

**Your  
Tulare County  
Central Office  
Newsletter  
March 2026**



**[www.aa-tulareco.org](http://www.aa-tulareco.org)  
449 E. Maple Street  
Exeter, CA 93221 (559) 592-6999  
Volume 36 Issue 3**

**Step 3: Made a decision to turn our will and our lives over to the care of God as we understood Him.**

Step 3 is about making a conscious decision to turn your will and your life over the care of a Higher Power, as you understand it.

In step 1 we admitted powerlessness over alcohol, Step 2 builds belief in a Power greater than oneself, and Step 3 is the moment you decide to act on that belief. The step represents choosing a new direction in life. This decision means going beyond words. It is about daily practice, surrender and trust.

Step 3 is not about inaction but about releasing control over what you cannot change, while focusing on what you can change. It teaches us to trust the process and practice humility. Simply put it is about turning belief into consistent action.

By letting go of what you can't control, we gain autonomy to live by values and healthier decisions. The third step fosters independence by promoting clarity and trust rather than relying on fear.

Step 3 is the gateway. It builds willingness, trust and humility so we can move into deeper work without resistance. Staying open minded here ensures that Step 4 won't feel overwhelming, but instead becomes the natural next step.

Vicki Bates

# TRADITION THREE

**“THE ONLY REQUIREMENT FOR A.A. MEMBERSHIP IS A DESIRE TO STOP DRINKING.”**

THESE WORDS HIT HOME FOR ME. WHEN I FIRST BEGAN ATTENDING AA MEETINGS, I, AT TIMES WONDERED IF I BELONGED. I HEARD MANY SHARE AND NOT ALWAYS DID I IDENTIFY. FORTUNATELY, I READ THIS TRADITION AND HEARD MEMBERS SAY "LOOK FOR SIMILARITIES NOT DIFFERENCES" AND THIS REASSURED ME THAT AA COULD BE FOR ME TOO! SEE, I DID NOT (YET) HAVE SOME OF THE HARSHIPS THAT SOME OTHERS MAY HAVE HAD AS A RESULT OF DRINKING. YET, FOR ME, I KNEW THAT IT WAS NO LONGER A CELEBRATORY ACTIVITY IN MY LIFE LIKE IT WAS ONCE WAS. AND WHEN I STRUGGLED TO FIND THOSE CELEBTORY TIMES WITH DRINKING AND COULD NO LONGER, AA WAS THERE WAITING WITH OPEN ARMS WHEN I WAS READY AND NEEDED CHANGE. NO LONGER DID I WANT WHAT ACCOMPANIED DRINKING. THOSE GOOD TIMES WERE LONG GONE. THEY WERE HISTORY AND WHAT HAD REPLACED IT WAS NO LONGER ATTRACTIVE TO ME OR THOSE CLOSEST TO ME. SO, MATTER WHERE I BEGAN THIS JOURNEY, I AM GRATEFUL THAT THE ONLY REQUIREMENT FOR AA MEMBERSHIP IS A DESIRE TO STOP DRINKING. NOW DAYS MY CELEBRATORY TIMES HAVE RETURNED AND NO LONGER IS DRINKING A PART OF IT. I KNOW WHERE IT TOOK ME, DID TO ME, AND WHERE IT COULD HAVE LED. THIS CAME AS A RESULT OF MY WILLINGNESS TO LISTEN AND LEARN FROM THE AA MEMBERS. IT IS YOUR WILLINGNESS TO BE OPEN, ACCEPTING AND CARING WITHOUT JUDGEMENT THAT MAKES THIS TRADITION SO VITAL AND IT IS FOR THESE REASONS THAT I REVERE TRADITION THREE SO MUCH.

CHARLEY

**CENTRAL SERVICE MEETING UN-APPROVED MINUTES**  
**Central Office & Central Service Representatives Meeting Report**

**Date**

February 10, 2026

**Meeting called to order**

6:04 P.M.

**Board Members Present**

John W led the meeting  
Mike P, Ally A, John W,  
Vicki, Bear via zoom

**CSR Preamble**

**12 Traditions**

Read by Ally

**Previous Minutes**

No additions or corrections  
Jerry Motion to Approve  
Marcie Second  
Reviewed and Approved by all

**Board Meeting Report**

John...

We mainly discussed the New Years event and are in the finals phases of the wrap up planning meeting.  
All AA literature went up \$3.00

**Treasurer and Office Report**

Claudia covered the office for us on Feb 3<sup>rd</sup>, thank you Claudia!

For the period from Dec 21<sup>st</sup>, 2025 thru Jan 20<sup>th</sup>, 2026 Central Office had an income of \$11,955.47 and expenses of \$6,526.08 for a gain of \$5,429.39 for this accounting period. Financially, thanks to all of you, we are doing great!

This office is totally self-supported through your contributions so thank you for all you do!

Birthday Club: We had 3 grateful members contribute \$150.00 to Central Office Birthday Club to celebrate their sobriety!  
Thank you and happy birthday! Please remember to announce the Birthday Club to your groups, it's a great way to support the area that helps you stay sober!

Group contributions: 11 groups contributed to Central Office for a total of \$2,442.47! We truly are grateful for your support!

Grateful Giver Club contributions: 6 anonymous grateful alcoholics contribute through our Grateful Givers Club totaling \$2,108.88! WOW! You know who you are, thank you, thank you, thank you!

