

# YOUR TULARE COUNTY AA CENTRAL OFFICE NEWSLETTER MAY 2026



[WWW.AA-TULARECO.ORG](http://WWW.AA-TULARECO.ORG)  
449 E. MAPLE STREET  
EXETER, CA 93221 (559) 592-6999  
VOLUME 36 ISSUE 5

# STEP FIVE

“Admitted to God, ourselves and another human being the exact nature of our wrongs”

Being raised in a religion I had the confessional available to me. But going to confession I was given a few prayers for my penance and absolved of my sins (wrongs). If I just admitted to myself, I would just temporarily do good for a while, but I would eventually fall back into my old ways then I got to AA and had to tell another human being the exact nature of my wrongs. Unlike the confessional and myself, telling someone else helped me not to make excuses for my wrongs. In telling someone else it was harder for me to make excuses. Also, the other person can call me out on my backsliding and keep me in check. Thanks to AA and Step 5 I can live a better life.

Jerry S.



## Tradition Five

*Each group has but one primary purpose -  
to carry its message to the alcoholic who still suffers.*

Certainly our individual skills are to be proud of, and it would only be natural that we might consider the benefits we could provide to our fellow AA members. New members are often in dire need of aid in many aspects of their broken lives. Seasoned veterans have troubles too and wouldn't it be wonderful if Alcoholics Anonymous was an all inclusive provider, a panacea.

We could present monetary assistance, auto repair guidance, home maintenance instruction, and even computer skills [education](#). [We](#) are blessed with an ocean of experienced and sober members, having enormous knowledge and hands on experience. So why do we not take advantage of these blessings and spread the our program's scope to include these services?

Sounds kind of ridiculous doesn't it? The reason our beloved program works so well is precisely because we avoid trying to be everything to every one. Each of us is blessed with an AA story about our discovery of this marvelous living plan. It is a wondrous tool we all possess and it is a PHD in demoralization with an internship in recovery. We are all a chip in the vast puzzle of sobriety.

Tradition Five protects us from ourselves, like all the Traditions do. We are not responsible for any expertise in any regard other than our experience, strength and hope. We do one thing well and if we can protect each other and assume enough humility to forego career,

family, financial and lifestyle advice, letting the Big Book do that for us,  
we will survive and thrive.

Anonymous



## Old Business

As a CSR be sure to share information with your groups that elections will be coming up in December. As well as if a group does not have a CSR please suggest one for your meeting. Discussion of meetings on our calendar that perhaps are not AA approved.

## New Business

Founders Day Picnic is at Mooneys Grove Arbor 9 June 13th  
We are looking for a chair person for this event and committee members to run this event. **Tuesday April 14th at 5:00pm second planning meeting.**

## Seventh Tradition

\$39.00

## Announcements

Please announce the founders day picnic June 13 \$8.00 a ticket

## Meeting Adjourned

6:57 pm

## Responsibility statement

Said by all

## Board Secretary

Ally Ayres



# CENTRAL SERVICE MEETING UN-APPROVED MINUTES

## Central Office & Central Service Representatives Meeting Report

### Date

April 14, 2026

### Meeting called to order

6:01 P.M.

### Board Members Present

John W led the meeting  
Mike P  
Ally A absent with notice  
John W  
Vicki  
Bear

### CSR Preamble

Read by Bear

### 12 Traditions

Read by Robert

### Previous Minutes

No additions or corrections Motion to Approve Cheryl, Second Marcie

Reviewed and Approved by all

### Board Meeting Report

John... Mostly discussed the upcoming picnic,

Preparing for the Founders Day Picnic.. Cheryl & Marcie will be the Chair and Co Chair

## Treasurer and Office Report

Good evening!

Office Report

Our payroll taxes were paid for the 1<sup>st</sup> quarter, and Claudia covered the office on March 31st for us, thank you Claudia.

For the period from Feb 21<sup>st</sup>, 2025 thru March 20<sup>th</sup>, 2026 Central Office had an income of \$3,032.32 and expenses of \$2,762.81 for a gain of \$269.51 for this accounting period.

This office is totally self-supported through your contributions so thank you for all you do!

Birthday Club: We had 2 grateful members contribute \$146.00 to Central Office Birthday Club to celebrate their sobriety! Thank you, and happy birthday! Please remember to announce the Birthday Club to your groups, it's a great way to support the area that helps you stay sober!

Group contributions: 11 groups contributed to Central Office for a total of \$2,085.37! \$600.00 of that included District 47 contribution for their use of this office. We truly are grateful for everyone's support!

Grateful Giver Club contributions: 8 anonymous grateful alcoholics contribute through our Grateful Givers Club totaling \$92.08. You know who you are, thank you thank you thank you!

Individual contributions: We had 2 members generously contribute a total of \$65.00, thank you! Thank you for helping us meet our monthly expenses that help us share our AA message of recovery.

Grateful to be working with people that promote unity of the fellowship and grateful for our members who take time to explain to our newcomers in Tulare County about the AA group service structures, and the importance of having group business meetings regarding AA finances and the AA triangle. We are, and want to continue to be your Central Office for servicing your meeting needs here in Exeter! Please continue to inform your members about us and the services we provide. We are better when we work together!

Thank you!

Carol Ann Gable

Office Manager

## **PI/CPC Report**

Vicki B...

Had our first health faire. I see a challenge in that I live in Porterville, & most all the events are in Visalia. I do not want George's hard work to go to the wayside. I would like to set up a list so that volunteers local to Visalia that are willing to exhibit these upcoming events. Please reach out so we may fill volunteer positions.

## **STEP FOR NEWSLETTER-VOLUNTEER**

### **Issue Step Member**

May Jerry S Step 5 due to centralintergroupnews@gmail.com 4/21/2026

June Vicki B Step 6 due to centralintergroupnews@gmail.com 5/21/2026

## **TRADITION FOR NEWSLETTER-VOLUNTEER**

### **Issue Step Member**

May Mike P Tradition 5 due to centralintergroupnews@gmail.com 4/21/2026

June Mike P Tradition 6 due to centralintergroupnews@gmail.com 5/21/2026

### **Newsletter Report**

Charley ... I will now have the CSR minutes included in the newsletter...

### **H & I Report Joyce**

The only purpose of the Northern California Hospital and Institution Committee is to carry the message of AA to alcoholics in corrections and treatment facilities and facilities serving alcoholics in Northern CA.

In Tulare, we continue to carry the message of AA monthly to 8 different treatment facilities by bringing 14 AA meetings monthly to these facilities. We bring 6 to 8 AA meetings in Spanish and English monthly to the Tulare County Jail. Our volunteers attend the AA meetings being held at Avenal, Corcoran, and SATF Prisons as often as possible. AA literature is provided upon request at our meetings.

At our March 14, 2026, Area Business Meeting, we welcomed 2 two new volunteers, had volunteers step up to lead H&I meetings so we now have all meetings covered, and elected a new co-chair, Erica D. Erica will begin assisting in the different aspects of H&I at the Area level to be ready to move into the Area Chair position at year end. We are grateful to be able to practice the spirit of rotation. Our committee is going to have a table at the Founder's Day Picnic. We also agreed to try a texting service to streamline the communication process with our volunteers.

IVSS (Inmate Volunteer Sponsorship Service) which provides members on the inside with a sponsor on the outside is currently serving over 200 inmates in the Northern California Area, with waiting lists at each facility to be matched with sponsors. Locally there are 40 inside members matched with outside Sponsors and 25 more waiting on a waiting list at Avenal and Corcoran. If you have 5 years of sobriety and previous sponsorship experience, this is a great way to get involved. Sponsorship is all done from the comfort of your own home digitally over a secured service to protect your anonymity. If you are interested, more information is available on our website at [www.handinorcal.org](http://www.handinorcal.org) or you can reach our local committee at [handiarea93@gmail.com](mailto:handiarea93@gmail.com)

Our current financial position continues to be [?] [?] [?] [?] [?] [?] [?] as our expenses have put us into our recommended total 6-month cash on hand. We continue to encourage all meetings to pass the pink can and have treasurer's send in the money regularly. The consistency in contributions, will allow our committee to adjust to the rising literature costs so we can stay within in the generous means afforded by our fellowship. If your group does not have a pink can, please send an email to our local committee at [handiarea93@gmail.com](mailto:handiarea93@gmail.com) . We will make sure to get you one.

Please send any interested AA members to our next orientation which will be held: 9:00 am followed by business meeting at 10:00 am on May 9, 2026, at 526 N. Bridge Street, Visalia, CA 93291.

In Service,  
Joyce Rauen, Area 93 Chair



## Website Report David

Website Report – April 2026 2026-03-09 through 2026-04-13 Dates listed are the date of change

Meeting Changes:

2026-04-12: Civic Center Group – extended their time 15 minutes

New Announcements:

2026-03-09: 2026-03-13: 2026-04-01: 2026-04-07: 2026-04-07: 2026-04-13:

New Events:

2026-03-10: 2026-03-11: 2026-03-19: 2026-04-12: 2026-04-13:

Spring Into Sobriety Saturday, March 21, 2026

Lost phone from the Thursday night Rule 62 Visalia meeting at United Methodist Church.

