

# AA Newsletter

Tulare County Central Office • **February 1, 2026**

This month brings you writings from Tulare County AA Members on tradition two and step two, along with a guest article on service from an AA Orange County Member.



## Anniversary Milestones

- Celebrate with us on pg. 11-13
- "49 Sober Birthdays / Anniversaries"

## Announcements

- Springville Speaker - Breakfast Meeting 2/08/2026
- Spring into Sobriety 4/07/2026

**TULARE COUNTY CENTRAL OFFICE**  
**Income & Expense Statement**  
 12/21/2025      **through**      1/20/2026

<b><u>INCOME</u></b>	<b><u>MONTH</u></b>	<b><u>YEAR TO DATE</u></b>
B.Day Club	150.00	150.00
Grateful Givers Club	2,108.88	2,108.88
Group Cont.	2,442.47	2,442.47
Indiv Cont	115.00	115.00
Lit. Sales	360.95	360.95
Memorial Cont.	-	-
Misc.	-	-
Newsletter Contribution	-	-
S & H	-	-
Sales Tax	63.70	63.70
Service Charge	15.28	15.28
Spec. Events-New Year's Eve	6,327.34	6,327.34
Spec. Events-Picnic	-	-
Spec. Items	371.85	371.85
State fund dividend	-	-
State Fund Refund	-	-
 <b>TOTAL</b>	<b>11,955.47</b>	<b>11,955.47</b>

  

<b><u>EXPENSES</u></b>	<b><u>MONTH</u></b>	<b><u>YEAR TO DATE</u></b>
Fees-Taxes		
Insurance		
Lit. Costs		
PI-CPC Expense		
Misc Expense		
Newsletter Cost		
Non Employee Compensation		
Office Exp	134.86	134.86
Office Equip.& Maint		
Paypal charges	1.24	1.24
Payroll Taxes	2,192.14	2,192.14
Phone & ISP		
Printing and copy expense		
Postage		
Returned Check & Chg		
Rent	685.00	685.00
Salary	1,615.49	1,615.49
Sales Tax-Paid		
Spec. Events-picnic	286.72	286.72
Spec. Events-New Year	1,477.82	1,477.82
Spec. Items	(40.00)	(40.00)
Square Card Charges	9.44	9.44
Utilities	129.83	129.83
Ph-venmo	20.00	20.00
venmo fees	6.54	6.54
Website	7.00	7.00
 <b>TOTAL</b>	<b>\$6,526.08</b>	<b>6,526.08</b>

<b>Net Gain</b>	<b>\$5,429.39</b>	<b>5,429.39</b>
<b><u>BEGINNING ACCOUNT BALANCES AS OF 12/20/2025:</u></b>		<b>\$19,399.78</b>
<b><u>ENDING ACCOUNT BALANCES AS OF 1/20/2026</u></b>		<b>\$24,829.17</b>
 <b>Established Prudent Reserve</b>		<b>\$19,000.00</b>
	<b>Above prudent reserve</b>	<b>\$5,829.17</b>

**Individual, Newsletter, Memorial & Birthday Club Contributions**  
**12/21/2025 thru 1/20/2026**

**Birthday Club**

**\$1 for every year of sobriety!**

Tiffany J	15
Art J	25

**\$10 for every year of sobriety**

Cynthia T	110
-----------	-----

Total Club Contributions	\$150
--------------------------	-------



**Congratulations on your sobriety!**

**Newsletter Contributions**

None

**Memorial Contribution**

None

**Grateful Giver's Club (You know who you are!)**

Members      \$2,108.88

**Individual Contributions**

Bob T      Visalia

Jennifer K

Mike W      Porterville

**THANK YOU!!!**

## **Speaker Meetings for February 2026**

### **Porterville Recovery Club Speaker Meeting**

186 W. Walnut Ave.

**Friday February 6th at 8:00 PM**

**Speakers: TBA**

### **Sunday AM Breakfast, Speaker Meeting**

Veterans Memorial Building

36000 Hwy 190, Springville

**February 8<sup>th</sup>**

(Breakfast at 8:30 to 10:00 AM)

**Speaker: Joe and Cheri C from Porterville Ca with 5 Years!**

### **The Valley Group, Speaker Meeting**

St. Paul's Episcopal Church

120 N. Hall St. Visalia, CA 93291

**Every Wednesday from 7-8 pm.**

#### **Speakers for February**

**TBA**

### **Civic Center Group**

Christ Lutheran Church

3830 W Tulare Ave, Visalia

### **Birthday speaker meeting**

**Last Tuesday of the month**

### **Sunday PM Serenity Seekers Valley Group**

**Sunday 7:30-9 pm.**

St. Paul's Episcopal Church

120 N. Hall St. Visalia, CA 93291

#### **Speakers for February**

**February 1 - Alex O of Fresno, with 2 years, 11 months, and 26 days continuously sober!**

**February 8 - Rae Ann B of Visalia, with 31 years, 8 months, and 2 days continuously sober!**

**February 15 - Jerri T of Visalia, with 37 years, 4 months, and 8 days continuously sober!**

**February 22 - Michael S of Woodlake, with 4 years, 5 months, and 17 days continuously sober!**

**Attention speaker group secretaries: If you want your speaker listed in the Newsletter, please get the information to the Central Office (559) 592-6999 or [TCCOF@hotmail.com](mailto:TCCOF@hotmail.com) by the 20th of the month preceding the month of the Newsletter.**

