

YOUR TULARE COUNTY AA CENTRAL OFFICE NEWSLETTER AUGUST 2026



**www.aa-tulareco.org
449 E. Maple Street
Exeter, CA 93221
(559)592-6999
Volume 36 Issue 8**

The Eighth Tradition of Alcoholics Anonymous states: "Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers." It establishes that 12-Step recovery is always a freely given, unpaid service, though central offices can hire paid staff for administrative duties.

The tradition outlines a few key principles for the fellowship:

- **Twelfth Step work is never paid for:** Members share their experience, strength, and hope freely without charging fees or acting as professional counselors.
- **Special workers are permitted:** Central service offices and intergroup organizations can hire paid professionals (like office managers or secretaries) to handle logistics, correspondence, and printing.
- **No professional A.A.s:** While A.A. employs people to run its organizational and service lifelines, these employees act as workers, not as "professional" A.A. gurus. Their job is not to DO 12 step work, but to make that work possible.

Our paid staff at our Central Office in Exeter is Carol Ann. She is the one who is in charge of handling the Central Office administrative and logistical tasks. She does her job well and has a bubbly and engaging personality. I would encourage anyone who hasn't visited our office in Exeter to stop by and see for yourself. The office is located at 449 E. Maple just west of Highway 65 (Kaweah Avenue in Exeter). But back to Tradition Eight and that newcomer needing help...

Keeping AA's 12th step work nonprofessional is essential for carrying the message of recovery to the newcomer. When a newcomer hears the story of someone who's had a similar experience and then recovered, a sense of trust begins to develop. The spiritual aspect of tradition 8 becomes real when that person realizes there's not going to be a bill for the help being provided. When an AA member freely shares their experience, strength and hope, they're just "passing it on". That shared experience would have no weight if it were shared by a professional getting paid..

I first experienced the spirituality of AA and it's direct correlation to the 8th Tradition up at the CARE unit in Madera. (just after my 2nd DUI) It was at the end of my 28 day stay. I'd been invited to a Sunday afternoon barbecue. I had a wonderful time with an AA member and his wife (both nonprofessionals) at their home up in Raymond in the foothills. We had some nice fellowship and talk of recovery, a barbecue and even watched a good video (And Justice for All with Al Pacino). When we were done, he drove me back to the CARE unit (an hour of driving each way). While on the journey back I started to wonder, why hasn't this guy asked me for some gas money or to kick-in for the food. I asked "so...does the CARE unit reimburse you for the gas for all the driving you've done today or what?" He just smiled and said "no...this is our 12th Step work in AA, we do this to carry the message. We do this for free AND it helps me stay sober". I can still remember that feeling I got. I was experiencing something different. I'd realized I'd enjoyed a whole afternoon without alcohol with someone whose sole purpose was to carry the message and nothing else.

This feeling that I've just described was a little mysterious back then. I realize now that I was being cared for by a higher power, that I was Safe.

I hope you can feel that way also.

J.W.

8. Made a list of all persons we had harmed, and became willing to make amends to them all.

So, when I read step eight upon my dive into the this, I was like whoa! This is quite the task. Over the course of my lifetime character defects have reared their ugly heads a time or two...My thought was that this step eight would be a life-long task and even then, there is probably no way that I could identify all things that I had done wrong and people that deserve amends from me as a result. With that being said, instead and being overwhelmed with this task, I came to a self - approved version of what this task would look like to me and how I would approach it.

Initially, I began questioning all negative events such as the times that I belittled, mistreated or even instigated fights with others in school. The times when I snuck into movies, dined & dashed from restaurants, did beer runs and numerous other moments of poor judgement. I felt that I needed to set aside some of that guilt in order to make progress. Even though these moments were wrong, digging too deep down this rabbit hole was not advantageous and needed to alter my approach. Knowing this, I narrowed in on the key people that were most deserving of my amends from my alcohol-fueled indiscretions and this my immediate family. Once again they had to deal with the subject of alcohol and the role it played with me, my actions and the collateral damage it led to. Although, this time I hoped that it would bring some level of peace as opposed to what it once brought.

I was aware that I could not correct every wrong however, not attempting to was not an option. No progress was to be had, nor any sort of resolution without a start and writing out this step eight plan prepared me for what would follow in step nine. So, I put on my big boy pants, ate a slice of humble pie and dove into this not-so-fun but vital step towards a better life. What I found was that it allowed me to release some of the baggage that I had been carrying and allowed me to move forward. Peace came to me through the process of doing step eight. I could not change my past actions, but the process helped me move forward regardless of the level of acceptance from others that I received in step nine. This probably sounds selfish, and selfish it may be, but it provided a path forward for me. It has provided a path for me to work on my present actions while making better choices going forward. The road ahead front of me looked and continues to look more clear. I found that letting go was like doing away with a series of potholes, undulations and speed bumps thus allowing for my ongoing travels down the road to be much smoother when no longer focusing on my rear view mirror.

Charley



We thank this month's member contributions to our Tulare County AA Newsletter.

Please submit your write-ups to: tccof@hotmail.com

We, at the Tulare AA Central Office, welcome and will consider all write - ups for inclusion in future newsletters that are aligned with The AA Traditions, as we are better together as a result of our unity and service as we progress on this road ahead in recovery.

Dreaming of a Surprise Party

I used to dream about having a surprise birthday party thrown for me. You know, the kind you see in movies—friends hiding behind couches, a backyard full of laughter, maybe even a bounce house and ponies. I waited for it year after year, convinced that one day I'd walk into that moment where everyone was gathered just to celebrate me.

Eventually, I did get a surprise party. It just didn't look anything like I had imagined. I was awakened early on a Saturday morning to find my living room filled with family, friends, and one unfamiliar face. That man turned out to be an interventionist. Still foggy from my latest drunken misadventures and exhausted by life, I surrendered. By the end of the day, I was in a treatment center.

Treatment introduced me to many new ideas, new language and new ways of looking at my life. One of the group sessions in treatment reopened memories from my childhood, particularly episodes of violence involving my father. Instead of healing me, those memories quickly became ammunition. I embraced the role of victim with enthusiasm and used it to fortify my resentments. I told myself I was justified. And, I promised myself I'd get vengeance.

When I left treatment, I was advised to protect my sobriety at all costs. Fear fueled that effort. Fear of what my father might say. Fear of what I might say or do. And so I avoided him. Completely, that avoidance stretched nearly two years.

Two years may not sound long, but it included birthdays, holidays, and countless ordinary family moments I chose to miss. I told myself it was self-care. Looking back, it was also fear masquerading as principle.

I began what has now become my current stretch of sobriety. It didn't start with some grand moment of clarity. It started when I began doing the things my sponsor, Paul, suggested—simple actions I didn't always like but chose to do anyway. I also started working with a mental health professional. With their help, I slowly began to face the fear I had around my father.

One day, Paul gave me an assignment. He asked me to write out what kind of relationship I would want with a son—if I had one. That was easy.

I wrote that I'd be present and actively engaged in his life. I'd give him the things I had longed for growing up. I'd want him to feel safe enough to share everything with me—his dreams, his fears, his struggles—so I could help him experience the best life possible.

I felt pretty good about that list. Then Paul asked me a question that changed everything: "How are you doing at being that son?"

