

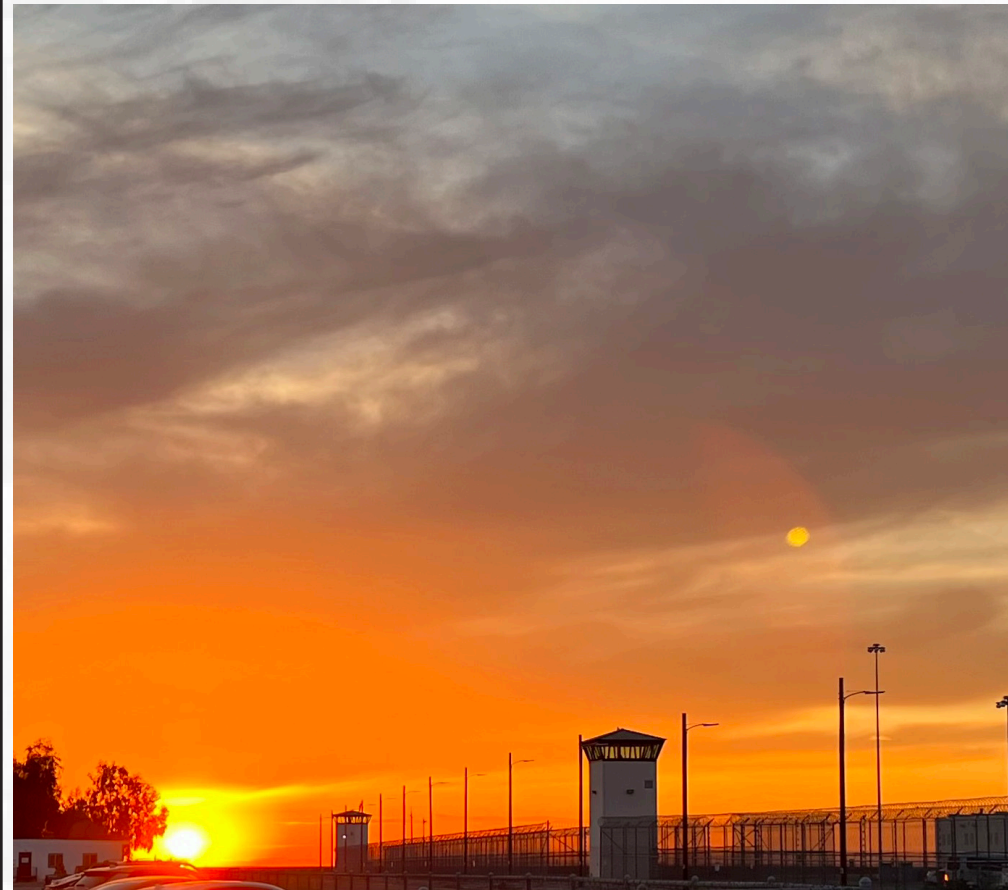
CENTRAL NEWS

April 2023

Website:

www.aa-tulareco.org

SATE, Corcoran
State Prison-Bill
H.



Why Humility?

“Humility is not the means whereby we become enlightened. If we have humility, we no longer say, “I can’t accept that,” or “That doesn’t appeal to me,” or “I want no part of that.” Humility is the starting point. Without it we cannot accept the truth of our basic condition, or become willing to follow the practices A.A. advocates”

-W.H.W, Piedmont, Alabama

-The Grapevine, Vol. IV, NO. 11, APRIL, 1948.

Step 4

“Made a searching and fearless moral inventory of ourselves.”

Next, we launched out on a course of vigorous action, the first step of which is a personal housecleaning, which many of us had never attempted . AA Pg, 63
When I came to Alcoholics Anonymous it was easy to understand that that if I took even one drink, I would not be able to stop. I clearly was powerless over alcohol. The problem was how to stay stopped. At that point I became willing to turn my will and life over to a Higher Power.

My sponsor helped me understand that I needed to get down to the causes and conditions that made my life so uncomfortable. Chapter 5 explained that an inventory is a fact-finding fact-facing process to discover the truth, to identify damaged or unsalable goods that needed to be discarded without regret. This was exciting to realize that I could do the same thing with my life.

I had never done anything like this before. I heard several men share about how the 4th step inventory had helped to change their lives, this motivated me to begin. As I listed the people, institutions and principals I had resentments with I was surprised to see the trends in my problems. The first awakening happened when my sponsor and I had looked at what my part in all these resentments was. I began to understand that I only thought I was a victim I was in fact the perpetrator, the architect of my problems. In every relationship I had been selfish, self-serving or dishonest. Accepting this was a difficult pill to swallow however, the emotional lift I felt when I shared these problems with my sponsor was incredible. The awareness that I was responsible for the vast majority of my problems was empowering. I began to feel free. The next awakening happened when we explored my fears and sexual behavior, the awareness of my responsibility grew. I saw for the first time that I had played a major part in everything bad, wrong or uncomfortable in my life.

As I sponsor men through the 12 steps, I identify more and more of my character flaws and defects. Continuing to practicing the 4th step allows me to grow in my usefulness to God and my fellows.

Resentments happen. Today I understand that I can do a 4th step inventory whenever I have a situation that makes me feel uncomfortable. I have learned that for my personal spiritual growth resolving resentments is as important as prayer and service and more important than not drinking.

If you have any reservations or fear about taking the 4th step I have only one question for you, how free do you want to be?

Paul B.

Visalia

Tradition 4

Bill Wilson was a nonconformist. He figured we all were. He and his fellow tradition authors knew that alkies did not respond to fences. At first, and it is well documented, many members wanted strict rules, not polite or open minded suggestions. It must have been conform, universalize or get out and don't call your group AA.

Thankfully, that special trudging-inflicted humility won them over and they began to see that groups form in different crucibles. Some meetings were covertly intolerant of young people (their chances were less than average!), Sometimes the Al anons objected to women's attendance. Sometimes all the local people were Mormon or Catholic, or Presbyterian and they wanted to conduct meetings which incorporated or reflected these beliefs. AA was not was not without differences at the group level.

Now we know it can't be! But as long as your customs do not affect other groups or AA as a whole, group conscience sets boundaries. You can, as a group, drink chicken blood, use unlimited profanity, or talk about Buddha. Group conscience is given real meaning because we are AA enough to tolerate practices that others use to stay sober.

The big boys at New York explained this to me in detail. In calm and considerate language they related that AA would survive and that each group's personalities would too. We are a strong enough organization to survive atrocities like heresy, hypocrisy, immoderation, overly religious leanings and yes, even the misplaced and unwanted Bleeding Deacon old timers.

Long live our diversity!

