, CA (which is up near Grass Valley, on the way to Reno). To be prepared for the Pre-Conference Assembly, we are doing an Agenda Item workshop – online using Zoom – March 18th (Friday night at 7pm). All the southern districts will be participating. Our delegate is Jen D., and is on the Literature committee.

BTG Chairperson: Sara S. will provide a report when she learns more.

CSR reports:

Tuesday Womens Changes Meeting, Sheryl E., CSR. We meet every Tuesday of the month from 6:00 to 7:00 PM at the 12 Step Recovery Club in Porterville. Vicki B. is our secretary, Sheryl E. is our treasurer. We average 25 women a week. The last Tuesday of each month we celebrate a birthday potluck and the group pays for our own plates, spoons, cake etc.. We did talk about the surcharge for Venmo and thought it was fine to pass along. We also talked about the budget and did not think it was necessary.

Springville Breakfast Meeting, Sheryl E., CSR. We are going to create a committee and have a reorganization meeting March 26th at the Twelve Step Recovery Club in Porterville at 10 AM. A problem has been a high turnover rate of the kitchen crew who need all new training every month. It would be better to have volunteers with continuity month to month.

Tuesday Night “Friends Of Bill W. and Doctor Bob” Patrick A., CSR. This is a Tuesday Night Open Meeting held at St.

John’s Episcopal Church, 1701 East Prosperity Avenue, Tulare CA, 93274 from 7:00 to 8:30 PM. We are a fellowship of men and women sharing our experience, strength, and hope. This is an indoor meeting, sanitized daily, masks are optional. We give out chips for various lengths of continuous sobriety and celebrate birthdays at the end of each month with cake and ice cream. We will have cake and ice cream regardless if anyone is celebrating a birthday. Newcomers are welcome, and anyone may attend. Thank you for letting me be of service,
Patrick A.

Monday Men’s Meeting, David G., CSR.

We meet at the PPAV Hall in Visalia, at the corner of Burke and Main at 7:30 PM. This is a closed meeting for men only, for an hour and a half. We usually have 25-35 attendees. Every week we give chips for sobriety milestones under one year; the last Monday of the month we celebrate those members with full years behind them, with cheesecake (although last month it was the rare apple pie). Our business meeting is the first Monday of the month. We have coffee and literature (and candy), with a good amount of fellowship before and after. Grant C. is our Secretary. We did discuss the electronic payment option surcharges (Venmo/Paypal/credit card), and the group was in favor of Central Office adding those on as long as the member is warned ahead of time.

Keep It Simple Sunday, David G. CSR.

We meet Sunday mornings at 10:00 AM in Blain Park in Visalia (on Court Street between Whitendale and Caldwell) (note that there is a Blain Park in Tulare). Our meeting is 90 minutes in a beautiful outdoor setting. This is an open meeting, and all are welcome. You want to bring a lawn chair or camp chair with you, and perhaps a blanket. We celebrate sobriety milestones and birthdays every meeting. We use the Daily Reflections book as a topic starter; then everyone shares, going around the circle (time permitting). In the spirit of rotation, our new Secretary is Scott. The business meetings are the last Sunday of the month, immediately after. There are usually between 20 and 30 people attending our meeting.

Bridge Street Drunks, Sara S., CSR.

We are a large group which hosts 19 meetings. We have literature and books at cost. Our birthday meetings are held the last Saturday of the month at the noon meeting. We give chips and hugs. Our business meetings are held the last Saturday of the month either 8 AM or Noon. We encourage all to join us – all are welcome. Our meeting times are Monday through Sunday 7 AM to 8 AM, Monday through Sunday 12 noon to 1 PM, Tuesday evening 6 to 7 PM (book study), Wednesday evening 6 to 7 PM (12 x 12 book study), Thursday evening 7 to 8:30 PM (Big Book study), Saturday evening 7 to 8 PM (open meeting), Sunday evening 5 to 6 PM (10th step study). At the business meeting, we did discuss the electronic payment option surcharge, and were

okay with it.

Thank you for letting me of service,

Sara S.

