

CENTRAL NEWS

July 2024

Website:

www.aa-tulareco.org

A Lake In July, Anonymous

Can We Conquer Alcoholism?

“How can a man who still has a job or has recently lost his job through drinking come out openly and say: “I am a drunkard; I have no will power; I have no character; I am a bum”? He isn’t and knows he isn’t. He is faced with the same dilemma in which I found myself: Why is it that my will power is so strong on everything else and has no effect on drinking?

The wall of ignorance and prejudice nearly killed me, and it is killing other alcoholics every day. If we can break that wall down we can reach these people and help them. In every city where we have information centers they are coming and asking for information, and their families and friends and employers are coming. They are all asking: “What is this thing, alcoholism?” “What can we do about it?” “Where can we go in this city for help?” The centers that have been established have the answers. They know what hospital will take alcoholics and whether there are any such places in the community; whether others can be persuaded to admit alcoholics and what can be, at long last, provided for these desperately sick people. Can we provide medical treatment that will prevent their deaths? Yes, we can, and we must.”

-Marty Mann, Health, July 1947

STEP Seven

"We Humbly Asked Him to, Remove Our Shortcomings."

The moment I worked step 7 with my sponsor... I humbly asked my higher power, GOD, for guidance and remove my shortcomings. And He has. I continue to work the steps to become a better me.

*Thank you for allowing me to be of service
-Glenda V.*

7th Step Prayer

My Creator, I am now willing that you should have all of me, good and bad. I pray that you now remove from me every single defect of character which stands in the way of my usefulness to you and my fellows. Grant me strength, as I go out from here, to do your bidding. Amen

Tradition 7

Every AA group ought to be self-supporting, declining outside contributions.

The AA group usually starts small and gains momentum as the message of recovery becomes attractive. The AA members begin to attend on a regular basis and the attraction comes from the principles of recovery. The members become committed to supporting the group financially and responsibly by meeting obligations such as paying rent for the meeting space, buying literature, financially supporting trusted servants to attend out of town business meetings in addition to buying coffee and supplies which encourage a hospitable environment for the newcomer. Self-support which does not cost a penny might also include the someone to open the meeting room, set chairs in place and put literature in an easy to reach place. This requires consistent commitment on the part of members. The stability of the group and meeting rests on such commitment.

What happens if a group cannot meet financial obligations? Should there be a fundraiser, a yard sale, a car wash or some other means of making money? Tradition 7 cautions us to understand what it is we need versus what we want. It is important to remember our primary purpose is to carry the message. We do not want to stray from our primary purpose by getting into a controversy over how money is raised where it came from and who will control it. The best solution is voluntary contributions from AA members themselves. Sometimes in bleak financial times, the members may have to consider an increase in their donation to the meeting. A group might have to examine their expenses and trim their budget to meet the needs of the group. The Seventh Tradition encourages the group to support itself. It is important that the group not become financially dependent on an outside entity or one group member. Each member of the group is a part of the great whole and in turn, each member of the group has an obligation to help support the group financially. One or two group members who are financially well off should not be expected to support the group and do all the work.

Everyone does their part.

Let us discuss the service entities and their participation in this Tradition.

Does Central Office or District 47, CNIA and New York accept contributions from the Porterville 12 Step Recovery Club? The answer should be 'no'. Does Central Office and other service entities accept contributions from the Alano Clubs? The answer should be 'no'. Why not you ask? The simple answer is that these non-profits get their funds from AA's and other outside sources. Those outside sources are the reasons the AA service entities should not accept contributions or donations.

The spiritual principles of Tradition 7 are gratitude, responsibility, faith, anonymity, honesty, integrity and freedom.

In Service,

Cheryl H.



Where Friends Gather

Speakers • Panels • Crafts • Free Drawing
Registration Includes:
Continental Breakfast, Lunch & Dessert
Host Hotel: Hampton Inn & Suites Lodi
1337 S. Beckman Road, Lodi CA 95240
(209) 369-2700
Mention Code: **HDH** - Rate: \$165 + taxes/fees
Make reservation by 8/16/2024

Alcoholics Anonymous

18th Annual

Hand in Hand Women's Day of Unity

**Saturday, September 14, 2024
8:30 a.m. to 4:30 p.m.**

Vinewood Community Church
1900 W. Vine Street
Lodi, CA 95242

Speakers:
Leslie K., Modesto, CA
Marilyn S., Los Angeles, CA

[Pre-Registration through 9/7/2024](#)
[\\$30 \(non-refundable\) - \\$40 at the door](#)

Mail Checks Payable to Hand In Hand, 10173 Carmel Valley Way, Elk Grove CA 95624

For credit card, email hinhntreasurer@gmail.com with full name, phone number, and all guests' names. A secure link will be emailed to you for your payment.

For more information, please contact Karen T. at (925) 628-0514 or Sue G. at (916) 207-6676

Please fill out completely so that we can include you on next year's mailing list

First Name: _____ Last Name: _____

Email: _____

Address: _____ City: _____ State: _____ Zip: _____

Phone: _____ Cell Phone: _____ Sobriety Date: _____

I would like to be of service at this convention: YES _____ NO _____ Scholarship Donation: \$ _____

Amount Enclosed \$ _____ *

***List all guests' names:** _____

*Limited number of scholarships are available in return for 2-hour service commitment.
Submit advance request to Sue G.: hinhntreasurer@gmail.com*

Sorry, no children or non-trained service animals allowed at this event

*Individual, Newsletter, Memorial & Birth-
day Club Contributions*
5/21/2024 thru 6/20/2024

Support the Central Office

Birthday Club

Michelle S Visalia 24

Grateful Giver's Club

Members \$204.39

Individual Contributions

**Bob T
James K
Joyce R
Sandra K
Shannon S**

Newsletter Contributions

Memorial Contribution



Supporting the Central Office is a very important and valuable thing for our fellowship! Now it is easier than ever!

Donate Today using Venmo!





Donde se reúnen los amigos

Oradores • Paneles • Artesanía • Sorteo Gratis

Registración Incluye:
Desayuno Almuerzo y Postre

Hotel anfitrión:

Hampton Inn & Suites Lodi

1337 S. Beckman Road, Lodi CA 95240
(209) 369-2700

Mención: **HDH**—Tarifa: \$165 + impuestos/cargos

Alcohólicos Anónimos

18th Años

Mano en Mano Dia de Unidad de Mujeres

sábado, 14 de septiembre, 2024
8:30 a.m. to 4:30 p.m.

