

CENTRAL NEWS

November 2023

Website:

www.aa-tulareco.org

"I'M ONE DRINK AWAY FROM A DRUNK"

"Where would I be without Alcoholics Anonymous? I would be dead. I entered A.A. in 1975. I haven't had a drink in 12 years. But it took me years to get well, and I had a turbulent recovery, including hospitalization for a nervous breakdown. The most courageous act of my life was not to recover from toxic shock; it was to admit that I was a drunk and to do something about it.

The world is full of functioning alcoholics, and I was one of them. I didn't drink on the job for the longest time. I never lost my job through drinking. I didn't ruin my career. I would have done all of these things had I gone on long enough."

-Nan R.

U.S. NEWS & WORLD REPORT, November 30, 1987

Step 11

“Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.”

Tradition Eleven: Navigating the Spotlight While Maintaining Anonymity

In the world of recovery, the 12 traditions of Alcoholics Anonymous (AA) are like guiding stars, helping us to preserve the primary purpose and integrity of the program. Tradition Eleven, in particular, has played a significant role in my personal journey to sobriety. It states, “Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.” I’ll share my experience with this tradition, a journey that has shown me the delicate balance between my personal recovery and the greater principles of AA.

My journey in recovery has been an intimate and private one, as is often the case for many of us. The importance of maintaining anonymity at the level of press, radio, and films, as outlined in Tradition Eleven, has always been clear to me. However, my sobriety has opened doors to a new career which has often put me into the media’s spotlight. I found myself featured in newspapers, on the radio, and even on television. Yet, this success came with its own set of challenges, especially when my job has been to highlight recovery resources.

In my professional role, I often discussed these resources, and on occasion, I mentioned my own journey as someone in recovery. However, my understanding of AA’s principles, nurtured through meetings with my sponsor, shared experiences in AA meetings, and my study of the traditions, continually reminded me of the importance of preserving my personal anonymity.

I realized early on that disclosing my AA membership could carry both personal and program-related consequences. If I were to relapse or even just act in a way that others found unbecoming, my actions could tarnish the reputation of AA as a whole. Even more concerning, it might lead some to form opinions about AA without truly understanding the program, a concept known as “contempt prior to investigation.”

Despite these challenges, I found a way to balance my desire to help others with the responsibility of safeguarding the program. When it was appropriate, I chose to publicly disclose that I was “in recovery” without mentioning AA or my specific group. This choice allowed me to connect with people who were seeking assistance, opening doors to discussions about recovery without breaching Tradition Eleven.

In one-on-one interactions, I’ve felt more comfortable sharing my AA affiliation, even mentioning my specific group, the Rainbow Group. This has allowed me to guide individuals through the doors of AA meetings, in accordance with AA’s traditions.

Tradition Eleven serves as a reminder that attraction, not promotion, is the key to carrying the message of recovery to those who still suffer. It teaches me that my individual actions can profoundly impact how others perceive AA and, by extension, their willingness to seek help. By sharing my story responsibly and always placing the principles of AA above personal recognition, I’ve tried to implement Tradition Eleven in my life.

**Nick V.
Rainbow AA
Sobriety Date: 3/19/15**

Tradition 11

“Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.”

Thy Lasker awards, reader’s digest, and many other publications made it possible for ...” Legions of well-wishers, AA could never have grown as it is

Just as John D. Rockefeller believed AA should be responsible for fully self supporting their own contributions; the cautionary tale of public promotion resulted in earring on the side of anonymity.

I didn’t know of AA; my friends didn’t know. I went to meetings and saw other Alcoholics having conversation and laughter among each other. It attracted me, it’s why I stay. Just as money had the potential to destroy AA so publicity could and probably harm AA.

The wise Stewards of AA choose instead to rely on attraction AA success with million Alcoholics is testament to their success.

-Glenda V.

*Individual, Newsletter, Memorial & Birth-
day Club Contributions*

9/21/2023 thru 10/20/2023

Support the Central Office

Birthday Club

Odran G	Visalia	43
Hal W	Lemon Cove	36
Mary C	Three Rivers	35
Cary M	Visalia	15



Supporting the Central Office is a very important and valuable thing for our fellowship! Now it is easier than ever!

Donate Today using Venmo!

Grateful Giver's Club

Members \$220.77

Individual Contributions

- Ally A**
- Bob T**
- Doris P**
- James K**
- Sandra K**
- Shannon S**

We got some great Christmas merchandise in! Supplies are limited! Come see what's new!

Newsletter Contributions

Anonymous \$20.00

Memorial Contribution

None



Central Office Contacts

TULARE COUNTY CENTRAL OFFICE

Income & Expense Statement

9/21/2023

through

10/20/2023

Central Office Contacts

09/21/2023 thru 10/20/2023

<u>AA Members</u>	<u>82</u>
<u>Alanon & Alateen Info</u>	<u>0</u>
<u>Bridging the Gap</u>	<u>0</u>
<u>Churches and Schools</u>	<u>0</u>
<u>Court Referral/Info</u>	<u>4</u>
<u>E-Mail Contacts</u>	<u>282</u>
<u>General Info</u>	<u>3</u>
<u>H & I</u>	<u>0</u>
<u>Literature Sales</u>	<u>12</u>
<u>Meeting Information</u>	<u>12</u>
<u>Other 12 Step Programs</u>	<u>0</u>
<u>Prospective Members</u>	<u>4</u>
<u>Schedules & Info Mailed</u>	<u>4</u>
<u>Spanish Contacts</u>	<u>1</u>
<u>Specialty Sales</u>	<u>24</u>
<u>Twelve Step Calls</u>	<u>0</u>
<u>Visitors to the Office</u>	<u>14</u>
<u>Voice Mail Calls</u>	<u>6</u>

Total Central Office Contacts:

448

INCOME	MONTH	YEAR TO DATE
BDay Club	129.00	775.00
ERC	0.00	6,603.50
Grateful Givers Club	220.77	2,724.65
Group Cont.	2,150.91	20,337.10
Indiv Cont	545.00	3,743.99
Interest Income	0.00	537.37
Lit. Sales	721.33	6,492.04
Memorial Cont.	0.00	298.00
Misc.	0.00	200.00
Newsletter Contribution	20.00	74.00
S & H	2.00	9.00
Sales Tax	124.56	1,002.91
Service Charge	0.00	20.71
Spec. Events-picnic	0.00	4,797.25
Spec. Items	701.89	5,479.50
State fund dividend	0.00	25.00
State Fund Refund	0.00	0.00
TOTAL	4,615.46	53,120.02

