

# CENTRAL NEWS

November 2024

Website:

[www.aa-tulareco.org](http://www.aa-tulareco.org)

Japan In November

## “Maybe I Can Do It Too”

“Thirty days in the workhouse.” The magistrate studied the man before him. “You don’t belong in prison, but there’s nowhere else to put you.”

Picked up as a drunk in a Bowery doorway, the 54-year-old prisoner, with twitching hands and sunken eyes testifying to a prolonged jag, was about to pay his ninth visit to Riker’s Island, New York City’s penitentiary.

In another month he would be turned loose to drink again.

This was the way New York disposed of the alcoholic last year. Today it is different. Officially listed as a sick man, not a criminal, he is paroled in the custody of Edward McGoldrick, director of the city’s new Alcoholic Therapy Bureau. An attempt will be made to rehabilitate him by analyzing and treating the mental quirk which creates a craving for drink.

**-Reader’s Digest, 1944**

# Step 11

*“Sought through prayer and meditation to improve our conscious contact with God as we understand him.”*

The previous 10 steps are a process towards spiritual growth and recovery from alcohol addiction, which is, in essence, a spiritual malady.

Detaching from ego in the form of the serenity prayer is the beginning of a spiritual journey. My first sponsor had me write out the serenity prayer and look at the different parts of it in order to understand what it meant. She had me do the same process with all of the other prayers in the AA big book. I had some reluctance to the word ‘God’. I had some hesitation about spirituality. I had a bias against church. My sponsor encouraged me to have an open mind and just be willing to look at things differently. It was piecemeal. We are often encouraged to pray for others, at the end of the day, on our knees. I need to add that as we age, getting up off our knees can be difficult so today I sit on the edge of my bed before I retire and have my conversation with God. In the morning as I am waking up, I say to myself, “God is my strength and my Source”. I realize ego is lurking and wants me miserable and agitated.

I consider myself fortunate to have attended meditation workshops, moderated by a member in the program who has a lot of experience with prayer and meditation. I have to admit to some reluctance in going (once again, ego at work), but I was very pleased with the result, and I look forward to other workshops in the future. I was always told prayer is talking to God and meditation is listening to God. I have learned and continue to learn to detach from ego when I am meditating and declutter my mind. Grateful to AA for all I have learned and grateful to know that there is much more to learn.

-Cheryl H.

# Tradition 11

*“Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.”*

Bill W. once said, “We had no public relations policy except for a fear of public relations. Our relations with the general public should be characterized by personal anonymity. There is never need to praise ourselves. We feel it better to let our friends recommend us.”

Good public relations are A.A. lifelines reaching out to the fellow alcoholic who still does not know us. For years to come, our growth is sure to depend upon the strength and number of these lifelines.

Conversely, think about this. Should we identify ourselves by our first and last name when we speak at closed meetings of A.A.? Does this violate the eleventh tradition? Of course not. We are only anonymous at the level of press, radio, and films. The press has not attended any closed meetings I have spoken at, so I am free to use my whole name. The final paragraph on page 37 of the pamphlet “Frequently Asked Questions About A.A.” states: “It should also be noted that within A.A., at A.A. meetings and amongst themselves, A.A. members are not anonymous.”

## Tradition 11 Inventory

- 1). Do I sometimes promote AA so fanatically that I make it seem unattractive
- 2). Am I always careful to keep the confidences reposed in me as an AA member
- 3). Am I careful about throwing AA names around—even within the Fellowship
- 4). Am I ashamed of being a recovered, or recovering, alcoholic?
- 5). What would AA be like if we were not guided by the ideas in Tradition Eleven  
Where would I be?
- 6). Is my AA sobriety attractive enough that a sick drunk would want such a quality for himself?

August 10, 2024

“Concerning any given service, we pose but one question: ‘Is this service really needed?’ If it is, then maintain it we must, or fail in our mission to those who seek AA.”

AA Co-Founder, Bill W., July 1955, “What Is the Third Legacy?”, The Language of the Heart

Grapevine

Did you get sober in Tulare County?

**We need you!**

The Tulare County Central Office is seeking people to participate in an AD Hoc committee to put together a pamphlet or brochure regarding the history of our very own Tulare County Central Office!

If you are interested, please contact Central Office at (559) 592-6999!



**Individual, Newsletter, Memorial & Birthday Club Contributions**  
9/21/2024 thru 10/20/2024

**Birthday Club**

**\$1 for every year of sobriety!**

Sylvia D	Porterville	1
Anonymous	Exeter	17
Rick H	Porterville	20
Terry C	Springville	38
Jim D	Visalia	41
Oly S	Visalia	45
Anonymous	Three Rivers	80
<b>Total Club Contributions</b>		<b>\$204</b>



**Congratulations on your sobriety!**

**Newsletter Contributions**

None

**Memorial Contribution**

None

**Grateful Giver's Club (You know who you are!) Members \$1,153.75**

**Individual Contributions**

Ally A

Bob T

James K

John W

Steve S

**THANK YOU!!!**

# Announcing: a new book from AAWS on sale November 1, 2024

## PLAIN LANGUAGE BIG BOOK

A Tool for Reading  
*Alcoholics Anonymous*

This is A.A. General Service Conference-approved literature

The *Plain Language Big Book* is a tool to help readers understand the book *Alcoholics Anonymous*, which was first published in 1939. This new book is designed so that the A.A. Twelve Step program of recovery from alcoholism may be easily understood and accessible by all people who have a desire to stop drinking.

Members of A.A. fondly call the original book *Alcoholics Anonymous* “the Big Book.” It is the basic text of the A.A. program. The *Plain Language Big Book* has been written to present the original ideas and same spiritual message of the Big Book, *Alcoholics Anonymous*.

This new text is not intended to replace the much beloved Big Book. Rather, the *Plain Language Big Book* is a book crafted over several years by A.A. members and publishing professionals to support alcoholics on the path to recovery. The book is intended to help people who have a problem with alcohol gain access to A.A.’s lifesaving message.

For years, A.A. members have expressed a need for a *Plain Language Big Book*. Based on the shared experience of A.A. members, some people may not have regular contact with other A.A. members to help them understand the A.A. program of recovery and the specific vocabulary as it is used throughout the original book *Alcoholics Anonymous*. Other people have a hard time reading, especially books that were written long ago. This *Plain Language Big Book* is written in simpler language to support readers in their recovery.

This book is published in accordance with Advisory Actions passed by substantial unanimity of the General Service Conference (GSC) of Alcoholics Anonymous. In 2021, the 71st GSC advised that this book be developed. Progress reports, then sample chapters were reviewed at the 72nd and 73rd GSCs. The final draft of the *Plain Language Big Book* was reviewed and approved by substantial unanimity at the 74th GSC, in April 2024. This process and outcome adopts this text as Conference Approved Literature.

The *Plain Language Big Book* covers the core content of what is the “abridged version” (the edition without personal stories) of the original Big Book.

