

# CENTRAL NEWS

July 2023

Website:

[www.aa-tulareco.org](http://www.aa-tulareco.org)



## *“My Dear Jim”*

Thanks for your last letter, telling me all the good news of yourself and reminding me of your approaching anniversary.\* I do wish I could share it with you, but the press of affairs here is so great that I don't believe there is a chance. But please know how deeply appreciative I am for all that you did in the early days and ever since, to make A.A. what it now is ... it is a record in our annals that will never be forgotten.

I note that what you say about the upcoming 1960 Conference and will suggest your name to the committee. They tell me there is still some question whether Long Beach will be big enough to accommodate the crowd. Judging, however, by the action of the Conference, I think we shall make the best of what is there. It is certainly the largest center of population and this would guarantee the gate at once. Probably you have heard by now that Lois's sister Kitty died. She contracted lung cancer a couple of years ago, had an operation, but it finally caught up with her. She made a great job of the whole business — it was vastly inspiring. I hope I can do half as well when the clock strikes.

Meanwhile, please have all the best and the same to your good lady. Wish I could make this longer, but am piled high.

Devotedly,  
Bill W, July 1, 1958

# Step 7

“Humbly asked Him to remove our shortcomings.”

from page 76 of the Big Book  
of Alcoholics Anonymous

My Creator,

I am now willing that You  
should have all of me,  
good and bad.

I pray that You now remove  
from me

every single defect of  
character which stands in the  
way

of my usefulness to You and  
my fellows.

Grant me strength, as I go out  
from here,  
to do Your bidding.

Amen



# Tradition 7

The long form of Tradition 7 starts with “The A.A. groups themselves ought to be fully supported by the voluntary contributions of their own members.”

I had tried to quit drinking on my own, and utterly failed. My life became miserable. Then I became a member of A.A., successfully stopped drinking, and my life got better. Why wouldn't I want to help keep A.A. going?

It occurs to me that I didn't really “become a member of A.A.” as much I as I became a member of several groups in A.A. The distinction is that A.A. works with one alcoholic helping another, and the best way to do that is in a group setting. If God is speaking through you, in a group setting multiple people who need to hear the message get to do so. In a group setting, God gets multiple people to speak through. I can call myself a “a member of A.A.” but if I'm not participating in a group (or several groups), then I'm depriving myself of an essential part of our solution.

Tradition 7 points out that groups have expenses. I attend one group with the lowest costs I've ever seen: outdoors in a public park (“rent” is paid for by taxpayers), bring your own coffee, we don't have a literature table (wind would blow stuff away), and yet, we do hand out medallions to celebrate lengths of continuous sobriety. Even the lowest cost meeting has expenses. We do collect a 7th Tradition, and because our expenses are so low, almost all of the money goes to our local Central Office, GSO New York, and other A.A. service entities. I am happy to help out that way.

Because of one particular service position I hold, I see where Central Office is particularly helpful: meeting schedules. Can you imagine how difficult it would be to be a newcomer and not have a meeting schedule or access to the Meeting Guide App on your smartphone? Having a Central Office costs money. Having GSO New York run the servers that connect Central Office (Intergroup) websites to your smartphone costs money. From my point of view, it is money well spent.

I used to drink \$15 of vodka a night. I can easily afford \$5 in the basket and still come out \$10 ahead, daily. By contributing money at every meeting, I do help every group carry the A.A. message of recovery. I'm happy to do so: as the people in A.A. helped me get out of the mess of my life I had made, me and my groups are helping the next newcomers turn their life around too.

Thank you for letting me be of service.

David G.  
3

*Support the Central Office*

**Birthday Club**

**Dan S from Visalia 35** (This info should have been in the June 1st Newsletter) (Sorry)

**Jim K from Visalia 21**

**Joyce R from Visalia 10**

**David G from Visalia 4**

**Grateful Giver's Club**

**Members**                      **\$174.00**

**Individual Contributions**

**Ally A**

**Doris P**

**James K**

**Robert T**

**Sandra K**

**Shannon S**

**Newsletter Contributions**

**None**

**Memorial Contribution**

**Fay T    Visalia                      \$50**



Supporting the Central Office is a very important and valuable thing for our fellowship! Now it is easier than ever!

Donate Today using Venmo!



# Central Office Contacts

05/21/2023 thru 06/20/2023

<u>AA Members</u>	<u>50</u>
<u>Alanon &amp; Alateen Info</u>	<u>3</u>
<u>Bridging the Gap</u>	<u>1</u>
<u>Churches and Schools</u>	<u>0</u>
<u>Court Referral/Info</u>	<u>0</u>
<u>E-Mail Contacts</u>	<u>303</u>
<u>General Info</u>	<u>26</u>
<u>H &amp; I</u>	<u>0</u>
<u>Literature Sales</u>	<u>12</u>
<u>Meeting Information</u>	<u>12</u>
<u>Other 12 Step Programs</u>	<u>1</u>
<u>Prospective Members</u>	<u>1</u>
<u>Schedules &amp; Info Mailed</u>	<u>0</u>
<u>Spanish Contacts</u>	<u>1</u>
<u>Specialty Sales</u>	<u>19</u>
<u>Twelve Step Calls</u>	<u>0</u>
<u>Visitors to the Office</u>	<u>18</u>
<u>Voice Mail Calls</u>	<u>5</u>
<u>Total Central Office Contacts:</u>	<u>452</u>

## TULARE COUNTY CENTRAL OFFICE

### Income & Expense Statement

5/21/2023 through 6/20/2023

INCOME	MONTH	YEAR TO DATE
B.Day Club	35.00	474.00
ERC	0.00	6,603.50
Grateful Givers Club	174.00	1,733.56
Group Cont.	1,686.97	11,457.76
Indiv Cont	540.00	2,172.99
Interest Income	0.00	537.37
Lit. Sales	895.44	4,167.46
Memorial Cont.	50.00	298.00
Misc.	0.00	0.00
Newsletter Contribution	0.00	54.00
S & H	0.00	0.00
Sales Tax	127.35	614.25
Service Charge	2.00	15.80
Spec. Events-picnic	4,797.25	4,797.25
Spec. Items	559.70	3,333.11
State fund dividend	0.00	25.00
State Fund Refund	0.00	0.00