EXPENSES	MONTH	YEAR TO DATE
Bank Charge	0.00	0.00
Fees-Taxes	0.00	50.00
Insurance	0.00	550.00
Lit. Costs	311.91	7,005.45
PI-CPC Expense	32.08	124.77
Misc Expense	0.00	0.00
Newsletter Cost	0.00	0.00
Office Exp	186.51	3,836.30
Office Equip.& Maint	0.00	379.73
Phone & ISP	132.97	1,329.70
Postage	0.00	137.13
Employee Taxes	1,976.59	8,231.84
Returned Check & Chg	0.00	0.00
Rent	650.00	6,500.00
Salary	2,230.01	16,397.64
Sales Tax-Paid	0.00	1,149.00
Spec. Events-picnic	0.00	2,821.69
Spec. Events-New Year	0.00	59.00
Spec. Items	191.10	3,676.26
Card Charge	33.89	182.51
Utilities	0.00	781.16
Ph-venmo	0.00	171.00
venmo fees	4.19	39.25
Website	75.33	117.02
TOTAL	\$5,824.58	53,539.45

Net Gain(Loss) (\$1,209.12) (419.43)

BEGINNING ACCOUNT BALANCES AS OF 09/20/2023:
\$23,196.07

ENDING ACCOUNT BALANCES AS OF 10/20/2023:
\$21,986.95

Established Prudent Reserve
\$19,000.00

Speaker Meetings

November 2023

Porterville Recovery Club Speaker Meeting
186 W. Walnut Ave.
Friday November 3rd, 2023 at 8:00 PM
Speakers: TBA

Sunday AM Breakfast, Speaker Meeting
Veterans Memorial Building
36000 Hwy 190, Springville
Sunday November 12th, 2023
(Breakfast at 8:30 to 10:00 AM)
Speaker:

The Valley Group, Speaker Meeting
St. Paul's Episcopal Church
120 N. Hall St. Visalia, CA 93291
Every Wednesday from 7-8 pm.
Speakers for November
TBA

Civic Center Group
Christ Lutheran Church
3830 W Tulare Ave, Visalia
Birthday speaker meeting
Last Tuesday of the month

Sunday PM Serenity Seekers Valley Group
Sunday 7:30-9 pm.
St. Paul's Episcopal Church
120 N. Hall St. Visalia, CA 93291
Speakers for November
November 5 - Samantha B of Visalia with 2 years, 1 month, 19 days!
November 12 - Ryan B of Visalia with 3 years, 7 months!
November 19 - Jim L of Tulare with 9 years, 10 days!
November 26 - Joshua B of Bakersfield with 6 years, 7 months, 19 days!

Attention speaker group secretaries: If you want your speaker listed in the Newsletter, please get the information to the Central Office (559) 592-6999 or TCCOF@hotmail.com by the 20th of the month preceding the month of the Newsletter.

Service Meetings

& Addresses Nov 2023

Service Meetings

GSR Meeting at Central Office
449 E. Maple St., Exeter, CA
Wednesday, Nov 1st, 2023 at 7:00 PM

CSR Meeting at Central Office
449 E. Maple St., Exeter, CA
Tuesday, November 14th, 2023 7:00 PM

H&I Meeting (odd months only) in person at
526 N Bridge St (no Zoom)
2nd Saturday November 11th, 2023 9:00, Orientation, Business meeting 10:00

TUFYPAA
Zoom ID 839 4820 8237 Password: service
2nd Sunday of the month, November 12th, 2023

SERVICE ADDRESSES

Tulare County Central Office
449 E. Maple St.
Exeter, CA 93221
Email: tccof@hotmail.com
Website: www.aa-tulareco.org

District 47, C.N.I.A.
P.O. Box 273
Exeter, CA 93221

CNIA Treasurer
PO Box 161712
Sacramento, CA 95816-1712

Send Contribution to:
General Service Board
P.O. Box 2407
James A Farley Station
New York, New York 10116-2407
www.contribution.aa.org

H&I-Contributions
P.O. Box 192490
San Francisco, CA 94119-2490

Central Service Meeting Meetings

CENTRAL SERVICE MEETING MINUTES

Central Office and Central Service Representatives Meeting Report

Date: October 10, 2023

Meeting called to order: Cheryl H. Time: 7:00 PM

Board members present: Cheryl H., Bill E., Patrick A., Sara S., David G., Carol Ann G. Absent: none

Serenity Prayer: Lead by Cheryl H., said by all who wish.

12 Traditions: Cody

Minutes of last meeting: Reviewed by all. Cody moved to approve, motion seconded by Bill. Vote: all in favor, none against.

Report of August Board meeting: Meeting called to order September 12th at 9:00 PM by Bill Evans. Five of six board members were present; Cheryl had told us last month that she would be absent this month and Bill would chair the Board meeting. Vice-President's Report: Bill stated that he's not eligible to run again; his term ends in December. The minutes for the Board meeting incorrectly stated that the upcoming election would be for positions of President and Vice-President: no, the election is only for Board membership. After the election, the five board members decide among themselves who will fill which position. Cheryl gave a history of the Bridging The Gap (BTG), Public Information (PI), and Cooperation with the Professional Community (CPC) positions and which service structure they were within over the years (Central Service versus General Service). We also talked about the office being closed on bank holidays. Old business: We did sell the unused sound equipment for \$200. New business: We talked about asking the CSRs to ask their groups about putting their CSR reports in the Meeting Guide app. We discussed the increasing cost of literature from AAWS, but tabled any action to next month. We discussed the last five months of being open on the last Saturday of the month; a motion was made and passed to extend this through December. George asked how it worked out financially: expenses exceeded income by \$225, and we had had four visitors over the five Saturdays. On average (over ten months), we get three visitors a day, Monday through Friday. Page 5 of the newsletter listed the Office Contacts numbers for September. The meeting adjourned at 9:39 PM.

Treasurer and Office report: Carol Ann provided the report.

Treasurer / Office Report and Financial Report

8/21/2023 through 9/20/2023

October 10th, 2023

Good evening!

In June we purchased a new Eco Printer for \$380.00. I should have included that info in the office report for that accounting period. Sorry I didn't include that info previously. Rumor has that we will be able to use 32 reams of paper with the black ink we have on hand! That will be very cost effective! We also have the ability to email right to print so, call me if you have the need to use this function.