Anonymous

Individual, Newsletter, Memorial & Birthday Club Contributions 2/21/2023 thru 3/20/2023

Birthday Club

<u>Robin T</u>	<u>Visalia</u>	<u>1</u>
<u>Pete B</u>	<u>Springville</u>	<u>15</u>
<u>Linda N</u>		<u>21</u>
<u>Cheryl H</u>	<u>Springville</u>	<u>43</u>
<u>Jolene E</u>	<u>Visalia</u>	<u>49</u>

Grateful Giver's Club

Members \$155.00

Individual Contributions

Ally A

Anonymous

Boo M

Doris P

James K

Keith A

Robert T

Robin T

Sandra K

Shannon S

Newsletter Contributions

Jolene E

Memorial Contribution

Ray F

April AA Birthdays

Name	City	Date	Name	City	Age	Date
Jolene E	Visalia	49	Sue H	Visalia	33	4/6/1990
Bill M	Visalia	46	T.O. A.	Lindsay	32	4/1/1991
Mike W	Visalia	44	JC E	Visalia	31	4/19/1992
Cheryl H	Springville	43	Joe S	Porterville	31	
Sammy	Tulare	43	John B	Visalia	30	
Wanda B	Lindsay	43	Mike R Jr.	Woodlake	30	
Helen Z	Visalia	42	Maria W	Porterville	30	4/15/1993
Robin F	Ivanhoe	41	Lindsay D	Springville	30	4/1/1993
Rocky R	Dinuba	40	Pat R	Visalia	30	4/18/1993
Rick D	Visalia	39	Nancy S	Tulare	29	4/14/1994
Rick W	Visalia	37	Catherine S	Visalia	28	4/14/1994
Janet T	Visalia	37	Marvin A	Tulare	28	
Patty P	Visalia	37	Bill E	Tulare	26	4/26/1997
Clayton F	Tulare	36	Brett R	Visalia	24	4/15/1999
Neil N	Exeter	35	Kathy E	Exeter	23	4/16/2000
Charlie M	Visalia	35	Jeff H	Porterville	24	4/3/2002
Julio Q	Porterville	35	Sean M	Visalia	19	4/16/2004
Roger G	Visalia	35	John H Jr	Visalia	19	4/17/2004
Sheila W	Visalia	35	Ricky G	Dinuba	19	
Brent G	Springville	34	Bill H	Visalia	18	4/11/2005
Kolene L	Visalia	34	Carson T	Exeter	15	4/14/2008
Kathy R	Visalia	34	Debbie	Visalia	15	4/16/2008
Danny	Porterville	34	Rick R	Visalia	15	4/14/2008
Rick R	Porterville	34	Lucinda A	Visalia	14	
Albert G	Visalia	34	Frank S	Visalia	13	
Jim W	Three Rivers	33	Sheryl E	Springville	10	
Shirley A	Tulare	33	Trudy W	Lindsay	8	4/6/2015
Karen L	Sacramento	33	Alice S	Tulare	7	4/18/2016



Thats 1,683 years of combined sobriety!!!

Financial Report

TULARE COUNTY CENTRAL OFFICE

Income & Expense Statement

2/21/2023 through 3/20/2023

Central Office Contacts

Central Office Contacts

2/21/2023 thru 3/20/2023

INCOME	MONTH	YEAR TO DATE
B.Day Club	129.00	230.00
CD & Tape Cont.		
Grateful Givers Club	155.00	814.51
Group Cont.	1,491.27	7,496.23
Indiv Cont	604.00	814.00
Lit. Sales	463.65	1,699.05
Memorial Cont.	100.00	248.00
Misc.		0.00
Newsletter Contribution	54.00	54.00
S & H		0.00
Sales Tax	91.20	260.01
Service Charge		8.00
Spec. Events-picnic		0.00
Spec. Items	578.20	1,524.08
State fund dividend		25.00
State Fund Refund		0.00

TOTAL \$3,666.32 13,172.88

EXPENSES	MONTH	YEAR TO DATE
Bank Charge		\$0.00
Fees-Taxes		\$50.00
Insurance		\$550.00
Lit. Costs	798.86	\$2,290.33
PI-CPC Expense		\$0.00
Misc Expense		\$0.00
Newsletter Cost		\$0.00
Office Exp	160.70	\$634.68
Office Equip.& Maint		\$0.00
Phone & ISP	132.97	\$398.91
Postage	63.00	\$63.00
Employee Taxes		\$1,901.30
Returned Check & Chg		\$0.00
Rent	650.00	\$1,950.00
Salary	1,311.36	\$3,934.08
Sales Tax-Paid		\$0.00
Spec. Events-picnic		\$245.00
Spec. Items	393.60	\$1,111.10
Card Charge	20.38	\$59.63
Utilities	87.13	\$325.71
Ph-venmo	19.00	\$57.00
venmo fees	5.10	\$8.86
Website	4.39	\$13.52

TOTAL \$3,646.49 13,593.12

Net Gain(Loss) \$19.83 (\$420.24)

BEGINNING ACCOUNT BALANCES AS OF 02/20/2023:

\$21,966.31

ENDING ACCOUNT BALANCES AS OF 3/20/2023:

\$21,986.14

Established Prudent Reserve

\$19,000.00

AA Members	77
Alanon & Alateen Info	0
Bridging the Gap	1
Churches and Schools	0
Court Referral/Info	0
E-Mail Contacts	192
General Info	3
H & I	0
Literature Sales	17
Meeting Information	21
Other 12 Step Programs	0
Prospective Members	3
Schedules & Info Mailed	0
Spanish Contacts	0
Specialty Sales	15
Twelve Step Calls	0
Visitors to the Office	7
Voice Mail Calls	7
Total Central Office Contacts:	343

Support the Central Office

Supporting the Central Office is a very important and valuable thing for our fellowship! Now it is easier than ever!

Donate Today using Venmo!



Speaker Meetings

Speaker Meetings for April

Porterville Recovery Club Speaker Meeting
186 W. Walnut Ave.
Friday April 7th, 2023 at 8:00 PM
Speakers: Cheryl H and Matt W

Sunday AM Breakfast, Speaker Meeting
Veterans Memorial Building
36000 Hwy 190, Springville
Sunday April 12th, 2023
(Breakfast at 8:30 to 10:00 AM)
Speaker: Kane C from Las Vegas

The Valley Group, Speaker Meeting
St. Paul's Episcopal Church
120 N. Hall St. Visalia, CA 93291
Every Wednesday from 7-8 pm.
Speakers for March
April 5th Holden with over 34 years!
April 12th Jaime G with over 1 year!
April 19th Jennifer w with over 3 years!
April 26th Johnny G with over 1 year!

Civic Center Group
Christ Lutheran Church
3830 W Tulare Ave, Visalia
Birthday speaker meeting
Last Tuesday of the month

Sunday PM Serenity Seekers Valley Group
Sunday 7:30-9 pm.
St. Paul's Episcopal Church
120 N. Hall St. Visalia, CA 93291
Speakers for April
April 2nd Susan K from Fresno
April 9th Sonia L from Fresno
April 16th Dan M from Bakersfield
April 23rd Teresa P from Bakersfield
April 30th Amber K from Visalia

Attention speaker group secretaries: If you want your speaker listed in the Newsletter, please get the information to the Central Office (559) 592-6999 or TCCOF@hotmail.com by the 20th of the month preceding the month of the Newsletter.