Civic Center Group, Brett R., CSR.

Tuesday night Civic Center meeting is going well; nothing new to report. We have a good amount of people, and are open for anybody. It is held at the Christ Lutheran church near Tulare and Demaree. It starts at 7:00 PM and goes to 8:00 PM. Our secretary is Shanna. Tuesday Women's Amity zoom group, Boo, CSR. We meet every Tuesday on Zoom from 6:30pm-7:30pm. The ID is on the Tulare Co. org website (click and there we are). The meeting is a closed Women's meeting. (Which only means we talk about our addiction to alcohol.) The group reads the daily reflections, step or tradition and share our experience strength and hope with each other. We celebrate lengths of sobriety with chips ;-)-;-) Our group has an active phone list for newcomers. <https://us04web.zoom.us/j/76383444014?pwd=ZXhvVEExJUjNRMVhsV2FXR0N1RmlwQT09>

Thank you for letting me be of service,

Boo

Old business:

1. Twelfth Step Call List – seven people have signed up thus far; forms are available.
2. Adding the Venmo / Paypal / credit card surcharge to purchases – discussed. We want to get as much feedback from our members as possible before we make a change; tabled to April.
3. Venmo: Cheryl and Carol Ann went to the bank, and got all the signatures updated. Then we will be able to get the Venmo account activated. The phone required for Venmo support has a monthly charge of \$19 per month.
4. Budget – discussed. The sense of the groups is that our current financial reporting is more than adequate; we thank our members who have interest in the operation of Central Office. We are happy to discuss and gather information about our members care and concerns. We are going to continue with the statements as they are; the budget topic is closed.

New business:

1. Founders Day Picnic – Sara has volunteered to be the chairperson. Sara reports:
 1. We reserved Arbor 9 at Mooney Grove park in Visalia.
 2. The first planning meeting was Wednesday March 9th at 7:00 PM at Bridge Street; the event was posted on the aatulareco.org web site.
 3. Co-chair is Markus, Food chair is Clayton.
 4. The plan will be for 200 people.
 5. For people who need to buy supplies, please find out the cost first, then get checks from Central Office.
 6. Question / discussion: how does each group pass the basket for the group to fund a raffle basket?

7. CSRs should bring to their groups that raffle baskets will be needed soon.

8. The planning meetings will also be hosted on Zoom to enable long distance volunteers.

Seventh Tradition: \$23

Announcements: None at this time.

Meeting adjourned: 8:17 PM

Central Office BOD Meeting

Date: March 8th, 2022 Time: 8:21 PM

Meeting called to order by: Cheryl Hinton, Board President.

The following are the Central Office Board Members:

President: Cheryl Hinton

Vice President: William (Bill) Evans

Secretary: David Gerisch

PI/CPC: Patrick Anderson

Member at Large: Sara Salvato

Board members present: Cheryl Hinton, William Evans, Patrick Anderson, Sara Salvato, David Gerisch

Absent: none

Previous minutes: Reviewed and approved.

President's report: Review of the responsibilities and times of service for being on the Board of Directors. As President, the duties of the office have increased substantially due to the high rate of change due to the pandemic and Bob's passing. We do have great support from CSRs and members; we maintain high levels of communication and transparency with our membership to keep that support.

Vice President's report: The Board is running well right now. We could use more CSR participation here at our monthly meeting. (Two CSRs who usually show up did have surprise events which prevented their participation tonight, and they notified us ahead of time that they could not attend). Discussion of how to increase group participation with Central Office.

Secretary's report:

Member At Large report:

Public Information & Cooperation with the professional community (P.I./C.P.C.) report:

Office Operations report:

Old Business:

New Business:

1. In the Technology In A.A. (TIAA) forum, David G. found a question from a member, asking about how to organize volunteers electronically. Five A.A. members in the TIAA forum reported using a service named Sign Up Genius, and that it worked well.

Discussion of service description, pricing and use cases. One of the questions people will raise is "how can we guarantee anonymity?" David G. will present that question to the TIAA forum. First, we will vet the service regarding anonymity before we consider adding the item to the CSR meeting agenda.

