

Central News-July 2025



Alcoholics Anonymous-Step Eight

Made a list of all persons I had harmed and became willing to make amends to them all. I have been fortunate to find myself willing to do the unfamiliar and uncomfortable at times thus far as I have begun and continue to embrace the AA way, this includes unity, service and recovery. As I heard many times in my infancy of membership in AA, it was engrained in me the importance of meeting attendance, sponsorship and beginning my steps if I wanted to make progress and this was a little daunting. To be honest my only intention was to control my alcohol consumption or maybe eliminate, for how long I did not know, but I did know that it was causing harm to me and I finally came to admit that I was not the only one that it was harming. That is what comes into question for me while I am writing this piece surrounding step eight of the twelve steps of AA. Too many times I said that I was "SORRY" and I really was. However, that did not generally lead to changed behavior on my part for very long. In order to embark upon the work that step eight requires I had to learn the difference of "sorry" and "amends" in order to actually make progress in this journey which includes not just healing from within, but doing my

part by trying to heal some of the wounds that my actions had caused others. In my case, I knew that this task would not be a simple process and definitely not done to perfection, so I was aiming for “progress not perfection.” And with that I just started by making a list of those that I had wronged which was mainly my immediate family as they are the ones that mainly dealt with my indiscretions in the past. Numerous sorries had been said before and would likely be said again for the exact same reasons if I had continued the misuse of alcohol and the behaviors that accompany it, so my hope was that my amends would help guide us to a better place. I had an unexperienced viewpoint of step eight so it was another AA member, my sponsor, that was there to point out that my step eight was good progress for me as I continue this journey of recovery.

However, as this step is a precursor for step nine I shared with him my plan to tackle step nine for those I mention in step eight on Easter since my children, spouse and mother and I would all be together and I generally seek out an “efficient way” of completing tasks! Grateful I am, that he pointed out to me my interactions with my wife, mother, daughter and son are all different. And so are their perceptions and experiences with me. This meant that in addressing step eight through step nine I may want to rethink and alter my approach and it made perfect sense and seemed so obvious after he pointed it out. My ignorance was erased by my willingness to listen and learn from another member of AA, in this case my sponsor. I passed on my “Easter Plan” and met with each of those fore-mentioned family members individually at a later time. He has been selfless with me and truly a mentor throughout my journey so far. I did not think that I would like this sponsorship thing, but it has been an unanticipated benefit that I recommend it to anyone that has not yet embraced being a sponsee. Their experience is valuable! My write-up here is not a clean piece strictly about step eight only because for me it was about eight and what would follow in step nine as a result of working with my sponsor. I have learned that sponsorship is about mentorship for someone that is willing to learn from experienced AA members so that progress can occur. Step eight has been written into the books for me for the first time, yet I know that there will be a rewrite down the road in order to my continue progress. So until my next step eight, I will work on not adding names to the list and continue to do my best incorporating the steps into my life.

All my best,
Charley

Individual, Newsletter, Memorial & Birthday Club Contributions

6/21/2025 thru 7/20/2025

Birthday Club

\$1 for every year of sobriety!

Michael K Visalia
2

Yaya Visalia
2

Vicki B Porterville 8

Jim K Visalia
23

Anonymous Exeter
39

Jim B Porterville 44

Total Club Contributions \$118



Congratulations on your sobriety!

Newsletter Contributions

None

Memorial Contribution

None

Grateful Giver's Club (You know who you are!)

Members \$97.12

Individual Contributions

Bob T

Ramon V

THANK YOU!!!

Tradition 8

Short Form: “Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.”

Everyone who comes in to this office is of service to a meeting; buying books, chips or making a contribution, a member getting something special for someone celebrating a sobriety milestone. Wonderful people giving back to the program that is saving our lives! YOU are the special workers in AA! Think about it, we have someone show up early and unlock the doors to your meeting and that person may also be the coffee maker for your meeting. (Some coffee pots take an hour to percolate in those huge pots!) Most groups have a Treasurer who pays the rent and distributes contributions to the other AA entities. I have seen large meeting with many more service positions, so, AA has a vast number of special workers all over the world, people are doing stuff behind the scenes before we ever get to our meeting! Without these humble servants, there would be no AA! Thank God for these members, with out them I would not have the life I have today!

Through your contributions, our website reached over 2,900 people this month alone! Thank God for our humble servant David G for keeping it up and running, a VERY SPECIAL WORKER INDEED! So grateful we don't have to pay for his services! We have members who travel great distances to District, Region and Assembly meetings to discuss AA business solely for the benefit of AA as a whole! You are our special workers!

As the Office Manager aka special worker, I have been accused of being a person who badgers meetings for money! My job is all about the money! I am in the financial trenches of this office daily, and I know what expenses we have coming up and what we have recently paid out. I am just trying to let groups and individuals know that in order to continue to share the message of recovery **we need contributions regularly, not just once or twice a year.**

I am the only paid AA member at the Tulare Central Office and this office operates solely through contributions! Those contributions make it so we can afford to rent an office that has all the things you need for your meetings! The contributions pay for me to be here to run this office as paid staff 20 hours a week for \$23.22 per hour. Most of the payroll taxes come out of my paycheck but you are supporting the office's portion of payroll taxes, literature purchases, chips, meeting schedules, and our website expenses, insurance and all the office expenses. (In case you feel I am over paid, the office manager at the Chicago Central Office works 40 hours a week and makes \$90,000 a year, or \$43.27 an hour!) We are professionals who do an important job!

AA is an organization that many legal obligations, as we are held accountable to many governing agencies. This Central office is in compliance with them all and we are good until 2026 when we start that process all over again.