Service Meetings

& Addresses April 2023

Service Meetings

GSR Meeting at Central Office
449 E. Maple St., Exeter, CA
Wednesday, April 6th, 2023 at 7:00 PM

CSR Meeting at Central Office
449 E. Maple St., Exeter, CA
Tuesday, April 12th, 2023 7:00 PM

H&I Meeting (odd months only) in person at
526 N Bridge St (no Zoom)
2nd Saturday 9:00 Orientation, Business meeting 10:00

TUFYPAA
Zoom ID 839 4820 8237 Password: service
2nd Sunday of the month April 10th 2023

SERVICE ADDRESSES

Tulare County Central Office
449 E. Maple St.
Exeter, CA 93221
Email: tccof@hotmail.com
Website: www.aa-tulareco.org

District 47, C.N.I.A.
P.O. Box 273
Exeter, CA 93221

CNIA Treasurer
PO Box 161712
Sacramento, CA 95816-1712

General Service Office
PO Box 459, Grand Central Station
New York, NY 10163

H&I-Contributions
P.O. Box 192490
San Francisco, CA 94119-2490

Central Service Meeting Meetings

Date: March 14, 2023

Meeting called to order: Cheryl H. Time: 7:00 PM
Board members present: Cheryl H., William (Bill) E., Patrick A., Sara S., David G.
Absent: none
Serenity Prayer: said by all who wish.

12 Traditions: Bill

Minutes of last meeting: Reviewed by all; Paul moved to approve, motion seconded by Brett. Vote: all in favor, none against.

Report of last Board meeting: Meeting called to order at 8:32 PM by Cheryl Hinton. Four board members were present; Bill was absent due to a weather related condition of power power outage (he could not Zoom in). We did discuss a meeting where the secretary left immediately after the time to start. We are discussing a salary increase for the office manager. The golf tournament has been decided what's happening and where; the board did have some questions about that. We also discussed whether or not the Central Office wanted to have a New Year's activity. I had just talked with Bill H. and we spent some time discussing the history, purpose, activities, and venues of the past New Year's parties. We have tabled that until the March meeting. We did request the landlady for permission to change our locks because keys were sticking. Carol Ann got permission and did change the locks. So Board Members have a new key. Thank you, Carol Ann. David was going to work with Carol Ann to get the CSR meeting documents up on the website for Zoom attendees. The meeting adjourned at 9:22 PM.

Treasurer and Office report: Carol Ann provided the report.

Treasurer / Office Report and Financial Report

1/21/2023 thru 2/20/2023
March 14th, 2023
Central Office had income of \$4,583.52 and expenses of \$5,100.55 for a loss of \$440.93.

Our Grateful Givers Club brought in \$253.76 and our Birthday Club brought in \$74.00 in much appreciated contributions.

We had \$360.96 in gross sales in 10 transactions for credit and debit cards last month.

We had 1 transaction in PayPal for \$20.

We had 2 VENMO transactions this accounting period for gross sales of \$157.75.

Traffic and calls have been average.

We want to thank all the groups and individuals who contributed to show their support for Central Office.

Office operations are going well and we are still fulfilling our primary purpose of carrying the AA message of recovery.

The Big Book is still on sale for \$9.83 here at the Central Office.

We received a notice from AA's General Service Office that there will be price increases on all literature. So, we ordered a bunch of literature before the price increase takes effect. The price increase of 20% on books and about 30% on pamphlets goes into effect on April 3rd, 2023.

Hazelden Books has discontinued the Women's meditation book titled "Each Day a New Beginning" we have 3 copies currently in the office. We ordered the new women's meditation book titled "She Recovers Daily" and we have one copy here at the office right now. I have five more coming.

We have a couple of events scheduled for our area, one is the Golf Tournament, scheduled for April 23rd, 2023. This event has a registration deadline of April 14th! Put your teams together and plan on having fun. All the information is available on our website. The flyer and the team registration form as well as who to contact and where to send your forms are all available on our website or contact Central Office. The other scheduled event is the 88th Annual Founder's Day Picnic! It is scheduled for June 10th at Arbor 9 at Mooney Grove Park.

I also wanted to let you know of my scheduled vacation for May 16th thru May 26th, Claudia will be covering the office for us. Thank you Claudia!

I am here to accommodate you, please don't hesitate to call the office and leave me a message. I will call you back the next business day. Call 559 592-6999, when the greeting starts, press the # key and it will take you right to the beep. You can also email me at tccof@hotmail.com. I am here to serve you!

Carol Ann Gable
Office Manager/Treasurer

(Patrick) On the back on the income and expenses statement, our monthly income was \$4,583.52 and our monthly expenses were \$5,100.55 for a difference of \$517.03, but our total

account balances began at \$22,482.48 and ended at \$21,685.31 for a difference of \$797.17, which is more than what is shown in the statement. It's a \$280 difference is what I'm saying. I was wondering maybe it was a typo or if we just missed something. I know that there is one day difference on the reporting period: I was wondering if there was one expense or something that maybe we missed something.

(Secretary's note: the monthly income and expenses report was for January 21 through February 20, where the total account balances report was January 20 through February 20)

(Carol Ann) I think what I did was I actually ran the bank balance on the 21st. I'll look at the report and send out a revised one.

(Cheryl) It's good to know and that's why we ask, because when it comes to money, people pay attention. All right. Thank you, Patrick. Thank you, Carol Ann. Public Information report: Patrick A. provided the report.

Public Information & Cooperation with the Professional Community (P.I./C.P.C.). We inform professionals and future professionals about A.A. – What we are, where we are, what we can do, and what we cannot do. We attempt to establish better communication between A.A. and professionals, to establish simple, effective ways of cooperating without affiliating.

I'm pleased to report that I did have a phone conference with a member of A.A. and a local charity group called Salt + Light. The discussion was about how a could help them; exactly what we could and could not do. So it's about cooperation without affiliation. We discussed what we are, what we're about, how that works. Obviously we want to be able to be supportive, but we also don't want to promote because that goes against our traditions. So that was a great opportunity to be able to reach out to the professional community. We will have a follow up phone call in a few months. I am working on getting them a little bit of literature. They're not in a place yet for me to really send them all the pamphlets like what I would send as a Public Information display. But I do want to give them a couple of little things, so they get a better idea of what we are and how we self identify as alcoholics.

Let's see, other than that, Carol Ann: do you know if the ones we ordered came in by chance?

(Carol Ann) Yes.

(Patrick) A member had asked, one of our CSRs had asked, if we had any of those pamphlets

here, because if they couldn't meet up with me, they could at least come to Central Office to be able to get more. Part of it also is when you put them out at doctor's offices and so forth, you want to go every month or so and check on them and make sure that you replace any of the questionnaires or the meeting guides that get used up. (Carol Ann retrieved the pamphlets and holders). Perfect. You are awesome.