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<b>TOTAL</b>	<b>\$8,867.71</b>	<b>36,284.05</b>
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EXPENSES	MONTH	YEAR TO DATE
Bank Charge	\$0.00	0.00
Fees-Taxes	0.00	50.00
Insurance	0.00	550.00
Lit. Costs	45.00	4,962.25
PI-CPC Expense	0.00	0.00
Misc Expense	0.00	0.00
Newsletter Cost	0.00	0.00
Office Exp	988.25	2,525.15
Office Equip.& Maint	379.73	379.73
Phone & ISP	132.97	797.82
Postage	0.00	71.13
Employee Taxes	0.00	3,540.89
Returned Check & Chg	0.00	0.00
Rent	650.00	3,900.00
Salary	2,915.77	9,704.24
Sales Tax-Paid	0.00	0.00
Spec. Events-picnic	2,576.69	2,821.69
Spec. Events-New Year	59.00	59.00
Spec. Items	0.00	2,801.80
Card Charge	13.28	106.64
Utilities	91.16	500.49
Ph-venmo	19.00	114.00
venmo fees	6.51	25.30
Website	4.65	27.51

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<b>TOTAL</b>	<b>\$7,882.01</b>	<b>32,937.64</b>
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<b>Net Gain(Loss)</b>	<b>\$985.70</b>	<b>3,346.41</b>
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<b>BEGINNING ACCOUNT BALANCES AS OF 05/20/2023:</b>	<b>\$24,767.09</b>
<b>ENDING ACCOUNT BALANCES AS OF 5/20/2023:</b>	<b>\$25,752.79</b>
<b>Established Prudent Reserve</b>	<b>\$19,000.00</b>

# Speaker Meetings

July, 2023

## Speaker Meetings for July

### Porterville Recovery Club Speaker Meeting

186 W. Walnut Ave.

Friday July 7th, 2023 at 8:00 PM

Speakers: Glenda and Cheryl H

### Sunday AM Breakfast, Speaker Meeting

Veterans Memorial Building

36000 Hwy 190, Springville

Sunday July 9th, 2023

(Breakfast at 8:30 to 10:00 AM)

Speaker: Sandy M from West Hills, CA

### The Valley Group, Speaker Meeting

St. Paul's Episcopal Church

120 N. Hall St. Visalia, CA 93291

Every Wednesday from 7-8 pm.

Speakers for July

TBA

### Civic Center Group

Christ Lutheran Church

3830 W Tulare Ave, Visalia

Birthday speaker meeting

Last Tuesday of the month

### Sunday PM Serenity Seekers Valley Group

Sunday 7:30-9 pm.

St. Paul's Episcopal Church

120 N. Hall St. Visalia, CA 93291

Speakers for July

July 2 - Susanne H of Visalia with 31 years, 11 months,  
26 days!

July 9 - Johnny G of Visalia with 1 year, 3 months, 26  
days!

July 16 - Kelly M of Visalia with 15 years, 4 months,  
7 days!

July 23 - Nick L of Fresno with 2 years, 5 months, 7  
days!

July 30 - Julie M of Porterville with 34 years, 2 months,  
15 days!

Attention speaker group secretaries: If you want your speaker listed in the Newsletter, please get the information to the Central Office (559) 592-6999 or TCCOF@hotmail.com by the 20th of the month preceding the month of the Newsletter.

# Service Meetings

## & Addresses July 2023

### Service Meetings

#### GSR Meeting at Central Office

449 E. Maple St., Exeter, CA

Wednesday, July 5th, 2023 at 7:00 PM

#### CSR Meeting at Central Office

449 E. Maple St., Exeter, CA

Tuesday, July 11th, 2023 7:00 PM

#### H&I Meeting (odd months only) in person at 526

N Bridge St (no Zoom)

2nd Saturday July 8th 9:00 Orientation, Business  
meeting 10:00

#### TUFYPAA

Zoom ID 839 4820 8237 Password: service

2nd Sunday of the month, July 9th, 2023

### SERVICE ADDRESSES

#### Tulare County Central Office

449 E. Maple St.

Exeter, CA 93221

Email: tccof@hotmail.com

Website: www.aa-tulareco.org

#### District 47, C.N.I.A.

P.O. Box 273

Exeter, CA 93221

#### CNIA Treasurer

PO Box 161712

Sacramento, CA 95816-1712

#### General Service Office

PO Box 459, Grand Central Station

New York, NY 10163

#### H&I-Contributions

P.O. Box 192490

San Francisco, CA 94119-2490

# Central Service Meeting Meetings

Date: June 13, 2023

Meeting called to order: Cheryl H. Time: 7:02 PM

Board members present: Cheryl H., William (Bill) E., Patrick A., Sara S., David G. Absent: none

Serenity Prayer: Lead by Cheryl, said by all who wish.

12 Traditions: Matt H.

Minutes of last meeting: Reviewed by all; Matt moved to approve, motion seconded by Brett. Vote: all in favor, none against.

Report of last Board meeting: Meeting called to order at 8:10 PM by Cheryl Hinton. Cheryl was happy that Central Office decided to go with the New Year's Party. The board decided not to increase the literature prices yet. Carol Ann went on vacation in May, with Claudia covering that. The office is open on the last Saturday of every month until the last Saturday of August; in September we will compare if the income of being open on that last Saturday covers the cost. We discussed what to do with the ERC money and whether we wanted to add more shelves in our storage room. We bought a new printer/scanner to replace our failing one, which Patrick brought with him tonight. The meeting adjourned at 8:50 PM.

Treasurer and Office report: Carol Ann provided the report.

Treasurer / Office Report and Financial Report  
4/21/2023 through 5/20/2023

June 13, 2023

Good evening!

Central Office had an income of \$2,935.75 and expenses of \$2,948.10 for a loss of \$12.35.

We had 9 groups make donations to Central Office this accounting period of \$1,095.38, our Grateful Givers Club brought in \$253.78 and our Birthday Club brought in \$64.00 in much appreciated contributions.

We had \$573.13 in gross sales in 14 transactions for credit and debit cards, and \$179.01 in gross sales in 3 VENMO transactions this accounting period.

Traffic and calls have been average.

We want to thank all the groups and individuals who contributed to show their support for Central Office.

Office operations are going well and we are still fulfilling our primary purpose of carrying the AA message of recovery.

Claudia covered the office on May 5th and May 11th for medical appointments I had. Thank you Claudia!

We have lots of great stuff here at the Central Office to help you share the message of recovery!