Vinewood Community Church

1900 W. Vine Street
Lodi, CA 95242

Oradores:

**Leslie K., Modesto, CA
Marilyn S., Los Angeles, CA**

Preinscripción hasta el 9/7/2024

\$30 (no reembolsable) - \$40 Registro en la puerta

Cheques por correo pagaderos a Hand In Hand, 10173 Carmel Valley Way, Elk Grove CA 95624

Para tarjeta de crédito, correo electrónico hinhntreasurer@gmail.com con nombre completo,
número de teléfono, Y todos los nombres de las invitadas.
El link seguro se le enviara por email para su pagoyour.

Para obtener más información, póngase en contacto Karen T. at (925) 628-0514 or Sue G. at (916) 207-6676

Por favor, complételo para que podamos incluirlo en la lista de correo del próximo año

Nombre de pila: _____ Nombre Apellido: _____

Correo electrónico: _____

Dirección: _____ Ciudad: _____ Estado: ____ Código postal: _____

Teléfono: _____ Teléfono celular: _____ Fecha de sobriedad: _____

Me gustaría estar al servicio de esta convención: SÍ _____ NO _____ Beca Donación: _____

Cantidad Enviado: \$ _____

***Enumera los nombres de todos los invitados:** _____

*Hay un número limitado de becas disponibles a cambio de 2 horas compromiso de servicio.
Envie una solicitud por adelantado a Sue G.: hinhntreasurer@gmail.com*

Lo sentimos, no se permiten niños ni animales de servicio no entrenados en este evento

Upcoming Meeting Guide App Information!

New Release - 4.2.1

Meeting Guide Version 4.2.1 was released in April 2024. This release included a new Maps feature for in-person meetings and support for additional language Types.

The Maps feature can be accessed from the main meeting list by selecting the icon in the top right corner:

Click this new icon for a map view of in-person meetings in the current meeting list. From the map view you can select red markers to see basic information on that meeting location by clicking on the meeting card.

You can also change the filters, location and more from the map view.

Please read this article

<https://communicationservices.cmail20.com/t/y-l-mltiyut-duhkhlijkik-j/>
for more information on using this new feature.

The following languages have been added to our existing language Type options: Amharic, Croatian, Danish, Greek, Hindi, Hungarian, Lithuanian, Malayalam, Norwegian, Slovak, Swedish, Tagalog, Ukrainian. Language Type codes should be included with individual meeting listings, and they can also be applied at the entity level as the default meeting language.

New participating entities

We extend a warm welcome to the recently added participants on Meeting Guide:

- * AA Egypt
- * Central Office of AA-Snohomish County
- * Area 56 District 12 and 13 of AA (Ohio)

Up Next

We will be reviewing all feedback sent in to appsupport@aa.org regarding the new map feature and incorporating that into future releases. The team is also in the design phase for improvements that support finding online meetings. While these larger projects are underway there will be some interim releases, including: a required software platform upgrade, new meeting contact features.



Volunteers Needed!!!

Bridging The Gap volunteers needed

Part of Bridging the Gap between a treatment program and A.A. is the Temporary Contact Program, which is designed to help the alcoholic in an alcoholism treatment program make that transition.

As you know, one of the more “slippery” places in the journey to sobriety is between the door of the facility and the nearest A.A. group or meeting. Some of us can tell you that, even though we heard of A.A. in treatment, we were too fearful to go.

A.A. experience suggests that attending meetings regularly is critical. To bridge the gap, A.A. members volunteer to be temporary contacts and introduce newcomers to Alcoholics Anonymous.

We need these volunteers.

One of the efforts of our Bridging The Gap committee is to arrange temporary contact with people coming out of the Tulare County Sheriff’s RSAT program. If you are willing to establish contact with one of these newcomers and meet them at their first meeting, please join us!

Our next Bridging The Gap committee meeting will be July 6, at 11 AM, on Zoom only.

The Tulare County Sheriff inmate programs office has an automatic meeting application form.

You can fill out that application form, for free, using the Firefox web browser. Please send the edited and saved form to Carol Ann at Central Office. Carol Ann will email it to the Tulare County Sheriff inmate programs office.

If you are looking for an opportunity to be of service, please join our Bridging The Gap committee.

TULARE COUNTY SHERIFF DEPT. DETENTION DIVISION - INMATE PROGRAMS

Automatic Meeting Application

Return application to: Inmate Programs, 36168 Road 112, Visalia CA 93291 **Tel: (559) 735-1673**

NAME: _____ DATE: _____

Work # :(____) _____

Email: _____

OCCUPATION: _____ Length of time with employer: _____

NAME OF EMPLOYER: _____

EMPLOYER'S ADDRESS: _____

EMPLOYER'S PHONE #: _____

I agree to be mindful of other co-workers, background noise, and distractions around me. Initial _____

I agree to conduct the meeting in the most private location available to me to protected confidentiality. Initial _____

I agree to alter the background on my screen while conducting the meeting Initial _____

I agree to avoid multi-tasking and focus my attention on the client and the interview Initial _____

POLICY: Submit to a criminal history background check, which may include local & national records checks, fingerprints and photographs. Ex-offenders will be considered, providing they meet all selection criteria, are not serving a term of probation or parole at the time of application and if a minimum of three (3) years has passed since any period of incarceration in any federal, state, county or city facility.

By signing this application, I give permission for this process to be conducted and understand the Sheriff's Department reserves the right to deny this application without providing a reason and to terminate this agreement.

Applicant's Signature: _____ Date: _____

ANY APPLICATIONS THAT ARE NOT COMPLETE WILL BE RETURNED WITHOUT APPROVAL. THEY MAY BE RESUBMITTED WHEN COMPLETED

DO NOT WRITE BELOW THIS LINE (Department use only)

RECORD CHECK DATE _____ By: _____

COMMENTS: _____

PROGRAM : _____ DATE: _____ Approved Denied

Revised: 2024 BAV

Central Office Contacts

TULARE COUNTY CENTRAL OFFICE Income & Expense Statement

5/21/2024 through 6/20/2024

Central Office Contacts 5/21/2024 thru 6/20/2024

AA Members	40
Alanon & Alateen Info	0
Bridging the Gap	0
Churches and Schools	0
Court Referral/Info	0
E-Mail Contacts	173
General Info	3
H & I	0
Literature Sales	12
Meeting Information	6
Other 12 Step Programs	9
Prospective Members	0
Schedules & Info Mailed	0
Spanish Contacts	1
Specialty Sales	18
Twelve Step Calls	0
Visitors to the Office	7
Voice Mail Calls	14
<u>Total Central Office Contacts</u>	283

