

CENTRAL NEWS

June Roses, Anonymous

June 2024

Website:

www.aa-tulareco.org

“ALCOHOLICS ARE JUST LIKE YOU AND ME

EXCEPT THAT THEY’VE DISCOVERED ALCOHOL.”

“Even when drinking is not openly encouraged, it is still fatally easy, in all social groups, for a man or woman to become an alcoholic without ever becoming noticed as a person with a problem. The alcoholic, unlike the junkie or the speed freak, can indulge his vice in the best social situations and still fit in like the priest at the Communion breakfast. These people are often the “functioning alcoholics” – Men and women whose daily consumption of alcohol is well above those fifteen centiliters, but who still have their families, their high-salaried jobs, their position in society. They don’t fall into alcoholic stupors, they never even become involved in loud alcoholic scenes. They’re not drunkards – most people, including themselves, would never think of them even for a moment as alcoholics.”

-Phillip M, Saturday Night, June 1978

STEP SIX-ACCEPTANCE

“Were entirely ready to have God remove all these defects of character.

Step Six required three things—willingness, honesty, and a lack of reservations.

It took a great deal of faith to begin the Sixth Step.

My spiritual experience is more or less the unlocking of an inner resource

that has always existed within me.

This is something that I had to keep in mind when working this step,

I had to learn to surrender my own will and aim toward a higher state of being.

I was no longer striving to be the best version of the person I once was.

I am striving to become something better.

Of course, many of my defects actually stem from natural instincts.

I need to eat, but I do not need to exhibit gluttony in doing so.

Our race must reproduce, but this does not excuse lust—especially when it reaches the point of sex addiction.

I cannot work all the time, yet sloth will keep me from success.

And while success is important, greed and pride are most certainly not.

Furthermore, while it is acceptable to express myself when I feel wronged, I must be able to separate this from the manner in which I express myself when fueled by wrath or envy.

When I see things in this manner, I begin to realize that each of the Seven Deadly Sins is simply one instinct or another taken to excess.

These excesses became confused with natural instincts at one point or another during the course of our addiction.

This is why I must be ready to have these character defects removed,

while accepting that it likely will not happen overnight.

As human beings, readiness is the best we have to offer.

This is why Step Six is a lifelong journey.

-Ally A

Tradition 6

“Our groups ought never endorse, finance or lend our name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.”

Tradition six, like all the others, was a conclusion rather than a beginning. Our beloved co-founder, Bill Wilson, was fascinated with the miraculous device he had discovered. This solution for the age old problem facing alcoholics like himself which meant doom, inescapable, and resulted in incarceration, institutionalization or death was his Eureka brainstorm and had proven a way out for him and his fellows. He could imagine no less than world wide fame and fortune. Think of it, AA hospitals, rehabs, drying out farms, why hell, even carnivals, rodeos, and AA taco trucks. His fame was our fame.

It caught on with the other members who wanted, honestly, to share this gold we had stumbled into with all the world's derelicts. Judges, wardens, and doctors around the globe would remand their worst to us and we would save them. Our higher power deserved no less than we proclaim his gift to the public and maybe make a few bucks along the way.

This public display of egomania caused competition and jealousy among members and soon it became obvious that our AA treasure was spoiled because we could not use publicity to help us stay sober. While we share lust for power, we're just too different to incorporate that into our treatment. That solution was generated internally and outside interests spoiled our precious gemstone of fellowship. Some of us are economically sophisticated, while others couldn't be trusted with an AA bake sale.

A monster humility lesson ensued resulting in the removal of our name and the dissolution of our association with all enterprises outside the business we had learned to administer. We did it to save ourselves, and preserve the connection we experience only at the group level. We might be very different had we not received this gift.

Anonymous

THE LOVE & SERVICE



**Where We Share Stories of Applying the
AA Steps, Traditions and Concepts**

FORMERLY THE UNITY & SERVICE CONFERENCE
HOSTED BY THE LOVE & SERVICE GROUP

MAIN SPEAKERS:

BILLY N. ~ PALM BEACH GARDENS, FL
ARISA B. ~ BOSTON, MA

OCT | FRI | 2024
11

OCT | SAT | 2024
12

REGISTRATION OPENS : 3:00PM
EVENT : 6:00PM - 8:30PM

EVENT STARTS : 9:00AM
EVENT ENDS : 10:00PM

EVENT COST \$45

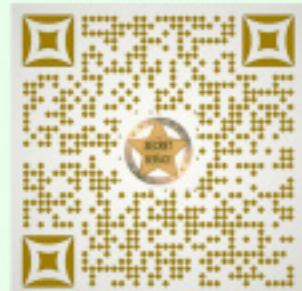
INCLUDES SATURDAY CONTINENTAL BREAKFAST & LUNCH

SATURDAY DINNER COST \$55

OPTIONAL

HYBRID EVENT

SPANISH INTERPRETATION
ASL INTERPRETATION



Birthday Club

Allen L	43
Rae Ann B	30
Bill H	19
Joyce R	11
Carol Ann G	8
David G	5



Supporting the Central Office is a very important and valuable thing for our fellowship! Now it is easier than ever!

Donate Today using Venmo!

Grateful Giver's Club

Members \$465.92

Individual Contributions

- Bob T**
- Carol Ann G**
- James K**
- Mike O**
- Sandra K**

Newsletter Contributions



Memorial Contribution

Tommy S

Upcoming Meeting Guide App Information!

New Release - 4.2.1

Meeting Guide Version 4.2.1 was released in April 2024. This release included a new Maps feature for in-person meetings and support for additional language Types.

The Maps feature can be accessed from the main meeting list by selecting the icon in the top right corner:

Click this new icon for a map view of in-person meetings in the current meeting list. From the map view you can select red markers to see basic information on that meeting location by clicking on the meeting card.

You can also change the filters, location and more from the map view.

Please read this article

<https://communicationservices.cmail20.com/t/y-l-mltiyut-duhkhlijkik-j/>
for more information on using this new feature.

The following languages have been added to our existing language Type options: Amharic, Croatian, Danish, Greek, Hindi, Hungarian, Lithuanian, Malayalam, Norwegian, Slovak, Swedish, Tagalog, Ukrainian. Language Type codes should be included with individual meeting listings, and they can also be applied at the entity level as the default meeting language.

New participating entities

We extend a warm welcome to the recently added participants on Meeting Guide:

- * AA Egypt
- * Central Office of AA-Snohomish County
- * Area 56 District 12 and 13 of AA (Ohio)

Up Next

We will be reviewing all feedback sent in to appsupport@aa.org regarding the new map feature and incorporating that into future releases. The team is also in the design phase for improvements that support finding online meetings. While these larger projects are underway there will be some interim releases, including: a required software platform upgrade, new meeting contact features.



