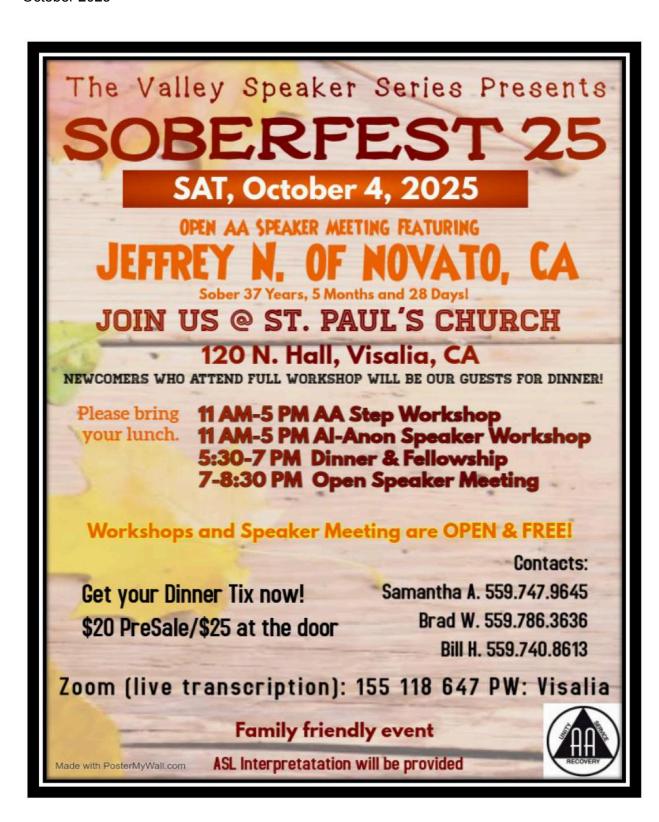
Central News Tulare County AA Newsletter

October 2025



Local Reflections

Local AA Members Share Their Experience of the 12 Steps & 12 Traditions

Step 10: Daily Inventory for Lasting Sobriety

Step 10 of Alcoholics Anonymous —"Continued to take personal inventory and when we were wrong promptly admitted it"—invites us to maintain the spiritual progress we began in earlier steps. This isn't a one-time exercise; it's a daily practice of self-reflection, honesty, and accountability that keeps us emotionally sober and spiritually grounded.

By examining our thoughts, actions, and motives each day, we spot patterns before they grow into bigger problems. Resentments, dishonesty, selfishness, or fear can quietly return if left unchecked. A daily inventory helps us see these disturbances clearly, make quick amends, and realign with our Higher Power. This willingness to confront uncomfortable truths is where growth happens. Rigorous honesty—though challenging—opens the door to transformation and peace.

Long before I officially reached Step 10, I found myself practicing it almost naturally—living my life in a constant state of making a living amends. Each day became an opportunity to show up differently, to take responsibility, and to repair relationships through consistent action rather than words alone.

Spiritual principles like honesty, integrity, and self-discipline guide this process. Prayer and meditation deepen our connection to a Power greater than ourselves, giving us strength to release negativity and focus on service to others. When we promptly admit our wrongs and turn our thoughts toward helping someone else, we remain free from the burdens that once fueled our addiction.

Life in recovery becomes richer when we maintain this daily practice. Step 10 allows us to live with clarity, humility, and purpose—staying sober not just in body, but in heart and mind.

Kim C.

Tradition 10

I am amazed that, in this time of deep philosophical and political diversity, Alcoholics Anonymous has stood immune to it all. There are few examples of groups meeting to protect their social interests or their right to avoid associations with those not inclined to our individual beliefs. We have beaten the "religion and politics" maelstrom.

God bless Tradition Ten. Our founders knew from personal experience that incorporation with outside organizations, no matter the good or evil in which they might be involved, would dull the sword, the protector of the holy grail of AA that is "one alcoholic talking to another". There is no concept or influence that improves our effort since that discovery. We must avoid revisions,

scams, or apostolic efforts to make it better.

Anonymous

October Speaker Meetings

Porterville Recovery Club Speaker Meeting

186 W. Walnut Ave.

Friday Oct 3 2025 at 8:00 PM

Speakers: TBA

Sunday AM Breakfast, Speaker Meeting

Veterans Memorial Building 36000 Hwy 190, Springville October 12th, 2025

(Breakfast at 8:30 to 10:00 AM) Speaker: Joe C Los Angeles, CA

The Valley Group, Speaker Meeting

St. Paul's Episcopal Church
120 N. Hall St. Visalia, CA 93291
Every Wednesday from 7-8 pm.
Speakers for Sept

TBA

Civic Center Group

Christ Lutheran Church 3830 W Tulare Ave, Visalia **Birthday speaker meeting**

Last Tuesday of the month

Sunday PM Serenity Seekers Valley Group

Sunday 7:30-9 pm.

St. Paul's Episcopal Church 120 N. Hall St. Visalia, CA 93291

Speakers for Oct

TBA

Attention speaker group secretaries: If you want your speaker listed in the Newsletter, please get the information to the Central Office (559) 592-6999 or TCCOF@hotmail.com by the 20th of the month preceding the month of the Newsletter.