Individual contributions: We had 3 members generously contribute a total of \$115, thank you! Thank you for helping us meet our monthly expenses that help us share our AA message of recovery.

Grateful to be working with people that promote unity of the fellowship and grateful for our members who take time to explain to our newcomers in Tulare County about the AA group service structures, and the importance of having group business meetings regarding AA finances and the AA triangle. We are, and want to continue to be your Central Office for servicing your meeting needs here in Exeter! Please continue to inform your members about us and the services we provide. We are better when we work together!

Thank you!  
Carol Ann Gable  
Office Manager

### PI/CPC Report

John & Bear  
We are in a learning curve

### STEP FOR NEWSLETTER-VOLUNTEER

#### **Issue Step Member**

March Vicki Step 3 due to [centralintergroupnews@gmail.com](mailto:centralintergroupnews@gmail.com) 2/21/2026

April Jerri T Step 4 due to [centralintergroupnews@gmail.com](mailto:centralintergroupnews@gmail.com) 3/21/2026

### TRADITION FOR NEWSLETTER-VOLUNTEER

#### **Issue Step Member**

March Charley Tradition 3 due to [centralintergroupnews@gmail.com](mailto:centralintergroupnews@gmail.com) 2/21/2026

April Cheryl H Tradition 4 due to [centralintergroupnews@gmail.com](mailto:centralintergroupnews@gmail.com) 3/21/2026

### Newsletter Report

Charley

It went out with out any issues and on time.. We had a guest article from someone in orange county. We would like to have a local member provide another guest article monthly... something you are interested in within the traditions of AA. I can help with writing it if need. I made sign up sheets to help get on the monthly subscription of the newsletter. **Also on the home page of our website we now have a tab to be included in our monthly newsletter!** Thank You David for making this happen!

### Website Report

Website Report – February 2026 2026-01-13 through 2026-02-09

Meeting Changes: none this month New Announcements:

2026-01-16 Central Office closed Monday January 19th to honor Martin Luther King Day

2026-01-30 3C2A Roundup and Golf Tournament 2026

2026-02-04 Central Office will be closed Monday February 16th honoring Presidents' Day

2026-02-07 New Year's Eve wrap-up meeting this Tuesday at 5:00 PM

New Events:

Springville Sunday Speaker Breakfast Business Meeting  
Final New Year's Eve event committee meeting  
Central California Council of Alcoholics Anonymous 2026 Golf Tournament  
Central California Council of Alcoholics Anonymous 2026 Roundup  
Spring Into Sobriety 2026 Planning meeting (five dates)  
Soberfest 2026

Carol Ann and I did the normal monthly edits of the CSR meeting, GSR meeting, Valley Group meetings and 2nd Sunday Springville Breakfast Speaker Meeting.

Website Changes:

**On the Central News newsletter page, I added a button “Want to join our mailing list? Click here”. That takes people to a new page “Central News Signup”. You can fill out the form to subscribe or unsubscribe, and it will send an email to Carol Ann.**

On the Contact page, I added a line “Please let us know if members on our birthday list have passed away. We publish a list of members and their birthdays in our monthly newsletter, Central News.” The form on the Contact page remains otherwise unchanged.

The Events Calendar plugin continues to be problematic. I thought I had gotten it fixed, but about two weeks later it started failing to find anything not in the current month. A couple database edits fixed the problem, but the problem may return.

Thank you for letting me be of service, David G of Visalia

## **BTG Bridging the Gap**

Mike P

One request No return contact

## **GSO Liaison:**

Robert C

I went to my first meeting, they seem to be focused on filling spaces, Mike is stepping down and **there are approx 4 open spots**. If you are wanting to be of service this is a great opportunity for you. Zoom is an option for this service commitment. PRSSA will be coming up , NCAA is also coming up. Your home group will be supporting your attendance. Meeting approx 20-25min. Possibly reach out via our newsletter with an article from Cheryl...We are looking to Connect and Unify our members! Meetings are the first Tuesday of every month at 6:00 Central Office & Zoom.

**Springville Monday Night Book Study Group, William E., CSR**

We are an open AA book study meeting that meets on Monday night from 7:00-8:00pm. We have about 10 regular members, sometimes cake & or cookies, and of course coffee. We meet at the Lighthouse Chapel in Springville. We have a new CSR William E and we have changed our format to add wording about using alcohol or other mind altering substances to refrain from speaking and talk to someone after the meeting. We are currently reading "One Big vTent" and have great discussions on what we read.

### **Springville Thursday Night Gut Level, Cheryl H., CSR**

Ken W was the CSR for this group. He resigned at the end of December. He may be attending this meeting in the future until a new CSR for the group steps up. The group meets on Thursday nights at the Lighthouse Chapel Church in Springville from 7-8:30pm. Group attendance fluctuates from 10-25 members. Our business meeting is the first Thursday after the second Tuesday. We celebrate birthdays on the last Thursday of the month with dinner at a local eatery & cake at the meeting. Our secretary and treasurer resigned last month. The group will be electing new trusted servants at this month's business meeting.

### **AA Noon Meetings at the 12 step Recovery Club, Cheryl H., CSR**

12 Step Club noon AA Meetings are strong with lots of newcomers.

One seasoned member wanted me to remind the CSO Board that Central Office is a non profit corporation. The AA members contributing groups and meetings are the owners of this corporation. The groups suggest to the board their wishes or conscience. The board meets to consider how best to serve the needs of the AA community in carrying the message. This includes events and oversight when office is open or closed on bank holidays. Central office representatives report on their group or meetings, and how the group feels about CSO decisions. In addition, CSR's take monthly CSO meeting minutes to group.