Central Office Contacts

TULARE COUNTY CENTRAL OFFICE

Income & Expense Statement

4/21/2024

through

5/20/2024

INCOME

MONTH

YEAR TO DATE

B.Day Club	116.00	414.00
Grateful Givers Club	465.92	1,581.65
Group Cont.	1,092.58	6,834.67
Indiv Cont	1,057.00	2,692.25
Interest Income	0.00	0.00
Lit. Sales	736.15	3,442.55
Memorial Cont.	100.00	100.00
Misc.	0.00	0.00
Newsletter Contribution	0.00	10.00
S & H	0.00	8.00
Sales Tax	96.29	514.27
Service Charge	2.84	2.84
Spec. Events-New Year's Eve	0.00	4,705.00
Spec. Items	519.85	3,096.38
State fund dividend	0.00	25.00
State Fund Refund	0.00	0.00
TOTAL	4,186.63	23,426.61

EXPENSES

MONTH

YEAR TO DATE

Bank Charge	0.00	0.00
Fees-Taxes	0.00	70.00
Insurance	0.00	550.00
Lit. Costs	940.00	2,128.50
PI-CPC Expense	83.19	99.50
Misc Expense	0.00	0.00
Newsletter Cost	0.00	0.00
Non Employee Compensation	0.00	75.00
Office Exp	275.35	869.30
Office Equip.& Maint	0.00	81.55
Paypal charges	1.91	6.19
Payroll Taxes	0.00	3,582.14
Phone & ISP	134.98	675.88
Printing and copy expense		
postage	0.00	82.29
Returned Check & Chg	0.00	0.00
Rent	685.00	3,425.00
Salary	1,438.72	8,127.36
Sales Tax-Paid	0.00	0.00
Spec. Events-picnic	0.00	245.00
Spec. Events-New Year	0.00	2,666.35
Spec. Items	101.00	1,311.83
Square Card Charges	26.06	124.96
Utilities	17.79	408.02
Ph-venmo	19.99	87.97
venmo fees	2.01	44.29
Website	4.36	181.92
	\$3,730.36	24,843.05

Net Gain(Loss) \$456.27 (1,416.44)

BEGINNING ACCOUNT BALANCES AS OF 4/20/2024:

\$18,562.58

ENDING ACCOUNT BALANCES AS OF 5/20/2024

\$19,018.85

Established Prudent Reserve

\$19,000.00

Central Office Contacts 4/21/2024 thru 5/20/2024

AA Members	71
Alanon & Alateen Info	0
Bridging the Gap	0
Churches and Schools	0
Court Referral/Info	0
E-Mail Contacts	197
General Info	7
H & I	0
Literature Sales	18
Meeting Information	10
Other 12 Step Programs	0
Prospective Members	0
Schedules & Info Mailed	0
Spanish Contacts	0
Specialty Sales	22
Twelve Step Calls	0
Visitors to the Office	12
Voice Mail Calls	10
<u>Total Central Office Contacts</u>	<u>347</u>

Speaker Meetings

Service Meetings

& Addresses June 2024

Speaker Meetings for June 2024

Porterville Recovery Club Speaker Meeting
186 W. Walnut Ave.
Friday June 7th 2024 at 8:00 PM
Speakers: TBA

Sunday AM Breakfast, Speaker Meeting
Veterans Memorial Building
36000 Hwy 190, Springville
Sunday June 9th 2024
(Breakfast at 8:30 to 10:00 AM)
Speaker: Danny G from Oxnard, CA

The Valley Group, Speaker Meeting
St. Paul's Episcopal Church
120 N. Hall St. Visalia, CA 93291
Every Wednesday from 7-8 pm.
Speakers for June
TBA

Civic Center Group
Christ Lutheran Church
3830 W Tulare Ave, Visalia
Birthday speaker meeting
Last Tuesday of the month

Sunday PM Serenity Seekers Valley Group
Sunday 7:30-9 pm.
St. Paul's Episcopal Church
120 N. Hall St. Visalia, CA 93291
Speakers for June
June 2 - Jocelyn H. from Bakersfield, with 7 years, 8 months, and 20 days!
June 9 - Randy S. from Visalia, with 2 years, 6 months, and 23 days!
June 16 - TBA
June 23 - Carrie A. from Fresno, with 8 years, 8 months, and 19 days!
June 30 - Karly A. from Kingsburg, with 4 years, 9 months, and 30 days!

Attention speaker group secretaries: If you want your speaker listed in the Newsletter, please get the information to the Central Office (559) 592-6999 or TCCOF@hotmail.com by the 20th of the month preceding the month of the Newsletter.

Service Meetings
GSR Meeting at Central Office
449 E. Maple St., Exeter, CA
Wednesday, June 5th 2024 at 7:00 PM

Bridging the Gap meeting at Central Office
449 E Maple St Exeter, CA
June 2nd 2024 11:00 AM

CSR Meeting at Central Office
449 E. Maple St., Exeter, CA
Tuesday, June 11th 2024 6:00 PM

H&I Meeting (odd months only) in person at
526 N Bridge St (no Zoom)
2nd Saturday May 11th 2024 9:00, Orientation,
Business meeting 10:00

TUFYPAA
Zoom ID 839 4820 8237 Password: service
2nd Sunday of the month, June 9th 2024

Founder's Day Planning Committee Meeting
In person at Central Office and on Zoom
Meeting ID: 885 2456 4504
Passcode: 2024 06 08
May 22, 2024 07:00 PM
June 3rd, 2024 07:00 PM

SERVICE ADDRESSES
Tulare County Central Office
449 E. Maple St.
Exeter, CA 93221
(559) 592-6999
Email: tccof@hotmail.com
Website: www.aa-tulareco.org
Hours: Mon-Fri 9:00am to 1:00pm
Closed Major holidays

Send Contribution to:
Tulare County Central Office
449 E. Maple St.
Exeter, CA 93221

General Service Board
P.O. Box 2407
James A Farley Station
New York, New York 10116-2407
<http://contribution.aa.org>

H&I-Contributions
P.O. Box 192490
San Francisco, CA 94119-2490

District 47, C.N.I.A.
P.O. Box 273
Exeter, CA 93221

CNIA Treasurer
PO Box 161712
Sacramento, CA

95816-1712

Central Service Meeting Meetings

☛CENTRAL SERVICE MEETING MINUTES☚

Central Office & Central Service Representatives Meeting Report

Date:

May 14, 2024

Meeting called to order:

7:00 P.M.

Quick round of introductions... 10 members present, 1 via zoom

Board Members Present:

David G, Patrick A, George J, Ally A, Cody R

Serenity Prayer

David G

12 Traditions

Patrick A

Minutes of Last Meeting

Cheryl H motion to approve the minutes

Cody R second the minutes

All in favor

Report of Last Board Meeting

David G

Financial Group contributions have been low

Great hearing from George with PICP regarding events taking part in

Bridging the gap making progress with Cody's support

Review of Carol Ann's job duties

Treasurer & Office Report

Carol Ann G

Good evening!

Some of you have my personal cell phone for whatever reason, I want to let everyone know that **my personal cell phone is not to be used for Central Office business**. If you have a question for Central Office, please call the office number (559) 592-6999, if the voice mail picks up, push the pound key and it will take you right to voice mail, I promise to get back to you the next business day. The other option to reach Central Office is through our email account TCCOF@HOTMAIL.COM.