Announcements: Founders Day Picnic planning meeting Wednesday March 9th. Central Office could be used for the planning meetings; another option would be online attendance via Zoom – we want to ease access to opportunities for service with the Founders Day Picnic no matter where in county they are.

Meeting Adjourned: 9:02 PM
David Gerisch, Secretary

District 47 Meeting Minutes

March 2, 2022

This is a Zoom meeting with members participating from various locations.

Meeting Called to Order: 7:03 p.m. by DCM Allen L. Committee: Allen L., DCM; Ralph D., GSR for Bridge Street Drunks Only Group; Jim K., Recording Secretary, GSR for Monday Men's Stag; Ally A., GSR for the Saturday Women's 12x12 Study; Josh F. Treasurer, David G. CSR for Monday Men's Stag; Leah W. Alternate

GSR for the Wednesday Valley Group Speaker Meeting The GSR Preamble was read by all attendees. "We are the General Service Representatives. We are the link in the chain of communication for our groups with the General Service Conference

and the world of A.A. We realize the ultimate authority in A.A. is a Loving God as he may express himself in our Group Conscience. As trusted servants, our job is to bring information to our groups in order that the groups can reach an informed group conscience. In passing along this group conscience, we are helping to maintain the unity and strength so vital to our fellowship. Let us, therefore, have the patience and tolerance to listen while others share, the courage to speak up when we have something to share, and the wisdom to do what is right for our groups and A.A. as a whole."

12 Traditions: read by Josh F.

Concept 12: Concept 3 long form read and explained by Allen L.

Approval of Minutes: February 2, 2022 minutes approved.

Treasurer's Report: We had a balance forward of \$2,252.49 in December. Donations came from Alano Nooners Group \$133.90, and the AA Monday Night Big Book Study \$25.00.

Thanks to these groups for their contributions! Total income was \$158.90. We had one expense for rental of the PO Box for \$84.00. Our current balance is \$2327.39

CSO Liaison Report: The committee called everyone on the 12th Step Call List and only two phone numbers were active. CSR's will be seeking updated contact information for people interested in being on the 12th Step phone list. If you make a donation to Central Office using PayPal or a credit card there are service charges up to 5% that are tacked on. The question to be taken to groups is - should we ask donors to add the fee to their donation, or should the Central Office receive a percentage less. Groups will be asked to send a group conscience to their CSR.

Registrar: No Report

H&I Report: Tulare County Hospital & Institution Committee Rafael D. Tulare County H&I continues to bring meetings to Pine Recovery, Mothering Heights, Turning Point, Mental Health. Currently Mothering Heights and Pine Recovery have returned to zoom panels for 3 months due to Covid, Mental Health is decided month to month and Turning Point remains in person. The prisons have issued a plan to reopen to volunteers which will be decided per institution. We have had word that one of the yards has opened at Corcoran Prison and volunteer have returned to bringing H&I Panes. While we have many volunteers who have been to orientation, we are in need of volunteer with 3 or more years of sobriety who are interested in this type of

12-Step work to assist with facilitation of panels.

The NorCal General Committee Meeting was held on 2/13/22 finding our Committee in a healthy financial position as our contributions are trending toward Pre-Covid times, IVSS is offering one on one sponsorship to 60 inmates at San Quentin and 5 at Salinas Valley; The NorCal Committee is working with General Services in hopes to get the IVSS program entered into the AA Corrections Handbook, which would take this program from local to national; They are looking at volunteers to translate the program material into Spanish to encourage Spanish Speaking volunteers; discussion on the restricting proposal continued, Region 90 continues to be in favor of this proposal; Our website is in the process of being updated in order to be accessible in English, Spanish and Deaf; Mike S. of Fresno is the New Coordinator at PVSP; and Penny C. was appointed as the new Policy Chair.

Our next orientation is 9:00 am 3/26/22. The next business meeting is 3/26/22 at 10:00 am. meeting ID: 848 7072 2515 Password: Sober (capital S).