October Service Meetings & Addresses

Service Meetings

New Year's Planning Committee meeting Tulare County Central Office 449 E Maple St Exeter, CA 93221 Tuesday Oct 14th 2025 at 5 pm

GSR Meeting at Central Office 449 E. Maple St., Exeter, CA Tuesday, October 7th, 2025 at 6:00 PM

Bridging the Gap Meeting at Central Office 449 E Maple St Exeter, CA To be announced

CSR Meeting at Central Office 449 E. Maple St., Exeter, CA Tuesday, October 14th 2025

H&I Meeting (odd months only) in person at 526 N Bridge St (no Zoom) 2nd Saturday October 11th 2025 9:00, Orientation, Business meeting 10:00

TUFYPAA

Zoom ID 839 4820 8237 Password: service 2nd Sunday of the month, Oct 12th 2025

Service Addresses

Tulare County Central Office

449 E. Maple St. Exeter, CA 93221 **(559) 592-6999**

Email: tccof@hotmail.com Website: www.aa-tulareco.org Hours: Mon-Fri 9:00am to 1:00pm **Closed Bank Holidays**

Send contribution to:

Tulare County Central Office

449 E. Maple St. Exeter, CA 93221 https://aa-tulareco.org/donation

AA General Service Board

P.O. Box 2407 James A Farley Station New York, New York 10116-2407 http://contribution.aa.org

District 47

P.O. Box 273 Exeter, CA 93221

CNIA Treasurer

PO Box 161712 Sacramento, CA 95816-1712

H&I-Contributions

P.O. Box 192490 San Francisco, CA 94119-2490

AA BIRTHDAYS			
	Octol	per 2025	
Carol J	Woodlake	62	
Linda D	Visalia	53	
Susan S	Visalia	50	
Oly S	Visalia	46	
Jerry D	Tipton	44	10/29/1981
Bill H	Tulare	43	10/30/1982
Richard W	Tulare	43	10/20/1982
Ruben F	Corcoran	43	10/18/1982
Albert M	Tulare	41	10/1/1984
Diane L	Tulare	41	10/18/1985
Jodi B	Visalia	39	
Terry C	Strathmore	39	10/10/1986
Andy C	Exeter	38	10/5/1987
Kay B	Tulare	38	
Marjorie Mc	Visalia	38	
Bill L BBB	Dinuba	38	
Mary C	Three Rivers	37	10/4/1988
Nancy B	Visalia	37	, ,
Ron B	Visalia	37	
Jerri T	Visalia	37	10/7/1988
David B	Visalia	36	10/2/1989
Gary H	Visalia	36	, ,
Gil C	Visalia	35	
Jack H	Visalia	35	
LGK	Visalia	35	
Caryl E	Visalia	35	10/20/1990
Sharon B	Visalia	34	10/30/1991
Elizabeth M	Visalia	34	
Tanya R	Visalia	34	
Greg M	Tulare	33	
Diana R	Hanford	32	10/24/1993
Kathy H	Visalia	32	10/31/1993
Kenfort W	Springville	30	10/23/1995
Linda J	Pixley	30	10/18/1995
Marge M	Woodlake	29	10/31/1996
Debbie J	Visalia	29	. ,
Eileen F	Visalia	29	10/7/1996

Emma T	Visalia	27	10/1/1998
Brian R	Visalia	27	10/5/1998
Melody F	Exeter	26	10/23/1999
Donna K	Porterville	26	10/21/1999
Jan P	Visalia	24	10/1/2001
Eddie J	Porterville	21	10/20/2004
John W	Visalia	21	10/25/2004
Shelly	Visalia	20	10/14/2005
Teddy B	Visalia	18	10/6/2007
Lucretia D	Porterville	17	10/16/2008
Craig W	Visalia	16	10/31/2009
Tiffany J	Porterville	15	10/13/2010
Veronica H	Springville	13	10/22/2012
Christine C	Springville	13	10/28/2012
Nora B	Visalia	12	10/3/2013
Patty R	Porterville	8	10/8/2017
Laura H	Visalia	7	10/31/2018
Robin T	Lemon Cove	4	
Joe C	Tulare	3	10/22/2022
Eddie M	Visalia	2	10/23/2023

Individual, Newsletter, Memorial & Birthday Club Contributions

8/21/2025 thru 9/20/2025

Birthday Club

\$1 for every year of sobriety!

Glenda VPorterville\$13Bill ESpringville\$14Hal WPorterville\$38Total Club Contributions\$65

Congratulations on your sobriety!

Newsletter Contributions

None

Memorial Contribution

None

Grateful Giver's Club (You know who you are!)

Members \$479.85

Individual Contributions

Bob T Visalia
John W Tulare
Keith A Visalia
Lindsay H Visalia
Marcie M Porterville
Mike W Porterville
Shirley O Porterville



BIRTHDAY CLUB

THIS IS A GREAT WAY TO SHOW YOUR GRATITUDE FOR YOUR SOBRIETY AND ALSO HELP CARRY THE MESSAGE OF RECOVERY.

You can contribute \$1, \$5, \$10 or some have even contributed \$100 for each year of sobriety!

Contribute before the month of your anniversary sobriety date and we will publish your first name and last initial, city and years of sobriety in our monthly newsletter, see your accomplishment in your monthly Newsletter!

IT'S REALLY SIMPLE AND WOULD HELP YOUR CENTRAL OFFICE TREMENDOUSLY.

CENTRAL SERVICE MEETING UN-APPROVED MINUTES

Central Office & Central Service Representatives Meeting Report

Date

AUGUST 12, 2025

Meeting called to order

Cody 6:00 P.M.

Board Members Present

Cody led the meeting

Cody, John W, Ally A absent with notice, Mike P late, Georg absent

Serenity Prayer

Said by All

12 Traditions

John W

Previous Minutes

No additions or corrections John motion approve Carol Ann second Reviewed and Approved by all

Board Meeting Report

Cody...
Discussed the price list of items in central office Two board positions Cody & George positions coming up available Need for committee chair for new years We sent letters out to groups that have not contributed to central office A gentle nudge

Treasurer and Office Report

Good evening!

