

CENTRAL NEWS

Zierikzee, the Netherlands-
John W

May 2024
Website:
www.aa-tulareco.org



“It’s A Question of Lives That May Be Lost If A.A. Does Not Survive.”

Following the presentation on the work of the General Service Office and its importance to the survival of many among the “millions who still don’t know,” the Conference voted to throw the session open for a discussion of means of getting adequate financial support for the Office.

“When it comes to this problem of asking this Society to support its own services, let us try to put ourselves in the other fellow’s place.

He is interested, first of all, in his own recovery, his own survival. Next, he is interested in his family and in what he can do for them after all his years of drinking. Next, he is likely to be interested in the fellow he is twelfth—stepping. Next, down the line, he is interested in his group and the place where it meets and the way meetings are run and so on.

Now, that’s the way things always will be, the way they always should be.”

-Bill W. General Service Conference, 1953

Step 5

“Admitted to God, to ourselves and to another human being the exact nature of our wrongs.”

Doing the 5th step was an important key to my recovery. In my early sobriety I was living up in Fresno and going to a men's stag meeting that really focused on working this step, along with #4. Just getting the willingness to crack open the door leading to ego deflation was a chore in itself. (I honestly had no clue how this whole process of working this step was going to help ME!) At first I resisted, my initial impression was that these action steps of 4 through 9 were just meant to “beat me up” for all the mistakes I'd made in life. I thought that admitting my character defects to God and my sponsor was as far as I'd ever get. That this ‘peeling away of the onion’ of who I was was meant to strip me of my being.

I was ignorant.

I didn't realize that admitting the exact nature of my wrongs with God and another human being (my sponsor) would be the start of setting me free. When we are honest with another person, it confirms we have been honest with ourselves and with God.

I chose to do my 5th Step with my sponsor because he'd heard a big chunk of my story already at my home group. Also his own experience of working this step had shown him some shortcomings that he was working to overcome. While hearing his shares at meetings and then watching him afterwards, like at his home, you could really see he was ‘walking it like he talked it’. I could see and hear in his shares that he had grown. I wanted what he had, so I asked him, along with God, to hear my 4th Step.

While doing this step with Chet over at his house in Clovis his family had vacated the premises so there would be no interruptions. Smart. Knowing that I was alone with a confidant meant that I was going to have some serious introspection. It wasn't going to be like my previous sharing with a psychologist. This time I was including

God and someone else who I had a common bond with...they were an alcoholic themselves! And we had a guide! The Big Book of Alcoholics Anonymous. The feedback I got from my sponsor and his sharing of similar experiences to some of my issues was really a key component in my recovery from alcohol. It showed me that I wasn't alone in my disease, that I wasn't unique with my character defects and there was a solution through working the remaining steps. Actually for someone who is doing the 5th Step, you are in the midst of getting the solution now.

Oh yeah, one more thing...after completing your 5th Step, don't burn your 4th Step!
(as a sense of closure or catharsis)

That 4th column in your 4th Step (your wrongs) is your 8th Step list!

John W.

Tradition 5

“Each group has but one primary purpose - to carry its message to the alcoholic who still suffers.”

To me, Tradition Five is about carrying the messages of hope and gratitude to people who show up to my groups. There are two types of new people who show up at the groups I am a part of: the annoyed and the fearful. The third type are not-new, and they are the grateful people.

The newcomers who are annoyed, are annoyed because they have been sentenced to AA. I can carry my message of gratitude to the room, and the annoyed might hear it. They might even become a little more annoyed by it. That's their problem: if they are bothered by it, they should talk to their sponsor about it (HA! as if they have a sponsor...). But really, I'm hoping to plant a seed.

The next time that annoyed newcomer is about to get their ass kicked back into our rooms, I hope they have the dim recollection that the people in the rooms were generally happy, and not annoyed by life. They will have heard the pain we all went through to get here: yet, we're ... happy. What gives?

We know we had to give up fighting our disease. We surrendered to a power greater than ourselves. We gave way to hope.

The newcomers who are fearful, are fearful because the realization of the disease is upon them. They've tried to quit: often repeatedly. They recognize that their human power is insufficient. I remember being that newcomer and being really quite stressed out because of it. My entire life, I had always assumed I could solve any problem before me. Now, my alcohol use was clearly a problem. I found myself helpless. This was uncharted territory for me, and nothing about that gave me comfort.

If anyone had told me to cut back my drinking during the time I considered alcohol my comfort, I would have been annoyed with them. But now, it was me who was telling myself I needed to cut back my drinking. I tried, but failed over and over again. So when I showed up in the rooms, I wasn't the annoyed newcomer, I was the fearful newcomer.

Today, I am grateful that the groups I went to had long-timers with messages of gratitude and hope. Today, I try to be a bearer of good news: I saw hope, grasped it, and my life got better without alcohol in it. I am grateful for the transformation that came about by working the Twelve Steps.

But before I could take even the first step, I needed to see that hope was an option. In those first few meetings, I heard long-timers with gratitude telling me I can have hope. I could see in the rooms that these people were happy (or at least happier than I was). All the long-timers brought their groups the messages of hope and gratitude.

I'm by no means a long-timer; but, I can talk about how I am grateful for the path that got me here. That is a message that the people who have been here a while can also appreciate.

So to me, this is the primary purpose of every group: our members carrying the message of hope and gratitude to the still-suffering alcoholic, and to each other who have found a solution. It isn't easy, but it is worth it.

David G.

THE LOVE & SERVICE



**Where We Share Stories of Applying the
AA Steps, Traditions and Concepts**

FORMERLY THE UNITY & SERVICE CONFERENCE
HOSTED BY THE LOVE & SERVICE GROUP

MAIN SPEAKERS:

BILLY N. ~ PALM BEACH GARDENS, FL
ARISA B. ~ BOSTON, MA

OCT | FRI | 2024
11

OCT | SAT | 2024
12

REGISTRATION OPENS : 3:00PM
EVENT : 6:00PM – 8:30PM

EVENT STARTS : 9:00AM
EVENT ENDS : 10:00PM

EVENT COST \$45

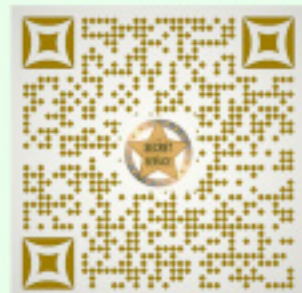
INCLUDES SATURDAY CONTINENTAL BREAKFAST & LUNCH

SATURDAY DINNER COST \$55

OPTIONAL

HYBRID EVENT

SPANISH INTERPRETATION
ASL INTERPRETATION



Birthday Club

Cheryl H	Springville	44
Marcie M	Porterville	35

Grateful Giver's Club

Members **\$804.60**

Individual Contributions

Bob T
James K
Jim B
Sandra K
Shannon S

Newsletter Contributions

Carol Ann G

Memorial Contribution

None

venmo



Supporting the Central Office is a very important and valuable thing for our fellowship! Now it is easier than ever!

Donate Today using Venmo!



