

CENTRAL NEWS

May 2023

Website:

www.aa-tulareco.org

Poppies in Bloom
-Robert P.

Alcoholics Cured By Faith

Alcoholics Anonymous is the name applied to a group of ex- alcoholics who, through a therapeutic program which includes a definite religious element, have successfully combated alcoholism.

The group stems from the efforts of one man, William Wilson, who in 1934 found an answer to his drinking problem in a personal religious experience. Since then, many alcoholics have become sober by using this approach.

Alcoholics Anonymous claims a recovery rate of 75 percent of those who really try their methods. This figure, coupled with their mushroom growth, commands respect and demands explanation.

Characteristic of the so-called typical alcoholic is that he is completely self-centered, dominated by feelings of omnipotence, intent on maintaining at all costs his feelings of self- importance and self-satisfaction.

Among problem drinkers these qualities have been described as “defiant individuality” and “grandiosity.” Inwardly the alcoholic books no control from man or God.

He, the alcoholic, is and must be master of his destiny.

-Harry M. Tiebout, M.D. May, 1944

Step 5

“Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.”

This step opened a lot of doors for me ,I learned taking this step that being honest with someone I could trust , myself and of course God, That my past behavior and wrong doing, did not have to be in my future, I could start correcting my actions in a new beginning. I learned a lot about myself,that I was the cause of 99% of my problems . This step also relieved the many fears I’ve lived with, and my guilty conscience, and also learned I could help others with similar pasts . I will end this one of my favorite paragraphs in the big book,pg 75 once we have taken this step,withholding nothing,we are delighted.We can look the world in the eye.We can be alone at perfect peace and ease.Our fears fall from us.We begin to feel the nearness of our Creator. We may have had certain spiritual beliefs, but now we begin to have a spiritual experience. The feeling that the drink problem has disappeared will often come strongly.We feel we are on the Broad Highway walking hand in hand with the Spirit of the Universe. Thank you for allowing me to be of service.

-Steve P.

New on the Calendar!

CNIA 07 Post-Conference Assembly 2023 for May 6 - 7.

Woodstock West 2023 for May 19 - 21

88th Founder’s Day Picnic for June 10.

The 63rd ICYPAA Conference (San Francisco) for September 1.

Soberfest 2023 for September 23.

Northern California Council of Alcoholics Anonymous (NCCAA) – 2023

Fresno for October 13.

-David G.

Support the Central Office

Supporting the Central Office is a very important and valuable thing for our fellowship! Now it is easier than ever!

Donate Today using Venmo!



Tradition 5

“Each group has but one primary purpose—to carry it’s message to the alcoholic who still suffers.”

“Someone” isn’t always a person who is still out there drinking, they can be coming to their first or fifteenth meeting. Or someone in a recovery home who is still struggling. As they say “You can’t keep it if you don’t give it away.” At first that didn’t make sense to me. If I give something away I don’t have it anymore. Now I understand it as If I don’t “share it” I will lose it. I need to go to meetings and share with the newcomers. Tell them a little about myself and the problematic things I did when I was drinking. Let them know as best as I can how I was once like them. Sometimes I can talk about how a small everyday problem can be a huge hurdle to jump and a really big problem can be overcome quickly.

Another way to bring the message is to go on a 12th step call or to have a few sponsee’s. I have not had much experience with either of those but I know they work from working with my sponsor and following her direction, (she’s a wonderful woman) and by watching those around me.

So how does this help me? It gets me out of myself, I am not the important one at that moment; they are. I’m thinking less about myself and more about someone else. It reminds me of where I was not too terribly long ago and where I could easily be again if I lose sight of what’s important, My sobriety.

**Thank you for letting me carry this message.
Sheryl E. Springville.**

Individual, Newsletter, Memorial &

Birthday Club Contributions

3/21/2023 thru 4/20/2023

Birthday Club

<u>Allen L</u>	<u>Visalia</u>	<u>42</u>
<u>Marcie M</u>	<u>Porterville</u>	<u>35</u>
<u>Boo M</u>	<u>Visalia</u>	<u>26</u>
<u>Jesse M</u>	<u>Porterville</u>	<u>20</u>
<u>Steve S</u>	<u>Visalia</u>	<u>12</u>
<u>Sheryl E</u>	<u>Springville</u>	<u>10</u>

Grateful Giver's Club

<u>Members</u>	<u>\$491.27</u>
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Individual Contributions

Art & Tiffany J

- Bill H
- David G
- Doris P
- James K
- Ken W
- Robert T
- Sandra K
- Shannon S

Newsletter Contributions

None

Memorial Contribution

None

May AA Birthdays

MAY

2023

Penny O	Dinuba	55
Greg	Woodlake	46
Virginia E	Lemoore	43
Allen L	Visalia	42 5/18/1981
Bill T	Exeter	39
Joe S	Lindsay	39
Jose S	Visalia	39
Jesse M	Porterville	39
Jesse M	Porterville	38 5/22/1985
Harry C	Visalia	37
Terry W	Visalia	37
Luann B	Three Rivers	36 5/28/1987
Larry B	Visalia	35 5/8/1988
John B	Tulare	35
Jeff S	Visalia	35
Don S	Visalia	35
Mark A	Tulare	35
Sarah R	Visalia	35
Dave I	Visalia	34
Julie M	Porterville	34 5/15/1989
Steven M	Porterville	34
Sharon Y	Visalia	34
Jimmy V	Visalia	33
Susan M	Porterville	33 5/22/1990
Steve D	Visalia	33
Ron Mc	Visalia	32
Joe S	Porterville	31
Scott H	Visalia	31 5/9/1992
Melonie L	Visalia	31
Wayne T	Visalia	31
Gail G	Visalia	30
Jerry Mc	Visalia	30
Mike G	Visalia	30
Mike N	Visalia	30
Henry T	Visalia	30
Brian C	Visalia	30
Willie	Visalia	30
Louise G	Exeter	30 5/9/1993
Greg B	Tulare	29 5/23/1994
Manuel O	Tulare	28 5/21/1995
Boo M	Visalia	26 5/18/1997
Theresa S	Visalia	26 5/22/1997
Michelle S	Visalia	23 5/27/2000
Kathy D	Visalia	22 5/7/2001

May Birthdays (cont.)