<u>INCOME</u>	<u>MONTH</u>	<u>YEAR TO DATE</u>
B.Day Club	24.00	438.00
Grateful Givers Club	204.39	1,786.04
Group Cont.	1,367.17	8,201.84
Indiv Cont	495.00	3,187.25
Interest Income	0.00	0.00
Lit. Sales	927.20	4,369.75
Memorial Cont.	0.00	100.00
Misc.	0.00	0.00
Newsletter Contribution	0.00	10.00
S & H	13.00	21.00
Sales Tax	107.93	622.20
Service Charge	0.00	2.84
Spec. Events-New Year's Eve	0.00	4,705.00
Spec. Events-Picnic	2,924.97	2,924.97
Spec. Items	408.30	3,504.68
State fund dividend	0.00	25.00
State Fund Refund	0.00	0.00
TOTAL	6,471.96	29,898.57
<u>EXPENSES</u>	<u>MONTH</u>	<u>YEAR TO DATE</u>
Bank Charge	0.00	0.00
Fees-Taxes	0.00	70.00
Insurance	0.00	550.00
Lit. Costs	247.80	2,376.30
PI-CPC Expense	0.00	99.50
Misc Expense	0.00	0.00
Newsletter Cost	0.00	0.00
Non Employee Comp	675.00	750.00
Office Exp	27.18	896.48
Office Equip.& Maint	0.00	81.55
Paypal charges	1.07	7.26
Payroll Taxes	106.78	3,688.92
Phone & ISP	134.98	810.86
Printing and copy expense	0.00	0.00
postage	0.00	82.29
Returned Check & Chg	0.00	0.00
Rent	685.00	4,110.00
Salary	1,528.70	9,656.06
Sales Tax-Paid	0.00	0.00
Spec. Events-picnic	2,357.78	2,602.78
Spec. Events-New Year	400.00	3,066.35
Spec. Items	190.00	1,501.83
Square Card Charges	24.24	149.20
Utilities	62.67	470.69
Ph-venmo	19.99	107.96
venmo fees	4.34	48.63
Website	5.98	187.90
TOTAL	\$6,471.51	31,314.56
Net Gain(Loss)	\$0.45	(1,415.99)
BEGINNING ACCOUNT BALANCES AS OF 5/20/2024:		
		\$19,018.85
ENDING ACCOUNT BALANCES AS OF 6/20/2024		
		\$19,019.30
Established Prudent Reserve		\$19,000.00

Speaker Meetings

Speaker Meetings for July 2024

Porterville Recovery Club Speaker Meeting
186 W. Walnut Ave.
Friday July 5th 2024 at 8:00 PM
Speakers: TBA

Sunday AM Breakfast, Speaker Meeting
Veterans Memorial Building
36000 Hwy 190, Springville
Sunday July 14th 2024
(Breakfast at 8:30 to 10:00 AM)
Speaker: Dan J from Northbridge CA

The Valley Group, Speaker Meeting
St. Paul's Episcopal Church
120 N. Hall St. Visalia, CA 93291
Every Wednesday from 7-8 pm.
Speakers for July
TBA

Civic Center Group
Christ Lutheran Church
3830 W Tulare Ave, Visalia
Birthday speaker meeting
Last Tuesday of the month

Sunday PM Serenity Seekers Valley Group
Sunday 7:30-9 pm.
St. Paul's Episcopal Church
120 N. Hall St. Visalia, CA 93291
Speakers for July
TBA

Attention speaker group secretaries: If you want your speaker listed in the Newsletter, please get the information to the Central Office (559) 592-6999 or TCCOF@hotmail.com by the 20th of the month preceding the month of the Newsletter.

Service Meetings

& Addresses July 2024

Service Meetings
GSR Meeting at Central Office
449 E. Maple St., Exeter, CA
Wednesday, June 5th 2024 at 7:00 PM

Bridging the Gap meeting at Central Office
449 E Maple St Exeter, CA
June 2nd 2024 11:00 AM

CSR Meeting at Central Office
449 E. Maple St., Exeter, CA
Tuesday, June 11th 2024 6:00 PM

H&I Meeting (odd months only) in person at
526 N Bridge St (no Zoom)
2nd Saturday May 11th 2024 9:00, Orientation,
Business meeting 10:00

TUFYPAA
Zoom ID 839 4820 8237 Password: service
2nd Sunday of the month, June 9th 2024

Founder's Day Planning Committee Meeting
In person at Central Office and on Zoom
Meeting ID: 885 2456 4504
Passcode: 2024 06 08
May 22, 2024 07:00 PM
June 3rd, 2024 07:00 PM

SERVICE ADDRESSES
Tulare County Central Office
449 E. Maple St.
Exeter, CA 93221
(559) 592-6999
Email: tccof@hotmail.com
Website: www.aa-tulareco.org
Hours: Mon-Fri 9:00am to 1:00pm
Closed Major holidays

Send Contribution to:
Tulare County Central Office
449 E. Maple St.
Exeter, CA 93221

General Service Board
P.O. Box 2407
James A Farley Station
New York, New York 10116-2407
<http://contribution.aa.org>

H&I-Contributions
P.O. Box 192490
San Francisco, CA 94119-2490

District 47, C.N.I.A.
P.O. Box 273
Exeter, CA 93221

CNIA Treasurer
PO Box 161712
Sacramento, CA
95816-1712

Central Service Meeting Meetings

“CENTRAL SERVICE MEETING MINUTES” Central Office & Central Service Representatives Meeting Report

Date:

June 11, 2024

Meeting called to order:

6:00 P.M.

Quick round of introductions...4 members present, 1 via zoom

Board Members Present:

David G, Patrick A, George J, Ally A, Cody R

Serenity Prayer

David G

12 Traditions

Cody R

Minutes of Last Meeting

Cody R motion to approve the minutes

Patrick A second the minutes

All in favor

Report of Last Board Meeting

David G

Great to see continued progress with George J and PICPC and Cody R with BTG

Literature prices adjusted accordingly to stay in line with World Services

New Years venue now in Lindsay

Treasurer & Office Report

Carol Ann G
Good Evening!

For the period from April 21st thru May 20th, 2024 Central office had an income of \$4186.63 and expenses of \$3730.36 for a gain of \$456.27

Our Grateful Givers Club brought in \$465.92 and our Birthday Club brought in \$116.00 in much appreciated contributions.

Traffic and calls have been average.

Office operations are going well and are still fulfilling our primary purpose of carrying the message of recovery.

The Founders Day Picnic was a lot of fun even though we had a low turnout, we had a lot of FUN, it was great seeing all of you there! I want to give. Thank you to all the people who helped out with this event and I want to thank all of the groups who contributed to the baskets!

If you would like to be on the committee for new years Founders Day Celebration, please call the office and let us know! I will be sure to notify you and the groups when it is time to start planning for the fun!