Thank you for letting me be a service. Patrick.

Volunteers to write Step and Tradition for Central News
Step for newsletter
Issue Step Member Due date Send to
April 4 Paul B. March 20 CentralintergroupNews@gmail.com
May 5 Steve P. April 20 CentralintergroupNews@gmail.com

Tradition for newsletter
Issue Tradition Member Due date Send to
April 4 Sara S. March 20 CentralintergroupNews@gmail.com
May 5 Sheryl E. April 20 CentralintergroupNews@gmail.com

Newsletter report: none at this time.

Website report: David G. provided the report.

Three new events to the upcoming events calendar:

8th Annual Central California Council Roundup, which is in Fresno (which is 3c-2a.org) May 19 and 20.

ICYPAA business meeting, which is the third Sunday of the month, and on Zoom.

Horace with Kings County AA added their Potluck and Speaker meeting event at the Lemoore Alano Club, which is the last Saturday of every month.

I removed the alternate formats of the printed meeting schedule from the web site; there was a problem.

Meeting change notices:

The Unity Through Traditions meeting wanted to be listed as an Open meeting instead of as a Closed meeting.

Any questions?

(Paul) Yes – has there been any discussion of reciprocity? Sending our flyers like the golf tournament and the Founder's Day picnic to Kings County?

(David) I have not talked about that. But that is something I should do.

(Sara) I can announce it. I go to a meeting in Hanford. What, for what?

(much laughter)

(Patrick) Leave it to us: Alcoholics be like I'm in, I'm in – what are we doing?

(Sara) That was a rare moment, right there.

(Many) Thank you Sara. :-)

H & I report: Joyce R. provided the report.

Tulare County Hospital and Institution Committee
March, 2023

The only purpose of the Northern California Hospital and Institution Committee is to carry the message of AA to alcoholics in Corrections and Treatment facilities and facilities serving alcoholics in Northern CA.

Our committee officially formed in 1946 (predating the General Service Structure of today) to organize and coordinate the many volunteers interested in this type of service work which began behind the walls at San Quentin in 1942. The implementation of passing the Pink Can to fund our efforts began in 1957. Today, Nor Cal H&I continues to operate as a 9th tradition Service Committee funded by the Northern California AA fellowship by passing the Pink Can. We have combined the purpose of AA's General Service Corrections and Treatment Committees. We cover General Service Area 06, Area 07 and the California Portion of Area 42. While you may hear about Nor Cal H&I in different arenas, it is important to be aware that we are one Committee. If you are aware of AA members interested in this type of service work and are not familiar with your local Area Chair, please refer them to your Central Office or Intergroup to connect them with the local H&I Committee.

One of our newest services is the Inside Visiting Sponsorship Service (IVSS) Program, which brings one on one sponsorship behind the walls. Currently, we have 112 inmates at San Quentin who are being served by this program with 38 more waiting. This program is being rolled out to two additional prisons in California, and has been replicated in other States to ensure that it is transferrable. This year one of the agenda items for our upcoming General Service Conference is to include this program in the General Service Corrections Handbook. We encourage all groups consider supporting this agenda item which will make this program available worldwide.

In Tulare County, we continue to take H&I Panels to Pine Recovery, Turning Point, Mental Health Transitional Living, Mothering Heights Women's Recovery, Tulare County Jail, Avenal Prison, SATF and Corcoran Prison. At our March 11, 2023 meeting, we discussed the need to reach out to other facilities. In order to do this, we really need some volunteers with a minimum of three-years of continuous sobriety to serve as Facility Coordinators. We ask that you share this need with your groups along with the need for more volunteers for Avenal, SATF and Corcoran Prisons, which requires two-years of continuous sobriety.

Our next H&I Orientation is May 13, 2023 9:00 am followed by the Business Meeting at 10. We meet in-person at 526 N Bridge St., Visalia (BSDO's meeting place). Please encourage any interested AA members to attend or have them contact myself directly through Central Office.

In service,

Joyce R.
H&I Area 92 Interim Chair

(Cheryl) Any questions for Joyce?

(Bill) Yes: For people that want to are interested in volunteering, how clear does their record have to be? And can you help them get it cleared?

(Joyce) For treatment facilities, we have one facility that requires that you don't be on probation or parole. They don't care what your record is. Other treatment facilities don't have that requirement. The prisons and the jails: mostly it's that you're not on probation or parole and you can't have been in the facility recently – I think it's for a year that you have to have been out. They will require a background check and disclosure of any arrests that you've had. But as long as it's disclosed it's generally not a problem. And ultimately we can work with anybody on that.

GSO liaison report: provided by David G.

GSR Liaison meeting minutes 2023-03-01

Nine people attended; we had one new GSR: Laura B.

Finances:

Starting balance: \$3,133.75
Income: \$73.50
Tuesday Women's Amity Group: \$48.60
Valley Group: \$24.90
Outgo: \$942.25
Annual P.O. Box fee: \$96
2023 Rent: \$400.00

Reimbursement for Winter Assembly: \$446.25

Ending balance: \$2,263.20

DCM (Allen) report:

- 1) Background materials for the Agenda Items have been released in English, French, and Spanish. Agenda Items background materials can be accessed on the delegate's page of the cnia.org website: [https:// cnia.org/delegates-page/confidential-downloads/](https://cnia.org/delegates-page/confidential-downloads/). You will need a password, which you can get from any GSR. Please do not publish the password anywhere.
- 2) 5th Edition of the Big Book received 2,600 stories—the committee will read an average of 100 stories/month.
- 3) Plain Language Big Book—first six chapters are translated, and the committee is reviewing.
- 4) GSO will be dipping into the prudent reserve next year to cover expenses.
- 5) There is a project called Location Plus centered around looking into moving GSO out of New York because New York is so expensive.
- 6) David G and I tested out the WiFi and Zoom connection at the 12 Step Recovery Club. All systems are go for facilitating a hybrid event.

Old business:w

Our delegate Jenn will be attending our Agenda Item Workshop on March 19! We have the 12 Step Recovery Club in Porterville reserved for the meeting. Event Chair is Mike C., Food Committee Chair is Jim K., Publicity Chair is Mike C., Set up and Cleanup Chair is Sean A., Hospitality Chair is Allen L., Hybrid Technology Chair is David G.

The Golf Tournament on April 23rd needs registrations and players! Send to Jim K. with team members. Checks may be sent to Jim K. Or pay at the event.

New business:

Valley Group is hosting agenda item topics on March 12 from 3-5 pm at the St. Pauls Episcopal Church in Visalia.

Any questions for GSR?

(Bill) Did you refer that New York is getting low on money and they're going to be dipping into their Prudent Reserve? (David) Yes. (Bill) Would that be somewhat of a call for more support from the rest of the world? (David) Yes.

Bridging The Gap (BTG): provided by Sara S.

Really nothing to report. We're having our meeting April 1st here at the central office at 11 AM.

I have quite a list. I'm going to send out a group text tonight.