Jim C	Visalia	22	5/20/2001
Jennifer R	Visalia	20	5/1/2003
Carolyn W	Porterville	18	5/24/2005
Lucy w	Visalia	15	5/9/2008
Tim A	Visalia	13	5/25/2010
Laura D	Porterville	12	5/20/2011
William K	Springville	12	5/30/2011
Courtney R	Tulare	8	
Michael C	Visalia	7	5/13/2016
Britnee H	Visalia	5	5/27/2018
Melanie D	Springville	4	

That's 1,621 Total Years of Sobriety! Central Office Contacts

Central Office Contacts
3/21/2023 thru 4/20/2023

AA Members	82
Alanon & Alateen Info	0
Bridging the Gap	0
Churches and Schools	0
Court Referral/Info	2
E-Mail Contacts	265
General Info	6
H & I	1
Literature Sales	16
Meeting Information	9
Other 12 Step Programs	1
Prospective Members	4
Schedules & Info Mailed	0
Spanish Contacts	3
Specialty Sales	28
Twelve Step Calls	1
Visitors to the Office	8
Voice Mail Calls	12
Total Central Office Contacts	
Total	438

TULARE COUNTY CENTRAL OFFICE

Income & Expense Statement

3/21/2023 through 4/20/2023

<u>INCOME</u>	<u>MONTH</u>	<u>YTD</u>
B.Day Club	145.00	375.00
CD & Tape Cont.	0	
Grateful Givers Club	491.27	1,305.78
Group Cont.	1,179.18	8,675.41
Indiv Cont	618.99	1,432.99
Interest Income	537.37	537.37
Lit. Sales	916.24	2,615.29
Memorial Cont.	0.00	248.00
Misc.	0.00	0.00
Newsletter Contribution	0.00	54.00
S & H	0.00	0.00
Sales Tax	127.73	387.74
Service Charge 5.75		13.75
Spec. Events-picnic	0.00	0.00
Spec. Items	682.68	2,206.76
State fund dividend	0.00	25.00
State Fund Refund	0.00	0.00
TOTAL	\$4,704.21	17,877.09
<u>EXPENSES</u>	<u>MONTH</u>	<u>YTD</u>
Bank Charge	\$0.00	0.00
Fees-Taxes	0.00	50.00
Insurance	0.00	550.00
Lit. Costs	2,495.13	4,785.46
PI-CPC Expense	0.00	0.00
Misc Expense	0.00	0.00
Newsletter Cost	0.00	0.00
Office Exp	728.32	1,363.00
Office Equip.& Maint	0.00	0.00
Phone & ISP	132.97	531.88
Postage	8.13	71.13
Employee Taxes	(4,963.91)	(3,062.61)
Returned Check & Chg	0.00	0.00
Rent	650.00	2,600.00
Salary	1,342.26	5,276.34
Sales Tax-Paid	0.00	0.00
Spec. Events-picnic	0.00	245.00
Spec. Items	1,398.70	2,509.80
Card Charge	17.44	77.07
Utilities	72.00	397.71
Ph-venmo	19.00	76.00
venmo fees	6.14	15.00
Website	4.73	18.25
TOTAL	\$1,910.91	15,504.03
Net Gain(Loss)	\$2,793.30	2,373.06
BEGINNING ACCOUNT BALANCES AS OF		
03/20/2023:	\$21,986.14	
ENDING ACCOUNT BALANCES AS OF 4/20/2023:		
	\$24,779.44	
Established Prudent Reserve		
	\$19,000.00	

Speaker Meetings

Speaker Meetings for May

Porterville Recovery Club Speaker Meeting
186 W. Walnut Ave.
Friday May 5th, 2023 at 8:00 PM
Speakers: TBA

Sunday AM Breakfast, Speaker Meeting
Veterans Memorial Building
36000 Hwy 190, Springville
Sunday May 13th, 2023
(Breakfast at 8:30 to 10:00 AM)
Speaker: Katy E. from Thousand Oaks

The Valley Group, Speaker Meeting
St. Paul's Episcopal Church
120 N. Hall St. Visalia, CA 93291
Every Wednesday from 7-8 pm.
Speakers for May
TBA

Civic Center Group
Christ Lutheran Church
3830 W Tulare Ave, Visalia
Birthday speaker meeting
Last Tuesday of the month

Sunday PM Serenity Seekers Valley Group
Sunday 7:30-9 pm.
St. Paul's Episcopal Church
120 N. Hall St. Visalia, CA 93291
Speakers for May
May 7th Caitlin R. of Fresno with 4 years, 3 days!
May 14th Jaime K. of Hanford with 9 years, 1
month, 9 days!
May 21st Chris F. of Hanford with 8 years, 1
month, 20 days!
May 28th David G. of Visalia with 4 whole years
today!

Attention speaker group secretaries: If you want
your speaker listed in the Newsletter, please get
the information to the Central Office (559) 592-
6999 or TCCOF@hotmail.com by the 20th of the
month preceding the month of the Newsletter.

Service Meetings

& Addresses May 2023

Service Meetings

GSR Meeting at Central Office
449 E. Maple St., Exeter, CA
Wednesday, May 3rd, 2023 at 7:00 PM

CSR Meeting at Central Office
449 E. Maple St., Exeter, CA
Tuesday, May 9th, 2023 7:00 PM

H&I Meeting (odd months only) in person at
526 N Bridge St (no Zoom)
2nd Saturday May 13th 9:00 Orientation, Busi-
ness meeting 10:00

TUFYPAA
Zoom ID 839 4820 8237 Password: service
2nd Sunday of the month May 14th, 2023

SERVICE ADDRESSES

Tulare County Central Office
449 E. Maple St.
Exeter, CA 93221
Email: tccof@hotmail.com
Website: www.aa-tulareco.org

District 47, C.N.I.A.
P.O. Box 273
Exeter, CA 93221

CNIA Treasurer
PO Box 161712
Sacramento, CA 95816-1712

General Service Office
PO Box 459, Grand Central Station
New York, NY 10163

H&I-Contributions
P.O. Box 192490
San Francisco, CA 94119-2490

Central Service Meeting Meetings

Date: April 11, 2023

Meeting called to order: Bill E. Time: 7:04 PM

Board members present: Cheryl H., William (Bill) E., Patrick A., Sara S., David G. Absent: none

Serenity Prayer: Lead by Cody, said by all who wish.

12 Traditions: Paul B.

Minutes of last meeting: Reviewed by all; Paul moved to approve, motion seconded by Brett. Vote: all in favor, none against.

Report of last Board meeting: Meeting called to order at 8:07 PM by Cheryl Hinton. President

(Cheryl): Nothing new to report. Vice President (Bill): asked the board if he could sit in as president under supervision (tonight he is doing that). Secretary (David): nothing new to report. Member at

large (Sara): The Bridging The Gap meeting is April 1st here at the Central Office at 11 AM. Public

Information and Cooperation with the Professional Community P.I./C.P.C. (Patrick): My report is the

same as at the CSR meeting. Office operations report (Carol Ann): nothing new that wasn't discussed

in the CSR meeting. Old business (1): salary increase for our office manager. Carol Ann is currently making \$21.22 per hour, 22 hours a week. Proposal to increase our office manager pay by an even two

dollars per hour. After much discussion, the motion passed unanimously. Old business (2): golf

tournament, we need teams. Please encourage people to sign up. Old business (3): New Year's activity.