DCM Report: Allen L. The pre conference assembly will be held April 9-10 in Auburn Ca. District 21 is hosting it, registration is through mail or online. The final GSC agenda items are available now. It can be found on the delegates page of the CNIA website. The PRAASA will be on zoom this weekend. Jen D our delegate has asked if districts are willing to host an agenda item workshop. Allen suggested that we could host something online. It would be a weeknight because all weekend dates are taken. Allen was interested in discussing the changes that were made to the 12 X 12. Many people think that anything Bill Wilson wrote should never be changed.

Old Business: None

New Business: Jen D. Our delegate has offered to host agenda item workshops for our district. We are planning on doing this March 18 at 7 pm. It will be zoom only. Meeting ID 897 2641 1435. PASSCODE 065937 This is an opportunity for you to learn more about the agenda items that are being considered for the world conference.

Seventh Tradition: None
ANNOUNCEMENTS: None

DECLARATION OF UNITY: Read by all: "This we owe to A.A.'s future: To place our common welfare first, to keep our fellowship united. For on A.A. unity depend our lives, and the lives of those to come."

RESPONSIBILITY DECLARATION: "I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible."

The meeting was adjourned at 7:30 p.m.

Respectfully submitted,

Jim K, Recording Secretary

Group Contributions

2/21/22 Thru 3/20/2022

	Month	YTD
1st Friday Spkr Mtg		25.00
Alpha-Wed-Tulare		0.00
Anonymous Group	300.00	300.00
As It Is Outlined in Book		0.00
Breath of Fresh Air		0.00
Bridge St. "Drunks Only"		234.20
Civic Center Grp.		0.00
Clodbusters-Tulare	200.00	200.00
Crossroads-Tulare		0.00
CSO Meeting	23.00	88.00
District 47		413.24
Bill & Friends		0.00
Exeter-Quiet Trails	100.00	300.00
Exeter Sun Afternoon	50.00	50.00
Foundation Group		0.00
Freedom Fellowship		125.00
Fri. Recovery Club		0.00
Fri. Night Study Tulare		0.00
Half & Half		0.00
Hillman Group		0.00
Keep it Simple Sunday		0.00
Lindsay Fireside Grp		0.00
Men's Valley Book Study	150.00	150.00
Monday Men's Mtg.		200.00
Mon. Men's Stag	100.00	200.00
Mid Valley-Tulare		0.00
Mon Book Study-S'ville		0.00
Mon Lit Study-Visalia		245.00
Mon. Women's Reflections		0.00
Nooners Group-Visalia		0.00
Pine Recovery AA Mtg		0.00
Porterville Young People		0.00
Practicing The Principles		0.00
Rainbow Group		229.00
Rule 62-Visalia	100.00	100.00
Serenity Junction-Tulare		0.00

Serenity Seekers AM-Visalia		0.00
Sober Sisters		0.00
Wed. Sobriety Celebration		0.00
Sat Night Believers		0.00
Springville Gut Level		100.00
St. Ritas AA Group		0.00
Sun Bkfst Spkr Mtg		0.00
Sun PM Serenity Seekers		0.00
Tulare Young People		0.00
TUFYPAA		0.00
Tulare Fri. Book Study		0.00
Tulare Tuesday Night		0.00
Tulare Thur. Noon		0.00
Tulare Sunday Night		0.00
Tues. Men's-P'ville		0.00
Three Rivers-Monday		0.00
Three Rivers-Friday		0.00
TWAG	73.19	282.19
Unity Thru Traditions		0.00
Valley Group		1800.00
Valley Speaker Series		484.54
Visalia Alano		839.00
Wed. Acceptance, P'ville		0.00
Weekend Attitude Adj.		0.00
Women's Amity-Visalia		0.00
Women's Changes-P'ville	75.00	75.00
Women's Fri. Night-P'ville		0.00
Women in Unity		0.00
Women's Sat AM 12x12	212.65	212.65
Young & Restless		0.00
Total	1383.84	6652.82

Lighter Side of AA

Living the Dream

Ever since I was a kid I trained to be good enough at skating, biking, surfing, or running to be chosen to represent a brand like Nike, Red Bull, or Under Armour.