Also, **unless I am on your committee**, please do not include my cell phone in your group text messages.

For the period from March 21st thru April 20th, 2024 Central Office had an income of \$3,721.45 and expenses of \$4,783.68 for a loss of \$1,062.23.

Our Grateful Givers Club brought in \$804.60 and our Birthday Club brought in \$79.00 in much appreciated contributions.

We had \$590.78 in gross sales in 11 transactions for credit and debit cards, \$51.96 in 3 transaction in PayPal, and \$774.28 in 5 VENMO transactions this accounting period.

The Office will be closed May 27th in observance of Memorial Day, and the board approved my vacation scheduled from May 28th thru June 5th Claudia has agreed cover the office during this time.

Traffic and calls have been average.

Office operations are going well and we are still fulfilling our primary purpose of carrying the AA message of recovery.

I would like to thank all of the groups and individuals who contributed to Central Office!

Grateful to be here!
Carol Ann Gable
Office Manager/Treasurer

Public Information Report

George J

We have been doing really good

Mooneys Grove was the last fair, we did not sale any books

Tulare county Health Fair will be May 18th

Tulare River McCarthy Ranch Health Faire also on May 18th in Springeville from 9am-12pm

Volunteers to Write STEP & TRADITION for Central Newsletter

STEP FOR NEWSLETTER-VOLUNTEER

	Issue	Step	Member	
June 6	Ally A	Due to centralintergroupnews@gmail.com		5/21/2024
July 7	Glenda V	Due to centralintergroupnews@gmail.com		6/21/2024

TRADITION FOR NEWSLETTER-VOLUNTEER

	Issue	Step	Member	
June 6	Mike P	Due to centralintergroupnews@gmail.com		5/21/2024
July 7	Cheryl V	Due to centralintergroupnews@gmail.com		6/21/2024

Newsletter Report



Website Report

David G

Report covers the time between the April and May CSR Meetings (2024-04-09 through 2024-05-13).

Meetings:

We removed the Friday Night Pine Recovery Group (it was a candlelight meeting, from 10 PM to 11 PM)

Alberto added a new group, UN NUEVO AMANECER (A New Sunrise) with five meetings a week in Hanford.

Calendar of events:

No new events

Announcements:

Founder's Day Picnic planning committee meetings, every other Wednesday at 7:00 PM

(temporarily) The Crossroads Group in Tulare moved locations.

Keep It Simple Sunday will move to 9 AM beginning June 2nd.

Carol Ann and I did the normal monthly edits of the CSR meeting, GSR meeting, Springville Sunday Breakfast meeting, and Valley Group meetings.

Thank you for letting me be of service.

Hospitals & Institutions "H&I" Report

The only purpose of the Northern California Hospital and Institution Committee is to carry the message of AA to alcoholics in corrections and treatment facilities and facilities serving alcoholics in Northern CA. In April, Tulare County (Area 93), held 12 meetings in treatment facilities and expanded our meetings at Tulare County Jail to include a Spanish Speaking AA meeting. We were able to distribute over 100 AA books in English and Spanish with the help of 27 volunteers.

Our efforts are fully supported by funds collected from passing the pink cans at AA meetings from Tulare County to the Oregon Border. All money collected is sent to San Francisco and literature is sent to the Areas and Major Institution Coordinators upon request directly from AA World Service. Please share this information with your groups, encourage all groups to pass the Pink Cans, and have the group's Treasurer send the money to the address on the Pink Can on a regular basis. If your group does not have a Pink Can, please contact Central Office or me. The first ever California H&I Conference, a collaborative effort of Southern and Northern California H&I Committees was held May 3-5 with over 200 in attendance. This was a great time for fellowship, information exchange and learning. There were panels of professionals from LA County Sheriff's Department, past inmates who got sober in prison due to H&I volunteers attending their inside meetings; Bridging the Gap, Young People and IVSS.

We need volunteers for the Inside Visiting Sponsorship Services Program (IVSS) which matches Outside AA Sponsors with Inside Members in several Prisons. Previously one of the requirements was to visit the prison a minimum of 1 time a month. Now, the requirements are 5 years of sobriety; Solid sponsorship experience; Knowledge & practice of AA's Steps & Traditions; Willingness to anonymously text, receive phone calls and exchange letters. With the ability to digitally connect and protect anonymity, it is hopeful that the pool of volunteers will increase. Please share the attached flyer with any AA members interested in this type of service work. There is an e-mail address for any questions and a QR code which will take interested volunteers to the questionnaire application.

To continue to grow, we need more volunteers. Please share this with your group and send any interested volunteers to our next orientation: July 13, 2024; 9:00 am; at 526 N. Bridge Street, Visalia, CA 93291 followed by our business meeting at 10:00 am. This information is also listed on the Tulare County Website at aa-tulareco.org

In Service,

Joyce R., Area 93 Chair

Bridging the Gap “BTG” Chairperson Report

Cody

We meet the first Saturday every month, we have two new volunteers who are very driven. Beginning in July we will be partnering with the Tulare County Sherriffs office with the program RSAT..residential substance abuse treatment, there are approx inmates we will meet with once a month either via zoom or in person. We will be there connection to AA once they are released and have a familiar face in our rooms. This is a very exciting and hopefully connection to those looking for recovery.

General Service Office “GSO” Liaison Report

GSR meeting was May 1st, 2024

Twelve people attended; seven in-person and five via Zoom.

Treasurer Report:

Balance Forward	\$2,871.54
Income	
Crossroads Group	\$50.00
Tuesday Women's Amity Group	\$57.74
Springville Gut Level Group	\$25.00
Practicing The Principles Group	\$20.00
Total Income	\$152.74
Expenses	
DCM travel for Pre-Conference Assembly	\$175.00
Workshop pizza	\$20.00
Total Expenses	\$195.00
Current Balance	\$2,829.28

DCM report:

Mike attended the pre-conference assembly in Denair April 6th, along with Brandon and Dusty. He presented feedback given him by GSRs who could not attend themselves. He also asked about setup, snack bar, and volunteer needs for assemblies: we are co-hosting with District 55 the post-conference assembly in Huron on May 18 and 19. Mike has also worked with District 55 on a spreadsheet for estimating expenses to put on the post-conference assembly. We are looking for volunteers on Saturday: during the day, on the snack bar; during the evening, serving food. We are also asking groups if they would be willing to donate water, drinks, or snacks (or cash in lieu of same).

GSR Reports:

Dusty B., GSR for the Springville Thursday Night Gut Level Group reported that the group was wondering why District 47 was helping District 55 with the post-conference assembly. Answer:

Originally, the the post-conference assembly bid was won by two districts in Fresno, but they had to beg out. District 55 stepped up. However, District 55 doesn't have many English speaking members, and most of the assembly attendees will speak English. It made sense for them to ask for help, and we stepped up. District 47 and 55 overlap, geographically.

Sean A., GSR for Practicing the Principles reported that he shared feedback from the group consciousness that was discussed at the pre-conference assembly.

