

My Lost Seven Years

The other day, a teenage boy stood across the desk from me, here in my office in New York's Radio City and said, "I'm in trouble, Mr. Brokenshire," and when I asked, "What kind of trouble, son?" he said, "I am an alcoholic."

We think of alcoholics, generally, as men and women of mature years. As a matter of fact, research studies show that there are about half as many women as men alcoholics in the United States and here is a lad who, at nineteen years of age, has lived through nearly all the horror and torment, through all the sordid, sad and shabby experiences I have suffered, and caused those who love me to suffer-for I, too, am an alcoholic.

Those who have worked with me and played with me in the recent busy active years may pause here to ask themselves, "What does Broke mean by saying 'I am an alcoholic-he hasn't had a drink in seven years!"

Nor have I. For me to take a drink now would be exactly like an intelligent man putting his hand on a red hot stove to see if it would burn. Just as unthinkable. Just as idiotic. Nevertheless-and I can't say it too often-once an alcoholic always an alcoholic, and when one finally "dries up," as I have dried up, he stays dry only when he keeps in mind the fact that he is an alcoholic and accepts the fact. You accept it only when you no longer say, vaingloriously, "I will never take another drink as long as I live!" but instead, and humbly, "I have not had a drink today-please God I will not take one tomorrow."

-Radio And TV Mirror, March 1950

Step 3

"Made a decision to turn our will and our lives over to the care of God as we understood Him."

Step 3 of Alcoholics Anonymous can be one of the most difficult to grasp. It's important to understand this step in context. Step 3 is the third of three steps meant to help one give up the illusion that they are in control of their drinking. Many who struggle with alcohol addiction often believe that they can control how much they drink or how they behave while drunk. In a sense, they may deny that they have a problem.

The first 3 steps of Alcoholics Anonymous gradually help shift one's thinking about their drinking. First, one must admit that they have a problem – that they don't have the personal power to stop drinking. Then, they must come to terms with the idea of seeking a higher power to help them live a better life.

In Alcoholics Anonymous, the higher power doesn't have to be God, although many people interpret higher power to mean God. It can be anything that sparks inspiration to achieve a sober life. Then and only then can one turn over their will and life to the care of this higher power.

-Anonymous

Tradition 3

"The only requirement for AA membership is a desire to stop drinking."

When AA was born as the brainchild of two unfamiliar, unrelated, unlikely gentlemen after a chance meeting in Akron, Ohio it was at once urgent that they should the word of their remarkable discovery. They scoured hospitals, jails, and drying out facilities to secure new members. The "meeting" was born and conducted at the homes of these new members. Wives and other non alcoholics presumably served coffee and confections.

It was not long until these "meetings" attracted non-solicited members in pursuit of rescue from the rage of deadly alcoholism. Some of these prospects were the more unfortunate and even frighten ing members of society. Alcoholic women got the word and sought out this miraculous connection. Not all these desperate people were caucasian, or healthy, or literate, or having been bathed for some time.

Whoa! Some kind of screen might have to be erected to provide for the more delicate sensibilities and to assure non-alcoholic wives that their spouses were not exposed to temptation. So much for the coffee and cookies, and AA moved to private facilities to meet and discuss recovery.

It was discussed among members,and some thought we might exclude a few of these strange new-comers, at least the worst of them. A poll of existing groups resulted in a litany of prudish suggestion concerning who we might reject. The list was extraordinary. We were at once on the side of the righteous protecting our sobriety at the expense of those we deemed unworthy of the miracle.

As another proof of our Guiding Light, we come to our senses and realized we could not restrict the gateway that had been divinely opened for us. We had to trust our Higher Power to protect Alcoholics Anonymous and its members no matter who knocked on our doors. This has worked well for us for many years and the word of recovery has spread all over the world. The entrance exam remains that a prospect be ready to say he or she is an alcoholic. The only proof of that statement is that attendance will result in recovery. We do not subject our members to litmus tests, lie detectors, legal requirements, or affiliation, although the bathing thing might come up.

Anonymous

Individual, Newsletter, Memorial & Birthday Club Contributions 1/21/2025 thru 2/20/2025

Birthday Club

\$1 for every year of sobriety!

Cheri C Porterville \$4
Joe C Porterville \$4
Grass Visalia \$39

\$5 for every year of sobriety!

Mike O Visalia \$80

Total Club Contributions \$3,735



Congratulations on your sobriety!

Newsletter Contributions

None

Memorial Contribution

None

Grateful Giver's Club (You know who you are!)

Members \$122.05

Individual Contributions

Bob T

Shannon S



Support the Central Office



Supporting the Central Office is a very important and valuable thing for our fellowship! Now it is easier than ever!

Donate Today using Venmo!