It hit hard. Because I knew the answer. I wasn't.

That realization didn't magically fix anything, but it pointed me in a direction. I decided I wanted to grow into that kind of son, even if I didn't fully know how. I started small. Lunches with my dad. Neutral ground. One hour. My own car. An easy exit if needed. It felt manageable.

Then Paul asked about something I hadn't considered—how I ended phone calls with my dad. He guessed, correctly, that I wasn't ending these calls by saying "I love you." He didn't tell me I had to. He simply suggested I consider doing what I already knew was right.

I hated that idea. But by then, I had enough experience to know that when I followed his suggestions, good things tended to happen. So one day, at the end of a call, I forced the words out: "I love you."

There was a pause. He didn't respond and the call ended. I remember feeling strangely victorious, like I had checked a box and could now retire from that experiment forever.

Paul had a different perspective. "Why would you stop doing the right thing?" So I reluctantly kept doing it. Dad started saying it back. And then one day, he said it first. I had spent years convincing myself I didn't need his love or approval. In that moment, I realized how untrue that was.

About six weeks later, my dad had a stroke. It left him with significant speech impairment. To this day, I think about how close I came to missing that window—to never hearing those words from him or never learning the truth about his significance in my life - even at times when I don't particularly like him. I'm overwhelmed with gratitude. That gift came from willingness to do the next right thing when I didn't feel like it.

As the years went on, the relationship continued to evolve. When I was planning my wedding, I wasn't sure I could trust him to be part of it. With help, I worked through that fear and chose to include him. I'm deeply grateful I did.

Years later, a wildfire destroyed his home. He escaped with his life and landed in our spare bedroom. He lived with us for months while he rebuilt. Had you told an earlier version of me that my father would someday live under my roof—not as an enemy, but as family—I would have laughed or screamed in horror.

Today, I have over two decades of continuous sobriety. That relationship didn't get healed all at once. It got healed in inches. Through inventory. Through amends. Through phone calls I didn't want to make. Through principles I didn't yet feel, but practiced anyway.

The relationship with my father isn't perfect. I still struggle sometimes. Occasionally old feelings still surface. There are moments when I fall short of the principles I've learned. But the difference today is that I have a path forward. I have tools. I have a program that teaches me how to take responsibility for my action, to act with integrity, and to keep showing up.

The changes in my relationship with my dad feel nothing short of impossible when I look back. Not because everything is fixed—but because I am no longer the same person who once fueled resentment and avoided connection.

Alcoholics Anonymous didn't just help me stop drinking. It gave me a way to live differently. A way to take consistent action, even when it is uncomfortable. A way to choose love where I once chose scorn or wrath.

And in doing so, it gave me something better than the surprise party I always dreamed of. It gives me a life—and relationships—I never thought I'd have.

Bill H.



*Our Central Valley is quite beautiful when we take time to appreciate it.
We can be grateful for it's vast landscape which we CAN enjoy if we choose to!*



CENTRAL SERVICE MEETING

Central Office & Central Service Representatives Meeting

Date:

JULY 14, 2026

Meeting Called to Order:

6:00 P.M.

Board Members Present

- John W. (Chair)
- Mike P. Absent
- Vicki B.
- Bear
- Ally A.

Opening Readings

CSR Preamble:

We are the Central Service Representatives.
We are the link in the chain of communication for our groups
with the Tulare County Central Office.
We realize the ultimate authority is a loving God
as he may express Himself in our Group Conscience.
As trusted servants,
our job is to bring information to our groups
in order that they can reach an informed group conscience.
In passing along this group conscience,
we are helping to maintain the unity and strength so vital to our fellowship.
Let us,
therefore,
Have the patience and tolerance to listen while others share,
The courage to speak up when we have something to share,
And
The wisdom to do what is right for our group and A.A. as a whole

Read by

Ally A

12 Traditions:

Read by

Cheryl H

Previous Minutes

Corrections: Vicki & Bear were both in attendance last month

Motion to Approve:

Cheryl H

Second:

Vicki

Minutes approved unanimously.

Board Meeting Report

John

Last months meeting we ordered more pamphlets and got us into Freedom Fest as a non profit no charges. Carol Ann still waiting for refund from Spectrum. Office manager to be in attendance at all CSR & Board meetings. Picnic planning continuing for event. H & I will receive our cooperation on all reports. Pink cans will remain at central office for any needs for meetings. Office keys will be provided only to the board members, office manager and the landlord.

Treasurer and Office Report

For the period from May 21st, 2026 thru June 20th, 2026 Central Office had an income of \$11,124.29 and expenses of \$6,851.67 for a gain of \$4,272.62 for this accounting period, \$5,418.02 of that is from the Founder's Day Picnic! Since the beginning of the month, we restocked our book and chip inventory, paid our quarterly payroll taxes, and annual sales taxes which will reflect in our next months reports.

This office is totally self-supported through your contributions so thank you for all you do!

Birthday Club: We had 3 grateful members contribute \$66.00 to Central Office Birthday Club to celebrate their sobriety! Thank you and happy birthday! Please remember to announce the Birthday Club to your groups, it's a great way to support the area that helps you stay sober!

Group contributions: 17 groups contributed to Central Office this accounting period for a total of \$3,658.33 Thank you to the! We truly are grateful for your support!

Grateful Giver Club contributions: 4 anonymous grateful alcoholics donated through our Grateful Givers Club totaling \$70.80

Individual contributions: \$470.00. Thank you!

We had 4 individual alcoholics generously donate to our office for the amount of Thank you for helping us meet our monthly expenses that help us share our AA message of recovery. Grateful to be working with people that promote unity of the fellowship and for taking the time to explain to our newcomers about AA service opportunities, and why AA groups need to have business meetings regularly. This office is a reflection of you and all you do to keep us financially stable!

Please continue informing members about this office and the services we provide. We are better when we work together!

Thank you!

Carol Ann Gable
Office Manager

PI/CPC Report

Submitted by Vicki B.

Parole re entry fair we participated in...

July we were at the freedom fest in Porterville July 3, we didn't have a strong response

In July 19we have the watermelon festival in Porterville noon-9

Resource fair for visalia unified school district to be determined

STEP Newsletter Volunteers

Issue	Step	Member	Due Date
August	Step 8	Charley	August 21, 2026
Sept.	Step 9	Jerry	September 21, 2026

Submit articles to:
centralintergroupnews@gmail.com

TRADITION Newsletter Volunteers

Issue	Tradition	Member	Due Date
August	Tradition 8	John W	August 21, 2026
Sept.	Tradition 9	Jeri T	September 21, 2026

Submit articles to:
centralintergroupnews@gmail.com

Newsletter Report

Submitted by Charley

H&I Report

The only purpose of the Northern California Hospital and Institution Committee is to carry the message of AA to alcoholics in corrections and treatment facilities and facilities serving alcoholics in Northern CA. Locally, we continue to carry the message of AA to 8 treatment facilities, Tulare County Jail, Corcoran, SATF and Avenal Prisons providing AA literature upon request.