Maybe we could coordinate something with the Valley Speaker Series Group. Decision was to ask

CSRs to ask their group and the membership if they would support Central Office helping out with the

event. New business (1): Office Manager vacation. Carol Ann will be out May 15th to May 26th, 2023.

Claudia had previously filled in when Carol Ann was out. New business (2): literature price increase.

Cheryl motioned to raise the Big Book back to the regular price. Patrick seconded; all voted in favor,

none against. New business (3): Central Office hours Saturday. Decision was to trial the last Saturday

of the month, beginning April 29th, 2023. The meeting adjourned at 8:53 PM.

Treasurer and Office report: Carol Ann provided the report. Treasurer / Office Report and Financial Report

2/21/2023 thru 3/20/2023

April 11th, 2023

Good evening!

I am happy report that we received two letters from the IRS regarding the 1st and 2nd

quarters of 2021 for the ERC (Employee Retention Credit). They approved the tax

credits for both quarters, adding interest to them for the amount of \$6,140.87. Once we

receive the funds, we will pay the CPA group that prepared the amended 941s for us. On

side note, we did receive one of the payments yesterday for the amount of \$3655.29,

which will show up in next month's report.

Central Office had an income of \$3,666.32 and expenses of

\$3,646.49 for a gain of \$19.83.

Our Grateful Givers Club brought in \$155.00 and our Birthday Club brought in \$129.00

in much appreciated contributions.

We had \$626.73 in gross sales in 14 transactions for credit and debit cards, 1 transaction

in PayPal for \$20.00, and \$242.95 in gross sales in 5 VENMO transactions this

accounting period.

Traffic and calls have been average.

We want to thank all the groups and individuals who contributed to show their support

for Central Office.

Office operations are going well and we are still fulfilling our primary purpose of

carrying the AA message of recovery.

We have lots a great stuff here at the Central Office to help you share the message of

recovery! We just received some books we haven't had in stock for a while, come and

see what is new!

Central Office is doing a pilot program on the last Saturday of the month for the next

four months to see if it is something we want to do every month for members who can't

get here during the week. The office will be open 9 to 1 the last Saturday of the month,

again, this is only for the last Saturday of the month only.

Please announce this to other members and your groups.

I want to add that I got a jury summons for May 1st, which means I may not be here that

day.

The Spring Into Sobriety event: I didn't know anything about it. So we weren't able to

pass that information on to the groups as they came into Central Office. So if any events

are coming up and you have flyers, please make sure they get to us so we can spread the

word.

Thank you for letting me be your office manager.

Carol Ann Gable

Office Manager/Treasurer

Public Information report: Patrick A. provided the report.

Public Information & Cooperation with the Professional Community (P.I./C.P.C.). We inform

professionals and future professionals about A.A. -What we are, where we are, what we can do, and what we cannot do. We

attempt to establish better communication between A.A. and professionals, to establish simple, effective ways of cooperating

without affiliating.

I do not have anything to report from the last month. I would like to say that we are looking for

volunteers for the upcoming picnic in June.

Thank you for letting me be a service.

Patrick.

Any questions for Patrick? (Cody): What kind of volunteers for the picnic? (Patrick) So it's

basically someone in the booth. You're more than welcome to

help set up. We usually ask people to be in the booth in 30 minute blocks, depending on how many volunteers we have. That way you can enjoy the picnic, but we also offer people an opportunity to be of service.

Volunteers to write Step and Tradition for Central News Step for newsletter:

Issue Step Member Due date Send to

May 5 Steve P. April 20 CentralintergroupNews@gmail.com

June 6 Paul B. May 20 CentralintergroupNews@gmail.com

Tradition for newsletter

Issue Tradition Member Due date Send to

May 5 Sheryl E. April 20 CentralintergroupNews@gmail.com

June 6 Cheryl H. May 20 CentralintergroupNews@gmail.com

Newsletter report: none at this time.

Website report: David G. provided the report.

Horace with Kings County added their Unity Day Celebration for Saturday, May 6.

I added the announcement about Central Office being open on the last Saturday of the month.

Carol Ann added the Men's Spiritual Retreat in Fall Creek Oregon.

I added the Great Outdoor Beaver Meeting 2023 in Beaver Utah.

I added the Fresno Annual Intergroup Picnic for April 29.

I added the 47th Northern California Annual H&I Conference for May 19-20 in Sacramento. I updated the CSR meeting event to note that it is not a traditional A.A. meeting where we share

our experience, strength, and hope. This is a meeting of elected group representatives who come together to discuss events and group activities within our intergroup area.

Carol Ann let me know that the PayPal link wasn't working; I worked with her to get a new code, and have updated the web site. Now the PayPal link sits beside the Venmo link (on a large screen).

H & I report: Joyce R. provided the report. (paraphrased by secretary)

Tulare County Hospital and Institution Committee April, 2023

A lot of exciting things are happening in H and I. They recently had a restructure and a

committee meeting where there was a lot of participation from all areas. They are now doing a

committee inventory, led by the past delegate from Area 6 panel 69. They also have a new cochair,

Julio B., who is spearheading the inventory. Mariposa is back into the fire camps and

their county jail after being shut down due to COVID, and

Fresno is expanding its facilities. H

and I will be bringing a meeting and literature to a new facility that is opening at the end of the

year, run by the charity Salt + Light. The committees of Public Information and Bridging The

Gap will be helped by Patrick and Sara, respectively. Together, it's an exciting time of growth

for H and I.

Basically, there has been a change in facility coordinators which

has increased Joyce's

workload. However, this has allowed her to become more spiritually connected and has led her to realize that she can do a better job than before by following the instructions in the pink pamphlet.

Joyce has introduced changes at two facilities she oversees. She has appointed meeting leaders

and is responsible for coordinating volunteers who must have three years of sobriety. Joyce is

excited because she has received positive feedback from the facilities and volunteers, and she

plans to bring these changes to her local committee.

Joyce was contacted by someone with over three years of sobriety who will be her assistant

facility coordinator, allowing them to expand. If things go well next week, they plan to reach

out to three or four more places. Joyce is excited about the opportunity for growth and being of

more service. She believes it's important to avoid getting stuck in a rut and always aim for the

best, as temporary or seemingly good solutions can prevent us from achieving the permanent

best.

In service

Joyce R.

(Bill) Any questions for Joyce?

(Bill) Would this be like a recovery support fair where people in recovery can go and find

opportunities and services available?

(Joyce) No, H and I's function is to bring meetings to facilities.

Salt and Light wants to provide

additional services to those living in their facility; they offer housing and recovery for homeless

individuals and those affected by mental health issues.