Each group is totally self-supporting and hopefully has money left over to support the AA triangle of service; us here at Central Office, your district, and AA World Services so that anyone anywhere reaches out for help anywhere in the world, they can find us! Like any business we have monthly expenses and the only way we can meet those expenses is if we get groups and member to contribute regularly!

We have 3 member who send money each month THANK YOU! We would love it if more of our members and groups could contribute monthly.

The new board made an agreement with me that if we are below our current prudent reserve of \$19,000, we will close the office effective immediately on Mondays. This takes away 20% of my already part time salary and that hurts.

With all the groups and members we have in our area, there should be no reason why we can't keep this office open for 20 hours a week. So, I am reaching out to you, one of the members of our life saving organization to please talk to your conscience and your groups to see about increasing the amount you put in the basket, and also think about sending in **monthly** contributions to us! You can send them in through our website via PayPal, VENMO or as part of your monthly bill paying processes!

I generate the group contributions report every month with monthly and yearly contributions for each group. I am asking you to assess what your group has been collecting and how much is actually going to AA entities starting with us, your local AA headquarters, and AA World services, as well as your District and Area. We all have bills to pay!

So again, a huge thanks for your contributions, Tulare County Central Office Inc. and AA General Service Office Inc in New York are able to employ special workers! We are running the business side of AA through your contributions, so thank you and keep them coming!

It is an honor and a privilege to be the Office Manager here at Tulare County Central Office Inc, your local AA headquarters!

In love and service,

Carol Ann G

Speaker Meetings for Aug 2025

PORTERVILLE RECOVERY CLUB

SPEAKER MEETING

186 W. Walnut Ave.

Friday August 1st 2025 at 8:00 PM

Speakers: TBA

VETERANS MEMORIAL BUILDING

36000 Hwy 190, Springville

August 10th, 2025

(Breakfast at 8:30 to 10:00 AM)

Speaker: Ursula G from San Juan Capistrano

SUNDAY AM BREAKFAST, SPEAKER MEETING

THE VALLEY GROUP, SPEAKER MEETING

St. Paul's Episcopal Church

120 N. Hall St. Visalia, CA 93291

Every Wednesday from 7-8 pm.

Speakers for August

TBA

CIVIC CENTER GROUP

Christ Lutheran Church

3830 W Tulare Ave, Visalia

Birthday speaker meeting

Last Tuesday of the month

Attention speaker group secretaries: If you want your speaker listed in the Newsletter, please get the information to the Central Office (559) 592-6999 or TCCOF@hotmail.com by the 20th of the month preceding the month of the Newsletter.

SUNDAY PM SERENITY SEEKERS VALLEY GROUP

Sunday 7:30-9 pm.

St. Paul's Episcopal Church

120 N. Hall St. Visalia, CA 93291

Speakers for August

TBA

**TULARE COUNTY
CENTRAL OFFICE
Income & Expense
Statement**

6/21/202
5

through

7/20/2025

| <u>INCOME</u> | <u>MONTH</u> | <u>YEAR TO DATE</u> |
|---|---------------------|--------------------------------|
| B.Day Club | 118.00 | 4,535.04 |
| Grateful Givers Club | 97.12 | 1,044.24 |
| Group Cont. | 1,302.48 | 11,212.20 |
| Indiv Cont | 27.00 | 2,504.21 |
| Interest Income | - | - |
| Lit. Sales | 398.80 | 4,164.07 |
| Memorial Cont. | - | - |
| Misc. | - | - |
| Newsletter Contribution | - | - |
| S & H | - | 18.00 |
| Sales Tax | 65.39 | 585.40 |
| Service Charge | 3.00 | 29.31 |
| Spec. Events-New Year's Eve | - | 5,054.00 |
| Spec. Events-Picnic | 70.00 | 5,712.16 |
| Spec. Items | 467.62 | 3,729.97 |
| State fund dividend | - | 50.00 |
| State Fund Refund | - | - |
| <hr style="border-top: 1px dashed black;"/> | | |
| TOTAL | 2,549.41 | 38,638.60 |

| <u>EXPENSES</u> | <u>MONTH</u> | <u>YEAR TO DATE</u> |
|---------------------------|---------------------|--------------------------------|
| Bank Charge | - | - |
| Fees-Taxes | - | 50.00 |
| Insurance | - | 445.00 |
| Lit. Costs | 1,221.43 | 5,203.92 |
| PI-CPC Expense | - | 32.63 |
| Misc Expense | - | - |
| Newsletter Cost | - | - |
| Non Employee Compensation | | 525.00 |
| Office Exp | 275.48 | 1,389.29 |
| Office Equip.& Maint | | 554.95 |
| Paypal charges | - | - |
| Payroll Taxes | 2,277.14 | |

| | | | |
|---------------------------|----------|----------|---------|
| | | 5,524.83 | |
| Phone & ISP | 146.25 | | 1139.94 |
| Printing and copy expense | | | - |
| Postage | 73.00 | 169.86 | |
| Returned Check & Chg | | | - |
| Rent | 685.00 | 4,795.00 | |
| Salary | 1,507.61 | 9,620.48 | |
| Sales Tax-Paid | - | | - |
| Spec. Events-picnic | - | 1,825.87 | |
| Spec. Events-New Year | 400.00 | 1,915.50 | |
| Spec. Items | 538.52 | 1,170.46 | |
| Square Card Charges | 12.62 | 118.28 | |
| Utilities | 86.41 | 591.53 | |
| Ph-venmo | 20.00 | 159.98 | |
| venmo fees | 5.15 | 41.08 | |
| Website | 7.00 | 148.80 | |