Central Office is continuing a pilot program on the last Saturday of the month for the next two months

to see if it is something we want to do every month for members who can't get here during the week.

The office will be open 9 to 1 the last Saturday of the month, again, this is only for the last Saturday of the month only.

Please announce this to other members and your groups the office will be open the last Saturday of the month.

Thank you for letting me be your office manager.

Carol Ann Gable

Office Manager/Treasurer

Are there any questions for Carol Ann? Yes: what are the hours on the last Saturday? 9:00 AM to 1:00 PM.

(Cheryl) On the other side of her report is our income and expense statement for April 21st to May 20th.

If you have had a chance to look that over, are there any questions for Carol Ann? Yes: the \$19,000 prudent reserve: is that included in the \$24,000? Yes – so our operating costs are actually about \$5,000.

Cheryl went on to say she strongly believes in transparency. Alcoholics Anonymous operates with complete openness, as we have no private reserves or secrets. Our books are always available for review. If you have any questions or wish to examine the books, please feel free to visit Central Office.

This is your money and your group's money that support this office, and we value your involvement.

On another note, we are still finalizing the picnic report, which will be completed with Carol Ann's assistance tomorrow. An email will be sent to those whose addresses are on the sign-in sheet tonight, providing the final tally. Regarding our finances, our checking account currently holds \$27,253.37, reflecting the best financial position we have experienced since we started in 1985. This achievement is made possible by the generous contributions from groups and individuals. I extend my sincere gratitude to all who have helped sustain our office. Considering the challenging years we've faced, this progress is truly remarkable. Thank you, everyone, for your support.

Public Information report: Patrick A. provided the report.

Public Information & Cooperation with the Professional Community (P.I./C.P.C.). We inform professionals and future professionals about A.A. – What we are, where we are, what we can do, and what we cannot do. We attempt to establish better communication between A.A. and professionals, to establish simple, effective ways of cooperating without affiliating.

Thank you to everyone for attending the Founders Day picnic. It was a wonderful event, and

there was significant interest at the P.I./C.P.C. booth. I would also like to thank those who assisted at the booth, with setup and allowing me to enjoy some food and stroll around: Jason, Matt, Bill, Jerry, Matt. We had a couple inquiries about Al-Anon and how that works with A.A. too.

Thank you for letting me be a service.  
Patrick.

Any questions for Patrick? (Carol Ann): Where do I get updated schedules for Al-Anon? (Sara)

Al-Anon World Service Office (WSO) would be the best place.

<https://al-anon.org/al-anon-meetings/>

<https://southvalleyanon.org/meetings/>

Volunteers to write Step and Tradition for Central News Step for newsletter

Issue Step Member Due date Send to

July 7 Shelley J. June 20 CentralintergroupNews@gmail.com

August 8 Cody R. July 20 CentralintergroupNews@gmail.com

Tradition for newsletter

Issue Tradition Member Due date Send to

July 7 David G. June 20 CentralintergroupNews@gmail.com

August 8 Bill E. July 20 CentralintergroupNews@gmail.com

Newsletter report: none at this time.

Website report: David G. provided the report.

We had two downtime events; one at 3 AM when no-one cares (May 25), but one today June 13

at 11:45 AM - pretty much the worst possible time. The site was back up right at noon.

I updated the Founders Day Picnic Planning Meeting event on the website calendar, added an announcement on the front page of the website.

I updated the announcement that the Keep It Simple Sunday meeting in Visalia did change to summer schedule on June 4th.

I added an announcement that the Monday Night Men's Meeting at PPAV had a one-time venue change to Colima's restaurant (yesterday June 12).

I added the announcement on Memorial Day that the Central Office was closed that day.

Carol Ann and I did the normal monthly edits of the CSR meeting, GSR meeting, and Springville Sunday Breakfast meeting.

Thank you for letting me be of service.

H & I report: Joyce R. provided the report, read by Carol Ann.

Tulare County Hospitals and Institution Committee  
June, 2023

In Tulare County, we have implemented our new meeting format, which is an interactive meeting including residents and volunteers. This has been well received by the facilities we serve who report they have seen an increase in residents actively participating in their own recovery by getting sponsors. It is believed that this change is a direct result of the meeting we are now bringing into the facilities. We have had the opportunity to incorporate bilingual volunteers in some of our meetings. We have these volunteers share in Spanish to ensure all residents are included in hearing the AA message. Having a volunteer share in Spanish shows all involved that regardless of the language, the AA message is truly the "Language of the Heart" and is heard by all. We are looking for more bilingual volunteers as we hope to offer this at all facility meeting in the near future. Please have any interested bilingual volunteers attend our July Orientation listed below.

Tulare County is now bringing meetings twice a month to Robertson Recovery, Visalia Rescue Mission, Turning Point, Mothering Heights and Pine Recovery. Once a month we bring a meeting to Mental Health Transitional Living. We continue to bring meetings as available to Tulare County Jail, Corcoran, SATF and Avenal Prisons. We continue to need volunteers who are interested in service at the Prison. Please have any interested volunteers attend our July orientation listed below.

On June 4, 2023, the Northern California Committee met for a group inventory facilitated by Teddy WB past Delegate of CNCA Panel 69. It was an opportunity to come together and review what we are doing well and where we can improve. The financial position of NorCal remains sound as the funds that were over our prudent reserve are diminishing as projected as more facilities open, literature orders increase along with literature costs increasing.

Our next orientation will be July 8, 2023 at 9:00 am followed by our business meeting at 10:00 am. We meet at 526 N. Bridge Street, Visalia, CA 93291, the meeting place of Bridge Street

Drunks. If any members are interested and cannot attend, please have them contact Central Office to connect with Joyce R., Interim Area Chair, and arrangements for orientation can be made.

In service,

Joyce R.

Interim Area Chair GSO liaison report: provided by David



G.

GSR Liaison meeting minutes 2023-06-07

Eight people attended; three in-person and five via Zoom.

Finances:

Balance Forward: \$1,593.03

Income: \$109.00 from two groups: Unity Through Traditions, and the Valley Group

Outgo: \$185.83 which was DCM expenses for the Post-Conference Assembly

Ending Balance: \$1,516.20

DCM report:

1) Allen L. and David G. attended the Post-Conference Assembly in Chico, CA May 6th & 7th.

The panels Saturday and Sunday were excellent and it was a great conference.