I would like to thank all of the groups and individuals who contributed to Central Office!

Grateful to be here!

Carol Ann Gable

Office Manager/ Treasurer

Public Information Report

George J

Thursday June 14th Visalia Health Care Center we will have a table with information, Glenda & Jonathon will be volunteering

We are continuing to distribute pamphlets to local business

We are hoping to soon be able to present at local schools

Volunteers to Write STEP & TRADITION for Central Newsletter

STEP FOR NEWSLETTER-VOLUNTEER

Issue Step Member

July/Step 7 Glenda V Due to centralintergroupnews@gmail.com 6/21/2024
August/Step 8 Ariane O Due to centralintergroupnews@gmail.com 7/21/2024

TRADITION FOR NEWSLETTER-VOLUNTEER

Issue Step Member

July/Tradition 7 Cheryl H Due to centralintergroupnews@gmail.com 6/21/2024
August/Tradition 8 Carol Ann G Due to centralintergroupnews@gmail.com 7/21/2024

Newsletter Report



Website Report

David G

Report covers the time between the May and June CSR Meetings (2024-05-13 through 2024-06-10).

Meetings:

Carol Anne added a new group: Out of the Way (at the Diane P Hodges Community Center in Dinuba) They meet Monday thru Friday at noon.

Carol Ann added a new meeting: Prospecting for Nuggets (in Tulare) They meet on Sundays, from 7:00 pm to 8:30 pm at St Johns Church at Prosperity and Laspina

Alberto added two new groups:

Nueva Vida (New Life) with five meetings a week in Huron
Deseo De Vivir (Desire to Live) with five meetings in Hanford

I updated the Keep It Simple Sundays (K.I.S.S.) meeting in Blain Park in Visalia to summer hours: begins at 9:00am now

Calendar of events:

No new events

Announcements:

(temporarily) The Crossroads Group in Tulare will not meet for one week
(temporarily) Monday Men's Meeting at PPAV moved to Colima Mexican Restaurant for two weeks.

New Meetings in Dinuba

Keep It Simple Sunday will move to 9 am beginning June 2nd.

Carol Ann and I did the normal monthly edits of the CSR meeting, GSR meeting, Springville Sunday Breakfast meeting, and Valley Group meetings.

Thank you for letting me be of service.

Hospitals & Institutions “H&I” Report

Joyce R

The only purpose of the Northern California Hospital and Institution Committee is to carry the message of AA to alcoholics in corrections and treatment facilities serving alcoholics in Northern CA. In May, Tulare County (Area 92) held 18 meetings in treatment facilities and the Tulare County Jail.

We were grateful the two of these were in Spanish. We Were able to distribute 126 AA books in English and Spanish with the help of 34 volunteers.

Our efforts are fully supported by the funds collected from passing the pink cans at AA meetings. Last year, Tulare County used approximately \$8,000. In literature while our area contributed a little over \$7200. This year we are on track for at least as much literature distribution in Tulare County. Please encourage all groups to pass the Pink Can at Tulare County Meetings and have your Treasurer send in the funds on a regular basis. If your group does not have a Pink Can, please contact Central Office of myself.

Attached is our quarterly news brief which outlines the activities at the NorCal level. Please share this information with our groups. We need volunteers fir the IVSS Program. We are actively serving San

Quentin, Salinas Valley, CTF Soledad and are in the process of establishing the service at the CA Facility for Women in Chowchilla. Currently there are 111 confined alcoholics who have been matched with outside sponsors with 25 inside members still awaiting sponsors. The electronic option makes being a sponsor to an inside member much more attractive as it can be done from anywhere.

Please share the arched flyer about this program with your group.

Locally, while needing more volunteers to be able to expand to more facilities, our greatest need currently is bilingual volunteers as the need for Spanish Meetings in facilities is growing and currently, we have two Spanish Speaking volunteers. Please send any interested volunteers to our next orientation: July 13, 2024 9:00 am at 526 N Bridge Street, Visalia, CA 93291 followed by our business meeting at 10:00am This information is also listed on the Tulare County Website at aa-tulareco.org

In Service,
JoyceR., Area 93 Chair

Bridging the Gap “BTG” Chairperson Report

Cody R

Applications are now available for the Sherriffs Department inmate program. Connecting inmates with AA members to bridge the gap...Hoping to roll out in July. Meeting the first Saturday of the month via zoom at 11:00am theZoom link will be on the website.

General Service Office "GSO" Liaison Report

GSR meeting was June 5th, 2024

Eight people attended; two in-person and six via Zoom. There was a momentary power drop that knocked four people off Zoom; they reconnected.

Treasurer Report:

Beginning Balance: \$2829.28

INCOME

Date	Description	Amount
5/1/24	Post-Conf. Assembly planning mtg 7th Tradition — cash	\$34.00
5/1/24	Valley Group Speakers (Earmarked for GSR Funding)	\$300.00.
5/17/24	Unity Through Traditions (#7407)	\$100.00
5/17/25	Monday Men's Stag (MO)	\$100.00
5/24/24	Post Conference Assembly (snack bar profit)	\$467.00.
5/28/24	Freedom Fellowship #44623524	\$35.00
5/30/24	Bridge Street Drunks Only	\$8.45
6/3/24	Treasurer Stewardship Amends (new checks, binder, etc)	\$100.00.

Total Income: \$1144.45

EXPENSES

Date	Description	Amount
5/1/24	Bank of Sierra—checks, binder, endrsemnt stamp, etc — chk #274	\$365.43
5/1/24	Post Conference Assembly Snack Bar funding — chk #276	\$300.00
5/1/24	DCM travel & registration for Post-Conf. Assembly — chk #277	\$250.00
5/1/24	Central Office — 40 copies	\$8.00
5/17/24	Stamps (20-pack)	\$13.60

Total Expense: \$937.03

Ending Balance: \$3036.70

DCM report:

Mike assisted the post-conference assembly in Huron on May 18 and 19, along with David and District 55

volunteers. Over 170 people attended, including nine District 47 GSRs or officers. A new scheduling difficulty has popped up; I'll present that under new business.

Old business

1. Discuss printing costs and alternatives - resolved.

New business

1. Mike, our DCM, has been ordered to return to the office two days a week; and, his work office is in Sacramento. Working in Sacramento on Tuesdays and Wednesdays will directly conflict with the second

Wednesday District 47 meeting. Alternatives were discussed, and the District 47 meeting is moved from the second Wednesday to the second Tuesday of every month.

2. Post- Conference Delegate's Report: can we hold one on Saturday, August 24? The question we would

like CSRs to ask your group is: if we hold this event, from 11 AM to 4 PM (and include lunch) at the Exeter Veteran's Memorial Building (in the park), would members of your group attend? Our Delegate, Matthew L., would present what happened at the GSO New York conference.