Jim K., GSR for the Monday Night Men's Stag at PPAV Hall in Visalia reported that his group has been supportive of having their voice heard and appreciates the message shared at the pre-conference assembly.

Laura B., GSR for the Springville Monday Night Book Study reported that her group had the same concern as Dusty's group.

Brandon L., GSR for Friday Freedom Fellowship reported that his group just had a birthday meeting with over 100 years of combined sobriety.

James W., GSR (temporary) for Bridge Street Drunks Only reported that Bridge Street has chosen a permanent GSR, Leah W. They discussed the Founder's Day Picnic and Unity Day event at their monthly business meeting.

Old business

1. We are changing banks, moving from Chase to Bank Of The Sierra in Exeter.
2. We would like to have some more volunteers for the Post-Conference Assembly in Huron May 18-19.

New business

1. Agreed to fund our DCM \$225 for Post-Conference Assembly expenses.
2. Agreed to fund the difference for GSRs to go to the Post-Conference Assembly, where their group cannot afford the entire amount: there is a cap of \$150 per case-by-case basis.
3. Discussed proposed activities at the Post-Conference Assembly.
4. There are some districts within CNIA which may request consolidation with other districts, because as a stand-alone district, they do not have enough members to sustain the district.
5. Will discuss printing costs and alternatives (tabled to next month).

CSR REPORTS

Visalia Mens Monday Night Stag William A., CSR

Visalia Mens Stag is every Monday at the PPAV Hall in Visalia. This is a closed meeting of AA, the meeting starts at 7:30 pm til 9pm we have between 40 to 60 men every week, A speaker starts our meeting and then chooses how the meeting goes. After coffee is provided. Birthday meetings are held the last Monday of every month.

Thank you,
William A

Saturday Morning Women's 12 x 12 Tracy Jo W., CSR

Held weekly from 9-10 am Saturday morning .
Approx 25-35 women. We read from 12 Steps and 12 Traditions weekly and the last Saturday of the month we answer questions from an "ask it Basket". We also celebrate weekly with chips on various lengths of sobriety.

Thank you for letting me be of service,
TracyJo W

Friday Freedom Fellowship Arlee., CSR

We meet weekly on Fridays at Christ Lutheran Church in Visalia from 7-8 P.M.
We average around 60 in attendance each week
Thank you for letting me be of service, Arlee

Rainbow Group, Presented by George J., CSR.

The Rainbow Group meets every Saturday for an hour at 5:30 PM at The Source in Visalia, at 109 Northwest Second Avenue, which is on the south side of the Oval park. We meet for one hour and we are an Open hybrid group that meets on Zoom as well. The Zoom ID and passcode are on the website and in the Meeting Guide app. We offer a five o'clock meditation if you're interested in arriving early to prepare for a meeting. We have a speaker at the beginning of each meeting who speaks for 10 minutes after which the group is open. We give out chips at every session and celebrate birthdays at the end of the month with cake (no ice cream). We also have our business meeting on the second Saturday of the month.

Thank you for letting me be of service, George.

Springville Monday Night Book Study Group, Presented by Cody R., CSR.

We are located at the Lighthouse Chapel in Springville. We meet Monday nights from 7 to 8 PM. It is an open group book study. We rotate the books that we study. We're currently reading Language of the Heart. Turnout is about average. Emotional Sobriety will be the next book we will be reading. We have coffee and dessert every Monday. We would love to have more visitors. The Lighthouse Chapel is located off the 190: turn on to Bridge Drive, and then south to Rio Vista. We usually have a dinner before the meeting.

Gut-Level Group, Presented by Cody R., CSR

The Thursday Night Gut Level open meeting for men and women, is also located at the Lighthouse Chapel in Springville. We meet Thursdays from 7 to 8:30 PM. It is an open meeting with people sharing their experience, strength, and hope. Our birthday meeting is the last Thursday of the month, and we celebrate with cake and coffee. Turnout is steady. We have cake whether anyone is celebrating a birthday or not. It's a great meeting and we would love to have visitors.

Thank you for letting me be of service, Cody.

Civic Center Group Presented by Trevor., CSR

Tuesday at Christ Lutheran 7-8 pm closed speaker discussion last day of the month welcome to family and friends. As well as a birthday meeting the last Tuesday of the month

Springville Breakfast Speaker Meeting, Presented by Cody for Sheryl E., CSR

We meet the second Sunday of every month at the Veterans Memorial Building, 35944 Hwy 190 in Springville. Breakfast is \$8.00 a plate per adult and \$1.00 per child under 12. The speaker part of the meeting is always free, so you don't have to eat to enjoy an excellent speaker.

We open at 8:00 with fresh hot coffee. Breakfast is served from 8:30 until 10:00. The speaker meeting begins at 10:15 with the readings, then a 10 minute speaker followed by a 15 minute break, then the main speaker until 11:45. 50/50 tickets are sold from 8:30 until the main speaker begins.

We really need a couple of strong, young people to stay after the meeting to sweep and mop the floor. It only takes a few minutes and is an easy way to be of service. So please help. I am stepping down from this position.

Thank you for letting me be of service.

Sheryl

Friends of Bill W and Dr Bob, presented by Patrick., CSR

This is a Tuesday night meeting held at St Johns Episcopal Church at 1701 E Prosperity Ave in Tulare from 7-8:30pm We are a fellowship of men and women sharing our experience strength and hope. We average 10-15 people and give out chips for various lengths of continuous sobriety. We celebrate anniversaries the last Tuesday of the month with cake and ice cream regardless if anyone is celebrating an anniversary. Newcomers are welcome and we have members who are open & willing to sponsor.

Thank you for letting me be of service, Patrick A

Women's Changes Meeting, Presented by Cheryl for Sheryl E., CSR.

We meet every Tuesday from 6 to 7 p.m. at the 12 Step Recovery Club, 186 S D street in Porterville. We are an open women's meeting. We each pick a stick from a jar and share on that topic. We average about 30 women including the girls from PAAR who might have a couple of days to women with up to a many years of continued sobriety, proving this program works.

The last Tuesday of each month we have a potluck that starts at 5:30 with good food and Birthday cake. We pass around a card for everyone to sign for those who are celebrating that month.

Thank you for letting me be of service. I am stepping down from this position. Vicki B will be taking my place.

Thank You, Sheryl E

12 Step Recovery Club Cheryl H., CSR

There are 9 AA meetings a week at the 12 Step Club. Each meeting is autonomous and consist of a speaker meeting, book study, and discussion meetings. All meetings are well attended. Some groups are planning to have a basket to contribute to the Founders Day Picnic basket raffle.

Thank You, Cheryl H

AA Loose Women's Meeting, Presented by Glenda V., CSR

We meet every Friday night at 6:30 PM at the Twelve Step Recovery Club at 186 South D Street in Porterville. We are an Open discussion meeting for Women only. It's a discussion meeting: somebody picks a topic and people talk about the topic. Cross-talk is welcome. We average about 5-10 people.

Ladies from PAAR have stopped attending our meeting. We have women with up to 43 years of sobriety, proving the program works.

