

CENTRAL NEWS

April 2024
Website:

www.aa-tulareco.org

Vintage windmills in the
Netherlands- John W.

The Sick Person We Call An Alcoholic

“For, according to the executive director of the committee, the drunkard who rolls in the gutter is as sick as the man suffering from some mortal disease. The only difference between the two is that there is hope for the former; with the proper treatment he may become a worthwhile citizen.

And, judging from the executive director herself, one must be tempted to believe what she says. For Marty Mann, according to her own story, was a victim of the craving for alcohol. The only reason she did not lie in the gutter was that she had enough money to have a place where she could be helpless and sodden. Today Mrs. Mann is an attractive, smart- looking woman in her thirties. Her clear complexion, her alert blue eyes and her manner bear no trace of years of hard drinking. As she told me her story she might have been recounting the trials and sufferings of another. She seemed detached from the victim whose longings she recalled, as separate an entity as Dr. Jekyll was from Mr. Hyde.”

-New York Times Magazine, April 21, 1946

Step 4

“Made a searching and Fearless Moral Inventory of Ourselves.”

It was freeing, Step 4 has help me identify who I
am
and continues!

It helped me release so much stuff that wasn't
even
mine.

I have realized I was carrying stuff that wasn't
my
fault.

The moment I did my step 4 with my sponsor, it
felt
like a big rock came off me,
And I can breathe.

Thank you for allowing me to be of service,
Glenda V.

Tradition 4

“Each group should be autonomous except in matters affecting other groups or A.A. as a whole.”

The word autonomous means self-governing or independent. Using the Traditions, a group can create its own format, how it runs a meeting and pretty much do whatever it wants. Hopefully, a group conscience is included in the group policy.

Covid tested this tradition. Because of Covid fear, people were making group decisions based on their individual personal fear. They were using this tradition as a basis for validation that they were right. What about A.A. as a whole? Emails were being circulated, demanding that face to face groups and meetings shut down without group consciences. The ego was laughing at all of us. New York GSO, Areas, Districts, Central Offices, many participated in the fear-based decisions. Groups that did not shut down were ridiculed and criticized. Groups that did close were ridiculed and criticized. Bleeding deacons were yelling at members who had different ideas. Judgmental attitudes ended friendships. A.A. survived but there are scars. Fear does that. A.A. has risen from the Covid ashes and appears to be as strong as ever. Forgiveness has prevailed.

The A.A. 12x12, page 147 says “sobriety has to be our sole objective.” It also says, “each group has the right to be wrong.” So do individuals. In sobriety, we learn to take ‘right and wrong, good and bad,’ out of our vocabulary. It is what it is.

Rule 62....”Don’t take yourself too damn seriously” 12x12 pg. 149.

In service,
Cheryl H.

WHEN PEOPLE TALK DURING MY SHARE



3/21/2024 thru 4/20/2024

Birthday Club

Jolene E	Visalia	50
Brent G	Springville	35
Mike O	Visalia	15
Steve S	Visalia	13



Grateful Giver's Club

Members \$60.00

Supporting the Central Office is a very important and valuable thing for our fellowship! Now it is easier than ever!

Individual Contributions

Donate Today using Venmo!

- Bob T**
- Dawn R**
- Doris P**
- James K**
- Jolene E**
- Steve S**



Newsletter Contributions

None

Memorial Contribution

None

Central Office Contacts

TULARE COUNTY CENTRAL OFFICE Income & Expense Statement

Central Office Contacts 3/21/2024 thru 4/20/2024

AA Members	69
Alanon & Alateen Info	0
Bridging the Gap	0
Churches and Schools	0
Court Referral/Info	2
E-Mail Contacts	182
General Info	11
H & I	1
Literature Sales	16
Meeting Information	19
Other 12 Step Programs	0
Prospective Members	4
Schedules & Info Mailed	3
Spanish Contacts	0
Specialty Sales	22
Twelve Step Calls	1
Visitors to the Office	15
Voice Mail Calls	16
<u>Total Central Office Contacts</u>	361

	3/21/2024	through	4/20/2024
<u>INCOME</u>	<u>MONTH</u>		<u>YEAR TO DATE</u>
B.Day Club	113.00		219.00
Grateful Givers Club	60.00		311.13
Group Cont.	1,053.42		4,572.82
Indiv Cont	362.00		1,142.90
Interest Income	0.00		0.00
Lit. Sales	963.95		2,084.90
Memorial Cont.	0.00		0.00
Misc.	0.00		0.00
Newsletter Contribution	0.00		0.00
S & H	5.00		5.00
Sales Tax	90.68		324.34
Service Charge	0.00		0.00
Spec. Events-New Year's Eve	0.00		4,705.00
Spec. Items	590.30		2,128.29
State fund dividend	0.00		25.00
State Fund Refund	0.00		0.00
TOTAL	3,238.35		15,518.38
<u>EXPENSES</u>	<u>MONTH</u>		<u>YEAR TO DATE</u>
Bank Charge	0.00		0.00
Fees-Taxes	0.00		70.00
Insurance	0.00		550.00
Lit. Costs	1,188.50		1,188.50
PI-CPC Expense	0.00		0.00
Misc Expense	0.00		0.00
Newsletter Cost	0.00		0.00
Non Employee Compensation	0.00		75.00
Office Exp	433.14		485.23
Office Equip.& Maint	0.00		0.00
Paypal charges	1.07		3.21
Payroll Taxes	0.00		2,228.40
Phone & ISP	139.98		405.92
Printing and copy expense	0.00		0.00
postage	72.13		82.29
Returned Check & Chg	0.00		0.00
Rent	685.00		2,055.00
Salary	1,438.72		4,530.56
Sales Tax-Paid	0.00		0.00
Spec. Events-picnic	0.00		245.00
Spec. Events-New Year	0.00		2,776.10
Spec. Items	228.38		970.17
Square Card Charges	30.60		81.48
Utilities	108.93		333.99
Ph-venmo	19.99		47.99
venmo fees	6.10		26.94
Website	4.25		173.08
TOTAL	\$4,356.79		16,328.86
Net Gain(Loss)	(\$1,118.44)		(\$810.48)
BEGINNING ACCOUNT BALANCES AS OF 2/20/2024:			
			\$20,743.25
ENDING ACCOUNT BALANCES AS OF 3/20/2024			
			\$19,624.81
Established Prudent Reserve			
			\$19,000.00