CSR REPORTS

Visalia Mens Monday Night Stag William A., CSR

Visalia Mens Stag is every Monday at the PPAV Hall in Visalia. This is a closed meeting of AA, the meeting starts at 7:30 pm til 9pm we have between 40 to 60 men every week, A speaker starts our meeting and then chooses how the meeting goes. After coffee is provided. Birthday meetings are held the last Monday of every month.

Thank you,
William A

Saturday Morning Women's 12 x 12 Tracy Jo W., CSR

Held weekly from 9-10 am Saturday morning .
Approx 25-35 women. We read from 12 Steps and 12 Traditions weekly and the last Saturday of the month we answer questions from an "ask it Basket". We also celebrate weekly with chips on various lengths of sobriety.

Thank you for letting me be of service,
TracyJo W

Rainbow Group, Presented by George J., CSR.

The Rainbow Group meets every Saturday for an hour at 5:30 PM at The Source in Visalia, at 109 Northwest Second Avenue, which is on the south side of the Oval park. We meet for one hour and we are an Open hybrid group that meets on Zoom as well. The Zoom ID and passcode are on the website and in the Meeting Guide app. We offer a five o'clock meditation if you're interested in arriving early to prepare for a meeting. We have a speaker at the beginning of each meeting who speaks for 10 minutes after which the group is open. We give out chips at every session and celebrate birthdays at the end of the month with cake (no ice cream). We also have our business meeting on the second Saturday of the month.

Thank you for letting me be of service, George.

Springville Monday Night Book Study Group, Presented by Cody R., CSR.

We are located at the Lighthouse Chapel in Springville. We meet Monday nights from 7 to 8 PM. It is an open group book study. We rotate the books that we study. We're currently reading Language of the Heart. Turnout is about average. Emotional Sobriety will be the next book we will be reading. We have coffee and dessert every Monday. We would love to have more visitors. The Lighthouse Chapel is located off the 190: turn on to Bridge Drive, and then south to Rio Vista. We usually have a dinner before the meeting.

Gut-Level Group, Presented by Cody R., CSR

The Thursday Night Gut Level open meeting for men and women, is also located at the Lighthouse Chapel in Springville. We meet Thursdays from 7 to 8:30 PM. It is an open meeting with people sharing their experience, strength, and hope. Our birthday meeting is the last Thursday of the month, and we celebrate with cake and coffee. Turnout is steady. We have cake whether anyone is celebrating a birthday or not. It's a great meeting and we would love to have visitors.

Thank you for letting me be of service, Cody.

Springville Breakfast Speaker Meeting, Presented by Cody for Sheryl E., CSR

We meet the second Sunday of every month at the Veterans Memorial Building, 35944 Hwy 190 in Springville. Breakfast is \$8.00 a plate per adult and \$1.00 per child under 12. The speaker part of the meeting is always free, so you don't have to eat to enjoy an excellent speaker.

We open at 8:00 with fresh hot coffee. Breakfast is served from 8:30 until 10:00. The speaker meeting begins at 10:15 with the readings, then a 10 minute speaker followed by a 15 minute break , then the main speaker until 11:45. 50/50 tickets are sold from 8:30 until the main speaker begins.

We really need a couple of strong, young people to stay after the meeting to sweep and mop the floor. It only takes a few minutes and is an easy way to be of service. So please help. I am stepping down from this position.

Thank you for letting me be of service.

Sheryl

Friends of Bill W and Dr Bob, presented by Patrick., CSR

This is a Tuesday night meeting held at St Johns Episcopal Church at 1701 E Prosperity Ave in Tulare from 7-8:30pm We are a fellowship of men and women sharing our experience strength and hope. We average 10-15 people and give out chips for various lengths of continuous sobriety. We celebrate anniversaries the last Tuesday of the month with cake and ice cream regardless if anyone is celebrating an anniversary. Newcomers are welcome and we have members who are open & willing to sponsor.

Thank you for letting me be of service, Patrick A

Women's Changes Meeting, Presented by Cheryl for Sheryl E., CSR.

We meet every Tuesday from 6 to 7 p.m. at the 12 Step Recovery Club, 186 S D street in Porterville.

We are an open meeting for women only. This is a stick topic meeting. That is each woman picks a preprinted stick and shares on the topic described on the stick. Our attendance includes women with a brief period of sobriety to those with many years. All are welcome. On the last Tuesday of the month we have a potluck to celebrate those with sobriety birthdays. Those women are invited to share their strength, and hope with the group.

Thank You, Vicki B

12 Step Recovery Club Cheryl H., CSR

There are 9 AA meetings a week at the 12 Step Club. Each meeting is autonomous and consist of a speaker meeting, book study, and discussion meetings. All meetings are well attended. Thank You, Cheryl H

AA Loose Women's Meeting, Presented by Glenda V., CSR

We meet every Friday night at 6:30-7:30PM at the Twelve Step Recovery Club at 186 South D Street in Porterville. We are an Open discussion meeting for Women only. It's a discussion meeting: somebody picks a topic and people talk about the topic. Cross-talk is welcome. We average about 10-15 people. Ladies from PAAR are attending our meeting. We have women with up to 43 years of sobriety, proving the program works.

Thank you for letting me be of service, Glenda

Bridge Street, Presented by John W., CSR

We have many meetings at Bridge Street Drunks Only in Visalia. Many of our meetings are closed but some are open, welcoming everyone.

Please refer to the mooting schedule if you need clarification. We contribute to all service entities with birthdays celebrated at the end of the month. Please visit us at 526 N Bridge St.

John W.

Old Business

- 1) CSR Business meeting new time 6:00pm
- 2) Founders day...possibly next year indoor/outdoor, maybe. Brunch?
Last year approx 220 attended this year approx 80
- 3) New Years event to now be held in Lindsay, pajama theme, no dance

New Business

1. Unity Day Committee report will be next month for cost and ideas

Seventh Tradition

\$28.00

Announcements

None

Meeting Adjourned

7:07pm

District 47 Meeting Minutes

This is a hybrid and Zoom meeting with members participating from various locations, including the Central Office in Exeter.

Meeting Called to Order: 7:02 PM by District Committee Member (DCM) Mike C.

Committee members present:

- Dusty B., GSR for the Springville Thursday Night Gut Level Group
- Fred F., GSR for Unity Through Traditions
- Laura B., GSR for the Springville Monday Night Book Study
- Leah W., GSR for Bridge Street Drunks Only
- Sean A., GSR for Practicing the Principles
- Mike C., DCM
- Allen L., Treasurer
- David G., Recording Secretary and Central Office Liaison

Permission requested from all present that this meeting be recorded for the recording secretary's benefit.