At our 7/11/26 H&I Business meeting, we decided to continue using the texting service as this has proved beneficial. We appreciate the Central Office for allowing us to have a table at the Founder's Day Picnic, we were able to connect with two prior volunteers who are now active again, and made a connection that may lead to an IVSS Coordinator for Pleasant Valley. We welcomed 4 new volunteers, and look forward to being in service with them. There has also been some undercurrent of possibly expanding H&I to the Porterville Area. We would be willing to do this if there are 6 AA members interested in participating in that area. Please reach out to

me and we can move forward if there is an interest. We welcomed Louie T from Porterville who was recently appointed as the Major Institution Coordinator for SATF. We look forward to working with Louie.

The IVSS Program which provides outside sponsorship to incarcerated AA members is now serving 6 prisons in the NorCal area. Currently, we have 235 incarcerated AA members requesting sponsors and have been able to match 192. Therefore, we have 43 incarcerated members on a waiting list. This program is very beneficial to our incarcerated members and the need for sponsors is high. This can be done anonymously and digitally from the comfort of your own home. The qualifications are 5 years of sobriety and previous sponsorship experience.

Please share this with your groups. Flyers and more information can be found at www.handinorcal.org or www.aa-tulareco.org under the H&I tab.

We continue in Neutral financial position, as currently we are below our recommended total 6-month prudent reserve/cash on hand. We encourage all groups to pass the pink can separately from the 7th tradition basket to not detract from the 7th tradition contributions. We encourage each group to always consider contributions to all entities: Central Office; District; Area; and GSO when making distributions. When any of these are left out of your group's distributions, the ripple effect impacts all of AA as we are seeing now with the rising cost of literature. If your group does not have a pink can, please send an email to our local committee at handiarea93@gmail.com or pick one up at the Central Office. NorCal financial reports are available at www.aa-tulareco.org on the H&I page and on www.handinorcal.org under finances tab. The Treasurer email address is on the bottom of the financial report in the event you or your group have any questions or concerns.

Please send any interested AA members to our next orientation which will be held: 9:00 am followed by business meeting at 10:00 am on September 12, 2026, at 526 N. Bridge Street, Visalia, CA 93291. We are always looking for new volunteers and especially need volunteers who are interested in participating in Corrections at the Tulare County Jail and the Prisons along with Women who are available on Thursday evenings for Women's Treatment Facilities.

In Service, Joyce R., Area 93 Chair

Website Report David G

Website Report – July 2026

2026-06-09 through 2026-07-13

Dates listed are the date of change

New Announcements:

2026-06-10: Central Office will close at 12 pm on Friday June 12th 2026

2026-07-08: Soberfest 2026 Planning Meetings on the calendar

New and updated events:

2026-06-10: 2026-07-06: 2026-07-07: Central Office closing at 12 noon today

2026-07-10: 2nd Sunday Springville Breakfast Speaker Meeting

District 47 General Service Representative (GSR) Meeting

2026-07-08: Soberfest 2026 Planning Meeting

37th Annual Kern River Valley 2026 Soberfest Campout

2026-07-13: Founder's Day Picnic planning committee final meeting

2026-07-13: Monthly CSR Meeting

Updated meeting:

2026-07-08: Grupo Nueva Familia moved from Wednesday to Saturday

Thank you for letting me be of service,
David G

BTG (Bridging the Gap) Report

Submitted by Mike P.

No Report

GSO Liaison Report

Submitted by Robert C.

There will be a national post conference in Exeter August 8th, Claudio will be leading the discussion. At the veterans administrative meeting,, time to be determined. In the proposed agenda items to be discussed... The GSO may have on the proposed agenda various items that you can view. October 8, 9, & 10th...there will be the NCCAA in Fresno at the Double Tree Hotel. The 12 steps and the 12 traditions are the two items that are to be untouched.

CSR Group Reports

Springville Monday Night Book Study Group – Bill E., CSR

We are the Springville Monday night book study, we meet every Monday night at 7pm at the Springville Light House Chapel. We are currently reading the big book with great discussions. We have about 10 regular members and serve coffee.

Springville Thursday Night Gut Level – Dalton., CSR

A very well attended meeting. Everyone is welcome on Thursday night at the lighthouse chapel from 7-830 birthdays are celebrated once a month with dinner at a local restaurant and cake after the meeting. Everyone is welcome at our meeting on Thursday night at the Lighthouse Chapel from 7-8:30m

AA Noon Meetings at the 12 Step Recovery Club – Cheryl H., CSR

Tuesday AA meeting had 3 members celebrate 1 year of sobriety! We had a party to celebrate, wish them lots of 1 day at a times. Two of the three are in service to the meetings. The meetings are well attended even in the heat. All are welcome to join us at the Porterville Recovery Club, 186 S D Street 12 noon to 1pm coffee is fresh and hot.

Friends of Bill W and Dr. Bob – Charley., CSR

WE are an open group of men and women joined together in recovery. Our meeting is a 90 minute meeting each Tuesday from 7:00-8:30pm in Tulare at St Johns Episcopal Church at the corner of Prosperity and Laspina. Annual anniversaries of sobriety are celebrated the first Tuesday of each month for all that occurred the previous month with cake and ice cream. We'd like to thank our long time outgoing secretary Patrick and welcome our new secretary Madelyn for their outstanding service.

Tuesday Women's Changes – Vicki B., CSR

Women's open meeting held Tuesdays from 6:00–7:00 P.M. at the Recovery Club in Porterville 186 S D Street . Uses a topic-stick format. Sobriety birthdays are celebrated with a potluck on the last Tuesday of each month.

Saturday Night Believers – Vicki B., CSR

Closed AA meeting held Saturdays from 7:00–8:00 P.M. at Trinity Lutheran Church in Porterville 764 W Henderson . Chips are distributed for sobriety milestones and birthdays are celebrated monthly with cake. We have a new secretary Shirley O.

Women's Tuesday Night Amity Group – Ally A., CSR

Closed women's meeting held Tuesdays from 6:30–7:30 P.M. at Trinity Church in Visalia. Infants up to three months old are welcome. Attendance averages approximately 20-30 women.

Porterville Wednesday Open Inclusive – Marcie M., CSR

Open meeting held Wednesdays from 6:00–7:00 P.M. at Lutheran Church in Porterville. Attendance averages 15–20 members. Birthday celebrations are held monthly.

Second Sunday Speaker Springville Breakfast Meeting – Marcie M., CSR

Held monthly at the Veterans Memorial Building in Springville. Attendance averages 50–60 people. We have some amazing speakers. Breakfast begins at 8:30 A.M. and the meeting starts at 10:15 A.M. usually over approximately 12:00.. 50/50 raffle. Good food, Great fellowship 6-7 people per table.

Friday Freedom Fellowship – Robert., CSR

Closed meeting held Fridays at 7:00 P.M. at Christ Lutheran Church in Visalia. Attendance ranges from 20–40 people. Chips and birthday celebrations are part of the meeting format.

Bridge Street - Robert., CSR

Noon meeting is going great... The primary purpose meeting is activity looking for a new location as the group has grown tremendously. Discussion re court cards & signing to be signed at the end of the meeting. There are 22 meetings held at this location.

Civic Center Group – David G., CSR

Open meeting held Tuesdays from 7:00–8:15 P.M. at Christ Lutheran Church in Visalia. Boo is our secretary. This is now a 75 minute meeting. Chairs are now one big circle! Business meetings are held on the third Tuesday of each month.