**Group Contributions 12/21/2025 Thru 1/20/2026**

	<b>Month</b>		<b>YTD</b>
1st Friday Speaker Meeting	\$ 10.00	\$ 10.00	
Crossroads-Tulare	\$ 400.00	\$ 400.00	
CSO Meeting	\$ 35.00	\$ 35.00	
Fresno Village Group	\$ 1,250.00	\$ 1,250.00	
Gem St Noon Book Study	\$ 50.00	\$ 50.00	
Keep it Simple Sunday Group	\$ 111.22	\$ 111.22	
Monday AA Three Rivers Group	\$ 100.00	\$ 100.00	
Monday Men's Stag PPAV Hall	\$ 200.00	\$ 200.00	
Monday Men's Valley Book Study Group	\$ 100.00	\$ 100.00	
Quiet Trails Group	\$ 100.00	\$ 100.00	
Womens Reflections Group	\$ 86.25	\$ 86.25	
<b>Totals</b>	<b>\$ 2,442.47</b>	<b>\$ 2,442.47</b>	

For the most up-to-date  
meetings schedule, point  
your smartphone camera  
here



<https://aa-tulareco.org/meetings/>

## **Service – One side of the Triangle that holds us together**

As I look back in my history of AA and believe me, it is good to have a past that you don't regret and experience that might help the next person who comes along and wants this thing we call Sobriety. I learned early on that getting sober had a lot more to do than just stopping drinking. I hit my bottom in the early 90's. It was not a planned bottom like it rarely is but it was mine and I reached the point where the Big Book talks about being at that jumping off place, "He cannot picture life without alcohol. Some day he will be unable to imagine life with or without it. Then he will know loneliness such as few do". I got into being of service early with my first commitment as a chip person. Buying stickers to put on poker chips with different lengths of sobriety was the first time I really felt part of this thing we call AA. I stopped by Central Office to pick up pamphlets for a literature commitment, the phones were ringing and there was only the manager there. I asked if I could help and those words lasted for 4 to 5 more years of my sobriety. What an opportunity to be on the other side of that phone line which I had called not too long ago. The ability to say "I know how you feel" to someone hurting and wanting to stop drinking is something you definitely want to experience. Just to know that someone cares and is there can mean more than anything in the world. Now, 34 years later, still trying to be of service, I get the opportunity to work as the office manager for this organization that saved my life.

The volunteers that are of service to OCAA are the bright spots of my life. I recently asked why they volunteer. Here are some of their answers:

- It is rewarding to be part of a caller's journey to sobriety.
- I answer phones to maintain my sobriety; I give it away so I can keep it.
- I get out of self when I am being of service.

- Because I know that there are people looking for a solution on how to stay sober and I have that experience, strength and hope.
- Central Office was there for me and someone was nice enough to answer my questions, so I hope to pay that forward with my service..
- I know people that would be willing to pick up the phone for me if I needed help. Central Office is the place people turn to when they don't know who to talk to or where to go. You never know how much someone's life could change just by picking up the phone.

The average length of sobriety for our volunteers is about 18 years and the length of service answering phones is around 7 years.

It truly makes me grateful to see the fellowship of AA in Orange County continue day after day serving the alcoholic who still suffers since it started way back in 1963 which is also the year of my birth.

Thank you Orange County Alcoholics Anonymous for my life!

Skip K.

Manager – OCAA

## STEP 2

“Came to believe that a power greater than ourselves could restore us to sanity.”

The mere fact that AA’s 12 steps are suggestions gives the member a lot of leeway in finding a power/POWER greater than the sober drunk. There is no limit to whatever we choose to believe in. All that is required is an open mind. There is a booklet printed by the AA Grapevine titled “One Big Tent.” This printed piece contains stories of various AA’s who identify as agnostics, atheists, and non-believers. A group in Springville is reading this book. Sometimes the stories evoke a challenge to the belief system of some members. The discussion is lively and the main consensus is that these writers have found love, serenity, peace of mind and sobriety in Alcoholics Anonymous. Isn’t that what we are about?

Sometimes our thinking obstructs an open mind. Some members demand other AA’s believe the same way they do. Again, when we try to force our belief system on another person, we are going to be met with resistance.

Early in my sobriety when I heard the word ‘God,’ I bristled. The meetings smelled too much like church. A wise sponsor countered, “let me loan you my Higher Power till you find your Power.” Defiance was diluted.

Let us explore the word ‘sanity.’ This step implies we can be restored to sanity. Realizing that insanity ruled my existence during my drinking career, I wondered how I could be restored to something I never had? An incredibly wise sponsor told me I was born with sanity. It got lost. This wise sponsor also told me that misery is insanity. Much of my life was spent telling God how my life should be and this deity was not listening. I made my own misery; therefore, I was insane. What is a person to do?