For the period from June 21st, 2025 thru July 20th, 2025 Central Office had an income of \$2,549.21 and expenses of \$7,255.61 for a loss of (\$4,706.20) for this accounting period.

This office is totally self-supported through your contributions! We do not make a profit on AA literature and if you use a credit card, we sell at a loss.

Birthday Club: We had 6 grateful members contribute \$118.00 to Central Office Birthday Club to celebrate their sobriety! Thank you and happy birthday!

Group contributions: 10 groups donated to Central Office for a total of \$1,302.48 Thank you to The World-Famous 10th Ave Men's Group, the 1st Friday Speaker Meeting, the 210 Attitude Modification Group, Our Central Office Service Reps Group, the Exeter Sunday Afternoon Group, the Friday Freedom Fellowship Group, the Monday Book Study in Springeville, the Quiet Trails Group, the Three Rivers Group and the Valley Speaker Series Group! We truly are grateful for your support!

Grateful Giver Club contributions: 3 anonymous grateful alcoholics donated through our Grateful Givers Club totaling \$97.12

Individual contributions: We had 2 individual alcoholics generously donate to our office for the amount of \$27.00 Thank you for helping us share the message of recovery!

Thank you for helping us meet our monthly expenses that help us share our AA message of recovery.

The New Year's Eve event planning committee meeting is August 20th at 6 pm via Zoom. We would love for you to join us! You can find the link on our events calendar for that day.

Carol Ann Gable
Office Manager/Treasurer

PI/CPC Report

George
Tulare County Employee Health Fair... in
October

STEP FOR NEWSLETTER-VOLUNTEER

Issue Step Member

September Step 9 John due to <u>centralintergroupnews@gmail.com</u> 8/21/2025 August Kim C Step 10 due to centralintergroupnews@gmail.com 9/21/2025

TRADITION FOR NEWSLETTER-VOLUNTEER

Issue Step Member

September Carol Ann John Tradition 9 due to <u>centralintergroupnews@gmail.com</u> 8/21/2025 August Mike P Tradition 10 due to <u>centralintergroupnews@gmail.com</u> 9/21/2025

Website Report

This website report covers the time between the July and August CSR Meetings (2025-07-08 through 2025-08-12).

Announcements:

New Year's Eve Party Planning Committee July 30 at 7 PM
District 47 Meeting July 15 (but the website is messed up)
Delegate General Service Conference 2025 Report on Saturday, August 2.

Friday Freedom Fellowship Birthday Meeting Moved (test)
Additional H & I Volunteer Orientation Meeting
Events:

Fresno Central Office 2025 Ice Cream Social The 49th Great Outdoor Beaver Meeting West Central Regional Forum Soberfest 2025 Planning Meeting Soberfest 2025

Soberfest 2025
CNIA 07 Spending Plan 2026
Carol Ann and I did the normal monthly edits of the CSR meeting, GSR meeting, and Valley Group Meetings

H & I Report

June H&I Report

The only purpose of the Northern California Hospital and Institutions Committee is to carry the message of AA to alcoholics in corrections and treatment facilities and facilities serving alcoholics in Northern California.

In Tulare County, our monthly meetings are as follows:

Treatment facilities: 14

Monthly meetings in Tulare County Jail: 8

Prisons:

We continue to need volunteers, especially those interested in going into Tulare County Jail, Corcoran, SATF, Avenal State Prisons. We are in dire need of Sponsors willing to sponsor an inmate at one of our Prisons. Send any interested volunteers to our next H&I orientation, August 16th at 10am at Bridge Street Clubhouse. Business meeting will be in September.

Avenal Speakers Jam was held on 3 separate Saturdays with 20 volunteers each weekend. Approximately 165 incarcerated individuals attended across 6 yards.

Inside Visiting Sponsorship Service continues to grow yet we always have a great need above and beyond what we ever could handle. Please share with your home groups to see if anyone is interested in sponsoring an inmate remotely. Let them know they do not have to go 'to' the correctional facility. Contact: HANDLIVSS@gmail.con***

The June YTD Financial report has not changed much since May and is as follows:

July ended with a positive \$12,500. YTD \$2185.00 We are under our recommended \$24,000. cash on hand. As we near the middle of the year, we continue to fall short. Also, Group treasurers are encouraged to send Pink Can monies to H&I on a regular basis; this is helpful for accounting and more realistic income reporting.

Next meeting August 16, 10am – Bridge Street Clubhouse.

Thank you for letting us be of service.

BTG Bridging the Gap

Mike P

GSO Liaison:

GSR meeting was August 5th, 2025 Eight people attended; two in-person and six via Zoom.

Treasurer Report: Beginning Balance: \$1,630.73

INCOME Date Description Amount 07-16-2025 Tuesday Women Amity Group \$62.31 07-23-2025 Bridge Street Drunks Only \$52.98

Total Income: \$115.29

EXPENSES
Date Description Amount
08-02-2025 Delegate travel to Fresno \$100.00
08-02-2025 Food for Delegate report \$50.00

Total Expense: \$150.00

Ending Balance: \$1,596.02

DCM report: District 17 had won the bid to host the Post-Conference Assembly in May of 2026, but when they went to reserve the facility, that fell through. There is an annual Hispanic Women's Conference, but it may be on / may be off. Don, the CNIA Treasurer, would like people to note that the mailing address for CNIA Contributions is: PO Box 161712, Sacramento, CA 95816-1712. As we moved into our new Archives location, the national Archives chairperson came and assisted. CNIA is creating an ad-hoc committee to evaluate changing the Election Assembly to two days instead of three, and other Assemblies to a single day.