Keep It Simple Sunday – David G., CSR

Outdoor meeting held Sundays from 10:00–11:30 A.M. at Blain Park in Visalia. Pet friendly. Attendance averages around 20 people.

Exeter Sunday Afternoon Group – Christine., CSR

Open discussion meeting held Sundays at 2:30 P.M. Attendance continues to grow. Chips and anniversary celebrations are held monthly.

Clodbusters – Jerry., CSR

Open meeting held Wednesdays from 12:00–1:00 P.M. at Tulare Community Church Activity Center. The group welcomes more women attendees.

Prospecting for Nuggets – Jerry S., CSR

Open meeting held Sundays from 7:00–8:30 P.M. at St. John's Episcopal Church in Tulare. The group welcomes additional participation.

Serenity Junction – Jerry S., CSR

Open meeting held Mondays at 7:00 P.M. at St. John's Church in Tulare. Monthly birthday celebrations include cake and ice cream.

Mid Valley Group-Jerry S., CSR

The Mid Valley meeting is held Saturday at 2pm It is a chip meeting and celebrates birthdays on the last Saturday of the month with car and ice cream. We just elected a new secretary, Come join us!

Friends of Bill W – John W., CSR

We have a lively group & good attendance that meets at the Quaker Church at the end of Mineral King about a mile east of the Farmersville exit on 198. We had a packed meeting room last Saturday night, we celebrate sobriety with monthly chips at every meeting and annual chips at the end of the month. Please visit us on Saturdays at 5:30pm.

Kings County District 49– Bear., CSR

Many Kings County groups are now including Central Office in their contribution splits. We have numbers events that will be reflected on the events calendar.

Saturday Morning Women's 12x12 – Jerri T., CSR

Weekly meeting held Saturdays from 9:00–10:00 A.M. at Christ Lutheran Church 3830 w Tulare ave. Attendance averages 30–40 women. The meeting studies the 12 & 12 and hosts an "Ask-It Basket" as well as including "Sponsorship Basket Pamphlet" on the last Saturday of the month.

Monday Night Men's Stag – Grant C., CSR

Men's stag meeting held Mondays from 7:30–9:00 P.M. Attendance averages 30–40 people. Sponsorship and coffee are available. At the end of the meeting we ask that members willing to sponsor to stand.

Quiet Trails-Anthony B., CSR

Tuesday evening 7:30-8:30 getting newcomers just about every week. We have about 15/20 attending our Tuesday meeting our meeting is growing. Giving out chips birthdays/celebrate anniversary's both men and women share. We have great interaction between the newcomers and

the old timers. Coffee and candy are served. Day Reflections is how we starts. Our main talk is on daily reflections.

Rainbow Meeting Dean., CSR

Old Business

CSR members were reminded to inform their groups that elections will be held in December. Groups without a CSR are encouraged to elect one.

New Business

Seventh Tradition

Collected: \$43.00

Announcements

Please continue announcing the Founder's Day Picnic scheduled for June 13, 2026.

Meeting Adjourned

7:09 P.M.

Responsibility Statement

Recited by all.

Respectfully submitted,

Ally Ayres
Board Secretary

Service Meetings & Service Addresses Aug 2026

Service Meetings

GSR Meeting at Central Office
449 E. Maple St., Exeter, CA
Tuesday, Aug 4th 2026 at 7:00 PM

Bridging the Gap meeting at Central Office
449 E Maple St Exeter, CA
To be announced

CSR Meeting at Central Office
449 E. Maple St., Exeter, CA
Tuesday, Aug 11th 2026 at 6 pm

H&I Meeting (**odd months only**) in person at
526 N Bridge St (no Zoom)
2nd Saturday 9:00, Orientation,
Business meeting 10:00

New Year's Eve event 1st Planning Meeting
449 E Maple St
Exeter, CA 93221
Aug 11th 2026 5pm

Send contribution to:

Tulare County Central Office
449 E. Maple St.
Exeter, CA 93221
<https://aa-tulareco.org/donation>

AA General Service Board
P.O. Box 2407
James A Farley Station
New York, New York 10116-2407
<http://contribution.aa.org>

District 47
P.O. Box 273
Exeter, CA 93221

CNIA Treasurer
PO Box 161712
Sacramento, CA 95816-1712

H&I-Contributions
P.O. Box 192490
San Francisco, CA 94119-2490

SERVICE ADDRESS

Tulare County Central Office
449 E. Maple St.
Exeter, CA 93221
(559) 592-6999
(559) 901-3512 text phone
Email: tccof@hotmail.com
Website: www.aa-tulareco.org
Hours: Mon-Fri 9:00am to 1:00pm
Closed Bank holidays



Speaker Meetings for Aug 2026

Porterville Recovery Club Speaker Meeting

186 W. Walnut Ave.

Friday Aug 7th at 8:00 PM

Speakers: TBA

Sunday AM Breakfast, Speaker Meeting

Veterans Memorial Building

36000 Hwy 190, Springville

August 9th, 2026

(Breakfast at 8:30 to 9:45 AM)

Speaker: Armando M from Santa Maria

The Valley Group, Speaker Meeting

St. Paul's Episcopal Church

120 N. Hall St. Visalia, CA 93291

Every Wednesday from 7-8 pm.

Speakers for Aug-TBA

Civic Center Group

Christ Lutheran Church

3830 W Tulare Ave, Visalia

Birthday speaker meeting

Last Tuesday of the month

Sunday PM Serenity Seekers Valley Group

Sunday 7:30-9 pm.

St. Paul's Episcopal Church

120 N. Hall St. Visalia, CA 93291

Speakers for August

August 2 - Niki C of Visalia, with 12 years, 2 months, and 4 days continuously sober!

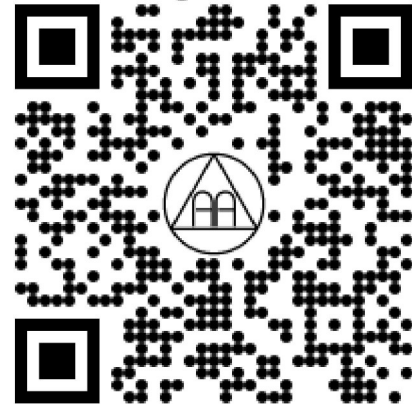
August 9 - Robert D of Visalia, with 10 years continuously sober tonight!!

August 16 - Sue A of Fresno, with 19 years, 9 months, and 17 days continuously sober!

August 23 - David B of Visalia, with 36 years, 10 months, and 21 days continuously sober!