Founder's Day Picnic tickets for June 13th 2026 now available at Central Office!!

Civic Center Group in Visalia extended meeting time

GSR Meeting tonight

Primary Purpose 12 Step Workshop begins tonight

Founder's Day Picnic 1st planning meeting 5:00 pm today at Central Office and via Zoom

Founder's Day Picnic 2026 planning meeting

Spring Into Sobriety 2026 Wrap Up meeting

NCCAA 77th Annual Fall Conference - Fresno

Primary Purpose 12 Step Workshop

Carol Ann and I did the normal monthly edits of the CSR meeting, GSR meeting, Valley Group meetings and 2nd Sunday Springville Breakfast Speaker Meeting.

Website Changes:

I don't think The Events Calendar plugin broke this last month.

Thank you for letting me be of service, David G of Visalia

**BTG Bridging the Gap**

Mike P

No contacts this month

### **GSO Liaison:**

Robert C I am headed to Yuma for the conference, there are qty 6 proposals that the CA delegation selected, March 15 I went to a meeting in Fresno, we went over the items, gathered a conscience. The one that is getting the most traction is a book regarding sponsorship, in prisons. I recap summary is available for viewing, please contact me regarding this.

### **Springville Monday Night Book Study Group, William E., CSR**

We are an open AA book study meeting that meets on Monday night from 7:00-8:00pm. We have about 10 regular members, sometimes cake & or cookies, and of course coffee. We meet at the Lighthouse Chapel in Springville. We are beginning to read The Big Book of Alcoholics Anonymous and should be reading it over the next year.

### **Springville Thursday Night Gut Level, Dalton ., CSR**

The group meets on Thursday nights at the Lighthouse Chapel Church in Springville from 7-8:30pm. aGroup attendance fluctuates from 10-25 members. Our business meeting is the first Thursday after the second Tuesday. We celebrate birthdays on the last Thursday of the month with dinner at a local eatery & cake at the meeting. Our secretary and treasurer resigned last month. The group will be electing new trusted servants at this months business meeting.

### **AA Noon Meetings at the 12 Step Recovery Club, Cheryl H., CSR**

The noon meetings are well attended. Each meeting donated money to purchase pamphlets and Big Books for the Club from the Central Office. The group continues to carry the message with literature & talking recovery.

### **Friends of Bill W and Dr Bob Charley., CSR**

We meet each Tuesday night at 7-8:30pm at St Johns Episcopal Church which is located in Tulare at the corners of Prosperity and Lapsina . Celebration of birthdays occur the first Tuesday of each month for all those that had their annual milestone during the previous month. We would like to extend an invitation to any and all that have not attended our meeting from the surrounding areas it is a wonderful group that gathers! This is an open meeting.

### **Tuesday Women's Changes Vicki B., CSR**

We meet every Tuesday from 6:00 PM to 7:00 PM at the Recovery Club located at 186 S. D Street, Porterville. We are an open meeting for women only. This is a stick topic meeting. That is each woman picks a preprinted stick and shares on the topic described on the stick. Our attendance includes women with a brief period of sobriety to those with many years. All are welcome. On the last Tuesday of the month, we celebrate those women with sobriety birthdays who share their experience, strength and hope with the group.

### **Saturday Night Believers Vicki B., CSR**

This is a closed meeting of Alcoholic Anonymous. We meet from 7:00 PM to 8:00 PM at the Trinity Lutheran Church located at 764 W Henderson Ave in Porterville. This is a chip meeting. We provide chips for various lengths of sobriety. We celebrate sobriety birthdays on the last Saturday of the month with cake.

### **Women's Tuesday Night Amity Group Ally A., CSR**

The Tuesday Women's Amity Group meets every Tuesday at Trinity Church located 6400 W. Walnut in Visalia. This a closed women's meeting, we allow infants up to 3 months . We meet from 6:30pm-7:30pm each week with the 3rd week being a business meeting after the regular meeting. Each week we have a lead speaker who speaks for 10 minutes and then picks a topic and chooses people to speak through tag, going around a circle. The last week of the month is a birthday meeting where we enjoy yummy desserts. We are growing and about 30 women.

### **Porterville Wednesday Open Inclusive Marcie M., CSR**

Open Meeting at Lutheran Church 765 Henderson Porterville Wednesday inclusive meeting 6:00-7:00pm, 15-20 members a mix of new and long timers Birthday celebration-cake the last Wednesday of the month, we support Central Office. We sometimes have women from PAAR visit.

### **Second Sunday Speaker Springeville Breakfast Meeting Marcie M., CSR**

Veterans Memorial Building, Springeville Second Sunday of the month, it is a beautiful ride to Springeville Lots of Serenity. Good crowd as usual! Last month we have approx 50-75 people attend!! Great Fellowship

Come on up!

Coffee at 8:00am

Breakfast at 8:30am...breakfast ends at 9:45am

\$8.00 for breakfast

10:15 meeting starts 7th Tradition honored 10:30 ten minute speaker followed by main speaker

We support Central Office 50/50 drawing

### **Friday Freedom Fellowship Robert., CSR**

The Friday Freedom Fellowship meets every Friday at 7:00pm ago Christ Lutheran Church located at 3830 W Tulare Ave. Visalia, CA This is a closed meeting where both men and women can attend. Our attendance ranges from 20-40 people. A chair person speaks for 10 minutes, the chairperson picks a topic and calls on people for the remainder of the meeting.

There is a variety of lengths of sobriety in the room and a tradition in the meeting gives everyone an opportunity to share their sobriety date. Birthdays are celebrated the first Friday of each month with cake and chips. Chips are also given out each week to celebrate sobriety milestones.

### **Civic Center Group David G., CSR**

We meet every Tuesday night at the Christ Lutheran church near Tulare and Demaree in Visalia. Boo is our secretary. The meeting starts at 7:00 PM and goes to 8:00 PM. It is an open meeting, and newcomers are welcome. We have coffee and candy, and literature every week.

Books are for sale at cost, and pamphlets are free. Our business meetings are the third Tuesday of the month at 8:10 PM, immediately after the meeting. Our time has come to rotate service positions. We give out chips every week for sobriety under one year; we have a birthday meeting on the last Tuesday of the month, with cupcakes.

### **Keep It Simple Sunday David G., CSR**

We moved to winter schedule, starting at 10:00am-11:30am We meet in Blain Park in Visalia new comers are welcome. Bring a lawn chair or blanket. Chips given out every Sunday and the last Sunday of the month is the business meeting. Pet friendly. Approx 20 in attendance. Birthday celebration every week.

### **Exeter Sunday Afternoon Group Christine ., CSR**

We continue to grow as a meeting. Sunday 2:30 is well attended 1 1/2 hour meeting. Open for discussion, we distribute chips and celebrate anniversary the last Sunday of the month. Seems to be a growing meeting. Both men and women attend. Continuing to donate to central office. Candy is served with coffee. We have also decided to donate a larger amount to the church. Our meeting continues to grow. We meet in as well. Good mix of acquired time of sobriety, welcome to all.

### **Prospecting for Nuggets Jerry S., CSR**

St Johns Episcopal Church 1701 E Prosperity Ave.

This is an open meeting. We would like more participation.

It is a chip meeting and celebrate anniversaries on the last Sunday of the month. We meet on Sundays from 7-8:30 pm

### **Serenity Junction Jerry S., CSR**

Serenity Junction is an open meeting and meets every Monday night at 7pm, located at St Johns Church in Tulare. It is a chip meeting and celebrate birthdays on the last Monday of the month with cake and ice cream, We would also like to see more seats filled.

### **Friends of Bill W John W., CSR**

Quaker church off of 198 in Farmersville east end of Mineral King, 5:30-6:30pm on Saturday nights. It is a great group with a full house of members. We are an inclusive group meeting that as ,any members need to be able to share is our one hour meeting. Hence we have a 3 minute timer. We have a great vibe, give out monthly chips weekly and celebrate birthdays at the end of each month.

### **Clodbusters Jerry., CSR**

Located at the Tulare Community Church (Activity Center) 1820 Gem St Tulare. 12:00-1:00 The group meets every Wednesday at noon. This is a one hour open meeting. We celebrate birthdays and handout chips on the last Wednesday of the month. We would like to see more women in attendance. If you would like to be in service here's your chance!

### **Kings County Bear., CSR**

Many groups in Kings County are now including our Central Office as a part of the split for the Central office.

### **Saturday Morning Women's 12 x 12 Jerri T., CSR**

Held from 9-10:00 am Saturday morning held weekly.  
Approx 35-40 women We meet at Christ Lutheran  
Church 3830 W Tulare Ave.

We celebrate recovery by handing out milestone chips each week and celebrating birthdays the end of the month. Each meeting is a book study out of the 12 & 12. The last Saturday of the month we have an ask it basket where we get to respond to questions provided by our members.

### **Monday Night Mens Stag Grant C., CSR**

We are an AA mens stag meeting that meets up every Monday night from 7:30-9:00pm. We have 30-40 people attending and we offer sponsorship as well as coffee.