New Business:

1. 2. 3. 4. 5. NCCAA celebrated its 75th Anniversary in 2024; the next conference will be Spring 2026 in San Ramon, March 20 – 22. There will be a discussion about splitting Area 6 and Area 7 so that the southern ends aren't so distant from the northern ends. We would likely end up consolidated with the central coast.

At GSO, a Treasurer is needed.

There are three new safety videos available on YouTube from Area 93, San Luis Obispo: https://www.youtube.com/watch?v=ZIds-dAFDJg

We reviewed the highlights from Delegate Post Conference meeting on August 2, 2025 in Clovis. CNIA is starting budget season: there will be three Zoom meetings (already added to our Central Office website calendar)

Announcements:

CNIA 07 Election Assembly will be November 14-16, 2025 in Tracy, CA. Online registration is now open: https://cnia.org/assembly-info-2/

Thank you for letting me of service.

David G.

Liaison, Central Office «—» District 47

CSR Reports

Saturday Morning Women's 12 x 12 Tracy Jo., CSR

Held from 9-10 am Saturday morning held weekly Approx 35-40 women We meet at Christ Lutheran Church 3830 W Tulare Ave.

We celebrate recovery by handing out milestone chips each week and celebrating birthdays the end of the month. Each meeting is a book study out of the 12 & 12. The last Saturday of the month we have an ask it basket where we get to respond to questions provided by our members.

Springville Monday Night Book Study Group, Presented by Ken., CSR

We are located at the Lighthouse Chapel in Springville. We meet Monday nights from 7 to 8 PM. It is an open group book study. We rotate the books that we study. We're currently reading the "Dr Bob and the Good Old-timers". Turnout is about average. We have coffee and dessert every Monday. We would love to have more visitors. The Lighthouse Chapel is located off the 190: turn on to Bridge Drive, and then south to Rio Vista.

Springeville Thursday Night Gut Level Presented by Ken., CSR

Gut level meets every Thursday in Springeville at the Lighthouse Chapel from 7-8:30pm. It is an open group with a chairperson & discussion. It is a small group of dedicated regulars. We celebrate Birthdays the last Thursday of each month with dinner at 5:30 at a local restaurant. We are looking for a Secretary.

Friends of Bill W and Dr Bob Charley., CSR

We meet each Tuesday night at 7-8:30pm at St Johns Episcopal Church which is located in Tulare at the corners of Prosperity and Lapsina. Celebration of birthdays occur the first Tuesday of each month for all those that had their annual milestone during the previous month. We would like to extend an invitation to any and all that have not attended our meeting from the surrounding areas it is a wonderful group that gathers! This is an open meeting.

Tuesday Women's Changes Vicki B., CSR

The April birthday meeting had 5 ladies celebrating sobriety from 1,2,3,12, & 45 years! The group meets every week with topics for everyone who wishes to participate. The meeting lasts an hour from 6:00-7:00pm. We are a stick topic meeting.

Women's Tuesday Night Amity Group Kim H., CSR

The Tuesday Women's Amity group meets every Tuesday at Trinity Church located 6400 West Walnut Street in Visalia. This a closed women's meeting. We meet from 6:30pm - 7:30pm each week with the 3rd week being a business meeting after the regular meeting. Each week we have a lead speaker who speaks for 10 minutes and then picks a topic and chooses people to speak through tag, going around a circle or however they deem. The last week of the month is a birthday meeting where we enjoy yummy cake. We are growing and about 25-40+ women. Thank you, Kim H

Porterville Wednesday Open Inclusive Marcie M., CSR

Open Meeting at Lutheran Church 765 Henderson Porterville Wednesday inclusive meeting 6:00-7:00pm, 25-30 members a mix of new and long timers Birthday celebration-cake the last Wednesday of the month, we support Central Office.

Second Sunday Speaker Springeville Meeting Marcie M., CSR

Veterans Memorial Building, Springeville second Sunday of the month, it is a beautiful ride to Springville Lots of Serenity.

Coffee at 8:00am Breakfast

at 8:30am \$8.00

10:15 meeting starts 7th Tradition honored 10:30 ten minute speaker followed by main speaker We support Central Office 50/50 drawing

We are training new cooks! We are also looking for a few more younger people to help & set up.

Friday Freedom Fellowship Samantha J., CSR

The Friday Freedom Fellowship meets every Friday at 7:00pm ago Christ Lutheran Church located at 3830 W Tulare Ave. Visalia, CA This is a closed meeting where both men and women can attend. Our attendance ranges from 20-40 people. A chair person speaks for 10 minutes, the chairperson picks a topic and calls on people for the remainder of the meeting. There is a variety of lengths of sobriety in the room and a tradition in the meeting gives everyone an opportunity to share their sobriety date. Birthdays are celebrated the last Friday of each month with cake and chips. Chips are also given out each week to celebrate sobriety milestones.

Prospecting for Nuggets Jerry S., CSR

St Johns Episcopal Church 1701 E Prosperity Ave.

This is an open meeting. We would like more participation.

It is a chip meeting and celebrate anniversaries on the last Sunday of the month.