Central Office Contacts

Jan 21st thru Feb 20th 2025

AA Members	57
Alanon & Alateen Info	0
Bridging the Gap	1
Churches and Schools	0
Court Referral/Info	4
E-Mail Contacts	205
General Info	3
H & I	0
Literature Sales	7
Meeting Information	3
Other 12 Step Programs	0
Prospective Members	0
Schedules & Info Mailed	1 1
Spanish Contacts	1
Specialty Sales	9
Twelve Step Calls	2
Visitors to the Office	3
Voice Mail Calls	8
Total Central Office Con	<u>tacts</u>
	304

TULARE COUNTY CENTRAL OFFICE Income & Expense Statement 12/21/2024 through 1/20/2025

INCOME	MONTH	YEAR TO DATE
B.Day Club	127.00	3,862.00
Grateful Givers Club	122.05	424.77
Group Cont.	2,185.80	4,860.65
Indiv Cont	425.00	1,480.00
Interest Income	0.00	0.00
Lit. Sales	379.20	799.75
Memorial Cont.	0.00	0.00
Misc.	0.00	0.00
Newsletter Contribution	0.00	0.00
S & H	0.00	18.00
Sales Tax	61.14	149.05
Service Charge	0.00	2.00
Spec. Events-New Year's	Eve 0.00	5,054.00
Spec. Events-Picnic	0.00	0.00
Spec. Items	371.49	1,021.68
State fund dividend	50.00	50.00
State Fund Refund	0.00	0.00
TOTAL	3,721.68	17,721.90
EXPENSES	MONTH	YEAR TO DATE
Bank Charge	0.00	0.00
Fees-Taxes	50.00	50.00
Insurance	1,000.00	1,000.00
Lit. Costs	1,247.19	1,418.09
PI-CPC Expense	0.00	0.00
Misc Expense	0.00	0.00
Newsletter Cost	0.00	0.00
Non Employee Comp	\$75.00	150.00
Office Exp	459.82	657.31
Office Equip.& Maint	0.00	0.00
Paypal charges	0.00	0.00
Payroll Taxes	0.00	1,942.99
Phone & ISP	136.23	408.69
Printing and copy expen		0.00
postage	0.00	0.00
Returned Check & Chg	0.00	0.00
Rent	685.00	1,370.00
Salary	1,146.52	2,297.48
Sales Tax-Paid	0.00	0.00
Spec. Events-picnic	245.00	245.00
Spec. Events-New Year	0.00	1,515.50
Spec. Items	336.94	336.94
Square Card Charges	11.98	28.58
Utilities	103.47	215.09
Ph-venmo	20.00	59.98
venmo fees	3.63	8.06
Website	7.17	14.17
TOTAL	\$5,527.95	11,717.88
Net Gain(Loss)	(\$1,806.27)	6,004.02
BEGINNING ACCOUN		AS OF 1/20/2025:
\$24,7	85.94	

\$24,785.94

ENDING ACCOUNT BALANCES AS OF 2/20/2025

\$22,979.67

Established Prudent Reserve

\$19,000.00

Above prudent reserve

3,979.67

Speaker Meetings

Speaker Meetings for March 2025

Porterville Recovery Club Speaker Meeting 186 W. Walnut Ave. Friday March 7th, 2025 at 8:00 PM Speakers: To be announced

Sunday AM Breakfast, Speaker Meeting
Veterans Memorial Building
36000 Hwy 190, Springville
March 9th 2025
(Breakfast at 8:30 to 10:00 AM)
Speaker: Nancy N from Los Angeles Ca

The Valley Group, Speaker Meeting St. Paul's Episcopal Church 120 N. Hall St. Visalia, CA 93291 Every Wednesday from 7-8 pm. Speakers for March TBA

> Civic Center Group Christ Lutheran Church 3830 W Tulare Ave, Visalia Birthday speaker meeting Last Tuesday of the month

Sunday PM Serenity Seekers Valley Group Sunday 7:30-9 pm. St. Paul's Episcopal Church 120 N. Hall St. Visalia, CA 93291 Speakers for March TBA

Attention speaker group secretaries: If you want your speaker listed in the Newsletter, please get the information to the Central Office (559) 592-6999 or TCCOF@hotmail.com by the 20th of the month preceding the month of the Newsletter.

Service Meeting & Service Addresses March 2025

Service Meetings GSR Meeting at Central Office 449 E. Maple St., Exeter, CA Tuesday, March 4th 2025 at 7:00 PM

Bridging the Gap meeting at Central Office 449 E Maple St Exeter, CA To be announced

CSR Meeting at Central Office 449 E. Maple St., Exeter, CA Tuesday, March 11th 2025 6:00 PM

H&I Meeting (odd months only) in person at 526 N Bridge St (no Zoom) 2nd Saturday March 8th 9:00, Orientation, Business meeting 10:00

TUFYPAA

Zoom ID 839 4820 8237 Password: service 2nd Sunday of the month, March 9th 2025

SERVICE ADDRESSES
Tulare County Central Office
449 E. Maple St.
Exeter, CA 93221
(559) 592-6999
Email: tccof@hotmail.com
Website: www.aa-tulareco.org
Hours: Mon-Fri 9:00am to 1:00pm