**District 47, CNIA  
Meeting Minutes  
Date: April 7, 2026**

This is a hybrid business meeting with participants attending in-person and on Zoom from various locations, including the Central Office in Exeter.

**Meeting Called to Order:** 7:10 PM by District Committee Member (DCM) Mike C.

**Committee members present:**

Mike C., DCM  
Robert C., GSR for Visalia Friday Freedom Fellowship  
Gary B., GSR for Gut Level Group— Springville  
Patrick P., GSR for Prospecting for Nuggets— Tulare  
Allen L., Treasurer (acting Recording Secretary)  
Joyce R., H&I Liaison  
James W., Filling in for Bridge Street Drunks Only

**The GSR Preamble:** read by Mike C.

**12 Traditions:** read by James W.

**Concept 4:** Concept 3 read and explained by Mike C.

**Approval of Minutes:** Corrected minutes from 2/3— approved. Minutes from 3/3— approved

**Treasurer’s Report:** Allen L.

**Beginning Balance: \$3178.35**

**INCOME**

Date	Description	Amount
03/04/2026	Correction of math error	\$1.00
03-18-2026	H&I Committee (#1050)	\$125.00
03-20-2026	Friday Night 7PM Freedom Fellowship (M.O. 22-122281784)	\$25.00
03-18-2026	Springville Book Study (M.O. 55126251586)	\$75.00

**Total Income: \$226.00**

**EXPENSES**

Date	Description	Amount
03-03-2026	Claudio Barron — Fresno Agenda Items Workshop—travel (#319)	\$100.00
03-03-2026	Mike Casas — Fresno Agenda Items Workshop—food (#320)	\$100.00
03-03-2026	Tulare County Central Office—2026 Rent (#321)	\$600.00

**Total Expense: \$800.00**

**Ending Balance: \$2604.35**

**CSO Liaison Report:** none

**Registrar:** none

**H&I Liaison Report:** Joyce R., Area 93 Chair: April 2026 H&I Report

The only purpose of the Northern California Hospital and Institution Committee is to carry the message of AA to alcoholics in corrections and treatment facilities and facilities serving alcoholics in Northern CA.

In Tulare, we continue to carry the message of AA monthly to 8 different treatment facilities by bringing 14 AA meetings monthly to these facilities. We bring 6 to 8 AA meetings in Spanish and English monthly to the Tulare County Jail. Our volunteers attend the AA meetings being held at Avenal, Corcoran, and SATF Prisons as often as possible. AA literature is provided upon request at our meetings. At our March 14, 2026, Area Business Meeting, we welcomed 2 two new volunteers, had volunteers step up to lead H&I meetings and elected a new co-chair, Erica D. Erica will begin assisting in the different aspects of H&I at the Area level to be ready to move into the Area Chair position at year end. We are grateful to be able to practice the spirit of rotation. We are also going to try a texting service to streamline the communication process with our volunteers.

IVSS (Inmate Volunteer Sponsorship Service) which provides members on the inside with a sponsor on the outside is currently serving over 200 inmates in the Northern California Area, with waiting lists at each facility of inside members waiting to be matched with outside sponsors. Locally there are 40 inside members matched with outside Sponsors and 25 more waiting on a waiting list. If you have 5 years of sobriety and previous sponsorship experience, this is a great way to get involved. Sponsorship is all done from the comfort of your own home digitally over a secured service to protect your anonymity. If you are interested, more information is available on our website at [www.handinorcal.org](http://www.handinorcal.org) or you can reach our local committee at [handiarea93@gmail.com](mailto:handiarea93@gmail.com)

Our current financial position continues to be Neutral as our expenses have put us into our recommended total 6-month cash on hand. We continue to encourage all meetings

to pass the pink can and have treasurer's send in the money regularly. The consistency in contributions, will allow our committee to adjust to the rising literature costs so we can stay within in the generous means afforded by our fellowship. If your group does not have a pink can, please send an email to our local committee at [handiarea93@gmail.com](mailto:handiarea93@gmail.com) . We will make sure to get you one.

Please send any interested AA members to our next orientation which will be held: 9:00 am followed by business meeting at 10:00 am on May 9, 2026, at 526 N. Bridge Street,

**DCM Report:** Mike C. Area 7 ACM meeting on March 24, 2026

**Assembly Reports:**

**Pre-Conference**, Marie (D19): Please check ALL preconference flyers for incorrect information the address of District 19 the correct P.O. Box number is 3422. There have been several versions of this flyer included in the Accents over the last few months with incorrect information. The next committee meeting will be held on March 25th. They are ahead of schedule with regards to the guidelines provided by our Area, Back-to-Basics housings, availability is our focus at this time.

**Post-Conference**, Hector (D53): I have flyers on the table for post-conference.

Everything is ready including food. The hotels are on the back. No hotel discounts because graduation is in May.

**Mini PRAASA**, Robert (D17): Lodging arrangements made. Jose is helping with our meeting and planning. Winter Assembly, Curtis (D22): They haven't done anything. Will have more to report at next ACM.

**Old Business** - GSR Scholarship Fund: Motion to amend the 2027 spending plan that would include a scholarship fund that would fund GSRs and DCM members to attend the three general assemblies in person and it would cover 50% of expenses to attend and would set aside a budget of \$3,000 per year.

**Treasurer**, Drew mentioned that last year we had a \$400 surplus of leftover funds at the end of the year. Where is the money going to come from and we would need to think which other programs get cut to support this motion.

**Scotty**- thinks this is good for those who cannot attend due to lack of funds, are we taking the money from other budgets?

**D22 Grass Valley DCM**- stated that he is not in favor of this motion because there should be funds set aside to assist the GSRs and DCM to attend the area assemblies.

**Tom**- asked how come the past delegates were not included in the motion and the finance committee has not even discussed or considered.

**Christine**- Financial issues shouldn't stop GSRs and DCMs from able to participate in area meetings. Each district should have funds available to send their DCM to Area Assemblies. Splitting the cost of travel with district GSRs could also help with cutting costs.

Motion to postpone until next meeting in June

**New Business:** No new items added

**CNIA.org Tour:** The new Webmaster conducted a overview of the CNIA website for new DCMs and Alt DCMs to see how to get and collect information that they need for assemblies, conferences, new GSRs and other events.

**PRAASA Sharing Session:** There was a discussion from Area Officers and GSRs, DCMs to provide their experiences that they had from attending the PRASSA Conference in Hawaii.

There are many areas that are using AI to take meeting minutes and use it for their business minutes.

Rural communities are experiencing accessibility to AA area meetings and AA meetings. People in Alaska have experienced that alcohol was more accessible than AA.

### **GSR Reports:**

Robert G, GSR for Visalia Freedom Fellowship group. About 40 min attendance usually.

Gary B. GSR for Springville Gut Level group said he was the new GSR for his group.

Patrick P., GSR for the Prospecting for Nuggets group in Tulare. Patrick said he was the new GSR for that group. Patrick also said he was willing to step into the now vacant office of District 47 recording secretary.

**Old Business:** None

**New Business:** Funding was approved for DCM registration and travel expenses to the Pre-Conference Assembly on April 18th -19th in Yuba City (\$359. 55).

### **Announcements:.**

- Pre-Conference Assembly Registration is open April 18-19 2026, Yuba City CA (see flier for registration and hotel reservations at cnia.org).
- Founders Day Picnic planning meeting on April 14th at Central Office 5-6PM
- Springville Breakfast Speaker Meeting Sunday April 12, 2026 \$8 breakfast 8:30-9:45 AM and Meeting starts at 10:30 AM.

**Seventh Tradition: None**

**Responsibility Declaration:** Read by all "I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible."

The meeting was adjourned at 8:00 PM

Respectfully submitted,  
Allen L., Acting Recording Secretary

## NORTHERN CALIFORNIA HOSPITAL & INSTITUTION COMMITTEE

### H&I ANNUAL PINK CAN REPORT TO THE FELLOWSHIP – FYE 2025

The Hospital & Institution Committee of Northern California is a Ninth Tradition service committee of Alcoholics Anonymous with the purpose of carrying the message of A.A. to those who are confined in prisons, hospitals, treatment facilities, and other institutions. NorCal H&I has been carrying the A.A. message of recovery to confined alcoholics dating to its origins in 1942 at San Quentin State Prison, and is one of the oldest Ninth Tradition service committees of Alcoholics Anonymous.

Northern California H&I supports more than 27,400 meetings *each year*, serving approximately 20 major state and federal institutions plus hundreds of local jails, hospitals, rehabs, and other community facilities. Unlike in most areas of the country, the NorCal H&I Committee incorporates service to both treatment AND corrections facilities, allowing a simple path for volunteers to move through different service commitments, as well as the ability to distribute our resources across the spectrum of facilities and institutions for confined alcoholics. Additionally we make sponsorship services available to hundreds of inmates confined in state prisons.

Those who are confined often don't have the resources to buy AA literature, so the Pink Can, with your contributions, covers this cost. Unlike other areas of the country which don't have separately funded H&I committees, in Northern CA the use of the Pink Cans allows us to purchase literature necessary to our service without placing the burden of this expense on the local groups, Central Office, or General Service Committees.