We meet on Sundays from 7-8:30 pm

Civic Center Group David G., CSR

We meet every Tuesday night at the Christ Lutheran church near Tulare and Demaree in Visalia. Abraham is our secretary. The meeting starts at 7:00 PM and goes to 8:00 PM. It is an open meeting, and newcomers are welcome. We have coffee and candy, and literature every week. Books are for sale at cost, and pamphlets are free. Our business meetings are the third Tuesday of the month at 8:10 PM, immediately after the meeting. Our time has come to rotate service positions. We give out chips every week for sobriety under one year; we have a birthday meeting on the last Tuesday of the month, with cupcakes.

Mid Valley Group Jerry S., CSR

Mid Valley Group At St johns Church 1701 Prosperity in Tulare. This is an open AA meeting, all are welcome. We meet st 2-3:30pm on Saturday afternoon. It is a chip meeting and we celebrate and we have a few empty chairs that need filling with members. Also our present secretary is terming out so we are looking for a new one to fill the seat.

Keep It Simple Sunday David G., CSR

We moved to summer schedule, starting at 9:00am We meet in Blain Park in Visalia new comers are welcome. Bring a lawn chair or blanket. Chips given out every Sunday and the last Sunday of the month is the business meeting. Pet friendly. Shelly B. Is our new secretary. Approx 20 in attendance.

Exeter Sunday Afternoon Group Mike P., CSR

Sunday 2:30 is well attended 1 1/2 hour meeting. Open for discussion, we distribute chips and celebrate anniversary the last Sunday of the month.

Candy is served with coffee. Good mix of acquired time of sobriety, welcome to all.

Serenity Junction Jerry S., CSR

Serenity Junction is an open meeting and meets every Monday night at 7pm, located at St Johns Church in Tulare. It is a chip meeting and celebrate birthdays on the last Monday of the month with cake and ice cream, We would also like to see more seats filled.

Old Business

Newsletter editor needed...

New Business

Possibly go all digital for the CSR reports & board meeting, no need to really print all the packets Motion to approve Kim...David second

Call the office to let them know if you are having an annual birthday coming up to you can be acknowledged in our newsletter.

Nominations for new Board Members President and Pi/CPC will be in November. Term is for qty 2 years New

Years Venue secured for Lindsay, CA ...looking for volunteers to fill service positions.

Seventh Tradition

\$18.00

Meeting Adjourned

7:10pm

Responsibility statement

Said by all

CSR Meetings Report

July 08, 2025 - August 12, 2025

Announcements:

New Year's Eve Party Planning Committee July 30 at 7 PM

District 47 Meeting July 15 (but the website is messed up)

Delegate General Service Conference 2025 Report on Saturday, August 2.

Friday Freedom Fellowship Birthday Meeting Moved (test)

Additional H & I Volunteer Orientation Meeting

Events:

Fresno Central Office 2025 Ice Cream Social

The 49th Great Outdoor Beaver Meeting

West Central Regional Forum

Soberfest 2025 Planning Meeting

Soberfest 2025

CNIA 07 Spending Plan 2026

Carol Ann and I did the normal monthly edits of the CSR meeting, GSR meeting, and Valley Group meetings.

GSR Meeting Report

August 5th, 2025

Eight people attended; two in-person and six via

zoom. Treasurer Report:

Beginning Balance: \$1,630.73

INCOME

Date Description

Amount 07-16-2025 Tuesday Women Amity

Group \$62.31 07-23-2025 Bridge Street

Drunks Only \$52.98

======

Total Income: \$115.29

EXPENSES

Date Description Amount 08-02-2025 Delegate travel to Fresno \$100.00 08-02-2025 Food for Delegate report \$50.00

======

Total Expense: \$150.00

Ending Balance: \$1,596.02

DCM report: District 17 had won the bid to host the Post-Conference Assembly in May of 2026, but when they went to reserve the facility, that fell through. There is an annual Hispanic Women's Conference, but it may be on / may be off. Don, the CNIA Treasurer, would like people to note that the mailing address for CNIA Contributions is: PO Box 161712, Sacramento, CA 95816-1712. As we moved into our new Archives location, the national Archives chairperson came and assisted. CNIA is creating an ad-hoc committee to evaluate changing the Election Assembly to two days instead of three,

and other Assemblies to a single day.

New Business:

- 1. NCCAA celebrated its 75th Anniversary in 2024; the next conference will be Spring 2026 in San Ramon, March 20 22. There will be a discussion about splitting Area 6 and Area 7 so that the southern ends aren't so distant from the northern ends. We would likely end up consolidated with the central coast.
- 2. At GSO, a Treasurer is needed.
- 3. There are three new safety videos available on YouTube from Area 93, San Luis Obispo:
 - https://www.youtube.com/watch?v=Zlds-dAFDJg
- 4. We reviewed the highlights from Delegate Post Conference meeting on August 2, 2025 in Clovis.
- 5. CNIA is starting budget season: there will be three Zoom meetings (already added to our Central Office website calendar).

Announcements:

CNIA 07 Election Assembly will be November 14-16, 2025 in Tracy, CA. Online registration is now open: https://cnia.org/assembly-info-2/

Thank you for letting me of service.

David G.