| | | | |
|--------------|-------------------|------------------|--|
| TOTAL | \$7,255.61 | 35,422.40 | |
|--------------|-------------------|------------------|--|

| | | | |
|-----------------------|---------------------|-----------------|--|
| Net Gain(Loss) | (\$4,706.20) | 3,216.20 | |
|-----------------------|---------------------|-----------------|--|

| | | |
|---|--|--------------------|
| <u>BEGINNING ACCOUNT BALANCES AS OF 6/20/2025:</u> | | \$24,898.05 |
|---|--|--------------------|

| | | |
|---|--|--------------------|
| <u>ENDING ACCOUNT BALANCES AS OF 7/20/2025</u> | | \$20,191.85 |
|---|--|--------------------|

| | | |
|------------------------------------|--|--------------------|
| Established Prudent Reserve | | \$19,000.00 |
|------------------------------------|--|--------------------|

| | |
|------------------------------|-------------------|
| Above prudent reserve | \$1,191.85 |
|------------------------------|-------------------|

| Central Office Contacts June 21st thru July 20, 2025 | | Other 12 Step Programs | |
|---|-----|--------------------------------------|-------------|
| AA Members | 58 | Prospective Members | 2 |
| Alanon & Alateen Info | 0 | Schedules & Info | 2 |
| Bridging the Gap | 1 | Mailed | 0 |
| Churches and Schools | 0 | Spanish Contacts | 2 |
| Court Referral/Info | 0 | Specialty Sales | 13 |
| E-Mail Contacts | 595 | Twelve Step Calls | 0 |
| General Info | 8 | Visitors to the Office | 6 |
| H & I | 0 | Voice Mail Calls | 9 |
| Literature Sales | 12 | Website | 2956 |
| Meeting Information | 8 | Total Central Office Contacts | 3672 |

Group Contributions 6/21/2025 Thru 7/20/2025

| | Month | YTD |
|--|--------------|------------|
| | | \$ |
| 1st Friday Speaker Meeting | \$ 10.00 | 70.00 |
| | | \$ |
| 10th Ave Men's Group | \$ 197.00 | 548.85 |
| | | \$ |
| 210 Attitude Modification Group | \$ 75.00 | 394.00 |
| | | \$ |
| ABC Group | \$ - | - |
| | | \$ |
| ACYPAA | \$ - | - |
| | | \$ |
| Blain Park | \$ - | 400.00 |
| | | \$ |
| Bridge St "Drunks Only" | \$ - | 466.86 |
| | | \$ |
| Central California Round Up | \$ - | - |
| Central Valley Recovery Alumni Meeting | \$ - | \$ |
| | | 20.00 |
| | | \$ |
| Civic Center Group | \$ - | - |
| | | \$ |
| Clodbusters-Tulare | \$ - | 480.00 |
| | | \$ |
| Crossroads-Tulare | \$ - | 250.00 |
| | | \$ |
| CSO Meeting | \$ 70.00 | 287.31 |
| | | \$ |
| District 47 | \$ - | 1,102.92 |
| | | \$ |
| District 49 | \$ - | 313.00 |
| | | \$ |
| Everyday is Christmas | \$ - | 243.00 |
| | | \$ |
| Exeter Sunday Afternoon | \$ 100.00 | 175.00 |
| | | \$ |
| Freedom Fellowship | \$ 172.15 | 172.15 |
| | | \$ |
| Friends of Bill W and Dr Bob Tulare | \$ - | 200.00 |
| | | \$ |
| Friends of Bill W | \$ - | 100.00 |
| | | \$ |
| Gem St Noon Book Study | \$ - | - |
| | | \$ |
| Half & Half | \$ - | 200.00 |
| | | \$ |
| Keep it Simple Sunday | \$ - | - |
| | | \$ |
| loose women-shut down | \$ - | 126.20 |
| | | \$ |
| Monday Men's Valley Big Book Study | \$ - | 225.00 |
| Monday Men's Mtg (PPAV) | \$ - | \$ |

| | | |
|--------------------------------------|-----------|--------|
| | | 632.00 |
| | | \$ |
| Mid-Valley-Tulare | \$ - | 200.00 |
| | | \$ |
| Monday Book Study Springville | \$ 115.00 | 240.00 |
| | | \$ |
| Monday Women's Reflections | \$ - | 178.00 |
| | | \$ |
| Nooners Group-Visalia | \$ - | 500.00 |
| | | \$ |
| Porterville Friday Night Candlelight | \$ - | - |
| | | \$ |
| Practicing the Principles | \$ - | 150.00 |
| | | \$ |
| Prospecting for Nuggets | \$ - | 200.00 |
| | | \$ |
| Quiet Trails | \$ 100.00 | 400.00 |
| | | \$ |
| Rainbow Group | \$ - | 50.00 |
| | | \$ |
| Rule 62-Visalia | \$ - | - |
| | | \$ |
| Serenity Junction-Tulare | \$ - | - |
| | | \$ |
| Saturday Night Believers | \$ - | 25.00 |
| | | \$ |
| Sober for a Reason | \$ - | - |
| | | \$ |
| Sober Tippers | \$ - | - |
| | | \$ |
| Springville Gut Level | \$ - | 425.00 |
| | | \$ |
| Springville Breakfast Meeting | \$ - | - |
| | | \$ |
| Sunday PM Serenity Seekers | \$ - | - |
| | | \$ |
| Three Rivers Monday | \$ 100.00 | 260.00 |
| | | \$ |
| TUFYPAA | \$ - | - |
| | | \$ |
| Tuesday Men's Porterville | \$ - | 217.97 |
| Tuesday Women's Amity Group | | \$ |
| (TWAG) | \$ - | 375.50 |
| | | \$ |
| Unity through Traditions | \$ - | - |
| | | \$ |
| Valley Group | \$ - | 460.00 |
| | | \$ |
| Valley Speaker Series | \$ 363.33 | 799.44 |
| | | \$ |
| Visalia Alano Club | \$ - | - |
| | | \$ |
| Wandering Couples | \$ - | - |