August 30 - Mireya C of Fresno, with 14 years, 3 months, and 10 days continuously sober!

meeting schedule



TULARE COUNTY CENTRAL OFFICE

Income & Expense Statement

6/21/2026 through 7/20/2026

<u>INCOME</u>	<u>MONTH</u>	<u>YEAR TO DATE</u>
B.Day Club	117.00	1,665.72
Grateful Givers Club	62.46	2,997.44
Group Cont.	2,306.07	14,991.80
Indiv Cont	85.00	1,863.00
Lit. Sales	543.60	4,322.37
Memorial Cont.	-	-
Misc.	-	-
Newsletter Contribution	-	-
S & H	-	-
Sales Tax	91.35	594.38
Service Charge	16.21	80.58
Spec. Events-New Year's Eve	-	6,427.34
Spec. Events-Picnic	-	7,130.02
Spec. Items	516.90	3,515.94
State fund dividend	-	75.00
State Fund Refund	-	-

TOTAL	3,738.59	43,663.59
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<u>EXPENSES</u>	<u>MONTH</u>	<u>YEAR TO DATE</u>
Fees-Taxes		70.00
Insurance		449.00
Lit. Costs	2,150.02	4,355.22
Misc Expense		
Newsletter Cost		
Non Employee Compensation	\$75.00	825.00
Office Exp	97.85	1,433.99
Office Equip.& Maint		120.00
Paypal charges		6.48
Payroll Taxes	2,150.70	6,176.66
Phone & ISP	(94.53)	382.12
PI-CPC Expense	65.80	705.28
Printing and copy expense	-	
Postage	82.00	164.52
Returned Check & Chg		
Rent	685.00	4,795.00
Salary	1,438.72	11,081.23
Sales Tax-Paid	968.00	968.00
Spec. Events-picnic		3,396.54
Spec. Events-New Year		1,477.82
Spec. Items	576.71	2,422.39
Square Card Charges	14.59	72.46
Utilities	85.38	655.07
venmo fees	6.64	44.18
Venmo-phone	20.00	140.00
Website	7.00	49.00

TOTAL	\$8,328.88	39,789.96
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Net Gain	(\$4,590.29)	3,873.63
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<u>BEGINNING ACCOUNT BALANCES AS OF 6/20/2026:</u>	\$27,897.70
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<u>ENDING ACCOUNT BALANCES AS OF 7/20/2026</u>	\$23,307.41
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Established Prudent Reserve	\$19,000.00
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Above prudent reserve	\$4,307.41
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Central Office Contacts
July 21st 2026 thru Aug 20th 2026

AA Members	75
Alanon & Alateen Info	0
Bridging the Gap	0
Churches and Schools	0
Court Referral/Info	0
E-Mail Contacts	1183
General Info	9
H & I	0
Literature Sales	10
Meeting Information	5
Other 12 Step Programs	1
Prospective Members	0
Public Information	1
Schedules & Info Mailed	0
Spanish Contacts	2
Specialty Sales	18
Twelve Step Calls	0
Visitors to the Office	7
Voice Mail Calls	5
Website	2790
Total Central Office Contacts	4106



BIRTHDAY CLUB

THIS IS A GREAT WAY TO SHOW YOUR GRATITUDE
FOR YOUR SOBRIETY AND ALSO HELP CARRY THE
MESSAGE OF RECOVERY.

You can contribute \$1, \$5, \$10 or some have even
contributed \$100 for each year of sobriety!

Contribute before the month of your
anniversary sobriety date and we will
publish your first name and last initial, city
and years of sobriety in our monthly
newsletter, see your accomplishment in your
monthly Newsletter!

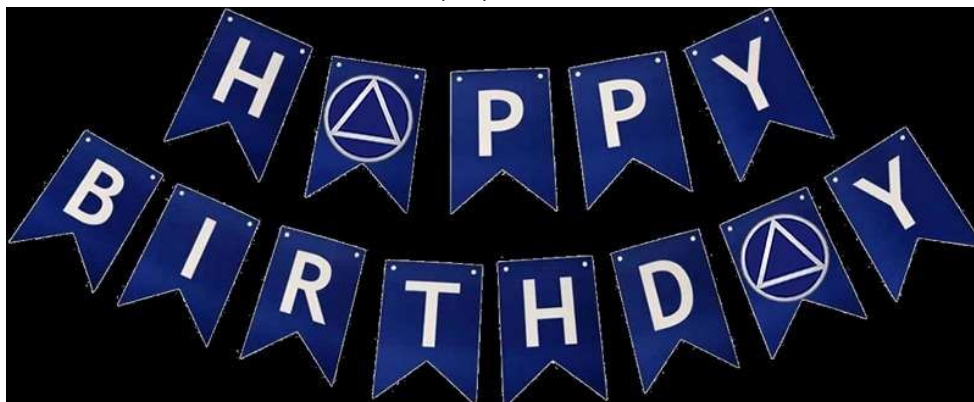
IT'S REALLY SIMPLE AND
WOULD HELP YOUR CENTRAL OFFICE
TREMENDOUSLY.



Go to AA-Tulareco.org to contribute

AA BIRTHDAYS**AUGUST****2026****YEARS**

Betty C	Visalia	52	
Larry R	Visalia	49	8/1/1977
Diane N	Exeter	48	
Mary S	Tipton	45	8/7/1981
Juanita M	Visalia	43	
Helen D	Tulare	43	
Dan H	Porterville	42	
Emma K	Tulare	39	
Les S	Tulare	38	
Emilio A	Goshen	37	
Frank V	Visalia	36	8/23/1990
Debbie S	Visalia	35	
Jonna K	Porterville	35	8/9/1991
Rick S	Visalia	35	
Deric F	Visalia	34	
Bob T	Visalia	32	8/18/1994
Greg H	Visalia	30	8/25/1996
Richard R	Tulare	28	8/28/1998
Margie A	Three Rivers	28	8/11/1998
Diane M	Visalia	27	8/21/1999
Lynn T	Porterville	24	8/13/2002
Sheri T	Hanford	22	8/20/2004
Gilbert C	Visalia	22	8/2/2004
Kelly K	Visalia	22	8/12/2004
Michael C	Visalia	21	8/31/2005
Laura N	Fresno	20	8/10/2006
Doug H	Porterville	17	8/22/2009
Bill E	Springville	14	8/3/2011
Glenda G	Porterville	14	8/14/2012
Mitch K	Visalia	12	8/29/2014
Vicki B	Porterville	9	8/11/2017
Greg R	Visalia	8	8/8/2018
Sara S	Visalia	8	8/25/2018
Patrick A	Visalia	7	8/30/2019
Craig K	Visalia	4	
Vito B	Farmersville	4	
Lorraine V	Visalia	3	8/16/2024



Individual, Newsletter, Memorial & Birthday Club Contributions
6/21/2025 thru 7/20/2026

Birthday Club

\$1 for every year of sobriety!

Vicki B	Porterville	9
Jim K	Visalia	27
Anonymous	Exeter	40
Shirley K	Porterville	41

Total Club Contributions \$117



Congratulations on your sobriety!

Newsletter Contributions

None

Memorial Contribution

None

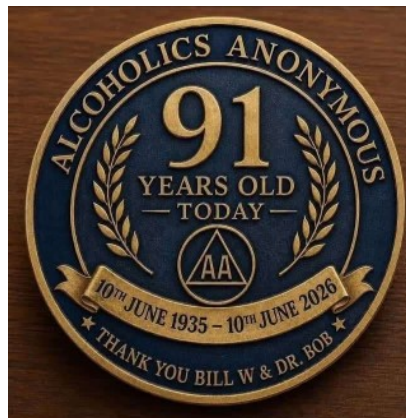
Grateful Giver's Club (You know who you are!)

Members \$62.46

Individual Contributions

Bob T	Visalia
Carol Ann G	Porterville
Kimberly C	Visalia
Mike W	Porterville

THANK YOU!!!



