

CENTRAL NEWS

April 2025

Website:

www.aa-tulareco.org

The Drunkard's Best Friend

When a farmer in Aroostook County, Maine announces that he is going to bake a cake, he is speaking figuratively. What he means is that he is bored with the loneliness of Aroostook's vast reaches, with the county's most famous product, potatoes, and with life in general; and that, to relieve his boredom, he is going on a vanilla-extract bender. In order to buy liquor he might have to drive as much as a hundred miles over drifted or rutted roads, to reach a town uninhibited by local option. He tipsles on vanilla, which is rich in alcohol, because it is easily and legally obtainable, in quantity, at the nearest grocery store. Grocers in local-option towns ordinarily do a thriving vanilla business with alcoholically inclined agrarians, but of late the strange society known as Alcoholics Anonymous has taken root in Aroostook and a disturbing effect on the vanilla turnover has been observed.

"You wouldn't believe it, Ned," one storekeeper lamented to a drummer on a gray day last November, "but my vanilla sales is almost down to normal."

The impact of Alcoholics Anonymous upon a community is not always that striking, but it is doing quite well at its self-appointed task, which, as almost everyone knows by now, is that of helping confirmed drunks to quit drinking. The help is provided solely by alcoholics who, through adhering to a specified program of living, have managed to arrest their own disastrous drinking habits. (A. A. members never call themselves ax-alcoholics, regardless of the length of their sobriety, the theory being that they are ineradicably alcoholics by temperament, and are therefore always vulnerable to a relapse.)

Saturday Evening Post, April 1, 1950

Step 4

“Made a searching and fearless moral inventory of ourselves”

When I was first presented with this task of making a searching and fearless moral inventory of myself, I resisted. I thought to myself that my morals were just fine! And I didn't need to write them down! Obviously, I was ignorant of the process of doing a 4th Step and the inventory process. I was suspicious of this step because I feared all it was meant to do was to beat me up for the areas where I was lacking. Not so. No... the 4th Step was there to help me identify those character defects that were blocking me from the sunlight of the spirit and allowing me to grow. And some growing up is just what I needed if I was going to be sober and have a fulfilling life.

In early sobriety I was living up in Clovis. I was going to my committed meetings on a regular basis with my sponsor. At around 6 months sobriety (after relapsing for a year and 9 months, not doing the steps) we were in his car coming home from the Thursday meeting, the Sierra Skypark. It was a meeting that I'd fallen in love with, and I considered it to be my home group. On this night I had shared (with some profanity) how my coworkers at this minimum wage job I had were just some real 'pieces of work'. My shares back then would often focus on other people's character defects, not my own. So, Chet tells me as were driving home that night "You know...I see no growth! You know what you need to do. You should get on with your steps! This was a real gut punch! HOW COULD HE SAY SOMETHING LIKE THAT? Well, there was no growth in my character. I just wasn't drinking.

So I took some action and started working on my 4th Step. First, I made a list of people, institutions and principles with which I was angry. The Big Book tells us to go back through our lives. Nothing counted but thoroughness and honesty. When I first attempted this inventory, I could clearly see the other person's fault and how that affected my self-esteem, my pocketbook or other aspects of my life. But I couldn't see how I contributed to the situation. Then it was pointed out that the Big Book states "Referring to our list again. Putting out of our minds the wrongs of others, we resolutely looked for our own mistakes. Where had we been selfish, dishonest, self-seeking and frightened? Though a situation had not been entirely our fault, we tried to disregard the other involved entirely. Where were we to blame?"

Taking ownership of that blame was crucial. Once I could realize where I was wrong, in what I call the fourth column in the resentment list, I started getting some relief. I began to realize how I'd been a contributor to the ill feelings that I had. When inventorying a resentment, sometimes I'd determine that I wasn't the main culprit at all. But when I can admit MY wrongs (many times with the help of a sponsor), I can take ownership of my part of that resentment. And then I can realize that if I hadn't said or done something out of line (the wrong), there would be no resentment to deal with at all. But what about those resentments that we had no percentage of the blame? Where we had no contribution whatsoever? We can then treat that person who wronged us as perhaps spiritually sick. We asked God to help us show them the same tolerance, pity and patience that we would cheerfully grant a sick friend.

Now regarding fear. It used to rule my life before I found my higher power, who I choose to call God in A.A. After taking the time to list my fears I was able to come to the realization that I lacked faith. Ever so slightly things began to change once I asked God to remove my fears. Now, the more I'm able to hit my knees and say the Seventh Step Prayer morning and night, the more faith I have. And the fear problem has been solved.

Now about sex, the third and final list of the 4th Step. Not only can it be used to review our conduct over the years past, but it can be used to find our fault by asking the question-who did we hurt? Where had we been selfish, dishonest or inconsiderate? What should we have done instead? When we get this down on paper, we can see how our own conduct over the past contributed to the making of some toxic relationships or others that weren't lifelong. If we have harmed others, we make amends wherever possible except when to do so would cause still more harm. We treat sex as we would any other problem on this journey of recovery.

So, the 4th Step has allowed me to take ownership of my bad behavior and make some changes with a resulting better me, which has allowed this sober alcoholic to live a wonderful life.

-John W.

Tradition 4

“Each group should be autonomous in its own affairs, except in matters affecting other groups or AA as a whole.”

It's comforting to know that we can go anywhere in the entire world and attend an AA meeting that looks very much like every other that we've experienced, It's remarkable that even though the 4th tradition allows us enormous freedom to conduct our gathering any way we like that in the final analysis, we have Spiritual Guidance and most gatherings resemble all others. Some of us include different readings, or prayers, or incantations, but we are in a way amorphous.

There had to be some cap on this license or the apostles and power drivers among us might have led us into all kinds of revelry in the name of modernization and improvement of our beloved program. It is humility that allows us to conform and leave well enough alone. Some of us are convinced, at times, that we have discovered a better way, and that if we just include an outside entity, like a church, or that church's higher power, or a community service, we might gain strength. It seems logical to some of us that teaming up with law enforcement, or temperance societies, might be advantageous to both. The founders were tempted by this but found it a failure.