Speaker Meetings

Service Meetings

Addresses April 2024

Speaker Meetings for April

Porterville Recovery Club Speaker Meeting

186 W. Walnut Ave.

Friday April 5th 2024 at 8:00 PM

Speakers: To be announced

Sunday AM Breakfast, Speaker Meeting

Veterans Memorial Building

36000 Hwy 190, Springville

Sunday April 14th 2024

(Breakfast at 8:30 to 10:00 AM)

Speaker: Ara A from Sherman Oaks, CA

The Valley Group, Speaker Meeting

St. Paul's Episcopal Church

120 N. Hall St. Visalia, CA 93291

Every Wednesday from 7-8 pm.

Speakers for April

TBA

Civic Center Group

Christ Lutheran Church

3830 W Tulare Ave, Visalia

Birthday speaker meeting

Last Tuesday of the month

Sunday PM Serenity Seekers Valley Group

Sunday 7:30-9 pm.

St. Paul's Episcopal Church

120 N. Hall St. Visalia, CA 93291

Speakers for April

TBA

Attention speaker group secretaries: If you want your speaker listed in the Newsletter, please get the information to the Central Office (559) 592-6999 or TCCOF@hotmail.com by the 20th of the month preceding the month of the Newsletter.

SERVICE MEETINGS

GSR Meeting at Central Office

449 E. Maple St., Exeter, CA

Wednesday, April 3rd 2024 at 7:00 PM

CSR Meeting at Central Office

449 E. Maple St., Exeter, CA

Tuesday, April 9th 2024 7:00 PM

Bridging the Gap meeting

449 E Maple St Exeter, CA

April 6th 2024 11:00 AM

H&I Meeting (odd months only) in person at 526 N

Bridge St (no Zoom)

2nd Saturday April 13th 2024 9:00, Orientation, Business meeting 10:00

TUFYPAA

Zoom ID 839 4820 8237 Password: service

2nd Sunday of the month, April 14th 2024

Founder's Day Planning Committee Meeting

April 24th 7:00-8:00 PM

SERVICE ADDRESSES

Tulare County Central Office

449 E. Maple St.

Exeter, CA 93221

Email: tccof@hotmail.com

Website: www.aa-tulareco.org

District 47, C.N.I.A.

P.O. Box 273

Exeter, CA 93221

CNIA Treasurer

PO Box 161712

Sacramento, CA 95816-1712

Send Contribution to:

General Service Board

P.O. Box 2407

James A Farley Station

New York, New York 10116-2407

<http://contribution.aa.org>

H&I-Contributions

P.O. Box 192490

San Francisco, CA 94119-2490

Central Service Meeting Meetings

☛CENTRAL SERVICE MEETING MINUTES☚

Central Office & Central Service Representatives Meeting Report

Date:

MARCH 12, 2024

Meeting called to order:

7:02 P.M.

Board members present:

David G, Patrick A, Cody A, George J, Ally A

Serenity Prayer

David G

12 Traditions

Cody A

Minutes of Last Meeting

Patrick A motion to approve minutes

Carol Ann G second

All in favor

Report of Last Board Meeting

★

Treasurer & Office Report

March 12th 2024

Good evening!

Central Office had an income of \$3,893.93 and expenses of \$3910.65 for a loss of \$16.72

Our Grateful Givers Club brought in \$110.00 and our Birthday Club brought in \$34.00 in much appreciated contributions.

We had \$1,042.89 in gross sales in 13 transactions for credit and debit cards, \$20 in 1 transaction in PayPal, and \$30 in 3 VENMO transactions this accounting period.

Claudia covered the office on Feb 16th for me because I wasn't feeling well.

Traffic and calls have been average.

Office operations are going well and we are still fulfilling our primary purpose of carrying the AA message of recovery.

I would like to thank all of the groups and individuals who contributed to Central Office!

Grateful to be here!

Carol Ann Gable

Office Manager/Treasurer

Public Information Report

George J

We had some activity, mental health offices were called & they were open to receiving pamphlets & meeting schedules. Included in there are BART & Central Valley Recovery Services. There are other facilities which are already being supplied by H & I.



We have two upcoming Health Fairs we are looking to have volunteers help ...

April 5th Tulare County Health Fair 1:00-5:00 on Dinuba Blvd

April 11 Corcoran Prison Staff in the park 11:00-3:00

Contact George J @ 917-257-4532

Volunteers to Write STEP & TRADITION for Central Newsletter

STEP FOR NEWSLETTER-VOLUNTEER

	Issue	Step	Member
April 4	Glenda V	Due to	centralintergroupnews@gmail.com
May 5	John W	Due to	centralintergroupnews@gmail.com

TRADITION FOR NEWSLETTER-VOLUNTEER

	Issue	Step	Member
April 4	Cheryl H.	Due to	centralintergroupnews@gmail.com
May 5	David G	Due to	centralintergroupnews@gmail.com

Newsletter Report



Website Report

Report covers the time between the February and March CSR Meetings (2024-02-13 through 2024-03-12).