Central Office Contacts

TULARE COUNTY CENTRAL OFFICE Income & Expense Statement

3/21/2024 through 4/20/2024

Central Office Contacts 3/21/2024 thru 4/20/2024

AA Members	56
Alanon & Alateen Info	1
Bridging the Gap	2
Churches and Schools	0
Court Referral/Info	0
E-Mail Contacts	191
General Info	3
H & I	4
Literature Sales	11
Meeting Information	13
Other 12 Step Programs	0
Prospective Members	2
Schedules & Info Mailed	0
Spanish Contacts	1
Specialty Sales	18
Twelve Step Calls	0
Visitors to the Office	18
Voice Mail Calls	8
<u>Total Central Office Contacts</u>	328

<u>INCOME</u>	<u>MONTH</u>	<u>YEAR TO DATE</u>
B.Day Club	79.00	298.00
Grateful Givers Club	804.60	1,115.73
Group Cont.	1,169.12	5,742.09
Indiv Cont	492.35	1,635.25
Interest Income	0.00	0.00
Lit. Sales	621.50	2,706.40
Memorial Cont.	0.00	0.00
Misc.	0.00	0.00
Newsletter Contribution	10.00	10.00
S & H	3.00	8.00
Sales Tax	93.64	417.98
Service Charge	0.00	0.00
Spec. Events-New Year's Eve	0.00	4,705.00
Spec. Items	448.24	2,576.53
State fund dividend	0.00	25.00
State Fund Refund	0.00	0.00
TOTAL	3,721.45	19,239.98

<u>EXPENSES</u>	<u>MONTH</u>	<u>YEAR TO DATE</u>
Bank Charge	0.00	0.00
Fees-Taxes	0.00	70.00
Insurance	0.00	550.00
Lit. Costs	0.00	1,188.50
PI-CPC Expense	16.31	16.31
Misc Expense	0.00	0.00
Newsletter Cost	0.00	0.00
Non Employee Compensation	0.00	75.00
Office Exp	108.72	593.95
Office Equip.& Maint	81.55	81.55
Paypal charges	1.07	4.28
Payroll Taxes	1,353.74	3,582.14
Phone & ISP	134.98	540.90
Printing and copy expense	0.00	0.00
postage	0.00	82.29
Returned Check & Chg	0.00	0.00
Rent	685.00	2,740.00
Salary	2,158.08	6,688.64
Sales Tax-Paid	0.00	0.00
Spec. Events-picnic	0.00	245.00
Spec. Events-New Year	(109.75)	2,666.35
Spec. Items	240.66	1,210.83
Square Card Charges	17.42	98.90
Utilities	56.24	390.23
Ph-venmo	19.99	67.98
venmo fees	15.19	42.28
Website	4.48	177.56
TOTAL	\$4,783.68	21,112.69

Net Gain(Loss)	(\$1,062.23)	(1,872.71)
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BEGINNING ACCOUNT BALANCES AS OF 3/20/2024:
\$19,624.81
ENDING ACCOUNT BALANCES AS OF 4/20/2024
\$18,562.58
Established Prudent Reserve
\$19,000.00

Speaker Meetings

Service Meetings

& Addresses May 2024

Speaker Meetings for May 2024

Porterville Recovery Club Speaker Meeting
186 W. Walnut Ave.
Friday May 3rd 2024 at 8:00 PM
Speakers: Russian Mick

Sunday AM Breakfast, Speaker Meeting
Veterans Memorial Building
36000 Hwy 190, Springville
Sunday May 12th 2024
(Breakfast at 8:30 to 10:00 AM)
Speaker: Naomi H from Tehachapi, CA

The Valley Group, Speaker Meeting
St. Paul's Episcopal Church
120 N. Hall St. Visalia, CA 93291
Every Wednesday from 7-8 pm.
Speakers for May
May 1 - Elliot M. with 6 years and 3 months!
TBA

Civic Center Group
Christ Lutheran Church
3830 W Tulare Ave, Visalia
Birthday speaker meeting
Last Tuesday of the month

Sunday PM Serenity Seekers Valley Group
Sunday 7:30-9 pm.
St. Paul's Episcopal Church
120 N. Hall St. Visalia, CA 93291
Speakers for May
May 5 - Hector A. from Visalia, with 18 years, 10 months,
and 21 days!
May 12 - Kristen D. from Visalia, with 2 years, 3 months,
and 17 days!
May 19 - Mike S. from Visalia, with 5 years, today!
May 26 - Miranda R. from Fresno, with 5 years and 17
days!

Attention speaker group secretaries: If you want your
speaker listed in the Newsletter, please get the information
to the Central Office (559) 592-6999 or TCCOF@hotmail.
com by the 20th of the month preceding the month of the
Newsletter.

SERVICE MEETINGS

GSR Meeting at Central Office
449 E. Maple St., Exeter, CA
Wednesday, April 3rd 2024 at 7:00 PM

CSR Meeting at Central Office
449 E. Maple St., Exeter, CA
Tuesday, April 9th 2024 7:00 PM

Bridging the Gap meeting
449 E Maple St Exeter, CA
April 6th 2024 11:00 AM

H&I Meeting (odd months only) in person at 526 N
Bridge St (no Zoom)
2nd Saturday April 13th 2024 9:00, Orientation, Business
meeting 10:00

TUFYPAA
Zoom ID 839 4820 8237 Password: service
2nd Sunday of the month, April 14th 2024

Founder's Day Planning Committee Meeting
April 24th 7:00-8:00 PM

SERVICE ADDRESSES

Tulare County Central Office
449 E. Maple St.
Exeter, CA 93221
Email: tccof@hotmail.com
Website: www.aa-tulareco.org

District 47, C.N.I.A.
P.O. Box 273
Exeter, CA 93221

CNIA Treasurer
PO Box 161712
Sacramento, CA 95816-1712

Send Contribution to:

General Service Board
P.O. Box 2407
James A Farley Station
New York, New York 10116-2407
<http://contribution.aa.org>

H&I-Contributions
P.O. Box 192490
San Francisco, CA 94119-2490

Central Service Meeting Meetings

“CENTRAL SERVICE MEETING MINUTES”

Central Office & Central Service Representatives Meeting Report

Date:

April 9, 2024

Meeting called to order:

7:02 P.M.

Board members present:

David G, Patrick A, George J, Ally A

Absent, Cody A

Serenity Prayer

David G

12 Traditions

Patrick A

Minutes of Last Meeting

Carol Ann G motion to approve minutes

Patrick G second

All in favor

Report of Last Board Meeting

David G

Carol Ann May 28-June 5th vacation approved

Old Business- St Pauls New Years Eve event

After Hours voice service

Treasurer & Office Report

April 9th 2024

Good evening!

For the period from Feb 21st thru March 20th, 2024 Central Office had an

income of \$3238.35 and

expenses of \$4,356.79

for a loss of \$1,118.44

Our Grateful Givers Club brought in \$60 and our Birthday Club brought in \$113 in much appreciated contributions.

We had \$1,106.51 in gross sales in 19 transactions for credit and debit cards, \$20 in 1 transaction in PayPal, and \$303.86 in 3 VENMO transactions this accounting period.

The Office will be closed May 27th in observance of Memorial Day,

and the board approved my vacation scheduled from May 28th thru June 5th

Claudia has agreed cover the office during this time.