Central Office had an income of \$3,086.10 and expenses of \$3,476.90 for a loss of \$390.80.

Our Grateful Givers Club brought in \$206.62 and no one donated to our Birthday Club! Thank you Grateful Givers for your much appreciated contributions.

We had \$437.68 in gross sales in 17 transactions for credit and debit cards, 1 transaction in PayPal for \$20.00, and \$220.00 in gross sales in 2 VENMO transactions this accounting period.

Traffic and calls have been average.

We want to thank all the groups and individuals who contributed to show their support for Central Office.

Spectrum had a phone and internet service outage on September 29th for 45 minutes from 11:00 a.m. to 11:45 a.m.

Office operations are going well and we are still fulfilling our primary purpose of carrying the AA message of recovery.

We have lots a great stuff here at the Central Office to help you share the message of recovery, come and see what's new!

The office will be open 9 to 1 the last Saturday of the month, again, this is only for the last Saturday of the month. We had 3 visitors the last Saturday in September. Two of them were the mailman; he came back a second time with a package for us.

Please announce to other members and your groups that Central Office will be open the last Saturday of the month for the remainder of the year.

Carol Ann Gable

Office Manager/Treasurer

(Bill): What did the postman bring? (Carol Ann): It was a package of chips. (Sheryl): Sounds like Venmo sales are great. (Carol Ann): Yes, it's wonderful. (Cheryl): When Spectrum went down, was that a surprise outage or was that planned? And did they call you? (Carol Ann): It was a surprise outage, but they did call us. (Cheryl): What's our checking account and cash balance? (Carol Ann): We have a total of \$19,978.22 and all of our payroll taxes and everything are all current. (Cheryl): For everyone's information, our prudent reserve is \$19,000 and we will be going under our prudent reserve to fund our New Year's event. We're quite confident that our New Year's party will generate enough

revenue to put us back above our prudent reserve. Toward Christmas time members come in and purchase books and gift items for Christmas and that helps a lot. This is the first time in Central Office's history that we have reached our prudent reserve. We've been above it for several months. I'm quite happy with that. (Cheryl): Do we have any questions for Carol Ann? (Cody): Why is the prudent reserve \$19,000? That seems pretty high. (Cheryl): Well, it is high. But what we do is take our operating expenses for six months: salary, rent, utilities, taxes, everything. It was \$17,000 for probably 15 years and we never reached that. Last year we did some research on it and raised it to \$19,000. That gives us six months.

Public Information report: Patrick A. provided the report.

Public Information & Cooperation with the Professional Community (P.I./C.P.C.). We inform professionals and future professionals about A.A. – what we are, where we are, what we can do, and what we cannot do. We attempt to establish better communication between A.A. and professionals, to establish simple, effective ways of cooperating without affiliating.

I would like to say thank you to David and Ali for helping out the health fair that we just had. I was not able to be there and they both were there for the entire duration. I would like to hear from them a little bit about the event.

(Ali): It was truly an honor to be of service. I got a bit emotional beforehand, realizing that in my journey of sobriety, I never imagined standing up in front of people and representing something that played a pivotal role in saving my life. It was an exciting experience. Both David and I went through our pamphlets, engaging with many individuals. Some were pointing out their friends as possibly struggling with alcoholism, and they took pamphlets. Our location was fantastic, with flu shots attracting a lot of foot traffic. I highly recommend doing it again next year. David did an excellent job encouraging people, suggesting that even if A.A. didn't resonate with them, connecting with Al-Anon could be beneficial. We even sold a Big Book and distributed numerous pamphlets. Overall, it was a great event.

(Bill): Who were all of the volunteers?

(Ali): Myself and David, Rae Ann, Nika, Melanie, Sherry, and Tracy Jo.

(Patrick): Thank you so much to all of you. I got a lot of the pictures of how you decked out our booth. We are a program of attraction and it was a very attractive booth and you got absolutely nothing but positive feedback.

Unfortunately, with the Rawhide event coming up on Saturday, I was not able to get to it. So I owe you an amends, George, because you did give me the information and plenty of time to get that taken care of.

(Secretary summary follows) George and Patrick will work together to get registration and volunteers for the Visalia Pride Event on October 14th from 11 AM to 4 PM at the Visalia Rawhide Stadium. George will take the tote tonight, with the P.I. stuff in it. Carol Ann can fill out paperwork if registration forms need to be filled out. Ali commented that it was surprising

how many professionals thought you had to have insurance to go to A.A. or pay to go: she got many questions asking how much it costs to go. Carol Ann added that yes, she gets a lot of telephone calls asking how much it costs to sign up for our classes.

Bridging The Gap (BTG): provided by Sara S.

We had a meeting at the Central Office last Saturday with three of us: me, David, and another member, Mike S. We accomplished a lot. I talked with Brad E. from up north, and he gave us a template to fix our blue cards with the right address. Mike S. is updating the envelope template. Bridging The Gap helps connect people just released with the local A.A. community. I've been getting people interested, and though not everyone shows up, I now have a couple of committed members wanting to join the committee. Our goal is to use blue cards to meet people at meetings, introduce them to A.A., and explain how it works. The next meeting is on November 4th via Zoom, and already on the website. This way, people can join without driving to Exeter at 11 on a Saturday morning. Our next task is to finalize envelopes and templates and share information with recovery homes, prisons, and Bob Wiley.

Sara.

(Cheryl): Any questions for Sara? (Cody): What is the blue card? (Sara): A blue card is a tool we use to help people coming out of homes, prisons, and jails who might not know what to do next. They fill out their information on the blue card, send it to us, and then one of our committee members contacts them. We arrange to meet them at a meeting, introduce them to A.A., and explain that it's a free (volunteer) Twelve Step support program to help them get sober if they're willing.

(Cheryl) (*paraphrased by secretary*): I wanted Sara to give her report after Patrick because I'd like to clarify the roles of P.I./C.P.C. and Bridging The Gap in our area. Initially, Bridging The Gap was managed by Central Office, with Bob Hinton as the chairperson for Tulare County. When the Area got a consistent chairperson, they felt either General Service or Central Office should handle it. Central Office offered to continue, and a board member took on the role. Regarding P.I./C.P.C., a joint meeting with District 47 led to an arrangement where each entity managed one aspect. Later, due to challenges in District 47, Central Office took on both. If District 47 wishes to split responsibilities again, we are open to that. Central Office wanted board members to be active, not just attend monthly meetings without a role. Our board members are active in these roles to ensure engagement and contribution.