Calendar of events:

Carol Ann added:

Serenity Retreat

Women in Unity AA retreat business meeting

David added:

Central California Council of AA Golf Tournament 2024

CNIA 07 Pre-Conference Assembly 2024

CNIA Mini PRAASA Service Assembly 2024

2024 General Service Conference Agenda Items Workshop

2024 H&I Conference – A State Of Love And Service

Area 07 PI/CPC meeting on Zoom

Announcements:

Carol Ann posted an announcement that Central Office will be closed February 19 for President's Day.

David posted an announcement of the New event: 2024 General Service Conference Agenda Items Workshop in Clovis (and on Zoom)

David posted an announcement that the Bridging The Gap committee meeting for April will be skipped.

David posted an announcement of the New event: 2024 H&I Conference – A State Of Love And Service

Carol Ann and I did the normal monthly edits of the CSR meeting, GSR meeting, Springville Sunday Breakfast meeting, and Valley Group meetings

Thank you for letting me be of service.

Hospitals & Institutions “H&I” Report

March, 2024 H&I Report

In February, we were able to hold all 13 H&I Facility Meetings and 1 H&I meeting at the Tulare County Jail. We utilized 34 volunteers and distributed 73 AA Books. At the end of February, we now have 8 volunteers cleared to go into Tulare County Jail. This includes 2 Spanish Speaking volunteers. We are in the process of coordinating these volunteers to begin more meetings in Tulare County Jail before the end of March.

NorCal's financial position remains sound as of the end of February 2024. We ended the month with a positive cash flow and are closing the gap on the increase in literature versus the increase in contributions over last year. At the end of February, our literature expense has increased 46.4% while our contributions have increased 32.1% over last year. We encourage groups to have their treasurer send in the pink can money on a consistent basis. Please ensure that checks are paid to either Northern California Hospital and Institution committee or NorCal H&I. Please put area 93 and the name of your group in the memo section. If your group does not have a pink can, they are available at Central Office or by contacting me directly.

The Inside Visiting Sponsorship Service which provides inmates with outside sponsors is gearing up to begin at the Women's facility in Chowchilla. Please encourage any women with 5 years of sobriety and sponsorship experience who are interested in this type of service, to contact me.

Save the date: May 3-5, 2024 in Bakersfield H&I Conference. For the first time, H&I will combine Northern and Southern California H&I committees for one amazing conference. The Flyer and registration form are available on the Tulare County AA Website.

At our March 9, 2024 business meeting, Jason K was elected as our Area Co-Chair. We are grateful for his willingness to be in service. We need more volunteers, please share this information with your groups. If any AA member is interested in this type of service work, our next H&I orientation will be May 11, 2024, 9:00 am followed by the Area H&I Business Meeting at 10:00 am. The meeting is held at Bridge Street Drunks Only, 526 N. Bridge St., Visalia, CA 93291.

In service,
Joyce R., Area 93 Chair

Bridging the Gap “BTG” Chairperson Report

Cody A

We had our first meeting with 4 in attendance. There will not be a meeting on April 16th, however I will be at the Spring into Sobriety event on April 6th providing a five minute presentation on Bridging the Gap. We have contact card available to those being released so they may be connected with our local meetings. We will be working on a flyer to provide more information soon.

General Service Office “GSO” Liaison Report

GSR meeting was March 6th, 2024

Twelve people attended; six in-person and six via Zoom.

No Treasurer's Report

DCM report

Mike went to the ACM in Sacramento, and drove up with Simon, who is the DCM of District 55, our Spanish speaking District (which happens to have its District Office in Visalia on Mooney Boulevard). District 55 is hosting the Post-Conference Assembly in Huron, and Simon asked Mike if we could supply some English-speaking volunteers for that event: registration, and snack-bar, and general support. The Post-Conference Assembly will be May 18 & 19. Mike worked on the flyer, and we went to the Post-Conference Assembly planning meeting March 7th.

Old business

Elect Allen L. as Treasurer

Discuss open Alternate DCM position

New business

Discussed and approved funding DCM to attend the Pre-Conference Assembly in Turlock (Denair): \$175. If anyone wants to carpool, Mike is going up.

Discussed getting access to the Agenda Items and Background Material for the Pre-Conference Assembly. The material is on the cnaia.org web site > Resources > Delegate's Page > Confidential Downloads. You'll need the password.

Agenda Items Workshop at New Life Community Church 2165 E Gettysburg, Clovis, CA on Saturday March 23rd, from 1 to 3 PM.

Discussed the Area 7 Archives rental location, and rent increase.

GSO sent out a questionnaire: AA Founders writings; How should we treat them?

Area Delegate Discussion regarding the above questions presented by GSO for group consideration on the future of AA Founder's writings, such as the Big Book and Twelve & Twelve.

Delegate will also hold Zoom meetings March 7th, 14th, and 21st. Visit cnaia.org > Events

CSR REPORTS

Saturday morning women's 12 x 12 Tracy Jo., CSR

Held from 9-10 am Saturday morning held weekly

Approx 25-35 women

We are hosting a women's retreat in October at St Anthony's in three rivers we are looking for volunteers and donations, there will be a limited number of spaces, next committee meeting will be

Saturday 10:15 on the third Saturday of each month until October

Friday Freedom Fellowship Arlee CSR

We meet weekly on Fridays at Christ Lutheran Church in Visalia from 7-8 P.M.