2) Our Delegate, Jenn, was going to do (did) a recap of the General Service Conference

Monday evening, June 12, 2023 (Yesterday) via Zoom. (We printed flyers and distributed them

at the Founders Day Picnic and meetings). It went two hours and 26 people attended. The slide

show is on the CNIA.org web site already (133 slides). The Zoom session audio was recorded,

and will be combined with the slide show and published later.

Old business: None

New business: Should we plan for another Service Fair event and invite Jenn to give her

Delegate report? Decision was to attend Jenn's presentation on Monday the 12th and revisit this

topic next month.

Bridging The Gap (BTG): provided by Sara S.

We still need to schedule the next meeting; the last one was canceled because we hadn't gotten

information from the Area chairperson. We did have one contact, which we took care of.

Thank you for letting me be of service,

Sara.

CSR reports

If you have a change in your meeting please notify Carol Ann here at the office so she can update the meeting schedule and get that information to David for the website.

Civic Center Group, Presented by Brett R., CSR.

We meet every Tuesday night at the Christ Lutheran church near Tulare and Demaree in Visalia. The meeting starts at 7:00 PM and goes to 8:00 PM. It is an open meeting, and newcomers are welcome.

We have coffee and candy, and literature every week. Books are for sale at cost, and pamphlets are free. Our business meetings are the third Tuesday of the month at 8:10 PM, immediately after the meeting. We give out chips every week for sobriety under

one year; we have a birthday meeting on the last Tuesday of the month, with cupcakes. We've had pretty good turnout for several months. In the spirit of rotation, most of our service position holders will change July 1st.

Springville Monday Night Book Study Group, Presented by Cody R., CSR.

We are located at the Lighthouse Chapel in Springville.

We meet Monday nights from 7 to 8 PM. It is an open group book study. We rotate the books that we study. We're currently reading Language of the

Heart. We're about three quarters of the way through the book. We have coffee and sweets at every

meeting. Our attendance is pretty consistent. We would love to have more visitors if anyone's

interested, especially now that the weather's nice.

Gut-Level Group, Presented by Cody R., CSR.

The Thursday Night Gut Level open meeting is also located at the Lighthouse Chapel in Springville,

off the 190. We meet Thursdays from 7 to 8:30 PM. We have coffee every night. We do have a

birthday meeting, which is the last Thursday of the month where we celebrate sobriety with cake and

coffee. We love to have visitors, and the attendance is pretty consistent at that meeting as well.

Thank you for letting me be of service,

Cody.

Keep It Simple Sunday, Presented by David G., interim CSR.

Keep It Simple Sunday (K.I.S.S.) is an outdoor meeting at 9:00 AM in Blain Park at 3101 South Court

Street in Visalia. We meet down in the detention basin from 10 until 11:30 AM. It's a pet friendly

group. We form a circle and someone reads the Daily Reflections: that's the topic for the meeting. Our

group has a lot of good long term sobriety in it. Newcomers are welcome. Bring a lawn chair. We give out chips every

Sunday for all sobriety milestones. Our business meeting is the first Sunday of the

month, immediately after the meeting.

Thank you for letting me of service,

David.

Monday Night Men's Meeting, Presented by Paul B., CSR.

We meet at the P.P.A.V. Hall in Visalia. We are a closed men's meeting. We meet for 90 minutes. We

start at 7:30 PM, and go until 9:00. We celebrate sobriety milestones under a year every week with

chips and a hug. On the last Monday of the month, we celebrate annual birthdays with chips and a hug

and dessert. Our business meeting is the first Monday of the month. Each week, we ask men who have

completed the steps and have the time and energy to sponsor to stand up so that newcomers know who to talk to.

Thank you for letting me be of service,  
Paul.

**Rainbow Group, Presented by George J., CSR.**

I'm the grateful CSR for the Rainbow Group. Rainbow Group meets every Saturday at 5:30 PM. We do have Five O'Clock meditation, if you are interested in coming early. The group meets weekly for one hour. We're an open group. We have a speaker at the beginning of the meeting who speaks for 10 minutes. After that, it's an open session. We give out chips at every session. We celebrate birthdays at the end of the month where we celebrate with cake and goodies. We also have our business meeting on the second Saturday of the month. All are welcome. If you have any questions, please don't hesitate to let me know. The meeting is at The Source, which is a campus on the south end of the oval for the LGBTQ community.

Thank you for letting me be of service,  
George.

**Bridge Street Drunks, Presented by Sara S., CSR.**

We are a large group which hosts 18 meetings. We have literature available and books at cost. Our birthday meetings are held the last Saturday of the month at the noon meeting - we give chips, hugs cake and coffee! Our business meetings are the last Saturday of the month after the noon meeting at 1:05 PM. So we encourage anyone with a desire to stop drinking to join us.

Our meeting schedule is:

Monday through Sunday 7 AM to 8 AM

Monday through Sunday 12 noon to 1 PM

Tuesday evening 6 to 7 PM (12 x 12 book study)

Wednesday evening 6 to 7 PM (Literature study)

Thursday evening 7 to 8:30 PM (Big Book study)

Saturday evening 7 to 8 PM (open meeting)

Bridge Street is going to contribute 60% to GSO and 40% to Central Office. We also brought up the New Year's Eve event. We were asked to gather ideas from our group, and they had many. One idea that I thought was great was a costume event, like to dress up like in a certain era. Another idea is maybe a casino night, a bake sale, and a raffle. So they were excited about that. We talked for a while.

We have a member set up to prepare our basket to raffle for the Founder's Day picnic.

Thank you for letting me be of service,  
Sara.

**Women's Changes Meeting, Presented by Sheryl E., CSR.**  
We meet every Tuesday from 6 to 7 PM at the 12 Step Recovery Club, 186 South D Street in Porterville. We are an open Women's Meeting. We each pick a stick from a jar and share on that topic.

We average about 20 girls including our girls from PAAR, who might have a couple days to women with up to a whopping 43 years of continued sobriety, proving this program works. The last Tuesday of each month we have a potluck that starts at 5:30 PM with very good food and Birthday cake. We pass around a card for everyone to sign for those who are celebrating that month.

Thank you for letting me be of service,  
Sheryl.