Traffic and calls have been average. Office operations are going well and we are still fulfilling our primary purpose of carrying the AA message of recovery. We did have an incident where the Wi-Fi was down and Spectrum said they checked their system seeing no issues on their end and informed me that they could come and diagnose our system but if it was because of our equipment, they would charge us accordingly. I notified our web servant of the issue and he came and installed some sort of Wi-Fi enhancing gadget which he mentioned would strengthen our signal and also enable another computer to hook up to our Wi-Fi. I also came in the other day and there were bunches of paper printed out with computer code gibberish on them mentioning our email address that came in through someone accessing our printer through Wi-Fi, I called our web servant about this and he walked me through turning off the Wi-Fi access to the Ecotank printer. (It is unknown if this wi-fi booster was donated to Central Office to stay here once David is no longer on the board).

I wanted to make the groups aware that since the last financial report, we paid the quarterly payroll taxes and we are now below our prudent reserve by about \$2,000.

I would like to thank all of the groups and individuals who contributed to Central Office!

Grateful to be here!

Carol Ann Gable

Office Manager/Treasurer

Public Information Report

George J

Moving forward with previous plans. We now have a volunteer providing pamphlets to Dr offices and health clinics.

April 5th attended a Health Fair with Glenda and qty 2 other volunteers with a positive response.

April 10th from 11am-3pm Cocoran Park Health Fair for Employees of Cocoran Prison & the Community. George will also be in attendance.

April 11th Health Fair at The Methodist Church in connection with Child Abuse awareness. Jonathan & Sara, AA is appropriate to be there from 3pm-6pm.

Senior Day in the park is scheduled for May 5th. Looking for suggestions as if this would be a positive event to attend.

We are also able to speak and local events to educate those who are in need.

Contact George J @ 917-257-4532

Volunteers to Write STEP & TRADITION for Central Newsletter

STEP FOR NEWSLETTER-VOLUNTEER

	Issue	Step	Member
May	5	John W	Due to centralintergroupnews@gmail.com
June	6	Ally A	Due to centralintergroupnews@gmail.com

TRADITION FOR NEWSLETTER-VOLUNTEER

	Issue	Step	Member
May	5	David G	Due to centralintergroupnews@gmail.com
June	6	Mike P	Due to centralintergroupnews@gmail.com

Newsletter Report



Website Report

Report covers the time between the March and April CSR Meetings (2024-03-12 through 2024-04-09).

Calendar of events:

Founder's Day Picnic planning committee meeting

CNIA 07 Monthly Grapvine/La Viña Meeting

District 47 Agenda Item Workshop 2024

9th Annual Central California Council Roundup

Announcements:

Founder's Day Picnic planning committee meeting, Wednesday, March 27, at 7:00 PM

District 47 Agenda Item Workshop 2024 on Sunday the 24th

Carol Ann and I did the normal monthly edits of the CSR meeting, GSR meeting, Springville Sunday Breakfast meeting, and Valley Group meetings.

Thank you for letting me be of service.

Hospitals & Institutions “H&I” Report

The only purpose of the Northern California Hospital and Institution Committee is to carry the message of AA to alcoholics in Corrections and Treatment facilities and facilities serving alcoholics in Northern CA. Here in Tulare County (Area 93), we do this by conducting AA meetings in the facilities we serve. Currently we hold 17 meetings monthly in 7 facilities and Tulare County Jail, utilize approximately 35 volunteers and distribute an average of 100 AA Books (Big Book, 12 Steps and 12 Traditions, Daily Reflections and Living Sober in English and Spanish) per month along with Grapevines and LaVinas. H&I volunteers from Tulare County also hold approximately 10 meetings monthly at Corcoran, STAF and Avenal prisons. The meetings and books are in English and Spanish.

H&I activities are fully supported by funds collected from passing the pink cans at AA meetings from Tulare County to the Oregon Border as established in 1957. Prior to 1957, H&I volunteers had to either provide the literature for the H&I meetings themselves or beg it from their groups, often stretching the groups' funds beyond their ability to pay for other AA services. The pink can funds are sent to NorCal H&I in San Francisco. Our Area and Prison Coordinators request needed literature and it is sent to us straight for AAWS. We are blessed that we operate as one committee. In 2023, Tulare County and the prisons we serve distributed \$21,000 in literature and the pink can contributions from our area was \$7,300.

At times we hear, "H&I is not part of AA." It is true that NorCal H&I is not part of the General Service Structure. We operate as an AA service entity, governed by the Twelve Traditions, and based on the spiritual principles embodied within the Twelve Concepts of Alcoholics Anonymous. We are "directly responsible to those we serve" as outlined in the ninth tradition, the AA fellowship of Northern California which funds our activities. A point of reference as to what this means is our Central Office which also operates as AA service entity, "directly responsible to those they serve" as outlined in the ninth tradition. Central Office also is not part of the General Service Structure. We support Central Office with 7th Tradition Funds while H&I is funded by the pink can passed separately to not detract from our 7th Tradition responsibilities.

The NorCal H&I Committee was formed in 1946 to unify the procedures for those who are interested in this type of Twelfth Step work and avoid confusion and duplication of effort. Simply put, we take meetings inside facilities to carry the message of AA to those who have a desire to stop drinking. We have long standing agreements with Bridging the Gap and PI/CPC and will honor those but will stay true to our policies and procedures and those of the facilities we serve.

To continue to grow, we need more volunteers. Please share this with your groups and send any interested volunteers to our next orientation: May 11, 2024; 9:00 am; at 526 N. Bridge Street, Visalia, CA 93291. This information is also listed on the Tulare County Website at aa-tulareco.org. Please encourage all Tulare County AA groups to pass the pink can. If pink cans are needed, please contact Central Office or myself.

In Service,
 Joyce R.
 Area 93 H&I Chair

Bridging the Gap "BTG" Chairperson Report

Cody A...presented by David G

Spring into Sobriety Event we were able to present an introduction to Bridging the Gap... Also hoping to secure a date & time to meet with the Sherriffs department to give them information about our services.

General Service Office "GSO" Liaison Report

GSR meeting was April 3rd, 2024

Twelve people attended; four in-person and eight via Zoom.

Treasurer Report:

Balance Forward	\$2,777.52
Income	
Porterville Loose Women's Meeting	\$22.50
Springville Book Study	\$60.00
Individual Contribution	\$11.52

Total Income	\$85.02
Expenses	\$0.00
Current Balance	\$2,871.54

DCM report:

Last month, Mike met with District 55 members to finalize a post-conference assembly flyer. Registration for the post-conference assembly is now open on cnaia.org. Flyers can be found on the central office website and should be attached to the May 18th-19th post-conference registration link.

Members may stay near Coalinga if interested, as there are nearby hotels by the Harris Ranch Restaurant. The upcoming meeting on April 18th aims to discuss volunteers for setup, snack bar, and registration. Volunteers are needed for setting up and cleaning up; we are requested to contribute to snack costs.

In late March, Mike held an agenda items workshop in Visalia. He also attended meetings in Clovis and online (ACM), reporting on District 47 and the post-conference assembly.

The pre-conference assembly in Denair was going to take place on April 6th, during which Mike will present feedback gathered from Visalia and Tulare County members.