Modern innovations have changed some aspects of the AA meeting experience. Some members have opted for join groups online. This is different and not everybody is fond of this approach, but Tradition Four is not offended and it fits within the guidelines. As long as there are no “pop ups” inviting church attendance, soliciting funds for community do gooders, it is still AA. we cannot ignore or control progress and all of us must continuously monitor our performance lest we lose the precious, miraculous entity granted us by our Higher Power and protected by group conscience.

Anonymous

Individual, Newsletter, Memorial & Birthday Club Contributions
2/21/2025 thru 3/20/2025

Birthday Club

\$1 for every year of sobriety!

Cheryl H Springville \$45

Reyes Visalia \$42

Anonymous Visalia \$37

\$5 for every year of sobriety!

Steve S Visalia \$70

Total Club Contributions \$194.00



Congratulations on your sobriety!

Newsletter Contributions

None

Memorial Contribution

None

Grateful Giver's Club (You know who you are!)

Members \$128.34

Individual Contributions

Bob T

Rodney H

Steve S

THANK YOU!!!

Support the Central Office



Supporting the Central Office is a very important and valuable thing for our fellowship! Now it is easier than ever!

Donate Today using Venmo!



Central Office Contacts

March 21st thru April 20th 2025

AA Members	51
Alanon & Alateen Info	4
Bridging the Gap	0
Churches and Schools	0
Court Referral/Info	0
E-Mail Contacts	280
General Info	6
H & I	0
Literature Sales	10
Meeting Information	6
Other 12 Step Programs	0
Prospective Members	0
Schedules & Info Mailed	0
Spanish Contacts	0
Specialty Sales	12
Twelve Step Calls	1
Visitors to the Office	7
Voice Mail Calls	2
<u>Total Central Office Contacts</u>	379

TULARE COUNTY CENTRAL OFFICE

Income & Expense Statement

	2/21/2024 through	3/20/2025
INCOME	MONTH	YEAR TO DATE
B.Day Club	194.00	4,056.00
Grateful Givers Club	128.34	553.11
Group Cont.	1,542.51	6,403.16
Indiv Cont	97.21	1,577.21
Interest Income	0.00	0.00
Lit. Sales	704.35	1,504.10
Memorial Cont.	0.00	0.00
Misc.	0.00	0.00
Newsletter Contribution	0.00	0.00
S & H	0.00	18.00
Sales Tax	63.09	212.14
Service Charge	9.74	11.74
Spec. Events-New Year's Eve	0.00	5,054.00
Spec. Events-Picnic	0.00	0.00
Spec. Items	281.80	1,303.48
State fund dividend	0.00	50.00
State Fund Refund	0.00	0.00
TOTAL	3,021.04	20,742.94
EXPENSES	MONTH	YEAR TO DATE
Bank Charge	0.00	0.00
Fees-Taxes	0.00	50.00
Insurance	0.00	1,000.00
Lit. Costs	473.76	1,891.85
PI-CPC Expense	0.00	0.00
Misc Expense	0.00	0.00
Newsletter Cost	0.00	0.00
Non Employee Comp	\$75.00	225.00
Office Exp	30.21	687.52
Office Equip.& Maint	0.00	0.00
Paypal charges	0.00	0.00
Payroll Taxes	0.00	1,942.99
Phone & ISP	146.25	554.94
Printing and copy expense	0.00	0.00
postage	23.86	23.86
Returned Check & Chg	0.00	0.00
Rent	685.00	2,055.00
Salary	1,146.52	3,444.00
Sales Tax-Paid	0.00	0.00
Spec. Events-picnic	0.00	245.00
Spec. Events-New Year	0.00	1,515.50
Spec. Items	17.00	353.94
Square Card Charges	25.66	54.24
Utilities	114.03	329.12
Ph-venmo	20.00	79.98
venmo fees	3.21	11.27
Website	106.63	120.80
TOTAL	\$2,867.13	14,585.01
Net Gain(Loss)	\$153.91	6,157.93
BEGINNING ACCOUNT BALANCES AS OF 2/20/2025:		
	\$23,287.49	
ENDING ACCOUNT BALANCES AS OF 3/20/2025		
	\$23,133.58	
Established Prudent Reserve		
	\$19,000.00	
Above prudent reserve		
	\$4,133.58	

Speaker Meetings

Speaker Meetings for April 2025

Porterville Recovery Club Speaker Meeting
186 W. Walnut Ave.
Friday April 4th, 2025 at 8:00 PM
Speakers: To be announced

Sunday AM Breakfast, Speaker Meeting
Veterans Memorial Building
36000 Hwy 190, Springville
April 13th 2025
(Breakfast at 8:30 to 10:00 AM)
Speaker: Dave B from Winnetka, Ca

The Valley Group, Speaker Meeting
St. Paul's Episcopal Church
120 N. Hall St. Visalia, CA 93291
Every Wednesday from 7-8 pm.
Speakers for April
April 2 - Leigh-Ann of Visalia with 4 years today!
TBA

Civic Center Group
Christ Lutheran Church
3830 W Tulare Ave, Visalia
Birthday speaker meeting
Last Tuesday of the month

Sunday PM Serenity Seekers Valley Group
Sunday 7:30-9 pm.
St. Paul's Episcopal Church
120 N. Hall St. Visalia, CA 93291
Speakers for April
April 6 - Rhonda G of Visalia, with 1 year and 1 day!
April 13 - Bill H of Visalia, with 20 years and 2 days!

Attention speaker group secretaries: If you want your speaker listed in the Newsletter, please get the information to the Central Office (559) 592-6999 or TCCOF@hotmail.com by the 20th of the month preceding the month of the Newsletter.