CSR reports:

If you have a change in your meeting please notify Carol Ann

here at the office so she can update the meeting schedule and get that information to David for the website.

Springville Breakfast Speaker Meeting, Presented by Sheryl E., CSR,

meet the second Sunday of each month at the Springville Veteran's Memorial building on Highway 190. We open the doors at 8:00 AM, with with fresh, hot coffee. Breakfast is served from about 8:30 AM until 10 o'clock. The speaker meeting is from 10:15 to 11:45. Next month, our speaker is Kane C. from Las Vegas. Because of the severe flooding we had two days before the meeting, we weren't sure what was going to happen. But the road into town opened up and our cook made it in safely (he was coming from up the hill) and we found people to help. So we held the meeting. It was a delicious hot breakfast. Our main speaker Ed unfortunately got sick so the 10 minute speaker, Dean, filled in for him. Sherry, (I don't know her last name) filled in as the 10 minute speaker. We served 30 breakfasts and even managed to make a profit of \$114. I want to thank everybody for pulling through to make it all work and the brave souls who came up to attend, it was a wonderful meeting. Here in A.A. not even a natural disaster can keep us from our meetings and fellowship.

Thank you for letting me be of service, Sheryl.

Tuesday Women's Changes Meeting, Presented by Sheryl E., CSR,

We meet every Tuesday from 6:00 to 7:00 PM at the 12 Step Recovery Club, 186 South D Street, Porterville. We are an open topic meeting for women only. We each pick a stick out of a jar and share about our topic. We average about 20 women with various clean times including the PAAR girls who have just a couple of days and women up to about 40 years. The last Tuesday of each month we celebrate with a potluck full of delicious homemade food and of course birthday cake and other treats.

Thank you for letting me be of service, Sheryl.

Monday Night Men's Meeting, Paul B., CSR.

We meet at the P.P.A.V. Hall in Visalia. We are a Closed men's meeting. We meet for 90 minutes. We celebrate sobriety milestones under a year every week with chips and a hug. On the last Monday of the month we celebrate annual birthdays with chips and a hug and dessert. Our business meeting is the first Monday of the month. We ask men who have completed the steps and have the time and energy to sponsor to stand up. Our numbers have continually been growing as of late.

Thank you for letting me be of service, Paul.

Civic Center Group, Brett R., CSR,

We meet every Tuesday night in Visalia at the Christ Lutheran church near Tulare and Demaree. It starts at 7:00 PM and goes to 8:00 PM. It is an Open meeting,

and newcomers are welcome. We have coffee and candy, and literature every week. Books are for sale at cost, and pamphlets are free. Our business meetings are the third Tuesday of the month at 8:10 PM. We give out chips every week for sobriety under one year; we have a birthday meeting on the last Tuesday of the month, with cupcakes.

We've had pretty good turnout for several months.

Bridge Street Drunks, Sara S., CSR,

We are located at 526 N. Bridge Street in Visalia. We are a large fun bunch who hosts 18 meetings.

Our birthday meetings are the last Saturday of the month at the noon meeting. We give chips for various lengths of sobriety. We give hugs, laughs, coffee and great snacks, donuts, cookies and candy.

Our business meetings are the last Saturday of the month: either 8 AM or 1 PM. Our next business meeting is March 25th at 8 AM. All are welcome. We also have literature and books at cost on site. All who have a desire to stop drinking are welcome.

Our meeting schedule is:

Monday through Sunday 7 AM to 8 AM

Monday through Sunday 12 noon to 1 PM

Tuesday evening 6 to 7 PM (12 by 12 book study)

Wednesday evening 6 to 7 PM (book study)

Thursday evening 7 to 8:30 PM (Big Book study)

Saturday evening 7 to 8 PM (open meeting)

Love and service,

Sara S.

Crossroads Group, Steve P., CSR,

The Crossroads Group in Tulare, on Tulare Avenue – 220 W. Tulare Avenue at the Hillman House. We meet Thursdays from 7:00 to 8:00 PM. We're a small group; about ten to twelve. Our secretary has been getting some pretty good chairs for us lately. Most most nights everyone gets to share.

Pine Recovery Friday Night Candlelight meeting, Steve P., CSR,

The Pine Recovery Candlelight meeting is on Fridays nights, from 10:00 to 11:00 PM, in Visalia at 120 W. School Avenue. Usually there's 25 to 30 people. It's an open meeting and it is open to the public; women are welcome even though it's a men's recovery home.

Thank you guys,

Steve.

Tuesday Night "Friends Of Bill W. and Doctor Bob", Patrick A., CSR,

This is a Tuesday Night Open Meeting held at St. John's Episcopal Church, 1701 E Prosperity Ave in Tulare from 7:00 to 8:30 PM. We are a fellowship of men and women sharing our experience, strength, and hope. This is an indoor meeting, averaging about ten to fifteen people every week. We give out chips for various lengths of continuous sobriety and celebrate birthdays at the end of each month with cake and ice cream. As always, we do have cake and ice cream regardless if anyone is celebrating a birthday. Newcomers are welcome. All may attend. It's a wonderful meeting. There are multiple men and women there with quality sobriety that are open and willing to sponsor.

Thank you for letting me be of service,
Patrick A.

Old business:

1. Golf Tournament April 23rd, 2023

1. Our golf tournament is scheduled for April 23 At Valley Oaks Golf Course next door to Plaza Park in Visalia. Tickets are \$100 per person. The flyers are on the website.

2. We really need teams to sign up, so Jim has a number he can give to the golf course for the reservation. Porterville has three teams that are going, Tulare has one team; Visalia is the weak sauce right now.

3. Please announce the golf tournament at your meetings.

4. It's a game of "best ball" – whomever on your team golfs best sets the starting place for the team, then everyone takes their next swing. You don't have to be a good golfer to play. It's a lot of fun.

5. (David) I happened to just now get a text from Jim. He said he couldn't make the meeting because of family stuff. "I think the tourney will be okay if we get sign ups. I don't think we're providing food. Once we check in players, there's not much to do. The main issue now is getting enough players to hold the tournament."

2. Founders Day Picnic June 10th, 2023

1. This will be AA's 88th birthday.

2. We are still looking for someone to be the Founders Day Picnic chairperson. Sara, who has done it several times in a row, can be a service sponsor, but it's time for rotation of service.

We need to get this thing under way.

New Business:

1. Literature price increases

1. Prices for books go up 20% on April 3rd

2. Prices for pamphlets go up 30% too.

2. Lindsay Fireside Fellowship has closed; what to do with the 7th Tradition donations that remain?

1. Discussion for two and a half minutes. Consensus seemed to be to send it to New York.

Seventh Tradition: \$47.00

Announcements:

• This Sunday at the Twelve Step Recovery Club in Porterville, the CNIA Delegate, Jenn D., will be in town discussing background information on some of the items on the agenda at the New York conference. Also ... a free smoked tri-tip lunch. ;-)

Meeting adjourned: 7:57 PM

District 47 Meeting Minutes

Current Balance \$2,263.20

March 1, 2023

This is a hybrid and Zoom meeting with members participating from various locations, including the Central Office in Exeter.