| | | | | |
|----------------------------------|----|--------------------|-----------|------------------|
| Wednesday Acceptance Group (WAG) | \$ | - | \$ | 200.00 |
| Women's Changes Group | \$ | - | \$ | 125.00 |
| Women's Friday Night-Porterville | \$ | - | \$ | - |
| Women's Happy Hour-Hanford | \$ | - | \$ | - |
| Women's Saturday AM 12x12 | | | \$ | - |
| Totals | | \$ 1,302.48 | \$ | 11,212.20 |

THANK YOU!!!

AA BIRTHDAYS

| AUGUST | 2025 | YEARS | | | |
|-----------|-------------|-------|------------|--------------|----|
| Don H | Porterville | 52 | Richard R | Tulare | 27 |
| Betty C | Visalia | 51 | Margie A | Three Rivers | 27 |
| Larry R | Visalia | 48 | Diane M | Visalia | 26 |
| Diane N | Exeter | 47 | Lynn T | Porterville | 23 |
| Mary S | Tipton | 44 | Sheri T | Hanford | 21 |
| Juanita M | Visalia | 42 | Gilbert C | Visalia | 21 |
| Helen D | Tulare | 42 | Kelly K | Visalia | 21 |
| Dan H | Porterville | 41 | Michael C | Visalia | 20 |
| Emma K | Tulare | 38 | Laura N | Fresno | 19 |
| Les S | Tulare | 37 | Doug H | Porterville | 16 |
| Emilio A | Goshen | 36 | Bill E | Springville | 13 |
| Frank V | Visalia | 35 | Glenda G | Porterville | 13 |
| Debbie S | Visalia | 34 | Mitch K | Visalia | 11 |
| Jonna K | Porterville | 34 | Vicki B | Porterville | 8 |
| Rick S | Visalia | 34 | Greg R | Visalia | 7 |
| Deric F | Visalia | 33 | Sara S | Visalia | 7 |
| Bob T | Visalia | 31 | Patrick A | Visalia | 6 |
| Greg H | Visalia | 29 | Craig K | Visalia | 3 |
| | | | Vito B | Farmersville | 3 |
| | | | Lorraine V | Visalia | 2 |

CENTRAL SERVICE MEETING UN-APPROVED MINUTES

Central Office & Central Service Representatives Meeting Report

Date

JULY 8, 2025

Meeting called to order

GEORGE 6:00 P.M.

Board Members Present

George led the meeting

Cody, John W, Ally A absent , Mike P

Serenity Prayer

Said by All

12 Traditions

Previous Minutes

No additions or corrections

Reviewed and Approved by all

Board Meeting Report

George

Treasurer and Office Report

Good evening!

We had a great turn out for this year's Founder's Day Picnic and our committee did a great job putting it together! I want to give

a shout out to our committee members; you guys put a lot of time and energy putting it together! Thank you to our generous

members who donated the meat for the event and huge shout out to members Anita and George got up early and brought BBQ's

and wood! Thank you George for cooking! George said he had help, so thank you to Mike from one of the recovery homes, he

said you were a huge help, along with Courtney, Mark L, and Brandon! Thank you to everyone who showed up, thank you to

everyone who helped with the set up and clean up!! We had a great time!

Still waiting for the birthday list additions for the newsletter from your groups! I know we have new people celebrating

birthdays, lets get them on the Newsletter birthday list!

For the period from May 21st, 2025 thru June 20th, 2025 Central Office had an income of \$7,084.76 and expenses of \$4713.00 for

a gain of \$2,371.76 for this accounting period.

This office is totally self-supported through your contributions! We do not make a profit on AA literature, and we make

very little off of the sales of chips, and other literature.

Birthday Club: We had 6 grateful members contribute \$84.00 to Central Office Birthday Club to celebrate their sobriety! Thank

you and happy birthday!

Group contributions: 8 groups donated to Central Office for a total of \$520.35 Thank you to The World-Famous 10th Ave

Men's Group, The 210 Attitude Modification Group, Our Central Office Service Reps Group, Central Valley Recovery Alumni,

The Monday Women's Reflections Group, The Monday Men's Valley Big Book Study Group, The Quiet Trails Group, and the

Rainbow Group!

Grateful Giver Club contributions: 6 anonymous grateful alcoholics donated through our Grateful Givers Club totaling

\$170.20!

Individual contributions: We had 2 individual alcoholics generously donate to our office for the amount of \$425.00! Thank you

for helping us share the message of recovery!

Thank you for helping us meet our monthly expenses like payroll, rent, insurance, telephone, internet and website expenses that

help us share our AA message of recovery.

We are currently real close to dipping below our prudent reserve; I will be paying and filing our annual sales tax report in

the amount of around \$1200.00 due July 31st of this year.