Volunteers to write Step and Tradition articles for Central News

Send your articles to CentralintergroupNews@gmail.com

Step for newsletter

Issue	Step	Member	Due date
November	11	Nick V.	October 20
December	12	Ali A.	November 20

Tradition for newsletter

Issue	Tradition	Member	Due date
November	11	Glenda V.	October 20
December	12	Sheryl E.	November 20

Newsletter report: none at this time.

Website report: David G. provided the report.

Carol Ann added a new meeting: the Joe and Charlie Big Book Study at Bridge Street Drunks Only on Sundays at 6 PM.

David updated the Friday night women's meeting in Porterville: there are now officially Loose Women in Porterville.

David updated the Keep It Simple Sunday meeting in Visalia: on November 5th, they will switch to Winter schedule (10 AM).

I added six announcements:

New Year's Eve Party planning meeting

Soberfest 2023 wrap up meeting

Primary Purpose Group 12 Step Workshop – Starting on Monday the 9th

Bridging The Gap meeting Saturday October 7, 2023

New Meeting: Joe and Charlie Big Book study at Bridge Street Drunks Only

NCCAA Conference 2023 Fresno pre-registration discounts end soon

Carol Ann added the event:

New Year's Eve Party Planning Committee Meeting

I added two events:

Primary Purpose Group 12 Step Workshop – Mondays

CNIA Bridging the Gap Monthly Meeting

Carol Ann and I did the normal monthly edits of the CSR meeting, GSR meeting, Springville Sunday Breakfast meeting, and Valley Group meetings.

Thank you for letting me be of service.

(Cheryl): Are there any questions for David? (none)

GSO liaison report: provided by David G.

GSR Liaison meeting minutes 2023-10-04

Thirteen people attended; two in-person and eleven via Zoom.

Finances: Balance forward was \$1,987.30.

Income of \$907.60 was from seven contributions:¹

Unity Through Traditions	\$100.00
Visalia Friday Freedom Fellowship	\$20.00
Crossroads, Tulare	\$15.00
Group # 723620	\$68.00
Springville Gut Level Group	\$60.00
Keep It Simple Sunday	\$42.60
Springville Breakfast Speaker Mtg	\$600.00

Zero expenses leaves us with a current balance of \$2,894.90.

DCM report: Allen attended the September Area Committee Meeting.

Discussions on the 2024 Spending plan. The current plan spends \$16,500 more than will likely bring in.

Proposal to create a funded AV technician to store, maintain & transport AV equipment to assemblies and ACMs

Highlights from Delegate's Report:

1. Grapevine app is now available.
2. New "Young People in AA" pamphlet is now available.
3. Daily Reflection is now available as an audiobook.

¹ Attributions corrected, since the GSR meeting

4. The 2023 Conference Report will be available at the Election Assembly (or at the October ACM if you want it earlier) and will also available online in PDF format.

5. Preliminary Agenda Items will available in late October. Final Agenda Items and background materials available between Feb 16th and 23rd 2024.

Election Assembly 2023: three of us are attending and carpooling up to Placerville; with perhaps a fourth.

No old business.

No new business.

Announcements:

Nominations for the District 47 officers will be held November 1st. Nominations will also be accepted in December; voting will be December 6th.

(Cheryl): What is the date of the Election Assembly? (David): November 10th, 11th, and 12th.

(Cheryl): Any questions about the GSR meeting? (Cody): The \$600 was from the Sunday Springville Breakfast Speaker meeting. That's our group number, and we did that contribution. The \$60 contribution was from the Springville Gut Level group.

H & I report: Joyce R. provided the report, read by Carol Ann.

Tulare County Hospitals and Institution Committee

October, 2023 H&I Report

This month, we have had a couple of facilities cancel and/or reschedule H&I meetings due to Covid outbreaks. We seem to have moved past this and are back on track. We were able to hold 8 facility meetings, utilize 24 volunteers and distribute over 60 AA books to our inside members in September. The Tulare County Jail is now allowing us to add volunteers and we hope to have several more cleared and ready to go by the end of November. These volunteers will include 2 Spanish Speaking volunteers allowing us to reach more inside members. We are in need of more volunteers in order to expand to more facilities and encourage all interested to contact Joyce or attend our next meeting.

At this time, NorCal's financial position is **poor**. Year to Date our literature expense has increased 63.1% over last year while our contributions increased only 11.3%. This has now left us utilizing prudent reserve funds. Please encourage all groups to pass the Pink Can to ensure that literature is available for our inside members. If your group does not have a Pink Can, they are available at Central Office. Please ensure that groups are passing the pink can separately from the 7th tradition and it is noted that money from the Pink Can is distributed separately from the 7th tradition funds. The Pink Can is not meant to detract from the group's 7th tradition

responsibilities. When funds from the Pink Can are sent to NorCal, please indicate that the contribution is coming from Area 93.

October 22, 2023 is the next NorCal Committee Meeting. We will be reviewing our proposed budget which has been submitted by our Finance Committee, electing our next Finance Committee Member and will review our new General Chair's, Julio B., appointments for Committee Chair Positions. This is an exciting time at the Committee level as rotation of service always bring with it new ideas and growth potential.

Next H&I Orientation: November 11, 2023, 9:00 am followed by the Area H&I Business Meeting at 10:00 am. The meeting is held at Bridge Street Drunks Only, 526 N. Bridge St., Visalia, CA 93291.

In service,

Joyce R.

Area 93 Chair

(Bill): I have a question: Did we get the Pink Cans from her? (Carol Ann): Yes we did! Would you like one? (Bill): I don't need one, but if GSRs and CSRs need one, I wanted to make sure they knew. (Sara): I might be stepping out of line, but there's a new meeting on Saturday nights: The Friends of Bill at the Quaker Church: they don't have a Pink Can. (Cheryl): You need to get a group conscious decision before you pass a Pink Can. So for all the CSRs whose groups don't have a Pink Can: bring it up at your business meeting to have your group pass a Pink Can. There's been a little bit of issues in the Porterville area about a Pink Can and it got straightened out. (*further discussion for 4 ½ minutes*).

CSR reports

If you have a change in your meeting please notify Carol Ann here at the office so she can update the meeting schedule and get that information to David for the website.

Springville Monday Night Book Study Group, Presented by Cody R., CSR.