Readers are also encouraged to seek out the current edition of the book *Alcoholics Anonymous* and meet with A.A. members to support their own individual paths of recovery from alcoholism.

**The *Plain Language Big Book* is A.A. General Service Conference-approved literature.**

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PLAIN LANGUAGE BIG BOOK: A Tool for Reading *Alcoholics Anonymous*

- **Publication (on-sale) date: November 1, 2024**
- **List Price \$11.**
- **Item B-90**
- **192 pages; 8 ½' x 11"**
- **Softcover format with flaps**

# Upcoming Meeting Guide App Information!

## \*New Release - 4.2.1\*

Meeting Guide Version 4.2.1 was released in April 2024. This release included a new Maps feature for in-person meetings and support for additional language Types.

The Maps feature can be accessed from the main meeting list by selecting the icon in the top right corner:

Click this new icon for a map view of in-person meetings in the current meeting list. From the map view you can select red markers to see basic information on that meeting location by clicking on the meeting card.

You can also change the filters, location and more from the map view.

Please read this article

<https://communicationservices.cmail20.com/t/y-l-mltiyut-duhkhlik-j/>  
for more information on using this new feature.

The following languages have been added to our existing language Type options: Amharic, Croatian, Danish, Greek, Hindi, Hungarian, Lithuanian, Malayalam, Norwegian, Slovak, Swedish, Tagalog, Ukrainian. Language Type codes should be included with individual meeting listings, and they can also be applied at the entity level as the default meeting language.

## \*New participating entities\*

We extend a warm welcome to the recently added participants on Meeting Guide:

- \* AA Egypt
- \* Central Office of AA-Snohomish County
- \* Area 56 District 12 and 13 of AA (Ohio)

## \*Up Next\*

We will be reviewing all feedback sent in to [appsupport@aa.org](mailto:appsupport@aa.org) regarding the new map feature and incorporating that into future releases. The team is also in the design phase for improvements that support finding online meetings. While these larger projects are underway there will be some interim releases, including: a required software platform upgrade, new meeting contact features.





# *Support the Central Office*



**Supporting the Central Office is a very important and valuable thing for our fellowship! Now it is easier than ever!**

**Donate Today using Venmo!**



# TULARE CO. CENTRAL OFFICE, INC.

449 E. Maple St.  
Exeter, Ca. 93221



Telephone: (559)592-6999  
Email: [tccof@hotmail.com](mailto:tccof@hotmail.com)  
Website: [www.aa-tulareco.org](http://www.aa-tulareco.org)

September 23, 2024

Greeting from Tulare County Central Office of Alcoholics Anonymous!

This is a letter to let you know that our office is the main office for Alcoholics Anonymous in Tulare County! We are the ones who keep up the website and make sure your meeting is listed in the meeting guide app. We have books, book covers, bookmarks, pamphlets, sobriety chips, and other recovery items.

This letter is also an outreach to let you know we need your support! Our monthly expenses are about \$3,000 a month and we rely on our groups and individual contributions to keep our office open through your Tradition 7 contributions. We realize that your group may not realize how important your contributions are to keep AA alive and healthy for the next suffering alcoholic. **There are many groups on our schedule that contribute to Central Office regularly, and for that we are truly grateful! With out these groups we would not have been able to keep these doors open since 1985.**

Unfortunately, the cost of living keeps rising and group contributions have been down, this is why we are reaching out to you! Central Office is responsible for maintaining the Tulare County Central Office website [AA-Tulareco.org](http://AA-Tulareco.org) which is linked to the Meeting guide app. We have a part time staff member that works 9-1 Monday thru Friday available for you come get what you need for your meetings! We are the Tulare County hub for Alcoholics Anonymous and we really do need your support!

**According to the AA pamphlet F-3, Where Money and Spirituality Mix, the following percentages are suggestions for your group to distribute to the other AA entities once your rent and other expenses are covered.**

**Tulare County Central Office-50%**

449 E Maple Street  
Exeter, CA 93221

**District 47 or District 55 10%**


PO Box 273  
Exeter, CA 93221

**AA World Services 30%**

General Service Board  
PO Box 2407  
James A Farley Station  
New York, NY 10116-2407

**Area 7 10%**

CNIA Contributions  
PO Box 161712  
Sacramento, CA 95816-1712



The Tulare County Central Office Prudent reserve is \$19,000. That would keep our doors open for 6 months. We are currently below our prudent reserve by \$4,547,88. Please talk to your group members about increasing their contribution to the 7<sup>th</sup> tradition basket. Yes, times are tough, but remember all the money we wasted on booze?

We suggest that each meeting have a GSR and a CSR to keep your meeting connected to the AA fellowship in Tulare County and AA at large! We would love for each meeting to have a Bridging the Gap and an H & I representative too. Each of these opportunities come with a meeting with fellow committee members once a month in person or via Zoom. All this information is available on our website, or you can call the office to find out more! **We are here for YOU, and the still suffering ALCOHOLIC!**

Please fill out the attached form so we have current information about your meeting's trusted servants and your preferred mailing address and or email address. We would love to keep you posted about upcoming events!

Sincerely,

*Carol Ann*

Carol Ann Gable  
Office Manager

CG:cg

# CONFIDENTIAL INFORMATION

Please return this form to [tccof@hotmail.com](mailto:tccof@hotmail.com) or mail it to Tulare County Central Office 449 East Maple Street Exeter, CA 93221. Thank you!

Meeting Name \_\_\_\_\_

Meeting Address \_\_\_\_\_

When does this meeting meet? \_\_\_\_\_

Meeting Secretary and Phone number  
\_\_\_\_\_

Meeting Treasurer \_\_\_\_\_

Meeting Central Service Representative (CSR) and Contract number  
\_\_\_\_\_

Meeting General Service Representative (GSR) and Contact number  
\_\_\_\_\_

Meeting Preferred Mailing Name and Address  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Meeting preferred email address \_\_\_\_\_

# CONFIDENTIAL INFORMATION

# Central Office Contacts

TULARE COUNTY CENTRAL OFFICE

Income & Expense Statement

9/21/2024

through

10/20/2024

**Sept 21st thru Oct 20th 2024**

<b>AA Members</b>	<b>52</b>
<b>Alanon &amp; Alateen Info</b>	<b>1</b>
<b>Bridging the Gap</b>	<b>3</b>
<b>Churches and Schools</b>	<b>0</b>
<b>Court Referral/Info</b>	<b>0</b>
<b>E-Mail Contacts</b>	<b>218</b>
<b>General Info</b>	<b>9</b>
<b>H &amp; I</b>	<b>2</b>
<b>Literature Sales</b>	<b>6</b>
<b>Meeting Information</b>	<b>5</b>
<b>Other 12 Step Programs</b>	<b>0</b>
<b>Prospective Members</b>	<b>0</b>
<b>Schedules &amp; Info Mailed</b>	<b>0</b>
<b>Spanish Contacts</b>	<b>4</b>
<b>Specialty Sales</b>	<b>13</b>
<b>Twelve Step Calls</b>	<b>0</b>
<b>Visitors to the Office</b>	<b>8</b>
<b>Voice Mail Calls</b>	<b>0</b>
<b><u>Total Central Office Contacts</u></b>	<b>321</b>