Liaison, Central Office «—» District 47

Central Office Contacts Report

August 21st - September 20th, 2025

AA Members	60
Alanon & Alateen Info	2
Bridging the Gap	0
Churches and Schools	0
Court Referral/Info	0
E-Mail Contacts	504
General Info	5
H & I	0
Literature Sales	9
Meeting Information	4
Other 12 Step Programs	0
Prospective Members	3
Schedules & Info Mailed	0
Spanish Contacts	0
Specialty Sales	18
Twelve Step Calls	0
Visitors to the Office	9
Voice Mail Calls	5
Website	3350
Total Central Office	3970
Contacts	

TULARE COUNTY CENTRAL OFFICE Income & Expense Statement

August 21, 2025 - September 20, 2025

<u>INCOME</u>	<u>MONTH</u>	YEAR TO DATE	
B.Day Club	65.00	4,721.04	
Grateful Givers Club	479.85	1,682.81	
Group Cont.	1,883.05	17,786.52	
Indiv Cont	151.26	3,160.47	
Interest Income	-	-	
Lit. Sales	387.10	5,271.27	
Memorial Cont.	-	-	
Misc.	-	-	
Newsletter Contribution	-	-	
S & H	-	18.00	
Sales Tax	57.54	741.17	
Service Charge	-	30.27	
Spec. Events-New Year's Eve	-	5,054.00	
Spec. Events-Picnic	-	5,712.16	
Spec. Items	385.23	4,550.44	
State fund dividend	-	50.00	
State Fund Refund	-	-	
	i i		
TOTAL	3,409.03	48,778.15	
<u>EXPENSES</u>	<u>MONTH</u>	YEAR TO DATE	
Bank Charge	-	-	
Fees-Taxes	-	50.00	
Insurance	-	445.00	
Lit. Costs	1,253.11	6,474.53	
PI-CPC Expense	-	32.63	
Misc Expense	-	-	
Newsletter Cost	-	-	
Non Employee Compensation	\$450.00	975.00	
Office Exp	104.45	1,601.21	
Office Equip.& Maint	-	554.95	
Paypal charges	28.11	28.11	
Payroll Taxes	-	6,019.78	
Phone & ISP	146.25	1286.19	
Printing and copy expense	-	-	
Postage	_	169.86	

Returned Check & Chg	-	-	
Rent	685.00	6,165.00	
Salary	2,158.08	13,217.28	
Sales Tax-Paid	-	1,080.00	
Spec. Events-picnic	-	1,825.87	
Spec. Events-New Year	-	1,915.50	
Spec. Items	123.00	1,395.62	
Square Card Charges	6.52	138.71	
Utilities	-	668.87	
Ph-venmo	-	179.98	
venmo fees	3.00	46.29	
Website	-	155.80	
TOTAL	\$4,957.52	44,426.18	
Net Gain(Loss)	(\$1,548.49)	4,351.97	
BEGINNING ACCOUNT BALANCES AS	S OF 8/20/2025:		\$22,876.11
ENDING ACCOUNT BALANCES AS OF 9/20/2025			\$21,327.62
Established Prudent Reserve			\$19,000.00
		Above prudent reserve	\$2,327.62
As of 9/23/2025 our account balances			
very close to going below our prudent	t reserve at the end	next week!	

Group Contributions

August 21, 2025 - September 20, 2025

	Month	YTD
1st Friday Speaker Meeting	\$ 10.00	\$ 80.00
10th Ave Men's Group	\$ -	\$ 548.85
210 Attitude Modification Group	\$ 138.00	\$ 582.00
ABC Group	\$ 63.38	\$ 242.07
АСҮРАА	\$ -	\$ -
Blain Park	\$ -	\$ -
Bridge St "Drunks Only"	\$ 459.13	\$ 1,084.92
Central California Round Up	\$ -	\$ -
Central Valley Recovery Alumni		
Meeting	\$ -	\$ 20.00
Civic Center Group	\$ -	\$ -
Clodbusters-Tulare	\$ 271.54	\$ 751.54
Crossroads-Tulare	\$ 350.00	\$ 600.00
CSO Meeting	\$ 41.00	\$ 361.31
District 47	\$ -	\$ 1,102.92
District 49	\$ -	\$ 313.00
Everyday is Christmas	\$ -	\$ 243.00
Exeter Sunday Afternoon	\$ -	\$ 175.00
Freedom Fellowship	\$ -	\$ 172.15
Friends of Bill W and Dr Bob Tulare	\$ -	\$ 200.00
Friends of Bill W	\$ -	\$ 200.00
Gem St Noon Book Study	\$ -	\$ -
Half & Half	\$ -	\$ 200.00
Keep it Simple Sunday	\$ -	\$ 600.00
loose women-shut down	\$ -	\$ 126.20
Mid-Valley-Tulare	\$ -	\$ 200.00
Monday Men's Valley Big Book Study	\$ -	\$ 325.00
Monday Men's Mtg (PPAV)	\$ 300.00	\$ 1,727.00
Monday Book Study Springville	\$ -	\$ 240.00
Monday Women's Reflections	\$ -	\$ 178.00
Nooners Group-Visalia	\$ -	\$ 500.00
Porterville Friday Night Candlelight	\$ -	\$ -

Practicing the Principles	\$ -	\$ 250.00
Prospecting for Nuggets	\$ -	\$ 200.00
Quiet Trails	\$ 100.00	\$ 650.00
Rainbow Group	\$ -	\$ 50.00
Rule 62-Visalia	\$ -	\$ 255.00
Serenity Junction-Tulare	\$ -	\$ -
Saturday Night Believers	\$ -	\$ 45.00
Sober for a Reason	\$ -	\$ -
Sober Tippers	\$ -	\$ -
Springville Gut Level	\$ -	\$ 572.00
Springville Breakfast Meeting	\$ -	\$ -
Sunday PM Serenity Seekers	\$ -	\$ -
Three Rivers Monday	\$ -	\$ 260.00
TUFYPAA	\$ -	\$ -
Tuesday Men's Porterville	\$ -	\$ 217.97
Tuesday Women's Amity Group		
(TWAG)	\$ -	\$ 687.04
Unity through Traditions	\$ -	\$ 120.00
Valley Group	\$ -	\$ 785.00
Valley Speaker Series	\$ -	\$ 799.44
Visalia Alano Club	\$ -	\$ -
Wandering Couples	\$ -	\$ -
Wednesday Acceptance Group (WAG)	\$ 150.00	\$ 350.00
Women's Changes Group	\$ -	\$ 125.00
Women's Friday Night-Porterville	\$ -	\$ -
Women's		
Нарру		
Hour-Han		
ford	\$ -	\$ -
Women's Saturday AM 12x12	\$ -	\$ 1,647.11
Totals	\$ 1,883.05	\$ 17,786.52