### **Friends of Bill W and Dr Bob Charley., CSR**

We meet each Tuesday night at 7-8:30pm at St Johns Episcopal Church which is located in Tulare at the corners of Prosperity and Lapsina. Celebration of birthdays occur the first Tuesday of each month for all those that had their annual milestone during the previous month. We would like to extend an invitation to any and all that have not attended our meeting from the surrounding areas it is a wonderful group that gathers! This is an open meeting.

### **Tuesday Women's Changes Vicki B., CSR**

We meet every Tuesday from 6:00 PM to 7:00 PM at the Recovery Club located at 186 S. D Street, Porterville. We are an open meeting for women only. This is a stick topic meeting. That is each woman picks a preprinted stick and shares on the topic described on the stick. Our attendance includes women with a brief period of sobriety to those with many years. All are welcome. On the last Tuesday of the month, we celebrate those women with sobriety birthdays who share their experience, strength and hope with the group.

### **Saturday Night Believers Vicki B., CSR**

This is a closed meeting of Alcoholic Anonymous. We meet from 7:00 PM to 8:00 PM at the Trinity Lutheran Church located at 764 W Henderson Ave in Porterville.

This is a chip meeting.

We provide chips for various lengths of sobriety.

We celebrate sobriety birthdays on the last Saturday of the month with cake

### **Women's Tuesday Night Amity Group Ally A., CSR**

The Tuesday Women's Amity Group meets every Tuesday at Trinity Church located 6400 W. Walnut in Visalia. This a closed women's meeting, we allow infants up to 3 months . We meet from 6:30pm-7:30pm each week with the 3rd week being a business meeting after the regular meeting. Each week we have a lead speaker who speaks for 10 minutes and then picks a topic and chooses people to speak through tag, going around a circle. The last week of the month is a birthday meeting where we enjoy yummy dessert. We are growing and about 30 women.

### **.Porterville Wednesday Open Inclusive Marcie M., CSR**

Open Meeting at Lutheran Church 765 Henderson Porterville Wednesday inclusive meeting 6:00-7:00pm, 15-20 members a mix of new and long timers Birthday celebration-cake the last Wednesday of the month, we support Central Office. We sometimes have women from PAAR visit.

### **.Second Sunday Speaker Springeville Breakfast Meeting Marcie M., CSR**

Veterans Memorial Building, Springeville Second Sunday of the month, it is a beautiful ride to Springville Lots of Serenity. Good crowd as usual! Last month we have approx 50-75 people attend!! Great Fellowship  
Come on up!  
Coffee at 8:00am  
Breakfast at 8:30am...breakfast ends at 9:45am  
\$8.00 for breakfast  
10:15 meeting starts 7th Tradition honored 10:30 ten minute speaker followed by main speaker  
We support Central Office 50/50 drawing

### **.Friday Freedom Fellowship Robert., CSR**

The Friday Freedom Fellowship meets every Friday at 7:00pm ago Christ Lutheran Church located at 3830 W Tulare Ave. Visalia, CA This is a closed meeting where both men and women can attend. Our attendance ranges from 20-40 people. A chair person speaks for 10 minutes, the chairperson picks a topic and calls on people for the remainder of the meeting. There is a variety of lengths of sobriety in the room and a tradition in the meeting gives everyone an opportunity to share their sobriety date. Birthdays are celebrated the first Friday of each month with cake and chips. Chips are also given out each week to celebrate sobriety milestones.

### **Civic Center Group David G., CSR**

We meet every Tuesday night at the Christ Lutheran church near Tulare and Demaree in Visalia. Abraham is our secretary. The meeting starts at 7:00 PM and goes to 8:00 PM. It is an open meeting, and newcomers are welcome. We have coffee and candy, and literature every week. Books are for sale at cost, and pamphlets are free. Our business meetings are the third Tuesday of the month at 8:10 PM, immediately after the meeting. Our time has come to rotate service positions. We give out chips every week for sobriety under one year; we have a birthday meeting on the last Tuesday of the month, with cupcakes.

### **Keep It Simple Sunday David G., CSR**

We moved to winter schedule, starting at 10:00am-11:30am We meet in Blain Park in Visalia new comers are welcome. Bring a lawn chair or blanket. Chips given out every Sunday and the last Sunday of the month is the business meeting. Pet friendly. Approx 20 in attendance. Birthday celebration every week.

### **.Mid Valley Group Jerry S., CSR**

Mid Valley Group At St Johns Church 1701 Prosperity in Tulare. This is an open AA meeting, all are welcome. We meet st 2-3:30pm on Saturday afternoon. It is a chip meeting and we celebrate and we have a few empty chairs that need filling with members. Also our present secretary is terming out so we are looking for a new one to fill the seat.

### **.Exeter Sunday Afternoon Group Mike P., CSR**

We continue to grow as a meeting

Sunday 2:30 is well attended 1 1/2 hour meeting. Open for discussion, we distribute chips and celebrate anniversary the last Sunday of the month. Seems to be a growing meeting. Both men and women attend. Continuing to donate to central office. Candy is served with coffee. We have also decided to donate a larger amount to the church. Our meeting continues to grow. We meet in as well. Good mix of acquired time of sobriety, welcome to all.