<u>INCOME</u>	<u>MONTH</u>	<u>YEAR TO DATE</u>
B.Day Club	242.00	922.00
Grateful Givers Club	1,153.75	3,696.33
Group Cont.	1,571.91	14,470.91
Indiv Cont	176.99	4,123.22
Interest Income	0.00	0.00
Lit. Sales	763.93	7,274.53
Memorial Cont.	0.00	100.00
Misc.	0.00	0.00
Newsletter Contribution	0.00	10.00
S & H	0.00	48.00
Sales Tax	114.98	996.24
Service Charge	0.00	5.59
Spec. Events-New Year's Eve	0.00	4,705.00
Spec. Events-Picnic.	0.00	2,924.97
Spec. Items	551.69	5,408.62
State fund dividend	0.00	25.00
State Fund Refund	0.00	0.00
<b>TOTAL</b>	<b>4,575.25</b>	<b>44,710.41</b>

<u>EXPENSES</u>	<u>MONTH</u>	<u>YEAR TO DATE</u>
Bank Charge	0.00	0.00
Fees-Taxes	0.00	70.00
Insurance	0.00	550.00
Lit. Costs	692.06	5,381.96
PI-CPC Expense	104.40	352.01
Misc Expense	0.00	0.00
Newsletter Cost	0.00	0.00
Non Employee Comp	0.00	750.00
Office Exp	497.33	1,421.61
Office Equip.& Maint	65.39	146.94
Paypal charges	1.99	14.30
Payroll Taxes	1,841.44	8,122.11
Phone & ISP	136.23	1354.53
Printing and copy expense		
postage	0.00	150.29
Returned Check & Chg	0.00	0.00
Rent	685.00	6,850.00
Salary	1,438.72	16,130.30
Sales Tax-Paid	0.00	1,209.00
Spec. Events-picnic	0.00	2,602.78
Spec. Events-New Year	0.00	3,066.35
Spec. Items	583.01	2,595.48
Square Card Charges	20.10	228.78
Utilities	0.00	759.37
Ph-venmo	19.99	187.92
venmo fees	3.28	55.63
Website	9.04	216.95
<b>TOTAL</b>	<b>\$6,097.98</b>	<b>52,216.31</b>

Net Gain(Loss) (\$1,522.73) (7,505.90)  
 BEGINNING ACCOUNT BALANCES AS OF 9/20/2024:  
 \$14,452.12

ENDING ACCOUNT BALANCES AS OF 10/20/2024  
 \$12,929.39

Established Prudent Reserve  
 \$19,000.00  
 Below our prudent reserve  
 \$6,070.61



# Speaker Meetings

## Speaker Meetings for November 2024

### **Porterville Recovery Club Speaker Meeting**

186 W. Walnut Ave.

Friday November 1st 2024 at 8:00 PM

Speakers: To be announced

### **Sunday AM Breakfast, Speaker Meeting**

Veterans Memorial Building

36000 Hwy 190, Springville

Sunday November 10th 2024

(Breakfast at 8:30 to 10:00 AM)

Speaker: Norm S from Woodland Hills

### **The Valley Group, Speaker Meeting**

St. Paul's Episcopal Church

120 N. Hall St. Visalia, CA 93291

Every Wednesday from 7-8 pm.

Speakers for October

TBA

### **Civic Center Group**

Christ Lutheran Church

3830 W Tulare Ave, Visalia

Birthday speaker meeting

Last Tuesday of the month

### **Sunday PM Serenity Seekers Valley Group**

Sunday 7:30-9 pm.

St. Paul's Episcopal Church

120 N. Hall St. Visalia, CA 93291

Speakers for October

TBA

**Attention speaker group secretaries: If you want your speaker listed in the Newsletter, please get the information to the Central Office (559) 592-6999 or TCCOF@hotmail.com by the 20th of the month preceding the month of the Newsletter.**

# Service Meetings

## Addresses Nov. 2024

### Service Meetings

GSR Meeting at Central Office

449 E. Maple St., Exeter, CA

Tuesday, August 6th 2024 at 7:00 PM

Bridging the Gap meeting at Central Office

449 E Maple St Exeter, CA

August 3th 2024 11:00 AM

CSR Meeting at Central Office

449 E. Maple St., Exeter, CA

Tuesday, August 13th 2024 6:00 PM

H&I Meeting (odd months only) in person at

526 N Bridge St (no Zoom)

2nd Saturday August 10th 2024 9:00, Orientation,

Business meeting 10:00

TUFYPAA

Zoom ID 839 4820 8237 Password: service

2nd Sunday of the month, August 11th 2024

### SERVICE ADDRESSES

Tulare County Central Office

449 E. Maple St.

Exeter, CA 93221

(559) 592-6999

Email: [tccof@hotmail.com](mailto:tccof@hotmail.com)

Website: [www.aa-tulareco.org](http://www.aa-tulareco.org)

Hours: Mon-Fri 9:00am to 1:00pm

Closed Major holidays

Send Contribution to:

Tulare County Central Office

449 E. Maple St.

General Service Board

P.O. Box 2407

James A Farley Station

New York, New York 10116-2407

<http://contribution.aa.org>

H&I-Contributions

P.O. Box 192490

San Francisco, CA 94119-2490

District 47, C.N.I.A.

P.O. Box 273

Exeter, CA 93221

CNIA Treasurer

PO Box 161712

Sacramento, CA

95816-1712

TULARE COUNTY CENTRAL OFFICE PRESENTS  
A GALA EVENT!

# NYE *Dinner* 2024

DECEMBER 31, 2024

**YOUR DINNER WILL INCLUDE:**

STEAK, CHICKEN CORDON BLEU, MARTINATED PORK TENDERLOIN

TWICE BAKED POTATO, RICE PILAF, GOURMET MACARONI AND  
CHEESE, VEGETABLES, BREAD, AND MOUTH WATERING DESSERT!

PRESALE TICKETS \$25 | \$30 AT THE DOOR

CHERYL R. FROM OXNARD, CA

SOBER SINCE 9/29/1984

DOORS OPEN AT 4PM

DINNER 5:30-6:30PM

LIVE BAKE AUCTION 6:30PM

SILENT BAKE AUCTION UNTIL 7:30PM

SPEAKER 8PM

Lindsay Veteran's Memorial Building | 775 N Elmwood Ave. Lindsay, CA 93247

We hope to see you there!!!

# Central Service Meeting Meetings

## **CENTRAL SERVICE MEETING UN-APPROVED MINUTES**

### **Central Office & Central Service Representatives Meeting Report**

#### Date

October 8, 2024

#### Meeting called to order

David G 6:04 P.M.