Thank you for letting me be of service, Glenda

Bridge Street Drunks Only John W., CSR

We have 16 closed meetings per week and three open meetings. We have a great spirit at Bridge Street. We have a good central location in Visalia at 526 Bridge Street. Please come and visit! We have birthdays on the last Saturday noon meeting.

Crossroads Steve P., CSR

Crossroads group is an open meeting, we meet at 7:00pm Thursday nights at 220 W Tulare Ave at the Hillman House. We are a small group of about 12-13 people we usually have a chairperson who speaks about 10 to 15 minutes and then the meeting is open for everyone that wants to share.

Thank You, Steve

Old Business

CSR Business meeting new time 6:00pm

Glenda V Motion to change

Patrick A Second

All in Favor

New Business

1. Founders Day Picnic...

David G & John W co-chairs...attendance is low at the planning meetings

May 22nd 7:00pm meeting

June 5th 6:00pm meeting

Discussion on service positions that need to be filled...

Discussion on format of picnic...

2. Unity Day Committee report will be next month for cost and ideas

3. New Years Event 2025 location to be in Lindsay

Seventh Tradition

\$29.00

Announcements

David G Post Assembly Area 7 in Huron

Delegate that was in New Yuk will be there to report

Meeting Adjourned

8:27pm

District 47 Meeting Minutes

This is a hybrid and Zoom meeting with members participating from various locations, including the Central Office in Exeter.

Meeting Called to Order: 7:02 PM by District Committee Member (DCM) Mike C.

Committee members present:

- Mike C., DCM and General Service Representative (GSR) for the Valley Group
- Brandon L., GSR for Friday Freedom Fellowship
- Dusty B., GSR for the Springville Thursday Night Gut Level Group
- James W., GSR (temporary) for Bridge Street Drunks Only
- Jim K., GSR for Monday Men's Meeting at PPAV
- Laura B., GSR for the Springville Monday Night Book Study
- Leah W., GSR (new) for Bridge Street Drunks Only
- Sean A., GSR for Practicing the Principles
- Allen L., Treasurer
- David G., Recording Secretary and Central Office Liaison
- Jason K., filling in for Joyce R., Hospitals and Institutions Liaison.
- Joshua F., Registrar

Permission requested from all present that this meeting be recorded for the recording secretary's benefit.

The GSR Preamble was read by all attendees. "We are the General Service Representatives. We are the link in the chain of communication for our groups with the General Service Conference and the world of A.A. We realize the ultimate authority in A.A. is a Loving God as he may express himself in our Group Conscience. As trusted servants, our job is to bring information to our groups in order that the groups can reach an informed group conscience. In passing along this group conscience, we are helping to maintain the unity and strength so vital to our fellowship. Let us, therefore, have the patience and tolerance to listen while others share, the courage to speak up when we have something to share, and the wisdom to do what is right for our groups and A.A. as a whole."

12 Traditions: read by David G.

Concept 5: Concept 5 long form read and explained by Mike C.

Approval of Minutes: April 3, 2024, minutes reviewed. Jason moved to approve the minutes. A vote was taken: all in favor, none against.

Treasurer's Report:

Balance Forward	\$2,871.54
Income	
Crossroads Group	\$50.00
Tuesday Women's Amity Group	\$57.74
Springville Gut Level Group	\$25.00
Practicing The Principles Group	\$20.00
Total Income	\$152.74
Expenses	

DCM travel for Pre-Conference Assembly	\$175.00
Workshop pizza	\$20.00
Total Expenses	\$195.00
Current Balance	\$2,829.28

Allen opened a new account at Bank of the Sierra, here in Exeter, and ordered some new checks. Allen still has some signed checks from Chase, which he can use until Josh closes that account.

CSO Liaison Report: David G.

Our April CSR Meeting was held on April 9th. The meeting was a hybrid meeting, both in-person and on Zoom.

Central Office finances: for February 21 through March 20, Central Office had income \$3,238.35 and expenses of \$4,356.79 for a loss of \$1,118.44.

George is our PI (Public Information) and CPC (Cooperation with the Professional Community) chairman, and has a volunteer providing pamphlets to Doctor's offices and health clinics. May 5th will be Senior Day in the Park (Mooney's Grove) and usually has very large attendance. Do we want to have a booth? If so, we will need volunteers.

Cody is our BTG (Bridging The Gap) chairman, and instead of our monthly meeting, we did a small presentation at the Spring Into Sobriety 2024 event: we picked up two more volunteers. Cody and I met with three staff members at Tulare County Sheriff's Office, and will begin BTG work with people in the RSAT program in July.

Old business:

1. John W and David G are the chairpersons for the Founders Day Picnic, June 8th, 2024 at Mooney's Grove Park, Arbor 9. We have had two more planning meetings, and our list of volunteers is growing. Planning meetings are every other Wednesday at 7 PM, in-person and on Zoom.
2. Unity Event Committee: Cody is getting pricing options for bowling.

New business:

1. We are thinking about moving the CSR meeting one hour earlier, beginning in June. So, instead of the CSR meeting starting at 7 PM, it would start at 6 PM. We want feedback from our members before we make this change: the decision will be at the May 14th CSR meeting.

Announcements:

Founders Day Picnic June 8th
 Sunday Speaker Breakfast May 12th
 3C2A Roundup in Fresno May 3rd & 4th

Registrar: I've made contact with the Area Registrar, and she is going to follow up with stuff.

H&I Report: Jason K. on behalf of Joyce R., Tulare County Hospital & Institution Committee Liaison

May 2024 Report

alcoholics in Corrections and Treatment facilities and facilities serving alcoholics in Northern CA. Here in Tulare County (Area 93), we do this by conducting AA meetings in the facilities we serve. We held 12 meetings in treatment facilities and expanded our meetings at Tulare County Jail to include a Spanish-speaking meeting. We were able to distribute over 100 AA books with the help of 27 volunteers. Our efforts are fully supported by funds collected from passing the pink cans at AA meetings from Tulare County to the Oregon Border as established in 1957. All money collected is sent to San Francisco. Areas and major institution coordinators request literature as needed for their meetings. This is purchased from AA World Service using the pink can funds collected. Please share this information with your groups. Encourage all groups to please pass the pink cans and have the group's treasurer send the money to the address on the pink cans on a regular basis. If your group does not have a pink can please contact Central Office, Joyce or myself, and we'll get your group a pink can.

The first ever California H&I Conference, which is a collaborative effort of Southern and Northern California H&I communities, will be held May 3rd through 5th in Bakersfield. There is an attached flyer which is also available at the Tulare County AA website. We are in need of volunteers for the Inside Visiting Sponsorship Service program (IVSS). IVSS matches outside AA sponsors with inside members at several prisons. Attached is a flyer to share with any interested AA members.

To continue to grow, we need more volunteers. Please share this with your groups and send any interested volunteers to our next orientation: May 11, 2024; 9:00 am; at 526 N. Bridge Street, Visalia, CA 93291, followed by our business meeting at 10 a.m. This information is also listed on the Tulare County website at aa-tulareco.org

In Service,

Jason K., Area 93 H&I Co-Chair

DCM Report: Mike C.