GSR Reports:

Jim K., GSR for the Monday Night Men's Stag at PPAV Hall in Visalia reported that his group was in favor of the Instagram account creation by New York, but was against the continued funding of La Vina at such a deficit.

Jerri T., GSR for the Saturday morning Women's 12 by 12 study group in Visalia reported that their group is organizing a Women's Retreat scheduled for October 11th – 13th at Saint Anthony's in Three Rivers. Also, plans are underway to organize a mixed-gender Sponsor-Sponsee event in Tulare County during July. Regarding agenda items, these sparked intense discussion. Two members were in favor of the plain and simple language translation of the Big Book, with 18 members against.

Similarly, the majority was against creation of an Instagram account by New York.

Dusty B., GSR for the Springville Thursday Night Gut Level Group: after some discussion, the group is not in favor of a new English translation of the Big Book into plain and simple language. The same is true for the Monday Night Springville Book Study group, because it is mostly the same people.

James W., GSR (temporary) for Bridge Street Drunks Only reported that Bridge Street is strictly against changing the Big Book's content, but they were in favor of the stories in the back changing in the printing of the fifth edition. They were also against the plain and simple language change. On Saturday, Bridge Street is hosting a Primary Purpose 12 Step Workshop at Saint Paul's as part of the Spring Into Sobriety event.

Old business

1. We have open Alternate DCM position that needs to be filled.

New business

1. We need to open a new bank account, due to changing rules at Chase bank. We will open it at Bank of the Sierra in Exeter.
2. Discuss providing funds for the Post-Conference Assembly in Huron to purchase snacks, drinks, and ice cream w/toppings for Ice Cream Social on Saturday night - (not to exceed \$300.00) - motion passed.
3. We need a couple volunteers for Post-Conference Assembly in Huron (May 17th set up, May 18th registration/snacks, May 19th snacks and clean up). If anybody's interested, they don't have to be a GSR. They can be a member of AA in our fellowship. Let me (Mike) know and I'll let them carpool with me up there to help set up on May 17th.
4. Agenda Items DCM workshop feedback from March 24: thank you to our membership who showed up; Mike will present the ideas to our delegate at the Pre-Conference Assembly for those GSRs who cannot attend the assembly.
5. We did reimburse Mike for the pizza he purchased for the Agenda Items DCM workshop feedback on March 24.

CSR REPORTS

Visalia Mens Monday Night Stag William A., CSR

The Stag in Visalia meets every Monday at the PPAV Hall in Visalia, Its a closed meeting of AA with about 60 people most weeks. We have Birthday meeting on the last Monday of every month. The meeting starts at 7:30pm and goes til 9:00pm

Saturday morning women's 12 x 12 Tracy Jo., CSR

Held from 9-10 am Saturday morning held weekly
Approx 25-35 women

We are hosting a women's retreat in October at St Anthonys in three rivers we are looking for volunteers and donations, there will be a limited number of spaces, next committee meeting will be Saturday 10:15 on the third Saturday of each month until October

Friday Freedom Fellowship Arlee CSR

We meet weekly on Fridays at Christ Lutheran Church in Visalia from 7-8 P.M.
We average around 60 in attendance each week
Thank you for letting me be of service, Arlee

Rainbow Group, Presented by George J., CSR.

The Rainbow Group meets every Saturday for an hour at 5:30 PM at The Source in Visalia, at 109 Northwest Second Avenue, which is on the south side of the Oval park. We meet for one hour and we are an Open hybrid group that meets on Zoom as well. The Zoom ID and passcode are on the website and in the Meeting Guide app. We offer a five o'clock meditation if you're interested in arriving early to prepare for a meeting. We have a speaker at the beginning of each meeting who speaks for 10 minutes after which the group is open. We give out chips at every session and celebrate birthdays at the end of the month with cake (no ice cream). We also have our business meeting on the second Saturday of the month.

Thank you for letting me be of service, George.

Springville Monday Night Book Study Group, Presented by Cody R., CSR.

We are located at the Lighthouse Chapel in Springville. We meet Monday nights from 7 to 8 PM. It is an open group book study. We rotate the books that we study. We're currently reading Language of the Heart. Turnout is about average. Emotional Sobriety will be the next book we will be reading. We have coffee and dessert every Monday. We would love to have more visitors. The Lighthouse Chapel is located off the 190: turn on to Bridge Drive, and then south to Rio Vista.

Gut-Level Group, Presented by Cody R., CSR

The Thursday Night Gut Level open meeting for men and women, is also located at the Lighthouse Chapel in Springville. We meet Thursdays from 7 to 8:30 PM. It is an open meeting with people sharing their experience, strength, and hope. Our birthday meeting is the last Thursday of the month, and we celebrate with cake and coffee. Turnout is steady. We have cake whether anyone is celebrating a birthday or not. It's a great meeting and we would love to have visitors.

Thank you for letting me be of service, Cody.

Civic Center Group Presented by Trevor., CSR

Tuesday at Christ lutheran 7-8 pm closed speaker discussion last day of the month welcome to family and friends. As well as a birthday meeting the last Tuesday of the month

Springville Breakfast Speaker Meeting, Presented by Cody for Sheryl E., CSR

We meet the second Sunday of every month at the Veterans Memorial Building, 35994 Hwy 190 in Springville. Breakfast is \$8.00 a plate per adult and \$1.00 per child under 12. The speaker part of the meeting is always free, so you don't have to eat to enjoy an excellent speaker.

We open at 8:00 with fresh hot coffee. Breakfast is served from 8:30 until 10:00. The speaker meeting begins at 10:15 with the readings, then a 10 minute speaker followed by a 15 minute break , then the main speaker until 11:45. 50/50 tickets are sold from 8:30 until the main speaker begins.

We really need a couple of strong, young people to stay after the meeting to sweep and mop the floor. It only takes a few minutes and is an easy way to be of service. So please help.

Thank you for letting me be of service.

Sheryl

Friends of Bill W and Dr Bob, presented by Patrick., CSR

This is a Tuesday night meeting held at St Johns Episcopal Church at 1701 E Prosperity Ave in Tulare from 7-8:00pm We are a fellowship of men and women sharing our experience strength and hope. We average 10-15 people and give out chips for various lengths of continuous sobriety. We celebrate anniversaries the last Tuesday of the month with cake and ice cream regardless if anyone is celebrating an anniversary. Newcomers are welcome and we have members who are open to sponsor.

Thank you for letting me be of service, Patrick A

Women's Changes Meeting, Presented by Cheryl for Sheryl E., CSR.

We meet every Tuesday from 6 to 7 p.m. at the 12 step Recovery Club, 186 s D street in Porterville. We are an open women's meeting. We each pick a stick from a jar and share on that topic. We average about 30 women including the girls from PAAR who might have a couple of days to women with up to a many years of continued sobriety, proving this program works.

The last Tuesday of each month we have a potluck that starts at 5:30 with good food and Birthday cake. We pass around a card for everyone to sign for those who are celebrating that month.

Thank you for letting me be of service.