Rainbow Group, Presented by George J., CSR.

The Rainbow Group meets every Saturday for an hour at 5:30 PM at The Source in Visalia, at 109 Northwest Second Avenue, which is on the south side of the Oval park. We meet for one hour and we are an Open hybrid group that meets on Zoom as well. The Zoom ID and passcode are on the website and in the Meeting Guide app. We offer a five o'clock meditation if you're interested in arriving early to prepare for a meeting. We have a speaker at the beginning of each meeting who speaks for 10 minutes after which the group is open. We give out chips at every session and celebrate birthdays at the end of the month with cake (no ice cream). We also have our business meeting on the second Saturday of the month.

Thank you for letting me be of service, George.

Springville Monday Night Book Study Group, Presented by Cody R., CSR.

We are located at the Lighthouse Chapel in Springville. We meet Monday nights from 7 to 8 PM. It is an open group book study. We rotate the books that we study. We're currently reading Language of the Heart. Turnout is about average. Emotional Sobriety will be the next book we will be reading. We have coffee and dessert every Monday. We would love to have more visitors. The Lighthouse Chapel is located off the 190: turn on to Bridge Drive, and then south to Rio Vista.

Gut-Level Group, Presented by Cody R., CSR

The Thursday Night Gut Level open meeting for men and women, is also located at the Lighthouse Chapel in Springville. We meet Thursdays from 7 to 8:30 PM. It is an open meeting with people sharing their experience, strength, and hope. Our birthday meeting is the last Thursday of the month, and we celebrate with cake and coffee. Turnout is steady. We have cake whether anyone is celebrating a birthday or not. It's a great meeting and we would love to have visitors.

Thank you for letting me be of service, Cody.

Civic Center Group Presented by Trevor., CSR

Tuesday at Christ Lutheran 7-8 pm closed speaker discussion last day of the month welcome to family and friends. As well as a birthday meeting the last Tuesday of the month

Springville Breakfast Speaker Meeting, Presented by Cody for Sheryl E., CSR

We meet the second Sunday of each month at the Veterans Memorial Building, 35994 Highway 190 in Springville. Breakfast is \$8.00 a plate per adult and \$1.00 per child under 12. The speaker part of the meeting is always free, so you don't have to eat to enjoy an excellent speaker.

We open at 8:00 with fresh hot coffee. Breakfast is served from 8:30 until 10:00. The speaker meeting begins at 10:15 with the readings, a 10 minute speaker a 15 minute break, then the main speaker until 11:45. 50/50 tickets are sold from 8:30 until the main speaker begins.

We really need a couple of strong, young people to stay after the meeting to sweep and mop the floor.

It only takes a few minutes and is an easy way to be of service. So please help.

Thank you for letting me be of service, Sheryl

Attendance was doubled last Sunday for the 50th anniversary! We served 92 breakfast! And it was offered at no charge. It was a great turn out!

Friends of Bill W and Dr Bob, presented by Patrick., CSR

Tuesday night open meeting held at St Johns Episcopal Church 1701 e prosperity ave in tulare from 7-8:30 pm fellowship of men and women sharing our experience strength and hope, averaging 15-20.

We celebrate the last Tuesday of the month. We give out chips of various lengths of continuous sobriety. Newcomers are welcome, we have members who are open to sponsor. 😊

Women's Changes Meeting, Presented by Cheryl for Sheryl E., CSR.

We meet every Tuesday from 6 to 7 PM at the 12 Step Recovery Club, 186 South D Street in Porterville. We are an open women's meeting. We each pick a stick from a jar and share on that topic. We average about 20 girls including the girls from PAAR who might have a couple of days to women with up to a whopping 43 years of continued sobriety, proving this program works. The last Tuesday of each month we have a potluck that starts at 5:30 with good food and Birthday cake. We pass around a card for everyone to sign for those who are celebrating that month. Pam S is the new secretary, replacing Vicki B who did an outstanding job. Thank you for letting me be of service, Sheryl.

Noon AA meeting Cheryl., CSR

Noon meetings that meet at the Porterville 12 step recovery club at 186 S B Street in Porterville
Monday through Friday 12-1 pm
Mon, Tues, and Thursday use the Daily Reflections as the topic source
Wed is a chip meeting
Friday is a big book meeting
Steps sponsorship if encouraged
Hal E was presented his 39th AA birthday, his son daughters are members

AA Loose Women's Meeting, Presented by Glenda V., CSR

We meet every Friday night at 6:30 PM at the Twelve Step Recovery Club at 186 South D Street in Porterville. We are an Open discussion meeting for Women only. It's a discussion meeting: somebody picks a topic and people talk about the topic. Cross-talk is welcome. We average about 5-16 people. Ladies from PAAR attend our meeting, who might have a couple of days of sobriety, to women with up to 43 years of sobriety, proving the program works. Thank you for letting me be of service, Glenda

Bridge Street Drunks Only John W., CSR

Bridge St has 19 meetings a week carrying the message with a great spirit of participation. Our Birthday meeting is on the last Saturday of the month at the noon meeting. Our address is 526 N Bridge St in the building back of the driveway (in the homes previous garage). We have mainly closed AA meetings (16) with (3) open meetings Saturday & Sunday at noon.

Crossroads Steve P., CSR

Crossroads meets at 7:00pm Thursday nights at 220 W Tulare Ave. We meet at the Hillman House next to the church. We are a small meeting of about 12 to 15 people usually everyone gets to share. Thank You, Steve P

Old Business

Unity Day-Cody waiting on pricing for bowling options.