July, 2026 H&I Report

The only purpose of the Northern California Hospital and Institution Committee is to carry the message of AA to alcoholics in corrections and treatment facilities and facilities serving alcoholics in Northern CA. Locally, we continue to carry the message of AA to 8 treatment facilities, Tulare County Jail, Corcoran, SATF and Avenal Prisons providing AA literature upon request.

At our 7/11/26 H&I Business meeting, we decided to continue using the texting service as this has proved beneficial. We appreciate the Central Office for allowing us to have a table at the Founder's Day Picnic, we were able to connect with two prior volunteers who are now active again, and made a connection that may lead to an IVSS Coordinator for Pleasant Valley. We welcomed 4 new volunteers, and look forward to being in service with them. There has also been some undercurrent of possibly expanding H&I to the Porterville Area. We would be willing to do this if there are 6 AA members interested in participating in that area. Please reach out to me and we can move forward if there is an interest. We welcomed Louie T from Porterville who was recently appointed as the Major Institution Coordinator for SATF. We look forward to working with Louie.

The IVSS Program which provides outside sponsorship to incarcerated AA members is now serving 6 prisons in the NorCal area. Currently, we have 235 incarcerated AA members requesting sponsors and have been able to match 192. Therefore, we have 43 incarcerated members on a waiting list. This program is very beneficial to our incarcerated members and the need for sponsors is high. This can be done anonymously and digitally from the comfort of your own home. The qualifications are 5 years of sobriety and previous sponsorship experience. Please share this with your groups. Flyers and more information can be found at www.handinorcal.org or www.aa-tulareco.org under the H&I tab.

We continue in **Neutral** financial position, as currently we are below our recommended total 6-month prudent reserve/cash on hand. We encourage all groups to pass the pink can separately from the 7th tradition basket to not detract from the 7th tradition contributions. We encourage each group to always consider contributions to all entities: Central Office; District; Area; and GSO when making distributions. When any of these are left out of your group's distributions, the ripple effect impacts all of AA as we are seeing now with the rising cost of literature. If your group does not have a pink can, please send an email to our local committee at handiarea93@gmail.com or pick one up at the Central Office. NorCal financial reports are available at www.aa-tulareco.org on the H&I page and on www.handinorcal.org under finances tab. The Treasurer email address is on the bottom of the financial report in the event you or your group have any questions or concerns.

Please send any interested AA members to our next orientation which will be held: 9:00 am followed by business meeting at 10:00 am on September 12, 2026, at 526 N. Bridge Street, Visalia, CA 93291. We are always looking for new volunteers and especially need volunteers who are interested in participating in Corrections at the Tulare County Jail and the Prisons along with Women who are available on Thursday evenings for Women's Treatment Facilities.

In Service, Joyce R., Area 93 Chair

Group Contributions 7/21/2026 Thru 8/20/2026

	Month	YTD
1st Friday Speaker Meeting	\$ -	\$ 20.00
10th Ave Men's Stag	\$ -	\$ 291.50
210 Atitude Modification	\$ 119.00	\$ 519.00
50-50 Group Porterville	\$ -	\$ 100.00
AA Women's Saturday AM Meeting	\$ 1,200.00	\$ 1,774.25
Bridge Street Drunks Only	\$ 416.91	\$ 1,304.08
Central California Roundup	\$ -	\$ 800.00
Civic Center Group	\$ -	\$ 248.50
Crossroads-Tulare	\$ -	\$ 1,000.00
CSO Meeting	\$ 31.00	\$ 284.00
Everyday is Christmas	\$ -	\$ 300.00
Fresno Village Group	\$ -	\$ 1,250.00
Friends of Bill W	\$ -	\$ 200.00
Friends of Bill W & Dr Bob	\$ -	\$ 304.00
Friday Freedom Fellowship	\$ -	\$ 125.00
Gem St Noon Book Study	\$ -	\$ 50.00
GSO District 47	\$ -	\$ 600.00
Keep it Simple Sunday Group	\$ -	\$ 223.22
Mid Valley Group	\$ -	\$ 238.00
Monday Book Study Springville	\$ -	\$ 125.00
Monday Men's Stag PPAV Hall	\$ 200.00	\$ 1,200.00
Monday Men's Valley Book Study Group	\$ -	\$ 100.00
Monday Womens Reflections Group	\$ -	\$ 162.25
Noon Rovers-Hanford	\$ 149.16	\$ 328.16
Nooner Groups-Visalia Alano Club	\$ -	\$ 250.00
Porterville Friday Night Study Group	\$ -	\$ 23.00
Porterville Tuesday Men's Stag	\$ -	\$ 123.51
Prospecting for Nuggets	\$ -	\$ 450.00
Practicing the Principles	\$ -	\$ 100.00
Quiet Trails Group	\$ 100.00	\$ 700.00
Rule 62 Hanford	\$ -	\$ 70.33
Rule 62 Visalia	\$ -	\$ 410.00
Springville Breakfast Meeting	\$ -	\$ 150.00
Springville Gut Level	\$ -	\$ 25.00
Three Rivers Group Monday Night	\$ 90.00	\$ 280.00
Tuesday Women Amity Group	\$ -	\$ 438.00
Unity Through Traditions	\$ -	\$ 100.00
Women's Changes Group	\$ -	\$ 50.00
Wed Acceptance Group Porterville	\$ -	\$ 275.00
Totals	\$ 2,306.07	\$ 14,991.80

**NorCal H&I Committee
Financial Report
June, 2026**

<u>INCOME AND EXPENSE BREAKDOWN</u>		
	<u>Jun 26</u>	<u>Jan - Jun 26</u>
Income		
Area Contributions		
Check Contribution	34,735.88	221,902.09
Online Contributions	18,404.22	125,223.42
Total Income	<u>53,140.10</u>	<u>347,125.51</u>
Literature Expense		
AAWS	33,000.00	298,727.24
Grapevine & La Vina	14,205.48	52,132.58
Meeting Directories	0.00	411.09
Storage Unit Rent Expense	0.00	1,946.20
Total Literature Expense	<u>47,205.48</u>	<u>353,217.11</u>
Other Expense		
Accounting	1,000.00	1,100.00
Area Expenses - 5% PY Cont.	-295.53	33,108.15
Bank Charges	3.12	50.80
Insurance	0.00	1,525.00
NorCal Committee	122.66	3,958.19
NorCal IVSS Program	0.00	659.02
Office Supplies	0.00	21.93
Postage	0.00	652.58
Printing Costs	0.00	5,469.83
Processor Fees	590.53	3,967.29
Virtual Meeting Expense	67.96	324.80
Total Other Expense	<u>1,488.74</u>	<u>50,837.59</u>
Total Literature and Other Expense	<u>48,694.22</u>	<u>404,054.70</u>
Income Less Total Expense	4,445.88	(56,929.19)
Beginning Cash Balance	<u>290,046.12</u>	<u>351,421.19</u>
Ending Cash Balance	<u>294,492.00</u>	<u>294,492.00</u>
**Recommended Cash on Hand	307,708.44	
Cash in Bank	294,492.00	
Above or Below Recommendation	<u>(13,216.44)</u>	
**Recommended Cash on Hand = Prior year average monthly expense x 6. 2025 average monthly expense was \$51,284.74		
Literature Expense % Total Expense	87.4%	
Value of Lit on Hand =		