In the period ending December 2025 NorCal H&I incurred \$539,712.18 of literature expenses for the use of the alcoholic who is confined. Despite lingering shutdowns, we were still able to distribute literature, including AAWS books, Grapevine / LaViña magazines and books, and meeting schedules to our facilities. These essential categories comprise 87.7% of NorCal H&I's total 2025 expenses; 5% of our expenses is allocated to help the Areas in performing the work of our committee while the remaining 7.3% covers our operating costs. Additionally, we pay for neither an office nor for salaries for service committee workers, thus enabling us to dedicate such a large portion of our contributions to literature for the confined alcoholic. We publish our Financial Report online monthly in order to be accountable to our Fellowship for these and all other expenses.

The Northern California Hospital & Institution Committee has for many years been one of the largest purchasers of literature from AAWS, contributing significantly to the support of our General Service Office in New York. No H&I members are ever paid for their Twelfth Step service, nor are they reimbursed for expenses incurred carrying the message into these institutions, regardless of the distance. Some H&I volunteers drive well over 200 miles for a weekly or monthly institution meeting - these travel expenses are a personal contribution of the individual.

The H&I Committee is adamant that the contributions so generously made to our Pink Cans in no way detract from the Seventh Tradition collections of the groups. We therefore ask that the Pink Cans be passed separately from and after the baskets to avoid subtracting from support of the Seventh Tradition, and we encourage all members to remove the cans from the baskets if they are being passed together. Many groups have had success in passing the collections at different times, for example passing the basket at the regular time and passing the Pink Cans at the end of the meetings. An online payment option is also available from our website at <https://www.handinorcal.org/contribute> where you can get a receipt as soon as the transaction is processed.

We are humbly grateful for the generous contributions, both financial and in service, of the AA members of Northern CA who make our mission possible, and especially for the cooperation of our fellow service committees through-out the area. **Without this loving support, tens of thousands of confined alcoholics simply would not have access to the lifesaving message of A.A.**

For additional information, please visit our website at [www.handinorcal.org](http://www.handinorcal.org) or write to the Northern California Hospital & Institution Committee. P.O. Box 192490, San Francisco, CA. 94119-2490.

# The Love & Service Group of AA

2275 Morello Ave, Pleasant Hill, CA 94523

UPCOMING SUNDAY  
SPEAKERS  
6:00-7:00 pm



Sunday Night | 6:00  
PM / Hybrid  
Speaker Meeting /  
In-Person or Online

Zoom ID: 761 118  
6101 /Password:  
LNS12tcnb

## APRIL

- 4/5/26 Marc S. from El Sobrante, CA
- 4/12/26 AJ A. from San Jose, CA
- 4/19/26 Nick H. from Tiburon, CA
- 4/26/26 Tina A. from Hollister, CA (ASL & Chip)

## MAY

- 5/3/26 Stacy G. from San Antonio, TX
- 5/10/26 Steve B. from Pleasanton, CA
- 5/17/26 Jerry M. from Los Angeles, CA
- 5/24/26 Marilyn S. from Los Angeles, CA (ASL & Chip)
- 5/31/26 LNS Birthday Panel Bob K. & Kiki G.

## JUNE

- 6/7/26 Kenna F. from Pasadena, CA
- 6/14/26 Pat Y. from Palm Desert CA
- 6/21/26 Panel Black in AA: History of Black Groups
- 6/28/26 Sydney R. from Los Angeles, CA (ASL & Chip)

**LOVE & SERVICE THURSDAY - 7:00 - 8:00pm**

with a choice of formats :

In person: Newcomer, Big Book, Intro to Meditation

Hybrid: Steps, Traditions & Concepts - same link at Sunday.



4<sup>th</sup> Sunday of every month:

ASL and Birthday Chip Meeting

Contact us for more information: [info@loveandservicegroup.org](mailto:info@loveandservicegroup.org)

**NorCal H&I Committee  
Financial Report  
March, 2026**

<u>INCOME AND EXPENSE BREAKDOWN</u>		
	<u>Mar 26</u>	<u>Jan - Mar 26</u>
Income		
Area Contributions		
Check Contribution	34,552.28	116,433.92
Online Contributions	15,198.75	67,408.90
<b>Total Income</b>	<b>49,751.03</b>	<b>183,842.82</b>
Literature Expense		
AAWS	68,000.00	163,015.63
Grapevine & La Vina	579.60	25,747.60
Meeting Directories	0.00	124.03
Storage Unit Rent Expense	0.00	963.00
<b>Total Literature Expense</b>	<b>68,579.60</b>	<b>189,850.26</b>
Other Expense		
Accounting		
Area Expenses - 5% PY Cont.	-102.00	33,403.68
Bank Charges	12.59	46.02
Insurance		
NorCal Committee	750.00	1,940.95
NorCal IVSS Program	98.00	349.00
Office Supplies	85.20	107.88
Postage	2,184.70	4,648.11
Printing Costs	484.99	2,123.63
Processor Fees	0.00	256.84
Virtual Meeting Expense		
<b>Total Other Expense</b>	<b>3,513.48</b>	<b>42,876.11</b>
<b>Total Literature and Other Expense</b>	<b>72,093.08</b>	<b>232,726.37</b>
Income Less Total Expense	(22,342.05)	(48,883.55)
Beginning Cash Balance	324,879.69	351,421.19
Ending Cash Balance	<b>302,537.64</b>	<b>302,537.64</b>
<b>**Recommended Cash on Hand</b>	307,708.44	
Cash in Bank	302,537.64	
<b>Above or Below Recommendation</b>	<b>(5,170.80)</b>	
**Recommended Cash on Hand = Prior year average monthly expense x 6. 2025 average monthly expense was \$51,284.74		
Literature Expense % Total Expense	81.58%	
Value of Lit on Hand =	8,264.08	

<u>CONTRIBUTIONS BY AREA</u>		
	<u>Mar 26</u>	<u>Jan - Mar 26</u>
02, Del Norte	223.28	322.61
03, Siskiyou	58.85	362.35
04, Humboldt	655.35	2,027.55
11/12, Modoc/Lassen	4.01	271.01
140, Spanish North Int	338.31	493.56
16, Shasta	919.00	5,116.22
160, Spanish N Coast	204.50	309.50
161, Spanish (Area) Santa Rosa		
17, Tehama	387.50	519.26
170, Spanish S Coast	33.00	96.50
18, Trinity		
180, Spanish Central Int	18.00	108.54
190, Spanish South Int	443.76	676.05
21, Mendocino	76.40	789.47
22, Sonoma	4,978.41	15,619.07
23, Lake	432.97	1,429.02
31, Butte/Glenn	1,237.14	4,335.70
32, Plumas		
34, Placer	4,037.59	8,275.11
36, Sierra/Nevada	310.72	2,693.73
42, Sacramento/Yolo	3,995.17	13,824.72
43, El Dorado	536.76	2,277.73
44, Amador	130.21	709.46
45, Sutter/Colusa/Yuba	268.06	1,485.85
51, Napa	532.25	5,066.98
52, Contra Costa	2,965.63	12,479.04
53, Alameda	6,439.27	21,247.70
54, Solano	1,001.39	3,755.31
61, Marin	3,163.89	11,258.31
62, San Francisco	3,089.54	14,742.83
65, San Mateo	2,722.60	10,865.05
71, Santa Clara	4,954.62	14,269.16
72, Monterey	625.79	2,546.75
73, Santa Cruz	151.03	7,241.76
74, San Benito	70.30	367.81
81, Stanislaus	703.15	2,788.31
82, San Joaquin	807.26	1,961.12
83, Tuolumne	207.39	1,332.71
84, Calaveras	94.00	511.44
86, Merced	131.07	197.97
91, Mariposa/Madera	83.67	1,098.92
92, Fresno	1,568.08	7,640.19
93, Tulare	1,029.63	2,529.94
95, Kings	121.48	198.51
Out of the Area Contribution		
Unidentified Contributor		
<b>Total</b>	<b>49,751.03</b>	<b>183,842.82</b>

**TULARE COUNTY CENTRAL OFFICE**  
**Income & Expense Statement**  
3/21/2026 through 4/20/2026

<u>INCOME</u>	<u>MONTH</u>	<u>YEAR TO DATE</u>
B.Day Club	68.02	1,276.02
Grateful Givers Club	117.16	2,745.70
Group Cont.	1,548.00	7,446.80
Indiv Cont	473.00	1,118.00
Lit. Sales	356.00	1,884.32
Memorial Cont.	-	-
Misc.	-	-
Newsletter Contribution	-	-
S & H	-	-
Sales Tax	59.68	300.11
Service Charge	7.04	46.43
Spec. Events-New Year's Eve		6,427.34
Spec. Events-Picnic	-	-
Spec. Items	324.64	1,888.19
State fund dividend	-	75.00
State Fund Refund	-	-