Closed Major holidays

https://aa-tulareco.org/donation

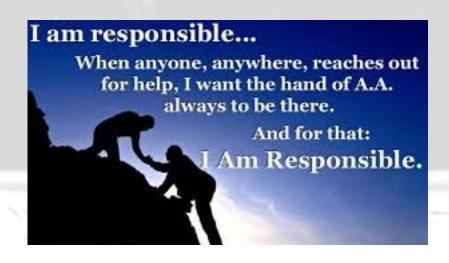
Send Contribution to: Tulare County Central Office 449 E. Maple St. Exeter, CA 93221

General Service Board P.O. Box 2407 James A Farley Station New York, New York 10116-2407 http://contribution.aa.org

H&I-Contributions P.O. Box 192490 San Francisco, CA 94119-2490

District 47, C.N.I.A. P.O. Box 273 Exeter, CA 93221

CNIA Treasurer PO Box 161712 Sacramento, CA 95816-1712



Central Service Meeting Meetings

CENTRAL SERVICE MEETING UN-APPROVED MINUTES

Central Office & Central Service Representatives Meeting Report

Date

February 11, 2025

Meeting called to order

Cody 6:04 P.M.

Board Members Present

John W, Ally A, George, Mike P

<u>Serenity Prayer</u>

Said by All

12 Traditions

Glenda

Previous Minutes

No additions or corrections Reviewed and Approved by all

$\frac{\textbf{Board Meeting Report}}{\text{John W}}$

Reminder office is closed on Mondays we have received some generous donations to Central Office We are excited to continue to share with members the goal and purpose of our central office

Treasurer and Office Report

February 11th, 2025

Good evening!

For the period from Dec 21st 2024 thru Jan 20th, 2025 Central Office had an income of \$14,000.22 and expenses of \$6,189.93 for a **GAIN** of \$7,810.29!.

Tulare County Central Office is totally self-supported through your contributions!

Group contributions: 12 groups donated to Central Office for a total of \$2,674.85. Thank you to the Attitude Adjustment Group, CSO group, District 47, Every day is Christmas group, Half n Half group, Monday Men's Valley Group Book study, Practicing the Principles group, Quiet Trails group, Three Rivers group, Tuesday Night Men's Group in Porterville, Valley Speaker Series group and the Wednesday Acceptance group! Your group doesn't have to wait till you have a bunch of money to donate. We would love to receive a contribution from every group every month to help us share our message of recovery!

Grateful Giver Club contributions: 6 anonymous grateful alcoholics donated through our Grateful Givers Club totaling \$302.72! Thank you to our grateful givers! We would love to receive more monthly contribution to the Grateful Giver's Club from our members! It doesn't have to be a lot! Please consider contributing monthly to our Grateful Giver's Club

You can contribute to the Grateful Givers Club through our donate link on our website at AA-tulareco.org.

Grateful Giver's Club is a great way to contribute if you want your contribution to be anonymous, simply put Grateful Giver in the memo line!

Individual contributions: We had 4 individual alcoholics generously donate to our office for the amount of \$1,055! Thank you! Please consider mailing in a monthly contribution! Thank you for helping us share the message of recovery!

You can donate individually through our website at AA-tulareco.org. I will list your first name and last initial in the newsletter!

Thank you for your individual contributions!

Birthday Club: We had 4 grateful members contribute to Central Office Birthday Club to celebrate their sobriety! This was a great accounting period for the birthday club for sure! We had 2 members donate \$1 per year of sobriety, we had another member donate \$10 per year for their sobriety and we another donate \$100 per year to celebrate their sobriety! Our birthday club received \$3,735. This accounting period!! Thank you and happy birthday!

You can contribute to the Birthday Club by putting your first name and last initial, your city and the amount of sobriety you have! We will print this in our newsletter!

As you can see, there are many ways you can contribute to Central Office, this office is here to serve you, and to share to message of recovery to whoever is seeking it!

Claudia covered the office for us on February 7th, 2025, thank you Claudia!

We finally have a member step up to open the office on Mondays for us!! She will start training this month and open up the office on Mondays starting in March!

I would like to thank all of the groups and individuals who contributed to Central Office!

Grateful to be here!

Carol Ann Gable Office Manager/Treasurer

PI/CPC Report

George

This month we did not have any Health Fairs...as we come into the New Year we will be putting out flyers and meeting schedules in the lobbies and offices of various facilities to help direct those in need.

STEP FOR NEWSLETTER-VOLUNTEER

Issue Step Member

March Cheryl H Step 3 due to centralintergroupnews@gmail.com 2/21/2025

April John Step 4 due to <u>centralintergroupnews@gmail.com</u> 3/21/2025

TRADITION FOR NEWSLETTER-VOLUNTEER

Issue Step Member

March Mike P Tradition 3 due to centralintergroupnews@gmail.com 2/21/2025

April Mike P Tradition 4 due to <u>centralintergroupnews@gmail.com</u> 3/21/2025

Website Report

This website report covers the time between the January and February CSR Meetings (2025-01-14 through 2025-02-11).

A few days after the January CSR meeting, we started seeing the aa-tulareco.org website crash. It could only go a few hours, and then it would crash. I started to build a new server to move to; but the migration did not look like it was going to go well, so I abandoned that. Where we are now: a tiny program runs every five minutes, looking to see if the website is crashed again. If it is, the program restarts the crashed service.