Carol Ann Gable

Office Manager/Treasurer

PI/CPC Report

George

STEP FOR NEWSLETTER-VOLUNTEER

Issue Step Member

August Charlie Step 8 due to centralintergroupnews@gmail.com 7/21/2025

TRADITION FOR NEWSLETTER-VOLUNTEER

Issue Step Member

August Carol Ann Tradition 8 due to centralintergroupnews@gmail.com 7/21/2025

Website Report

This website report covers the time between the June and July CSR Meetings (2025-06-10 through 2025-07-08).

Announcements:

Central Office closed July 4th 2025

District 47 Meeting bumped to July 15

Founder's Day Final Business Meeting in person and on ZOOM tonight at 6 pm at

Central Office

Carol Ann and I did the normal monthly edits of the CSR meeting, GSR meeting, and Valley Group Meetings

H & I Report

June H&I Report

The only purpose of the Northern California Hospital and Institutions Committee is to carry the message of AA to alcoholics

in corrections and treatment facilities and facilities serving alcoholics in Northern California.

In Tulare County, our monthly meetings are as follows:

Treatment facilities: 14

Monthly meetings in Tulare County Jail: 8

Prisons:

We continue to need volunteers, especially those interested in going into Tulare County Jail, Corcoran, SATF, Avenal State

Prisons. We are in dire need of Sponsors willing to sponsor an inmate at one of our Prisons. Send any interested volunteers

to our next H&I orientation, July 12th at 9am at Bridge Street Clubhouse.

Avenal Speakers Jam was held on 3 separate Saturdays with 20 volunteers each weekend. Approximately 165 incarcerated

individuals attended across 6 yards.

Inside Visiting Sponsorship Service continues to grow yet we always have a great need above and beyond what we ever could

handle. Please share with your home groups to see if anyone is interested in sponsoring an inmate remotely. Let them know

they do not have to go 'to' the correctional facility. Contact: HANDI.IVSS@gmail.com ***

The June YTD Financial report has not changed much since May and is as follows:

June ended with a negative \$11,055.21. To date contributions are 2.82% below budget while literature expenses are 4.62

above budget. As we near the middle of the year, we continue to fall short. Also, Group treasurers are

encouraged to send

Pink Can monies to H&I on a regular basis; this is helpful for accounting and more realistic income reporting.

Next meeting July 12, 10am – Bridge Street Clubhouse.

Thank you for letting us be of service.

BTG Bridging the Gap

Mike P

GSO Liaison:

No GSR Meeting, yet, this month. Because of people traveling to the International Convention, we postponed the July GSR meeting to next week, July 15th, 2025.

For upcoming events, we have:

Our Delegate, Matthew L., will be in-person at a Delegate's Report meeting in Clovis on August 2nd, 2025:

Date: August 2, 2025

Time: 12:00 PM - 2:00 PM

Venue: New Life Church

Location: 2165 Gettysburg Ave, Clovis.

Fresno – lunch will be served

Zoom meeting ID: 831 0161 7429

PW: 347842

Thank you for letting me be of service.

David G.

Liaison, Central Office «—» District 47

CSR Reports

Saturday Morning Women's 12 x 12 Tracy Jo., CSR

Held from 9-10 am Saturday morning held weekly

Approx 35-40 women We meet at Christ Lutheran

Church 3830 W Tulare Ave.

We celebrate recovery by handing out milestone chips each week and celebrating birthdays the end of the month. Each

meeting is a book study out of the 12 & 12. The last Saturday of the month we have an ask it basket where we get to respond

to questions provided by our members.

Springville Monday Night Book Study Group, Presented by Ken., CSR

We are located at the Lighthouse Chapel in Springville. We meet Monday nights from 7 to 8 PM. It is an open group book

study. We rotate the books that we study. We're currently reading the "Dr Bob and the Good Old-timers".

Turnout is about

average. We have coffee and dessert every Monday. We would love to have more visitors. The Lighthouse Chapel is located

off the 190: turn on to Bridge Drive, and then south to Rio Vista.

Springville Thursday Night Gut Level Presented by Ken., CSR

Gut level meets every Thursday in Springville at the Lighthouse Chapel from 7-8:30pm. It is an open group with a

chairperson & discussion. It is a small group of dedicated regulars. We celebrate Birthdays the last Thursday of each month

with dinner at 5:30 at a local restaurant. We are looking for a Secretary.

Friends of Bill W and Dr Bob Charley., CSR

We meet each Tuesday night at 7-8:30pm at St Johns Episcopal Church which is located in Tulare at the corners of

Prosperity and Lapsina . Celebration of birthdays occur the **first** Tuesday of each month for all those that had their annual

milestone during the previous month. We would like to extend an invitation to any and all that have not attended our meeting

from the surrounding areas it is a wonderful group that gathers! This is an open meeting.

Tuesday Women's Changes Vicki B., CSR

The April birthday meeting had 5 ladies celebrating sobriety from 1,2,3,12, & 45 years! The group meets every week with topics

for everyone who wishes to participate. The meeting lasts an hour from 6:00-7:00pm. We are a stick topic meeting.

Women's Tuesday Night Amity Group Kim H., CSR

The Tuesday Women's Amity group meets every Tuesday at Trinity Church located 6400 West Walnut Street in Visalia. This

a closed women's meeting. We meet from 6:30pm - 7:30pm each week with the 3rd week being a business meeting after the

regular meeting. Each week we have a lead speaker who speaks for 10 minutes and then picks a topic and chooses people to

speak through tag, going around a circle or however they deem. The last week of the month is a birthday meeting where we

enjoy yummy cake. We are growing and about 25-40+ women. Thank you, Kim H

Porterville Wednesday Open Inclusive Marcie M., CSR

Open Meeting at Lutheran Church 765 Henderson Porterville Wednesday inclusive meeting 6:00-7:00pm, 25-30 members a

mix of new and long timers Birthday celebration-cake the last Wednesday of the month, we support Central Office.