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<b>TOTAL</b>	<b>2,953.54</b>	<b>23,207.91</b>
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<u>EXPENSES</u>	<u>MONTH</u>	<u>YEAR TO DATE</u>
Fees-Taxes	-	70.00
Insurance	-	449.00
Lit. Costs	652.00	2,205.20
Misc Expense	-	-
Newsletter Cost	-	-
Non Employee Compensation	\$150.00	375.00
Office Exp	33.00	566.53
Office Equip.& Maint	-	-
Paypal charges	0.16	1.40
Payroll Taxes	1,833.82	4,025.96
Phone & ISP	248.71	326.70
PI-CPC Expense	236.25	236.25
Printing and copy expense	-	-
Postage	-	82.52
Returned Check & Chg	-	-
Rent	685.00	2,740.00
Salary	1,438.72	6,657.18
Sales Tax-Paid	-	-
Spec. Events-picnic	149.18	482.55
Spec. Events-New Year	-	1,477.82
Spec. Items	365.67	1,511.41
Square Card Charges	4.67	42.09
Utilities	58.55	430.18
venmo fees	8.07	22.76
Venmo-phone	20.00	80.00
Website	7.00	28.00

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<b>TOTAL</b>	<b>\$5,890.80</b>	<b>21,810.55</b>
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<b>Net Gain</b>	( <b>\$2,937.26</b> )	<b>1,397.36</b>	
<b><u>BEGINNING ACCOUNT BALANCES AS OF 3/20/2026:</u></b>			<b>\$23,768.40</b>
<b><u>ENDING ACCOUNT BALANCES AS OF 4/20/2026</u></b>			<b>\$20,831.14</b>
<b>Established Prudent Reserve</b>			<b>\$19,000.00</b>
	<b>Above prudent reserve</b>		<b>\$1,831.14</b>

**Group Contributions 3/21/2026 Thru 4/20/2026**

	<b>Month</b>	<b>YTD</b>
1st Friday Speaker Meeting	\$ 10.00	\$ 20.00
10th Ave Men's Stag		\$ 146.50
210 Atitude Modification	\$ 80.00	\$ 290.00
50-50 Group Porterville		\$ 100.00
AA Women's Saturday AM Meeting		\$ 409.95
Bridge Street Drunks Only		\$ 250.87
Civic Center Group		\$ 248.50
Crossroads-Tulare	\$ 400.00	\$ 800.00
CSO Meeting	\$ 39.00	\$ 165.00
Fresno Village Group		\$ 1,250.00
Friends of Bill W		\$ 200.00
Friday Freedom Fellowship	\$ 125.00	\$ 125.00
Gem St Noon Book Study		\$ 50.00
GSO District 47		\$ 600.00
Keep it Simple Sunday Group		\$ 223.22
Monday Book Study Springville	\$ 125.00	\$ 125.00
Monday Men's Stag PPAV Hall	\$ 150.00	\$ 700.00
Monday Men's Valley Book Study Group		\$ 100.00
Monday Womens Reflections Group		\$ 86.25
Noon Rovers-Hanford	\$ 179.00	\$ 179.00
Nooner Groups-Visalia Alano Club	\$ 250.00	\$ 250.00
Porterville Tuesday Men's Stag		\$ 123.51
Quiet Trails Group	\$ 100.00	\$ 400.00
Three Rivers Group Monday Night	\$ 90.00	\$ 190.00
Tuesday Women Amity Group		\$ 264.00
Wed Acceptance Group Porterville		\$ 150.00
<b>Totals</b>	<b>\$ 1,548.00</b>	<b>\$ 7,446.80</b>



## Service Meeting & Service Addresses May 2026

### Service Meetings

GSR Meeting at Central Office  
449 E. Maple St., Exeter, CA  
Tuesday, May 5th 2026 at 7:00 PM

Bridging the Gap meeting at Central Office  
449 E Maple St Exeter, CA  
To be announced

CSR Meeting at Central Office  
449 E. Maple St., Exeter, CA  
Tuesday, May 12th 2026 at 6 pm

H&I Meeting (**odd months only**) in person at  
526 N Bridge St (no Zoom)  
2<sup>nd</sup> Saturday 9:00, Orientation,  
Business meeting 10:00

Founder's Day Picnic planning meeting  
449 E Maple St  
Exeter, CA 93221  
May 12<sup>th</sup> 2026 5pm

### Send contribution to:

**Tulare County Central Office**  
449 E. Maple St.  
Exeter, CA 93221  
<https://aa-tulareco.org/donation>

**AA General Service Board**  
P.O. Box 2407  
James A Farley Station  
New York, New York 10116-2407  
<http://contribution.aa.org>

**District 47**  
P.O. Box 273  
Exeter, CA 93221

**CNIA Treasurer**  
PO Box 161712  
Sacramento, CA 95816-1712

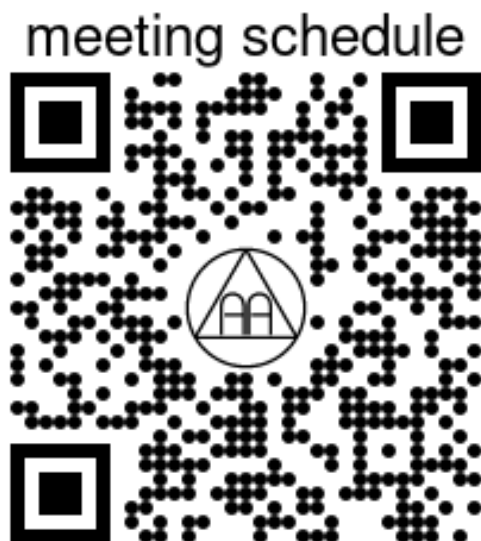
**H&I-Contributions**  
P.O. Box 192490  
San Francisco, CA 94119-2490

### SERVICE ADDRESS

**Tulare County Central Office**  
449 E. Maple St.  
Exeter, CA 93221  
**(559) 592-6999**  
**(559) 901-3512 text phone**  
Email: [tccof@hotmail.com](mailto:tccof@hotmail.com)  
Website: [www.aa-tulareco.org](http://www.aa-tulareco.org)  
Hours: Mon-Fri 9:00am to 1:00pm  
**Closed Bank holidays**

**Central Office Contacts**  
**March 21st thru April 20, 2026**

AA Members	79
Alanon & Alateen Info	2
Bridging the Gap	0
Churches and Schools	0
Court Referral/Info	0
E-Mail Contacts	450
General Info	1
H & I	3
Literature Sales	8
Meeting Information	9
Other 12 Step Programs	0
Prospective Members	0
Public Information	2
Schedules & Info Mailed	0
Spanish Contacts	2
Specialty Sales	16
Twelve Step Calls	0
Visitors to the Office	4
Voice Mail Calls	9
Website	3139
<b>Total Central Office Contacts</b>	<b>3724</b>



## **Speaker Meetings for May 2026**

### **Porterville Recovery Club Speaker Meeting**

186 W. Walnut Ave.

**Friday May 1st at 8:00 PM**

**Speakers: TBA**

### **Sunday AM Breakfast, Speaker Meeting**

Veterans Memorial Building

36000 Hwy 190, Springville

**May 10th, 2026**

(Breakfast at 8:30 to 9:45 AM)

**Speaker: To be announced**

### **The Valley Group, Speaker Meeting**

St. Paul's Episcopal Church

120 N. Hall St. Visalia, CA 93291

**Every Wednesday from 7-8 pm.**

**Speakers for May**

**TBA**

### **Civic Center Group**

Christ Lutheran Church

3830 W Tulare Ave, Visalia

**Birthday speaker meeting**

**Last Tuesday of the month**

### **Sunday PM Serenity Seekers Valley Group**

**Sunday 7:30-9 pm.**

St. Paul's Episcopal Church

120 N. Hall St. Visalia, CA 93291

**Speakers for May**

May 3 - Megan C, with 3 years, 3 months, and 4 days continuously sober!

May 10 - Shanna H, with 19 years, 11 months, and 18 days continuously sober!

May 17 - Courtney R, with 9 years, 11 months, and 27 days continuously sober!

May 24 - Mary R, with 40 years, 10 months, and 2 days continuously sober!

May 31 - Keri D, with 22 years, 11 months, and 13 days continuously sober!

# **BIRTHDAY CLUB**

THIS IS A GREAT WAY TO SHOW YOUR GRATITUDE FOR YOUR SOBRIETY AND ALSO HELP CARRY THE MESSAGE OF RECOVERY.

You can contribute \$1, \$5, \$10 or some have even contributed \$100 for each year of sobriety!

Contribute before the month of your anniversary sobriety date and we will publish your first name and last initial, city and years of sobriety in our monthly newsletter, see your accomplishment in your monthly Newsletter!

IT'S REALLY SIMPLE AND WOULD HELP YOUR CENTRAL OFFICE TREMENDOUSLY.