Borrowing my sponsor’s HP, listening to members saying God can mean, ‘Group Of Drunks,’ ‘Good Orderly Direction,’ etc....I began to have hope.

The transition from confusion about a higher power to a solid believer in the fact I have no power has been an amazing journey. Not a smooth one, but then as the second verse of the serenity prayer says, “hardships are the pathways to peace.

In Service,

Cheryl H.

## Tradition Two

*For our group purpose there is but one ultimate authority-a Loving God as he may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.*

No presidents, czars, kings, rulers, potentates, wizards or buddhas. Alcoholics Anonymous is directed entirely by group conscience. Each group member has equal voting power. Each is entitled to speak his mind and carries the same leverage no matter how long he has been a member.

It has to seem like pandemonium to some, especially outsiders and it's probably miraculous that we manage our affairs so well. Credit is entirely due to our Higher Power and we contribute only the humility which enables us to have faith in the decisions made in this arrangement.

It's not that we escape bullies, apostles and bull headed know it alls in our midst. We are inundated with them. Old timers throw their weight around like sober time entitles them to special consideration and that traditions were meant for those with less time. Nothing could be further from the truth and even though experience is valuable and probably should be weighed in group decisions, matters of group directions are solved by an simple majority of group members.

It is remarkable how well it works for us and how long the Traditions have stood as our direction. It is easy for any of us to

fall in love with our performance in a service position we volunteered to attend. We might become unable to pass the position along to another volunteer, like a new member who needs the opportunity to serve the group. If the new man does the job in a manner to which I am not enamored, I bellow like a baby and refuse him the same opportunity to succeed that the group gave me. Humility is so hard to come by but is irreplaceable in group matters. Trust in our Higher Power's loving direction is indispensable. As long as we trust in that direction we will be able to attend to our limited business and retain the strength we want our newcomers to observe.



# **BIRTHDAY CLUB**

THIS IS A GREAT WAY TO SHOW YOUR GRATITUDE FOR YOUR SOBRIETY AND ALSO HELP CARRY THE MESSAGE OF RECOVERY.

You can contribute \$1, \$5, \$10 or some have even contributed \$100 for each year of sobriety!

Contribute before the month of your anniversary sobriety date and we will publish your first name and last initial, city and years of sobriety in our monthly newsletter, see your accomplishment in your monthly Newsletter!

IT'S REALLY SIMPLE AND WOULD HELP YOUR CENTRAL OFFICE TREMENDOUSLY.



Go to [AA-Tulareco.org](http://AA-Tulareco.org) to contribute

**AA BIRTHDAYS****FEBRUARY 2026**

Kay C	Visalia	47	
Reyes A	Visalia	43	2/5/1983
Joe B	Tulare	42	
Hal E	Porterville	41	
Yolanda D	Visalia	41	
Kristy B	Visalia	40	2/15/1986
David G	Tulare	40	
Connie D	Tulare	39	
"Mad Jack"	Pixley	39	2/10/1987
Ken R	Visalia	39	2/13/1987
Brent S	Tulare	38	
Debbie M	Porterville	38	
Jamie M	Porterville	38	2/15/1988
Chris K	Tulare	38	
Jack R	Tulare	37	
Bob V	Visalia	37	
Dave W	Lindsay	37	
Holden M	Visalia	37	
Pat L	Visalia	37	
Dan G	Visalia	36	
Doug M	Visalia	36	
Sig G	Visalia	36	
Rick E	Visalia	35	2/3/1991
Dave H	Visalia	34	
Vickie H	Tulare	33	
Mark F	Visalia	33	
Linda R	Visalia	32	
Tarrie J	Visalia	32	
Tammy P	Tulare	32	
Carl S	Tulare	31	2/23/1995
Trevor H	Visalia	31	2/20/1995
Jennifer S	Visalia	29	2/14/1997
Gloria C	Visalia	29	2/14/1997
Angela F	Visalia	29	2/14/1997
Dale L	Visalia	26	2/14/2000
Paige S	Visalia	25	2/5/2001
Judy K	Visalia	25	2/20/2001
Linda N	Tulare	24	2/22/2002
Denece B	Visalia	23	2/15/2003
Kimi K	Tulare	20	
Ricky T	Visalia	19	2/18/2007
Bob G	Visalia	17	2/15/2009
Derek B	Visalia	17	2/22/2009
Mike O	Visalia	17	2/9/2009

Jack E	Tulare/Bakersfield	14	2/13/2012
Lee B	Tulare	14	2/19/2012
Laura P	Visalia	9	2/22/2017
Carlos P	Tulare	2	2/7/2024
Emmanuel Z	Visalia	1	2/28/2025



**District 47, CNIA  
Meeting Minutes  
Date: January 6, 2026**

This is a hybrid business meeting with participants attending in-person and on Zoom from various locations, including the Central Office in Exeter.