#### Board Members Present

David G, Ally, George, Cody via zoom, Patrick absent with notice

#### Serenity Prayer

David G

#### 12 Traditions

Glenda

#### Previous Minutes

No additions or corrections  
Reviewed and Approved by all  
Marci moves, Vicki seconds

#### Board Meeting Report

David G

Service Fair at the Exeter Memorial Building discussion the location is not available for the dates we requested. The previous meeting was short.

New Business-voice over phone service possible trial and sms service will be on tonights agenda

#### Treasurer and Office Report

Carol Ann

For the period from August 21<sup>st</sup> thru Sept 20<sup>th</sup>, 2024 Central Office had an income of \$4,507.82 and expenses of \$4,819.88 for a *loss* of \$312.06.

**We are totally self-supporting through your contributions!**

Let's talk about our income:



### **Group contributions:**

Out of all the AA meeting listed on our website, I believe there are 205 of them, **6 Groups donated to Central Office for a total of \$1,668.11.** One of those groups who contributed to our office represents 20 AA meetings, and they sent a beautiful letter explaining that they heard about our shortfall and they gave Central Office 100% of this month's distributions, I almost cried when I read that letter. Thank you, groups, for your contributions!

### **Grateful Giver Club contributions:**

Out of all the grateful alcoholics that attend meetings listed on our website and in the Meeting Guide App, we received **6 anonymous donations were made through our Grateful Givers contributions totaling \$504.49!** You know who you are! Thank you to you grateful givers!

You can donate to the Grateful Givers Club through our donation link on our website at AA-tulareco.org.

Grateful Giver's Club is a great way to donate if you want your donation to be anonymous, simply put Grateful Giver in the memo line!

### **Individual contributions:**

Out of all the alcoholics who attend meetings listed on our website and in the Meeting Guide App, **6 generous people donated to our office individually for the amount of \$506.99!** Consider mailing in a monthly contribution! Thank you to all you alcoholics who want to help us share the message of recovery!

You can donate individually through our website at AA-tulareco.org. I will list your first name and last initial in the newsletter! Thank you for your individual contributors!

### **Birthday Club:**

Out of all the AA member who attend meeting listed on our website and in the Meeting Guide App, we had **2 grateful members contribute to Central Office to celebrate their sobriety by contributing \$1 per year of sobriety for the amount of \$41.00!** Thank you and happy birthday!

You can contribute to the Birthday Club by putting your first name and last initial, your city and the amount of sobriety you have! We will print this in our newsletter!

As you can see, there are many ways you can contribute to Central Office, this office is here to serve you, and to share to message of recovery to whoever is seeking it!

Central Office monthly expenses average \$5,125 and our prudent reserve is set at \$19,000.

**We currently have \$14,452.12 which is \$4,547.88 below our prudent reserve.** Please announce to all your groups their responsibility to always help support AA as a whole so we can continue to share our message of recovery!

Expenses paid this accounting period: Office staff, rent, phone and internet, utilities, and website fees, book and chip inventory replacement.

Expenses coming up next accounting period: Office staff, rent phone, internet, utilities, website fees and payroll taxes. We need your support!

Even though there is a financial shortfall, we are still fulfilling our primary purpose of carrying the AA message of recovery.

Elections for the Central Office Board is coming up again in December, we will have 2 positions opening up. Please announce this to your groups, each position is a 2-year commitment.

**To the groups:** In our October newsletter there is a form you can download and send into Central Office I am requesting some information about your group's humble servants for future outreaches. We have some events coming up and I need to know where to mail the flyers, our fellowship includes you and your meetings and we need a way to reach you!

*I would like to thank all of the groups and individuals who contributed to Central Office through your group contributions, your Birthday Club contributions, your individual contributions and our Grateful Giver's Club contributions!*

**Grateful to be here!  
Carol Ann Gable  
Office Manager/Treasurer**

### PI/CPC Report

George

WE had a great table at the Tulare County Employee Health Fair at the Convention Center, Vicki and David were there to hand out brochures, made connections with nurses and doctors.

Met a lot of people.. had questions about the pregnant alcoholic/or drinking while pregnant...

David felt it was a successful event. The table looked very professional.

10/10/2024 the HealthFair on Dinuba Blvd we will also have a table

10/18/2024 Visalia Senior Center we as well will have a table

If you would like to volunteer at any upcoming events please contact George as this is a wonderful opportunity to connect with the public about who we are and what we offer in AA

## **STEP FOR NEWSLETTER-VOLUNTEER**

### **Issue Step Member**

November Cheryl H Step 11 due to [centralintergroupnews@gmail.com](mailto:centralintergroupnews@gmail.com) 10/21/2024

December Cody Step 12 due to [centralintergroupnews@gmail.com](mailto:centralintergroupnews@gmail.com) 11/21/2024

## **TRADITION FOR NEWSLETTER-VOLUNTEER**

### **Issue Step Member**

November Mike P Tradition 11 due to [centralintergroupnews@gmail.com](mailto:centralintergroupnews@gmail.com) 10/21/2024

December Ally A Tradition 12 due to [centralintergroupnews@gmail.com](mailto:centralintergroupnews@gmail.com) 11/21/2024

### **Website Report**

David G

This website report covers the time between the September and October CSR Meetings  
9/9/2024-10/8/2024

#### Meetings:

David added a new meeting: The Journey, a, 11th Step Meditation meeting Saturdays at 5:30pm at the Visalia Alano Club

#### Calendar of Events:

Carol Ann updates the New Year's Eve event planning committee meeting for 5:00pm Tuesday  
October 8th

David added the Serenity in the Sierras 2024-37th annual event starts November 8th in Oakhurst

David updated the Soberest planning meeting to a wrap up meeting, Wednesday October 9th

David moved the Bridging the Gap committee meeting to this Saturday October 12th

#### Announcements:

David posted the Bridging the Gap committee meeting is moved to October 12th

Carol Ann posted Central Office Income for September

David posted that the Soberest 2024 wrap-up meeting will be October 9th

Carol Ann and I did the normal monthly edits of the CSR meeting, GSR meeting, Springville Sunday  
Breakfast meeting, and Valley Group meetings.

Thank You for letting me be of service,

David

## H & I Report

The only purpose of the Northern California Hospital and Institution Committee is to carry the message of AA to alcoholics in corrections and treatment facilities and facilities serving alcoholics in Northern CA. In Tulare County (NorCal Area 93) we continue to meet this purpose by holding AA meetings in 8 treatment facilities and the Tulare County Jail. In September 2024 we held 21 H&I meetings and distributed AA books upon request. We make available the AA Big Book, 12 Steps and 12 Traditions, Living Sober and Daily Reflections. These are available in Spanish and English.