We are located at the Lighthouse Chapel in Springville. We meet Monday nights from 7 to 8 PM. It is an open group book study. We rotate the books that we study. We're currently reading *Language of the Heart*. We're about three quarters of the way through the book. Turnout is about average. We have coffee and dessert every Monday. We would love to have more visitors. The Lighthouse Chapel is located off the 190: turn on to Bridge Drive, and then south to Rio Vista.

Gut-Level Group, Presented by Cody R., CSR.

The Thursday Night Gut Level open meeting is also located at the Lighthouse Chapel in Springville. We meet Thursdays from 7 to 8:30 PM. It is an open meeting with people sharing their experience, strength, and hope. Our birthday meeting is the last Thursday of the month, and we celebrate with cake and coffee. Turnout is steady. We have cake whether anyone is celebrating a birthday or not. It's a great meeting and we would love to have visitors.

Thank you for letting me be of service,
Cody.

Women's Changes Meeting, Presented by Sheryl E., CSR.

We meet every Tuesday from 6 to 7 PM at the 12 Step Recovery Club, 186 S D Street in Porterville. We are an open women's meeting. We each pick a stick from a jar and share on that topic. We average about 20 girls including the girls from PAAR who might have a couple of days to women with up to a whopping 43 years of continued sobriety, proving this program works.

The last Tuesday of each month we have a potluck that starts at 5:30 with good food and birthday cake. We pass around a card for everyone to sign for those who are celebrating that month.

I did talk with my group about AA fellowship events. My group came up with Chili Cook Off, Dance, Bingo, karaoke, bunko and games.

Thank you for letting me be of service,
Sheryl.

Springville Breakfast Speaker Meeting, Presented by Sheryl E., CSR.

We meet the second Sunday of every month at the Springville Veterans Memorial Building, 35994 Hwy 190. Breakfast is \$8.00 a plate per adult and \$1.00 per child under 12. The speaker part of the meeting is always free, so you don't have to eat breakfast to listen to an excellent speaker.

We open at 8:00 AM with fresh hot coffee. Breakfast is served from 8:30 until 10:00. The speaker meeting begins at 10:15 with a 10 minute speaker, a 15 minute break then the main speaker until 11:45. 50/50 tickets are sold from 8:30 until the main speaker begins.

Our next meeting is November 12th, 2023 and the speaker is Mike H. from Ventura, CA.

Robert has stepped down from setting up and mopping up at the end. We desperately need people committed to being of service. It's only one day a month and not very hard. Hopefully, you and a sponsee or a friend can do that. Maybe we can get a couple of people to step up and different ones to sweep and mop. Be proactive, don't assume someone else is going to do it; otherwise people like Cheryl H. and Marcy get stuck with it.

Thank you for letting me be of service,

Sheryl.

Bridge Street Drunks Only, Presented by Sara S., CSR.

Bridge Street Drunks is located at 526 N. Bridge St. in Visalia. We welcome all who have a desire to stop drinking. Our business meetings are the last Saturday of the month at 1:00 PM, directly following our noon meeting. Our birthday meetings are held the last Saturday of the month at the noon meeting – we offer chips for various lengths of sobriety, hugs, cake and balloons. We have coffee, snacks and candy at every meeting. We have a total of 19 meetings.

Our meeting schedule is:

Monday through Sunday 7 AM to 8 AM

Monday through Sunday 12 noon to 1 PM

Tuesday evening 6 to 7 PM (book study)

Wednesday evening 6 to 7 PM (book study)

Thursday evening 7 to 8:30 PM (Big Book study)

Saturday evening 7 to 8 PM (open topic meeting)

Sunday evening 6 to 7 PM (Joe and Charlie Big Book study)

I did talk with the group about AA events that we're wanting to have, and I've gotten quite a bit of feedback. They came up with pizza, bowling, camp out, hiking, potluck, and game nights.

Thank you for letting me be of service,

Sara.

Civic Center Group, Presented by Brett R., CSR.

We meet every Tuesday night at the Christ Lutheran church near Tulare and Demaree in Visalia. The meeting starts at 7:00 PM and goes to 8:00 PM. It is an open meeting, and newcomers are welcome. We have coffee and candy, and literature every week. Books are for sale at cost, and pamphlets are free. Our business meetings are the third Tuesday of the month at 8:10 PM, immediately after the meeting. We give out chips every week for sobriety under one year; we have a birthday meeting on the last Tuesday of the month, with cupcakes. Attendance is lower now than it has been in the past, but most meetings get twenty or more attendees.

AA Loose Women Meeting, Presented by Glenda V., CSR.

We meet every Friday night at 6:30 PM at the Twelve Step Recovery Club at 186 South D Street in Porterville. We are an Open discussion meeting for Women only. The reason we call it a loose meeting is because it doesn't follow the typical AA format. It's a discussion meeting: somebody picks a topic

and people talk about the topic. *Cross-talk is welcome.* We average about nine to ten girls, including the girls from PAAR who might have a couple of days of sobriety, to women with up to 43 years of sobriety, proving the program works.

Thank you for letting me be of service,
Glenda V.

Tuesday Night "Friends Of Bill W. and Doctor Bob", Presented by Patrick A., CSR.

This is a Tuesday Night, Open meeting held at St. John's Episcopal Church, 1701 E Prosperity Ave in Tulare from 7:00 to 8:30 PM. We are a fellowship of men and women sharing our experience, strength, and hope. This is an indoor meeting, averaging about ten to fifteen people every week. We give out chips for various lengths of continuous sobriety and celebrate birthdays at the end of each month with cake and ice cream. We have cake and ice cream *regardless* if anyone is celebrating a birthday. It's a great little meeting. Anyone may attend. Newcomers are welcome. There are many wonderful people there with quality sobriety that are open and willing to sponsor.

Thank you for letting me be of service,
Patrick.

Tuesday Women's Amity Group, Presented by Ally A., CSR.

We are a Closed meeting for women who meet for one hour on Tuesday evenings from 6:30 to 7:30 PM at Trinity United Reformed Church located at 6400 W. Walnut Avenue in Visalia. We celebrate various lengths of sobriety weekly and our annual birthdays are the last Tuesday of the month with sobriety chips and dessert. Attendance averages between 25 and 35 women.

Thank you for letting me be of service,
Ally.

Rainbow Group, Presented by George J., CSR.