**Meeting Called to Order:** 7:30 PM by District Committee Member (DCM) Mike C.

**Committee members present:**

Mike C., DCM  
Mike S., GSR for Unity Through Traditions  
Allen L., Treasurer (acting Recording Secretary)  
Joyce R. H&I Liaison

**The GSR Preamble:** read by Mike C. "We are the General Service Representatives. We are the link in the chain of communication for our groups with the General Service Conference and the world of A.A. We realize the ultimate authority in A.A. is a Loving God as he may express himself in our Group Conscience. As trusted servants, our job is to bring information to our groups in order that the groups can reach an informed group conscience. In passing along this group conscience, we are helping to maintain the unity and strength so vital to our fellowship. Let us, therefore, have the patience and tolerance to listen while others share, the courage to speak up when we have something to share, and the wisdom to do what is right for our groups and A.A. as a whole."

**12 Traditions:** read by Mike C.

**Concept 3:** Concept 3 read and explained by Allen L.

**Approval of Minutes:** December 2, 2025 minutes reviewed and approved.

**Treasurer's Report:** Allen L.

**Beginning Balance: \$2468.08**

**INCOME**

Date	Description	Description
10-26-2025	District 49 (#1051)	\$200.00
12-10-2025	Unity Thru Traditions (#7460)	\$130.00
12-11-2025	Bridge Street Drunks (#1154)	\$61.59

**Total Income: \$391.59**

## EXPENSES

Date	Description	Description

**Total Expenses: \$0.00**

**Ending Balance: \$2859.67**

**CSO Liaison Report:** none

**Registrar:** none

**H&I Liaison Report:** Joyce R., Area 93 Chair

The only purpose of the Northern California Hospital and Institution Committee is to carry the message of AA to alcoholics in corrections and treatment facilities and facilities serving alcoholics in Northern CA.

Here in Tulare County (Area 93) of Northern California Hospital and Institution Committee in 2025, we served 8 different treatment facilities by bringing 14 AA meeting monthly to these facilities. We were able to bring 6 to 8 meetings in Spanish and English monthly to the Tulare County Jail and bring meetings to Avenal, Corcoran, and SATF Prisons as often as possible. The IVSS Program has begun at the three Prisons affording 39 inmates one to one sponsorship with an outside sponsor. This is a program was implemented by the Northern California Hospital and Institution Committee beginning at San Quentin. It is now included in the AAWS Corrections Committee Workbook and being implemented in many different states.

In 2025, Northern California Hospital and Institution Committee purchased \$539,712.18 of AA literature from AAWS. This was distributed at the H&I meetings held between Tulare County and the Oregon border. The breakdown of our 2025 Committee's expenses is: 87.7% goes to literature; 5% covers Area Committee expenses allowing them to do the work of the Committee; 7.3% covers general committee business. This was all funded by our Northern California AA fellowship passing the pink cans. Here in Tulare County, we were able to distribute \$10,500.00 in literature between the treatment facilities and the County Jail. Corcoran and SATF shared \$10,900 in AA literature with our inside members while Avenal shared \$6,700 in AA Literature. We thank our local AA meetings who have agreed to pass the pink cans affording us this gift. NorCal Financial Reports are posted on Tulare County's AA Website to review and any questions can be directed to the Treasurer at the email address provided.

A big thank you to our volunteers here in Area 93. We have approximately 35 active volunteers that participate monthly in our treatment facilities, 7 cleared volunteers at Tulare County Jail and 11 cleared volunteers for the three Prisons.

While we have accomplished much in this past year, there is always more to do. We are always in need of more volunteers especially in the Jails, Prisons, and IVSS Program. If you or any AA member in your group is interested in this type of 12 Step Work, our next H&I orientation will be held at 9:00 am followed by business meeting at 10:00 am on January 10, 2026 at 526 N. Bridge Street, Visalia, CA 93291. Please encourage any interested AA member to attend. There is more that we can do together to reach the alcoholic who still suffers.

**DCM Report:** Mike C.

Bids for 2027 Assemblies were discussed at the December ACM in Sacramento. Bids will be presented and voted on at the Winter Assembly. The Winter Assembly will be held in Orangevale (D27) January 17th-18th. (Find information a [cnia.org](http://cnia.org)).

**GSR Reports:**

Mike S, Unity Thru Traditions: Meeting is still going strong; held meetings on both Christmas Eve and New Year's Eve. Currently reading the book Experience, Strength and Hope.

**Old Business:** Discussion and decision to make office rent payment to Central Office and donate excess funds above our prudent reserve to various AA entities tabled until next month (when we can get firm number from the Central Office board).

**Announcements:**

- PRASSA Hawaii February 27 thru March 1, 2026 (info on [cnia.org](http://cnia.org)).
- NCCAA San Ramon March 20 thru 22, 2026

**Seventh Tradition:** None

**Responsibility Declaration:** Read by all "I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible."

The meeting was adjourned at 8:15 PM

Respectfully submitted,  
Allen L., Acting Recording Secretary

# CENTRAL SERVICE MEETING UN-APPROVED MINUTES

## Central Office & Central Service Representatives Meeting Report

### Date

January 13, 2026

### Meeting called to order

6: 05 P.M.