### **.Prospecting for Nuggets Jerry S., CSR**

St Johns Episcopal Church 1701 E Prosperity Ave.  
This is an open meeting. We would like more participation.  
It is a chip meeting and celebrate anniversaries on the last Sunday of the month.  
We meet on Sundays from 7-8:30 pm

### **.Serenity Junction Jerry S., CSR**

Serenity Junction is an open meeting and meets every Monday night at 7pm, located at St Johns Church in Tulare. It is a chip meeting and celebrate birthdays on the last Monday of the month with cake and ice cream, We would also like to see more seats filled.

### **Friends of Bill W John W., CSR**

Quaker church off of 198 in Farmersville. 5:30-6:30pm. Speaker for 10 minutes then share... coffee and fellowship  
We give chips for various lengths of sobriety. We are beginning to have a full meeting room.

### **.Clodbusters 12:00-1:00 Jerry., CSR**

Located at the Tulare Community Church (Activity Center) 1820 Gem St Tulare. The group meets every Wednesday at noon. This is a one hour open meeting. We celebrate birthdays and handout chips on the last Wednesday of the month. We need a secretary. If you would like to be in service here's your chance!

### **.Saturday Morning Women's 12 x 12 Jerri T., CSR**

Held from 9-10:00 am Saturday morning held weekly  
Approx 35-40 women We meet at Christ Lutheran  
Church 3830 W Tulare Ave.

We celebrate recovery by handing out milestone chips each week and celebrating birthdays the end of the month. Each meeting is a book study out of the 12 & 12. The last Saturday of the month we have an ask it basket where we get to respond to questions provided by our members.

### **Old Business**

Discussion of the new years event,  
begin planning earlier & more communication among the members.

### **New Business**

Founders Day Picnic is at Mooneys Grove Arbor 9 June 13th  
We are looking for a chair person for this event and committee members to run this event.  
Tuesday March 10th at 5:00pm first planning meeting.

### **Seventh Tradition**

\$32.00

Announcements

Meeting Adjourned

7:18 pm

Responsibility statement

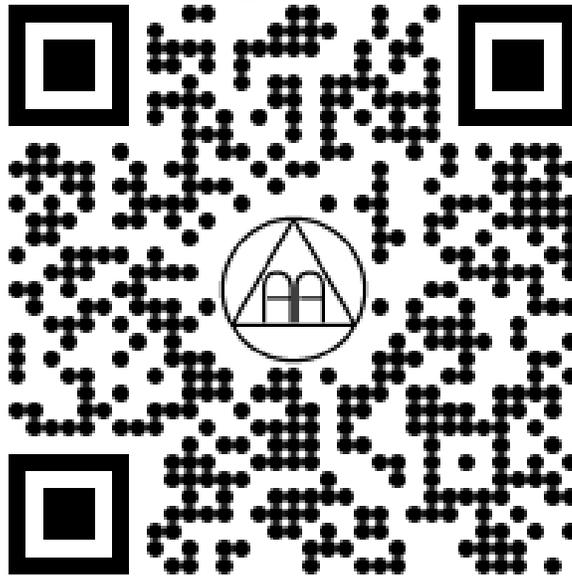
Said by all

Board Secretary

Ally Ayres



meeting schedule



**TULARE COUNTY CENTRAL OFFICE**  
**Income & Expense Statement**  
1/21/2026 through 2/20/2026

<u>INCOME</u>	<u>MONTH</u>	<u>YEAR TO DATE</u>
B.Day Club	912.00	1,062.00
Grateful Givers Club	177.58	2,286.46
Group Cont.	1,620.96	4,063.43
Indiv Cont	465.00	580.00
Lit. Sales	928.52	1,289.47
Memorial Cont.		-
Misc.		-
Newsletter Contribution		-
S & H		-
Sales Tax	133.08	196.78
Service Charge	22.34	37.62
Spec. Events-New Year's Eve		6,327.34
Spec. Events-Picnic		-
Spec. Items	932.10	1,303.95
State fund dividend	75.00	75.00
State Fund Refund		-

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<b>TOTAL</b>	<b>5,266.58</b>	<b>17,222.05</b>
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<u>EXPENSES</u>	<u>MONTH</u>	<u>YEAR TO DATE</u>
Fees-Taxes	70.00	70.00
Insurance	449.00	449.00
Lit. Costs	1,553.20	1,553.20
PI-CPC Expense		
Misc Expense		
Newsletter Cost		
Non Employee Compensation	\$150.00	150.00
Office Exp	382.38	517.24
Office Equip.& Maint		
Paypal charges		1.24
Payroll Taxes		2,192.14
Phone & ISP	77.99	77.99
Printing and copy expense		
Postage	82.52	82.52
Returned Check & Chg		
Rent	685.00	1,370.00
Salary	2,158.08	3,773.57
Sales Tax-Paid		
Spec. Events-picnic	46.65	333.37
Spec. Events-New Year		1,477.82
Spec. Items	787.40	747.40
Square Card Charges	27.08	36.52
Utilities	130.15	259.98
Ph-venmo	20.00	40.00
venmo fees	4.41	10.95
Website	7.00	14.00

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<b>TOTAL</b>	<b>\$6,630.86</b>	<b>13,156.94</b>
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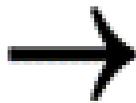
<b>Net Gain</b>	( <b>\$1,364.28</b> )	<b>4,065.11</b>	
<b><u>BEGINNING ACCOUNT BALANCES AS OF 1/20/2026:</u></b>			<b>\$24,890.89</b>
<b><u>ENDING ACCOUNT BALANCES AS OF 2/20/2026</u></b>			<b>\$23,498.89</b>