Meeting Called to Order: 7:06 p.m. by DCM Allen L.

Committee: Allen L., DCM; Ralph D., GSR for Bridge Street Drunks Only Group; Jim K., Recording Secretary, GSR for Monday Men's Stag; David G. GSR for the Friday Freedom Fellowship, Mike C., GSR for the Valley Group Meeting, Sean A., GSR for the Practicing the Principles meeting; Fred F., GSR for Unity through Tradition Group at the Alano Club; Claudia Q., GSR for the Tuesday Women's Amity Group; Laura B., GSR for the Springville Monday Night Book Study.

The GSR Preamble was read by all attendees. "We are the General Service Representatives. We are the link in the chain of communication for our groups with the General Service Conference and the world of A.A. We realize the ultimate authority in A.A. is a Loving God as he may express himself in our Group Conscience. As trusted servants, our job is to bring information to our groups in order that the groups can reach an informed group conscience. In passing along this group conscience, we are helping to maintain the unity and strength so vital to our fellowship. Let us, therefore, have the patience and tolerance to listen while others share, the courage to speak up when we have something to share, and the wisdom to do what is right for our groups and A.A. as a whole."

12 Traditions: read by Mike C.

Concept 12: Concept 3 long form read and explained by Allen L.

Approval of Minutes: February 1, 2023 minutes approved.

Treasurer's Report: Josh F. Gave his report. The balance forward was \$3,133.75. Income: Valley Group \$24.90 and Tuesday Women's Amity Group \$48.60. Total \$73.50. Expenses: Annual P.O. Box Fee \$96.00. 2023 Rent \$400.00. Reimbursement for Winter Assembly \$446.25. Total \$942.25.

CSO Liaison Report: David G.

Our February CSR Meeting was held 2023-02-21 (one week late) to avoid St. Valentine's day and the World Ag Expo. The meeting was a hybrid meeting, with two members joining via Zoom. There were ten people present. Central Office finances: for December 21 through January 20, Central Office had an income of \$4,922.18 and expenses of \$4,846.08 for a gain of \$76.10. The Big Book is still on sale for \$9.83 for the hard cover. If you hear of any events where an AA booth for Public Information might be appropriate, please let Carol Ann know, and she will contact Patrick A. to reach out to the organization. Sara had the first Bridging The Gap committee meeting; three people attended. The next meeting will be April 1st, and include the option to attend via Zoom. Sara will set up a group text for committee members.

Old business: the Golf Tournament is scheduled for April 23rd; please announce at your meetings.

New business: Founders Day Picnic will be June 10th, 2023 at Mooney Grove Park. Nominations for committee chair are being taken.

There was a lengthy discussion regarding a meeting where the Secretary shuts everything off and goes home if no-one shows up on time. A brand-new-comer tried to go to the meeting but found the building dark; the meeting has been taken off the schedule.

At the Tulare County Central Office Inc business meeting, old business of a potential raise for our Office Manager was tabled until next month.

Golf Tournament - can we get a committee member to report at the next CSR meeting, and let us know if they need any sort of help or volunteers?

New Year's Eve - this used to be the major fund raiser of the year; but has the event run it's course? Request to the landlord to change the locks to keys that don't suck. And a single key, this time. (Granted) David to work with Carol Ann to make sure Zoom attendees to the CSR meeting have access to the same documents in-person attendees have

Registrar: Our new registrar David G. No report.

H&I Report: Rafael D. Tulare County Hospital & Institution Committee March, 2023

Tulare County, Area 93, participates in H&I activities as part of the NorCal H&I Committee which is comprised of 44 Areas and 25 major institutions from Tulare County to the Oregon Border. We greatly appreciate the AA Fellowship who contribute to the Pink Can funding our activities. As one of the oldest service committees in AA having formed in 1946 predating our General Service Structure, we rely on the voice of our fellowship. We encourage all groups to elect a H&I Representative, attend our meetings, and bring the collective conscience of the groups to our Area Business Meeting. This process keeps us in alignment with Tradition 9 and ensures Tulare County Group's Conscience is heard at the NorCal level. Tulare County H&I continues to bring H&I Panels twice a month to Turning Point, Pine Recovery, and Mothering Heights Women's Recovery. Once a month we take panels to the Mental Health Transitions Living Facility. H&I Panels are continuing in Corcoran SATF and Avenal Prisons along with the Tulare County Jail. Since our last meeting, we have had two Facility Coordinators step down. We are in the process of acclimating new volunteers for these positions. We have updated our volunteer list, and are inviting different volunteers to each H&I panel. This variety allows all volunteers the chance to participate at the facilities of their choice while bringing the lifesaving unity of AA to the participants on the inside. Our next in-person orientation will be March 11, 2023 9:00 am followed by the Area Business Meeting at 10:00 am at 526 N. Bridge Street, Visalia (BSDO meeting place).

DCM Report: Highlights from ACM 2/18/23: Our delegate, Jenn D reported;

1. Background materials for the Agenda Items had just been released (all are available now) in English, French, and Spanish.
2. 89 stories received for the Black and African American Pamphlet; the Trustees are looking to hire a person of color to edit these stories and discussing a new title for the pamphlet.
3. Native North American working group is getting ready to release the call for stories.
4. 5th Edition of the Big Book received 2600 stories—the committee will read an average of 100

stories/month.

5. Plain Language Big Book—first six chapters are translated, and the committee is reviewing.
6. Price increase for literature starting April 3rd from GSO (20% increase books 30% pamphlets).
7. GSO will be dipping into the prudent reserve next year to cover expenses.
8. There is a project called Location Plus centered around looking into moving GSO out of NY.
9. Agenda Items background materials can be accessed on the delegate's page of the cna.org website: [https:// cna.org/delegates-page/confidential-downloads/](https://cna.org/delegates-page/confidential-downloads/) Upcoming Agenda Items Workshops can also be found on the cna.com website—see the Events Calendar: [https:// cna.org/events/category/agenda-workshops/2023-03/](https://cna.org/events/category/agenda-workshops/2023-03/)
10. David G and I tested out the WiFi and Zoom connection at the 12 Step Recovery Club. All systems are go for facilitating a hybrid event.

Old Business: Our delegate Jenn will be attending our Agenda Item Workshop on March 19! We have the Recovery Club in Porterville reserved for the meeting. Event Chair is Mike C., Food Committee chairman Jim K., Publicity Chair Mike C., Set up and Cleanup Chair Sean A., Hospitality Chair Allen L., David G. Hybrid Tech Chair. Discussion was held regarding expenses for the delegate and alternate delegate for our agenda item workshop. Allen made a motion to give \$300 to Jenn for travel expenses. The motion passed.

The Golf Tournament on March 23rd needs registrations and players! Send to Jim K. with team members. Checks may be sent to Jim K. Or pay at the event.