Meetings, Calendar of events, and Announcements were not being changed while the website was under duress.

Carol Ann and I did the normal monthly edits of the CSR meeting, GSR meeting, Springville Sunday Breakfast meeting, and Valley Group meetings.

Thank you for letting me be of service.

H & I Report

hHe only purpose of the Northern California Hospital and. Institution Committee s to carry the message of AA to alcoholics in corrections and treatment facilities serving alcoholics in Northern

CA.

WE continue to take H&I meetings monthly into 9 different treatment facilities utilizing approximately 35 active H&I volunteers. We have had three new H&I volunteers cleared to go into Tulare County Jail and look forward to increasing meetings in English & Spanish in that facility. At Corcoran, SATF and Avenal we have 6 volunteers who are serving weekly to attend as many meetings as possible. At each of these meeting we make AA literature available to our inside members as a gift from our fellowship funded solely through contributions made to the pink can.

Attached is a copy of the 2024 Pink Can letter to share with your groups. In. 2024, NorCal H&I incurred \$584,900 in literature expenses, which was 91% of our 2024 expenses. This purchased literature from AAWS thus supporting AA, and providing literature to our inside members at more than 27,400 H&I meetings held in Northern California in 2024. This has been added to the H&I tab on the Tulare County Web Site aa-tulareco.org Please encourage all groups to continue to pass the pink cans at their meetings to ensure that literature is available at these meetings.

Our next H&I orientation will be held at 9:00am followed by a business meeting at 10:00am on March 8, 2025 at 526 N. Bridge St Visalia CA 93291. Please encourage any interested AA members to attend. There is more than we can do together to reach the alcoholic who still suffers.

In Service, Joyce R Area 93 Chair

BTG Bridging the Gap

Mike P Nothing to report at this time

GSO Liaison:

GSR meeting was February 4th, 2025

Fifteen people attended; one in-person and fourteen via Zoom. Five were guests, either presenting or attending GSR school, presented by Emily L., of CNIA 07.

Treasurer Report:

Beginning Balance: \$3,805.84 INCOME Date

EXPENSES

Date

01/09/25 TCCO room rent for 2025 #307 \$600.00 01/09/25 TCCO contribution from excess D47 funds #308 \$502.92 01/09/25 CNIA contribution from excess D47 funds #309 \$502.92 01/14/25 Mike C.—Winter Assembly travel expenses and Reg. #310 \$216.12

\$1821.96

Total Income: \$000.00

Ending Balance: \$1,983.88

DCM report: Mike attended the CNIA Winter Assembly in January. The Pre-Conference Assembly will be hosted by District 9 during April 12th – 13th, 2025 in Gazelle, CA. There will be tri-tip and chicken for dinner if you want to attend in-person. A virtual attendance option is available, if you don't want to drive all the way up.

https://cnia.org/assembly-info-2/

The Post-Conference Assembly will be hosted by District 20 during May 17th – 18th, 2025 in Nevada City, CA. Dinner will be ribs, chicken, and stuffed mushrooms. https://cnia.org/event/post-conf-assembly-nevada-city-d20/

The Fall Assembly will be hosted by District 37 during November 14th – 16th, 2025 in Tracy, CA, at the Tracy Community Center. More details will be provided at the Winter Assembly in Gazelle.

There is a monthly PI/CPC meeting, hosted by Claudio, on the first Wednesday of every month:

https://aa-tulareco.org/event/cnia-pi-cpc-monthly-committee-meeting/?instance_id=6400

March 7th – 9th, 2025 will be the NCCAA Spring Conference in Modesto, CA, supported by District 23. At this event, there will be a Plain & Simple Language Big Book workshop on Saturday the 8th https://aa-

Total Expense:

tulareco.org/wp-content/uploads/2025/01/Modesto2025Flyer.pdf

Matthew, our delegate said that the full list of agenda items should be available February $17^{th} - 19^{th}$ on the CNIA website delegate's page: https://cnia.org/delegates-page/

Last but not least, on Sunday, March 23, at 11 AM at the Twelve Step Recovery Club located at 186 S. D Street Porterville CA, our delegate Matthew will come to visit for an Agenda Items Workshop, until 3 PM. Lunch will be provided, with tri-tip sandwiches, drinks, chips, and dessert. We are partnering with District 42, District 55, and possibly District 49.

CSR Reports

Saturday Morning Women's 12 x 12 Tracy Jo., CSR

Held from 9-10 am Saturday morning held weekly Approx 35-40 women We meet at Christ Lutheran Church 3830 W Tulare Ave.

We celebrate recovery by handing out milestone chips each week and celebrating birthdays the end of the month. Each meeting is a book study out of the 12 & 12. The last Saturday of the month we have an ask it basket where we get to respond to questions provided by our members.

Thank you, Tracy Jo W

Springville Monday Night Book Study Group, Presented by Ken., CSR.