**Springville Breakfast Speaker Meeting, Presented by Sheryl E., CSR.**

We meet the second Sunday of each month at the Springville Memorial Building, 35994 Highway 190. Breakfast is \$8.00 a plate per adult and \$1.00 for children under 12. The speaker part of the meeting is always free so you are not required to eat breakfast to listen to an excellent speaker. Every month we have a different delicious meal cooked and served by our kitchen staff. We open at 8:00 AM with fresh hot coffee. We start serving food at 8:30 AM and stop at 10:00 AM. The speaker meeting starts at 10:15 and goes until 11:45 with a 10 minute speaker and a main speaker. Next month, our speaker is Sandy M. from West Hills, CA. It is a great way to spend a Sunday morning: good food, good friends, good fellowship. So come on up and join us in the beautiful hills of Springville.

Thank you for letting me be of service,  
Sheryl.

**Tuesday Night "Friends Of Bill W. and Doctor Bob", Presented by Patrick A., CSR.**

This is a Tuesday Night, Open meeting held at St. John's Episcopal Church, 1701 E Prosperity Ave in Tulare from 7:00 to 8:30 PM. We are a fellowship of men and women sharing our experience, strength, and hope. This is an indoor meeting, averaging about ten to fifteen people every week. We give out chips for various lengths of continuous sobriety and celebrate birthdays at the end of each month with cake and ice cream. We have cake and ice cream regardless if anyone is celebrating a birthday. It's a great little meeting. Anyone may attend. Newcomers are welcome. There are many wonderful people there with quality sobriety that are open and willing to sponsor.

Thank you for letting me be of service,  
Patrick.

Friday Freedom Fellowship, Presented by Matt H., CSR.  
 We meet at 3830 West Tulare Avenue in Visalia; the cross street is Demaree. We meet from 7:00 to 8:00 o'clock every Friday evening. We are closed co-ed meeting. We celebrate birthdays: we give out chips every week and we celebrate birthdays the last Friday of each month. We encourage sponsorship and we are well attended. We make regular contributions to all the financial entities.  
 Thank you for letting me be of service,  
 Matt H.

New Business:

1. Should we be closing this meeting with a prayer?

1. Yes, and we chose the Third Step Prayer.

Seventh Tradition: \$44.85

Announcements:

• No announcements

Meeting adjourned: 7:59PM.



Old business:

1. Founders Day Picnic June 10th, 2023

1. We had an excellent, excellent turnout.

2. Thank you, George for being co-chair of the event.

3. Thank you everybody who helped. Matt for doing the sound system, David did coffee, Sara got people involved to show up, Jason and George did the cooking, Jack did sodas and water (and made guacamole and snacks before the meal), Cheryl and Sheryl brought food and supplies.

4. Anita, our speaker, shared a tremendous story of experience, strength, and hope.

5. We sold 220 meal tickets. A member counted the number of attendees, and it went over 300 people. The financial report for the picnic will be completed tomorrow and emailed to everyone here tonight.

6. Robertson House basket: they heard there would be a basket raffle and were unaware that the baskets were donations by groups for helping Central Office. David G. thought their basket was misplaced and moved it to be with the other baskets. Later the error was discovered, but some people had already put tickets in for it, which we tried to undo with an announcement.

2. Central Office Literature price increases

1. Tabled to next month.

3. New Year's Eve party

1. John W. volunteered to be the New Years Eve party chairperson. Sheryl nominated, Brett seconded, all voted in favor, none opposed.

2. The speaker is already booked.

3. We have reserved St. John's Episcopal for the event.

4. ERC (Employee Retention Credit) money

1. The New Years Eve party in the past has been a gala event; this ERC money could support that.



# District 47 Meeting Minutes

## District 47 Meeting Minutes

July 5, 2023

This is a hybrid and Zoom meeting with members participating from various locations, including the Central Office in Exeter.

Meeting Called to Order: 7:02 p.m. by DCM Allen L. Committee: Allen L., DCM; Ralph D., GSR for Bridge Street Drunks Only Group; Jim K., Recording Secretary, GSR for Monday Men's Stag; David G. GSR for the Friday Freedom Fellowship, Josh F. Treasurer;, Janet I. member; Sean A. GSR for Practicing the Principals; Mike C. Alternate DCM and GSR for the Valley Group, Danny F. Member, Courtney R. Alternate for Unity Through Traditions meeting, Laura B. GSR for the Springville Monday Night Book Study

The GSR Preamble was read by all attendees. "We are the General Service Representatives. We are the link in the chain of communication for our groups with the General Service Conference and the world of A.A. We realize the ultimate authority in A.A. is a Loving God as he may express himself in our Group Conscience. As trusted servants, our job is to bring information to our groups in order that the groups can reach an informed group conscience. In passing along this group conscience, we are helping to maintain the unity and strength so vital to our fellowship. Let us, therefore, have the patience and tolerance to listen while others share, the courage to speak up when we have something to share, and the wisdom to do what is right for our groups and A.A. as a whole."

12 Traditions: read by Mike C.

Concept 12: Concept 7 long form read and explained by Allen L

Approval of Minutes: June 6, 2023 minutes approved with corrections.

Treasurer's Report: Josh F. Reporting

Balance Forward 1,516.20. Income-Springville Monday Book Study \$50.00; Springville Speaker Breakfast Meeting \$210.00; Total Income \$260.00. No Expenses- Current Balance \$1,776.20.

CSO Liaison Report: Our June CSR Meeting was held 2023-06-13. The meeting could have been a hybrid meeting, but no members joined via Zoom. There were fourteen people present. Central Office finances: for April 21 through May 20, Central Office had income of \$2,935.75 and expenses of \$2,948.10 for a loss of \$12.35.

Old business: 1. Founders Day Picnic June 10th, 2023: We had excellent, excellent turnout. We sold 224 meal tickets, but a member counted everyone present and the count was over 300. The picnic financial report won't show up until next month's CSR meeting, but total income was \$4,797 and total expenses were \$2,821 for a net gain of \$1,975.

2. Central Office Literature price increases tabled to next

month.

3. Saint Paul's Church is reserved for New Year's Eve party - John W is project lead. Announcements-Please remind our membership that Central Office will be open the last Saturday of the month. Springville Speaker Breakfast meeting is this Sunday.

At the Tulare County Central Office Inc business meeting: Old business was tabled to next month: New Year's activity and A.A. Literature price increases.

New business:

1. Sound equipment we no longer use - we have two Carvin 1540 speakers (large/heavy) which take up space in the storage room. We also have an extra sound board and some microphones. Since we don't use them, can we get rid of them? Two members have expressed interest.