The GSR Preamble was read by all attendees. "We are the General Service Representatives. We are the link in the chain of communication for our groups with the General Service Conference and the world of A.A. We realize the ultimate authority in A.A. is a Loving God as he may express himself in our Group Conscience. As trusted servants, our job is to bring information to our groups in order that the groups can reach an informed group conscience. In passing along this group conscience, we are helping to maintain the unity and strength so vital to our fellowship. Let us, therefore, have the patience and tolerance to listen while others share, the courage to speak up when we have something to share, and the wisdom to do what is right for our groups and A.A. as a whole."

12 Traditions: read by David G.

Concept 6: Concept 6 long form read and explained by Mike C.

Approval of Minutes: May 1, 2024, minutes reviewed. Leah moved to approve the minutes, Allen seconded the motion. A vote was taken: all in favor, none against.

Treasurer's Report:

Beginning Balance: \$2829.28
INCOME

Date	Description	Amount
5/1/24	Post-Conf. Assembly planning mtg 7th Tradition – cash	\$34.00
5/1/24	Valley Group Speakers (Earmarked for GSR Funding)	\$300.00
5/17/24	Unity Through Traditions (#7407)	\$100.00
5/17/25	Monday Men's Stag (MO)	\$100.00
5/24/24	Post Conference Assembly (snack bar profit)	\$467.00
5/28/24	Freedom Fellowship #44623524	\$35.00
5/30/24	Bridge Street Drunks Only	\$8.45
6/3/24	Treasurer Stewardship Amends (new checks, binder, etc)	\$100.00
	Total Income:	\$1144.45

Date	Description	Amount
5/1/24	Bank of Sierra-checks, binder, endrsemnt stamp, etc - chk #274	\$365.43
5/1/24	Post Conference Assembly Snack Bar funding - chk #276	\$300.00
5/1/24	DCM travel & registration for Post-Conf. Assembly - chk #277	\$250.00
5/1/24	Central Office - 40 copies	\$8.00
5/17/24	Stamps (20-pack)	\$13.60
Total Expense:		\$937.03

Ending Balance: \$3036.70

When Allen opened the new account at Bank of the Sierra, they sold him on the idea that he needed all sorts of supplies to go with it. In retrospect, Allen thinks he spent too much because the leather binder wasn't needed, so he made a Treasurer Stewardship Amends contribution of \$100.

CSO Liaison Report: David G.

Our May CSR Meeting was held on May 14th. The meeting was a hybrid meeting, both in-person and on Zoom.

Central Office finances: for March 21 through April 20, Central Office had income \$3,721.45 and expenses of \$4,783.68 for a loss of \$1,062.23.

George is our PI (Public Information) and CPC (Cooperation with the Professional Community) chairman. We had a booth at the May 5th Senior Day in the Park (Mooney's Grove). There was large attendance.

Cody is our BTG (Bridging The Gap) chairman. Tulare County Sheriff's Office has sent us a form for volunteers to fill out and send back. TCSO will do a mini-background-check to make sure that BTG volunteers are not currently on probation or have been incarcerated within the last two years. Once cleared, the BTG volunteer can do a short introduction meeting on Zoom.

Old business:

1. We have moved the CSR meeting forward one hour, to begin at 6:00 PM on the second Wednesday.

New business:

1. The 2024 New Year's Eve party will be in Lindsay instead of Visalia.

Announcements:

Founders Day Picnic June 8th

Sunday Speaker Breakfast June 9th

Registrar: No report.

H&I Report: Report accidentally sent to wrong email address; not discovered in time for meeting.

GSR Reports:

Laura B., GSR for the Springville Monday Night Book Study: My report is that Dusty is going to give my report for me. I'm recovering from surgery, and Dusty has been going to the meetings, so he knows what they said.

Dusty B., GSR for the Springville Thursday Night Gut Level Group: both the Monday night and Thursday night groups received the information I gave them; but there wasn't really any discussion about it. Both groups are going to make a basket for the Founder's Day Picnic raffle. I was talking with Mike about inviting our Delegate,

Matthew L., to provide a Post-Conference report.

Sean A., GSR for Practicing the Principles: There's not much to report. I presented the information I had, but there were few questions. I'm sure the members of group would like to hear from our Delegate about what went on at GSO.

Leah W., GSR for Bridge Street Drunks Only: I presented my information to my group, and they did ask about how it works to put new items on the agenda at the General Service Conference in New York.

Fred F., GSR for Unity Through Traditions: Today, we had twelve people at our meeting. Our alternate GSR, Keith, gave his report from the Post-Conference Assembly. The next couple of weeks we will be reading the Strength And Hope book.

DCM Report: Mike C.

My DCM report will mostly be covered by items in the New Business portion of the meeting; so if everyone is okay with it, I'll skip it and cover it under New Business.

Old Business:

1. Allocating funds to print documents – amount not to exceed \$100 through end of the year.
 1. The idea that we needed to contribute money for printing was a decision made with incomplete information. That decision maker consulted with an expert, and learned that District 47 has always had use of the copiers and the coffee pot without charge (included in rent).

New Business:

1. Update report for Post Conference Assembly.
 1. Last month, Mike assisted with hosting the Post Conference Assembly in Huron, with help from David and Mike's fiancé. Over 170 people attended the assembly. We hosted the snack bar with District 55, and they had many volunteers who helped set up the assembly and provided dinner.
 2. Total income was \$5,001 from \$2,335 in-person registrations and \$2,666 online registrations.
 3. Hosting the event cost \$4,097. There are still some expense reimbursements outstanding.
 4. There was an issue with the online registration dinner selection; the previous assembly configuration was re-used, which included a dinner type (barbecue) which District 55 did not know about or cook. About 87 people registered online.
2. Mike work schedule change which impacts this meeting schedule.
 1. Mike works for the State of California, and the governor issued a return-to-office order for employees working from home. Mike previously worked from home five days a week. The new work schedule has Mike working in the Sacramento office on Tuesdays and Wednesdays; Mike will have to commute up on Monday nights and back down on Wednesday nights. The Wednesday night commute will directly conflict with this monthly District 47 meeting.
 2. This was discussed, and the best option seems to be to move the District 47 meeting from the first Wednesday to Tuesday. Mike can join the meeting via Zoom from Sacramento on Tuesday nights.
3. Post-Conference Report by Delegate Matthew L.
 1. Dusty had suggested to Mike that we invite Matthew L. to do an in-person presentation of his Post-Conference Report. Before we invite Matthew, we should ask our fellowship if they would attend. Please ask your members if they would attend.
 2. We found that the Exeter Veteran's Memorial Building is available on Saturday, August 24, from 11 AM to 4 PM.