We are located at the Lighthouse Chapel in Springville. We meet Monday nights from 7 to 8 PM. It is an open group book study. We rotate the books that we study. We're currently reading the "Dr Bob and the Good Old-timers". Turnout is about average. We have coffee and dessert every Monday. We would love to have more visitors. The Lighthouse Chapel is located off the 190: turn on to Bridge Drive, and then south to Rio Vista.

Friday Loose Women Meeting Glenda V., CSR

We meet every Friday from 6:30-7:30 pm at the Porterville Recovery Club located at 186 South D Street. We have attendance of 5-10 women. We are an open meeting, for women only. It is an open discussion meeting we have ladies with years of sobriety.

Thank You for allowing me to be of service.

Glenda V

Springeville Thursday Night Gut Level, Presented by Ken., CSR

Gut level meets every Thursday in Springeville at the Lighthouse Chapel from 7-8:30pm. It is an open group with a chairperson & discussion. It is a small group of dedicated regulars. We celebrate Birthdays the last Thursday of each month with dinner at 5:30 at a local restaurant. We are looking for a Secretary.

Friends of Bill W and Dr Bob Charley., CSR

OPEN MEETING We meet each Tuesday night at 7-8:30pm at St Johns Episcopal Church in Tulare. There are approximately 10-15 men and women with varying lengths of sobriety. We celebrate birthdays the first Tuesday of the month with cake and ice cream for the previous month. We continue to share the importance and benefit of embracing the birthday club and the funds that it could raise, along with the benefits of raising it and how our essential central office is also positively impacted. Thank You for letting me be of service.

Tuesday Women's Changes, Presented by Vicki B., CSR

We meet every Tuesday from 6:00 to 7:00pm at the Recovery Club located at 186 S. D Street, Porterville. We are an open meeting for women only. This is a stick topic meeting. That is each woman picks a preprinted stick and shares on the topic described on the stick. Our attendance includes women with a brief period of sobriety to those with many years. All are welcome. On the last Tuesday of the month we have a potluck to celebrate those with sobriety birthdays. Those women are invited to share their experience strength and hope with the group. Thank you for letting me be of service.

Half & Half Group Sylvia D., CSR

The Half & Half Group meets every Thursday night at 6:00pm for one hour, at the Trinity Lutheran Church located at 764 W Henderson Ave. Porterville, CA This is a book study and we read the big Book of Alcoholics Anonymous or the 12 x 12. We read a chapter out of the book for the first 30 minutes. We go around discussing what we read and how it relates to our experience, strength and hope. All are welcome.

Women's Tuesday Night Amity Group Sherri T., CSR

The Tuesday Women's Amity group meets every Tuesday at Trinity Church located 6400 West Walnut Street in Visalia. This a closed women's meeting. We meet from 6:30pm - 7:30pm each week with the 3rd week being a business meeting after the regular meeting. Each week we have a lead speaker who speaks for 10 minutes and then picks a topic and chooses people to speak through tag, going around a circle or however they deem. The last week of the month is a birthday meeting where we enjoy yummy cake. We are growing and about 25-40+ women. Thank you, Sheri & Sherry

Porterville Wednesday Open Gay Inclusive Marcie M., CSR

Open Meeting at Lutheran Church 765 Henderson Porterville Wednesday gay inclusive meeting 6:00-7:00pm, 12-15 members a mix of new and long timers Birthday celebration-cake the last Wednesday of the month, we support Central Office.

Second Sunday Speaker Springeville Meeting Marcie M., CSR

Veterans Memorial Building, Springeville second Sunday of the month, it is a beautiful ride to Springville Lots of Serenity.

Coffee at 8:00am

Breakfast at 8:30am \$8.00

10:15 meeting starts 7th Tradition honored 10:30 ten minute speaker followed by main speaker
We support Central Office 50/50 drawing
February 9th 50 YEAR Celebration
Paul T Mariposa speaker

Friday Freedom Fellowship Samantha J., CSR

The Friday Freedom Fellowship meets every Friday at 7:00pm ago Christ Lutheran Church located at 3830 W Tulare Ave. Visalia, CA This is a closed meeting where both men and women can attend. Our attendance ranges from 20-40 people. A chair person speaks for 10 minutes, the chairperson picks a topic and calls on people for the remainder of the meeting. There is a variety of lengths of sobriety in the room and a tradition in the meeting gives everyone an opportunity to share their sobriety date. Birthdays are celebrated the last Friday of each month with cake and chips. Chips are also given out each week to celebrate sobriety milestones.

Bridge Street Drunks Only John W., CSR

We have great participation at Bridge St with lots of meetings that are closed (20) and two that are open on weekends. We give out chips on Saturdays at noon...The last Saturday noon meetings is our birthday meeting.

Prospecting for Nuggets Jerry S., CSR

St Johns Episcopal Church 1701 E Prosperity Ave.

This is an open meeting. We would like more participation.

It is a chip meeting and celebrate anniversaries in the last Sunday of the month.