New Business

1. Closing prayer/Statement

Cody A-Motion, Patrick A-second all in favor

Responsibility Statement

I am responsible, when anyone, anywhere, reaches out for help,

I want the hand of AA always to be there, and for that

I am responsible.

2. Communication for Board members continue to be via group text

Communication for CSR's will be through emails

3. David G will be the Chair for the Founders Day Picnic

John C will be the Co-Chair first planning meeting to be held Wednesday March 27th at

7:00PM at Central Office also via Zoom

Currently looking for a speaker and volunteers.

4. Newsletter-CSR minutes now to be provided to the CSR's for approval before being published into the newsletter.

Seventh Tradition

\$28.00

Announcements

Spring into Sobriety Event Saturday April 6th \$20.00 Yvonne S Los Angeles will be keynote speaker including a 12 step workshop if attended new comers receive dinner at no charge. This event happens twice a year, lunch is not provided.

Meeting Adjourned

8:46 p.m.

District 47 Meeting Minutes

District 47 Meeting Minutes

March 6, 2024

This is a hybrid and Zoom meeting with members participating from various locations, including the Central Office in Exeter.

Meeting Called to Order: 7:00 PM by District Committee Member (DCM) Mike C.

Committee members present:

Mike C., DCM and General Service Representative (GSR) for the Valley Group
David G., Recording Secretary and Central Office Liaison
Jason K., filling in for Joyce R., Hospitals and Institutions Liaison.
Brandon L., GSR for Friday Freedom Fellowship
Fred F., GSR for Unity Through Traditions
Jaime R., GSR for The Valley Group (new)
James W., GSR for Bridge Street Drunks Only
Jerri T., GSR for the Saturday morning Women's 12 x 12 Bookstudy Group
Jim K., GSR for Monday Men's Meeting at PPAV
Laura B., GSR for the Springville Monday Night Book Study
Sean A., GSR for Practicing the Principals
Allen L., Member
Dusty B., Member

Permission requested from all present that this meeting be recorded for the recording secretary's benefit.

The GSR Preamble was read by all attendees. "We are the General Service Representatives. We are the link in the chain of communication for our groups with the General Service Conference and the world of A.A. We realize the ultimate authority in A.A. is a Loving God as he may express himself in our Group Conscience. As trusted servants, our job is to bring information to our groups in order that the groups can reach an informed group conscience. In passing along this group conscience, we are helping to maintain the unity and strength so vital to our fellowship. Let us, therefore, have the patience and tolerance to listen while others share, the courage to speak up when we have something to share, and the wisdom to do what is right for our groups and A.A. as a whole."

12 Traditions: read by Jaime R.

Concept 3: Concept 3 long form read and explained by Mike C.

Approval of Minutes: February 7, 2024 minutes reviewed. Approval of minutes vote taken: all in favor, none against.

Treasurer's Report: At this time, we don't have Josh here to give us the treasure's report. We have it on old business that we'll be moving forward with appointing a new treasurer. So we'll have a treasurer's report at our next meeting.

CSO Liaison Report: David G. Our February CSR Meeting was held in the 13th. The meeting was a hybrid meeting, with two members joining via Zoom. There were eight people present in-person.

Central Office finances: for December 21 through January 20, Central Office had income of \$8,386 and expenses of \$8,101 for a gain of \$284.

Old business:

1. Founders Day Picnic: we need a chairperson. George and Jason will be happy to assist.
2. Unity Event Committee: plans are for bowling; date is not set yet.

Questions and answers:

When will Founders Day Picnic be? June 8, 2024 at Arbor 9 in Mooney Grove park in Visalia.

Registrar: absent

H&I Report: Jason K. on behalf of Joyce R., Tulare County Hospital & Institution Committee Liaison

In February, we were able to hold all 13 H&I Facility Meetings and 1 H&I meeting at the Tulare County Jail. We utilized 34 volunteers and distributed 73 AA Books. At the end of February, we now have 8 volunteers cleared to go into Tulare County Jail. This includes 2 Spanish Speaking volunteers. We are in the process of coordinating these volunteers to begin more meetings in March.

NorCal's financial position moved to **sound** at the end of January 2024. We ended the month with a positive cash flow of \$9,432.17. This was due to a one-time bequest of \$9,000 and an individual member contributed \$5,000, (the yearly max per individual) for a total of \$14,000. While we are grateful for the contributions, to maintain distributing literature as we have been accustomed, we will need steady monthly contributions which match our monthly expenses. We encourage all groups to continue to pass the pink can at their meetings and have the treasurer send in the money on a consistent basis. If your group does not have a pink can, they are available at Central Office or by contacting me or Joyce directly.

The Inside Visiting Sponsorship Service which provides inmates with outside sponsors is gearing up to begin at the Women's facility in Chowchilla. Please encourage any women with 5 years of sobriety and sponsorship experience who are interested in this type of service, reach out to Joyce to be connected with the new coordinator.

Save the date: May 3-5, 2024 in Bakersfield H&I Conference. For the first time ever, H&I will combine Northern and Southern California committees for one amazing conference.

We need more H&I Volunteers in order to continue growing. Please send any interested AA members to our next Orientation: March 9, 2024, 9:00 am followed by the Area H&I Business Meeting at 10:00 am. The meeting is held at Bridge Street Drunks Only, 526 N. Bridge St., Visalia, CA 93291.

In service,

Joyce R., Area 93 Chair

DCM Report: Mike C.