4. Move the monthly District 47 meeting from the first Wednesday to the first Tuesday of every month.
1. In response to new business item 2, a motion was made by Laura, and seconded by Leah. All votes were in favor of moving the meeting, with none against. The motion passes.

Announcements:

Founder's Day Picnic on Saturday, June 8th at Mooney's Grove Park, Arbor 9.

Second Sunday Breakfast Speaker Meeting in Springville. Breakfast is served at 8:30 AM at a cost of \$8 a plate. We have a gentleman and his wife who are going to come and share their experience, strength and hope, from Oxnard, California.

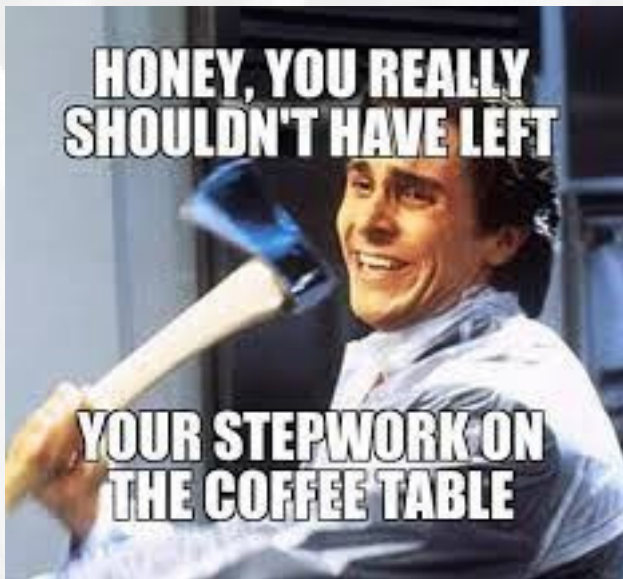
Declaration of Unity: This we owe to A.A.'s future: To place our common welfare first; to keep our fellowship united. For on A.A. unity depend our lives and the lives of those to come.

Responsibility Declaration: Read by all "I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible."

The meeting was adjourned at 8:02 PM.

Respectfully submitted,

David G., Recording Secretary



Me: Hi, how much can I get for my soul?

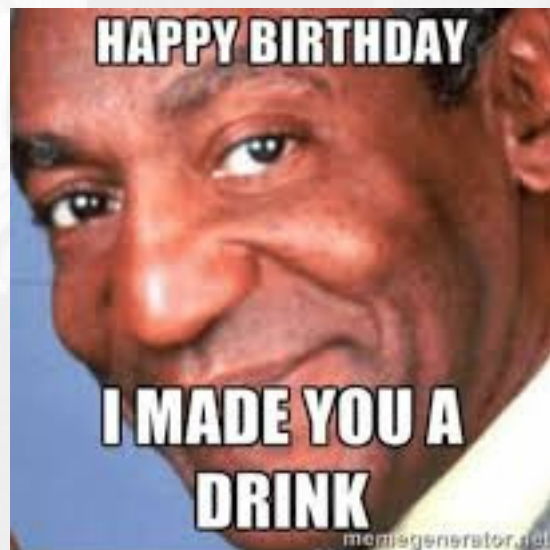
Active Addiction:



AA BIRTHDAYS			
JULY	2024		
Bobby	Visalia	53	
Jim K	Visalia	47	
Judy C	Porterville	45	
Sandy F	Visalia	44	
Jim B	Springville	43	7/6/1981
John R	Tulare	41	
Margaret D	Woodlake	41	
Mary R	Visalia	39	7/22/1985
Mike P	Exeter	38	7/1/1986
Hank P	Dinuba	37	
Danette L	Visalia	36	7/10/1988
Colin M	Three Rivers	35	7/6/1989
Marilyn N	Visalia	35	7/25/1989
Michael H	Visalia	35	
Sandra B	Visalia	35	7/7/1989
Mike H	Visalia	34	
Sharon S	Visalia	34	
Ken W	Porterville	34	7/10/1997
Jim M	Visalia	33	
Ginger G	Visalia	32	
Walt N	Porterville	32	7/19/1992
Terry S	Visalia	31	7/7/1993
Chris H	Visalia	31	7/5/1993
Bob C	Visalia	31	7/8/1994
Patricia F	Exeter	30	7/29/1994
Manuel M	Tulare	29	
Rafael C	Carlsbad CA	29	7/13/1995
Sue J	Henderson NV	28	7/23/1996
Gary H	Porterville	26	7/8/1997
Jan F	Squim WA	26	7/2/1998
George C	Visalia	25	7/7/1999
Jim K	Visalia	22	7/16/2002
Cynthia S	Tulare	22	7/1/2002
Tammy C	Tulare	21	7/13/2003
Michaele	Visalia	21	7/21/2003
Bettelu	Visalia	21	7/29/2003
Sherry B	Visalia	15	7/29/2009
Chris H	Visalia	15	7/7/2009
Leah A	Texas	11	7/25/2013
Jonathan T	Visalia	8	7/28/2016
Kyle S	Visalia	7	7/10/2017
Jerru O	Visalia	6	7/6/2018
Arlee A	Visalia	1	7/22/2023

July 2024 AA Birthdays!

That's 1,259 Years of Total Sobriety!!!



Group Contributions 5/1/24-6/20/24

Group Contributions 5/21/2024 Thru 6/20/2024					Month	YTD
1st Friday Speaker Meeting					\$40.00	\$100.00
10th Ave Men's Group					\$-	\$447.37
ABC Group					\$-	\$-
ACYPAA					\$-	\$-
Anonymous Group					\$-	\$-
Breath of Fresh Air					\$-	\$-
Bridge St "Drunks Only"					\$338.47	\$1,112.71
Central California Round Up					\$-	\$-
Civic Center Group					\$-	\$-
Clodbusters-Tulare					\$-	\$300.00
Crossroads-Tulare					\$-	\$350.00
CSO Meeting					\$28.00	\$176.00
District 47					\$-	\$506.00
District 49					\$-	\$-
Everyday is Christmas					\$57.00	\$463.65
Exeter Sunday Afternoon					\$-	\$150.00
Freedom Fellowship					\$-	\$205.00
Friday Candlelight Meeting					\$-	\$-
Friends of Bill W and Dr Bob Tulare					\$240.00	\$240.00
Friends of Bill W				\$-	\$300.00	
Gem St Noon Book Study					\$-	\$-
Half & Half					\$-	\$100.00
Keep it Simple Sunday					\$-	\$233.00
loose women					\$-	\$37.50
Monday Men's Valley Big Book Study					\$150.00	\$250.00
Monday Men's Mtg (PPAV)					\$-	\$400.00
Mid-Valley-Tulare					\$-	\$-
Monday Book Study Springville					\$100.00	\$300.00