### Board Members Present

John W led the meeting

Mike P, Ally A, John W,

Vicki via zoom

Bear absent via zoom

### Serenity Prayer

Said by all

### 12 Traditions

Read by Robert

### Previous Minutes

No additions or corrections

Marcie Motion Approve

Charley Second

Reviewed and Approved by all

### Board Meeting Report

John...

we covered the welcoming of the new board members  
as well and concluding all the New Years Eve Party plans

### Treasurer and Office Report

For the period from Nov 21<sup>st</sup>, 2025 thru Dec 20<sup>th</sup>, 2025 Central Office had an income of \$3,928.69 and expenses of \$3,638.25  
for a **gain of \$290.44** for this accounting period, we're ahead by \$2,424.13 for the year.

**This office is totally self-supported through your contributions so thank you for all you do!**

**Birthday Club:** We had 4 grateful members contribute \$83.00 to Central Office Birthday Club to celebrate their sobriety!  
Thank you and happy birthday! Please remember to announce the Birthday Club to your groups, it's a great way to support  
the area that helps you stay sober!

**Group contributions:** 7 groups contribute to Central Office for a total of \$1,183.98. Thank you to the 210 Attitude Modification Group, Bridge St Drunks Only group, Clod-busters group, our CSO group, the Monday Men's Stag group at the PPAV Hall, the Quiet Trails group, and Unity Through Traditions group! We truly are grateful for your support!

**Grateful Giver Club contributions:** 8 anonymous grateful alcoholics donated through our Grateful Givers Club totaling \$1,148.47.

**Individual contributions:** We had 4 individual alcoholics generously contribute to our office for the amount of \$495.00, thank you!

Thank you for helping us meet our monthly expenses that help us share our AA message of recovery.

Our New Year's Event was a great success and everyone had a wonderful time! Everyone raved over the food! A special shout out to Ken W and Cynthia T for all your hard work, you pulled it off! Thank you thank you thank you! I also want to shout out to the people who contributed the meat, the ice, the sodas and the electric cords, the tablecloths and the decorations, you know who you are! Thank you to our speaker, our MC and our auctioneer and his helpers! Thank you all for your time in helping with the set up and clean up! Through all of our efforts Central Office gained \$4,380.97! A great way to start the new year!

Some not good news. We received notice from AA World Services informing us of a literature price increase effective Feb 1<sup>st</sup> 2026 that our b AA World Services will be raising their prices on all their books by \$3 which will be passed on to you since we sell books at AAWS cost and Pamphlets increase 15% = \$0.08. The price will be \$0.58 per pamphlet except P-22 & P-33 which will be \$1.08 each.

Grateful to be working with a board that promotes unity of the fellowship and reaching out to groups letting them know about this office and the services we provide.

Thank you!

Carol Ann Gable  
Office Manager

### **PI/CPC Report**

N/A

We are in need of an PI/CPC

### **STEP FOR NEWSLETTER-VOLUNTEER**

**Issue   Step   Member**

February Cheryl H Step 2 due to [centralintergroupnews@gmail.com](mailto:centralintergroupnews@gmail.com) 1/21/2026

March Vicki Step 3 due to [centralintergroupnews@gmail.com](mailto:centralintergroupnews@gmail.com) 2/21/2026

### **TRADITION FOR NEWSLETTER-VOLUNTEER**

**Issue   Step   Member**

February Mike P Tradition 2 due to [centralintergroupnews@gmail.com](mailto:centralintergroupnews@gmail.com) 1/1/2026

March Charley Tradition 3 due to [centralintergroupnews@gmail.com](mailto:centralintergroupnews@gmail.com) 2/21/2026

## Newsletter Report

Charley

New Newsletter Editor

I have completed two months I am figuring out,,,

working on the formatting, working on adding photos to the newsletter with out overloading our website  
Id like to have someone contribute articles to our newsletter.. possibly a guest article. Id like to invite people to submit their  
articles etc.

## Website Report

Website Report – January 2026 2025-12-09 through 2026-01-13.

Meeting Changes:

Carol Ann added four meetings:

Rule 62 Hanford - Ask it Basket meeting at First United Methodist Church from 6:00 PM to 7:00 PM on Sundays.

Rule 62 Hanford - Big Book Study meeting at First United Methodist Church from 6:00 PM to 7:00 PM on Mondays.

Rule 62 Hanford - 12 x 12 Book Study meeting at First United Methodist Church from 6:00 PM to 7:00 PM on Tuesdays.

Rule 62 Hanford - Discussion Topic Meeting at First United Methodist Church from 6:00 PM to 7:00 PM on Wednesdays.

Carol Ann also updated the 12 Step Recovery Club Nooner Group information; Roger is now the secretary on the Monday  
meeting, Shannon on the Tuesday meeting, Glenda on the Wednesday meeting, Mathew on the Friday meeting.

Carol Ann updated the Saturday Night Believers meeting at Trinity Lutheran Church in Porterville – they moved the  
meeting from 90 minutes to 60 minutes.