(Patrick) H and I can accept volunteers and bring meetings to their location, which is what they were

looking for.

(Steve) I would really like to see you get in to Robertson House.

(Joyce) Let me work my magic and then I'll tell you. (laughter)

(Bill) Thank you, Joyce. You sparked a valuable conversation.

GSO liaison report: provided by David G.

GSR Liaison meeting minutes 2023-04-05

Nine people attended; we had one new Alternate GSR:

Courtney R.

Finances: report not yet available.

Outgo: \$595.80 which was for the Porterville Agenda Item Workshop.

DCM report on the Area Committee Meeting March 18:

1) This year's Election Assembly has been bumped up one week to November 10, 11 and 12 to

better accommodate the Regional Trustee who will lead us through the nomination and elections

process.

2) April 15 & 16 is the Pre-Conference Assembly in Tracy, CA.

There is still time to poll your

groups for feedback on agenda items. (That was true on April 5, but after April 16: no)

Old business:

Our March 19th Agenda Items Workshop went very well. We had 31 people in attendance and another 5 attending online via Zoom. Thanks to Event Chair Mike C; Food Chair Jim K; Publicity Chair Mike C.; Set-up and Clean-up Chair Sean A.; and thanks to Greg G. who prepared and donated the wonderful tri-tip. The Golf Tournament on April 23rd needs registrations and players! Send to Jim K. with team member names. A few days before the event, Jim has to tell the golf course how many teams there are. The golf course then closes the course for us to get started. If we don't have enough teams, they cannot accommodate us. (The Golf Tournament has since been canceled due to insufficient sign ups).

New business: no new business.

Bridging The Gap (BTG): provided by Sara S.

We had our second committee meeting, April 1st. There were six people who attended, which was a great turnout. I had attended the area Bridging The Gap meeting on Zoom with Brad E.

in Sacramento. It's connecting people coming out of institutions to their AA community. Our next meeting is Saturday May 27th at 11 AM.

Thank you for letting me be of service, Sara.

CSR reports

If you have a change in your meeting please notify Carol Ann here at the office so she can update the meeting schedule and get that information to David for the website.

Springville Monday Night Book Study Group, Cody R., CSR, We are located at the Lighthouse Chapel in Springville. We meet Mondays night from 7 to 8 PM. It is an open group book study. We rotate the books that we study. We're currently reading Language of the

Heart. We're about halfway through that book. We have coffee and sweets at every meeting. Our attendance is pretty consistent. We would love to have more visitors come. So if anyone's interested, there's that meeting on Mondays.

Gut-Level Group, Cody R., CSR,

The Thursday Night Gut Level meeting is also an open group located at the Lighthouse Chapel as well, in Springville. We meet Thursdays 7 to 8:30 PM. We offer coffee and occasional sweets. We do have a birthday meeting, which is the last Thursday of the month where we celebrate sobriety with cake and coffee. We love to have visitors, and the attendance is pretty consistent at that meeting as well.

Thank you for letting me be of service, Cody.

Civic Center Group, Brett R., CSR,

We meet every Tuesday night in Visalia at the Christ Lutheran church near Tulare and Demaree. It starts at 7:00 PM and goes to 8:00 PM. It is an Open meeting, and newcomers are welcome. We have coffee and candy, and literature every week. Books are for sale

at cost, and pamphlets are free. Our business meetings are the third Tuesday of the month at 8:10 PM. We give out chips every week for sobriety under one year; we have a birthday meeting on the last Tuesday of the month, with cupcakes.

We've had pretty good turnout for several months.

Monday Night Men's Meeting, Paul B., CSR.

We meet at the P.P.A.V. Hall in Visalia. We are a Closed men's meeting. We meet for 90 minutes. We celebrate sobriety milestones under a year every week with chips and a hug. Steve is our Official Hugger. On the last Monday of the month we celebrate annual birthdays with chips and a hug and dessert. Our business meeting is the first Monday of the month. Every week we ask men who have completed the steps and have the time and energy to sponsor to stand up so that newcomers know who to talk to. Our numbers have been steadily growing. Pine Recovery and Robertson House have been well represented.

Thank you for letting me be of service, Paul.

Bridge Street Drunks, Sara S., CSR,

We are a large group which hosts 18 meetings. We welcome all who have a desire to stop drinking.

We are located at 526 N. Bridge Street in Visalia. Our business meetings are the last Saturday of the month, alternating between 8 AM or 1 PM. Our next business meeting is April 29th at 1 PM. Our birthday meetings are the last Saturday of the month at the noon meeting. We give chips, hugs, coffee, cake and smiles.

Our group filled out a survey form for the GSR report. Our GSR provided us with questions on the agenda items, so we filled that out.

Our meeting schedule is:

Monday through Sunday 7 AM to 8 AM

Monday through Sunday 12 noon to 1 PM

Tuesday evening 6 to 7 PM (12 x 12 book study)

Wednesday evening 6 to 7 PM (Literature study)

Thursday evening 7 to 8:30 PM (Big Book study)

Saturday evening 7 to 8 PM (open meeting)

With love and service,

Sara S.

Rainbow Group, George J., Secretary.

Hello everyone, my name is George and I want to thank you for having me. This is actually my first time attending this CSR meeting. I am the secretary for the Rainbow Group at The Source, which is the only LGBTQ+ meeting in the area. Although I'm new to the role of secretary, I'm excited to be here

and I'm taking notes to help me navigate through this meeting. Our group meets every Saturday from 5:30 to 6:30 PM and it's an open meeting, so anyone is welcome to attend. We also have chips that we give out every week. On the second Saturday of each month, we have business meetings, and on the fourth Saturday, we celebrate birthdays with cake. We also have sponsors available to take on newcomers regularly. Our group is comprised of around 20 to 25 people

and has been growing really well lately. Just before the meeting, at 5 o'clock, we offer a 10-minute meditation session for those who would like to participate. It's a great way to center oneself and before the meeting. The meditation can be done in different ways, such as silent or guided. Our meetings are open to everyone and we're currently looking for speakers to volunteer for the 10-minute share at the beginning of the meeting. If you're interested, please let me know and I'll take down your name and number. Lastly, I would like to extend an invitation to anyone who would like to visit our meeting on Saturdays at 5:30 PM.

Thank you,
George.

Crossroads Group, Steve P., CSR,
The Crossroads Group in Tulare, on Tulare Avenue - 220 W. Tulare Avenue at the Hillman House. We meet Thursdays from 7:00 to 8:00 PM. We're a small group; about ten to twelve. Most most nights everyone gets to share.

Pine Recovery Friday Night Candlelight meeting, Steve P., CSR,
The Pine Recovery Candlelight meeting is on Fridays nights, from 10:00 to 11:00 PM, in Visalia at 120 W. School Avenue. Usually there's 25 to 30 people. It is an open meeting and it is open to the public; women are welcome even though it's a men's recovery home. Thank you guys,
Steve.