Monday Women's Reflections	\$-	\$218.22
Nooners Group-Visalia	\$-	\$-
Pine Recovery AA Meeting	\$-	\$-
Porterville Friday Night Candlelight	\$-	\$-
Practicing the Principles	\$-	\$100.00
Quiet Trails	\$50.00	\$250.00
Rainbow Group	\$75.00	\$190.00
Rule 62-Visalia	\$-	\$-
Serenity Junction-Tulare	\$-	\$-
Saturday Night Believers	\$-	\$-
Sober Sisters	\$-	\$-
Springville Gut Level	\$-	\$150.00
Springville Breakfast Meeting	\$-	\$-
Sunday PM Serenity Seekers	\$-	\$-
Three Rivers Monday	\$-	\$200.00
Tulare Young People	\$-	\$-
TUFYPAA	\$-	\$-
Tuesday Men's Porterville	\$-	\$-
Tuesday Women's Amity Group (TWAG)	\$288.70	\$664.30
Unity through Traditions	\$-	\$214.00
Valley Group	\$-	\$-
Valley Speaker Series	\$-	\$-
Visalia Alano Club	\$-	\$144.09
Wandering Couples	\$-	\$-
Wednesday Acceptance Group (WAG)	\$-	\$400.00
Women's Changes Group	\$-	\$-
Women's Friday Night-Porterville	\$-	\$-
Women's Happy		
Women's Saturday AM 12x12	\$-	\$-
Totals	\$1,367.17	\$8,201.84



Picnic 2024 Financials

Picnic 2024 Financial Report	
68 Adult tickets x 8	\$544.00
13 Children x 1	\$13.00
total sold 81	\$557.00
misc donation for lunch tickets	\$280.00
venmo sales	\$18.00
	\$855.00
Income	
Lunch Ticket Sales	\$855.00
Soda Sales	\$106.00
7th Tradition	\$242.00
Raffle Baskets	
	\$1,090.00
50/50	\$589.00
soda sale mike mc	\$20.97
misc sales soda and tray	\$22.00
Total Income	\$2,924.97
Expenses	
Mooney Grove	\$245.00
3 big books	\$39.15
smart n final	
	\$1,218.70
smart n final	\$34.98
smart n final	\$130.96
costco	\$74.82
us chef store	\$25.98
smart n final	\$202.61
costco	\$216.10
coups	\$36.01
50/50 pay out	\$295.00
Total Expenses	\$2,519.31
Total Income	\$2,924.97
Total Expenses	\$2,519.31
Net Income	\$405.66
less payroll	\$116.10
Total Gain from event	\$289.56
Additional expenses reimbursed	\$84.52
Grand Total	\$205.04



Lighter Side of AA

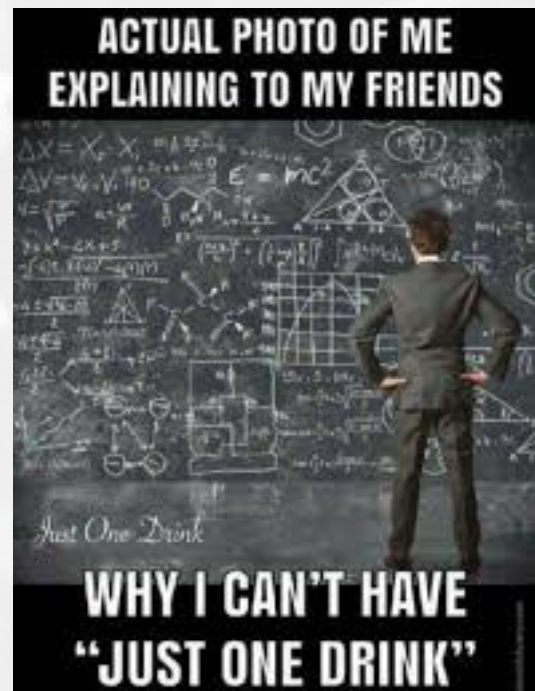
“If you ever thought you were driving better with one eye closed....you might be an alcoholic.

If your favorite part of a baseball game is the bottom of the fifth....you might be an alcoholic.

If you enter a bar, the bartender greets you by name....and it's your first time going to that bar....you might be an alcoholic.

If the bar is a ten minute walk from your house...but your house is a 40 minute walk from the bar...you might be an alcoholic.”

The difference is staggering.



BIRTHDAY CLUB

THIS IS A GREAT WAY TO SHOW YOUR GRATITUDE FOR YOUR SOBRIETY AND ALSO HELP CARRY THE MESSAGE OF RECOVERY.

JUST CONTRIBUTE \$1.00 FOR EACH YEAR YOU HAVE BEEN SOBER ON THE ANNIVERSARY OF YOUR SOBRIETY DATE TO YOUR CENTRAL OFFICE. THAT IS ONLY ONE TIME PER YEAR. IT'S REALLY SIMPLE AND WOULD HELP YOUR CENTRAL OFFICE TREMENDOUSLY.



venmo



***Would You Like Your Name on the
Monthly Sobriety Birthday List.***

NAME: _____

SOBRIETY DATE: _____

CITY: _____

Please send information to:

**Tulare County Central Office
449 E. Maple St.
Exeter, CA 93221**

Email Info: tccof@hotmail.com

Meet The Editor

Hello Everyone!

My name is Robert and I am an Alcoholic!

**Its is great to meet you I am the new Editor of the
Central News.**

**I really look forward to being of service. I invite
anyone that wants to get into service to type up a short
piece and share it with us, email a picture, a quote, an
article or anything!**

I want to thank you for allowing me to be of service!!

—Robert P.

RECOVERY



What society thinks I do



What my family thinks I do



What my friends think I do



What my sponsees think I do



What my sponsor thinks I do



What I actually do

[FACEBOOK.COM/WATERSHEDRECOVERY](https://www.facebook.com/watershedrecovery)

[@WATERSHEDCARES](https://www.instagram.com/watershedcares)



Your Content Here!!!

Have an event????

New group starting up?????

Have a story to share???

Take some amazing photos around our district???

Want to be of service????

All this can be accommodated-we are available to help! Simply reach out to us here at Central News and we will do all we can to get the word out!!!

Carrying the message to the Alcoholic who still suffer is our primary purpose. What better way to do it then to get involved!!!!

Send your content to:

centralintergroupnews@gmail.com

... and we will help you communicate to district 47!!!