Service Meeting & Service Addresses

April 2025

Service Meetings

GSR Meeting at Central Office
449 E. Maple St., Exeter, CA
Tuesday, March 4th 2025 at 7:00 PM

Bridging the Gap meeting at Central Office
449 E Maple St Exeter, CA
To be announced

CSR Meeting at Central Office
449 E. Maple St., Exeter, CA
Tuesday, March 11th 2025 6:00 PM

H&I Meeting (odd months only) in person at
526 N Bridge St (no Zoom)
2nd Saturday March 8th 9:00, Orientation,
Business meeting 10:00

TUFYPAA
Zoom ID 839 4820 8237 Password: service
2nd Sunday of the month, March 9th 2025

SERVICE ADDRESSES

Tulare County Central Office
449 E. Maple St.
Exeter, CA 93221
(559) 592-6999
Email: tccof@hotmail.com
Website: www.aa-tulareco.org
Hours: Mon-Fri 9:00am to 1:00pm
Closed Major holidays
<https://aa-tulareco.org/donation>

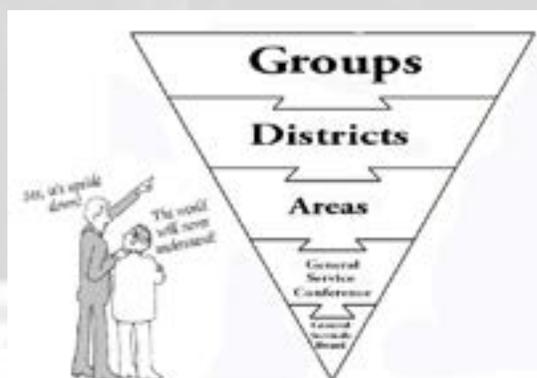
Send Contribution to:
Tulare County Central Office
449 E. Maple St.
Exeter, CA 93221

General Service Board
P.O. Box 2407
James A Farley Station
New York, New York 10116-2407
<http://contribution.aa.org>

H&I-Contributions
P.O. Box 192490
San Francisco, CA 94119-2490

District 47, C.N.I.A.
P.O. Box 273
Exeter, CA 93221

CNIA Treasurer
PO Box 161712
Sacramento, CA 95816-1712



Central Service Meeting Meetings

CENTRAL SERVICE MEETING UN-APPROVED MINUTES

Central Office & Central Service Representatives Meeting Report

Date

March 11, 2025

Meeting called to order

Cody 6:02 P.M.

Board Members Present

Cody, John W, Ally A, George,

Absent with notice Mike P

Serenity Prayer

Said by All

12 Traditions

Read by David

Previous Minutes

No additions or corrections
Reviewed and Approved by all

Board Meeting Report

Cody

Office is OPEN on Mondays!

Board members are excited to continue to share with members the goal and purpose of our central office, and continue to visit multiple meetings

Treasurer and Office Report

Good evening!

What new? Claudia covered the office for us on February 7th, 2025, thank you Claudia!

Glenda opened the office on Monday the 3rd, with the introduction of restored office hours. The office is open on Mondays again unless it is a federal holiday!

I added photos of the products we have in the office into our Venmo account earlier this month.

We received a notice from the State of California stating a new requirement we have as an employer with 4 or less employees.

This office was required to sign up and offer our employees an opportunity to save money through the state's **CalSaver's** program. As an employee we signed up and registered, as an employee I opted out of participating so, we are good there for now.

We successfully renewed our insurance, we originally paid \$1000, but our carrier found us a cheaper option so we are expecting a refund around \$500.

We received a notice from our credit card processing company that they are raising their fees effective March 27th 2025 from 2.6% plus 0.10 cents per transaction up to 3.5% plus .15 cents per transaction.

OK financial info:

For the period from Jan 21, 2025 thru Feb 20th, 2025 Central Office had an income of \$3,721.68 and expenses of \$5,527.95 for a **loss** of \$1,806.27 for this accounting period.

On February 19th we filed our exempt entity tax returns for Federal and State along with our Registry for Charitable Trusts and Fundraisers form through our landlord's firm. She only charged us \$300, which is a fantastic price!

This office is totally self-supported through your contributions!

Birthday Club: We had 4 grateful members contribute to Central Office Birthday Club to celebrate their sobriety! We had 3 members donate \$1 per year, and 1 member donate \$5 per year to celebrate their birthday for a total of \$127! Thank you and happy birthday!

Group contributions: 15 groups donated to Central Office for a total of \$2,135.80. Thank you to the 10th Ave Men's Stag Group, 1st Friday Speaker Meeting Group in Porterville, the morning online meeting Attitude Adjustment Group, The Blain Park Group, Our Central Service Office Reps and Board members that participate in this meeting every month, Exeter Sunday Afternoon Group, The Friends of Bill W and Dr. Bob Group, The Mid Valley Group, Monday Women's Reflections Group, The Prospecting for Nuggets group, The Quiet Trails group, The Saturday Night Believers group, The Tuesday Women Amity group, The Valley Group and The Women's Changes group! Your group doesn't have to wait till you have a bunch of money to contribute, we would love to receive a contribution from every group every month to help us share our message of recovery!

Grateful Giver Club contributions: 6 anonymous grateful alcoholics donated through our Grateful Givers Club totaling \$122.05! Thank you to our grateful givers! We would love to receive more monthly contribution to the Grateful Giver's Club from our members! It doesn't have to be a lot! Please consider contributing monthly to our Grateful Giver's Club.

You can contribute to the Grateful Givers Club through our donate link on our website at AA-tulareco.org. Grateful Giver's Club is a great way to contribute if you want your contribution to be anonymous, simply put Grateful Giver in the memo line!

Individual contributions: We had 2 individual alcoholics generously donate to our office for the amount of \$425, thank you! Please consider mailing in a monthly contribution! Thank you for helping us share the message of recovery!

You can donate individually through our website at AA-tulareco.org. I will list your first name and last initial in the newsletter! Thank you for your individual contributions!