Tuesday Night "Friends Of Bill W. and Doctor Bob", Patrick A., CSR,

This is a Tuesday Night Open Meeting held at St. John's Episcopal Church, 1701 E Prosperity Ave in Tulare from 7:00 to 8:30 PM. We are a fellowship of men and women sharing our experience, strength, and hope. This is an indoor meeting, averaging about ten to fifteen people every week. We give out chips for various lengths of continuous sobriety and celebrate birthdays at the end of each month with cake and ice cream. As always, we have cake and ice cream regardless if anyone is celebrating a birthday. It's a good little meeting. We got the AC unit going because we're starting to get to the warmer months. Newcomers are welcome. All may attend. It's a wonderful meeting and there are multiple men and women there with quality sobriety that are open and willing to sponsor.

Thank you for letting me be of service,
Patrick A.

Springville Breakfast Speaker Meeting, Presented by Sheryl E., CSR,

We meet the second Sunday of each month at the Springville Memorial Building on Highway 190. We open at 8:00 AM with fresh hot coffee. Breakfast is served from 8:30 until 10:00 AM. The speaker meeting starts at 10:15 and ends at 11:45, and we are done by noon. As always we can use help cleaning up.

Considering this month's meeting was on Easter Sunday we had more people than I thought we would.

There were about 57 people; we had ham and eggs, pancakes and fruit. As always it was delicious and a lot of fun. Our speaker Kane was very funny, keeping us laughing and the 10 minute speaker had a great story to tell.

Next month the speaker is Katy E. from Thousand Oaks CA. It is a great way to spend a Sunday morning; good food, good friends, good fellowship. So come on up and join us.

Thank you for letting me be of service,
Sheryl.

Tuesday Women's Changes Meeting, Presented by Sheryl E., CSR,

We meet every Tuesday from 6 to 7 PM at the 12 Step Recovery Club, 186 South D Street in Porterville. We are an open meeting for women only. We each pick a stick from a jar and share on that topic. We average about 20 girls including the girls from PAAR who might have a couple of days to women with up to a whopping 43 years, proving this program works. (Cheryl H. just had a birthday last week, getting 43 years of continuous sobriety).

The last Tuesday of each month we have a potluck that starts at 5:30 PM with good food and Birthday cake. We pass around a card for everyone to sign for those who are celebrating that month.

Thank you for letting me be of service,
Sheryl.

Bill noted that these CSR reports covered 28 meetings a week. Old business:

1. Golf Tournament April 23rd, 2023

1. Our golf tournament is scheduled for April 23 At Valley Oaks Golf Course next door to Plaza Park in Visalia. Tickets are \$100 per person. The flyers are on the website.

2. That is looking really sketchy right now, due to insufficient sign-ups.

2. Founders Day Picnic June 10th, 2023

1. Cheryl H. will be the Founders Day Picnic chairperson. She need a co-chair, preferably someone in Visalia, because the picnic is in Visalia. George J. volunteered.

2. We have a flyer, and we have a speaker, Anita B. from Lemoore.

3. Please get the flyer to your groups.

4. Jack E. is willing to do soda and water.

5. The person who previously would loan their barbecue for the day will not be doing so this year (although they did note that in previous years the barbecue came back in better shape than it left).

6. Cheryl would like to request that people bring salads, specifically potato, macaroni, or pasta salads. Please do not bring any shrimp or fish salads. We're going to have dessert cookies

and the usual.

7. Cheryl has a crew that's going to pick up the sound equipment and set that up.

8. We need a committee of people to be there at eight o'clock in

the morning to help get the table cloths on, get the tomatoes sliced, get the lettuce pulled apart.

9. Groups are being asked to bring baskets for a raffle at the picnic, which will take place on June 10th. Cheryl suggests that groups start preparing their baskets as soon as possible, as it is currently April.

2. Central Office Literature price increases

1. Decision was to hold off on Central Office raising prices until June (or later).

2. We did a large literature purchase from AAWS prior to the price increase.

New Business:

1. Saint Paul's Church is reserved for New Year's Eve party

1. Are groups willing to support Central Office in putting on a gala event? This used to be the big fund raising event of the year.

2. In the past, when Central Office would plan the New Year's Eve party, planning started six months (or more) out.

3. The Central Office event would include a Bake Sale Auction, and a large prize raffle, among other things.

4. We really need to know what the groups think. So at the May CSR meeting, please bring back any input you get from the AA community. We will make our decision in May.

"Would members be willing to attend an AA Central Office New Year's Party, and support it?"

Seventh Tradition: \$39.00

Announcements:

- Our sister fellowship, Narcotics Anonymous, is having their 24th Annual Blues Fest at the Lions Club Roping Arena in Three Rivers, May 19 - 20. The speaker meeting is Friday night, and the music on Saturday goes from 11 AM to 5 PM.

- Recovery yoga: if anyone is interested in yoga or knows somebody who would be interested,

it's every Saturday at 10 AM, at Saint Paul's Church in Visalia. music on Saturday goes from 11 AM to 5 PM.

- Recovery yoga: if anyone is interested in yoga or knows somebody who would be interested,

it's every Saturday at 10 AM, at Saint Paul's Church in Visalia.

Meeting adjourned: 8:25 PM.



District 47 Meeting Minutes

District 47 Meeting Minutes

April 5, 2023

This is a hybrid and Zoom meeting with members participating from various locations, including the Central Office in Exeter.

Meeting Called to Order: 7:06 p.m. by DCM Allen L. Committee: Allen L., DCM; Ralph D., GSR for Bridge Street Drunks Only Group; Jim K., Recording Secretary, GSR for Monday Men's Stag; David G. GSR for the Friday Freedom Fellowship, Josh F. Treasurer; Courtney R. Alternate GSR for Unity through Tradition Group at the Alano Club; Fred F., GSR for Unity through Tradition Group at the Alano Club; Claudia Q., GSR for the Tuesday Women's Amity Group; Laura B., GSR for the Springville Monday Night Book Study.

The GSR Preamble was read by all attendees. "We are the General Service Representatives. We are the link in the chain of communication for our groups with the General Service Conference and the world of A.A. We realize the ultimate authority in A.A. is a Loving God as he may express himself in our Group Conscience. As trusted servants, our job is to bring information to our groups in order that the groups can reach an informed group conscience. In passing along this group conscience, we are helping to maintain the unity and strength so vital to our fellowship. Let us, therefore, have the patience and tolerance to listen while others share, the courage to speak up when we have something to share, and the wisdom to do what is right for our groups and A.A. as a whole."

12 Traditions: read by Josh F.

Concept 12: Concept 4 long form read and explained by Allen L.