Second Sunday Speaker Springeville Meeting Marcie M., CSR

Veterans Memorial Building, Springeville second Sunday of the month, it is a beautiful ride to Springville Lots of Serenity.

Coffee at 8:00am

Breakfast at 8:30am

\$8.00

10:15 meeting starts 7th Tradition honored 10:30 ten minute speaker followed by main speaker

We support Central Office 50/50 drawing

We are training new cooks! We are also looking for a few more younger people to help & set up.

Friday Freedom Fellowship Samantha J., CSR

The Friday Freedom Fellowship meets every Friday at 7:00pm ago Christ Lutheran Church located at 3830 W Tulare Ave.

Visalia, CA This is a closed meeting where both men and women can attend. Our attendance ranges from 20-40 people. A

chair person speaks for 10 minutes, the chairperson picks a topic and calls on people for the remainder of the meeting. There

is a variety of lengths of sobriety in the room and a tradition in the meeting gives everyone an opportunity to share their

sobriety date. Birthdays are celebrated the last Friday of each month with cake and chips. Chips are also given out each week

to celebrate sobriety milestones.

Bridge Street Drunks Only John W., CSR

Our meetings are at 526 N Bridge in a wonderfully renovated garage next to the house. We have morning, noon and evening

meetings all through the week. 20 of those meetings are closed and 2 of the meetings are open. We are fully self supporting and

are currently giving 60% of our monies over our prudent reserve to central office. The noon meeting usually reads from the

daily reflections, this month we are having wonderful discussions regarding the 5th step.

Prospecting for Nuggets Jerry S., CSR

St Johns Episcopal Church 1701 E Prosperity Ave.

This is an open meeting. We would like more participation.

It is a chip meeting and celebrate anniversaries on the last Sunday of the month.

We meet on Sundays from 7-8:30 pm

Civic Center Group David G., CSR

We meet every Tuesday night at the Christ Lutheran church near Tulare and Demaree in Visalia. The meeting starts at 7:00

PM and goes to 8:00 PM. It is an open meeting, and newcomers are welcome. We have coffee and candy, and literature every

week. Books are for sale at cost, and pamphlets are free. Our business meetings are the third Tuesday of the month at 8:10

PM, immediately after the meeting. Our time has come to rotate service positions. We give out chips every week for sobriety

under one year; we have a birthday meeting on the last Tuesday of the month, with cupcakes.

Mid Valley Group Jerry S., CSR

Mid Valley Group At St Johns Church 1701 Prosperity in Tulare. This is an open AA meeting, all are welcome.

We meet st

2-3:30pm on Saturday afternoon. It is a chip meeting and we celebrate and we have a few empty chairs that need filling with

members. Also our present secretary is terming out so we are looking for a new one to fill the seat.

Keep It Simple Sunday David G., CSR

We moved to summer schedule, starting at 9:00am We meet in Blain Park in Visalia new comers are welcome.

Bring a lawn

chair or blanket. Chips given out every Sunday and the last Sunday of the month is the business meeting. Pet friendly.

Exeter Sunday Afternoon Group Mike P., CSR

Sunday 2:30 is well attended 1 1/2 hour meeting. Open for discussion, we distribute chips and celebrate anniversary the last

Sunday of the month.

Candy is served with coffee. Good mix of acquired time of sobriety, welcome to all.

Serenity Junction Jerry S., CSR

Serenity Junction is an open meeting and meets every Monday night at 7pm, located at St Johns Church in Tulare. It is a

chip meeting and celebrate birthdays on the last Monday of the month with cake and ice cream, We would also like to see

more seats filled.

Old Business

New Business

Newsletter editor needed...

Call the office to let them know if you are having an annual birthday coming up to you can be acknowledged in our

newsletter.

Chip prices proposed to meet the online prices.

New Years Venue secured for Lindsay, CA ...looking for volunteers to fill service positions.

Seventh Tradition

\$70.00

Meeting Adjourned

7:10pm

Responsibility statement

Said by all

District 47, CNIA

Meeting Minutes

July 15, 2025

This is a hybrid and Zoom meeting with members participating from various locations, including the

Central Office in Exeter.

Meeting Called to Order: 7:10 PM by District Committee Member (DCM) Mike C.

Committee members present:

Dusty B., GSR for the Springville Thursday Night Gut Level Group

Laura B., GSR for the Springville Monday Night Book Study

Allen L., Treasurer

David G., Recording Secretary, Central Office Liaison, H&I Liaison

Mike C., District Committee Member

Permission requested from all present that this meeting be audio recorded for the recording secretary's benefit.

The GSR Preamble was read by all attendees. "We are the General Service Representatives. We are

the link in the chain of communication for our groups with the General Service Conference and the

world of A.A. We realize the ultimate authority in A.A. is a Loving God as he may express himself in

our Group Conscience. As trusted servants, our job is to bring information to our groups in order that

the groups can reach an informed group conscience. In passing along this group conscience, we are

helping to maintain the unity and strength so vital to our fellowship. Let us, therefore, have the

patience and tolerance to listen while others share, the courage to speak up when we have something to

share, and the wisdom to do what is right for our groups and A.A. as a whole.”

12 Traditions: read by Allen L.

Concept 7: Concept 7 long form read by Laura B.