<b>Established Prudent Reserve</b>			<b>\$19,000.00</b>
	<b>Above prudent reserve</b>		<b>\$4,498.89</b>

**Group Contributions 1/21/2026 Thru 2/20/2026**

	<b>Month</b>	<b>YTD</b>
1st Friday Speaker Meeting	\$ -	\$ 10.00
10th Ave Men's Stag	\$ 146.50	\$ 146.50
210 Atitude Modification	\$ 140.00	\$ 140.00
AA Women's Saturday AM Meeting	\$ 409.95	\$ 409.95
Crossroads-Tulare	\$ -	\$ 400.00
CSO Meeting	\$ 37.00	\$ 72.00
Fresno Village Group	\$ -	\$ 1,250.00
Gem St Noon Book Study	\$ -	\$ 50.00
H & I	\$ 250.00	\$ 250.00
Keep it Simple Sunday Group	\$ -	\$ 111.22
Monday AA Three Rivers Group	\$ -	\$ 100.00
Monday Men's Stag PPAV Hall	\$ 150.00	\$ 350.00
Monday Men's Valley Book Study Group	\$ -	\$ 100.00
Porterville Tuesday Men's Stag	\$ 123.51	\$ 123.51
Quiet Trails Group	\$ 100.00	\$ 200.00
Tuesday Women Amity Group	\$ 264.00	\$ 264.00
Womens Reflections Group	\$ -	\$ 86.25
<b>Totals</b>	<b>\$ 1,620.96</b>	<b>\$ 4,063.43</b>

For the most up-to-date  
meetings schedule, point  
your smartphone camera  
here



<https://aa-tulareco.org/meetings/>



## AA BIRTHDAYS

### MARCH

2026

Manuel C	Tulare	51	
Kristi H	Visalia	50	
Art W	Lampasas TX	18	3/7/1978
John G	Armona	43	
Barbara S	Hanford	43	3/27/1983
Ray D	Tulare	42	
Laura H	Visalia	42	
Sylvia M	Visalia	41	
Rod R	Tulare	39	
Vick G	Exeter	39	3/3/1987
Cy F	Visalia	39	
Sheri D	Visalia	39	3/13/1987
Jesse M	Porterville	38	
Marcia M	Porterville	38	3/15/1988
Mark C	Hanford	37	3/20/1989
Anita B	Lemoore	37	3/6/1989
Lawrence C	Tulare	35	3/16/1991
Dave S	Visalia	33	
Tom S	Visalia	33	
Wendy S	Visalia	33	
Gary S	Three Rivers	31	
Mitch H	Terra Bella	24	3/12/2002
Jeff P	Visalia	23	3/1/2003
Violet Q	Tulare	23	3/31/2003
Stephanie G	Visalia	22	3/1/2004
Chuck W	Exeter	21	3/16/2005
Edward V	Dinuba	20	
Pete B	Camp Nelson	18	3/24/2008
Steven S	Visalia	15	3/26/2011
Felipe S	Visalia	14	3/10/2012
Zach D	Visalia	13	3/21/2013
Nick V	Visalia	11	3/15/2015
Larry A	Visalia	10	3/13/2015
Felipe S	Visalia	10	3/12/2016
Kenneth B	Porterville	10	3/12/2016
Kristina W	Exeter	9	
Sarah S	Visalia	8	3/4/2018
Raymond G	Visalia	6	3/5/2020



## **Speaker Meetings for March 2026**

### **Porterville Recovery Club Speaker Meeting**

186 W. Walnut Ave.

**Friday 6th at 8:00 PM**

**Speakers: TBA**

### **Sunday AM Breakfast, Speaker Meeting**

Veterans Memorial Building

36000 Hwy 190, Springville

**March 8<sup>th</sup>, 2026**

(Breakfast at 8:30 to 9:45 AM)

**Speaker: Central Office Board Member Bear J Hanford!**

### **The Valley Group, Speaker Meeting**

St. Paul's Episcopal Church

120 N. Hall St. Visalia, CA 93291

**Every Wednesday from 7-8 pm.**

**Speakers for March**

**TBA**

### **Civic Center Group**

Christ Lutheran Church

3830 W Tulare Ave, Visalia

**Birthday speaker meeting**

**Last Tuesday of the month**

### **Sunday PM Serenity Seekers Valley Group**

**Sunday 7:30-9 pm.**

St. Paul's Episcopal Church

120 N. Hall St. Visalia, CA 93291

**Speakers for March**

**March 1 - Violet Q of Tulare, with 22 years, 11 months, and 1 day continuously sober!**

**March 8 - Nolen B of Fresno, with 10 years, 2 months, and 3 days continuously sober!**

**March 15 - Alicia T of Visalia, with 1 year, 1 month, and 21 days continuously sober!**

**March 22 - Doug M of Visalia, with 7 months and 27 days continuously sober!**

**March 29 - Jen W of Visalia, with 1 year, 5 months, and 1 day continuously sober!onth preceding the month of the Newsletter.**

**District 47, CNIA  
Meeting Minutes  
Date: February 3, 2026**

This is a hybrid business meeting with participants attending in-person and on Zoom from various locations, including the Central Office in Exeter.