This past month, I attended a pre-conference assembly in Denair, California, on April 7th and 8th, accompanied by Brandon and Dusty. We participated in group consciousness discussions, which took some time as everyone provided input. I contributed insights from the agenda items workshop and the Men's Stag. Thanks to Jim for sending the email.

I also met with pre-conference district members to discuss their experiences with setup, snack bar, decorating, and volunteer requirements. They reported needing about 15 people to set up the night before, and approximately 8 to 10 volunteers to rotate throughout the day for the snack bar. However, more volunteers were needed for serving dinner.

I gathered this information and shared it with our area vice-chair Emily, who introduced me to the pre-conference assembly's treasurer. He provided an Excel spreadsheet detailing costs for dinner and snack bar items. We used this template to create a worksheet for our group, which showed a total cost of around \$650 for food purchases. Our group will contribute \$300, with the rest covered by other participants.

I met with District 55 and filled out the Excel spreadsheet together, discussing snack bar items and dinner plans. The caterer, who has a restaurant business, will submit a finalized item list to the treasurer for reimbursement. I also have access to online registrations, which showed 39 registrations for the post-conference assembly so far, with most purchasing dinner. The pre-conference assembly had approximately 85 in-person registrations, which affected our dinner cost estimates.

We are seeking additional volunteers from District 47 to help with the snack bar and serving food during the assembly. My fiancé will assist with registration, and we'll continue looking for more volunteers. Our next meeting will be to take inventory of supplies and finalize materials needed for the conference. The final post-conference subcommittee meeting will be on May 16th to confirm details such as lanyards, registration, and dinner head counts.

I did get a final head count for the pre-conference assembly, which had over 225 attendees. For the post-conference assembly, we may expect around 200 participants, though this number could be slightly lower as many people attend pre-conference to give the Group Consciousness report.

That concludes my report. Thanks.

Questions:

(Brandon) Did you happen to find out what they made on the, the snack bar? (Mike) No, but they will report that at the post-conference assembly.

GSR Reports:

Dusty B., GSR for the Springville Thursday Night Gut Level Group: I mentioned that our group would be assisting District 55 with the post-conference workshop. There was some pushback regarding why we were stepping outside our district to help with the event. I didn't have an immediate answer to this, and I'm not sure if anyone else has addressed it further. Apart from that, our meeting is doing well, and we have made contributions to other entities while continuing to move forward. (Mike) Thanks, Dusty. I can provide an update on that. In the past, there was an election assembly where we bid for the assemblies in 2025. Unfortunately, our district did not win any bids. In January, Claudio, the chair at the time, approached me during a meeting in Sacramento and suggested that we assist the Spanish-speaking group, as they had taken over the post-conference assembly after another Fresno County group was unable to host it. Due to the limited number of members and the majority being Spanish-speakers, they needed assistance from English-speaking volunteers.

I discussed this with Simon, the DCM for District 55, and we agreed to collaborate in organizing the post-conference assembly. Any profits generated from the snack bar will be split equally between our districts. For example, if the snack bar generates \$1,500 in revenue and our combined costs amount to \$650, we will split the remaining \$850.

(Dusty) good. I could take that back to the group. Thank you.

(Allen) It is also kind of geographical, isn't it? Because they're down here on the south end of the valley too.

(Mike) Yes, District 55 includes both District 49 and District 42. I recently sent out some documents, including a PDF titled "CNIA Southern Districts," which shows the boundaries of the districts within District 55. District 47 and District 49 are part of District 55. The newly elected DCM for District 49 has a smaller group and is actively recruiting volunteers. The three of us are collaborating to gather volunteers to assist with the snack bar, registration, cleanup, and setup for the event.

(Dusty) Well, the question was brought to me and I had no answers. So thank you for giving me that information.

(Mike) It's becoming more normal now for pre-conference assemblies and post-conference assemblies to be hosted by multiple districts. For instance, the last meeting and pre-conference assembly were co-hosted by District 34 and District 36. Similarly, next year's event in Northern California, in Redding, will be hosted by District 9 and District 10 or 12. I don't recall which, but we're seeing more districts collaborating.

Sean A., GSR for Practicing the Principles: There's not much to report. I shared feedback from the group consciousness that was discussed at the pre-conference assembly. Attendees were generally supportive of the consensus reached during the Alano Club meeting and had few questions. There hasn't been a significant demand for additional information at the district level, so I'll take that as a good sign. When we ask our groups if they want us to purchase water or candy, should we ask for money or let them pass a basket for the items?

(Mike) They can either pass a basket for donations or specify what they want us to buy. We'll get the items from Smart and Final or Costco.

(Sean) If they prefer to handle the shopping themselves, would that make it easier for you?

(Mike) Either way is fine. I'll send an email tonight. We also need volunteers.

(Sean) Are these snacks for general support or for the snack bar items that will be sold?

(Mike) There are two options. We can collect money for snacks on tables for attendees from different groups, and also for an ice cream social. Donations will cover ice cream, toppings, cups, and cones.

(Sean) So, both sides. Ok, great. Appreciate it. Thanks.

Jim K., GSR for Monday Men's Meeting at PPAV: I represent the Monday night Men's Stag at the PPAV Hall in Visalia, which takes place from 7:30 to 9 PM. It's a big group, with recovery people from Robertson and Pine. The meeting has a fresh mix of individuals, including both newcomers and those with long-term sobriety. The group has been supportive of having their voice heard and appreciates the message shared at the pre-conference assembly. Thank you, Mike, for carrying that message. The group is always willing to help. If there's a need for a financial commitment from them for the post-conference assembly, please let me know, and I can bring it to them.

(Mike) We're looking to see if any of the fellowships are interested in contributing water, drinks, or snacks for attendees, including table candies. If your group donates funds, we'll accept their contributions.

(Jim) Yes, many groups create baskets for events like the June picnic. This group will be contributing a basket as well. I haven't incurred any travel expenses, and there's a budget for the GSR role. This contribution could help GSRs and general service in general. The meeting is strong, with around 50 attendees sometimes. It's a good choice for men seeking a solid Monday night meeting.

Laura B., GSR for the Springville Monday Night Book Study: My group is similar to the Thursday night meeting. I represent the Springville book study group, which takes place from 7 to 8 PM on Monday nights. It's a small meeting, typically attended by around eight people, many of whom also attend the gut level meeting Dusty mentioned. A question arose regarding why we're assisting instead of the usual helpers. However, you already addressed that concern. I'll be happy to ask the group if they're willing to donate.

(Mike) Thanks. I'll include an update in the next intergroup newsletter, a DCM Report, so people throughout Tulare County to read it. This way, the information isn't limited to those within our room.

(Laura) I have a question about the volunteers for the post-conference assembly: how many hours do you want them or are they going to be doing registration or snack bar or what?

(Mike) If you'd like to volunteer for registration, you'll be needed from around 10 AM until about 2 PM on Saturday. If you'd like to help with the snack bar, we'll need around four or five people. We'll be selling hot dogs with chips and a drink, nachos with cheese and chili, Mexican bread (pan dulce), fruits, candy bars, energy drinks, sodas, and water.