I'm the grateful CSR for the Rainbow Group. Rainbow Group meets every Saturday for an hour at 5:30 PM at The Source in Visalia. We are located at 109 Northwest Second Avenue, which is on the south side of the oval park. We meet for one hour and we are an Open hybrid group that meets on Zoom as well. The Zoom ID and passcode are on the website and in the Meeting Guide app. We offer a five o'clock meditation if you're interested in arriving early to prepare for a meeting. We have a speaker at the beginning of each meeting who speaks for 10 minutes after which the group is open. We give out chips at every session and celebrate birthdays at the end of the month with cake (no ice cream). We also have our business meeting on the second Saturday of the month.

Thank you for letting me be of service,

George.

Keep It Simple Sunday, Presented by David G., secretary (we don't have a CSR).

Keep It Simple Sunday (K.I.S.S.) is an outdoor meeting in Blain Park at 3101 South Court Street in Visalia. We are currently on summer schedule, which means we meet at 9:00 AM. We meet down in the detention basin until 10:30 AM (90 minutes). It's a pet friendly group. We form a circle and someone reads the Daily Reflections: that's the topic for the meeting. Our group has a lot of good long term sobriety in it. Newcomers are welcome. **Bring a lawn chair.** We give out chips every Sunday for all sobriety milestones. Our business meeting is the first Sunday of the month, immediately after the meeting. We meet no matter what: if it's raining, bring an umbrella. We will be switching to winter schedule on Sunday November 4th, 2023 (the same weekend Daylight Saving Time kicks in). On winter schedule, the meeting starts at 10 AM and goes to 11:30.

Thank you for letting me of service,

David.

Old business:

1. Service opportunities on the website and newsletter
 1. Carol Ann brought the topic up at her monthly Central Office Managers meeting, and it was a controversial topic. The consensus was that Central Office (and by extension our newsletter and web site) should focus on Tradition 5: primary purpose, and Tradition 6: no endorsement of outside enterprises (affiliation).
 2. (*Discussion for eleven minutes*): Mostly about co-operating without affiliating and what does affiliation look like? Is publishing the name of a church where a meeting is held an act of affiliation? Is having a link to a non-AA web site (Al-Anon or Narcotics Anonymous) an act of affiliation?
 3. Regarding volunteer opportunities *inside AA*, putting them in the newsletter or on the web site should be fine.
2. Fellowship Activities
 1. Sara's group and Sheryl E's group brought up good ideas.
 2. CSRs, please go back to your group and discuss. We're looking for ideas and venues.
 3. Cody suggests we pick one of the activities and run with it.
3. CSR Reports put into the Meeting Guide app
 1. If a group wants additional information put in the Meeting Guide listing, email or telephone Carol Ann or David with what your group wants.

New business:

1. Elections for new members of the board
 1. Two previous members are no longer eligible.
 2. A CSR gets a single vote
 1. If a person is a Central Service Representative for more than one group, they do not get additional votes: just the one vote.

Seventh Tradition: \$45.00

Announcements:

- George and Debbie have been going to the Tulare Homeless Encampment every Friday at 4:00 PM. Volunteers to also go are needed; it is a great place to do outreach.
- George is willing to give people rides to and from (within reason: Springville is a tad too far).

Meeting adjourned: 8:36 PM.

District 47 Meeting Minutes

District 47 Meeting Minutes October 4, 2023

This is a hybrid and Zoom meeting with members participating from various locations, including the Central Office in Exeter.

Meeting Called to Order: 7:03 p.m. by DCM Allen L.

Committee: Allen L., DCM; Ralph D., GSR for Bridge Street Drunks Only Group; Jim K., Recording Secretary, GSR for Monday Men's Stag; David G. GSR for the Friday Freedom Fellowship; Fred F., GSR for Unity Through Traditions at Visalia Alano Club; Josh F. Treasurer; Sean A. GSR for Practicing the Principals, Laura B., GSR for the Springville Monday Night Book Study; Claudia Q. GSR for Women's Amity Group; Ally A. GSR for the Saturday Women's 12X12; Rafael D. GSR for the Valley Group Meeting; Mike C. Alt. DCM and GSR for the Valley Group Meeting; Josh F. Treasurer.

The GSR Preamble was read by all attendees. "We are the General Service Representatives. We are the link in the chain of communication for our groups with the General Service Conference and the world of A.A. We realize the ultimate authority in A.A. is a Loving God as he may express himself in our Group Conscience. As trusted servants, our job is to bring information to our groups in order that the groups can reach an informed group conscience. In passing along this group conscience, we are helping to maintain the unity and strength so vital to our fellowship. Let us, therefore, have the patience and tolerance to listen while others share, the courage to speak up when we have something to share, and the wisdom to do what is right for our groups and A.A. as a whole."

12 Traditions: read by Laura B. .

Concept 10: Concept 10 long form read and explained by Allen L

Approval of Minutes: September 6, 2023 minutes approved.

Treasurer's Report: Josh F. This update is for August and September 2023

Balance Forward \$1,987.30. Income-Tuesday **Unity Through Traditions** \$75.00, and \$27.00, **Visalia Friday Freedom Fellowship** \$20.00; **Crossroads Tulare** \$15.00; **Group # 723620** \$68.00, Springville Speaker Meeting \$60.00, Keep it Simple Sunday \$42.60, Group #90621 \$600.00, **Total Income** \$907.60. Expenses-0; **Current Balance** \$2,894.90.

CSO Liaison Report: David G. Our September CSR Meeting was held September 12. The meeting could have been a hybrid meeting, but no members joined via Zoom. There were sixteen people present in-person. **Central Office finances:** for July 21 through August 20, Central Office had income of \$5,342.26 and expenses of \$4,523.07 for a gain of \$819.19.

Old business: **1. New Year's Eve party** - Debbie C. is our new chairperson for our New Year's Eve party. Glenda V. is co-chair. The theme will be a 1950's sock-hop. The first planning meeting will be Tuesday October 10, at Central Office and on Zoom, from 6:00 PM to 7:00 PM (immediately before the CSR meeting). **2. Service Linkage** - George presented a mock up of what the page could look like, with different service organizations; we discussed. **3. Fellowship Activities** - we want members to tell us what sort of activities they think would be good for the fellowship. One that has come up regularly is Winter League Softball.

New business: **1. CSR Reports put into the Meeting Guide app** - CSRs give reports; would their group like that information included in the Meeting Guide app? Please ask and report. **2. Tulare Homeless Encampment** - The City of Tulare has established a homeless persons encampment; and boy are there a lot of people there who could benefit from a meeting.

Announcements: Springville Speaker Breakfast meeting is this Sunday.