Approval of Minutes: March 1, 2023 minutes approved after corrections.

Treasurer's Report: Josh F. Reported that he had not gotten to the mailbox, so his report was incomplete. He let us know that at the beginning of the calendar year we had over \$3,000. The agenda item workshop had three expenses: \$595.80, \$215.84, and \$300. Full report will be forthcoming.

CSO Liaison Report: David G. Our March CSR Meeting was held 2023-03-14. The meeting was a hybrid meeting, with one member and one guest joining via Zoom. There were eleven people (excluding the guest) present. Central Office finances: for January 21 through February 20, Central Office had income of \$4,583.52 and expenses

of \$5,100.55 for a loss of \$440.93. The Big Book went off sale April 3, back to its original price of \$10.65 (with tax, it comes to \$11.58). P.I./C.P.C. would like to know of any events where an AA booth for Public Information might be appropriate. Please let Carol Ann know, and she will contact Patrick A. to reach out to the organization. Bridging The Gap committee had its second meeting; six people attended, all in-person. The next meeting will be May 2th, with the option to attend via Zoom. Old business: The Golf Tournament is scheduled for April 23rd; please announce at your meetings. (The Golf Tournament has since been canceled due to insufficient sign ups) Founders Day Picnic will be June 10th, 2023 at Mooney Grove Park. We are still looking for someone to be the Founders Day Picnic chairperson. New business: AAWS New York is raising literature prices on April 3. Books go up by 20%, and pamphlets by (around) 30%. At the Tulare County Central Office Inc business meeting: Old business: Pay raise for our Office Manager was passed, commencing April 1st, 2023. Carol Ann's pay will be raised an even \$2 per hour. New Year's activity: next month, we will ask the CSRs to ask their groups who wants to be on the NYE event committee. New business: Office manager vacation: Carol Ann will be out May 15th to May 26th 2023. Claudia will fill in for Carol Ann. Central Office hours on Saturdays: The proposal is to open Central Office one Saturday a month (not every Saturday), same hours, 9:00 AM to 1:00 PM. Decision was to open the last Saturday of the month, beginning April 29. The motion passed, with the provision that we will try it, but if no-one comes in on Saturdays, after a few months, we will stop.

Registrar: Our new registrar David G. No report. H&I Report: Rafael D. Tulare County Hospital & Institution Committee

Thank you to our fellowship for the continued support of the Pink Cans. The next NorCal Committee Meeting is scheduled for April 22, 2023. We will be participating in a Committee Inventory which will be guided by Past Area 06, Panel 69 Delegate Teddy Basham-Witherington. We are excited about this opportunity to grow in unity as a committee. Tulare County H&I continues to bring H&I Panels twice a month to Turning Point, Pine Recovery, and Mothering Heights Women's Recovery. Once a month we take panels to the Mental Health Transitional Living Facility.

Panels are continuing in Corcoran SATF and Avenal Prisons along with the Tulare County Jail. We are in the process of reorganizing and reaching out to additional facilities to expand our opportunities to carry the message of AA. While our volunteer list continues to grow, we continue to have a need for volunteers in the Prisons. Please announce this at your groups and refer any interested members to our next Area Business Meeting. Our next in-person orientation will be May 13, 2023 9:00 am followed by the Area Business Meeting at 10:00 am at 526 N. Bridge Street, Visalia (BSDO meeting place).

DCM Report: Allen attended the ACM on March 18th. The date for this year's Election Assembly hosted by District 22 (Placerville) has been bumped up week to November 10, 11 and 12 to better accommodate the Regional Trustee who will lead us through the nomination and elections process. There was discussion about hiring a bookkeeper to stay on top of our treasury responsibilities—filing taxes, etc. There was discussion on expanding funding for archivist training to include funding for the alternate archivist. Jenn's delegate report was mainly general reporting on the resigning of Linda C from her position on the General Service Board. April 15 & 16 is the Pre-Conference Assembly in Tracy, CA. There is still time to poll your groups for feedback on agenda items. Agenda Items background materials can be accessed on the delegate's page of the [cna.org](https://cna.org/delegates-page/confidential-downloads/) website: <https://cna.org/delegates-page/confidential-downloads/> The password is HowItWorks
Old Business: Our March 19th Agenda Items Workshop went very well. We had 31 people in attendance and about 5 attending online via Zoom. Thanks to Evnet Chair Mike C; Food Chair Jim K; Publicity Chair: Mike C. Set-up and Clean-up Chair Sean A.; Hybrid Meeting/ Tech Chair David G; and thanks to Greg G who prepared and donated the wonderful tri-tip.
New Business: None
Seventh Tradition: None
Announcements: None

DECLARATION OF UNITY: Read by all: "This we owe to A.A.'s future: To place our common welfare first, to keep our fellowship united. For on A.A. unity depend our lives, and the lives of those to come."

RESPONSIBILITY DECLARATION: Read by all "I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible."

The meeting was adjourned at 7:47 p.m.
Respectfully submitted,
Jim K, Recording Secretary



Group Contributions 03/21/2023 Thru 4/20/2023

	Month	YTD			
1st Friday Speaker Meeting	\$20.00	\$60	Nooners Group-Visalia	\$-	\$-
10th Ave Men's Group	\$-	\$278.35	Pine Recovery AA Meeting	\$-	\$-
ABC Group	\$-	\$-	Practicing the Principles	\$-	\$-
ACYPAA	\$-	\$-	Rainbow Group	\$162.00	\$309.75
Anonymous Group	\$300.00	\$1,200.00	Rule 62-Visalia	\$-	\$111.00
Breath of Fresh Air	\$-	\$1,600.00	Serenity Junction-Tulare	\$-	\$-
Bridge St "Drunks Only"	\$-	\$-	Serenity Seekers AM-Visalia	\$-	\$-
Civic Center Group	\$40.00	\$40.00	Saturday Night Believers	\$-	\$-
Clodbusters-Tulare	\$-	\$-	Sober Sisters	\$-	\$50.00
Crossroads-Tulare	\$120.00	\$120.00	Springville Gut Level	\$50.00	\$100.00
CSO Meeting	\$39.00	\$169.88	St Ritas AA Group	\$-	\$-
District 47	\$-	\$400.00	Springville Breakfast Meeting	\$-	\$-
Bill & Friends	\$-	\$-	Sunday PM Serenity Seekers	\$-	\$-
Exeter-Quiet Trails	\$50.00	\$100.00	Tulare Young People	\$-	\$-
Exeter Sunday Afternoon	\$-	\$-	TUFYPAA	\$-	\$-
Foundation Group	\$-	\$-	Tulare Friday Book Study	\$-	\$-
Freedom Fellowship	\$-	\$-	Tulare Thursday Noon	\$-	\$-
Friday Candlelight Meeting	\$-	\$246.00	Tulare Sunday Night	\$-	\$-
Friends of Bill W and Dr Bob	Tulare\$-	\$200.00	Tuesday Men's Porterville	\$-	\$-
Half & Half	\$-	\$200.00	Three Rivers Monday	\$-	\$100.00
Keep it Simple Sunday	\$-	\$185.50	Tuesday Women's Amity Group (TWAG)	\$-	\$243.00
Lindsay Fireside Group	\$-	\$-	Unity through Traditions	\$-	\$350.00
Men's Valley Book Study	\$-	\$-	Valley Group	\$128.50	\$253.09
Monday Men's Big Book Study	\$106.72	\$241.72	Valley Speaker Series	\$-	\$782.13
Monday Men's Mtg (PPAV)	\$-	\$500.00	Visalia Alano Club	\$-	\$73.31
Monday Men's Stag	\$-	\$-	Wednesday Acceptance Group (WAG)	\$-	\$500.00
Mid-Valley-Tulare	\$-	\$-	Weekend Attitude Adjustment	\$-	\$-
Monday Book Study Springville	\$-	\$52.00	Women's Changes Group	\$-	\$-
Gem St Noon Book Study	\$-	\$-	Women's Friday Night-Porterville	\$-	\$-
Monday Women's Reflections	\$-	\$-	Women's Happy Hour-Hanford	\$-	\$46.72
			Women's Saturday AM 12x12	\$162.96	\$162.96
			Totals	\$1,179.18	\$8,675.41