David updated the The Half & Half Group meeting at Trinity Lutheran Church in Porterville.

### New Announcements:

New Years Eve Party Planning Meeting this Monday 6 PM December 22

Twelve Tips On Keeping Your Holiday Season Sober and Joyous!

A A World Services will be raising their prices by \$3 per book starting in February!

Spring Into Sobriety 2026 Planning meeting  
Central Office will be closed Christmas Eve Day and Christmas Day  
District 47 Meeting (GSR) moved to 7:30 PM

---

Looking for a service commitment? Clod-busters Group needs a new secretary! New Year's Eve wrap-up meeting moved to  
February

### New Events:

Spring Into Sobriety 2026 Planning meeting Spring Into Sobriety 2026 event will be on March 21, 2026  
H & I Business meeting  
Final New Year's Eve event committee meeting

Carol Ann and I did the normal monthly edits of the CSR meeting, GSR meeting, Valley Group meetings and 2nd Sunday  
Springville Breakfast Speaker Meeting.

### Website Changes:

I discovered a problem with The Events Calendar plugin. It is finicky about the WordPress theme in use. The symptom was  
that when someone went to click on another month in the calendar, the throbber simply sat and spun. The solution was to  
change the theme. However, some themes make the drop-down (hamburger) menu disappear when the user is on a cell  
phone. This cut off access to the Meetings page and all other pages. Thank you to Carol Ann for letting me know that the  
menu had disappeared; the website was like that for a whole day until she warned me of it. I did find a theme that maintains  
our menus even on a cell phone. And yes, I changed the color scheme around (again!) trying to get something to look nice  
with the new theme.

Thank you for letting me be of service, David G of Visalia

## H&I

### January H&I Report (for end of December)

The only purpose of the Northern California Hospital and Institutions Committee is to carry the message of AA to alcoholics in corrections and treatment facilities and facilities serving alcoholics in Northern California.

In Tulare County, our monthly meetings are as follows:

Treatment facilities: 14

Monthly meetings in Tulare County Jail: 10 offered in both English and Spanish

Prisons: 8

We continue to need volunteers, especially those interested in going into Tulare County Jail, Corcoran, SATF, Avenal State Prisons. We are in dire need of Sponsors willing to sponsor an inmate at one of our Prisons. Send any interested volunteers to our next

H&I orientation, Saturday, March 14th at 9:00am at Bridge Street Clubhouse.

Inside Visiting Sponsorship Service continues to grow yet we always have a great need above and beyond what we ever could handle. Please share with your home groups to see if anyone is interested in sponsoring an inmate remotely. Let them know they do not have to go 'to' the correctional facility. Contact: HANDI.IVSS@gmail.com \*\*\*

Financial: The NorCal H&I Committee ended the year with a cash reserve of \$30,033.59. This is trending in the right direction as last month the Committee was \$1,247.20 in the negative. Please share the Committee's financial information with the fellowship and thank Groups that are passing the Pink Can. Area Chairs and volunteers please encourage Groups that do not pass the Pink Can to consider doing so. Currently H&I contributions are 2.7% higher than last year and literature expenses are 2.4% lower than last year.

Please continue to share our financial position with your local fellowship. It is important that accurate financial information is shared. If you are aware of a group that is not passing the pink can, please encourage them to do so.

Next meeting March 14, 10am – Bridge Street Clubhouse.

Thank you for letting me be of service.

George

## BTG Bridging the Gap

Mike P

We had one referral, however I haven't heard from them

## GSO Liaison:

Robert C

Our new central office representative will now be our liaison for this service...

## Springville Monday Night Book Study Group, Cheryl H., CSR

Ken W. Was the CSR for this group. He resigned at the end of December. He may be attending this meeting in the future until a new CSR for the group steps up. The group meets on Monday nights at the Lighthouse Chapel Church in Springville from 7 to 8pm. The group is small. Currently the group is reading the book from the Grapevine called "One Big Tent". It features stories from atheists & agnostics. The stories have sparked lively discussion and the group appreciates and recognizes the recovery these writers have gained as a result of the AA program. The group has a business meeting the first Monday after the second Tuesday which is the Central Office Meeting.

### **Springeville Thursday Night Gut Level, Cheryl H., CSR**

Ken W was the CSR for this group. He resigned at the end of December. He may be attending this meeting in the future until a new CSR for the group steps up. The group meets on Thursday nights at the Lighthouse Chapel Church in Springeville from 7-8:30pm. Group attendance fluctuates from 10-25 members. Our business meeting is the first Thursday after the second Tuesday. We celebrate birthdays on the last Thursday of the month with dinner at a local eatery & cake at the meeting. Our secretary and treasurer resigned last month. The group will be electing new trusted servants at this months business meeting.