You can contribute to the Birthday Club by putting your first name and last initial, your city and the amount of sobriety you have! We will print this in our newsletter!

As you can see, there are many ways you can contribute to Central Office, this office is here to serve you, and to share to message of recovery to whoever is seeking it!

A reminder, this office is open again for business on Mondays! Thank you Glenda V for stepping up!

I would like to thank all of the groups and individuals who contributed to Central Office!

Grateful to be here!

**Carol Ann Gable
Office Manager/Treasurer**

PI/CPC Report

George

This month we did not have any Health Fairs...as we come into spring we will be attending multiple health fairs!!!

March 22 College of Sequoia's Cesar Chavez March & possibly have our Spanish central office attend as well

April 5 TCOE Tulare County Office of Education 7000 S Doe 10:00-1:00

April 7 National Public Health WEel @ Dinuba Blvd 10:00-3:00

STEP FOR NEWSLETTER-VOLUNTEER

Issue Step Member

April John W Step 4 due to centralintergroupnews@gmail.com 3/21/2025

May Jerry S Step 3 due to centralintergroupnews@gmail.com 4/21/2025

TRADITION FOR NEWSLETTER-VOLUNTEER

Issue Step Member

April Mike P Tradition 4 due to centralintergroupnews@gmail.com 3/21/2025

May Ken W Tradition 5 due to centralintergroupnews@gmail.com 4/21/2025

Website Report

This website report covers the time between the February and March CSR Meetings (2025-02-11 through 2025-03-10).

On February 20, I disabled the WordPress plugin "All-in-One Event Calendar by Time.ly" because that was causing the website to crash every minute. Carol Ann and I began the process of looking for a replacement, and on February 25 we purchased Sugar Calendar to take its place. Unfortunately, there is no export / import function from the All-in-One Event Calendar to Sugar Calendar, so Carol Ann and I have been entering events into the new calendar by hand. If you or members of your group are aware of something that should be on our calendar, please send an email to tccof@hotmail.com.

Announcements:

The Monday / Wednesday / Friday morning meeting at the Visalia Alano Club needs support.

There will be an Agenda Items Workshop at the Twelve Step Recovery Club in Porterville on Saturday March 22 (lunch included).

Central Office is now open on Mondays again!

The Keep It Simple Sunday outdoor meeting in Blain Park in Visalia has moved to summer schedule: 9 AM to 10:30 AM.

Carol Ann and I did the normal monthly edits of the CSR meeting, GSR meeting, Springville Sunday Breakfast meeting, and Valley Group meetings.

Thank you for letting me be of service.

H & I Report

March, 2025 H&I Report

The only purpose of the Northern California Hospital and Institutions Committee is to carry the message of AA to alcoholics in corrections and treatment facilities and facilities serving alcoholics in Northern CA.

In Tulare County, our monthly meetings in treatment facilities have been reduced to 14 monthly as the Visalia Rescue Mission has decided to put their meetings on hold for the time being. We continue bringing H&I meetings into Tulare County Jail and Avenal, Corcoran and SATF State Prisons as possible with the cleared volunteers we have.

At our recent H&I meeting held 3/8/25, we welcomed 4 new volunteers and had volunteers step up to take 3 of our open commitments. We are very excited with this new interest and participate on in H&I service work. We have received a request for H&I meetings in additional facilities which we will be researching to see if we can accommodate their request.

June 7, 2025 will be the First Annual Avenal Speaker Jam, held inside Avenal State Prison. We need AA members who are willing to get a one-day clearance and join us to share their experience, strength, and hope with the approximately 900 incarcerated AA members at that facility. Many of these AA members behind the walls have never attended an AA meeting outside of the prison. Each of these AA members attend AA meetings on the inside regularly Unfortunately, as we have very few cleared H&I volunteers most of these meetings are held without any H&I AA participation. This is a great time for any AA members who may be interested in carrying the message behind the walls to give it a try with very little effort to obtain a one-day pass. Please share this information with your groups have any interested AA members reach out to us at handiarea93@gmail.com or contact Central Office for my phone number of that of Bill H. Applications for the one-day clearance need to be returned by April 5, 2025

We continue to need volunteers especially those interested in going into Tulare County Jail, Corcoran, SATF, Avenal State Prisons. We are in dire need of Sponsors willing to sponsor an inmate at one of our Prisons. Please send any interested AA members to our next orientation at 9:00 am. We also have several additional positions to be filled which will be discussed at the business meeting at 10:00 am. Both will be held on May 10, 2025 at 526 N. Bridge Street, Visalia, CA 93291.

In Service,
Joyce R
Area 93 Chair

BTG Bridging the Gap

Mike P
Nothing to report at this time

GSO Liaison:

GSR meeting was March 4th, 2025

Seven people attended; two in-person and five via Zoom. Treasurer Report:

Beginning Balance: \$1,983.88

INCOME

EXPENSES

Date	Description	Amount
2-18-25	Post Office Box 273 — one year. Chk #311	\$102.00

=====

Total Expense: \$102.00

Ending Balance: \$2,249.98

DCM report: Mike attended the Area Committee Meeting on February 15, 2025.

The Pre-Conference Assembly will be in Gazelle, CA in April; there was discussion about changing it from two days to three, although no change was made.

The Fall Assembly (Mini-PRAASA) will be in November; there was discussion about changing it from three days to two days.

CNIA 07 did decide to move the Archives office to Florin Road in Sacramento. The address will be published after the archives are finished moving. The facility will be archives only, and not a shared meeting space for the Area Committee Meetings.