Lighter Side of AA

3 drunk guys entered a taxi

The taxi driver knew that they were drunk, so he started the engine
&

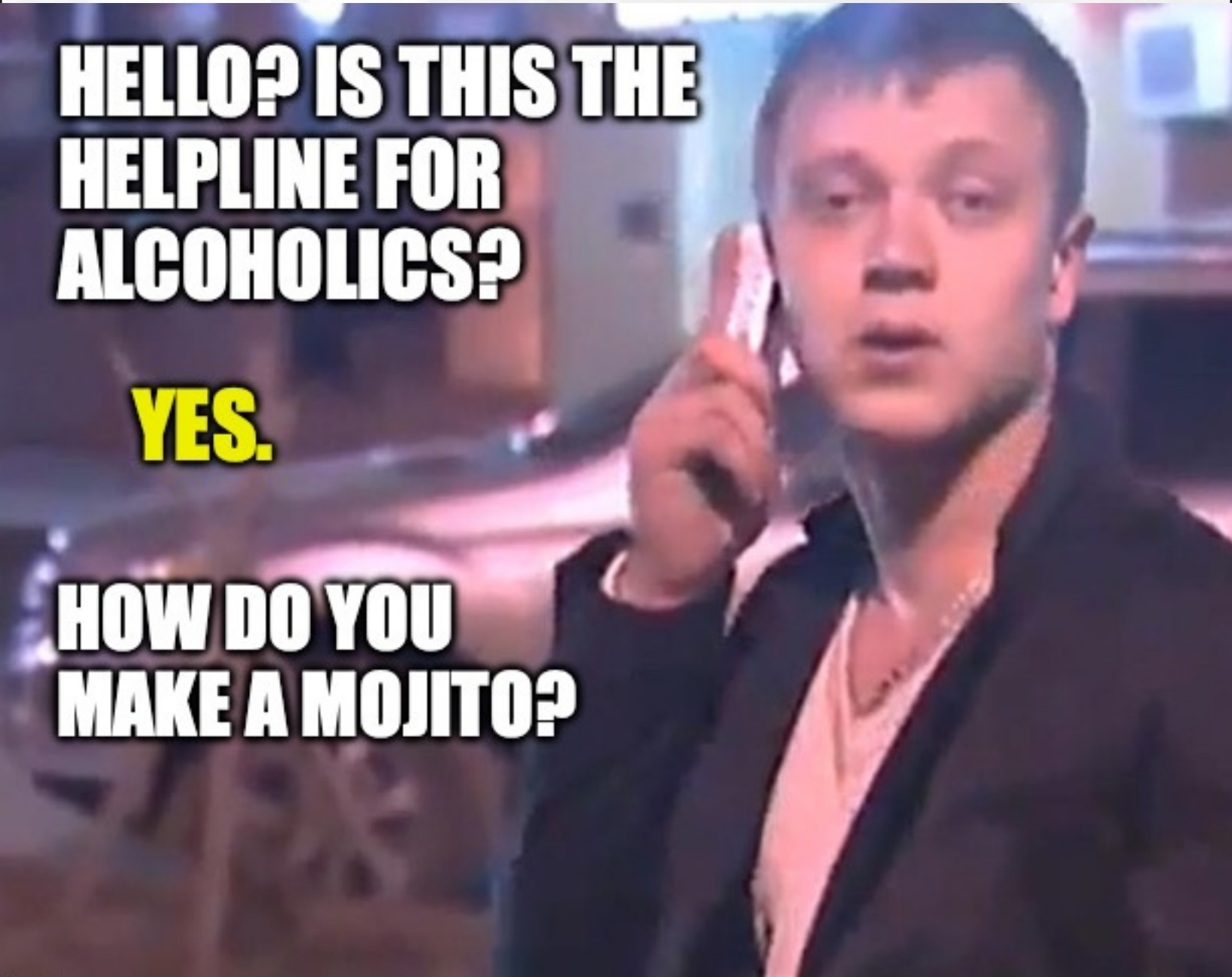
turned it off again. Then said, "We have reached your destination".

The

1st guy gave him money & the 2nd guy said "Thank you". The 3rd
guy

slapped the driver. The driver was shocked, thinking the 3rd drunk
knew

what he did. But then he asked, "What was that for?". The 3rd guy



**HELLO? IS THIS THE
HELPLINE FOR
ALCOHOLICS?**

YES.

**HOW DO YOU
MAKE A MOJITO?**

Meet the Editor

Hello Everyone!

My name is Robert and I am an Alcoholic!

**Its is great to meet you I am the new Editor of the
Central News.**

**I really look forward to being of service. I invite
anyone that wants to get into service to type up a short
piece and share it with us, email a picture, a quote, an
article or anything!**

I want to thank you for allowing me to be of service!!

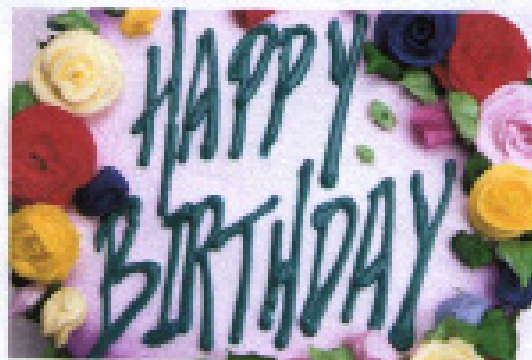
—Robert P.