District 47, CNIA

Meeting Minutes

September 2, 2025

This is a hybrid and Zoom meeting with members participating from various locations, including the Central Office in Exeter.

Meeting Called to Order: 7:07 PM by District Committee Member (DCM) Mike C.

Committee members present:

Mike S., GSR for Unity Through Traditions

Allen L., Treasurer

David G., Recording Secretary, Central Office Liaison, H&I Liaison

Mike C., District Committee Member

Permission requested from all present that this meeting be audio recorded for the recording secretary's benefit.

The GSR Preamble was read by all attendees. "We are the General Service Representatives. We are the link in the chain of communication for our groups with the General Service Conference and the world of A.A. We realize the ultimate authority in A.A. is a Loving God as he may express himself in our Group Conscience. As trusted servants, our job is to bring information to our groups in order that the groups can reach an informed group conscience. In passing along this group conscience, we are helping to maintain the unity and strength so vital to our fellowship. Let us, therefore, have the patience and tolerance to listen while others share, the courage to speak up when we have something to share, and the wisdom to do what is right for our groups and A.A. as a whole."

<u>12 Traditions:</u> read by David G.

Concept 9: Concept 9 long form read by Allen L.

Approval of Minutes: August 5, 2025 minutes were not done.

<u>Treasurer's Report:</u> Presented by Allen L.:

Beginning Balance: \$1,596.02

INCOME

Date Description Amount

07-25-2025 AA Women Sat AM Meeting \$137.26

08-06-2025 Valley Group of AA \$65.00

08-15-2025 Springville Gut Level AA \$122.00

08-19-2025 Acceptance Group \$90.00

08-13-2025 Practicing the Principles Group \$40.00

======

Total Income: \$454.26

EXPENSES

Date Description Amount

Total Expense: \$0.00

Ending Balance: \$2,050.28

CSO Liaison Report: David G.

Our August CSR Meeting was held on August 12th, 2025.

We are still looking for a newsletter publisher. Being comfortable with a computer is a must.

Public Information (P.I.) will have a table at the County of Tulare Employee Health Fair on October 1. The event will go from 8 AM to 4 PM. If anyone wants to join us at the table, contact George J.

There is another P.I. opportunity with Visalia Rescue Mission, twice a month on the 1st and 3rd Mondays, from noon to 3 PM. Contact George J. if you are interested in volunteering.

The New Year's Eve 2025 Planning Committee had another meeting August 20th at 7 PM, still via Zoom only. The link is on the aa-tulareco.org web site, or you can join with meeting ID 886 9666 9352 and passcode 425429. https://aa-tulareco.org/events/2nd-new-years-eve-event-planning-committee-meeting via-zoom/

https://us02web.zoom.us/j/88696669352?pwd=dU8xRGdici80K3dIdTYvaDZEWWx0Zz09

Yesterday was an in-person meeting of the New Year's Eve 2025 Planning Committee in downtown Visalia, planning the meal. The next planning meeting will be Wednesday, September 7th at 7:00 PM via Zoom only.

Nominations for Central Office Board of Directors are due in November. Two board members have hit their term limit and will be out.

Thank you for letting me of service.

David G.

Registrar: Josh F. no report

<u>H&I Report:</u> David G.

Our next Business Meeting will be on Saturday, September 13th, 2025 at 10 AM. Our next Volunteer Orientation Meeting will be prior to that 9 AM. Last month's previous H&I report is still valid.

Thank you for letting me of service.

David G.

DCM Report: Mike C. The last Area Committee Meeting (ACM) was held August 16th, 2025.

DCM Meeting report August 16, 2025 ACM

Assembly reports:

- ≤ 2025 Fall Assembly (D37) Everything is going well and ready to host
- ≤ 2026 Winter Assembly (D27) Working on creating a budget
- ≤ 2026 Pre-conference (D19) No report
- \leq 2026 Post Conference (D53) Will be held at the Women's Club in Merced \leq 2026 Fall Assembly
- inventory (D17) Woodland Ca all arrangements are done and deposit has been made. They have secured security to be there during dinner. (November 16-17-18, 2026)

Liaison Reports:

- PI-CPC 1st Wednesday of the month and other groups attended. There are some events in Sacramento Sept 3rd Recovery Day at the State Capital. October will host an event for veterans (Stand Down).
- ≤ YPAA SACYPAA is hosting the summit Halloween weekend. On August 23 meeting at 12 pm followed by river float.
- Hispanic Women Conference She has been elected as chair of the committee. They are in discussion of hosting the conference on Zoom due to the political climate. Will be asking to use the Area 7 Zoom equipment.
- FORO December 14, 2025, in Chowchilla

- NCAA In 2024 they celebrated the 75th Anniversary. The upcoming Spring Conference in March they will elect a new chairperson for NCAA and there is an open bid for Fall 2027. For upcoming events go to https://norcalaa.org