Saturday, March 22, at 11 AM at the Twelve Step Recovery Club located at 186 S. D Street Porterville CA, our delegate Matthew will come to visit for an Agenda Items Workshop, until 3 PM. Lunch will be provided, with tri-tip sandwiches, drinks, chips, and dessert. We are partnering with District 42, District 55, and District 49. The full list of agenda items is available on the CNIA website delegate's page: <https://cnia.org/delegates-page/>

Date	Description	
2-18-25	Tuesday Women's Amity Group. Chk #1155	\$55.10
2-18-25	District 49 Committee. Chk #1001	\$313.00
Total Income:		\$368.10

Date	Description	Amount
2-18-25	Post Office Box 273 — one year. Chk #311	\$102.00

=====
Total Expense: \$102.00

Ending Balance: \$2,249.98

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CSR Reports

Saturday Morning Women's 12 x 12 Tracy Jo., CSR

Held from 9-10 am Saturday morning held weekly
Approx 35-40 women We meet at Christ Lutheran
Church 3830 W Tulare Ave.

We celebrate recovery by handing out milestone chips each week and celebrating birthdays the end of the month. Each meeting is a book study out of the 12 & 12. The last Saturday of the month we have an ask it basket where we get to respond to questions provided by our members.

Springville Monday Night Book Study Group, Presented by Ken., CSR

We are located at the Lighthouse Chapel in Springville. We meet Monday nights from 7 to 8 PM. It is an open group book study. We rotate the books that we study. We're currently reading the "Dr Bob and the Good Old-timers". Turnout is about average. We have coffee and dessert every Monday. We would love to have more visitors. The Lighthouse Chapel is located off the 190: turn on to Bridge Drive, and then south to Rio Vista.

Friday Loose Women Meeting Glenda V., CSR

We meet every Friday from 6:30-7:30 pm at the Porterville Recovery Club located at 186 South D Street. We have attendance of 5-10 women. We are an open meeting, for women only. It is an open discussion meeting we have ladies with years of sobriety.

Thank You for allowing me to be of service.

Springville Thursday Night Gut Level Presented by Ken., CSR

Gut level meets every Thursday in Springville at the Lighthouse Chapel from 7-8:30pm. It is an open group with a chairperson & discussion. It is a small group of dedicated regulars. We celebrate Birthdays the last Thursday of each month with dinner at 5:30 at a local restaurant. We are looking for a Secretary.

Friends of Bill W and Dr Bob Charley., CSR

OPEN MEETING We meet each Tuesday night at 7-8:30pm at St Johns Episcopal Church in Tulare. There are approximately 10-15 men and women with varying lengths of sobriety. We celebrate birthdays the first Tuesday of the month with cake and ice cream for the previous month. We continue to share the importance and benefit of embracing the birthday club and the funds that it could raise, along with the benefits of raising it and how our essential central office is also positively impacted. Thank You for letting me be of service.

Tuesday Women's Changes Vicki B., CSR

We meet every Tuesday from 6:00 to 7:00pm at the Recovery Club located at 186 S. D Street, Porterville. We are an open meeting for women only. This is a stick topic meeting. That is each woman picks a preprinted stick and shares on the topic described on the stick. Our attendance includes women with a brief period of sobriety to those with many years. All are welcome. On the last Tuesday of the month we have a potluck to celebrate those with sobriety birthdays. Those women are invited to share their experience strength and hope with the group. Thank you for letting me be of service.

Half & Half Group Sylvia D., CSR

The Half & Half Group meets every Thursday night at 6:00pm for one hour, at the Trinity Lutheran Church located at 764 W Henderson Ave. Porterville, CA This is a book study and we read the big Book of Alcoholics Anonymous or the 12 x 12. We read a chapter out of the book for the first 30 minutes. We go around discussing what we read and how it relates to our experience, strength and hope. All are welcome.

Women's Tuesday Night Amity Group Sherri T., CSR

The Tuesday Women's Amity group meets every Tuesday at Trinity Church located 6400 West Walnut Street in Visalia. This is a closed women's meeting. We meet from 6:30pm - 7:30pm each week with the 3rd week being a business meeting after the regular meeting. Each week we have a lead speaker who speaks for 10 minutes and then picks a topic and chooses people to speak through tag, going around a circle or however they deem. The last week of the month is a birthday meeting where we enjoy yummy cake. We are growing and about 25-40+ women. Thank you, Kim C

Porterville Wednesday Open Gay Inclusive Marcie M., CSR

Open Meeting at Lutheran Church 765 Henderson Porterville Wednesday gay inclusive meeting 6:00-7:00pm, 12-15 members a mix of new and long timers Birthday celebration-cake the last Wednesday of the month, we support Central Office.

Second Sunday Speaker Springeville Meeting Marcie M., CSR

Veterans Memorial Building, Springeville second Sunday of the month, it is a beautiful ride to Springville Lots of Serenity.
Coffee at 8:00am
Breakfast at 8:30am
\$8.00
10:15 meeting starts 7th Tradition honored 10:30 ten minute speaker followed by main speaker
We support Central Office 50/50 drawing

Friday Freedom Fellowship Samantha J., CSR

The Friday Freedom Fellowship meets every Friday at 7:00pm ago Christ Lutheran Church located at 3830 W Tulare Ave. Visalia, CA This is a closed meeting where both men and women can attend. Our attendance ranges from 20-40 people. A chair person speaks for 10 minutes, the chairperson picks a topic and calls on people for the remainder of the meeting. There is a variety of lengths of sobriety in the room and a tradition in the meeting gives everyone an opportunity to share their sobriety date. Birthdays are celebrated the last Friday of each month with cake and chips. Chips are also given out each week to celebrate sobriety milestones.

Bridge Street Drunks Only John W., CSR

Bridge St meets at 526 N Bridge St in Visalia just north of Murray Ave. We have 20 meetings that are closed (alcoholics only) Our noon meetings on the weekend are open. We have great participation, celebrating birthdays with chips on the last Saturday noon meeting.