**Need Help
with a Drinking Problem?**

BIRTHDAY CLUB

THIS IS A GREAT WAY TO SHOW YOUR GRATITUDE FOR YOUR SOBRIETY AND ALSO HELP CARRY THE MESSAGE OF RECOVERY.

JUST CONTRIBUTE \$1.00 FOR EACH YEAR YOU HAVE BEEN SOBER ON THE ANNIVERSARY OF YOUR SOBRIETY DATE TO YOUR CENTRAL OFFICE. THAT IS ONLY ONE TIME PER YEAR. IT'S REALLY SIMPLE AND WOULD HELP YOUR CENTRAL OFFICE TREMENDOUSLY.



venmo



***Would You Like Your Name on the
Monthly Sobriety Birthday List.***

NAME: _____

SOBRIETY DATE: _____

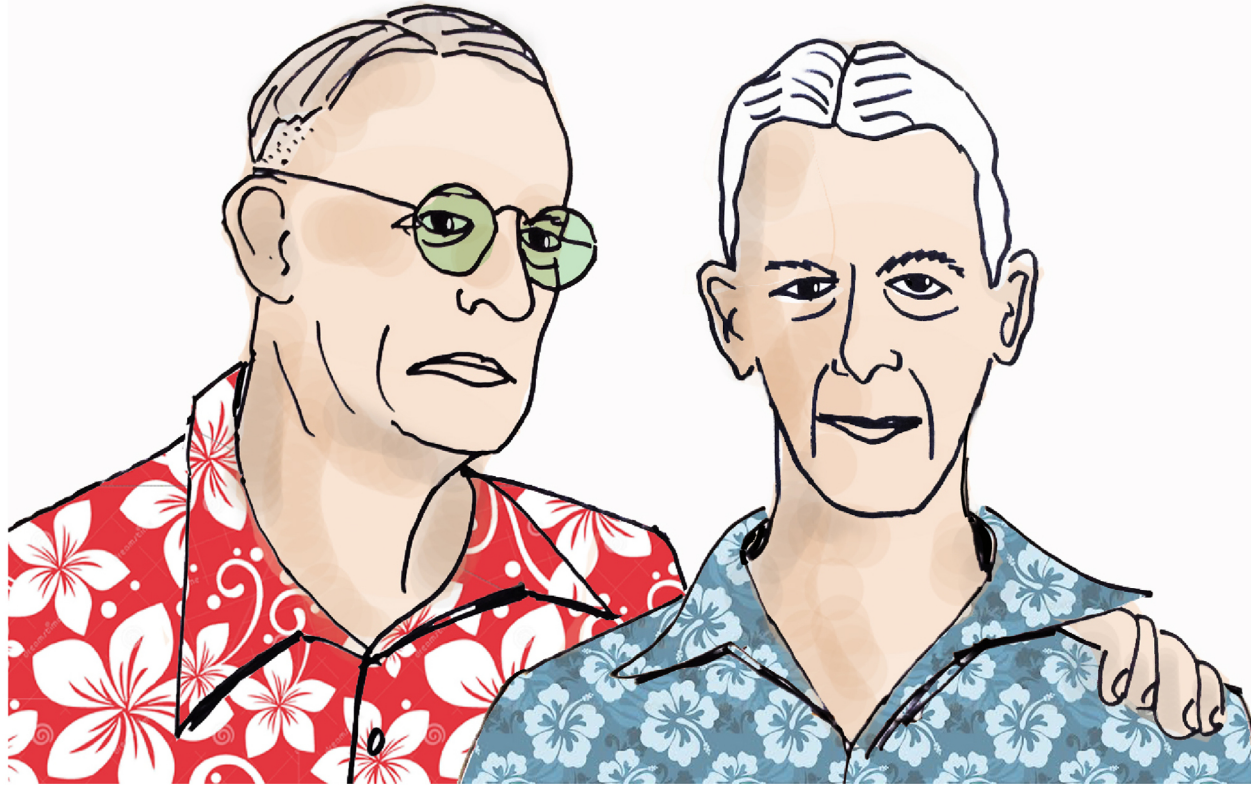
CITY: _____

Please send information to:

**Tulare County Central Office
449 E. Maple St.
Exeter, CA 93221**

Email Info: tccof@hotmail.com

Tulare County Central Office Founders Day Picnic



SATURDAY - JUNE 10, 2023

MOONEY GROVE PARK - VISALIA - ARBOR #9

SPEAKER: Anita B. FROM Lemoore, CA

Lunch Served FROM 11:30 AM TO 12:30 PM

LUNCH: Adults: \$8.00 / Children Under 12: \$1.00

BBQ Hamburgers & Hot Dogs WITH Beans, Salad, Chips & Dessert - Sodas & Waters: \$1.00

GATES OPEN: 8:00 AM - Fun, Food & Fellowship - Speaker: 1:00 PM

BASKET RAFFLE

50/50

Volleyball

HORSESHOES

GRAPEVINE News



What's New For March 2023

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Give a Gift Subscription to an alcoholic who needs it. Great for:

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Get your group, district, area or AA friends to join in. Carry the Message, it's easy!

Go to aagrapevine.org/carry-the-message to get started and see our new Carry the message video at www.youtube.com/c/AAGrapevine

2023 Carry The Message Project

Learn more [here!](#)

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Listen to sample stories on our website. It's simple and easy to participate!

Grapevine Audio Project

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We are looking for:

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- Editorial Assistant** (La Viña Magazine)
- Controller**

To learn more and to apply, [click here!](#)

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We Want You to Be a Part of Our AA Grapevine Community! Learn the ways you can participate [here](#).

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Have an event????

New group starting up?????

Have a story to share???

Take some amazing photos around our district???

Want to be of service????

All this can be accommodated-we are available to help! Simply reach out to us here at Central News and we will do all we can to get the word out!!!

Carrying the message to the Alcoholic who still suffer is our primary purpose. What better way to do it then to get involved!!!!

Send your content to:

centralintergroupnews@gmail.com

... and we will help you communicate to district 47!!!



ALCOHOLICS ANONYMOUS
FIRST FRIDAY SPEAKER MEETING

PRESENTS

KENNY W. , 30 YEARS, PORTERVILLE, CA

AND

ART J., 23 YEARS, PORTERVILLE, CA

ON

FRIDAY, MAY 5, 2023

8:00 TO 9:30 P.M.

PLEASE JOIN US FOR COFFEE AND FELLOWSHIP

TWELVE STEP RECOVERY CLUB

186 SOUTH D STREET,

PORTERVILLE, CA 93257

ALL OTHER FRIDAYS: AA CANDLELIGHT MEETING