Civic Center Group., David G CSR

We meet every Tuesday night at the Christ Lutheran church near Tulare and Demaree in Visalia. The meeting starts at 7:00 PM and goes to 8:00 PM. It is an open meeting, and newcomers are welcome. We have coffee and candy, and literature every week. Books are for sale at cost, and pamphlets are free. Our business meetings are the third Tuesday of the month at 8:10 PM, immediately after the meeting. Our new Secretary is Gyna T. We give out chips every week for sobriety under one year; we have a birthday meeting on the last Tuesday of the month, with cupcakes.

Mid Valley Group., Jerry S CSR

Mid Valley Group At St johns Church 1701 Prosperity in Tulare. This is an open AA meeting, all are welcome. We meet st 2pm on Saturday afternoon. It is a chip meeting and we celebrate and we have a few empty chairs that need filling with members. Also our present secretary is terming out so we are looking for a new one to fill the seat.

Old Business

New Business

Arbor 9 June 14th AA Founders Day Picnic... We need a chairperson to head the committee.

Seventh Tradition

\$29.00

Announcements

Meeting Adjourned

7:07pm

Responsibility statement

Said by all

District 47, CNIA Meeting Minutes February 4, 2025

District 47 Meeting Minutes

This is a hybrid and Zoom meeting with members participating from various locations, including the Central Office in Exeter.

Meeting Called to Order: 7:01 PM by District Committee Member (DCM) Mike C.

Committee members present:

Brandon L., GSR for Friday Freedom Fellowship

Dusty B., GSR for the Springville Thursday Night Gut Level Group

Fred F., GSR for Unity Through Traditions

Kim C., GSR for the Saturday morning Women's 12 x 12 Book Study Group

Laura B., GSR for the Springville Monday Night Book Study

Sean A., GSR for Practicing the Principles

Mike C., DCM

Allen L., Treasurer

David G., Recording Secretary and Central Office Liaison

Joyce R., Hospital and Institutions

CNIA 07 members present for GSR School:

Claudio B.

Debbie S.

Emily L.

Tait G.

Woody R.

Permission requested from all present that this meeting be audio recorded for the recording secretary's benefit.

The GSR Preamble was read by all attendees. "We are the General Service Representatives. We are the link in the chain of communication for our groups with the General Service Conference and the world of A.A. We realize the ultimate authority in A.A. is a Loving God as he may express himself in our Group Conscience. As trusted servants, our job is to bring information to our groups in order that the groups can reach an informed group conscience. In passing along this group conscience, we are helping to maintain the unity and strength so vital to our fellowship. Let us, therefore, have the patience and tolerance to listen while others share, the courage to speak up when we have something to share, and the wisdom to do what is right for our groups and A.A. as a whole."

12 Traditions: read by Allen L.

Concept 2: Concept 2 long form read and explained by Mike C.

Approval of Minutes: January 7, 2025, minutes reviewed and approved.

Treasurer's Report: Presented by Allen L.:

Beginning Balance: \$3,805.84

INCOME

Date	Description	Amount
		======
	Total Income:	\$000.00
EXPENSES		
Date	Description	Amount
01/09/25	TCCO room rent for 2025 #307	\$600.00
01/09/25	TCCO contribution from excess D47 funds #308	\$502.92
01/09/25	CNIA contribution from excess D47 funds #309	\$502.92
01/14/25	Mike CWinter Assembly travel expenses and Reg. #310	\$216.12
		======
	Total Expense:	\$1821.96

Ending Balance: \$1,983.88

Note: Your District 47 treasurer has been out-of-town since 1/16/2025, so the P.O. box has not been checked since then. Any checks sitting in the P.O. box will not be deposited nor generate a 'thank you' letter to its group until mid-February.

CSO Liaison Report: David G.

Our January CSR Meeting was held on January 14th. The meeting was a hybrid meeting, both inperson and on Zoom.

Central Office finances: For the period from November 21st through December 20th, 2024 Central Office had an income of \$5,866.85 and expenses of \$2,566.86 for a GAIN of \$3,299.99. Our balance was \$16,975 where our prudent reserve should be \$19,000.

We had a great turn out for the New Year Event! We want to thank everyone for all their hard work and participation. We came out ahead \$2,414.36!

Old Business:

Transitioning from 2024 to 2025, we have two board members that stepped out of service: David & Patrick. Two new board members stepped in to service: John & Mike.

New Business:

Arbor 9 at Mooney's Grove Park in Visalia, June 14th will be the AA Founders Day Picnic. We need a chairperson to head the committee.

We are also looking for a volunteer to be at the Central Office on Mondays, 9 AM to 1 PM.

Registrar: Josh F. no report

<u>H&I Report:</u> Presented by Joyce R.

February 2025 H&I Report

The only purpose of the Northern California Hospital and Institution Committee is to carry the message of AA to alcoholics in corrections and treatment facilities and facilities serving alcoholics in Northern CA.

In Tulare County, we continue to hold 16 H&I meetings monthly serving 9 different Treatment Facilities. We hold an average of 5 monthly meetings at the Tulare County Jail in English and Spanish. We have 6 cleared volunteers who are attending as many meetings as possible at Corcoran, SATF and Avenal Prisons. By mid-February, we will have 3 additional volunteers cleared for Tulare County Jail, which will increase our ability to increase meetings at that facility. At each of these meetings, we have AA Big Books, 12 Steps and 12 Traditions, Daily Reflections, Living Sober in English and Spanish along with Grapevines and LaVina available for our inside members to keep as a gift from our AA Fellowship. This is funded with money contributed to the Pink Cans passed at meetings.