Go to [AA-Tulareco.org](http://AA-Tulareco.org) to contribute

## AA BIRTHDAYS

**MAY**

**2026**

Penny O	Dinuba	58	
Greg	Woodlake	49	
Virginia E	Lemoore	46	
Allen L	Exeter	45	5/18/1981
Bill T	Exeter	42	
Joe S	Lindsay	42	
Jose S	Visalia	42	
Jesse M	Porterville	42	
Jesse M	Porterville	41	5/22/1985
Harry C	Visalia	40	
Terry W	Visalia	40	
Luann B	Three Rivers	39	5/28/1987
Larry B	Visalia	38	5/8/1988
John B	Tulare	38	
Jeff S	Visalia	38	
Don S	Visalia	38	
Mark A	Tulare	38	
Sarah R	Visalia	38	
Dave I	Visalia	37	
Julie M	Porterville	37	5/15/1989
Steven M	Porterville	37	
Sharon Y	Visalia	37	
Jimmy V	Visalia	36	
Susan M	Porterville	36	5/22/1990
Steve D	Visalia	36	
Ron Mc	Visalia	35	
Joe S	Porterville	34	
Scott H	Visalia	34	5/9/1992
Melonie L	Visalia	34	
Wayne T	Visalia	34	
Gail G	Visalia	33	
jerry Mc	Visalia	33	
Mike G	Visalia	33	
Mike N	Visalia	33	
Henry T	Visalia	33	
Brian C	Visalia	33	
Willie	Visalia	33	
Louise G	Exeter	33	5/9/1993
Greg B	Tulare	32	5/23/1994
Manuel O	Tulare	31	5/21/1995
Boo M	Visalia	29	5/18/1997
Theresa S	Visalia	29	5/22/1997
Michelle S	Visalia	26	5/27/2000
Kathy D	Visalia	25	5/7/2001

Jim C	Visalia	25	5/20/2001
Jennifer R	Visalia	23	5/1/2003
Carolyn W	Porterville	21	5/24/2005
Lucy w	Visalia	18	5/9/2008
James w	Exeter	17	
Tim A	Visalia	16	5/25/2010
Laura D	Porterville	15	5/20/2011
William K	Springville	15	5/30/2011
Jay W	Visalia	12	
Courtney R	Tulare	11	
Michael C	Visalia	10	5/13/2016
Britnee H	Visalia	8	5/27/2018
Beki H	Visalia	8	5/29/2018
Melanie D	Springville	7	
David G	Visalia	7	5/29/2019



**Individual, Newsletter, Memorial & Birthday Club Contributions**  
**3/21/2025 thru 4/20/2026**

**Birthday Club**

\$1 for every year of sobriety!

Justin P	1
Shirley O	4
Tiffany S.M.	5



Miscellaneous amount per year!

Marcie M	23.02
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Total Club Contributions \$68.02

**Congratulations on your sobriety!**

**Newsletter Contributions**

None

**Memorial Contribution**

None

**Grateful Giver's Club (You know who you are!)**

Members	\$117.16
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**Individual Contributions**

Bob T	Visalia
Carol Ann G	Porterville
Miguel V	Visalia
Mike W	Porterville
Shannon S	Porterville

**THANK YOU!!!**

# CENTRAL SERVICE MEETING UN-APPROVED MINUTES

## Central Office & Central Service Representatives Meeting Report

### Date

April 14, 2026

### Meeting called to order

6:01 P.M.

### Board Members Present

John W led the meeting  
Mike P  
Ally A absent with notice  
John W  
Vicki  
Bear

### CSR Preamble

Read by Bear

### 12 Traditions

Read by Robert

### Previous Minutes

No additions or corrections Motion to Approve Cheryl, Second Marcie

Reviewed and Approved by all

### Board Meeting Report

John... Mostly discussed the upcoming picnic,

Preparing for the Founders Day Picnic.. Cheryl & Marcie will be the Chair and Co Chair

## Treasurer and Office Report

Good evening!

Office Report

Our payroll taxes were paid for the 1<sup>st</sup> quarter, and Claudia covered the office on March 31st for us, thank you Claudia.

For the period from Feb 21<sup>st</sup>, 2025 thru March 20<sup>th</sup>, 2026 Central Office had an income of \$3,032.32 and expenses of \$2,762.81 for a gain of \$269.51 for this accounting period.

This office is totally self-supported through your contributions so thank you for all you do!

Birthday Club: We had 2 grateful members contribute \$146.00 to Central Office Birthday Club to celebrate their sobriety! Thank you, and happy birthday! Please remember to announce the Birthday Club to your groups, it's a great way to support the area that helps you stay sober!

Group contributions: 11 groups contributed to Central Office for a total of \$2,085.37! \$600.00 of that included District 47 contribution for their use of this office. We truly are grateful for everyone's support!

Grateful Giver Club contributions: 8 anonymous grateful alcoholics contribute through our Grateful Givers Club totaling \$92.08. You know who you are, thank you thank you thank you!

Individual contributions: We had 2 members generously contribute a total of \$65.00, thank you! Thank you for helping us meet our monthly expenses that help us share our AA message of recovery.

Grateful to be working with people that promote unity of the fellowship and grateful for our members who take time to explain to our newcomers in Tulare County about the AA group service structures, and the importance of having group business meetings regarding AA finances and the AA triangle. We are, and want to continue to be your Central Office for servicing your meeting needs here in Exeter! Please continue to inform your members about us and the services we provide. We are better when we work together!

Thank you!

Carol Ann Gable

Office Manager

## **PI/CPC Report**

Vicki B...

Had our first health faire. I see a challenge in that I live in Porterville, & most all the events are in Visalia. I do not want George's hard work to go to the wayside. I would like to set up a list so that volunteers local to Visalia that are willing to exhibit these upcoming events. Please reach out so we may fill volunteer positions.

## **STEP FOR NEWSLETTER-VOLUNTEER**

### **Issue Step Member**

May Jerry S Step 5 due to centralintergroupnews@gmail.com 4/21/2026

June Vicki B Step 6 due to centralintergroupnews@gmail.com 5/21/2026

## **TRADITION FOR NEWSLETTER-VOLUNTEER**

### **Issue Step Member**

May Mike P Tradition 5 due to centralintergroupnews@gmail.com 4/21/2026

June Mike P Tradition 6 due to centralintergroupnews@gmail.com 5/21/2026

### **Newsletter Report**

Charley ... I will now have the CSR minutes included in the newsletter...

### **H & I Report Joyce**

The only purpose of the Northern California Hospital and Institution Committee is to carry the message of AA to alcoholics in corrections and treatment facilities and facilities serving alcoholics in Northern CA.

In Tulare, we continue to carry the message of AA monthly to 8 different treatment facilities by bringing 14 AA meetings monthly to these facilities. We bring 6 to 8 AA meetings in Spanish and English monthly to the Tulare County Jail. Our volunteers attend the AA meetings being held at Avenal, Corcoran, and SATF Prisons as often as possible. AA literature is provided upon request at our meetings.

At our March 14, 2026, Area Business Meeting, we welcomed 2 two new volunteers, had volunteers step up to lead H&I meetings so we now have all meetings covered, and elected a new co-chair, Erica D. Erica will begin assisting in the different aspects of H&I at the Area level to be ready to move into the Area Chair position at year end. We are grateful to be able to practice the spirit of rotation. Our committee is going to have a table at the Founder's Day Picnic. We also agreed to try a texting service to streamline the communication process with our volunteers.

IVSS (Inmate Volunteer Sponsorship Service) which provides members on the inside with a sponsor on the outside is currently serving over 200 inmates in the Northern California Area, with waiting lists at each facility to be matched with sponsors. Locally there are 40 inside members matched with outside Sponsors and 25 more waiting on a waiting list at Avenal and Corcoran. If you have 5 years of sobriety and previous sponsorship experience, this is a great way to get involved. Sponsorship is all done from the comfort of your own home digitally over a secured service to protect your anonymity. If you are interested, more information is available on our website at [www.handinorcal.org](http://www.handinorcal.org) or you can reach our local committee at [handiarea93@gmail.com](mailto:handiarea93@gmail.com)

Our current financial position continues to be [?] [?] [?] [?] [?] [?] [?] as our expenses have put us into our recommended total 6-month cash on hand. We continue to encourage all meetings to pass the pink can and have treasurer's send in the money regularly. The consistency in contributions, will allow our committee to adjust to the rising literature costs so we can stay within in the generous means afforded by our fellowship. If your group does not have a pink can, please send an email to our local committee at [handiarea93@gmail.com](mailto:handiarea93@gmail.com) . We will make sure to get you one.

Please send any interested AA members to our next orientation which will be held: 9:00 am followed by business meeting at 10:00 am on May 9, 2026, at 526 N. Bridge Street, Visalia, CA 93291.

In Service,  
Joyce Rauen, Area 93 Chair

## Website Report David

Website Report – April 2026 2026-03-09 through 2026-04-13 Dates listed are the date of change

Meeting Changes:

2026-04-12: Civic Center Group – extended their time 15 minutes

New Announcements:

2026-03-09: 2026-03-13: 2026-04-01: 2026-04-07: 2026-04-07: 2026-04-13:

New Events:

2026-03-10: 2026-03-11: 2026-03-19: 2026-04-12: 2026-04-13:

Spring Into Sobriety Saturday, March 21, 2026

Lost phone from the Thursday night Rule 62 Visalia meeting at United Methodist Church.

Founder's Day Picnic tickets for June 13th 2026 now available at Central Office!!