**Meeting Called to Order:** 7:00 PM by District Committee Member (DCM) Mike C.

**Committee members present:**

- Mike C., DCM
- Robert C., GSR for Bridge Street Drunks Only
- Allen L., Treasurer (acting Recording Secretary)
- Joyce R. H&I Liaison

**The GSR Preamble:** read by Mike C. “We are the General Service Representatives. We are the link in the chain of communication for our groups with the General Service Conference and the world of A.A. We realize the ultimate authority in A.A. is a Loving God as he may express himself in our Group Conscience. As trusted servants, our job is to bring information to our groups in order that the groups can reach an informed group conscience. In passing along this group conscience, we are helping to maintain the unity and strength so vital to our fellowship. Let us, therefore, have the patience and tolerance to listen while others share, the courage to speak up when we have something to share, and the wisdom to do what is right for our groups and A.A. as a whole.”

**12 Traditions:** read by Robert C.

**Concept 2:** Concept 2 read and explained by Mike C.

**Approval of Minutes:** January 6, 2025 minutes reviewed and approved.

**Treasurer’s Report:** Allen L.

**Beginning Balance: \$2468.08**

INCOME

Date	Description	Amount
10-26-2025	District #49 (#1051)	\$200.00
12-10-2025	Unity Thru Traditions (#7460)	\$130.00
12-11-2025	Bridge Street Drunks Only (#1154)	\$61.59

Total Income: \$ 391.59

EXPENSES

Date	Description	Amount

Total Expense: \$ 000.00

**Ending Balance: \$2859.67**

**CSO Liaison Report:** none

**Registrar:** none

**H&I Liaison Report:** Joyce R., Area 93 Chair

The only purpose of the Northern California Hospital and Institution Committee is to carry the message of AA to alcoholics in corrections and treatment facilities and facilities serving alcoholics in Northern CA.

In Tulare, we continue to carry the message of AA monthly to 8 different treatment facilities by bringing 14 AA meetings monthly to these facilities. We were able to bring 6 to 8 AA meetings in Spanish and English monthly to the Tulare County Jail. Our volunteers attend the AA meetings being held at Avenal, Corcoran, and SATF Prisons as often as possible. AA literature is provided to all who request it at our meetings. For Treatment Facilities, we bring the AA Big Book, 12 Steps and 12 Traditions, Living Sober and Daily Reflections in English and Spanish. At the Tulare County Jail, we bring the above titles and add some incarcerated titles appropriate for that setting. The prisons make available AA literature as requested to all meetings being held regardless of our volunteer's availability.

The IVSS Program continues to grow at the three local prisons listed above affording 39 inmates locally one to one sponsorship with an outside sponsor. This program was implemented by the Northern California Hospital and Institution Committee beginning at San Quentin. To date we have over 200 inmates receiving one to one sponsorship in the Northern California H&I area.

It is now included in the AAWS Corrections Committee Workbook and being implemented in many different states. I have attached a flyer for this program as there are inmates waiting

for sponsors at all facilities. Since this is now handled digitally through encryption to ensure anonymity, volunteers can sponsor inmates anywhere in NorCal's Area.

We continue to encourage all meetings to pass the pink can and have treasurer's send in the money regularly. If a meeting does not have a pink can and would like them, please refer them to myself or Central Office to ensure they receive one. Passing of the pink can, ensures that AA approved literature is available to share at all our H&I meetings. I have attached a copy of the Annual Pink Can Report to the Fellowship, which outlines how the Pink Can money was used in the FYE 2025. Please share this at your meetings. It is also available in English and Spanish on our local Tulare County AA website.

We continue to be in dire need of volunteers for the Prisons and Tulare County Jail. Please send any interested AA members to our next orientation which will be held: 9:00 am followed by business meeting at 10:00 am on March 14, 2026, at 526 N. Bridge Street, Visalia, CA 93291.

In Service,  
Joyce Rauen, Area 93 Chair

### **DCM Report: Mike C.**

The Pre-Conference Assembly, hosted by District19 will be held April 18-19 in Yuba City. PRAASA will be held Feb. 27 thru March 1 in Honolulu, Hawaii. ACM will be held on Feb. 21. 10AM to 4PM (hybrid). Find details at [cna.org](http://cna.org).

### **GSR Reports:**

Robert G is the new GSR for Bridge Street Drunks Only group in Visalia. Robert just celebrated two years of sobriety. He is active with H&I and the twice-a-year Valley Speaker Series events. He will also be reporting to the Friday Night Freedom Fellowship in Visalia.

**Old Business:** The TCCO board did not give us a figure for the rent of the Central Office for 2026. Allen L will check with Central Office and write the check when we get the new figure. Discussion and decision to donate excess funds above our prudent reserve to various AA entities was tabled until next month (after we consider future Agenda Items workshop and possibly another event to increase awareness of General Service and encourage groups to elect GSRs and interested members to stand for several still vacant District 47 officer positions (DCM, Alt. DCM, Recording Secretary and Registrar).

**New Business:** Mike C will be stepping down from the DCM position in 30 days. We need all interested members to step up and stand for this and other vacant positions in our slate of District 47 officers: DCM, Alt. DCM, Recording Secretary, and Registrar.