Steering Committee Meeting days are located on flyer Manteca Fellowship, 332 E Yosemite Ave, Manteca, CA 95336 Zoom: Meeting ID: 884 3873 4023 Passcode: 585647

- Two more Spending Plan Workshops via Zoom https://cnia.org/events/category/area-events/list/
- Finance Committee Version 2 documents on this link https://cnia.org/treasurer-finance-committee/
 - o https://cnia.org/wp-content/uploads/2025/08/2026-CNIA-Spend-Plan-Vers-2-Full-25-08-EN-Color.pdf
 - https://cnia.org/wp-content/uploads/2025/08/A7-Treas-Spend-Plan-2026-07-ACM
 Feedback-FC-Disc-EN.pdf
 - https://cnia.org/wp-content/uploads/2025/07/A7-Treas-Spend-Plan-2026-Balance
 Budget-Options-25-07-EN.pdf
- 2026 Draft Spending Plan Survey https://forms.gle/bm3Ay6Cq1ZeJg9PN8

Officer Reports:

Delegate- Claudio gave an update from Matt about being in service with the district or Area 7 as a GSR, DCM, Area Chair or committee member, it's been important to be part of general service and his sobriety as an AA member. GSO is renovating the NY office and will be closed. This year's Final conference report will be available at the September and October ACM meetings.

<u>https://cnia.org/wp-content/uploads/2025/08/Amends_IC2025_Souvenir_Book.pdf</u> ■ Alt Delegate- Has been attending workshops that Matthew has scheduled near Sacramento

- Alt Chair- Election assembly registration is live and dinner is a buffet, ACM meeting they are having a discussion to host DCM or GSR to stay the night (back to basics) To register for the fall assembly, they are offering back to basics housing https://cnia.org/assembly-info-2/
- ≤ Secretary-Send reports as soon as possible so they are added to the monthly meeting minutes. ≤ Registrar-D9 is having a Unity on Saturday Sept 6th Ideas for updating the district reports and maybe hold workshops and why do we get the reports and what we should do with them and maybe create a new position for district Registrar

Assembly Structure Update from Ad-Hoc Committee:

- ■ Their will be a proposed motion to change the assembly structures meetings and if approved they will go into effect in 2027. See PDF Adhoc Considerations report.
- The summer assembly would accommodate for the 2nd day of the Fall assembly that will be reduced.

```
Option 1:
                                                                        4 one-day (1 OL only); 1 two day
Suggested Options – to review,
                                    2 one-day; 2 two-day
discuss, and revise Current

    Winter – 1 days

Structure - Status Quo
                                                                        ■ Pre-Conf. – 2 days
• Winter – 2 days
                                    • Winter − 1 day • Pre-Conf. − 2
                                                                        ■ Post Conf. – 1 day
■ Pre-Conf. – 2 days
                                    days • Post Conf.
– 1 day • Fall<br/> – 2 • Summer Online – 1 day • Fall – 1
■ Post Conf. – 2 days
                                    days
                                                                        day
• Fall – 3 days
                                    Option 2:
```

General Timing (samples, at discretion of alternate chair and host committee) Current Structure

 \leq 2-day assemblies typically run 12pm-8pm on Saturday; 9am-12pm on Sunday (+/- 9.25 hrs.) \leq 3-day assembly typically runs 7pm-10pm on Friday, 10am-6pm on Saturday; 9am-12pm on Sunday (+/- 12 hrs.)

Options 1 & 2

- 1-day assemblies propose 10am-6pm (+/- 6.5 hrs)
- ≤ 2-day assemblies propose 12-6pm on Saturday; 9am-12pm on Sunday (+/- 8.25 hrs.) ≤ 1-day summer online assembly propose 10am-4pm (+/- 4.75 hrs)

PROs

Assemblies should be one day and have business at beginning of meeting and reports at end CONs

- 1. What's the problem that we are trying to solve here
- 2. We would still need to drive 3-4 hours one way and then drive back so we are still not saving 3. If we conduct meetings for one day we may not be able to get through all of the business in one day

New Business:

 ☐ Translation equipment loan- the area is making a new format for administrative approval and the motion to approve was passed. October 4th District 15

District reports:

D54 host service events and have service workshops with different committee that help understand the responsibility and roles and responsibility and not interfere with other committee. Archive is now open two Sundays per month 2^{nd} and 4^{th} Sunday 11am-1pm.

GSR Reports:

1. Mike S (Unity Through Traditions): The group is going well; we get 10 to 20 members every meeting. We're currently reading Experience, Strength, and Hope. Mike will be going to the Election Assembly in Tracy, CA.

New Business:

- 1. Approve funding to pay for DCM to attend Area 7 Election Assembly November 15-16 not to exceed \$300 for hotel, food, registration, mileage (fuel).
 - 1. David moved to approve funding, Allen seconded. Vote was taken and the motion passed unanimously.
- 2. David will supply the contact information of Mike and David to the CNIA webmaster to create a District 47 website under the cnia.org domain.

Announcements:

1. The Election Assembly will be in Tracy on November 14th through 16th, 2025. Online registration is already available at https://ti.to/cnia-07/election-assembly-2025 2. The Serenity In The Sierras conference will be November 21st through 23rd, 2025. 3. NCCAA San Ramon March 20th through 22nd, 2026, there is a discussion that will be held to split Area 6 and 7.

<u>Responsibility Declaration:</u> Read by all "I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible."

The meeting was adjourned at 7:46 PM.

Respectfully submitted,

David G., Recording Secretary