(Laura) Alright. So, regarding the snack bar volunteers, how many hours would you need them to commit if they help with the event?

(Mike) Like a four-hour shift?

Brandon L., GSR for Friday Freedom Fellowship: I represent the Friday Freedom Fellowship. Our group recently celebrated birthday milestones, with over 100 years of combined sobriety. Six members were honored, including

Leah, who celebrated two years, and others with significant time. The meeting is growing steadily, and we've seen increased consistency and member involvement. I will take the announcement to help support the post-conference assembly.

James W., GSR (temporary) for Bridge Street Drunks Only: This last Saturday at the business meeting, Leah was appointed as the permanent GSR for the Bridge Street Drunks Only group. She will be responsible for providing the GSR report to the group. We discussed the Founder's Day picnic and Unity Day events. Leah qualified for the GSR position, as she has two years of sobriety. From now on, Leah is it.

Old Business:

1. Bank Account Update. Allen provided the update under the Treasurer's Report.
2. Volunteers for Post-Conference Assembly (May 18th snack bar, May 19th snacks and clean up. Volunteers were discussed during GSR Reports.

New Business:

1. Discuss approving funds for GSRs and DCM to attend Post-Conference Assembly: Registration, Food, and Hotel.
 - Discussion to fund DCM \$225 to attend the Post-Conference Assembly. Brandon moved, James seconded. Vote taken: all in favor, none against.
 - Discussion to help GSRs who represent a group which cannot fully fund their GSR to attend the Post-Conference Assembly. Decision to cap the amount to \$150, on a case-by-case basis. Mike moved, Brandon seconded. Vote taken: all in favor, none against.
2. Discuss Post Conference Activities:
 - What topics do you want to have panels on at upcoming assemblies?
 - Leah proposed the Four Absolutes.
 - Mike proposed funding GSRs who cannot attend assemblies.
 - Josh proposed asking How does the agenda for the General Service Conference get constructed?
 - Why do we get such a short period of time to discuss agenda items before the General Service Conference?
 - Do you want to do round table discussions?
 - No decision one way or the other.
 - Other than panels, is there something you'd like to do/talk about at our assemblies?
 - *Referred back to the first topic "What topics do you want to have panels on at upcoming assemblies?"*
 - Any fun game ideas (speed fellowship for example)
 - David had seen this at NCCAA, and it was fun.
 - Anything else... maybe there's a brilliantly creative idea we've never tried that would really benefit your GSRs
3. Update on Regional Discussion for District Involvement and consideration of combining districts.
 - Mike discussed the problem that some districts do not have enough participation. They may request to combine districts to cover more people within a district.
4. Discuss allocating funds to print documents amount not to exceed \$100 through end of the year.
 - Central Office has said that we should pay 20¢ per page for printing / photocopies.
 - This will be discussed again at next month's meeting.

Announcements:

State-wide H&I Conference in Bakersfield May 3rd, 4th, and 5th.

Bluesfest, put on by Narcotics Anonymous, will be in Three Rivers, May 18th and 19th.

Responsibility Declaration: Read by all “I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible.”

The meeting was adjourned at 8:35 PM

Respectfully submitted,

David G., Recording Secretary



June 2024 Birthdays

AA BIRTHDAYS			
JUNE	2024		
Roger H	Visalia	56	
Beau B	Visalia	49	6/6/1975
Arlene K	Visalia	45	
Roxie H	Visalia	44	6/8/1980
Helen D	Tulare	42	
Gary M	Visalia	41	
Chris B	Visalia	41	
Shirley K	Porterville	39	6/12/1985
Ed A	Visalia	38	6/7/1986
Raneen T	Visalia	38	
Rick S	Exeter	38	6/11/1986
Steve L	Visalia	38	
Dave L	Conifer, CO	38	6/12/1986
Ione W	Porterville	37	6/1/1987
Curtis H	Visalia	36	
Danny S	Visalia	36	
Jack D	Visalia	36	
Sanny S	Visalia	36	6/30/1988
Jess A	Tulare	34	
Janet K	Visalia	33	
Hal C	Strathmore	32	
Jim L	Visalia	31	
Brewster B	Socorro NM	31	6/10/1993
Tracy Earl D	Visalia	31	
Rae Ann B	Visalia	30	6/6/1994
Bobbi P	Porterville	27	6/16/1997
Brenda S	Porterville	25	6/4/1999
Linnetta M	Tulare	24	
John H	Visalia	21	6/6/2003
Natalie D	Visalia	20	6/30/2004
Jimmy A	Visalia	20	6/21/2004
Gary B	Porterville	18	6/23/2006
Mike W	Visalia	18	6/30/2006
Tom S	Visalia	17	6/18/2007
Debbie J	Visalia	13	6/1/2011
Joyce R	Visalia	11	6/4/2013
Carol Ann G	Porterville	8	6/14/2016
Nic W	Farmersville	7	6/10/2017
Steve B	Springville	6	6/7/2018
Mike G	Springville	6	6/10/2018
Demetra O	Visalia	3	6/4/2022



*That's 1,194
Years of Total
Sobriety!!!*



Wishing Happy Birthday
and buying gifts like
a normal friends



When you are broke so you just
make a meme for him.