### **Announcements:**

- PRASSA Hawaii February 27 thru March 1, 2026 (info on [cna.org](http://cna.org)).
- NCCAA San Ramon March 20 thru 22, 2026

**Seventh Tradition:** None

**Responsibility Declaration:** Read by all “I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible.”

The meeting was adjourned at 8:00 PM

Respectfully submitted,  
Allen L., Acting Recording Secretary



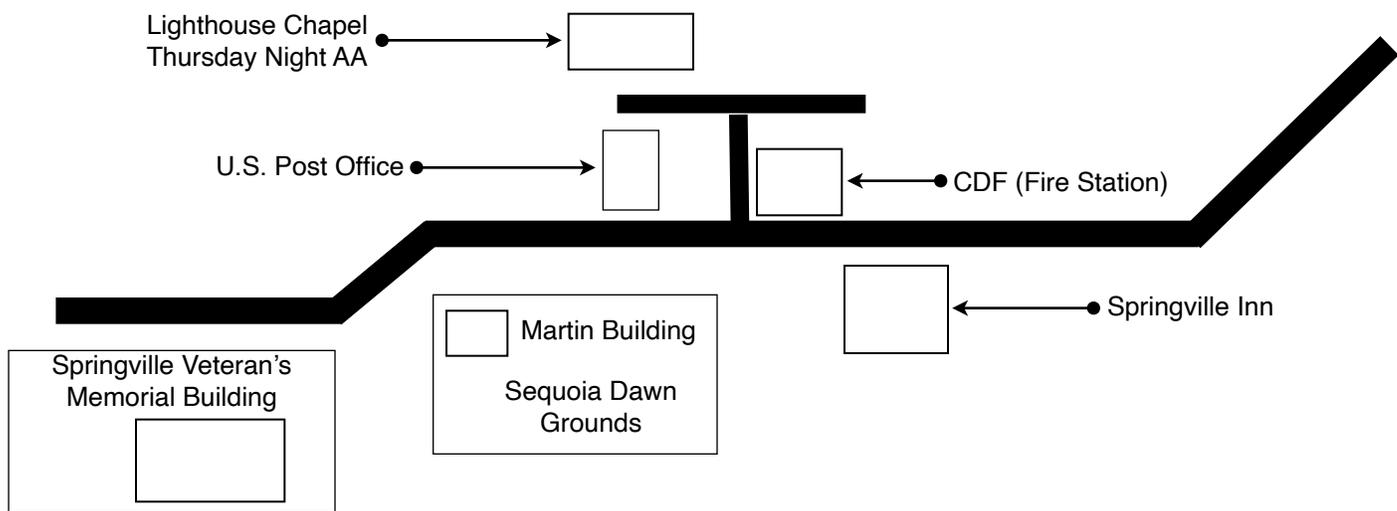
# Sunday Speaker Breakfast

Sunday Morning, March 8, 2026

50 Yrs on the 2nd Sunday of the Month - Come Join Us!

**Speaker: Bear J.**  
Hanford, CA

*Special Sunday Speaker in Springville's Serenity*



**Springville Veterans Memorial Building**  
**35944 Highway 190**  
**Springville, California**

**For Information: Call 559-539-3814**

- From Highway 99 at Tipton (south of Tulare) - Take Highway 190 turnoff toward the Sierras - 32 miles east to Springville
- From Highway 99 at Bakersfield - Take Highway 65 north 45 miles to Highway 190 - 17 miles east to Springville

**8:00 AM**

**Coffee's Hot - Attitude Adjustment Time**

**8:30 - 9:45 AM**

**Breakfast Service (\$8.00)**

**10:15 AM**

**Meeting Starts (7th Tradition is honored)**

**10:30 - 10:45 AM**

**10 Minute Speaker - Main Speaker**

The Valley Speaker Series Presents  
(with Al-Anon participation)

# SPRING INTO SOBRIETY

Saturday, March 21, 2026

St. Paul's Church, 120 N. Hall, Visalia, CA

11:00 - 5:00: Step Workshop\*

11:00 - 5:00: Al-Anon Speakers/Workshop\*

(\*Lunch available for sale \$5 or bring your own)

5:30 - 6:30: Dinner & Fellowship

7:00 - 8:30: Speaker Meeting

Zoom: 155 118 647

Password: Visalia

(with live transcript)

## Dinner

\$20 (Presale)

\$25 At The Door

## Newcomers!

*Attend the full workshop and be our guests for dinner!*

Workshops/Speaker Meetings

**OPEN & FREE!**

**FAMILY FRIENDLY EVENT!**



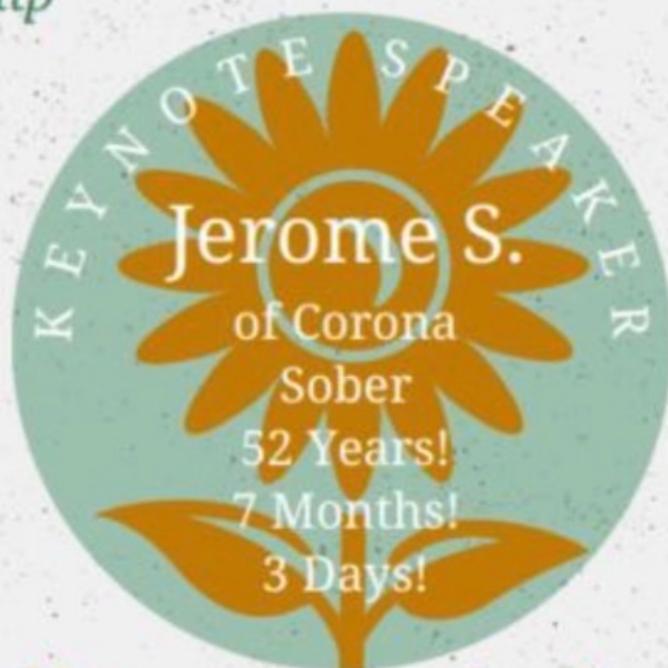
Contacts:

Tina H - (559) 579-4270

Brad W - (559) 786-3636

Bill H - (559) 740-8613

*ASL interpretation available, please request via the contacts above.*



**"INTO ACTION"**  
*Central California*  
**ROUNDUP**  
**APRIL 10-12**



**FRIDAY**

Marathon Meetings (2:30-5:30 pm)  
Big Book Jeopardy (5:30 pm)  
Meet & Greet (5:30 pm)  
Speaker (7:00 pm)  
Dance (8:30 pm)

**SATURDAY**

Yoga & Sound Bath Meditation (7-8am)  
Women's Brunch (9-10:30am)  
Volleyball (10am-1pm)  
Sponsorship Workshop (11am-12pm)  
Marathon Meetings (11am-4pm)  
Dinner (5:30pm)  
Speaker (7:00pm)  
Bingo (8:30pm)

**SUNDAY**

Golf Tournament  
(8 am)

REGISTER &  
MORE INFO

[WWW.3C2A.ORG](http://WWW.3C2A.ORG)



HOPE LUTHERAN CHURCH  
5435 N FRESNO STREET  
FRESNO, CA 93710

AA WITH AL-ANON PARTICIPATION

# Women in Unity Brunch

**COST**  
**\$25**

Limited Seating

Hosted by Women's 12 x 12 Study Group

Christ Lutheran Church  
3830 W. Tulare Ave. Visalia



*Gather and Grow*



Saturday, May 2, 2026  
Doors Open Coffee's Hot  
10:30 AM

Brunch Service 11:15 AM  
Meeting Starts 12:15 PM

Raffle Baskets & 50 / 50 Drawing

Please join us for  
**inspiring speakers from  
AA and Al-Anon**, fun,  
food, fellowship.

For more info about the event  
or tickets contact:

Erica D. 559-656-7468

Rae Ann B. 559-901-4641

**Speakers:**

AA Teri C. (33 yrs) Murphys, CA

Al-Anon Diana R. (34 yrs) Hanford, CA

## Service Meeting & Service Addresses March 2026

### Service Meetings

GSR Meeting at Central Office  
449 E. Maple St., Exeter, CA  
Tuesday, March 3rd 2026 at 7:30 PM

Bridging the Gap meeting at Central Office  
449 E Maple St Exeter, CA  
To be announced

CSR Meeting at Central Office  
449 E. Maple St., Exeter, CA  
Tuesday, March 10<sup>th</sup> 2026 at 6 pm

H&I Meeting (**odd months only**) in person at  
526 N Bridge St (no Zoom)  
2<sup>nd</sup> Saturday 9:00, Orientation,  
Business meeting 10:00

### Send contribution to:

**Tulare County Central Office**  
449 E. Maple St.  
Exeter, CA 93221  
<https://aa-tulareco.org/donation>

**AA General Service Board**  
P.O. Box 2407  
James A Farley Station  
New York, New York 10116-2407  
<http://contribution.aa.org>

**District 47**  
P.O. Box 273  
Exeter, CA 93221

**CNIA Treasurer**  
PO Box 161712  
Sacramento, CA 95816-1712

**H&I-Contributions**  
P.O. Box 192490  
San Francisco, CA 94119-2490

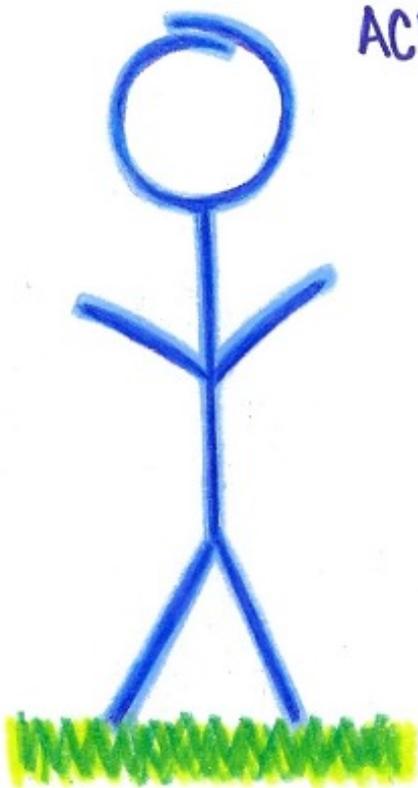
### SERVICE ADDRESS

**Tulare County Central Office**  
449 E. Maple St.  
Exeter, CA 93221  
**(559) 592-6999**  
**(559) 901-3512 text phone**  
Email: [tccof@hotmail.com](mailto:tccof@hotmail.com)  
Website: [www.aa-tulareco.org](http://www.aa-tulareco.org)  
Hours: Mon-Fri 9:00am to 1:00pm  
**Closed Bank holidays**

# COMIC OF THE MONTH

OUR PRIMARY PURPOSE  
IS TO STAY SOBER AND  
HELP ANOTHER ALCOHOLIC  
ACHIEVE SOBRIETY.

BUT ISN'T THAT  
TWO PURPOSES?



AA LOGIC

Agk 2015