Approval of Minutes: June 3, 2025 minutes – motion to approve made by Laura B., seconded by Dusty

B. All voted in favor, none against.

Treasurer’s Report: Presented by Allen L.:

Beginning Balance: \$1,455.43

INCOME

Date Description Amount

06-21-2025 Valley Group Speaker Series \$72.67

06-24-2025 Springville Book Study \$69.00

07-13-2025 Friday Freedom Fellowship \$33.63

=====

Total Income: \$175.30

EXPENSES

Date Description Amount

\$0.00

=====

Total Expense: \$0.00

Ending Balance: \$1,630.73

CSO Liaison Report: David G.

Our June CSR Meeting was held on June 10th, 2025. Our July CSR Meeting was held on July 8th, 2025.

Both meetings were hybrid meetings: both in-person and on Zoom. Because of the one-time postponement of the D47 meeting to after the July CSR meeting, both are covered here.

Central Office finances: For the period from April 21st, 2025, through June 20th, 2025, Central Office
had an income of \$11,463 and expenses of \$8,333 for a gain of \$3,130. Our balance was \$24,898
where
our prudent reserve is \$19,000 (\$5,898 over our prudent reserve). We are super grateful for
our
members. Twelve groups donated to Central Office, contributing \$1,727.
Our Public Information (P.I.) committee has been active with recent events, with more than
500
visitors. A new service opportunity is available: at Visalia Rescue Mission on Mondays from
noon to 3
PM, we could use some help with our booth.

Old Business:

The Founders' Day Picnic was June 14th, 2025 at Mooney's Grove Park in Visalia. It was a
success,
with more than 250 people attending, and an excellent share of experience, strength and hope
by
Cheryl H. of Springville. Income exceeded expenses by \$3,816. Due to a tree fall, we moved to
a new
set of arbors, but the shade provided was great.
Our monthly newsletter publisher has resigned; we need someone who would like to take on
this service
position. Being comfortable with a computer is a must.
We are requesting that groups create a birthday list and send it to us, so that we can list the
name and
how many years of sobriety our members have in our monthly newsletter.

New Business:

New Year's Eve 2025 Planning Committee is forming. John W. will be the committee chair. The
first
planning meeting will be online (Zoom) only Wednesday July 30, from 7 PM to 8 PM. The One-
Click

Zoom link is on the aa-tulareco.org web site, or you can join the meeting via Zoom for meeting ID 886

9666 9352 with the passcode being 425429.

Thank you for letting me of service.

David G.

Registrar: Josh F. no report

H&I Report: David G.

July 2025 H&I Report

Our Purpose: the only purpose of our Hospitals and Institutions (H&I) committee is to carry the message of AA to alcoholics in Corrections and Treatment facilities and facilities serving alcoholics in

Northern California. The activities of this committee are governed by the Twelve Traditions and based

on the spiritual principles embodied within the Twelve Concepts of Alcoholics Anonymous. We are a

Ninth Tradition service committee.

Our most recent Hospitals and Institutions Business Meeting was held on July 12th, 2025 at Bridge

Street Drunks Only, in Visalia, at 10 AM. Immediately prior, at 9 AM, was our Volunteer Orientation

meeting. We had five new volunteers attend orientation. If you would like to get involved with H&I,

we ask that you attend a Volunteer Orientation meeting once.

Old Business:

We have service positions available. We went through the list of open positions and asked for volunteers. We have a need for our Area Co-chair, Regional Chair, and meeting leaders for one of the

T.L.C. meetings, the Navigation Center meetings, and one of the Robertson House meetings.

Our Area

Chair, Joyce R, rotates out of service this November.

There were policy revisions from the NorCal committee, which we reviewed.

The NorCal financial position is currently \$36,000 below budget. Although we are teetering on “poor”

condition, we haven’t crossed that threshold as of July 12th. The Avenal State Prison Speaker Jam was

a resounding success; but, we also distributed more than \$5,000 of literature in the three events.

New Business:

There are open positions at the NorCal committee level; specifically they need a web servant.

Schedule:

If getting involved with H&I is appealing to you, you might ask if your schedule has room.

Here is a list of meeting times for facilities we bring meetings in to:

Please note that unless otherwise specified, both Male and Female volunteers are welcome:

Meeting Dates and Times Type

1

st & 3rd Tuesday 5:15 – 6:15 pm Men’s Facility

2

nd Tuesday 6:00 – 7:00 pm Men’s Facility

4

th Tuesday 6:30 – 7:30 pm Men & Women’s Facility

1

st Wednesday 6:00 – 7:00 pm Men & Women’s Facility

2

nd & 4th Wednesday 7:00 – 8:00 pm Men & Women’s Facility

1

st & 3rd Thursday 6:00 – 7:00 pm Women’s Facility (women volunteers only)

2

nd & 4th Thursday 7:00 – 8:00 pm Women’s Facility (women volunteers only)

Every Friday Evening Tulare County Jail (background check and clearance

by TCSO required)

1

st & 3rd Saturday 11:00 am – 12:00 pm Men’s Facility

4

th Saturday 10:00 – 11:00 am Men’s Facility

We also have H&I volunteers going in to Corcoran State Prison, SATF (Substance Abuse Treatment

Facility), and Avenal State Prison. These require CDCR clearance and prior H&I experience. Please

attend the next orientation for more information.

If members of your group haven’t been H&I volunteers before, we will have a Volunteer Orientation

Meeting on September 13th, 2025 at 9 AM. The Business Meeting will follow at 10 AM.

Reports:

The Avenal Speaker Jam event turned into three weekend events, because of the enthusiasm from

volunteers, the incarcerated, and facility staff. The staff have asked us to plan on two sets of events per

year; Spring and Fall. It is encouraging to all to help incarcerated people find recovery from alcohol.