Prospecting for Nuggets Jerry S., CSR

St Johns Episcopal Church 1701 E Prosperity Ave.
This is an open meeting. We would like more participation.
It is a chip meeting and celebrate anniversaries on the last Sunday of the month.
We meet on Sundays from 7-8:30 pm

Civic Center Group David G., CSR

We meet every Tuesday night at the Christ Lutheran church near Tulare and Demaree in Visalia. The meeting starts at 7:00 PM and goes to 8:00 PM. It is an open meeting, and newcomers are welcome. We have coffee and candy, and literature every week. Books are for sale at cost, and pamphlets are free. Our business meetings are the third Tuesday of the month at 8:10 PM, immediately after the meeting. Our new Secretary is Gyna T. We give out chips every week for sobriety under one year; we have a birthday meeting on the last Tuesday of the month, with cupcakes.

Mid Valley Group Jerry S., CSR

Mid Valley Group At St Johns Church 1701 Prosperity in Tulare. This is an open AA meeting, all are welcome. We meet at 2-3:30pm on Saturday afternoon. It is a chip meeting and we celebrate and we have a few empty chairs that need filling with members. Also our present secretary is terming out so we are looking for a new one to fill the seat.

Keep It Simple Sunday David G., CSR

We moved to winter schedule, starting at 9:00am We meet in BlainPark in Visalia new comers are welcome. Bring a lawn chair or blanket. Chips given out every Sunday and the last Sunday of the month is the business meeting.

Old Business

1. Picnic Chairperson needed as well as
2. Presale tickets received a positive response

New Business

Arbor 9 June 14th AA Founders Day Picnic... We need a chairperson to head the committee.

Seventh Tradition

\$23.31

Announcements

Meeting Adjourned

7:07pm

Responsibility statement

Said by all

District 47 Meeting Minutes

This is a hybrid and Zoom meeting with members participating from various locations, including the Central Office in Exeter.

Meeting Called to Order: 7:09 PM by District Committee Member (DCM) Mike C.

Committee members present:

- Brandon L., GSR for Friday Freedom Fellowship
- Dusty B., GSR for the Springville Thursday Night Gut Level Group
- Mike S., new GSR for Unity Through Traditions
- Laura B., GSR for the Springville Monday Night Book Study
- Mike C., DCM
- Allen L., Treasurer
- David G., Recording Secretary and Central Office Liaison

Permission requested from all present that this meeting be audio recorded for the recording secretary's benefit.

The GSR Preamble was read by all attendees. "We are the General Service Representatives. We are the link in the chain of communication for our groups with the General Service Conference and the world of A.A. We realize the ultimate authority in A.A. is a Loving God as he may express himself in our Group Conscience. As trusted servants, our job is to bring information to our groups in order that the groups can reach an informed group conscience. In passing along this group conscience, we are helping to maintain the unity and strength so vital to our fellowship. Let us, therefore, have the patience and tolerance to listen while others share, the courage to speak up when we have something to share, and the wisdom to do what is right for our groups and A.A. as a whole."

12 Traditions: read by Mike S.

Concept 3: Concept 3 long form read and explained by Mike C.

Approval of Minutes: February 4, 2025, minutes amended: during last month's meeting, we had a motion and approval for \$300 for food and other expenses for the March 22 Agenda Items Workshop at the Twelve Step Club in Porterville. Allen moved to approve as amended, Dusty seconded; all in favor none against.

Treasurer's Report: Presented by Allen L.:

Beginning Balance: \$1,983.88

INCOME

Date	Description	Amount
2-18-25	Tuesday Women's Amity Group. Chk #1155	\$55.10
2-18-25	District 49 Committee. Chk #1001	\$313.00
		=====
	Total Income:	\$368.10

EXPENSES

Date	Description	Amount
2-18-25	Post Office Box 273 – one year. Chk #311	\$102.00
		=====
	Total Expense:	\$102.00

Ending Balance: \$2,249.98

Allen and Mike had discussed that the District 49 contribution was unexpected, and will clarify with the sender if this contribution was meant for District 47 or for Central Office.

CSO Liaison Report: David G.

Our February CSR Meeting was held on February 11th, 2025. The meeting was a hybrid meeting, both in-person and on Zoom.

Central Office finances: For the period from December 21st, 2024, through January 20th, 2025, Central Office had an income of \$14,000 and expenses of \$6,189 for a GAIN of \$7,811. Our balance was \$24,786 where our prudent reserve is \$19,000 (\$5,786 over our prudent reserve). We are super grateful for our members.

Old Business:

We need a chairperson to head the Founder's Day Picnic committee. The Founders' Day Picnic will be June 14th, 2025 at Mooney's Grove Park in Visalia.

We have re-opened on Mondays, from 9 AM to 1 PM. Glenda V. is our new volunteer. We are thrilled that we can be of service to our fellowship on Mondays again.

New Business:

CSRs are asking their groups what they think about doing pre-sale tickets for the Founders' Day picnic. Last year, we prepared way too much food, and pre-sale tickets might be a way to mitigate that.

Our website, aa-tulareco.org, had begun crashing every five minutes due to our calendar software going obsolete. We had to remove it, and have since installed new software. Unfortunately, there is no direct way of migrating the old data, so the new calendar is being recreated from scratch, by hand. If your group has an event that needs to be on our calendar, please send the information to tccof@hotmail.com. Please add anything like this to our calendar: your group's monthly or quarterly business meetings, any AA roundups or conferences you're aware of, your 9th Tradition Service Committee's monthly meetings. This ensures all members can easily access the information.

Registrar: Josh F. no report

H&I Report: Prepared by Joyce R., an presented by Mike C.

March, 2025 H&I Report

The only purpose of the Northern California Hospital and Institution Committee is to carry the

message of AA to alcoholics in corrections and treatment facilities and facilities serving alcoholics in Northern CA.

In Tulare County, our monthly meetings have been reduced to 14 monthly as the Visalia Rescue Mission has decided to put their meetings on hold for the time being. At each of these meetings, we have AA Big Books, 12 Steps and 12 Traditions, Daily Reflections, Living Sober in English and Spanish along with Grapevines and LaVina available for our inside members to keep as a gift from our AA Fellowship. This is funded with money contributed to the Pink Cans passed at meetings.