Sheryl

Noon AA meeting Cheryl., CSR

Noon meetings that meet at the Porterville 12 step recovery club at 186 S B Street in Porterville

Monday through Friday 12-1 pm

Mon, Tues, and Thursday use the Daily Reflections as the topic source

Wed is a chip meeting

Friday is a big book meeting

Steps sponsorship if encouraged

Hal E was presented his 39th AA birthday, his son daughters are members

AA Loose Women's Meeting, Presented by Glenda V., CSR

We meet every Friday night at 6:30 PM at the Twelve Step Recovery Club at 186 South D Street in Porterville. We are an Open discussion meeting for Women only. It's a discussion meeting: somebody picks a topic and people talk about the topic. Cross-talk is welcome. We average about 5-16 people.

Ladies from PAAR attend our meeting, who might have a couple of days of sobriety, to women with up to 43 years of sobriety, proving the program works.

Thank you for letting me be of service, Glenda

Bridge Street Drunks Only John W., CSR

We have 16 closed meetings per week and three open meetings. We have a great spirit at Bridge Street. We have a good central location in Visalia at 526 Bridge Street. Please come and visit! We have birthdays on the last Saturday noon meeting.

Crossroads Steve P., CSR

Crossroads group is an open meeting, we meet at 7:00pm Thursday nights at 220 W Tulare Ave at the Hillman House. We are a small group of about 12-13 people we usually have a chairperson who speaks about 10 to 15 minutes and then the meeting is open for everyone that wants to share.

Thank You, Steve

Old Business

Unity Day-Cody waiting on pricing for bowling options.

Founders Day committee meeting John & David to create format and meetings

New Business

1. Founders Day Meeting April 10th via zoom or in person, arbor rented and speaker secured. Jack agreed to be in charge of drinks.
2. CSR meeting to possibly begin at earlier time of 6:00pm bring back to groups for their participation and vote in May

Seventh Tradition

\$35.00

Announcements

Founders Day Picnic June 8th

Sunday Speaker Breakfast April 14th

3C2A Roundup in Fresno May 3rd & 4th

Meeting Adjourned

8:04 p.m.

District 47 Meeting Minutes

District 47, CNIA

Meeting Minutes

April 3, 2024

This is a hybrid and Zoom meeting with members participating from various locations, including the Central Office in Exeter.

Meeting Called to Order: 7:02 PM by District Committee Member (DCM) Mike C.

Committee members present:

Mike C., DCM and General Service Representative (GSR) for the Valley Group
Brandon L., GSR for Friday Freedom Fellowship
Dusty B., GSR for the Springville Thursday Night Gut Level Group
James W., GSR (temporary) for Bridge Street Drunks Only
Jerri T., GSR for the Saturday morning Women's 12 x 12 Bookstudy Group
Jim K., GSR for Monday Men's Meeting at PPAV
Laura B., GSR for the Springville Monday Night Book Study
Allen L., Treasurer
David G., Recording Secretary and Central Office Liaison
Jason K., filling in for Joyce R., Hospitals and Institutions Liaison.
Joshua F., Registrar
Susan F., Member

Permission requested from all present that this meeting be recorded for the recording secretary's benefit.

The GSR Preamble was read by all attendees. "We are the General Service Representatives. We are the link in the chain of communication for our groups with the General Service Conference and the world of A.A. We realize the ultimate authority in A.A. is a Loving God as he may express himself in our Group Conscience. As trusted servants, our job is to bring information to our groups in order that the groups can reach an informed group conscience. In passing along this group conscience, we are helping to maintain the unity and strength so vital to our fellowship. Let us, therefore, have the patience and tolerance to listen while others share, the courage to speak up when we have something to share, and the wisdom to do what is right for our groups and A.A. as a whole."

12 Traditions: read by Jim K.

Concept 3: Concept 4 long form read and explained by Mike C.

Approval of Minutes: March 6, 2024, minutes reviewed. Approval of minutes vote taken: all in favor, none against.

Treasurer's Report:

Balance Forward	\$2,777.52
Income	
Porterville Loose Women's Meeting	\$22.50
Springville Book Study	\$60.00
Individual Contribution	\$11.52
Total Income	\$85.02

Expenses

\$0.00

Current Balance

\$2,871.54

Now that Allen has stepped up, there's going to be the issue of who are the new signers for the district's account? I believe it will be Allen, David, and Mike who will handle the new account. As the only remaining signer, I am the only one who can close the Chase account. Once a new account is established, I will proceed to close the old account and transfer the funds according to the district's decision regarding banking.

CSO Liaison Report: David G. Our March CSR Meeting was held in the 12th. The meeting was a hybrid meeting, with three members joining via Zoom and eleven people present in-person.

Central Office finances: for December 21 through January 20, Central Office had income of \$3,893 and expenses of \$3,910 for a loss of \$16.

George is our PI (Public Information) and CPC (Cooperation with the Professional Community) board member; he found twelve events we can present at.

Cody is our BTG (Bridging The Gap) board member; he had four people at our monthly meeting. We're going to do a small presentation at the Spring Into Sobriety event.

Old business:

1. Founders Day Picnic (FDP): We had our first planning meeting: two people showed up.
2. Unity Event Committee: Cody is getting prices for bowling.

New business:

1. We will do the Responsibility Statement in closing the meeting.
2. Communication preferences: The board members prefer doing a group chat on text messaging and the CSRs prefer to get email.
3. The meeting format for the Founder's Day Picnic will be determined by the FDP planning committee.
4. CSR reports will be run past the CSR prior to publishing them in the minutes and newsletter.

Registrar: No activity this month.

H&I Report: Jason K. on behalf of Joyce R., Tulare County Hospital & Institution Committee Liaison

The only purpose of the Northern California Hospital and Institution Committee is to carry the message of AA to alcoholics in Corrections and Treatment facilities and facilities serving alcoholics in Northern CA. Here in Tulare County (Area 93), we do this by conducting AA meetings in the facilities we serve. Currently, we hold 17 meetings monthly in 7 facilities and Tulare County Jail, utilize approximately 35 volunteers and distribute an average of 80 AA Books (Big Book, 12 Steps and 12 Traditions, Daily Reflections and Living Sober in English and Spanish) per month along with Grapevines and La Vina. AA members from Tulare County also hold meetings at Corcoran, SATF and Avenal Prisons.

We are fully supported by funds from passing the pink cans at AA meetings from Tulare County to the Oregon Border established in 1957. Prior to 1957, H&I volunteers had to either provide the literature for the H&I meetings themselves or beg it from their groups, often stretching the groups' funds beyond their ability to pay for other AA services. Today, passing the pink can allows the Northern California H&I Committee the blessing of literature to share with our inside members at the approximately 25,200 meetings held in 2023 and have literature expenditures of \$471,400, thus supporting AAWS as one of the largest purchasers of literature.