At the recent ACM in Sacramento, I met with Simon from District 55 to discuss our future collaboration. Since last month, I've assisted them in designing a flyer, which we presented and got approved with minor errors. On the agenda, we have a discussion on modifying the founder's writing, hoping to gain insights from our fellow members. Seven to eight questions related to the writing were circulated via email for reflection.

Our Trustees in NY request feedback on updating literature, even though controversial alterations, like replacing gendered terms, remain unchanged. Future goals involve enhancing communication channels among World Services, GSO delegates, and officers.

Three workshops led by our delegate will delve deeper into these concerns on March 7th, 14th, and 21st. Visit the CNIA website for registration links: <https://cnia.org/events/list>. Members are encouraged to provide input on rising archive rental costs, affecting stockroom locations and combining assets. An informative presentation on the Pre-Conference Assembly follows, with registration already accessible until April 1st, allowing attendance both online and at the venue itself. Please prepare necessary payments accordingly. Hotel registration offers three choices in Turlock: Best Western, Hampton Inn, and Comfort Suites. Approximately five miles from Denair, rates stand at ~\$154/night for Holiday Inn, ~\$146/night for Comfort Suites, and comparable pricing for Hampton Inn. Simply contact the desired hotel or reserve online. That concludes my report.

GSR Reports:

Jaime R., GSR for The Valley Group: we're putting on the Spring Into Sobriety 2024 event on April 6. The Primary Purpose Group will be putting on Twelve Step Workshop, beginning at 11 AM (bring your own lunch). Dinner is \$20 (\$25 at the door), beginning at 5:30 PM. Newcomers who attend the Twelve Step Workshop will be our guest for dinner. The speaker will be Yvonne S. of Los Angeles, at 7 PM – the speaker meeting is free.

Jerri T., GSR for the Saturday morning Women's 12 x 12 Bookstudy Group, which is on Saturday morning at Christ Lutheran every Saturday morning at 9 AM. Our group is organizing a Women's Retreat, happening October 11th through 13th at St. Anthony's in Three Rivers. Kindly find the registration form in the chat; print it or photograph it for reference. Each third Saturday of the month, we hold a business meeting for the event, following the 12x12 meeting. We are also toward making a fundraising event to subsidize retreat participation for newcomers. Donating gift baskets or similar items for auction at the retreat is immensely helpful. Your contribution will be greatly appreciated. Please pass along this message to your groups, thank you.

Brandon L., GSR for Friday Freedom Fellowship: I'm also a part of The Valley Group Young People On Fire, they're contributing to the Spring Into Sobriety event by supplying desserts. Eager bakers, please contact me for inclusion in the baking roster, offering either cookies or cakes. Thanks for your interest!

Announcements:

NCAA 75th annual conference in San Jose California at the Holiday Inn, March 15th, 16th and 17th.

Turlock Unity Day, March 23rd, 2024. (although that is the same day as our ...)

General Service Conference Agenda Items Workshop at New Life Community Church in Clovis, March 23rd, 2024 from 1 PM to 3 PM. Also on Zoom.

There's a 27th annual Sutter Buttes Roundup, April 20th to 2024 in Yuba City. It's an all day event from 7:10 a.m. to 7:30 PM starting the speaker, Wayne B. of Los Angeles.

2024 H&I Conference – A State Of Love And Service, May 3rd and 4th in Bakersfield, at the Double Tree Hotel.

Old Business:

Election of Treasurer. Allen L. nominated and elected to be our new Treasurer.

Open Alternate DCM position. No volunteers at this time.

New Business:

Discussed and approved funding DCM to attend the Pre-Conference Assembly in Turlock (Denair): \$175. If anyone wants to carpool, Mike is going up. Brandon may carpool up.

Discussed getting access to the Agenda Items and Background Material for the Pre-Conference Assembly. The material is on the cna.org web site > Resources > Delegate's Page > Confidential Downloads. You'll need the password (supplied to GSRs in the meeting).

Agenda Items Workshop at New Life Community Church 2165 E Gettysburg, Clovis, CA on Saturday March 23rd, from 1 to 3 PM.

Discussed the Area 7 Archives rental location, and rent increase.

GSO sent out a questionnaire: AA Founders writings; How should we treat them? Area Delegate Discussion regarding the above questions presented by GSO for group consideration on the future of AA Founder's writings, such as the Big Book and Twelve & Twelve. Delegate will also hold Zoom meetings March 7th, 14th, and 21st. Visit cna.org > Events

Seventh Tradition: None

Declaration Of Unity: Read by all: "This we owe to A.A.'s future: To place our common welfare first, to keep our fellowship united. For on A.A. unity depend our lives, and the lives of those to come."

Responsibility Declaration: Read by all "I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible."