Civic Center Group in Visalia extended meeting time

GSR Meeting tonight

Primary Purpose 12 Step Workshop begins tonight

Founder's Day Picnic 1st planning meeting 5:00 pm today at Central Office and via Zoom

Founder's Day Picnic 2026 planning meeting

Spring Into Sobriety 2026 Wrap Up meeting

NCCAA 77th Annual Fall Conference - Fresno

Primary Purpose 12 Step Workshop

Carol Ann and I did the normal monthly edits of the CSR meeting, GSR meeting, Valley Group meetings and 2nd Sunday Springville Breakfast Speaker Meeting.

Website Changes:

I don't think The Events Calendar plugin broke this last month.

Thank you for letting me be of service, David G of Visalia

**BTG Bridging the Gap**

Mike P

No contacts this month

### **GSO Liaison:**

Robert C I am headed to Yuma for the conference, there are qty 6 proposals that the CA delegation selected, March 15 I went to a meeting in Fresno, we went over the items, gathered a conscience. The one that is getting the most traction is a book regarding sponsorship, in prisons. I recap summary is available for viewing, please contact me regarding this.

### **Springville Monday Night Book Study Group, William E., CSR**

We are an open AA book study meeting that meets on Monday night from 7:00-8:00pm. We have about 10 regular members, sometimes cake & or cookies, and of course coffee. We meet at the Lighthouse Chapel in Springville. We are beginning to read The Big Book of Alcoholics Anonymous and should be reading it over the next year.

### **Springville Thursday Night Gut Level, Dalton ., CSR**

The group meets on Thursday nights at the Lighthouse Chapel Church in Springville from 7-8:30pm. aGroup attendance fluctuates from 10-25 members. Our business meeting is the first Thursday after the second Tuesday. We celebrate birthdays on the last Thursday of the month with dinner at a local eatery & cake at the meeting. Our secretary and treasurer resigned last month. The group will be electing new trusted servants at this months business meeting.

### **AA Noon Meetings at the 12 Step Recovery Club, Cheryl H., CSR**

The noon meetings are well attended. Each meeting donated money to purchase pamphlets and Big Books for the Club from the Central Office. The group continues to carry the message with literature & talking recovery.

### **Friends of Bill W and Dr Bob Charley., CSR**

We meet each Tuesday night at 7-8:30pm at St Johns Episcopal Church which is located in Tulare at the corners of Prosperity and Lapsina . Celebration of birthdays occur the first Tuesday of each month for all those that had their annual milestone during the previous month. We would like to extend an invitation to any and all that have not attended our meeting from the surrounding areas it is a wonderful group that gathers! This is an open meeting.



### **Tuesday Women's Changes Vicki B., CSR**

We meet every Tuesday from 6:00 PM to 7:00 PM at the Recovery Club located at 186 S. D Street, Porterville. We are an open meeting for women only. This is a stick topic meeting. That is each woman picks a preprinted stick and shares on the topic described on the stick. Our attendance includes women with a brief period of sobriety to those with many years. All are welcome. On the last Tuesday of the month, we celebrate those women with sobriety birthdays who share their experience, strength and hope with the group.

### **Saturday Night Believers Vicki B., CSR**

This is a closed meeting of Alcoholic Anonymous. We meet from 7:00 PM to 8:00 PM at the Trinity Lutheran Church located at 764 W Henderson Ave in Porterville. This is a chip meeting. We provide chips for various lengths of sobriety. We celebrate sobriety birthdays on the last Saturday of the month with cake.

### **Women's Tuesday Night Amity Group Ally A., CSR**

The Tuesday Women's Amity Group meets every Tuesday at Trinity Church located 6400 W. Walnut in Visalia. This a closed women's meeting, we allow infants up to 3 months . We meet from 6:30pm-7:30pm each week with the 3rd week being a business meeting after the regular meeting. Each week we have a lead speaker who speaks for 10 minutes and then picks a topic and chooses people to speak through tag, going around a circle. The last week of the month is a birthday meeting where we enjoy yummy desserts. We are growing and about 30 women.

### **Porterville Wednesday Open Inclusive Marcie M., CSR**

Open Meeting at Lutheran Church 765 Henderson Porterville Wednesday inclusive meeting 6:00-7:00pm, 15-20 members a mix of new and long timers Birthday celebration-cake the last Wednesday of the month, we support Central Office. We sometimes have women from PAAR visit.

### **Second Sunday Speaker Springeville Breakfast Meeting Marcie M., CSR**

Veterans Memorial Building, Springeville Second Sunday of the month, it is a beautiful ride to Springeville Lots of Serenity. Good crowd as usual! Last month we have approx 50-75 people attend!! Great Fellowship

Come on up!

Coffee at 8:00am

Breakfast at 8:30am...breakfast ends at 9:45am

\$8.00 for breakfast

10:15 meeting starts 7th Tradition honored 10:30 ten minute speaker followed by main speaker

We support Central Office 50/50 drawing

### **Friday Freedom Fellowship Robert., CSR**

The Friday Freedom Fellowship meets every Friday at 7:00pm ago Christ Lutheran Church located at 3830 W Tulare Ave. Visalia, CA This is a closed meeting where both men and women can attend. Our attendance ranges from 20-40 people. A chair person speaks for 10 minutes, the chairperson picks a topic and calls on people for the remainder of the meeting.

There is a variety of lengths of sobriety in the room and a tradition in the meeting gives everyone an opportunity to share their sobriety date. Birthdays are celebrated the first Friday of each month with cake and chips. Chips are also given out each week to celebrate sobriety milestones.

### **Civic Center Group David G., CSR**

We meet every Tuesday night at the Christ Lutheran church near Tulare and Demaree in Visalia. Boo is our secretary. The meeting starts at 7:00 PM and goes to 8:00 PM. It is an open meeting, and newcomers are welcome. We have coffee and candy, and literature every week.

Books are for sale at cost, and pamphlets are free. Our business meetings are the third Tuesday of the month at 8:10 PM, immediately after the meeting. Our time has come to rotate service positions. We give out chips every week for sobriety under one year; we have a birthday meeting on the last Tuesday of the month, with cupcakes.

### **Keep It Simple Sunday David G., CSR**

We moved to winter schedule, starting at 10:00am-11:30am We meet in Blain Park in Visalia new comers are welcome. Bring a lawn chair or blanket. Chips given out every Sunday and the last Sunday of the month is the business meeting. Pet friendly. Approx 20 in attendance. Birthday celebration every week.

### **Exeter Sunday Afternoon Group Christine ., CSR**

We continue to grow as a meeting. Sunday 2:30 is well attended 1 1/2 hour meeting. Open for discussion, we distribute chips and celebrate anniversary the last Sunday of the month. Seems to be a growing meeting. Both men and women attend. Continuing to donate to central office. Candy is served with coffee. We have also decided to donate a larger amount to the church. Our meeting continues to grow. We meet in as well. Good mix of acquired time of sobriety, welcome to all.

### **Prospecting for Nuggets Jerry S., CSR**

St Johns Episcopal Church 1701 E Prosperity Ave.

This is an open meeting. We would like more participation.

It is a chip meeting and celebrate anniversaries on the last Sunday of the month. We meet on Sundays from 7-8:30 pm

### **Serenity Junction Jerry S., CSR**

Serenity Junction is an open meeting and meets every Monday night at 7pm, located at St Johns Church in Tulare. It is a chip meeting and celebrate birthdays on the last Monday of the month with cake and ice cream, We would also like to see more seats filled.

### **Friends of Bill W John W., CSR**

Quaker church off of 198 in Farmersville east end of Mineral King, 5:30-6:30pm on Saturday nights. It is a great group with a full house of members. We are an inclusive group meeting that as ,any members need to be able to share is our one hour meeting. Hence we have a 3 minute timer. We have a great vibe, give out monthly chips weekly and celebrate birthdays at the end of each month.

### **Clodbusters Jerry., CSR**

Located at the Tulare Community Church (Activity Center) 1820 Gem St Tulare. 12:00-1:00 The group meets every Wednesday at noon. This is a one hour open meeting. We celebrate birthdays and handout chips on the last Wednesday of the month. We would like to see more women in attendance. If you would like to be in service here's your chance!

### **Kings County Bear., CSR**

Many groups in Kings County are now including our Central Office as a part of the split for the Central office.

### **Saturday Morning Women's 12 x 12 Jerri T., CSR**

Held from 9-10:00 am Saturday morning held weekly.  
Approx 35-40 women We meet at Christ Lutheran  
Church 3830 W Tulare Ave.

We celebrate recovery by handing out milestone chips each week and celebrating birthdays the end of the month. Each meeting is a book study out of the 12 & 12. The last Saturday of the month we have an ask it basket where we get to respond to questions provided by our members.

### **Monday Night Mens Stag Grant C., CSR**

We are an AA mens stag meeting that meets up every Monday night from 7:30-9:00pm. We have 30-40 people attending and we offer sponsorship as well as coffee.

## Old Business

As a CSR be sure to share information with your groups that elections will be coming up in December. As well as if a group does not have a CSR please suggest one for your meeting. Discussion of meetings on our calendar that perhaps are not AA approved.