2. Office Manager's 2022 vacation not used - discussed and decided on what to do about vacation time not taken last year by our Office Manager.

3. Picnic mishap: A member fell transporting a basket to the podium. Next year, let's put the baskets near the podium.

There was discussion regarding a handbook for the Central Office

Registrar: David G. No Report

H&I Report: Rafael D reporting. Tulare County Hospital & Institution Committee.

The NorCal Committee is currently working to open the Inside Visiting Sponsorship Service (IVSS) program at Folsom State Prison, Central CA Women's Facility at Chowchilla, Substance Abuse Treatment Facility at Corcoran. This is our opportunity to get involved in H&I's groundbreaking program which is providing one on one sponsorship for our members on the inside. We are looking for Volunteer Sponsors. The requirements are five years of sobriety, solid sponsorship experience plus knowledge and practice of AA's Steps and Traditions. Volunteers must be willing to visit in person at least once a month (the clearance form to visit is a simple 1-page application, no TB test or fingerprints required). Males will go into Folsom or Corcoran; females will go into CCWF Chowchilla. There will be an online informational meeting: 11 am, July 16, 2023. Meeting ID: 813 1168 5981 Passcode: IVSS. Please share this information at any meetings you attend, flyers are available at [aa-tulareco.org](http://aa-tulareco.org).

The NorCal Committee's group inventory was held on June 4th. It was a time of consideration of how we can improve our service through education of Regional and Area Chairs along with the challenges of getting volunteers for the Prisons which is an issue throughout our area. Due to a drastic increase in literature purchases which hasn't been experienced since before the pandemic, the committee's surplus of money has been expended leaving us \$6,733.00 below our prudent reserve.

Please encourage all groups to pass the pink can to ensure that literature is available to all our inside members. Locally, in June we held 13 H&I meeting between Visalia Rescue Mission, Robinson Recovery, Pine Recovery, Mothering Heights, Mental Health, Turning Point and Tulare County Jail, with the help of 28 volunteers. We were able to share over 80 books with our inside members. They were held at Corcoran, SATF and Avenal Prisons. We are in need of bilingual volunteers and volunteers to serve at the Prisons. Please direct any interested AA members to our next orientation listed below and also available at [aa-tulareco.org](http://aa-tulareco.org)

Our next orientation will be July 8, 2023 at 9:00 am followed by our business meeting at 10:00 am. We meet at 526 N. Bridge Street, Visalia, CA 93291, the meeting place of Bridge Street Drunks. If any members are interested and cannot attend, please have them contact me, and arrangements for orientation can be made.

DCM Report: Mike attended the ACM as Alt DCM. June 2023 ACM Meeting Notes

Consideration of Minutes: Moved by Jenn to approve the Feb ACM minutes, it was seconded by Matthew and approved by substantial unanimity. Moved by Steve to approve the March ACM minutes, it was seconded by Rachel and approved by substantial unanimity.

Assembly Reports:

•- Election Assembly 2023, (D22): Venue is set. Winter Assembly 2024, Luis (D53): Working on a venue, we have a committee together. Pre Conference 2024, (D36/34): We're working on it! Post Conference 2024, (D41/42): no report submitted

Liaison Reports: Hospital and Institutions (H&I), Vikki: Our purpose has been updated to include all persons confined including those experiencing homelessness and others that cannot get to a meeting. We don't have enough volunteers. We had an H&I inventory recently.

PI/CPC, Matthew: We meet the fourth Tuesday on Zoom Id.#86190411117 Password 465838 at 730pm Hispanic Women's Conference, Herminia: The date of the workshop will be on December 9, 2023. The Committee meets on the 1st and 3rd Sunday of the month

Young Peoples in AA: ICYPAA Rachel - Conference will be Sept 1-4 in SF [icypaa.org](http://icypaa.org) to register.

Appointed Chair Reports: Accents, Jeff: Starting next month we will be including articles written by appointed chairs and area officers about our positions

Archives, Nancy: Although attendance was low, our Open House was successful with attention-grabbing exhibits and plenty of food. I attended the 88th Founders' Day in Akron with eight other ladies and my sobriety sister, Chelsea, who played the bagpipes at Sister Ignatia's Cleveland gravesite. Afterward, we heard informative talks on Dr. Bob's readings in the Library. The Library is in the recently purchased house behind Dr. Bob's House, where the books donated from Area 07 were cataloged and displayed. I wrote daily blogs with photos if anyone would care to see them.

Alternate Archives, Herminia: We had an Archive Exhibit at Founders Day Picnic in Redding. If you would like to visit the Archives Center, please contact Nancy, Area Archivist before visiting.

Bridging the Gap (BTG), Brad: I was invited to participate at the 47 Annual H&I Conference in Sacramento. Come and learn more at our Monthly BTG Zoom Meeting on the last Wednesday of the month at Zoom ID 861 3875 9562. Passcode 658415 E-services, Jessica: Thanks for your patience while we work out the hybrid kinks.

Finance Committee, Don: Starting to preview the 2024 spending plan.

Grapevine, Jorge: I was invited to participate in July and September in different districts. I am open to districts that like to invite me to participate in their events

Literature, Beth: Still waiting on a few orders. Just to remind everyone that I am available for unity days

Oral Translation, Jose: Everything is good

DCM Discussion:

Service Material Book: The chair is putting together an ad-hoc committee to review the area service material book (see website for current book) - would like to open the discussion today to

DCMs to share any thoughts/requested changes.

Old Business: None

New Business: Josh said we need to update the signature cards for our checking account and he can deposit checks electronically.

Seventh Tradition: None

Announcements: None

DECLARATION OF UNITY: Read by all: "This we owe to A.A.'s future: To place our common welfare first, to keep our fellowship united. For on A.A. unity depend our lives, and the lives of those to come."

RESPONSIBILITY DECLARATION: Read by all "I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible."

The meeting was adjourned at 7:47 p.m.