The meeting was adjourned at 8:15 PM

Respectfully submitted,

David G., Recording Secretary

When you meet your Prince Charming in rehab



April 2024 Birthdays

APRIL	2024		
Jolene E	Visalia	50	4/29/1974
Bill M	Visalia	47	
Mike W	Visalia	45	
Cheryl H	Springville	44	4/7/1980
Sammy	Tulare	44	
Wanda B	Lindsay	44	
Helen Z	Visalia	43	
Robin F	Ivanhoe	42	
Rocky R	Dinuba	41	
Rick D	Visalia	40	4/2/1984
Rick W	Visalia	38	
Janet T	Visalia	38	
Patty P	Visalia	38	4/7/1986
Clayton F	Tulare	37	
Neil N	Exeter	36	
Charlie M	Visalia	36	4/12/1988
Elizabeth L	Visalia	36	4/21/1988
Julio Q	Porterville	36	4/12/1988
Roger G	Visalia	36	
Sheila W	Visalia	36	
Brent G	Springville	35	4/18/1989
Kolene L	Visalia	35	4/26/1989
Kathy R	Visalia	35	
Danny	Porterville	35	
Rick R	Porterville	35	
Albert G	Visalia	35	4/8/1989
Jim W	Three Rivers	35	4/7/1990
Shirley A	Tulare	34	
Karen L	Sacramento	34	4/23/1990
Sue H	Visalia	34	4/6/1990
JC E	Visalia	32	4/19/1992
Joe S	Porterville	32	
John B	Visalia	31	
Mike R Jr.	Woodlake	31	
Maria W	Porterville	31	4/15/1993
Lindsay D	Springville	31	4/1/1993
Pat R	Visalia	31	4/18/1993
Nancy S	Tulare	30	4/14/1994
Catherine S	Visalia	29	4/14/1994
Marvin A	Tulare	29	
Bill E	Tulare	27	4/26/1997
Brett R	Visalia	25	4/15/1999

Kathy E	Exeter	24	4/16/2000
Jeff H	Porterville	22	4/3/2002
Sean M	Visalia	20	4/16/2004
John H Jr	Visalia	20	4/17/2004
Ricky G	Dinuba	20	
Bill H	Visalia	19	4/11/2005
Carson T	Exeter	16	4/14/2008
Debbie	Visalia	16	4/16/2008
Rick R	Visalia	16	4/14/2008
Lucinda A	Visalia	15	
Frank S	Visalia	14	
Sheryl E	Springville	11	
Trudy W	Lindsay	9	4/6/2015
Alice S	Tulare	8	4/18/2016
Leah W	Visalia	2	4/22/2022

*That's 1,745
Years of Total
Sobriety!!!*



Group Contributions 3/1/24-4/20/24

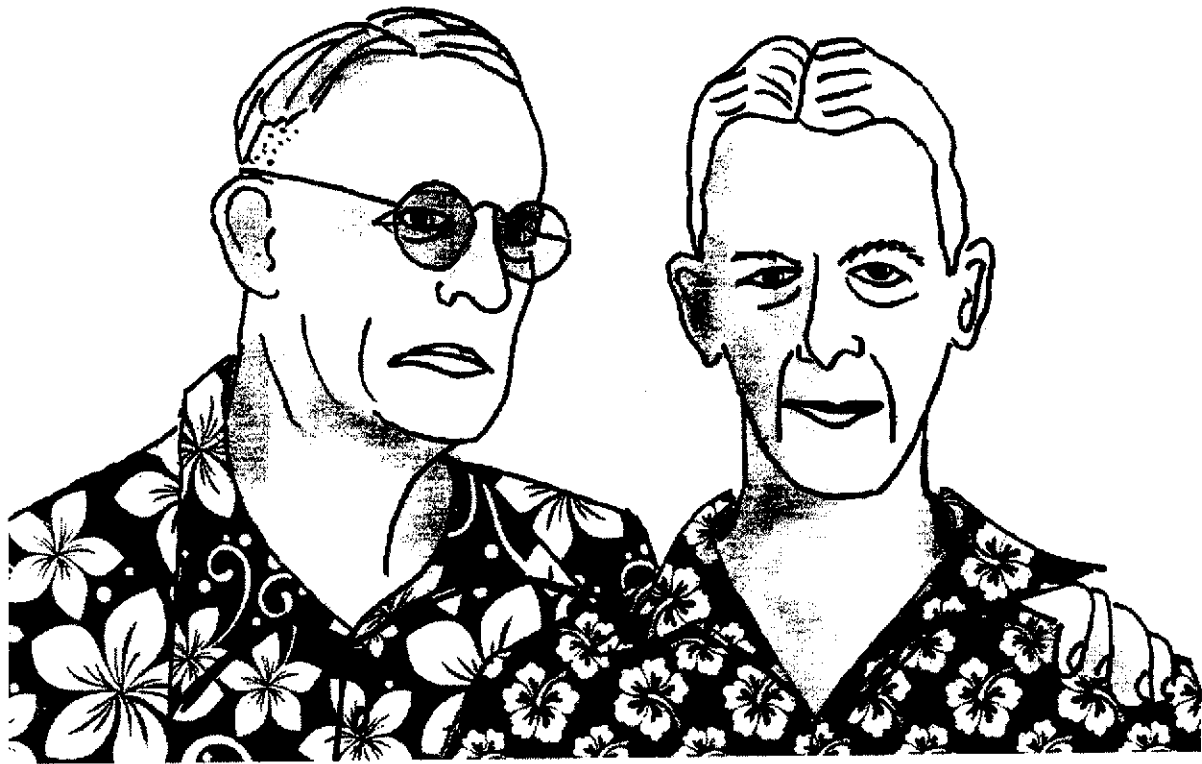
Group Contributions 2/21/2024 Thru 3/20/2024			
			Month YTD
1st Friday Speaker Meeting			\$40.00
10th Ave Men's Group			\$264.25
ABC Group			\$-
ACYPAA			\$-
Anonymous Group			\$-
Breath of Fresh Air			\$-
Bridge St "Drunks Only"	\$103.69		\$774.24
Central California Round Up			\$-
Civic Center Group			\$-
Clodbusters-Tulare			\$200.00
Crossroads-Tulare			\$-
CSO Meeting	\$30.85		\$83.85
District 47	\$12.00		\$492.00
District 49			\$-
Everyday is Christmas	\$114.00		\$272.00
Exeter-Quiet Trails	\$50.00		\$100.00
Exeter Sunday Afternoon			\$50.00
Freedom Fellowship			\$30.00
Friday Candlelight Meeting			\$-
Friends of Bill W and Dr Bob Tulare			\$-
Friends of Bill W	\$200.00		\$300.00
Gem St Noon Book Study			\$-
Half & Half			\$100.00
Keep it Simple Sunday			\$233.00
Loose Women	\$37.50		\$37.50
Monday Men's Valley Big Book Study	\$100.00		\$100.00
Monday Men's Mtg (PPAV)			\$-
Mid-Valley-Tulare			\$-