We continue to need more volunteers. Monthly we cover our commitments in the 8 treatment facilities with an average of 25 volunteers. In Tulare County Jail, Avenal, Corcoran and SATF Prisons, we continue to fall short of being able to cover all the meetings. In the Prisons, there is an average of 40 monthly AA meetings at each location, while we can attend an average of 6 meetings monthly. In Tulare County Jail, we can take in a minimum of 40 meetings monthly and are able to take an average of 6 monthly. This shortfall is due having a small pool of cleared volunteers. Please share this information with your groups and send any interested AA members to our next Orientation listed below. If an AA member is interested and wants to discuss this further prior to that date, I can be contacted at [handiarea93@gmail.com](mailto:handiarea93@gmail.com) or Central Office can provide my phone number.

As with other service entities, our monthly expenses remain constant while contributions vary. Currently, NorCal H&I is running at a negative monthly income but year to date are positive. Based on trends we believe this will even out over the next month. At our upcoming budget meeting at the end of October, it is expected that we will adjust our Prudent Reserve and Cash on Hand to reflect our actual numbers, which will most likely put us at a shortfall. It would be helpful if all groups would pass the pink can and have their Treasurer send the money in monthly. If your group does not have a Pink Can, please contact Central Office or me.

Please take a moment to visit the H&I page on [www.aa-tulareco.org](http://www.aa-tulareco.org) Here you will find all current Northern California Hospital and Institution Committee information including our financial reports and the contact information to get involved in the IVSS program. This is a unique opportunity to sponsor an AA member behind the walls. Currently, they are in the process of starting this program at Corcoran, SATF and Avenal Prisons. The meetings are held via phone call, text or in person. Our volunteer's anonymity is protected as all calls are sent through an exchange.

Our next in-person orientation: November 9, 2024; 9:00 am; at 526 N. Bridge Street, Visalia, CA 93291 followed by our business meeting at 10:00 am. This information is also listed on the Tulare County Website at [www.aa-tulareco.org](http://www.aa-tulareco.org).

In Service, Joyce R., Area 93 Chair

## BTG Bridging the Gap

Cody

WE are going strong with Tulare County Sheriff's office and have now 15 volunteers. They will set up a zoom meeting with a time and date to connect with an inmate whom is going to be released. On a re-entry program this happens the last month of their incarceration. You can pick up an application with Carol Ann. Next meeting via zoom will be Sat Oct 12 at 11:0 am

### GSO Liaison:

David G

### DCM report:

GSR meeting was held on October 1, 2024, ten people attended, three in person and seven via zoom

### CNIA Presentation on Proposed 2025 Spending Plan:

Don L. Previously of Visalia but now in Sacramento is CNIA Treasurer. Don presented the current proposed spending plan, and covered what changes may need to be implemented to bring spending closer to income. Expenses will be going up as we find a new location for the Area 7 Archives. To offset expenses, we will need to send less people to conferences.

### Treasurer Report:

Beginning Balance \$3723.71

#### INCOME

9/9/2024 Bridge Street Drunks Only \$21.91

#### EXPENSES

0

#### ENDING BALANCE

**\$3745.62**

### DCM Report:

I attended the Area Committee meeting (ACM) on September 21st. At the ACM, the major focus was on the spending plan to be discussed and passed at the Mini PRAASA. They also talked about doing an Area Inventory at Mini PRAASA. Mike recommends people plan on staying both days, to get the whole experience of Mini PRAASA. Calvares County Fairgrounds in Angels Camp is the location of the event.

### Old Business:

We are still looking for an Alternate DCM

## New Business

1. Discussed the Area 7 Spending Plan for 2025
2. We have a GSR Digital Kit with all sorts of service materials:  
<https://aa-tulareca.org/wp-content/uploads/2024/10/GSR-digital-kit.pdf>
3. Mini PRAASA is this weekend in Calaveras County at the Fairgrounds, October 11-13; if people want to carpool Mike is willing.
4. If a GSR cannot make it to Mini PRAASA but their group wants information conveyed to the Area, email that to Mike and he can present it.

## CSR Reports

### \*Saturday Morning Women's 12 x 12 Tracy Jo., CSR\*

Held from 9-10 am Saturday morning held weekly  
Approx 35-40 women We meet at Christ Lutheran  
Church 3830 W Tulare Ave.

We celebrate recovery by handing out milestone chips each week and celebrating birthdays the end of the month. Each meeting is a book study out of the 12 & 12  
Thank you, Tracy Jo W

### \*Rainbow Group, Presented by George J., CSR.\*

The Rainbow Group meets every Saturday for an hour at 5:30 PM at The Source in Visalia, at 109 Northwest Second Avenue, which is on the south side of the Oval park. We meet for one hour and we are an Open hybrid group that meets on Zoom as well. The Zoom ID and passcode are on the website and in the Meeting Guide app. We offer a five o'clock meditation if you're interested in arriving early to prepare for a meeting. We have a speaker at the beginning of each meeting who speaks for 10 minutes after which the group is open. We give out chips at every session and celebrate birthdays at the end of the month with cake (no ice cream). We also have our business meeting on the second Saturday of the month.

Thank you for letting me be of service, George.

### \*Springville Monday Night Book Study Group, Presented by Ken., CSR.\*

We are located at the Lighthouse Chapel in Springville. We meet Monday nights from 7 to 8 PM. It is an open group book study. We rotate the books that we study. We're currently reading the 12&12. Turnout is about average. We have coffee and dessert every Monday. We would love to have more visitors. The Lighthouse Chapel is located off the 190: turn on to Bridge Drive, and then south to Rio Vista.

### \*Friday Loose Women Meeting Glenda V., CSR\*

We meet every Friday 6:30-7:30pm at the Porterville Recovery Club located at 1865 S D Street. We are an open meeting of women only. Our attendance of 10-16 people. Ladies from PARR attend. We also have ladies with many years of sobriety. Thank you for allowing me be of service, Glenda V

**\*Springeville Gut-Level Group, Presented by Cheryl H., CSR\***

Gut level meets every Thursday in Springeville at the Lighthouse Chapel from 7-8:30pm. It is a small group of dedicated regulars. We celebrate Birthdays the last Thursday of each month with dinner at the local restaurant-however Oct we will be celebrating their birthday meeting a week early due to the church the room the last Thursday which is Halloween. The meeting on Halloween will be at Dusty & Laura B's house. A note will be on the door at the church with address of meeting.

**\*Friends of Bill W and Dr Bob Charley., CSR\***

OPEN MEETING We meet each Tuesday night at 7-8:30pm at St Johns Episcopal Church in Tulare. There are approximately 10-15 men and women of varying lengths of sobriety. We recently began celebrating birthdays the first Tuesday of the month with cake and ice cream. Since our last CSR meeting we discussed the importance of embracing the birthday club and the funds that it could raise, along with the benefits of raising it and how our essential central office is also positively impacted, Thank You for letting me be of service.

**\*Friday Loose Women Meeting Glenda V., CSR\***

We meet every Friday 6:30-7:30pm at the Porterville Recovery Club located at 1865 S D Street. We are an open meeting of women only. Our attendance of 10-16 people. Ladies from PARR attend. We also have ladies with many years of sobriety.