Respectfully submitted,

Jim K, Recording Secretary



# Group Contributions 5/21/2023 Thru 6/20/2023

	Month	YTD			
1st Friday Speaker Meeting	\$0.00	\$90.00	Rule 62-Visalia	\$0.00	\$111.00
10th Ave Men's Group	\$0.00	\$488.35	Serenity Junction-Tulare	\$0.00	\$0.00
ABC Group	\$1.04	\$1.04	Serenity Seekers AM-Visalia	\$0.00	\$0.00
ACYPAA	\$0.00	\$0.00	Saturday Night Believers	\$0.00	\$0.00
Anonymous Group	\$300.00	\$1,800.00	Sober Sisters	\$0.00	\$50.00
Breath of Fresh Air	\$0.00	\$1,600.00	Springville Gut Level	\$0.00	\$100.00
Bridge St "Drunks Only"	\$582.61	\$582.61	St Ritas AA Group	\$0.00	\$0.00
Civic Center Group	\$0.00	\$40.00	Springville Breakfast Meeting	\$0.00	\$0.00
Clodbusters-Tulare	\$0.00	\$0.00	Sunday PM Serenity Seekers	\$0.00	\$0.00
Crossroads-Tulare	\$0.00	\$120.00	Tulare Young People	\$159.00	\$159.00
CSO Meeting	\$44.85	\$273.73	TUFYPAA	\$0.00	\$0.00
District 47	\$0.00	\$400.00	Tulare Friday Book Study	\$0.00	\$0.00
Bill & Friends	\$0.00	\$0.00	Tulare Thursday Noon	\$0.00	\$0.00
Exeter-Quiet Trails	\$100.00	\$250.00	Tulare Sunday Night	\$0.00	\$0.00
Exeter Sunday Afternoon	\$0.00	\$0.00	Tuesday Men's Porterville	\$0.00	\$0.00
Foundation Group	\$0.00	\$0.00	Three Rivers Monday	\$0.00	\$100.00
Freedom Fellowship	\$0.00	\$0.00	Tuesday Women's Amity Group	\$0.00	\$412.94
Friday Candlelight Meeting	\$0.00	\$246.00	Unity through Traditions	\$0.00	\$500.00
Friends of Bill W and Dr Bob Tulare	\$0.00	\$200.00	Valley Group	\$0.00	\$301.09
Half & Half	\$0.00	\$200.00	Valley Speaker Series	\$0.00	\$782.13
Keep it Simple Sunday	\$0.00	\$185.50	Visalia Alano Club	\$0.00	\$151.75
Lindsay Fireside Group	\$0.00	\$0.00	Wednesday Acceptance Group	\$0.00	\$500.00
Men's Valley Book Study	\$0.00	\$0.00	Weekend Attitude Adjustment	\$0.00	\$0.00
Monday Men's Big Book Study	\$0.00	\$241.72	Women's Changes Group	\$0.00	\$0.00
Monday Men's Mtg (PPAV)	\$0.00	\$500.00	Women's Friday Night-Porterville	\$0.00	\$0.00
Monday Men's Stag	\$0.00	\$0.00	Women's Happy Hour-Hanford	\$0.00	\$46.72
Mid-Valley-Tulare	\$0.00	\$0.00	Women's Saturday AM 12x12	\$325.47	\$488.43
Monday Book Study Springville	\$0.00	\$52.00	<b>Totals</b>	<b>\$1,686.97</b>	<b>\$11,457.76</b>
Gem St Noon Book Study	\$0.00	\$0.00			
Monday Women's Reflections	\$174.00	\$174.00			
Nooners Group-Visalia	\$0.00	\$0.00			
Pine Recovery AA Meeting	\$0.00	\$0.00			
Practicing the Principles	\$0.00	\$0.00			
Rainbow Group	\$0.00	\$309.75			



## AA BIRTHDAYS

### JULY 2023

Bobby	Visalia	52	
Jim K	Visalia	46	
Judy C	Porterville	44	
Sandy F	Visalia	43	
Jim B	Springville	42	7/6/1981
John R	Tulare	40	
Margaret D	Woodlake	40	
Mike P	Exeter	37	7/1/1986
Hank P	Dinuba	36	
Danette L	Visalia	35	7/10/1988
Colin M	Three Rivers	34	7/6/1989
Marilyn N	Visalia	34	7/25/1989
Michael H	Visalia	34	
Sandra B	Visalia	34	7/7/1989
Mike H	Visalia	33	
Sharon S	Visalia	33	
Ken W	Porterville	33	7/10/1997
Jim M	Visalia	32	
Ginger G	Visalia	31	
Walt N	Porterville	31	7/19/1992
Terry S	Visalia	30	7/7/1993
Chris H	Visalia	30	7/5/1993
Bob C	Visalia	30	7/8/1994
Manuel M	Tulare	28	
Rafael C	Carlsbad CA	28	7/13/1995
Sue J	Henderson NV	27	7/23/1996
Gary H	Porterville	26	7/8/1997
Jan F	Squim WA	25	7/2/1998
George C	Visalia	24	7/7/1999
Jim K	Visalia	21	7/16/2002
Cynthia S	Tulare	21	7/1/2002
Tammy C	Tulare	20	7/13/2003
Michaele	Visalia	20	7/21/2003
Bettelu	Visalia	20	7/29/2003
Sherry B	Visalia	14	7/29/2009
Chris H	Visalia	14	7/7/2009
Leah A	Texas	10	7/25/2013
Jonathan T	Visalia	7	7/28/2016
Kyle S	Visalia	6	7/10/2017
Jerry O	Visalia	5	7/6/2018

A drunk guy in Alaska decides to go ice fishing. So he packs up his stuff and goes out onto the ice.

He starts sawing a hole in the ice, and a loud booming voice says, "YOU WILL FIND NO FISH UNDER THAT ICE!"

The drunk looks up, ignores it, and continues on. The voice repeats, "YOU WILL FIND NO FISH UNDER THE ICE."