At times, we hear, "H&I is not part of AA". It is true that NorCal H&I is not part of the General Service Structure. We operate as an AA service entity, governed by the Twelve Traditions, and based on the spiritual principles embodied within the Twelve Concepts of Alcoholics Anonymous. We are "directly responsible to those we serve" as outlined in the ninth tradition, which is the AA fellowship of Northern California. This is the same manner a Central Office operates. Central Offices are not part of the General Service Structure but are an AA service entity, "directly responsible to those they serve" as outlined in the ninth tradition. Here in Tulare County, we support our Central office through 7th Tradition contributions. H&I is supported completely by passing the pink cans at meetings. In H&I we are entirely grateful that we operate as one committee, all pink can funds are sent to San Francisco and then literature is distributed back to the areas as needed. In 2023 Tulare County and the Prisons distributed \$21,000 in literature while our Tulare County pink can contributions were \$7,300. It is our hope that this information will be shared with groups to encourage passing of the pink cans in Tulare County.

To continue to grow, we need more volunteers. Please share this with your groups and send any interested volunteers to our next orientation: May 11, 2024; 9:00 am; at 526 N. Bridge Street, Visalia, CA 93291. This information is also listed on the Tulare County Website at aa-tulareco.org

In Service,

Jason K., Area 93 H&I Co-Chair

DCM Report: Mike C.

Last month, Mike met with District 55 members to finalize a post-conference assembly flyer. Registration for the post-conference assembly is now open on cnaa.org. Actual flyers can be found on the central office website and should be attached to the May 18th-19th post-conference registration link. Members may stay near Coalinga if interested, as there are nearby hotels by the Harris Ranch Restaurant.

The upcoming meeting on April 18th aims to discuss volunteers for setup, snack bar, and registration. Volunteers are needed for setting up and cleaning up; we are requested to contribute to snack costs. Profits will be divided between contributors.

In late March, Mike held an agenda items workshop in Visalia upon discovering no responses from District 47 GSRs regarding planned workshops. Also attended were meetings in Clovis and online (ACM), reporting on District 47 and the post-conference assembly.

Registration for the pre-conference assembly in Denair took place on April 6th, during which Mike presented feedback gathered from Visalia and Tulare County members. Participants are invited to check the District 47 Agenda Items, Workshop Meeting Notes for accuracy and suggest corrections before April 5th. This document will be updated accordingly. That concludes my report. Thanks.

Questions:

The post-conference assembly, is that in May? Yes, May 18th and 19th. Where is it located? In

Huron. This week's assembly is where? Denair. Fun fact: I went to high school at Denair High in 1986, 1987 – my junior and senior years.

GSR Reports:

Jim K., GSR for the Monday Night Men's Stag at PPAV Hall in Visalia: At our recent meeting, we discussed two key topics: creating an Instagram account, supported by our group, and reconsidering ongoing financial support for La Vina, given its significant losses over the past three years. Upon voting, we chose not to fund La Vina further due to fiscal concerns. These decisions have been communicated to DCM Mike via email. Additionally, we elected a new CSR named Wil. Thank you.

Jerri T., GSR for the Saturday morning Women's 12 by 12 study group in Visalia: our group organizes a women's retreat, scheduled for October 11th – 13th at Saint Anthony's in Three Rivers. We kindly request that groups consider donating baskets for a raffle or silent auction. Plans are underway to organize a mixed-gender Sponsor-Sponsee event in Tulare County during July. Although specific dates have yet to be determined, interested individuals are welcome to join us. This event aims to function as a helpful fundraising initiative supporting our upcoming women's retreat. Regarding votes, multiple subjects sparked intense discussions. The questions that were put out triggered extensive exchanges. Deliberations surrounding a plain and simple Big Book edition: nobody wanted that. Only two attendees favored the idea, whereas eighteen others expressed disagreement. Opposition extended to social media utilization due to challenges controlling content distribution and difficulty remaining anonymous amidst tracking mechanisms inherent to social media platforms. Ultimately, the majority rejected social media involvement. Unfortunately, as a recently appointed GSR, I cannot attend the pre-conference assembly this weekend due to prior engagements. I have conveyed my information to the delegate.

Dusty B., GSR for the Springville Thursday Night Gut Level Group: after some discussion, the group is not in favor of a new English translation of the Big Book into plain and simple language. Some people feel that they weren't informed on it; I think part of that was because we haven't had a General Service Rep for quite a while. The group is not really doing anything as far as actively having any fundraisers or anything of that nature. We do have, on the last Thursday of the month, a birthday dinner where most of us go to the restaurant and then come back to the meeting and celebrate birthdays on the last Thursday.

Dusty B., filling in for Laura B., GSR for the Springville Monday Night Book Study: the group is not in favor of the plain and simple language Big Book. It's pretty much the same people, for the same reason. We did not discuss Instagram in either group, so I don't have an answer on that. But I will bring that up to them Thursday night. We'll discuss that further and I will see you up in Denair. Thanks.

James W., GSR (temporary) for Bridge Street Drunks Only: we are currently waiting for a permanent GSR, but I wanted Bridge Street to be represented at District 47. Bridge Street has a policy that you can only hold one service position, and I'm also the business secretary. We had a business meeting this past Saturday where we discussed the items from the workshop at the Alano Club. Bridge Street is strictly against changing the Big Book's content, but they were in favor of the stories in the back changing in the printing of the fifth edition. They were also against the plain and simple language change. On Saturday, Bridge Street is hosting a Primary Purpose 12 Step Workshop at Saint Paul's as part of the Spring Into Sobriety event. We are in need of a permanent GSR since Ralph left. Bridge Street conducted a group conscious, and I was appointed temporarily. I emphasized that we can only have one service position, but someone is interested in the position. The commitment is for two years, and I have been attending different meetings to find a suitable candidate. In summary, I am doing my best as the temporary GSR and relaying messages back to Bridge Street. We are actively searching for a permanent GSR and hope to find a suitable candidate

soon.

Old Business:

Open Alternate DCM position. No volunteers at this time.

New Business:

1. Discuss opening a new bank account. Allen met with representatives from Bank of the Sierra and Bank of America in Exeter. Bank of America has a \$16 monthly fee, while Bank of the Sierra offers a free account unless paper statements are requested, which would incur a \$2 monthly fee. My recommendation is to open an account at Bank of the Sierra due to their friendly and easy-to-deal-with approach. They provided paperwork for the three signers' information. Allen will need documentation from the secretary that he is the treasurer. So we want a copy of the minutes and a copy of our bylaws. I was told to make sure that our minutes and our bylaws are identified by the same title as we want to open the account with. Our current account is "District 47, CNIA". Motion was made by Allen to move forward and do what we need to do as the three officers, David, Mike, and I, to satisfy whatever requirement there is to open the account, and we'll proceed and open a new account at the Bank of the Sierra. Dusty seconded. Vote taken: all approved, none against.
2. Discuss creating a subcommittee to review and update our bylaws. Bylaws were found and reviewed: there is no need to update them at this time.
3. Discuss providing funds for the Post-Conference Assembly in Huron to purchase snacks, drinks, and ice cream w/toppings for Ice Cream Social on Saturday night. (Not to exceed \$300.00). Allen moved to allocate no more than \$300 to commit to purchase snacks, drinks, and ice cream in conjunction with District 55. Jerri seconded. Vote was taken: all in favor, none against.

At this point in the meeting, Spectrum Internet flaked out, and the In-Person Zoom session in the Central Office froze and had to be worked around.