Group Contributions 4/1/24-5/20/24

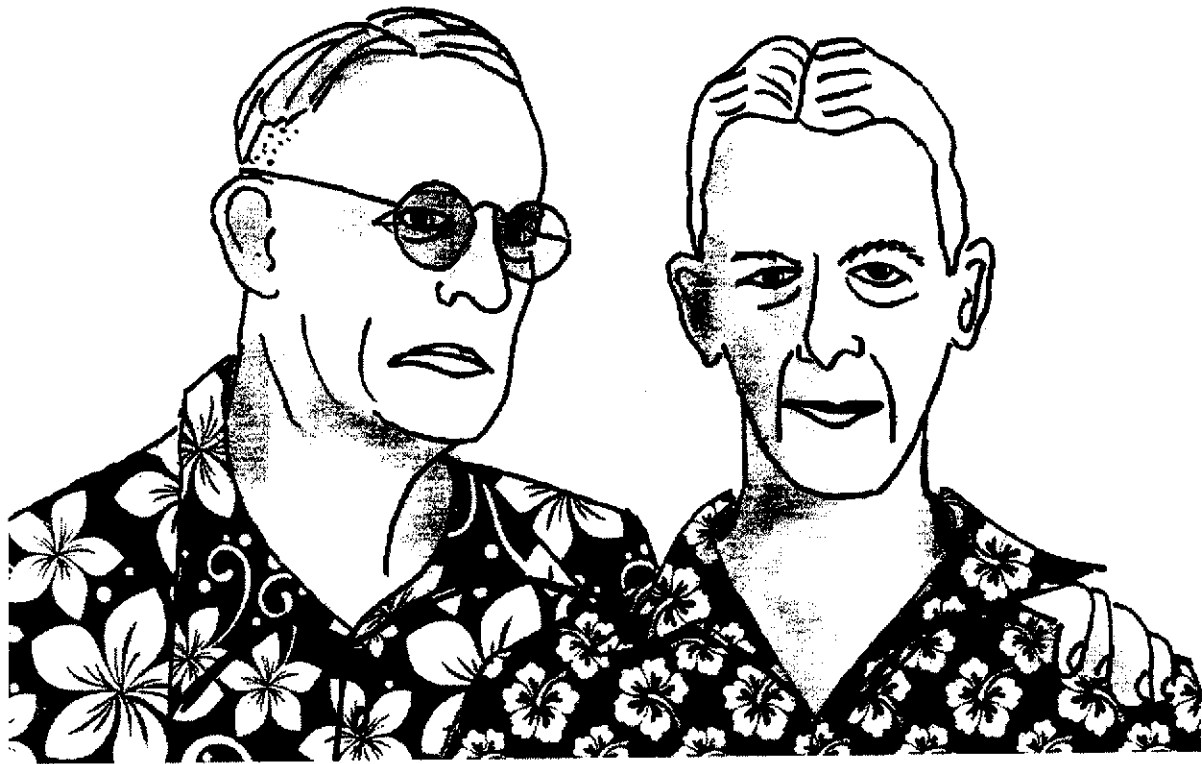
Group Contributions 4/21/2024 Thru 5/20/2024					Month	YTD
1st Friday Speaker Meeting					\$20.00	\$60.00
10th Ave Men's Group						\$447.37
ABC Group						\$-
ACYPAA						\$-
Anonymous Group						\$-
Breath of Fresh Air						\$-
Bridge St "Drunks Only"						\$774.24
Central California Round Up						\$-
Civic Center Group						\$-
Clodbusters-Tulare					\$100.00	\$300.00
Crossroads-Tulare						\$350.00
CSO Meeting					\$29.00	\$148.00
District 47					\$8.00	\$506.00
District 49						\$-
Everyday is Christmas					\$53.65	\$406.65
Exeter Sunday Afternoon						\$150.00
Freedom Fellowship					\$175.00	\$205.00
Friday Candlelight Meeting						\$-
Friends of Bill W and Dr Bob Tulare						\$-
Friends of Bill W					\$300.00	
Gem St Noon Book Study						\$-
Half & Half						\$100.00
Keep it Simple Sunday						\$233.00
loose women						\$37.50
Monday Men's Valley Big Book Study						\$100.00
Monday Men's Mtg (PPAV)					\$400.00	\$400.00
Mid-Valley-Tulare						\$-
Monday Book Study Springville						\$200.00



Monday Women's Reflections		\$218.22
Nooners Group-Visalia		\$-
Pine Recovery AA Meeting		\$-
Porterville Friday Night Candlelight		\$-
Practicing the Principles		\$100.00
Quiet Trails	\$50.00	\$200.00
Rainbow Group		\$115.00
Rule 62-Visalia		\$-
Serenity Junction-Tulare		\$-
Saturday Night Believers		\$-
Sober Sisters		\$-
Springville Gut Level		\$150.00
Springville Breakfast Meeting		\$-
Sunday PM Serenity Seekers		\$-
Three Rivers Monday		\$200.00
Tulare Young People		\$-
TUFYPAA		\$-
Tuesday Men's Porterville		\$-
Tuesday Women's Amity Group (TWAG)		\$375.60
Unity through Traditions		\$214.00
Valley Group		\$-
Valley Speaker Series		\$-
Visalia Alano Club	\$56.93	\$144.09
Wandering Couples		\$-
Wednesday Acceptance Group (WAG)	\$200.00	\$400.00
Women's Changes Group		\$-
Women's Friday Night-Porterville		\$-
Wom- en's Happy		\$-
Women's Saturday AM 12x12		\$-
Totals	\$1,092.58	\$6,834.67



Tulare County Central Office Founders Day Picnic



SATURDAY - JUNE 8, 2024
MOONEY GROVE PARK - VISALIA - ARBOR #9

SPEAKER: To be announced

Lunch Served FROM 11:30 AM TO 12:30 PM

LUNCH: Adults: \$8.00 / Children Under 12: \$1.00

BBO Hamburgers & Hot Dogs WITH Beans, Salad, Chips & Dessert - Sodas & Waters: \$1.00

GATES OPEN: 8:00 AM - Fun, Food & Fellowship - Speaker: 1:00 PM

BASKET RAFFLE

50/50

Volleyball

HORSESHOES

Lighter Side of AA

“A man in a hot air balloon realized he was lost. He saw a person on the ground and yelled down to him, “Can you help me? I don’t know where I am.” The man replied, “Sure, I’ll help you. You are in a hot air balloon hovering 30 feet above the ground...between 40 and 41 degrees North latitude and between 59 & 60 degrees West longitude.” “Wow, you must be an AA sponsor”, said the man in the balloon. “I am”, said the man, “but what gave me away?” “Well”, answered the balloonist, “everything you told me is technically right but I am still lost. Frankly you’re not much help at all and you might even have delayed my trip.” “You must be an AA sponsee”, replied the man. The man in the balloon was amazed and said, “I am, but how did you know?” The man on the ground said, “Well, you don’t know where you are or where you’re going. You have risen to where you are due to a lot of hot air. You are expecting other people to solve your problems and the fact is that you are in exactly the same position you were in before we met, but, somehow now IT’S MY FAULT” !”.



BIRTHDAY CLUB

THIS IS A GREAT WAY TO SHOW YOUR GRATITUDE FOR YOUR SOBRIETY AND ALSO HELP CARRY THE MESSAGE OF RECOVERY.

JUST CONTRIBUTE \$1.00 FOR EACH YEAR YOU HAVE BEEN SOBER ON THE ANNIVERSARY OF YOUR SOBRIETY DATE TO YOUR CENTRAL OFFICE. THAT IS ONLY ONE TIME PER YEAR. IT'S REALLY SIMPLE AND WOULD HELP YOUR CENTRAL OFFICE TREMENDOUSLY.



venmo



***Would You Like Your Name on the
Monthly Sobriety Birthday List.***

NAME: _____

SOBRIETY DATE: _____

CITY: _____

Please send information to:

**Tulare County Central Office
449 E. Maple St.
Exeter, CA 93221**

Email Info: tccof@hotmail.com

Meet The Editor

Hello Everyone!

My name is Robert and I am an Alcoholic!

**Its is great to meet you I am the new Editor of the
Central News.**

**I really look forward to being of service. I invite
anyone that wants to get into service to type up a short
piece and share it with us, email a picture, a quote, an
article or anything!**

I want to thank you for allowing me to be of service!!

—Robert P.



Your Content Here!!!

Have an event????

New group starting up?????

Have a story to share???

Take some amazing photos around our district???

Want to be of service????

All this can be accommodated-we are available to help! Simply reach out to us here at Central News and we will do all we can to get the word out!!!

Carrying the message to the Alcoholic who still suffer is our primary purpose. What better way to do it then to get involved!!!!

Send your content to:

centralintergroupnews@gmail.com

... and we will help you communicate to district 47!!!