New Business: Valley Group is hosting agenda item topics on March 12 from 3-5 pm at the St. Pauls Episcopal Church in Visalia.

Seventh Tradition: None
Announcements: None

DECLARATION OF UNITY: Read by all: "This we owe to A.A.'s future: To place our common welfare first, to keep our fellowship united. For on A.A. unity depend our lives, and the lives of those to come."

RESPONSIBILITY DECLARATION: "I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible."

The meeting was adjourned at 8:17 p.m.
Respectfully submitted,
Jim K, Recording Secretary

Group Contributions 02/21/2023 Thru 3/20/2023

Month YTD

1st Friday Speaker Meeting		\$40.00		
10th Ave Men's Group		\$278.35	Unity through Traditions \$150.00	\$350.00
ABC Group		\$0.00		
ACYPAA		\$0.00	Valley Group	\$124.59
Anonymous Group	\$300.00	\$900.00	Valley Speaker Series	\$782.13
Breath of Fresh Air		\$1,600.00	Visalia Alano Club	\$73.31
Bridge St "Drunks Only"		\$0.00	Wednesday Acceptance Group (WAG)	\$500.00
Civic Center Group		\$0.00	Weekend Attitude Adjustment	\$0.00
Clodbusters-Tulare		\$0.00	Women's Changes Group	\$0.00
Crossroads-Tulare		\$0.00	Women's Friday Night-Porterville	\$0.00
CSO Meeting	\$89.27	\$130.88	Women's Happy Hour-Hanford	\$46.72
District 47		\$400.00	Women's Saturday AM 12x12	\$0.00
Bill & Friends		\$0.00	Totals	\$1,491.27 \$7,496.23
Exeter-Quiet Trails	\$50.00	\$50.00		
Exeter Sunday Afternoon		\$0.00		
Foundation Group		\$0.00		
Freedom Fellowship		\$0.00		
Friday Candlelight Meeting		\$246.00		
Friends of Bill W and Dr Bob Tulare	\$200.00	\$200.00		
Half & Half		\$200.00		
Keep it Simple Sunday		\$185.50		
Lindsay Fireside Group		\$0.00		
Men's Valley Book Study		\$0.00		
Monday Men's Big Book Study		\$135.00		
Monday Men's Mtg (PPAV)	\$500.00	\$500.00		
Monday Men's Stag		\$0.00		
Mid-Valley-Tulare		\$0.00		
Monday Book Study Springville	\$52.00	\$52.00		
Gem St Noon Book Study		\$0.00		
Monday Women's Reflections		\$0.00		
Nooners Group-Visali		\$0.00		
Rainbow Group		\$147.75		
Rule 62-Visalia		\$111.00		
Serenity Junction-Tulare		\$0.00		
Serenity Seekers AM-Visalia		\$0.00		
Saturday Night Believers		\$0.00		
Sober Sisters	\$50.00	\$50.00		
Springville Gut Level	\$50.00	\$50.00		
St Ritas AA Group		\$0.00		
Springville Breakfast Meeting		\$0.00		
Sunday PM Serenity Seekers		\$0.00		
Tulare Young People		\$0.00		
TUFYPAA		\$0.00		
Tulare Friday Book Study		\$0.00		
Tulare Thursday Noon		\$0.00		
Tulare Sunday Night		\$0.00		
Tuesday Men's Porterville		\$0.00		
Three Rivers Monday	\$50.00	\$100.00		
Tuesday Women's Amity Group (TWAG)		\$243.00		

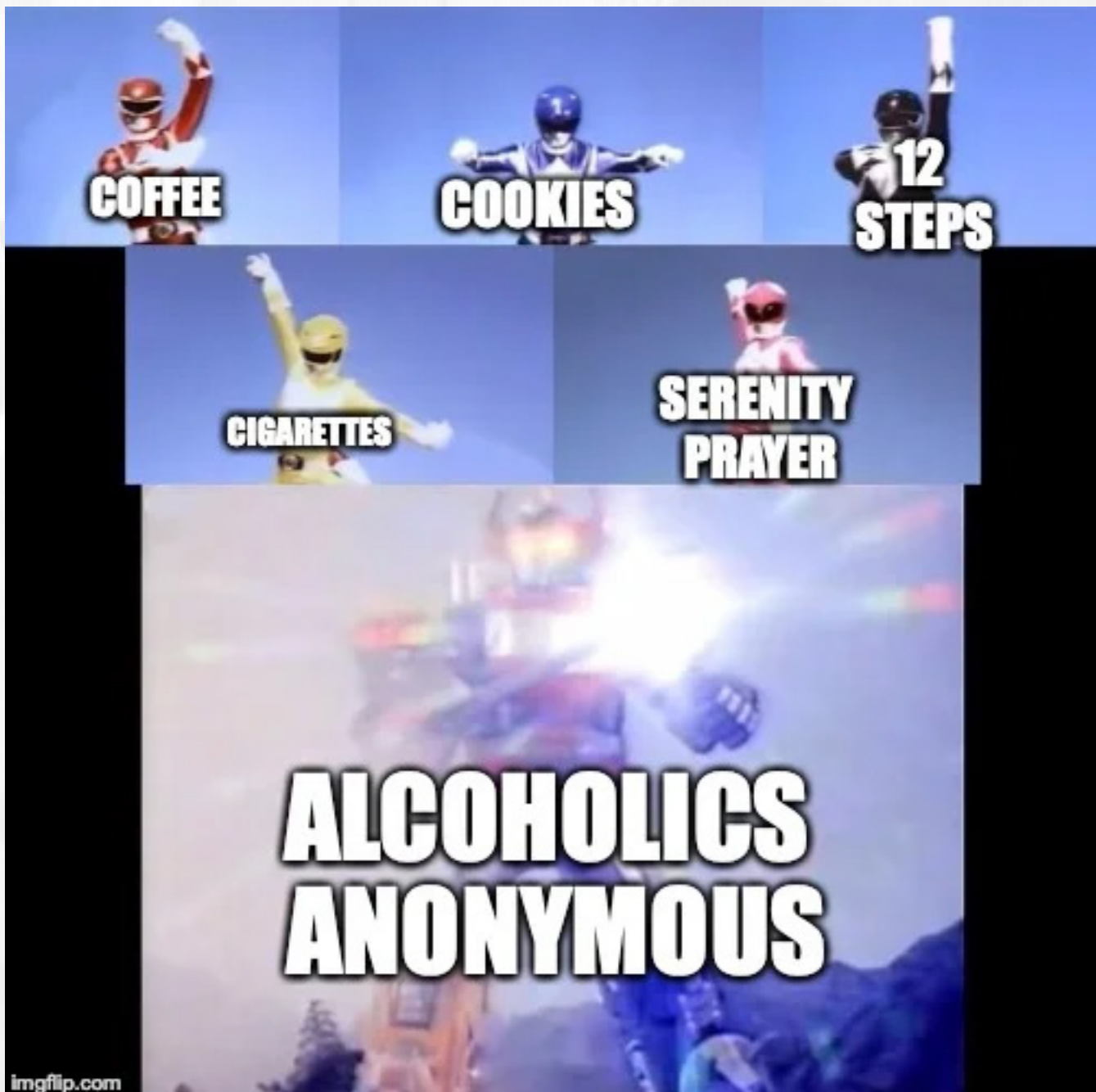


Lighter Side of AA

Me: My name is Matt, and
I'm an alcoholic.