Attached is the most current News Brief from NorCal available in English and Spanish. This is good information to share with your groups as it covers all aspects of the NorCal H&I Committee. This along with the most current financial reports is available on our Tulare County AA website at www.aa-tulareco.org under the Hospital and Institution tab and at www.handinorcal.org. There are also links to send any questions to the NorCal Officer, please feel free to reach out with any questions or concerns.

We continue to need volunteers especially those interested in going into Tulare County Jail, Corcoran, SATF, Avenal State Prisons. We are in dire need of Sponsors willing to sponsor an inmate at one of our Prisons. Please send any interested AA members to our next orientation at 9:00 am. We also have several additional positions to be filled which will be discussed at the business meeting at 10:00 am. Both will be held on March 8, 2025 at 526 N. Bridge Street, Visalia, CA 93291.

In Service,

Joyce R
Area 93 Chair

DCM Report: Mike C. I attended the Area Committee Meeting (ACM) February 15 via Zoom.

The Fall Assembly (Mini-PRAASA) will be in November; there was discussion about changing it from three days to two days. The Pre-Conference Assembly will be in Gazelle, CA in April; there was discussion about changing it from two days to three, although no change was made. These might be brought up at the March ACM.

Mike made a motion to borrow the interpretation equipment for the Agenda Items Workshop on March 22.

There was a discussion to bring a Twelve Step Inventory to the General Service Conference. This had previously been brought to the Area; but during discussion, the motion failed.

CNIA 07 did decide to move the Archives office to Florin Road in Sacramento. They are working on insurance underwriting next.

Some area positions will be open in November; officers are writing up the responsibilities now.

GSR Reports:

1. Brandon (Friday Freedom Fellowship): the meeting is going well, we had birthday meeting with ten people celebrating. Please note that the Wednesday night Valley Group Meeting lost their GSR, so the money they planned for sending someone to Gazelle is available.

2. Mike (new GSR for the Unity Through Traditions meeting): the meeting is going well. Fred F stepped down as GSR.
3. Laura: We finished the previous book, and have just started reading *Dr. Bob and the Good Oldtimers*. Brandon mentioned attending another Agenda Item Workshop via Zoom,
4. Dusty (Springville Thursday Night Gut Level Group): This month we had one person taking a cake for 28 years.

Old Business:

We still need an Alternate DCM.

New Business:

1. Discuss who will purchase food for the Agenda Items Workshop.
2. Which agenda items should we review? A large number of items were discussed.

Responsibility Declaration: Read by all “I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible.”

The meeting was adjourned at 8:09 PM.

Respectfully submitted,

David G., Recording Secretary

April 2025 AA Birthdays!

AA BIRTHDAYS							
APRIL	2025						
Bill M	Visalia	48		Nancy S	Tulare	31	4/14/1994
Mike W	Visalia	46		Catherine S	Visalia	30	4/14/1994
Cheryl H	Springville	45	4/7/1980	Marvin A	Tulare	30	
Sammy	Tulare	45		Bill E	Tulare	28	4/26/1997
Wanda B	Lindsay	45		Brett R	Visalia	26	4/15/1999
Helen Z	Visalia	44		Kathy E	Exeter	25	4/16/2000
Robin F	Ivanhoe	43		Jeff H	Porterville	23	4/3/2002
Rocky R	Dinuba	42		Sean M	Visalia	21	4/16/2004
Rick D	Visalia	41	4/2/1984	John H Jr	Visalia	21	4/17/2004
Rick W	Visalia	39		Ricky G	Dinuba	21	
Janet T	Visalia	39		Bill H	Visalia	20	4/11/2005
Patty P	Visalia	39	4/7/1986	Carson T	Exeter	17	4/14/2008
Clayton F	Tulare	38		Debbie	Visalia	17	4/16/2008
Neil N	Exeter	37		Rick R	Visalia	17	4/14/2008
Charlie M	Visalia	37	4/12/1988	Lucinda A	Visalia	16	
Elizabeth L	Visalia	37	4/21/1988	Frank S	Visalia	15	
Julio Q	Porterville	37	4/12/1988	Sheryl E	Springville	12	
Roger G	Visalia	37		Trudy W	Lindsay	10	4/6/2015
Sheila W	Visalia	37		Alice S	Tulare	9	4/18/2016
Brent G	Springville	36	4/18/1989	Leah W	Visalia	3	4/22/2022
Kolene L	Visalia	36	4/26/1989				
Kathy R	Visalia	36					
Danny	Porterville	36					
Rick R	Porterville	36					
Albert G	Visalia	36	4/8/1989				
Jim W	Three Rivers	36	4/7/1990				
Shirley A	Tulare	35					
Karen L	Sacramento	35	4/23/1990				
Sue H	Visalia	35	4/6/1990				
JC E	Visalia	33	4/19/1992				
Joe S	Porterville	33					
John B	Visalia	32					
Mike R Jr.	Woodlake	32					
Maria W	Porterville	32	4/15/1993				
Lindsay D	Springville	32	4/1/1993				
Pat R	Visalia	32	4/18/1993				

That's
1,751 Years
of Total
Sobriety!!!