Thank you for allowing me be of service, Glenda V

**\*Tuesday Women's Changes, Presented by Vicki Bates., CSR\***

We meet every Tuesday from 6:00 to 7:00pm at the Recovery Club located at 186 S. D Street, Porterville. We are an open meeting for women only. This is a stick topic meeting. That is each woman picks a preprinted stick and shares on the topic described on the stick. Our attendance includes women with a brief period of sobriety to those with many years. All are welcome. On the last Tuesday of the month we have a potluck to celebrate those with sobriety birthdays. Those women are invited to share their experience strength and hope with the group. Thank you for letting me be of service.

**\*Half & Half Group Sylvia D., CSR\***

The Half & Half Group meets every Thursday night at 6:00pm at the Trinity Lutheran Church located at 764 W Henderson Ave. Porterville, CA This is a book study and we are currently in the big Book of Alcoholics Anonymous. We read a chapter out of the book for the first 30 minutes. We go around discussing what we read and how it relates to our experience, strength and hope. All are welcome.

**\*Women's Tuesday Night Amity Group Sherri T., CSR\***

The Tuesday Women's Amity group meets every Tuesday at Trinity Church located 6400 West Walnut Street in Visalia. This a closed women's meeting. We meet from 6:30pm - 7:30pm each week with the 3rd week being a business meeting after the regular meeting. Each week we have a lead speaker who speaks for 10 minutes and then picks a topic and chooses people to speak through tag, going around a circle or however they deem. The last week of the month is a birthday meeting where we enjoy yummy cake. We are growing and about 25-40+ women. Thank you, Sheri & Sherry

**\*Porterville Wednesday Marcie M., CSR\***

Open Meeting at Lutheran 764 Henderson Porterville Wednesday gay inclusive meeting 6:00-7:00pm,  
12-15 members a mix of new and long timers Birthday celebration-cake

**\*Second Sunday Speaker Springeville Meeting Marcie M., CSR\***

Great Speakers, Great Food, Great Fellowship. A mix of sobriety. Long timers and Newcomers. A  
Ride of Serenity to Springville. Second Sunday of the month

**Old Business**

Cody- unity day is on hold due to lack of funds

Vicki-it appears there seems to be a lack of knowledge about Central Office..discussion regarding a  
table possibly at events to represent what central office provides

Soberfest- we had a table there ..great representation at the event

Service Fair-we asked groups to et their input on when and where this event can take place... looking  
to offer an opportunity for our members to become aware of all the groups in AA and positions  
available for service

**New Business**

Phone service on hold til next month  
New Years Eve preliminary flyer provided

**Seventh Tradition**

\$38.00

**Announcements**

Elections in December

Sober-fest Sept 21st

**Meeting Adjourned**

7:40 pm

**Responsibility statement**



# District 47 Meeting Minutes

This is a hybrid and Zoom meeting with members participating from various locations, including the Central Office in Exeter.

**Meeting Called to Order:** 7:00 PM by District Committee Member (DCM) Mike C.

**Committee members present:**

Brandon L., GSR for Friday Freedom Fellowship  
Dusty B., GSR for the Springville Thursday Night Gut Level Group  
Fred F., GSR for Unity Through Traditions  
Kim C., GSR for the Saturday morning Women's 12 x 12 Book Study Group  
Laura B., GSR for the Springville Monday Night Book Study  
Mike C., DCM  
Allen L., Treasurer  
David G., Recording Secretary and Central Office Liaison  
Don L., Treasurer CNIA 07 and former GSR for Bridge Street Drunks Only  
Joyce R., Hospital and Institutions

Permission requested from all present that this meeting be recorded for the recording secretary's benefit.

**The GSR Preamble** was read by all attendees. "We are the General Service Representatives. We are the link in the chain of communication for our groups with the General Service Conference and the world of A.A. We realize the ultimate authority in A.A. is a Loving God as he may express himself in our Group Conscience. As trusted servants, our job is to bring information to our groups in order that the groups can reach an informed group conscience. In passing along this group conscience, we are helping to maintain the unity and strength so vital to our fellowship. Let us, therefore, have the patience and tolerance to listen while others share, the courage to speak up when we have something to share, and the wisdom to do what is right for our groups and A.A. as a whole."

**12 Traditions:** read by David G.

**Concept 10:** Concept 10 long form read and explained by Mike C.

**CNIA 7 Budget Report:** Don L., current Treasurer for CNIA. Reviewed documents found at <https://cnia.org/treasurer-finance-committee/>

Previously, in 2021, we underspent and had some surplus. In 2022, this allowed us to spend on the General Service Conference and add Spanish translation services. In 2023, we spent some money on one-time technology improvements. In 2024, we added more representation at conferences like PRAASA. We have now exhausted our surplus and our spending plan now includes some reductions to offset projected increases in spending. We need to move our Archives to a new location, but that will increase our costs: how will we close the gap?

Don thanked Mike for his support during the Post-Conference Assembly in Huron: the assembly went beautifully, Mike did a lot of the financial lift needed during the event, and he did very good accounting.

This coming year, we won't be able to afford to send as many people to conferences. We're considering reducing the mileage reimbursement rate to 60 cents per mile, down from 67 cents per mile. We've cut the cost of producing and distributing our newsletter, *Accents*, by going digital ( <https://cnia.org/accents/> ). We are hoping that Districts and Groups may be able to increase their contributions; our income has been flat at around \$60,000 per year for the last ten years, but of course inflation is hitting us too.

Regarding moving our Archives location, there are three models: 1) Same as we are doing now, rent a separate space for it (but in a non-hazardous location). 2) Rent a shared space with an Intergroup or District. 3) Rent a space for Archives *and* the monthly Area Committee Meeting (ACM), where we can store the sound equipment too.

Overall, we're planning on reducing expenses around \$25,000, from \$100,000. We'll need to increase registration costs at assemblies, and hopefully see an increase in contributions.

**Approval of Minutes:** September 3, 2024, minutes reviewed and approved: all in favor, none against.

**Treasurer's Report:**

Beginning Balance: \$3,723.71  
INCOME

Date	Description	Amount
09-09-24	Bridge Street Drunks Only	\$21.91
		=====
	Total Income:	\$21.91

EXPENSES

Date	Description	Amount
		=====
	Total Expense:	\$0.00

Ending Balance: \$3,745.62

**CSO Liaison Report:** David G.

Our September CSR Meeting was held on September 10<sup>th</sup>. The meeting was a hybrid meeting, both in-person and on Zoom.

Central Office finances: for July 21<sup>st</sup> through August 20<sup>th</sup>, Central Office had an income of \$2,447.18 and expenses of \$5,688.75 for a loss of \$3,241.57. Our balance was \$14,409 with a prudent reserve of \$19,000.

P.I.: we have opportunities for five events in October, and need volunteers.

Old business: none

New business:

1. How to get the word out about what Central Office is and does?
2. We would like to hold a Service Fair or Workshop where each of the organizations and Ninth Tradition Service committees get to present what they do. Central Office, District 47, H&I, PI, BTG., perhaps CNIA.