Monday Book Study Springville	\$100.00	\$200.00
Monday Women's Reflections	\$218.22	\$218.22
Nooners Group-Visalia		\$-
Pine Recovery AA Meeting		\$-
Porterville Friday Night Candlelight		\$-
Practicing the Principles		\$-
Rainbow Group		\$115.00
Rule 62-Visalia		\$-
Serenity Junction-Tulare		\$-
Saturday Night Believers		\$-
Sober Sisters		\$-
Springville Gut Level		\$125.00
Springville Breakfast Meeting		\$-
Sunday PM Serenity Seekers		\$-
Three Rivers Monday		\$100.00
Tulare Young People		\$-
TUFYPAA		\$-
Tuesday Men's Porterville		\$-
Tuesday Women's Amity Group (TWAG)		\$375.60
Unity through Traditions		\$75.00
Valley Group		\$-
Valley Speaker Series		\$-
Visalia Alano Club	\$87.16	\$87.16
Wandering Couples		\$-
Wednesday Acceptance Group (WAG)		\$200.00
Women's Changes Group		\$-
Women's Friday Night-Porterville		\$-
Women's Happy		\$-
Women's Saturday AM 12x12		\$-
Totals	\$1,053.42	\$4,572.82



Tulare County Central Office Founders Day Picnic



SATURDAY - JUNE 8, 2024
MOONEY GROVE PARK - VISALIA - ARBOR #9

SPEAKER: To be announced

Lunch Served FROM 11:30 AM TO 12:30 PM

LUNCH: Adults: \$8.00 / Children Under 12: \$1.00

BBO Hamburgers & Hot Dogs WITH Beans, Salad, Chips & Dessert - Sodas & Waters: \$1.00

GATES OPEN: 8:00 AM - Fun, Food & Fellowship - Speaker: 1:00 PM

BASKET RAFFLE

50/50

Volleyball

HORSESHOES

Lighter Side of AA

“A drunken bum is walking along the railroad tracks and he finds an old fashioned oil lamp laying on the ground. He picks it up and rubs the dirt off it and a huge genie appears and says thank you for releasing me! I will reward you with two wishes. The bum says I want a bottle of wine that will magically refill itself. Instantly a bottle appears and the bum chugs it down and the instantly it is refilled. The genie asks him what he want for his second wish and the bum replies, another bottle just like this one!”

Life in sobriety:



Active addiction:



BIRTHDAY CLUB

THIS IS A GREAT WAY TO SHOW YOUR GRATITUDE FOR YOUR SOBRIETY AND ALSO HELP CARRY THE MESSAGE OF RECOVERY.

JUST CONTRIBUTE \$1.00 FOR EACH YEAR YOU HAVE BEEN SOBER ON THE ANNIVERSARY OF YOUR SOBRIETY DATE TO YOUR CENTRAL OFFICE. THAT IS ONLY ONE TIME PER YEAR. IT'S REALLY SIMPLE AND WOULD HELP YOUR CENTRAL OFFICE TREMENDOUSLY.



venmo



***Would You Like Your Name on the
Monthly Sobriety Birthday List.***

NAME: _____

SOBRIETY DATE: _____

CITY: _____

Please send information to:

**Tulare County Central Office
449 E. Maple St.
Exeter, CA 93221**

Email Info: tccof@hotmail.com

Meet The Editor

Hello Everyone!

My name is Robert and I am an Alcoholic!

**Its is great to meet you I am the new Editor of the
Central News.**

**I really look forward to being of service. I invite
anyone that wants to get into service to type up a short
piece and share it with us, email a picture, a quote, an
article or anything!**

I want to thank you for allowing me to be of service!!

—Robert P.



The Valley Speaker Series Presents:

SPRING INTO SOBRIETY

Saturday, April 6, 2024

St. Paul's Church, 120 N. Hall, Visalia, CA

Featuring Keynote Speaker:

Yvonne S.
of Los Angeles, CA

Sober 26 days, 1 months and 34 years!

with Alanon participation

\$20 Dinner presale or \$25 at the door

Newcomers who attend full workshop are our guests for dinner. Please bring your lunch.

Workshop and Speaker Meeting are OPEN & FREE!

11:00-5:00 Step Workshop

5:30-6:30 Dinner & Fellowship

7:00-8:30 Speaker Meeting

Contacts:

Samantha B. 559.747.9645

Brad W. 559.786.3636

Bill H. 559.740.8613

Your Content Here!!!

Have an event????

New group starting up?????

Have a story to share???

Take some amazing photos around our district???

Want to be of service????

All this can be accommodated-we are available to help! Simply reach out to us here at Central News and we will do all we can to get the word out!!!

Carrying the message to the Alcoholic who still suffer is our primary purpose. What better way to do it then to get involved!!!!

Send your content to:

centralintergroupnews@gmail.com

... and we will help you communicate to district 47!!!