4. Discussed the Area 7 Archives rental location, and rent increase. Discussion for four minutes. The idea was put forward that we need to trust our trusted servants to find a new location at a reasonable cost. Question was put to the meeting: do we have support for this as a group? Vote was taken: all approved, with none against.
5. Need a couple volunteers for Post-Conference Assembly (May 17th set up, May 18th registration/snacks, May 19th snacks and clean up). If anybody's interested, they don't have to be a GSR. They can be a member of AA in our fellowship. Let me (Mike) know and I'll let them carpool with me up there to help set up on May 17th. That's where we'll be needing to set up chairs and tables, putting up the tents on each of the tables with the district flags and then any of the tables and backdrops for the archives and different H&I and general service, Literature, Grapevine and La Vina tables. We need one or two volunteers to assist with registration, specifically for English-speaking attendees. This is because some Spanish-speaking groups have members who are only fluent in Spanish and not bilingual. While a few members are bilingual, having additional English speakers would be beneficial for registration purposes.
6. Agenda Items DCM workshop feedback from March 24, meeting notes: I don't want to go into a bunch of details, but I want to thank those that did participate uh in my email all to everyone. I did my best at capturing the majority of what everyone was in favor of and not in favor, and in people's comments. This is what I'll be sharing at the Pre Conference Assembly for District 47 for those that are unable to attend. I'll share our district's feedback to our delegate.

7. Discuss reimbursing Mike C \$20 for pizza for Agenda Item Workshop March 24, 2024: Mike bought two Costco pizzas for the Agenda Item Workshop at the Alano Club. Dusty moved to reimburse Mike the \$20. Allen seconded the motion. Vote was taken: all in favor, none against.

Announcements:

Pre-Conference Assembly April 6-7 2024, Denair, CA. Mike and Brandon are carpooling up.

Central Office Founder's Day Picnic, June 8 in Mooney Grove Park. Planning committee meetings are every two weeks, Wednesday nights at 7:00 PM, either in-person at Central Office or on Zoom.

Spring into Sobriety by The Valley Speaker Series Group, April 6th at St. Paul's Episcopal Church in Visalia. The 12 Step Workshop is at 11 AM, dinner begins at 5:30 PM, with the speaker, Yvonne S. from Los Angeles, at 7:00 PM.

Central Office Unity Day – Bowling event (TBD)

Discussion:

Jerri: There does not appear to be a lot of time between when the Agenda Items are released by New York, and the Pre-Conference Assembly immediately prior to the General Service Conference in New York. Mike: I shared the information at our February meeting and also at our March meeting: I said that the agenda items were going to be posted on the delegates page on cnia.org. Those got released February 19th or 20th. Jerri: Okay, I think the problem is that I was a new GSR then, and I wasn't on the mailing list when you first put it out. Josh: I want to just add that, the board typically decides the agenda items in December or January, which creates a tight timeframe for communication within the fellowship. Even when Mike performs his job flawlessly, the process remains challenging for everyone involved. So, the difficulty isn't necessarily due to being new; rather, it's a result of the demanding nature of the communication process.

Responsibility Declaration: Read by all “I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible.”

The meeting was adjourned at 8:15 PM

Respectfully submitted,

David G., Recording Secretary

May 2024 Birthdays

AA BIRTHDAYS			
MAY	2024		
Penny O	Dinuba	56	
Greg	Woodlake	47	
Virginia E	Lemoore	44	
Allen L	Visalia	43	5/18/1981
Bill T	Exeter	40	
Joe S	Lindsay	40	
Jose S	Visalia	40	
Jesse M	Porterville	40	
Jesse M	Porterville	39	5/22/1985
Harry C	Visalia	38	
Terry W	Visalia	38	
Luann B	Three Rivers	37	5/28/1987
Larry B	Visalia	36	5/8/1988
John B	Tulare	36	
Jeff S	Visalia	36	
Don S	Visalia	36	
Mark A	Tulare	36	
Sarah R	Visalia	36	
Dave I	Visalia	35	
Julie M	Porterville	35	5/15/1989
Steven M	Porterville	35	
Sharon Y	Visalia	35	
Jimmy V	Visalia	34	
Susan M	Porterville	34	5/22/1990
Steve D	Visalia	34	
Ron Mc	Visalia	33	
Joe S	Porterville	32	
Scott H	Visalia	32	5/9/1992

Melonie L	Visalia	32	
Wayne T	Visalia	32	
Gail G	Visalia	31	
Jerry Mc	Visalia	31	
Mike G	Visalia	31	
Mike N	Visalia	31	
Henry T	Visalia	31	
Brian C	Visalia	31	
Willie	Visalia	31	
Louise G	Exeter	31	5/9/1993
Greg B	Tulare	30	5/23/1994
Manuel O	Tulare	29	5/21/1995
Boo M	Visalia	27	5/18/1997
Theresa S	Visalia	27	5/22/1997
Michelle S	Visalia	24	5/27/2000
Kathy D	Visalia	23	5/7/2001
Jim C	Visalia	23	5/20/2001
Jennifer R	Visalia	21	5/1/2003
Carolyn W	Porterville	19	5/24/2005
Lucy w	Visalia	16	5/9/2008
James w	Exeter	15	
Tim A	Visalia	14	5/25/2010
Laura D	Porterville	13	5/20/2011
William K	Springville	13	5/30/2011
Jay W	Visalia	10	
Courtney R	Tulare	9	
Michael C	Visalia	8	5/13/2016
Britnee H	Visalia	6	5/27/2018
Beki H	Visalia	6	5/29/2018
Melanie D	Springville	5	