AAA: This is AAA, not AA.

Me: Yeah, I was just explaining
how my car got in the lake.



Meet the Editor

Hello Everyone!

My name is Robert and I am an Alcoholic!

**Its is great to meet you I am the new Editor of the
Central News.**

**I really look forward to being of service. I invite
anyone that wants to get into service to type up a short
piece and share it with us, email a picture, a quote, an
article or anything!**

I want to thank you for allowing me to be of service!!

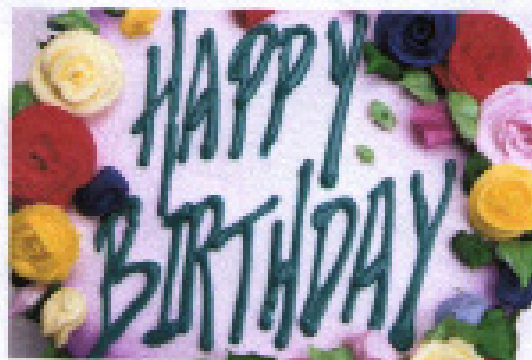
—Robert P.

**Need Help
with a Drinking Problem?**

BIRTHDAY CLUB

THIS IS A GREAT WAY TO SHOW YOUR GRATITUDE FOR YOUR SOBRIETY AND ALSO HELP CARRY THE MESSAGE OF RECOVERY.

JUST CONTRIBUTE \$1.00 FOR EACH YEAR YOU HAVE BEEN SOBER ON THE ANNIVERSARY OF YOUR SOBRIETY DATE TO YOUR CENTRAL OFFICE. THAT IS ONLY ONE TIME PER YEAR. IT'S REALLY SIMPLE AND WOULD HELP YOUR CENTRAL OFFICE TREMENDOUSLY.



venmo



***Would You Like Your Name on the
Monthly Sobriety Birthday List.***

NAME: _____

SOBRIETY DATE: _____

CITY: _____

Please send information to:

**Tulare County Central Office
449 E. Maple St.
Exeter, CA 93221**

Email Info: tccof@hotmail.com

73RD GENERAL SERVICE CONFERENCE



**AGENDA ITEMS WORKSHOP
HOSTED BY DISTRICT 47
WITH SPECIAL GUEST
AREA 7 DELEGATE: JENN D.**

WHEN

**Sunday March 19, 2023
1:00 PM – 4:00 PM**

WHERE

**Twelve Step Recovery Club
186 S D St. Porterville, CA 93257**

Join us also on Zoom:

Meeting ID: 872 4177 2425
Passcode: 747

**ALL GSRs & AA
Members Welcomed**

FREE FOOD

**Smoked Tri-Tip,
Sides,
Soft Drinks**

GSR WORKSHOP

**Discuss any Agenda
Items from fellowships
that need more
clarification.**

**Hear about agenda
items that other
fellowships are
concerned about.**

**Information on where to
register for upcoming
Pre-Conference
Assembly in Tracy, CA**

**For additional
information Contact:
District 47 Alt. DCM
Mike C.
Cell: 408-688-6049**

GRAPEVINE News



What's New For March 2023

2023 CARRY THE MESSAGE PROJECT

Give a Gift Subscription to an alcoholic who needs it. Great for:

- Sponsors • Newcomers
- Friends • Doctors
- Doctors' Offices • Group Celebrations • District and Area Events • Giveaways

WANT TO HELP ANOTHER ALCOHOLIC?

Grapevine & La Viña are Great Twelfth Step Tools!

Get your group, district, area or AA friends to join in. Carry the Message, it's easy!

Go to aagrapevine.org/carry-the-message to get started and see our new Carry the message video at www.youtube.com/c/AAGrapevine

2023 Carry The Message Project

Learn more [here!](#)

GRAPEVINE LA VIÑA

To sign up for our Daily Quote and monthly newsletter visit - aagrapevine.org aalavina.org

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Find us on YouTube at **The AA Grapevine Channel**

Listen to our Podcast aagrapevine.org/podcast

Follow Grapevine and La Viña

Learn more [here!](#)

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Share as you would in a meeting—only recorded (for up to 7 minutes).

HOW TO PARTICIPATE

- Call the Audio Project voicemail: (559) 728-1216*
- Or use your own digital recorder or smartphone to record
- To begin, visit www.aagrapevine.org/audioproject for more information

GET INSPIRED! Listen to sample stories on our website. It's simple and easy to participate!

Grapevine Audio Project

Learn more [here!](#)

WE ARE HIRING!

Join the AA Grapevine, Inc. Team!

We are looking for:

- Editor** (La Viña Magazine)
- Editorial Assistant** (La Viña Magazine)
- Controller**

To learn more and to apply, [click here!](#)

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We Want You to Be a Part of Our AA Grapevine Community! Learn the ways you can participate [here](#).

Your Content Here!!!

Have an event????

New group starting up?????

Have a story to share???

Take some amazing photos around our district???

Want to be of service????

All this can be accommodated-we are available to help! Simply reach out to us here at Central News and we will do all we can to get the word out!!!

Carrying the message to the Alcoholic who still suffer is our primary purpose. What better way to do it then to get involved!!!!

Send your content to:

centralintergroupnews@gmail.com

... and we will help you communicate to district 47!!!

Save the Date - National AA Technology Workshop

September 8-10, 2023

NAATW 2023 will be held in person at Shenandoah University in Winchester, Virginia (about an hour from Dulles airport) and online via Zoom. Our theme this year is "Solving, Sharing, and Scaling Solutions".

Preferred rates have been negotiated at the Hilton Garden Inn and the Hampton Inn which are both within walking distance to the venue. Hotel reservation and Workshop registration links will be sent out soon.

Click here to download the flyer.

Program Participation

Click the link to the program participation form below to submit topic ideas and/or to put your name in to make a presentation.

<https://forms.gle/2fs5hB2iGsBBmHrTA>

Bring NAATW to your city!

We are looking for 2024 and 2025 workshop cities now in order to have locations lined up 2 years in advance.

Hosting NAATW is relatively simple. As a host, your job is to identify some good local venues, organize local volunteers (for hospitality, transportation, and possibly meals), and provide volunteers the day of the event. The NAATW Steering Committee is responsible for workshop content, online registration, and hotel negotiations.

Bringing NAATW to your city can really help spark enthusiasm for technology service in your area.

To get all the details on bidding visit <https://naatw.org/bidding-for-future-workshops/>

Thank you!

Eddy M-M.
NAATW 2023 Chair