<u>CONTRIBUTIONS BY AREA</u>		
	<u>Jun 26</u>	<u>Jan - Jun 26</u>
02, Del Norte	272.18	720.63
03, Siskiyou	12.00	735.96
04, Humboldt	616.12	3,623.11
11/12, Modoc/Lassen	0.00	326.82
140, Spanish North Int	287.46	1,049.64
16, Shasta	1,983.50	12,322.25
160, Spanish N Coast	0.00	369.50
161, Spanish (Area) Santa Rosa	0.00	0.00
17, Tehama	129.00	813.18
170, Spanish S Coast	286.70	614.20
18, Trinity	0.00	0.00
180, Spanish Central Int	91.38	392.40
190, Spanish South Int	390.44	1,683.11
21, Mendocino	91.15	1,043.73
22, Sonoma	4,842.02	30,969.24
23, Lake	429.85	2,412.81
31, Butte/Glenn	911.86	8,336.35
32, Plumas	0.00	0.00
34, Placer	2,937.16	15,870.16
36, Sierra/Nevada	960.56	5,721.17
42, Sacramento/Yolo	5,355.75	25,396.17
43, El Dorado	776.33	4,925.61
44, Amador	140.52	1,188.98
45, Sutter/Colusa/Yuba	1,016.15	3,691.33
51, Napa	436.50	6,918.71
52, Contra Costa	3,855.00	23,471.28
53, Alameda	4,854.83	37,615.42
54, Solano	1,019.52	6,929.62
61, Marin	3,239.51	21,248.80
62, San Francisco	2,511.23	24,079.96
65, San Mateo	881.23	18,112.88
71, Santa Clara	7,154.15	28,292.55
72, Monterey	836.77	4,892.16
73, Santa Cruz	244.00	13,749.16
74, San Benito	352.27	1,279.65
81, Stanislaus	743.07	5,141.65
82, San Joaquin	986.67	4,177.37
83, Tuolumne	117.62	3,046.73
84, Calaveras	105.72	899.79
86, Merced	292.55	750.78
91, Mariposa/Madera	247.23	2,041.72
92, Fresno	2,257.81	16,271.26
93, Tulare	1,344.93	5,151.01
95, Kings	90.55	366.84
Out of the Area Contribution	0.00	336.00
Unidentified Contributor	38.81	145.82
Total	<u>53,140.10</u>	<u>347,125.51</u>

Please direct questions to the Treasurer at treasurernorcalhandi@gmail.com

**A.A. was founded on the principle
that it would be self-supported
through member contributions.**

For many years, \$2 in the basket has been almost a tradition.

**However,
\$2 doesn't go as far anymore.**

In 2010, \$2 could buy what \$3 buys today.
Prices in 2026 are nearly 50% higher than in 2010.



Coffee
\$3 or more



Soft Drink
about \$3



Small fast-food item
about \$3

Please help keep the doors open and
AA's lifesaving message available

**BY CONTRIBUTING
\$3 during 2026.**

This message was prepared by Dallas Intergroup and reflects local experience and costs.
It is not a publication of A.A. World Services or the A.A. General Service Office.

The Love & Service Group of AA

2275 Morello Ave, Pleasant Hill, CA 94523 USA

UPCOMING SUNDAY SPEAKERS

6:00-7:00 pm PDT
8:00-9:00 pm CDT
9:00-10:00 pm EDT



Sunday Night | 6:00PM PDT
Hybrid Speaker Meeting
In-Person or Online
[Link](#)

Zoom ID: 761 118 6101/
Password: LNS12tcnb

JULY	7/5/26	Irene N. from Richmond, CA
	7/12/26	Mike S. from Fairfield, CA
	7/19/26	Harold L. from St. Louis, MO
	7/26/26	Sharron A. from Depot Bay, OR (ASL & Chip)
AUGUST	8/2/26	Ron W. from Los Angeles, CA
	8/9/26	Katie H. from Fair Oaks, CA
	8/16/26	Quarterly HG birthday night, speakers tbd
	8/23/26	Bob R. from Oxnard Shores, CA (ASL & Chip)
	8/30/26	Bob M. from Sacramento, CA
SEPTEMBER	9/6/26	Jim H. from Sacramento, CA
	9/13/26	Unity Panel: Spanish District with Interpreter
	9/20/26	Kathy Y. from Pleasanton, CA
	9/27/26	Gemma B. from Los Angeles, CA (ASL & Chip)
OCTOBER	10/4/26	Love & Service Anniversary Night
	10/11/26	Jerome S. from Corona, CA
	10/18/26	Tiombe W. from Modesto, CA
	10/25/26	Rikki M. from Los Angeles, CA (ASL & Chip)
NOVEMBER	11/1/26	Billie B. from San Francisco, CA
	11/8/26	Nate R., from El Sobrante, CA
	11/22/26	Chitra S., from Napa, CA
	11/29/26	Steve B. from Pleasanton, CA (ASL & Chip)

LOVE & SERVICE THURSDAY - 7:00 - 8:00pm PDT

with a choice of formats :

In person: Newcomer, Big Book, Intro to Meditation

Hybrid: Steps, Traditions & Concepts - same link at Sunday.

7TH TRADITION



4th Sunday of every month:
ASL and Birthday Chip Meeting



Contact us for more information: speakers@loveandservicegroup.org



ALCOHOLICS ANONYMOUS

UNITY • SERVICE • RECOVERY

JOIN US ON
AUGUST 8, 2026



2:00 – 3:00 PM
**TRI-TIP SANDWICHES
AND DESSERT**
Fellowship & Food



3:00 – 5:00 PM
**AREA 7 DELEGATE
REPORT BACK**
Presentation & Sharing



EXETER VETERANS MEMORIAL BUILDING



324 N Kaweah Ave, Exeter, CA 93221



All AA members and friends are welcome!