## New Business

Founders Day Picnic is at Mooneys Grove Arbor 9 June 13th  
We are looking for a chair person for this event and committee members to run this event. **Tuesday April 14th at 5:00pm second planning meeting.**

## Seventh Tradition

\$39.00

## Announcements

Please announce the founders day picnic June 13 \$8.00 a ticket

## Meeting Adjourned

6:57 pm

## Responsibility statement

Said by all

## Board Secretary

Ally Ayres



AA WITH AL-ANON PARTICIPATION

# Women in Unity Brunch

**COST**  
**\$25**

**Limited Seating**

**Hosted by Women's 12 x 12 Study Group**

Christ Lutheran Church  
3830 W. Tulare Ave. Visalia



*Gather and Grow*



**Saturday, May 2, 2026**  
**Doors Open Coffee's Hot**  
**10:30 AM**

**Brunch Service 11:15 AM**  
**Meeting Starts 12:15 PM**

**Raffle Baskets & 50 / 50 Drawing**

Please join us for  
**inspiring speakers from**  
**AA and Al-Anon, fun,**  
**food, fellowship.**

For more info about the event  
or tickets contact:

Erica D. 559-656-7468

Rae Ann B. 559-901-4641

**Speakers:**

AA Teri C. (33 yrs) Murphys, CA

Al-Anon Diana R. (34 yrs) Hanford, CA

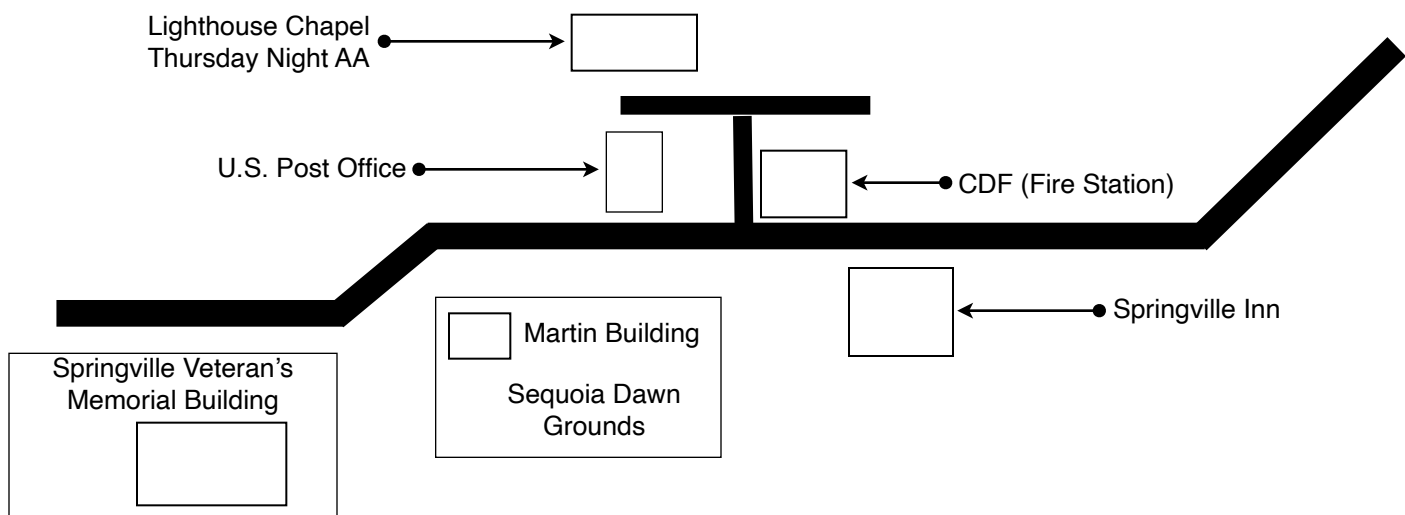
# Sunday Speaker Breakfast

Sunday Morning, May 10, 2026

50 Yrs on the 2nd Sunday of the Month - Come Join Us!

**Speaker: Savanna M.  
Lemoore, CA**

*Special Sunday Speaker in Springville's Serenity*



**Springville Veterans Memorial Building  
35944 Highway 190  
Springville, California**

**For Information: Call 559-539-3814**

- From Highway 99 at Tipton (south of Tulare) - Take Highway 190 turnoff toward the Sierras - 32 miles east to Springville
- From Highway 99 at Bakersfield - Take Highway 65 north 45 miles to Highway 190 - 17 miles east to Springville

**8:00 AM**

**Coffee's Hot - Attitude Adjustment Time**

**8:30 - 9:45 AM**

**Breakfast Service (\$8.00)**

**10:15 AM**

**Meeting Starts (7th Tradition is honored)**

**10:30 - 10:45 AM**

**10 Minute Speaker - Main Speaker**

TULARE COUNTY CENTRAL OFFICE PRESENTS

# PICNIC

FOUNDERS DAY 2026

12 PM SPEAKER:

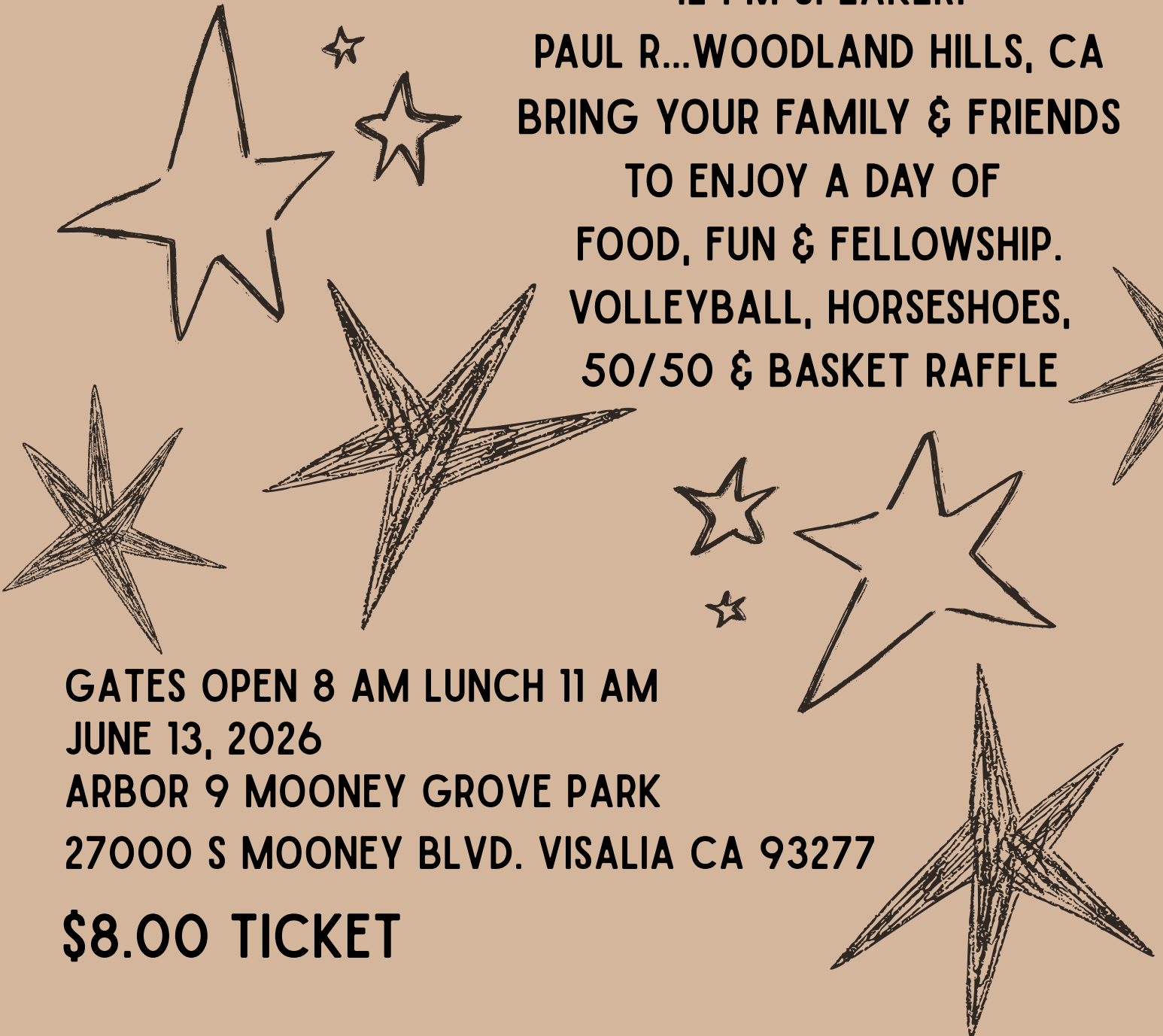
PAUL R...WOODLAND HILLS, CA  
BRING YOUR FAMILY & FRIENDS  
TO ENJOY A DAY OF  
FOOD, FUN & FELLOWSHIP.  
VOLLEYBALL, HORSESHOES,  
50/50 & BASKET RAFFLE

GATES OPEN 8 AM LUNCH 11 AM  
JUNE 13, 2026

ARBOR 9 MOONEY GROVE PARK

27000 S MOONEY BLVD. VISALIA CA 93277

**\$8.00 TICKET**



# COMIC OF THE MONTH



Until next time 🙌 ☐