### **AA Noon Meetings at the 12 step Recovery Club, Cheryl H.**

I am here as a Central office representative for one group called AA Noon Meetings at the 12 Step Recovery Club in Porterville. This group consists of 5 AA meetings, Monday thru Friday from 12-1pm. These meetings are predominately new comers and card carriers. Each meeting has its own secretary. In February 2025, the group met with qty 3 in attendance. Those secretaries voted to use the 7th tradition money to pay rent to the 12 step club. The group also purchases AA literature & medallions from central office. I used to be a CSR for this group. After a few months the meetings felt a CSR wasn't needed because the meetings have little means for financially supporting central office with monetary contributions.

### **Friends of Bill W and Dr Bob Charley., CSR**

We meet each Tuesday night at 7-8:30pm at St Johns Episcopal Church which is located in Tulare at the corners of Prosperity and Lapsina . Celebration of birthdays occur the first Tuesday of each month for all those that had their annual milestone during the previous month. We would like to extend an invitation to any and all that have not attended our meeting from the surrounding areas it is a wonderful group that gathers! This is an open meeting.

### **Tuesday Women's Changes Vicki B., CSR**

We celebrate birthdays the last Tuesday of the month with a potluck and dessert! The group meets every week with topics for everyone who wishes to participate. The meeting lasts an hour from 6:00-7:00pm. We are a stick topic meeting.

### **Women's Tuesday Night Amity Group Ally A., CSR**

The Tuesday Women's Amity Group meets every Tuesday at Trinity Church located 6400 W. Walnut in Visalia. This a closed women's meeting, we allow infants up to 3 months . We meet from 6:30pm-7:30pm each week with the 3rd week being a business meeting after the regular meeting. Each week we have a lead speaker who speaks for 10 minutes and then picks a topic and chooses people to speak through tag, going around a circle. The last week of the month is a birthday meeting where we enjoy yummy dessert. We are growing and about 25-40+ women.

### **Porterville Wednesday Open Inclusive Marcie M., CSR**

Open Meeting at Lutheran Church 765 Henderson Porterville Wednesday inclusive meeting 6:00-7:00pm, 25-30 members a mix of new and long timers Birthday celebration-cake the last Wednesday of the month, we support Central Office. We sometimes have women from PAAR visit.

### **Second Sunday Speaker Springeville Breakfast Meeting Marcie M., CSR**

Veterans Memorial Building, Springeville Second Sunday of the month, it is a beautiful ride to Springville Lots of Serenity. Good crowd as usual! Last month we have approx 50-75 people attend!! Great Fellowship

Come on up!

Coffee at 8:00am

Breakfast at 8:30am

\$8.00 for breakfast

10:15 meeting starts 7th Tradition honored 10:30 ten minute speaker followed by main speaker  
We support Central Office 50/50 drawing

### **Friday Freedom Fellowship Robert., CSR**

The Friday Freedom Fellowship meets every Friday at 7:00pm ago Christ Lutheran Church located at 3830 W Tulare Ave. Visalia, CA This is a closed meeting where both men and women can attend. Our attendance ranges from 20-40 people. A chair person speaks for 10 minutes, the chairperson picks a topic and calls on people for the remainder of the meeting. There is a variety of lengths of sobriety in the room and a tradition in the meeting gives everyone an opportunity to share their sobriety date. Birthdays are celebrated the first Friday of each month with cake and chips. Chips are also given out each week to celebrate sobriety milestones.

### **Civic Center Group David G., CSR**

We meet every Tuesday night at the Christ Lutheran church near Tulare and Demaree in Visalia. Abraham is our secretary. The meeting starts at 7:00 PM and goes to 8:00 PM. It is an open meeting, and newcomers are welcome. We have coffee and candy, and literature every week. Books are for sale at cost, and pamphlets are free. Our business meetings are the third Tuesday of the month at 8:10 PM, immediately after the meeting. Our time has come to rotate service positions. We give out chips every week for sobriety under one year; we have a birthday meeting on the last Tuesday of the month, with cupcakes.

### **Keep It Simple Sunday David G., CSR**

We moved to winter schedule, starting at 10:00am-11:30am We meet in Blain Park in Visalia new comers are welcome. Bring a lawn chair or blanket. Chips given out every Sunday and the last Sunday of the month is the business meeting. Pet friendly. Approx 20 in attendance. Birthday celebration every week.

### **Mid Valley Group Jerry S., CSR**

Mid Valley Group At St johns Church 1701 Prosperity in Tulare. This is an open AA meeting, all are welcome. We meet st 2-3:30pm on Saturday afternoon. It is a chip meeting and we celebrate and we have a few empty chairs that need filling with members. Also our present secretary is terming out so we are looking for a new one to fill the seat.

### **Exeter Sunday Afternoon Group Mike P., CSR**

We continue to grow as a meeting Sunday 2:30 is well attended 1 1/2 hour meeting. Open for discussion, we distribute chips and celebrate anniversary the last Sunday of the month. Seems to be a growing meeting. Both men and women attend. Continuing to donate to central office. Candy is served with coffee. We have also decided to donate a larger amount to the church. Our meeting continues to grow. We meet in as well. Good mix of acquired time of sobriety, welcome to all.