At the Tulare County Central Office Inc business meeting: **Old business:** **1. New Year's Party chairperson** - Debbie stepped up; planning has begun. **New business:** **1. Elections for Central Office Board of Directors** - research found that TWO members of the Board are no longer eligible to run due to term limits: Cheryl H. and Bill E. **2. Central Office business hours** - we are not open on bank holidays. Two holidays are added to the list: Juneteenth and Martin Luther King Day. **3. AAWS literature prices have risen** - we will soon sell out all the Big Book inventory we purchased at the pre-inflation prices. **4. Saturday open for business hours** - we reviewed the costs of being open for business on the last Saturday of the month versus how many people showed up and bought stuff. Although it is currently costing us more than we are bringing in, and the number of visitors has been low, we will continue being open the last Saturday of the month through December, to see if adoption increases.

Registrar: David G. No report.

H&I Report: Rafael D. Tulare County Hospital & Institution Committee

At our September 9, 2023 H&I Area Business Meeting, we elected Amber K. as our new Area Co-Chair. We believe this will create a healthier rotation of service. We discussed how our current structure of Meeting Leaders and Facility Coordinators has now created a very sustainable committee rotation as once Meeting Leaders reach the three years of sobriety, they can rotate to Facility Coordinators and we will bring on new Meeting Leaders. We are planning an H&I Volunteer Appreciation Event for December and look forward to appreciating our very committed volunteers.

This month, we have had a couple of facilities cancel and/or reschedule H&I meetings due to Covid outbreaks. We seem to have moved past this and are back on track. We were able to hold 8 facility meetings, utilize 24 volunteers and distribute over 60 AA books to our inside members.

The Tulare County Jail is now allowing us to add volunteers and we hope to have several more cleared and ready to go by the end of November. These volunteers will include 2 Spanish Speaking volunteers allowing us to reach more inside members. We are in need of more volunteers in order to expand to more facilities and encourage all interested to contact me or attend our next meeting.

At this time, NorCal's financial position is **poor**. Year to Date our literature expense has increased 63.1% over last year while our contributions increased only 11.3%. This has now left us utilizing prudent reserve funds. Please encourage all groups to pass the Pink Can to ensure that literature is available for our inside members. If your group does not have a Pink Can, they are available at Central Office. Please ensure that groups are passing the pink can separately from the 7th tradition and it is noted that money from the Pink Can is distributed separately from the 7th tradition funds. The Pink Can is not meant to detract from the group's 7th tradition responsibilities. When funds from the Pink Can are sent to NorCal, please indicate that the contribution is coming from **Area 93**.

Next H&I Orientation: November 11, 2023, 9:00 am followed by the Area H&I Business Meeting at 10:00 am. The meeting is held at Bridge Street Drunks Only, 526 N. Bridge St., Visalia, CA 93291.

DCM Report: **DCM Allen L.** Allen attended the 9/16/23 ACM. Discussions on 2024 Spending plan and Proposal to create a funded AV technician to store, maintain & transport AV equipment to assemblies and ACMs. Highlights from Delegate's Report: 1. Grapevine app is now available. 2. New "Young People in AA" pamphlet is now available. 3. Daily Reflection is now available as an audiobook. 4. The 2023 Conference Report will be available at the Election Assembly (Oct. ACM if you want it earlier) also available online in pdf format. 5. Preliminary Agenda Items available in late October. Final Agenda Items and background materials available between Feb 16th and 23rd 2024.

Old Business: None

New Business: None

Seventh Tradition: None

Announcements: Allen announced that nominations for District 47 officers will take place at the November and December GSR meetings. Voting will be at the December meeting. Jim mentioned that we should let people know at the meetings we attend about this committee and how it is a great way to get involved in AA service. The more we talk about District 47 service, the more potential we will have for new people to get involved in this committee.

DECLARATION OF UNITY: Read by all: “This we owe to A.A.’s future: To place our common welfare first, to keep our fellowship united. For on A.A. unity depend our lives, and the lives of those to come.”

RESPONSIBILITY DECLARATION: Read by all “I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible.”

The meeting was adjourned at 7:30 p.m.

Respectfully submitted,

Jim K, Recording Secretary

November 2023 Birthdays

AA BIRTHDAYS			
NOVEMBER 2023			
Paul H	Visalia	48	
Mike G	Visalia	41	
Jim D	Visalia	40	11/29/1983
Cathy O	Visalia	36	
John T	Visalia	35	
Charlie M	Visalia	35	11/4/1988
Robert G	Visalia	35	
Tracy W	Visalia	34	
Cristy R	Tulare	34	
John D	Visalia	34	
Rod K	Visalia	34	
Max	Lemon Cove	34	11/25/1989
Dusty B	Springville	33	11/29/1990
Lynda B	Visalia	33	
Christine O	Visalia	32	11/15/1991
Jerri H	Dinuba	31	11/10/1992
Jerry M	Visalia	31	
Krystal G	Visalia	31	
Nancy D	Visalia	31	
Norm B	Visalia	29	11/5/1994
Paula Ann	Tulare	29	
Mona	Visalia	28	11/18/1995
Linda N	Porterville	26	11/3/1997
Lynn P	Visalia	25	
Pam S	Porterville	25	11/23/1998
Mandy S	Visalia	24	11/19/1999
Kara O	Modesto	23	11/7/2000
Terri S	Westfield MA	23	11/29/2000
Betty S	Visalia	23	
Art J	Porterville	23	11/15/2000
Vincent F	Visalia	21	11/30/2002
Bob A	Visalia	16	11/30/2007
Robin C	Visalia	14	
Wally P	Visalia	13	11/11/2010
Dale B Jr	Visalia	12	
Jerome L	Visalia	10	11/12/2013
Charlie W	Porterville	8	11/21/2015
Nicole K	Three Rivers	2	11/22/2021
Rod T	Springville	2	11/15/2021