Many went to prison because of actions while drunk, and it is to everyone’s benefit if they have a strong

program of recovery upon release back into our communities.

Avenal, Corcoran, and SATF prisons have 92 meetings a month; however we have only enough volunteers to attend 10 meetings a month. One of the Corcoran members got a story published in La

Viña, our Spanish Meeting in Print.

Our H&I committee here has a growing partnership with our Spanish speaking A.A. members. We are

starting to connect our local Spanish speaking A.A. members who wish to do H&I with the meeting

leaders taking meetings into facilities.

Thank you for letting me of service.

David G.

DCM Report: Mike C. The last Area Committee Meeting (ACM) was held June 21st

.

Election Assembly: District 37 will be hosting the Election Assembly in Tracy on November 14th through

16th, 2025. Online registration is already available at <https://ti.to/cnia-07/election-assembly-2025> The

flyer for the event is available here: <https://cnia.org/wp-content/uploads/2025/07/CNIA-Election->

Assembly-2025-Flyer-Final.pdf and also on aa-tulareco.org under Upcoming Events in November.

Technology Committee: CNIA is starting a District Website Program, where they will host a website for

any district which wants one at no cost to the district or CNIA. From their Frequently Asked Questions

(FAQ) page: “Many districts may not have the financial or technical resources to maintain their own

website. By providing a centralized hosting solution, we aim to support districts in their service efforts

while reducing their costs and technical barriers.” The location of the website will be in the cnia.org

domain, for example it could be <https://d47.cnia.org> (if we were to sign up).

Delegate GSC Report D42/47 Hybrid: Matthew L has six upcoming Delegate GSC (General Service

Conference) Report events scheduled, including Saturday August 2, 2025 in Clovis at New Life Church

from noon to 2 PM. Lunch will be provided if you attend in-person. Mike, Allen, and David are planning on going in-person (other people who want to carpool are welcome). To attend via Zoom, use

meeting ID 831 0161 7429 and password 347842.

CNIA Spending Plan process: There was a motion that the spending plan for next year be presented a

minimum of 45 days before the vote to make it official. The spending plan will be discussed this

weekend, July 19 at the Area Committee Meeting in Sacramento (and on Zoom). It will be discussed at

the ACMs in August, September, and October, and then presented for final approval at the Election

Assembly in November.

(New Business) Assembly Length: Created an ad-hoc committee to consider shortening the Assemblies

and Area Committee Meetings (ACM). Our current Assemblies are three days: Friday night, Saturday,

and Sunday morning, looking to change to two days instead. The ACM could go from six hours to four

hours. This might be implemented by members filing their reports instead of presenting them during

the event.

Mike got some information requested by our Springville members: the new Archives location is 2251

Florin Road, Suite #93, Sacramento, CA 95822. It is open to visitors the first Saturday of each month

from 10 AM to 2 PM. A question was if the new space also has room for the ACMs, and it does not.

GSR Reports:

1. Dusty (Springville Thursday Night Gut Level Group): Nothing changing to report.

2. Laura (Springville Monday Night Book Study): We have between eight and ten people a week,

and are currently reading Dr. Bob and the Good Oldtimers. We did have a newcomer show up on a get-well card; Dr. Bob and the Good Oldtimers might be a little tough for someone still trying to clear their head of the alcoholic brain fog, but we did give him a newcomer's packet too.

New Business:

1. Stories from the International Conference for those who went.

Announcements:

1. The Election Assembly will be in Tracy on November 14th through 16th, 2025. Online registration is already available at <https://ti.to/cnia-07/election-assembly-2025>

2. The Serenity In The Sierras conference will be November 21st through 23rd, 2025.

3. Mike, Allen, and David will be going in-person to the Delegate GSC Report, Saturday August 2,

2025 in Clovis at New Life Church. If anyone else wants to go, we can carpool.

Responsibility Declaration: Read by all "I am responsible. When anyone, anywhere, reaches out for

help, I want the hand of A.A. always to be there. And for that, I am responsible."

The meeting was adjourned at 8:04 PM.

Respectfully submitted,

David G., Recording Secretary

Service Meetings

GSR Meeting at Central Office

449 E. Maple St., Exeter, CA

Tuesday, August 5th 2025 at 6:00 PM

Bridging the Gap meeting at Central Office

449 E Maple St Exeter, CA **TBA**

CSR Meeting at Central Office

449 E. Maple St., Exeter, CA

Tuesday, August 12th 2025

H&I Meeting (odd months only) in person at

526 N Bridge St (no Zoom)

2nd Saturday August 9th 2025 9:00,
Orientation,

Business meeting 10:00

TUFYPAA

Zoom ID 839 4820 8237 Password: service

2nd Sunday of the month, August 13th 2025

SERVICE ADDRESSES

Tulare County Central Office

449 E. Maple St.

Exeter, CA 93221

(559) 592-6999

Email: tccof@hotmail.com

Website: www.aa-tulareco.org

Hours: Mon-Fri 9:00am to 1:00pm

Closed Bank holidays

Contribution to:

Tulare County Central Office

449 E. Maple St.

Exeter, CA 93221

<https://aa-tulareco.org/donation>

NEWSLETTER EDITOR NEEDED

CREATIVE FREEDOM WILL BE GRANTED!

PLEASE CONTACT CAROL ANN at
(559) 592-6999 or TCCOF@HOTMAIL.COM

WE ARE PLANNING OUR NEW YEAR'S EVENT!

WE WOULD LOVE FOR YOU TO GET INVOLVED!!

CALL CENTRAL OFFICE TO FIND OUT HOW!