### **Prospecting for Nuggets Jerry S., CSR**

St Johns Episcopal Church 1701 E Prosperity Ave.  
This is an open meeting. We would like more participation.  
It is a chip meeting and celebrate anniversaries on the last Sunday of the month.  
We meet on Sundays from 7-8:30 pm

### **Serenity Junction Jerry S., CSR**

Serenity Junction is an open meeting and meets every Monday night at 7pm, located at St Johns Church in Tulare. It is a chip meeting and celebrate birthdays on the last Monday of the month with cake and ice cream, We would also like to see more seats filled.

### **Friends of Bill W John W., CSR**

Quaker church off of 198 in Farmersville. 5:30-6:30pm. Speaker for 10 minutes then share... coffee and fellowship  
We give chips for various lengths of sobriety

### **Clodbusters 11:30-1:15 Jerry., CSR**

Located at the Tulare Community Church (Activity Center) 1820 Gem St Tulare. The group meets every Wednesday at noon. This is a one hour open meeting. We celebrate birthdays and handout chips on the last Wednesday of the month. We need a secretary. If you would like to be in service here's your chance!

### **Saturday Morning Women's 12 x 12 Jerri T., CSR**

Held from 9-10 am Saturday morning held weekly  
Approx 35-40 women We meet at Christ Lutheran  
Church 3830 W Tulare Ave.

We celebrate recovery by handing out milestone chips each week and celebrating birthdays the end of the month. Each meeting is a book study out of the 12 & 12. The last Saturday of the month we have an ask it basket where we get to respond to questions provided by our members.

### **Old Business**

Elections approved Vicki & Bear new board members  
Possibly move CSR & Board meeting to second Saturday of the month.  
We considered moving CSR meeting to Saturdays... however after discussion we have decided to keep it on Tuesdays.

### **New Business**

Robert C is our new GSO liaison is needed to represent Central office...  
just needed to attend the meetings and give a report  
This would help with communication from Central Office to GSO & vise versa  
GSO is held the first Tuesday of the month at 7:00pm  
Mike C is our district committee member

### **Seventh Tradition**

\$35.00

### **Announcements**

### **Meeting Adjourned**

7:11 pm

### **Responsibility statement**

Said by all

### **Board Secretary** Ally Ayres



## New Year's Eve Financial Report 2025

### Income

Ticket Sales	\$ 3,255.00
Bake Auction	\$ 1,602.00
7th tradition	\$ 367.00
50/50	\$ 938.00
Soda & Grateful Giver Jar	\$ 165.34
<b>Total Income</b>	<b>\$ 6,327.34</b>

### Expenses

Decorations (Donated)	\$ -
tickets & flyers	\$ 81.06
50/50 payout	\$ 469.00
Venue and Security Cost	\$ 724.00
Venue Deposit	\$ 400.00 To be returned
hotel for speaker	\$ 123.29
gas money for spkr	\$ 120.00
1 big book give away	\$ 13.05
soda/water (Donated)	\$ -
food cost (Meat Donated)	\$ 551.77
<b>Total Expenses</b>	<b>\$ 2,482.17</b>

<b>Preliminary gain</b>	<b>\$ 3,845.17</b>
<b>Deposit to be returned</b>	<b>\$ 400.00</b>
	<b>\$ 4,245.17</b>

## Service Meeting & Service Addresses February 2026

### Service Meetings

Final New Year's Planning Committee meeting  
Tulare County Central Office  
449 E Maple St  
Exeter, CA 93221  
Tuesday February 10<sup>th</sup> 2026 at 5 pm

GSR Meeting at Central Office  
449 E. Maple St., Exeter, CA  
Tuesday, February 3rd 2026 at 7:30 PM

Bridging the Gap meeting at Central Office  
449 E Maple St Exeter, CA  
To be announced

CSR Meeting at Central Office  
449 E. Maple St., Exeter, CA  
Tuesday, February 10<sup>th</sup> 2026 at 6 pm

H&I Meeting (**odd months only**) in person at  
526 N Bridge St (no Zoom)  
2<sup>nd</sup> Saturday 9:00, Orientation,  
Business meeting 10:00

### Send contribution to:

**Tulare County Central Office**  
449 E. Maple St.  
Exeter, CA 93221  
<https://aa-tulareco.org/donation>

**AA General Service Board**  
P.O. Box 2407  
James A Farley Station  
New York, New York 10116-2407  
<http://contribution.aa.org>

**District 47**  
P.O. Box 273  
Exeter, CA 93221

**CNIA Treasurer**  
PO Box 161712  
Sacramento, CA 95816-1712

**H&I-Contributions**  
P.O. Box 192490  
San Francisco, CA 94119-2490

### SERVICE ADDRESSES

**Tulare County Central Office**  
449 E. Maple St.  
Exeter, CA 93221  
**(559) 592-6999**  
Email: [tccof@hotmail.com](mailto:tccof@hotmail.com)  
Website: [www.aa-tulareco.org](http://www.aa-tulareco.org)  
Hours: Mon-Fri 9:00am to 1:00pm  
**Closed Bank holidays**

# Comic of the month!



Until next time!  