*That's 1,038
Years of
Continuous
Sobriety!!!*



Group Contributions 9/1/23-10/20/23

Group Contributions 9/21/2023 Thru 10/20/2023			
		Month	YTD
1st Friday Speaker Meeting		\$20.00	\$125.00
10th Ave Men's Group		\$130.50	\$827.35
ABC Group			\$21.04
ACYPAA			\$-
Anonymous Group			\$2,100.00
Bill & Friends			\$-
Breath of Fresh Air			\$2,150.00
Bridge St "Drunks Only"		\$334.51	\$1,508.59
Central California Round Up			\$200.00
Civic Center Group			\$40.00
Clodbusters-Tulare			\$-
Crossroads-Tulare			\$300.00
CSO Meeting		\$45.00	\$434.48
District 47			\$400.00
District 49			\$600.00
Dr Bob and Friends			\$-
Exeter-Quiet Trails		\$100.00	\$600.00
Exeter Sunday Afternoon			\$125.00
Foundation Group			\$-
Freedom Fellowship			\$44.00
Friday Candlelight Meeting			\$246.00
Friends of Bill W and Dr Bob Tulare			\$600.00
Gem St Noon Book Study			\$-
Half & Half			\$200.00
Keep it Simple Sunday			\$398.50
Men's Valley Book Study			\$-
Monday Men's Valley Big Book Study			\$441.72
Monday Men's Mtg (PPAV)		\$400.00	\$1,400.00
Monday Men's Stag			\$-
Mid-Valley-Tulare			\$200.00
Monday Book Study Springville			\$152.00
Monday Women's Reflections			\$174.00
Nooners Group-Visalia		\$300.00	\$300.00
Pine Recovery AA Meeting			\$-
Practicing the Principles			\$113.00
Rainbow Group			\$341.48
Rule 62-Visalia			\$111.00
Serenity Junction-Tulare			\$-
Serenity Seekers AM-Visalia			\$-

Serenity Seekers AM-Visalia		\$-
Saturday Night Believers		\$-
Sober Sisters		\$50.00
Springville Gut Level		\$100.00
St Ritas AA Group		\$-
Springville Breakfast Meeting		\$1,000.00
Sunday PM Serenity Seekers		\$-
Tulare Young People		\$159.00
TUFYPAA		\$-
Tulare Friday Book Study		\$-
Tulare Thursday Noon		\$-
Tulare Sunday Night		\$-
Tuesday Men's Porterville	\$50.00	\$50.00
Three Rivers Monday		\$200.00
Tuesday Women's Amity Group (TWAG)		\$660.52
Unity through Traditions	\$79.23	\$679.23
Valley Group		\$301.09
Valley Speaker Series	\$578.38	\$1,360.51
Visalia Alano Club	\$113.29	\$265.04
Wandering Couples		\$181.00
Wednesday Acceptance Group (WAG)		\$500.00
Weekend Attitude Adjustment		\$-
Women's Changes Group		\$85.00
Women's Friday Night-Porterville		\$-
Women's Happy Hour-Han- ford		\$104.12
Women's Saturday AM 12x12		\$488.43
Totals	\$2,150.91	\$20,337.10



Dear friends,

It is a common misconception that Alcoholics Anonymous is a religious-based or Christian organization, but that is not the case. In fact, a fundamental principle of A.A. is that the Fellowship is not affiliated with any religion, nor is it allied with any sect, denomination, politics, organization, or institution. In A.A., each person determines their own pathway in their recovery from alcoholism. [Click here to read more.](#)

In Fellowship,

Public Information Desk
publicinfo@aa.org

Chers amis,

L'idée fautive voulant que les Alcooliques anonymes soient une organisation religieuse ou chrétienne est très répandue, mais ce n'est pas le cas. En fait, l'un des principes fondamentaux des AA est qu'ils ne sont affiliés à aucune religion ni associés à aucune secte, confession religieuse ou politique, à aucun organisme ou établissement. Chez les AA, chaque personne trace sa propre voie dans son rétablissement de l'alcoolisme. [Cliquez ici pour en savoir plus.](#)

Amitiés,

Bureau de l'Information publique
publicinfo@aa.org

Estimados amigos:

Es un concepto erróneo bastante común pensar que Alcohólicos Anónimos es una organización religiosa o cristiana, pero no es así. De hecho, un principio fundamental de AA es que la Comunidad no está afiliada a ninguna religión, ni tiene relación con ninguna secta, denominación, partido político, organización o institución alguna. En AA, cada persona determina su propio camino en su recuperación del alcoholismo. [Haga clic aquí para leer más.](#)

Fraternalmente,

Información Pública
publicinfo@aa.org

**Alcoholics
Anonymous®**

www.aa.org

General Service Office of Alcoholics Anonymous

475 Riverside Drive, 11th Floor, New York, NY 10115 / Telephone: (212) 870-3400

**Please direct all
communications to:**

P.O. Box 459
Grand Central Station
New York, NY 10163
Fax: (212) 870-3003

Lighter Side of AA

My wife told me I had to give up drinking.

So I joined the AA.

Unfortunately, I joined the Automobile Association by mistake.

At least either way I'm on the road to recovery.



BIRTHDAY CLUB

THIS IS A GREAT WAY TO SHOW YOUR GRATITUDE FOR YOUR SOBRIETY AND ALSO HELP CARRY THE MESSAGE OF RECOVERY.

JUST CONTRIBUTE \$1.00 FOR EACH YEAR YOU HAVE BEEN SOBER ON THE ANNIVERSARY OF YOUR SOBRIETY DATE TO YOUR CENTRAL OFFICE. THAT IS ONLY ONE TIME PER YEAR. IT'S REALLY SIMPLE AND WOULD HELP YOUR CENTRAL OFFICE TREMENDOUSLY.



venmo



***Would You Like Your Name on the
Monthly Sobriety Birthday List.***

NAME: _____

SOBRIETY DATE: _____

CITY: _____

Please send information to:

**Tulare County Central Office
449 E. Maple St.
Exeter, CA 93221**

Email Info: tccof@hotmail.com

Meet The Editor

Hello Everyone!

My name is Robert and I am an Alcoholic!

**Its is great to meet you I am the new Editor of the
Central News.**

**I really look forward to being of service. I invite
anyone that wants to get into service to type up a short
piece and share it with us, email a picture, a quote, an
article or anything!**

I want to thank you for allowing me to be of service!!

—Robert P.

**Need Help
with a Drinking Problem?**



ALCOHOLICS ANONYMOUS

GETTING YOUR LIFE BACK ON TRACK
(RESULTS MAY VARY)

www.aa.com

Me: it's not about how many times you fall, it's about how many times you get back up

Cop: that's not how field sobriety tests work

Your Content Here!!!

Have an event????

New group starting up?????

Have a story to share???

Take some amazing photos around our district???

Want to be of service????

All this can be accommodated-we are available to help! Simply reach out to us here at Central News and we will do all we can to get the word out!!!

Carrying the message to the Alcoholic who still suffer is our primary purpose. What better way to do it then to get involved!!!!

Send your content to:

centralintergroupnews@gmail.com

... and we will help you communicate to district 47!!!