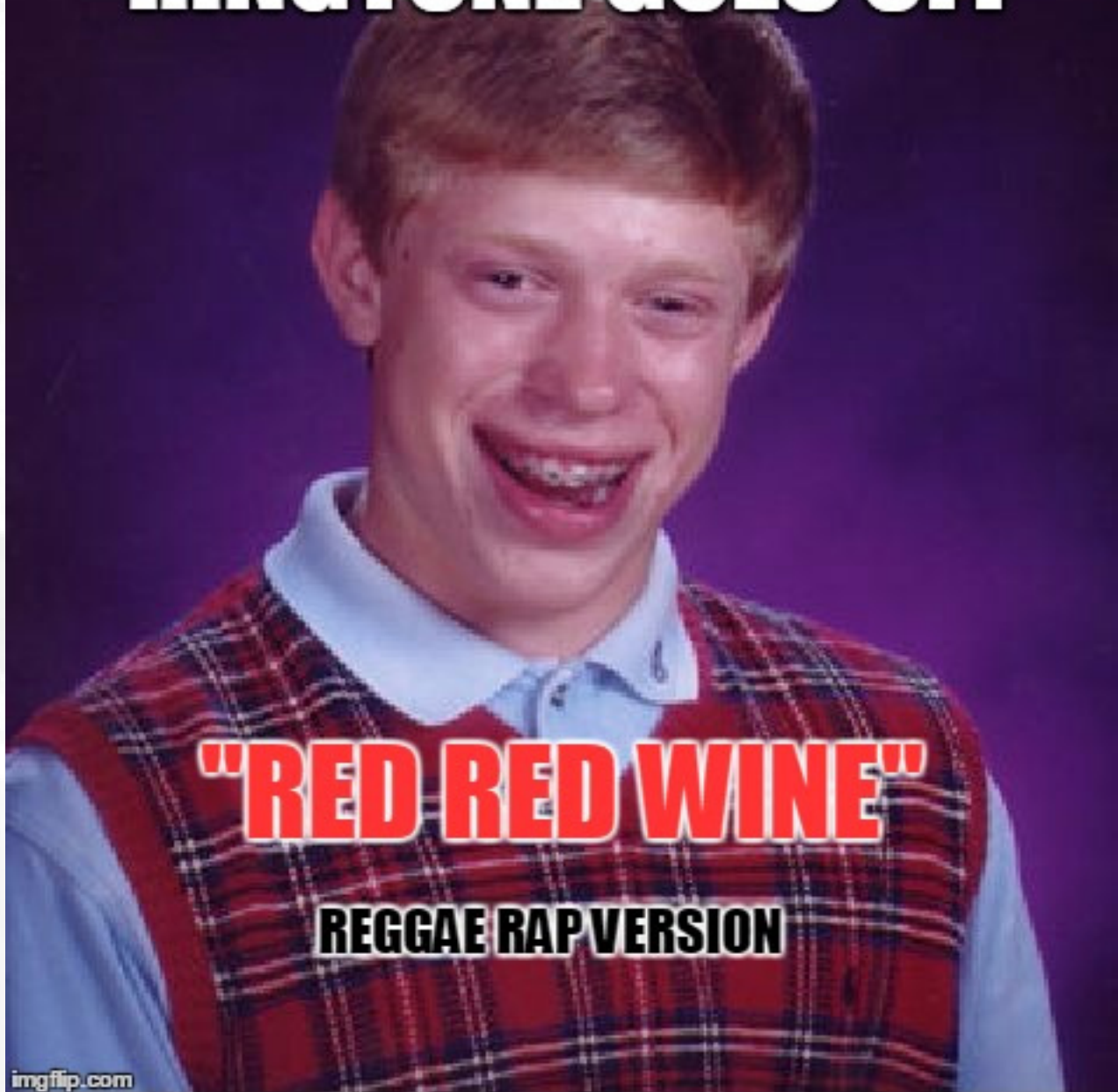
The drunk looks up and says, "God? Is this God trying to warn me?"

The voice says "NO, I'M THE MANAGER OF THIS ICE RINK."



*That's 1,150 years of  
sobriety!*

**ATTENDED A.A. MEETING,  
RINGTONE GOES OFF**



**"RED RED WINE"**

**REGGAE RAP VERSION**

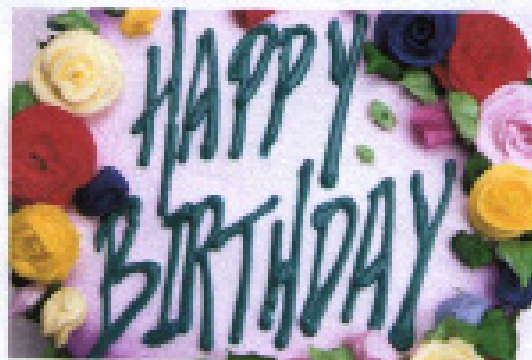
imgflip.com



# **BIRTHDAY CLUB**

THIS IS A GREAT WAY TO SHOW YOUR GRATITUDE FOR YOUR SOBRIETY AND ALSO HELP CARRY THE MESSAGE OF RECOVERY.

JUST CONTRIBUTE \$1.00 FOR EACH YEAR YOU HAVE BEEN SOBER ON THE ANNIVERSARY OF YOUR SOBRIETY DATE TO YOUR CENTRAL OFFICE. THAT IS ONLY ONE TIME PER YEAR. IT'S REALLY SIMPLE AND WOULD HELP YOUR CENTRAL OFFICE TREMENDOUSLY.



**venmo**



***Would You Like Your Name on the  
Monthly Sobriety Birthday List.***

**NAME:** \_\_\_\_\_

**SOBRIETY DATE:** \_\_\_\_\_

**CITY:** \_\_\_\_\_

**Please send information to:**

**Tulare County Central Office  
449 E. Maple St.  
Exeter, CA 93221**

**Email Info: [tccof@hotmail.com](mailto:tccof@hotmail.com)**

**WELCOME TO THE AA MEETING**

**HI MY NAME IS GRIZZLY ADAMS AND  
I'M A THIEF**

makeameme.org

**Hello, my name is Andrew and I'm addicted to memes**



# *Meet The Editor*

**Hello Everyone!**

**My name is Robert and I am an Alcoholic!**

**Its is great to meet you I am the new Editor of the  
Central News.**

**I really look forward to being of service. I invite  
anyone that wants to get into service to type up a short  
piece and share it with us, email a picture, a quote, an  
article or anything!**

**I want to thank you for allowing me to be of service!!**

**—Robert P.**

**Need Help  
with a Drinking Problem?**

# *Your Content Here!!!*

Have an event????

New group starting up?????

Have a story to share???

Take some amazing photos around our district???

Want to be of service????

All this can be accommodated-we are available to help! Simply reach out to us here at Central News and we will do all we can to get the word out!!!

Carrying the message to the Alcoholic who still suffer is our primary purpose. What better way to do it then to get involved!!!!

Send your content to:

[centralintergroupnews@gmail.com](mailto:centralintergroupnews@gmail.com)

... and we will help you communicate to district 47!!!

"Sup I'm Chad, been sober for like 40 days. Not in a row or anything, just total"