Attached is a copy of the 2024 Pink Can Letter to share with your groups. In 2024, NorCal H&I incurred \$584,900 in literature expenses, which was 91% of our 2024 expenses. This purchased literature from AAWS thus supporting AA, and providing literature to our inside members at more than 27,400 H&I meeting held in Northern California in 2024. Please encourage all groups to continue to pass the pink cans at their meetings to ensure that we can continue to provide literature at these meetings.

There is still more that we can do in H&I in Tulare County. Please share our need for additional volunteers at all your meetings and encourage all interested AA member to attend our next H&I orientation will be held at 9:00 am followed by business meeting at 10:00 am on March 8th, 2025 at 526 N. Bridge Street, Visalia, CA 93291.

In Service, Joyce Rauen Area 93 Chair

We also have our Pink Can letter posted here: https://aa-tulareco.org/wp-content/uploads/2025/02/2024-Pink-Can-Letter-Eng-Esp.pdf

<u>DCM Report:</u> Mike C. I attended the CNIA Winter Assembly in January. The Pre-Conference Assembly will be hosted by District 9 during April 12th – 13th, 2025 in Gazelle, CA. Gazelle is twelve miles north of Weed, CA. There will be tri-tip and chicken for dinner if you want to attend in-person. A virtual attendance option is available, if you don't want to drive all the way up. https://cnia.org/assembly-info-2/

The Post-Conference Assembly will be hosted by District 20 during May 17th – 18th, 2025 in Nevada City, CA. Dinner will be ribs, chicken, and stuffed mushrooms. https://cnia.org/event/post-conf-assembly-nevada-city-d20/

The Fall Assembly will be hosted by District 37 during November $14^{th} - 16^{th}$, 2025 in Tracy, CA, at the Tracy Community Center. More details will be provided at the Winter Assembly in Gazelle.

There is a monthly PI/CPC meeting, hosted by Claudio, on the first Wednesday of every month: https://aa-tulareco.org/event/cnia-pi-cpc-monthly-committee-meeting/?instance_id=6400

 $\label{eq:march_state} \begin{tabular}{ll} March $7^{th}-9^{th}$, 2025 will be the NCCAA Spring Conference in Modesto, CA, supported by District 23. \\ At this event, there will be a Plain & Simple Language Big Book workshop on Saturday the 8^{th} \\ $\frac{https://aa-tulareco.org/wp-content/uploads/2025/01/Modesto2025Flyer.pdf} \end{tabular}$

Mathew, our delegate said that the full list of agenda items should be available February 17th - 19th on the CNIA website delegate's page: https://cnia.org/delegates-page/

Old Business:

None

New Business:

1. Emily L., the Alternate Chair for CNIA 07, presented GSR School.

GSR Reports:

- 1. Brandon L., GSR for Friday Freedom Fellowship: I presented the Agenda Item suggestion for a Twelve Step Checklist to my group, and my group was in support of it.
- 2. Dusty: No report this month.
- 3. Laura: No report this month.
- 4. Kim: Our group is going well. Mike: we received a letter back as undeliverable for a contribution from your group, so we need to get the address of your treasurer.

<u>Responsibility Declaration:</u> Read by all "I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible."

The meeting was adjourned at 8:32 PM.

Respectfully submitted,

David G., Recording Secretary

March 2025 AA Birthdays!

AA BIRTHDA	vs	100	
MARCH	2025		
Manuel C	Tulare	50	
Kristi H	Visalia	49	- u
Art W	Lampasas TX	17	3/7/1978
John G	Armona	42	3///19/6
Barbara S	Hanford	42	3/27/1983
	Tulare	41	3/2//1963
Ray D Laura H	Visalia	41	
	Visalia	40	
Sylvia M Rod R		38	
Vick G	Tulare Exeter	38	2/2/1007
			3/3/1987
Cy F Sheri D	Visalia	38	2/12/1007
	Visalia	38	3/13/1987
Jesse M	Porterville	37	2/15/1000
Marcia M	Porterville	37	3/15/1988
Mark C	Hanford	36	3/20/1989
Anita B	Lemoore	36	3/6/1989
Lawrence C	Tulare	34	3/16/1991
Dave S	Visalia	32	
Tom S	Visalia	32	
Wendy S	Visalia	32	
Gary S	Three Rivers	30	
Mitch H	Terra Bella	23	3/12/2002
Jeff P	Visalia	22	3/1/2003
Stephanie G	Visalia	21	3/1/2004
Chuck W	Exeter	20	3/16/2005
Edward V	Dinuba	19	
Pete B	Camp Nelson	17	3/24/2008
Steven S	Visalia	14	3/26/2011
Felipe S	Visalia	13	3/10/2012
Zach D	Visalia	12	3/21/2013
Nick V	Visalia	10	3/19/2015
Larry A	Visalia	9	3/13/2015
Felipe S	Visalia	9	3/12/2016
Kenneth B	Porterville	9	3/12/2016
Kristina W	Exeter	8	
Sarah S	Visalia	7	3/4/2018
Raymond G	Visalia	5	3/5/2020

That's 998 Years of Total Sobriety!!!