Recently the pandemic has allowed me to double down on recreation and hone my craft, and now, I finally got a sponsor.

Thanks Alcoholics Anonymous!

The Chihuahua

Two drunks are walking their dogs together. One has

a big black lab, while the other has a tiny chihuahua. They pass a bar and the drunk with the lab says, "Let's get a beer."

The drunk with the chihuahua complains, "That would be great, but we can't take our dogs in there." The first responds, "Watch me." The drunk strolls in with his dog and orders a beer. The bartender tells him, "Sorry, you can't bring your dog in here." "He's my seeing-eye dog," the man replies, feigning offense. The bartender quickly apologizes and serves him the beer.

The other drunk follows, his chihuahua in tow, and orders a beer as well. Again the bartender says there are no dogs allowed in the bar. "He's my seeing-eye dog," the woman replies. "Yeah, right," the bartender says, "A chihuahua? Give me a break." Without missing a beat, the man exclaims, "They gave me a chihuahua?!"

Nurse: Do you... Smoke, Drink, or use drugs?

Me: Yeah I'm down for whatever... we should hangout sometime.



FLY FISHING SOBER...



Spring into Sobriety

W/Alanon participation

2022
SATURDAY APRIL 9

WHERE:

ST. PAUL'S CHURCH 120 N. HALL ST. VISALIA

DETAILS:

ZOOM: 155 118 647 PW Visalia (live transcript)

11AM – 5PM: 12 STEP WORKSHOP BY THE PRIMARY PURPOSE GROUP

-NEWCOMERS FREE DINNER IF WORKSHOP ATTENDED

5:30 -6:30 PM : DINNER (RANCH STYLE TRI-TIP W/FIXINS') **\$20 PRESALE ONLY**

7-8:30 PM: SPEAKER MEETING **SHARON C. OF LOS ANGELES**

CONTACTS: **46 YRS, 7 MONTHS AND 19 DAYS**

- **Brad W. 559-786-3636**
- **Samantha B. 559-931-7089**
- **Jack E. 559-260-7127**

*******BYO Lunch for Noon Break*******





Don't Forget!

**NO Sunday Speaker Breakfast
In
Springville**

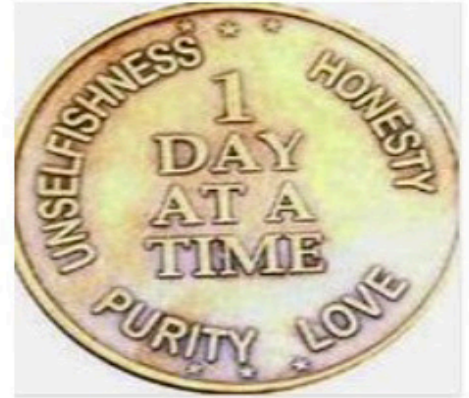
Until June 12, 2022

Our Speaker that day

**Beverly M.
Lancaster, CA**

87th FOUNDERS' DAY

PICNIC



Saturday, June 4th, 2022

Mooney Grove Park

Arbor #9

52700 S. Mooney Blvd. - \$5.00 Entry Fee

Family – Fun – BBQ – Volleyball – 50/50 – Raffle & More

Speaker: Greg G. with 23 years

From: Porterville, CA

Lunch from 11:00am to 12:30pm – Speaker 1:00pm

Adults: \$8.00

Children under 12: \$2.00

Hamburgers, Hotdogs, Chips, Macaroni Salad, Water, Soda, Coffee

EARLY BIRDS HELP SET AT 8AM – PICNIC KICKS OFF AT 9AM

Your Content Here!!!

Have an event????

New group starting up?????

Have a story to share???

Take some amazing photos around our district???

Want to be of service????

All this can be accommodated-we are available to help! Simply reach out to us here at Central News and we will do all we can to get the word out!!!

Carrying the message to the Alcoholic who still suffer is our primary purpose. What better way to do it then to get involved!!!!

Send your content to:

centralintergroupnews@gmail.com

... and we will help you communicate to district 47!!!