Announcements:

Springville Second Sunday Breakfast Speaker Meeting in October 13<sup>th</sup>.

Soberfest wrap-up meeting October 9<sup>th</sup> at 5:30 PM in person and on Zoom. The event was held September 21<sup>st</sup>, and the speaker and fellowship were excellent.

New Year's Eve planning meeting October 8<sup>th</sup>, immediately prior to the CSR meeting, in-person and on Zoom.

Planning meeting will start at 5:00 PM, and go to 6:00 PM.

The BTG committee is up to ten volunteers, and will have its monthly committee meeting Saturday, October 12<sup>th</sup> at 11 AM on Zoom only.

**Registrar:** Josh F. no report

**H&I Report:** Presented by Joyce R.

October, 2024 H&I Report

The only purpose of the Northern California Hospital and Institution Committee is to carry the message of AA to alcoholics in corrections and treatment facilities and facilities serving alcoholics in Northern CA. In Tulare County

(NorCal Area 93) we continue to meet this purpose by holding AA meetings in 8 treatment facilities and the Tulare County Jail. In September, 2024 we held 21 meetings and distributed AA books upon request. We make available the AA Big Book, 12 Steps and 12 Traditions, Living Sober and Daily Reflections. These are available in Spanish and English.

We continue to need more volunteers. Monthly we report the meetings held in Tulare County. We do have volunteers from Tulare County covering meetings at Corcoran, SATF and Avenal Prisons. They have minimal coverage as they have very few cleared volunteers who are participating in a fraction of the AA meetings being held behind the walls. Please share this information with your groups, and send any interested AA members to our next Orientation listed below. If an AA member is interested and wants to discuss this further prior to that date, I can be contacted at handiarea93@gmail.com or Central Office can provide my phone number. We encourage all groups to pass the pink can at all AA meetings and have your treasurer send in the funds on a regular basis. When making payment by either check or credit card online, please refer to Area 93 for Tulare County. If your group does not have a Pink Can, please contact Central Office or myself.

Please take a moment to visit the H&I page on aa-tulareco.org. Here you will find all current Northern California Hospital and Institution Committee information including our financial reports and the contact information to get involved in the IVSS program. This is a unique opportunity to sponsor an AA member behind the walls. Currently, they are in the process of starting this program at Corcoran, SATF and Avenal Prisons. The meetings are held via phone call, text or in person. Our volunteer's anonymity is protected as all calls are sent through an exchange.

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In Service,

Joyce R., Area 93 Chair

**DCM Report:** Mike C.

I attended the Area Committee Meeting (ACM) on September 21<sup>st</sup>. At the ACM, the major focus was on the spending plan to be discussed and perhaps passed at the Mini-PRAASA. They also talked about doing an Area Inventory at Mini-PRAASA. Mike recommends people plan on staying both days, to get the whole experience of Mini-PRAASA.

**GSR Reports:**

Kim C., GSR for the Saturday morning Women's 12 x 12 Book Study Group: Everything is going well with our group, and we've seen growth in the number of members.

Laura B., GSR for the Springville Monday Night Book Study: We are reading *Twelve Steps and Twelve Traditions*. We are still talking about doing a group inventory.

Fred F., GSR for Unity Through Traditions, Wednesdays at 5:30 PM at the Visalia Alano Club. We're going through the book *Experience, Strength, and Hope*. We've had seven to fifteen people show up every week. We're going to be able to contribute funds to all the various A.A. entities.

Dusty B., GSR for the Springville Thursday Night Gut Level Group: We're doing pretty well. Our group gets between six and twenty members. We're also looking at doing a group inventory.

Brandon L., GSR for Friday Freedom Fellowship: Things are going well.

**Old Business:** none

**New Business:**

1. Area 7 Spending Plan 2025 Online Workshop on Thursday, September 5<sup>th</sup>, at 7:15 PM.  
<https://us02web.zoom.us/j/87108643475> with passcode 1935.
  1. Reviewed two documents (Excel spreadsheets) which show proposed changes for the 2025 spending plan.
  2. One idea for saving money is to eliminate the paper printing of the CNIA newsletter *Accents* switching to electronic distribution only.
  3. Another idea was to add hybrid attendance for Assemblies, with a registration charge for Zoom.
  4. Another idea was to increase the in-person registration amount by \$5 per person.
2. Discussed approving funds for District GSRs to attend Mini-PRAASA if needing assistance. We have funds available, if a group does not.
3. Discuss D47 budget and consider making contributions to Area 7 and GSO.
  1. We have historically done contributions at the end of the year. We will table this to the November meeting, and contribute all funds greater than our prudent reserve then.
4. **Mini PRAASA October 11 – 13, 2024** in Angels Camp (Calaveras County Fairgrounds). Registration is \$15 in advance, \$20 for dinner, and \$4 for bottomless coffee. <https://cni.org/assembly-info-2/> for information and the link to the Online Registration.
  1. If any GSR is unable to attend Mini PRAASA, Mike can relate your group's vote on the Spending Plan 2025 or any other suggestions your group has. Please email that information to Mike.
  2. If people want to go to Mini PRAASA, you may want to consider car-pooling to save on gasoline.
5. 2025 A.A. International Convention scheduled in Vancouver, British Columbia, Canada: registration opens September 10, 2024. Some portions of it will be available via Zoom for a small registration fee.

**Announcements:**

Mini PRAASA October 11 – 13, 2024 in Angels Camp

**Declaration of Unity:** This we owe to A.A.'s future: To place our common welfare first; to keep our fellowship united. For on A.A. unity depend our lives and the lives of those to come.

**Responsibility Declaration:** Read by all "I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible."

The meeting was adjourned at 8:07 PM.

Respectfully submitted,

David G., Recording Secretary

# *November 2024 AA Birthdays!*

Paul H	Visalia	49	
Mike G	Visalia	42	
Jim D	Visalia	41	11/29/1983
Cathy O	Visalia	37	
John T	Visalia	36	
Charlie M	Visalia	36	11/4/1988
Robert G	Visalia	36	
Tracy W	Visalia	35	
Cristy R	Tulare	35	
John D	Visalia	35	
Rod K	Visalia	35	
Max	Lemon Cove	35	11/25/1989
Dusty B	Springville	34	11/29/1990
Lynda B	Visalia	34	
Christine O	Visalia	33	11/15/1991
Jerri H	Dinuba	32	11/10/1992
Jerry M	Visalia	32	
Krystal G	Visalia	32	
Nancy D	Visalia	32	
Norm B	Visalia	30	11/5/1994