SOBER

are important to me now. They're not about giving you a thumbs-up for being a good human. You don't get extra credit for doing your homework, but to me, it's more of a celebration acknowledging that we are capable of overcoming problems.



Group Contributions 1/21/24-2/20/25

	Month	YTD
1st Friday Speaker Meeting	\$40.00	\$40.00
10th Ave Men's Group	\$208.50	\$208.50
ABC Group	\$-	\$-
ACYPAA	\$-	\$-
Attitude Adjustment Group	\$65.00	\$94.00
Blain Park	\$400.00	\$400.00
Bridge St "Drunks Only"	\$-	\$-
Central California Round Up	\$-	\$-
Central Valley Recovery Alumni Meeting	\$-	\$-
Civic Center Group	\$-	\$-
Clodbusters-Tulare	\$-	\$-
Crossroads-Tulare	\$-	
CSO Meeting	\$29.00	\$71.00
District 47		\$1,102.92
District 49		\$-
Everyday is Christmas		\$118.00
Exeter Sunday Afternoon	\$75.00	\$75.00
Freedom Fellowship		\$-
Friends of Bill W and Dr Bob Tulare	\$200.00	\$200.00
Friends of Bill W		\$-
Gem St Noon Book Study		\$-
Half & Half		\$200.00
Keep it Simple Sunday		\$-
loose women		\$-
Monday Men's Valley Big Book Study		\$75.00
Monday Men's Mtg (PPAV)		\$-
Mid-Valley-Tulare	\$200.00	\$200.00
Monday Book Study Springville	\$50.00	\$50.00



Monday Book Study Springville	\$50.00	\$50.00
Monday Women's Reflections	\$103.00	\$103.00
Nooners Group-Visalia		\$-
Porterville Friday Night Candlelight		\$-
Practicing the Principles	1/2	\$150.00
Prospecting for Nuggets	\$200.00	\$200.00
Quiet Trails	\$50.00	\$100.00
Rainbow Group		\$-
Rule 62-Visalia		\$-
Serenity Junction-Tulare		\$-
Saturday Night Believers	\$25.00	\$25.00
Sober for a Reason		\$-
Sober Tippers		\$-
Springville Gut Level		\$-
Springville Breakfast Meeting		\$-
Sunday PM Serenity Seekers		\$-
Three Rivers Monday		\$100.00
TUFYPAA		\$-
Tuesday Men's Porterville		\$171.82
Tuesday Women's Amity Group (TWAG)	\$165.30	\$165.30
Unity through Traditions		\$-
Valley Group	\$250.00	\$250.00
Valley Speaker Series		\$436.11
Visalia Alano Club		\$-
Wandering Couples		\$-
Wednesday Acceptance Group (WAG)		\$200.00
Women's Changes Group	\$125.00	\$125.00
Women's Friday Night-Porterville		\$-
Wo- men's Happy		\$-
Women's Saturday AM 12x12		\$-
Totals	\$2,185.80	\$4,860.65

Lighter Side of AA

"Alcoholic is stumbling along the beach when he kicks a lantern and the genie pops out. Genie says you have three wishes. Without missing a beat he says I want a bottomless liquor bottle that never runs out. Genie says done. You have two more wishes. He thinks for a second and says I'd like two more just like it."





BIRTHDAY CLUB

THIS IS A GREAT WAY TO SHOW YOUR GRATITUDE FOR YOUR SOBRIETY AND ALSO HELP CARRY THE MESSAGE OF RECOVERY.

You can contribute \$1, \$5, \$10 or some have even contributed \$100 for each year of sobriety!

Contribute before the month of your anniversary sobriety date and we will publish your first name and last initial, city and years of sobriety in our monthly newsletter, see your accomplishment in your monthly Newsletter!

IT'S REALLY SIMPLE AND WOULD HELP YOUR CENTRAL OFFICE TREMENDOUSLY.



Go to AA-Tulareco.org to contribute

GOT JOKES/STORIES?

Hello there! Its your friendly editior, Robert P, and I welcome anyone who has an AA-related joke that they would like to share, or story to in order to further help our readers both laugh and stay inspired. I feel that there are never too much of either of those things! Thank you for letting me be of service!





When your dad drives you to the AA meeting to make sure you actually go

Your Content Here!!!

Have an event????

New group starting up?????

Have a story to share???

Take some amazing photos aorund our district???

Want to be of service????

All this can be accommodated-we are available to help! Simply reach out to us here at Central News and we will do all we can to get the word out!!!

Carrying the message to the Alcoholic who still suffer is our primary purpose. What better way to do it then to get involved!!!!

Send your content to:

centralintergroupnews@gmail.com

... and we will help you communicate to district 47!!!