Group Contributions 2/21/25-3/20/25

Group Contributions 2/21/2025 Thru 3/20/2025			Month	YTD
1st Friday Speaker Meeting			\$-	\$40.00
10th Ave Men's Group			\$-	\$208.50
ABC Group			\$-	\$-
ACYPAA			\$-	\$-
Attitude Adjustment Group			\$30.00	\$124.00
Blain Park				\$400.00
Bridge St "Drunks Only"				\$-
Central California Round Up				\$-
Central Valley Recovery Alumni Meeting				\$-
Civic Center Group				\$-
Clodbusters-Tulare			\$230.00	\$230.00
Crossroads-Tulare				
CSO Meeting			\$23.31	\$94.31
District 47				
District 49			\$313.00	\$313.00
Everyday is Christmas				\$118.00
Exeter Sunday Afternoon				\$75.00
Freedom Fellowship				\$-
Friends of Bill W and Dr Bob Tulare				\$200.00
				\$-
Gem St Noon Book Study				\$-
Half & Half				\$200.00
Keep it Simple Sunday				\$-
loose women-shut down			\$126.20	\$126.20
Monday Men's Valley Big Book Study				\$75.00
Monday Men's Mtg (PPAV)				\$-
Mid-Valley-Tulare				\$200.00
Monday Book Study Springville				\$50.00



Monday Women's Reflections		\$103.00
Nooners Group-Visalia	\$500.00	\$500.00
Porterville Friday Night Candlelight		\$-
Practicing the Principles		\$150.00
Prospecting for Nuggets		\$200.00
Quiet Trails	\$50.00	\$150.00
Rainbow Group		\$-
Rule 62-Visalia		\$-
Serenity Junction-Tulare		\$-
Saturday Night Believers		\$25.00
Sober for a Reason		\$-
Sober Tippers		\$-
Springville Gut Level		\$-
Springville Breakfast Meeting		\$-
Sunday PM Serenity Seekers		\$-
Three Rivers Monday	\$60.00	\$160.00
TUFYPAA		\$-
Tuesday Men's Porterville		\$171.82
Tuesday Women's Amity Group (TWAG)		\$165.30
Unity through Traditions		\$-
Valley Group	\$210.00	\$460.00
Valley Speaker Series		\$436.11
Visalia Alano Club		\$-
Wandering Couples		\$-
Wednesday Acceptance Group (WAG)		\$200.00
Women's Changes Group		\$125.00
Women's Friday Night-Porterville		\$-
Wom- en's Happy		\$-
Women's Saturday AM 12x12		\$-
Totals	\$1,542.51	\$6,403.16



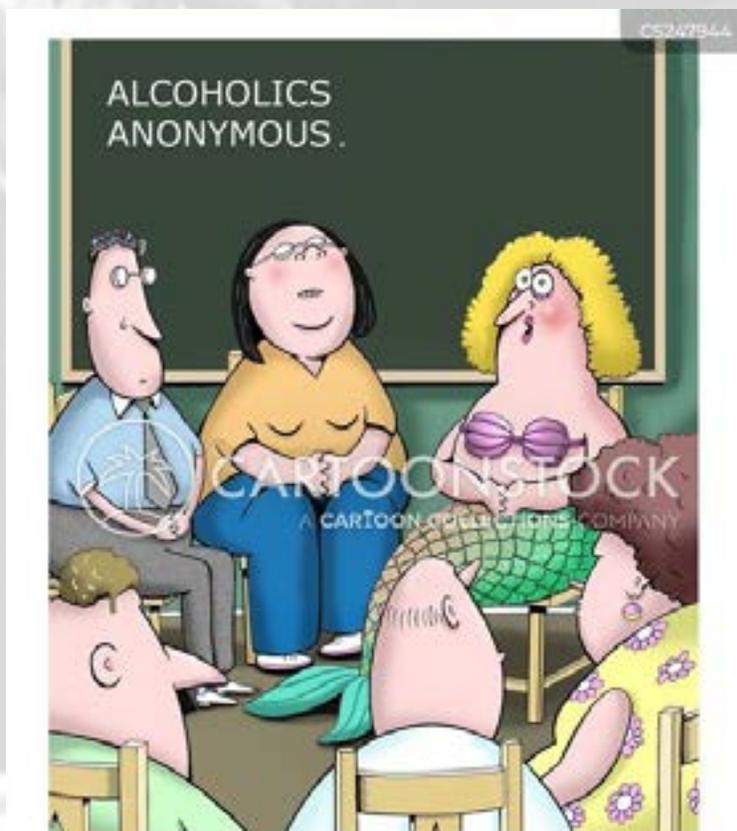
Lighter Side of AA

“3 guys walk into a bar: a normal drinker, a heavy drinker and an alcoholic. They sit down at the bar and each order a shot of vodka.

The normal drinker looks down at his shot, sees that there is a fly floating around in it and he pushes the drink away in disgust. He refuses to drink it.

The heavy drinker looks down at his shot of vodka and also sees a fly in it. Undisturbed, he simply grabs the fly out of his drink, flicks it away, and takes his drink.

Finally, when the alcoholic sees the fly in his vodka, he grabs it by each wing and holds it up to his mouth, violently shaking it and saying “spit it out you bastard!..”



"I'm here because I drink like a fish."

BIRTHDAY CLUB

THIS IS A GREAT WAY TO SHOW YOUR GRATITUDE FOR YOUR SOBRIETY AND ALSO HELP CARRY THE MESSAGE OF RECOVERY.

You can contribute \$1, \$5, \$10 or some have even contributed \$100 for each year of sobriety!

Contribute before the month of your anniversary sobriety date and we will publish your first name and last initial, city and years of sobriety in our monthly newsletter, see your accomplishment in your monthly Newsletter!

IT'S REALLY SIMPLE AND WOULD HELP YOUR CENTRAL OFFICE TREMENDOUSLY.



Go to AA-Tulareco.org to contribute

GOT JOKES/STORIES?

Hello there! Its your friendly editor, Robert P, and I welcome anyone who has an AA-related joke that they would like to share, or story to in order to further help our readers both laugh and stay inspired. I feel that there are never too much of either of those things! Thank you for letting me be of service!



Your Content Here!!!

Have an event????

New group starting up?????

Have a story to share???

Take some amazing photos around our district???

Want to be of service????

All this can be accommodated-we are available to help! Simply reach out to us here at Central News and we will do all we can to get the word out!!!

Carrying the message to the Alcoholic who still suffer is our primary purpose. What better way to do it then to get involved!!!!

Send your content to:

centralintergroupnews@gmail.com

... and we will help you communicate to district 47!!!