Paula Ann	Tulare	30	
Mona	Visalia	29	11/18/1995
Linda N	Porterville	27	11/3/1997
Lynn P	Visalia	26	
Pam S	Porterville	26	11/23/1998
Mandy S	Visalia	25	11/19/1999
Kara O	Modesto	24	11/7/2000
Terri S	Westfield MA	24	11/29/2000
Betty S	Visalia	24	
Art J	Porterville	24	11/15/2000
Vincent F	Visalia	22	11/30/2002
Bob A	Visalia	17	11/30/2007
Robin C	Visalia	15	
Wally P	Visalia	14	11/11/2010
Dale B Jr	Visalia	13	
Jerome L	Visalia	11	11/12/2013
Charlie W	Porterville	9	11/21/2015
Michelle W	Exeter	5	
Amy M	Porterville	4	
Nicole K	Three Rivers	3	11/22/2021
Rod T	Springville	2	11/15/2021
Sylvia D	Porterville	1	11/7/2024

*That's 1,086  
Years of Total  
Sobriety!!!*



# Group Contributions 9/1/24-10/20/24

Group Contributions 9/21/2024 Thru 10/20/2024					Month	YTD
1st Friday Speaker Meeting					\$20.00	\$175.00
10th Ave Men's Group						\$665.57
ABC Group						\$-
ACYPAA						\$-
Bridge St "Drunks Only"					\$196.46	\$2,001.85
Central California Round Up						\$-
Civic Center Group					\$272.30	\$272.30
Clodbusters-Tulare					\$299.90	\$720.90
Crossroads-Tulare						\$350.00
CSO Meeting					\$38.00	\$330.00
District 47						\$621.00
District 49						\$-
Everyday is Christmas					\$115.00	\$675.65
Exeter Sunday Afternoon					\$100.00	\$350.00
Freedom Fellowship						\$205.00
Friends of Bill W and Dr Bob Tulare						\$240.00
Friends of Bill W					\$965.00	
Gem St Noon Book Study						\$-
Half & Half						\$100.00
Keep it Simple Sunday						\$297.00
loose women					\$50.00	\$87.50
Monday Men's Valley Big Book Study						\$250.00
Monday Men's Mtg (PPAV)						\$475.00
Mid-Valley-Tulare						\$-
Monday Book Study Springville						\$400.00
Monday Women's Reflections					\$42.25	\$395.47



Nooners Group-Visalia					\$-
Porterville Friday Night Candlelight					\$-
Practicing the Principles				\$188.00	\$288.00
Quiet Trails				\$50.00	\$600.00
Rainbow Group					\$190.00
Rule 62-Visalia					\$-
Serenity Junction-Tulare					\$-
Saturday Night Believers					\$-
Sober for a Reason					\$-
Sober Tippers					\$-
Springville Gut Level					\$450.00
Springville Breakfast Meeting					\$500.00
Sunday PM Serenity Seekers					\$-
Three Rivers Monday					\$350.00
TUFYPAA					\$-
Tuesday Men's Porterville					\$-
Tuesday Women's Amity Group (TWAG)					\$1,002.08
Unity through Traditions				\$200.00	\$414.00
Valley Group					\$-
Valley Speaker Series					\$-
Visalia Alano Club					\$144.09
Wandering Couples					\$-
Wednesday Acceptance Group (WAG)					\$700.00
Women's Changes Group					\$-
Women's Friday Night-Porterville					\$-
Wom-					\$255.50
en's					
Happy					
Women's Saturday AM 12x12					\$-
Totals				\$1,571.91	\$14,470.91



# Lighter Side of AA

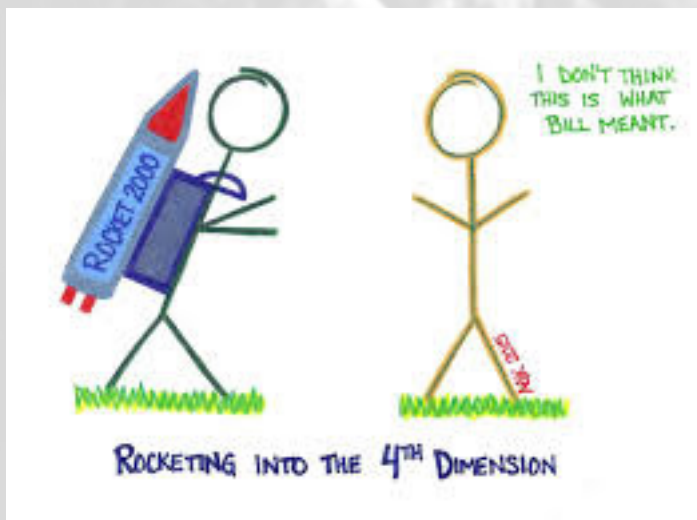
Man goes to his doctor.

Man “what’s wrong with me doc?”

Doctor “you’re an alcoholic.”

Man “I want a second opinion“

Doctor “you’re ugly too”





# **BIRTHDAY CLUB**

THIS IS A GREAT WAY TO SHOW YOUR GRATITUDE FOR YOUR SOBRIETY AND ALSO HELP CARRY THE MESSAGE OF RECOVERY.

JUST CONTRIBUTE \$1.00 FOR EACH YEAR YOU HAVE BEEN SOBER ON THE ANNIVERSARY OF YOUR SOBRIETY DATE TO YOUR CENTRAL OFFICE. THAT IS ONLY ONE TIME PER YEAR. IT'S REALLY SIMPLE AND WOULD HELP YOUR CENTRAL OFFICE TREMENDOUSLY.



**venmo**



***Would You Like Your Name on the  
Monthly Sobriety Birthday List.***

**NAME:** \_\_\_\_\_

**SOBRIETY DATE:** \_\_\_\_\_

**CITY:** \_\_\_\_\_

**Please send information to:**

**Tulare County Central Office  
449 E. Maple St.  
Exeter, CA 93221**

**Email Info: [tccof@hotmail.com](mailto:tccof@hotmail.com)**

# *Meet The Editor*

**Hello Everyone!**

**My name is Robert and I am an Alcoholic!**

**Its is great to meet you I am the new Editor of the  
Central News.**

**I really look forward to being of service. I invite  
anyone that wants to get into service to type up a short  
piece and share it with us, email a picture, a quote, an  
article or anything!**

**I want to thank you for allowing me to be of service!!**

**—Robert P.**

# GOT JOKES/STORIES?

Hello there! Its your friendly editor, Robert P, and I welcome anyone who has an AA-related joke that they would like to share, or story to in order to further help our readers both laugh and stay inspired. I feel that there are never too much of either of those things! Thank you for letting me be of service!



BifSniff.com



Much to the rest of the groups horror Bob had completely misunderstood the concept of Alcoholics Anonymous

Do you ever get drunk?

Yes

No

X

# *Your Content Here!!!*

Have an event????

New group starting up?????

Have a story to share???

Take some amazing photos around our district???

Want to be of service????

All this can be accommodated-we are available to help! Simply reach out to us here at Central News and we will do all we can to get the word out!!!

Carrying the message to the Alcoholic who still suffer is our primary purpose. What better way to do it then to get involved!!!!

Send your content to:

[centralintergroupnews@gmail.com](mailto:centralintergroupnews@gmail.com)

... and we will help you communicate to district 47!!!