*That's 1,707
Years of Total
Sobriety!!!*

Group Contributions 3/1/24-4/20/24

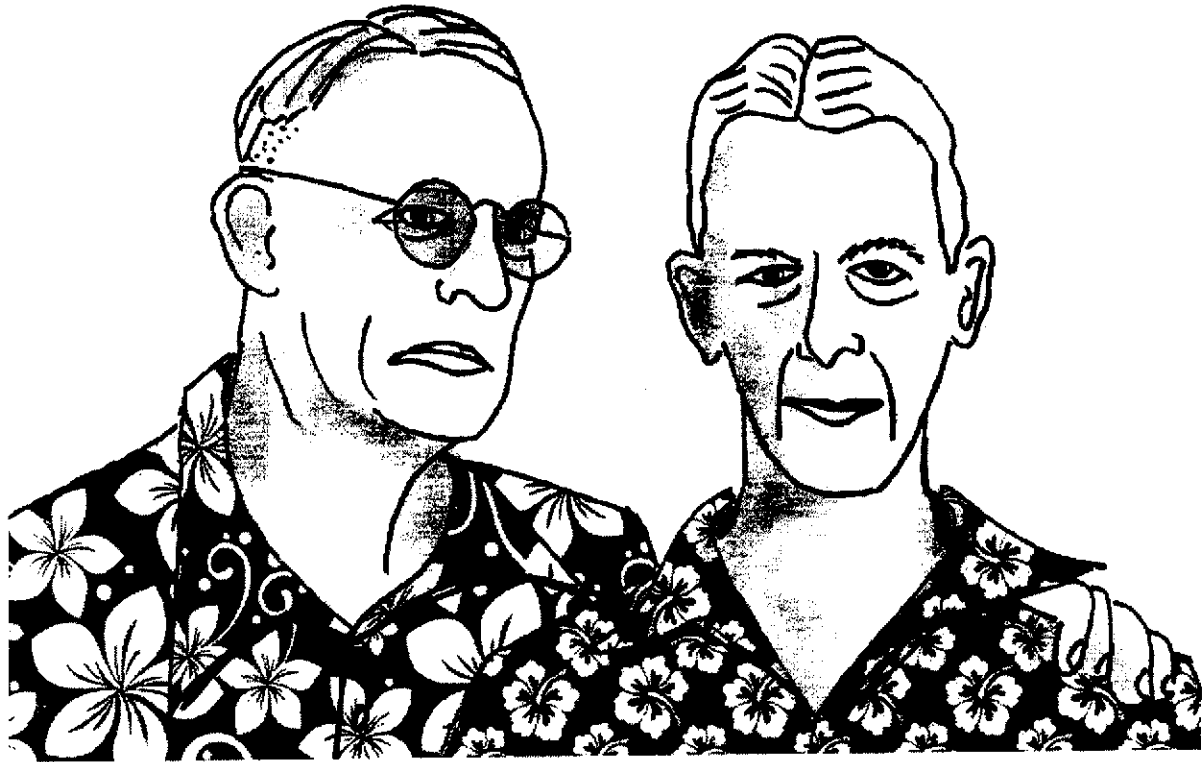
Group Contributions 3/21/2024 Thru 4/20/2024						
					Month	YTD
1st Friday Speaker Meeting					\$-	\$40.00
10th Ave Men's Group					\$183.12	\$447.37
ABC Group					\$-	\$-
ACYPAA					\$-	\$-
Anonymous Group					\$-	\$-
Breath of Fresh Air					\$-	\$-
Bridge St "Drunks Only"					\$-	\$774.24
Central California Round Up					\$-	\$-
Civic Center Group					\$-	\$-
Clodbusters-Tulare					\$-	\$200.00
Crossroads-Tulare					\$350.00	\$350.00
CSO Meeting					\$35.00	\$119.00
District 47					\$6.00	\$498.00
District 49						\$-
Everyday is Christmas					\$81.00	\$353.00
Exeter Sunday Afternoon					\$100.00	\$150.00
Freedom Fellowship					\$-	\$30.00
Friday Candlelight Meeting					\$-	\$-
Friends of Bill W and Dr Bob Tulare					\$-	\$-
Friends of Bill W					\$-	\$300.00
Gem St Noon Book Study					\$-	\$-
Half & Half					\$-	\$100.00
Keep it Simple Sunday					\$-	\$233.00
loose women					\$-	\$37.50
Monday Men's Valley Big Book Study					\$-	\$100.00
Monday Men's Mtg (PPAV)					\$-	\$-
Mid-Valley-Tulare					\$-	\$-
Monday Book Study Springville					\$-	\$200.00



Monday Women's Reflections	\$-	\$218.22
Nooners Group-Visalia	\$-	\$-
Pine Recovery AA Meeting	\$-	\$-
Porterville Friday Night Candlelight	\$-	\$-
Practicing the Principles	\$100.00	\$100.00
Quiet Trails	\$50.00	\$150.00
Rainbow Group		\$115.00
Rule 62-Visalia		\$-
Serenity Junction-Tulare		\$-
Saturday Night Believers		\$-
Sober Sisters		\$-
Springville Gut Level	\$25.00	\$150.00
Springville Breakfast Meeting		\$-
Sunday PM Serenity Seekers		\$-
Three Rivers Monday	\$100.00	\$200.00
Tulare Young People		\$-
TUFYPAA		\$-
Tuesday Men's Porterville		\$-
Tuesday Women's Amity Group (TWAG)		\$375.60
Unity through Traditions	\$139.00	\$214.00
Valley Group		\$-
Valley Speaker Series		\$-
Visalia Alano Club		\$87.16
Wandering Couples		\$-
Wednesday Acceptance Group (WAG)		\$200.00
Women's Changes Group		\$-
Women's Friday Night-Porterville		\$-
Wom- en's Happy		\$-
Women's Saturday AM 12x12		\$-
Totals	\$1,169.12	\$5,742.09



Tulare County Central Office Founders Day Picnic



SATURDAY - JUNE 8, 2024
MOONEY GROVE PARK - VISALIA - ARBOR #9

SPEAKER: To be announced

Lunch Served FROM 11:30 AM TO 12:30 PM

LUNCH: Adults: \$8.00 / Children Under 12: \$1.00

BBO Hamburgers & Hot Dogs WITH Beans, Salad, Chips & Dessert - Sodas & Waters: \$1.00

GATES OPEN: 8:00 AM - Fun, Food & Fellowship - Speaker: 1:00 PM

BASKET RAFFLE

50/50

Volleyball

HORSESHOES

Lighter Side of AA

3 guys walk into a bar: a normal drinker, a heavy drinker and an alcoholic. They sit down at the bar and each order a shot of vodka.

The normal drinker looks down at his shot, sees that there is a fly floating around in it and he pushes the drink away in disgust. He refuses to drink it.

The heavy drinker looks down at his shot of vodka and also sees a fly in it. Undisturbed, he simply grabs the fly out of his drink, flicks it away, and takes his drink.

Finally, when the alcoholic sees the fly in his vodka, he grabs it by each wing and holds it up to his mouth, violently shaking it and saying “spit it out you bastard!”.



BIRTHDAY CLUB

THIS IS A GREAT WAY TO SHOW YOUR GRATITUDE FOR YOUR SOBRIETY AND ALSO HELP CARRY THE MESSAGE OF RECOVERY.

JUST CONTRIBUTE \$1.00 FOR EACH YEAR YOU HAVE BEEN SOBER ON THE ANNIVERSARY OF YOUR SOBRIETY DATE TO YOUR CENTRAL OFFICE. THAT IS ONLY ONE TIME PER YEAR. IT'S REALLY SIMPLE AND WOULD HELP YOUR CENTRAL OFFICE TREMENDOUSLY.



venmo



***Would You Like Your Name on the
Monthly Sobriety Birthday List.***

NAME: _____

SOBRIETY DATE: _____

CITY: _____

Please send information to:

**Tulare County Central Office
449 E. Maple St.
Exeter, CA 93221**

Email Info: tccof@hotmail.com

Meet The Editor

Hello Everyone!

My name is Robert and I am an Alcoholic!

**Its is great to meet you I am the new Editor of the
Central News.**

**I really look forward to being of service. I invite
anyone that wants to get into service to type up a short
piece and share it with us, email a picture, a quote, an
article or anything!**

I want to thank you for allowing me to be of service!!

—Robert P.



Hey, this candle smells like Fireball

Becky, us non-alcoholics like to call that scent cinnamon

Your Content Here!!!

Have an event????

New group starting up?????

Have a story to share???

Take some amazing photos around our district???

Want to be of service????

All this can be accommodated-we are available to help! Simply reach out to us here at Central News and we will do all we can to get the word out!!!

Carrying the message to the Alcoholic who still suffer is our primary purpose. What better way to do it then to get involved!!!!

Send your content to:

centralintergroupnews@gmail.com

... and we will help you communicate to district 47!!!