TOGETHER WE STAY SOBER
TOGETHER WE CARRY THE MESSAGE



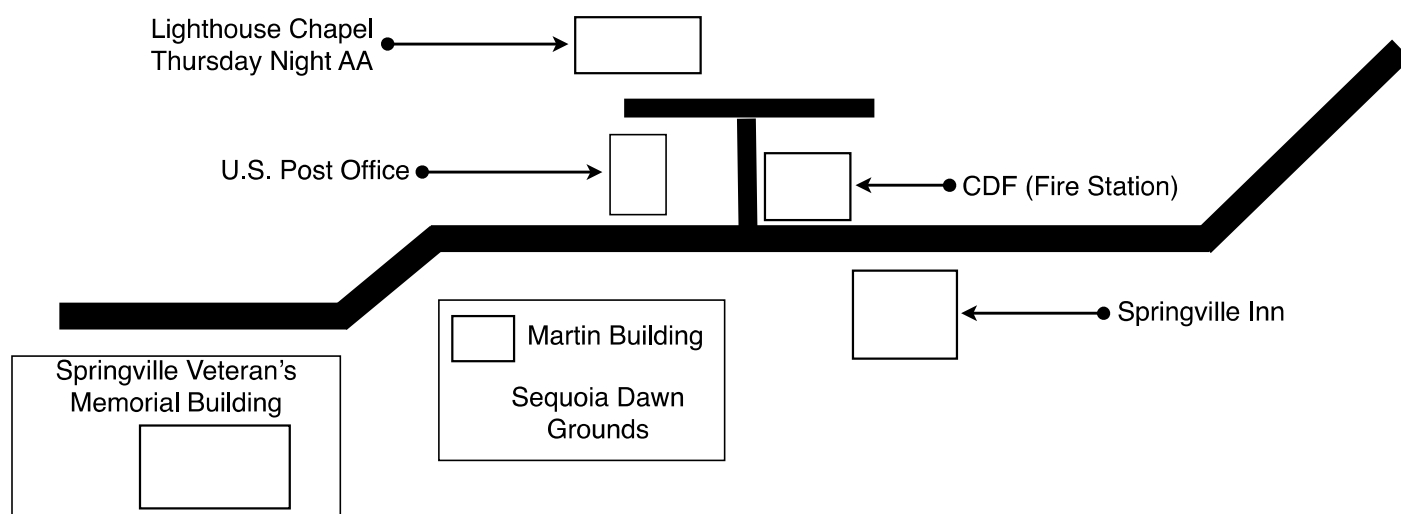
Sunday Speaker Breakfast

Sunday Morning, August 9, 2026

50 Yrs on the 2nd Sunday of the Month - Come Join Us!

Speaker: Armando M.
Santa Maria, CA

Special Sunday Speaker in Springville's Serenity



Springville Veterans Memorial Building
35944 Highway 190
Springville, California

For Information: Call 559-539-3814

- From Highway 99 at Tipton (south of Tulare) - Take Highway 190 turnoff toward the Sierras - 32 miles east to Springville
- From Highway 99 at Bakersfield - Take Highway 65 north 45 miles to Highway 190 - 17 miles east to Springville

8:00 AM

Coffee's Hot - Attitude Adjustment Time

8:30 - 9:45 AM

Breakfast Service (\$8.00)

10:15 AM

Meeting Starts (7th Tradition is honored)

10:30 - 10:45 AM

10 Minute Speaker - Main Speaker



59th Annual

Convention!

Join us for a full lineup of Speaker Meetings, Marathons, BBQ, Pancake Breakfast, 5K Run, Golf, Salsa and Bingo!
Register now at MyD22.org! Save \$5 by pre-registering!

Fantastic Speakers!

Golf Tournament!

Pancake Breakfast!

Salsa Dancing & Bingo!

**Jeff & Tom's
World Famous BBQ!**

5K Fun Run/Walk!

Sobriety Countdown!

FRIDAY, AUGUST 28TH

8:00 AM **Golf Tournament, Cypress Ridge** (register now)
5:00 PM Family Speaker Meeting Debbie S. and Guy S., Pismo Beach
8:00 PM Friday Night AA Speaker Kenna F., Pasadena, CA
9:30-ISH **Salsa Lessons & Dancing!**

SATURDAY, AUGUST 29TH

8:00 AM **Pancake Breakfast, by Pre-Sale Only!** (register now)
8:00 AM **5K Fun Run/Walk**
10:00 AM Al-Anon Speaker Meeting Donna M., Gilbert, AZ
12:00 PM Veterans AA Speaker John C., Dana Point, CA
12:00 PM AA Archives Presentation Don H., Sonora, CA
2:30 PM **Jeff & Tom's World Famous BBQ**
4:00 PM H & I AA Speaker Jocelyn H., Bakersfield, CA
5:30 PM Young People Speaker Mary S., San Antonio, TX
7:30 PM Greeting/Sobriety Countdown.. Craig A., Los Osos
8:00 PM Saturday Night AA Speaker Jennifer H-K., Plano, TX
9:30-ISH **Bingo Party!**

SUNDAY, AUGUST 30TH

10:00 AM Sunday Spiritual AA Speaker Terry M., Gilbert, AZ

**For more information, send email to info@MyD22.org
or call our message line at (805) 619-0462**

MyD22.org

**Order your shirts
by July 28!**

**Online registration
ends August 15!**



MBAR ♥ REGISTER NOW!

Monterey Bay Area Roundup



≧ SEPTEMBER 4-6, 2026 ≦

A.A. Al-Awarah
Author & Speaker

Keynote Inspirational Speakers

INCLUDED BUT NOT LIMITED TO

Madison B.
Break Columbia

Theresa F.
Van Dusen

Darren P.
Beck's Barber

Danny D.
Long Beach

Be present for the stories that remind us
how we got here and why we stay.



montereybayarearoundup.org

M

B

A

R



Monterey Bay Area Roundup

AA Conference with Al-Anon Participation

September 4th - 6th, 2026

Monterey Conference Center

1 Portola Plaza, Monterey, CA

To watch people recover, to see them help others, to watch loneliness vanish, to see a fellowship grow up about you, to have a host of friends—this is an experience you must not miss!

Featured AA, Al-Anon, and Alateen Speakers

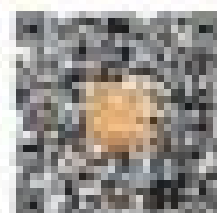
Al-Anon Rodger P, Wawona, CA

Al-Anon Christina L, Redding, CA | AA Donell T, Redding, CA

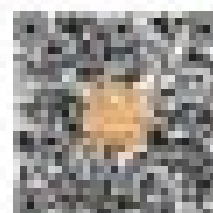
Alateen Panel Dzy, Santa Cruz, CA | Al-Anon Kalle, Santa Cruz, CA

Register for MBAR Today!!

www.montereybayarearoundup.org



English Website



Spanish Website

For more information, contact either event AMLAS:

Concetta C. concettac@cox.net OR Marge S. mst1953@gmail.com

Woman to Woman San Diego

Join us for our 52nd Conference



September 18th to September 20th, 2026

(Registration Opens at 3pm on Friday)

Conference for Recovering Alcoholic Women

Conference Includes:

Friday & Saturday Night Banquets, Dynamic Speakers, Topic Discussion Meeting, Waterfront Setting, Fun Activities, Group Walks, Hospitality Suite, Beautiful Accommodations, Pool & Hot Tub

CONFERENCE REGISTRATION

(Copy this form to register additional women)

Name _____ Phone # _____

Address _____ Sobriety Date: _____

City/Zip _____ Email: _____

Vegetarian: Yes No Want to be of Service: _____ Where: _____

Conference Registration Info

\$210 per Person (Before 9/5/26)

Add late fee of \$40 per person

Mail checks payable to:

Woman to Woman San Diego,
1401 Quail St., Suite #140 Newport
Beach CA. 92660

Registrations are transferable only.

Additional Information Call:

LA County—Pat L (714) 904-4428
Orange County—Jeanne H. (949) 433-4194
San Diego County—Linda R. (760) 815-0207
Riverside/San Bernadino—Annie A. (760) 519-6062

Website

www.womantowomansandiego.com

Email

womantowomansandiego@gmail.com

- No Children Allowed at the Banquets or Meetings

- * No Pets Allowed Except REGISTERED SERVICE ANIMALS

(If a registered service animal causes an allergic reaction or physical fear, the pet will be asked to be removed)



THE DANA
ON MISSION BAY

www.thedana.com

Hotel Registration—Call (800) 445-3339 and reference
Woman to Woman for Conference Pricing
Standard Room \$185 Bayview Room \$235
Premium Bayview Suite \$285 (All rooms subject to
availability) Reservations must be made by August 18, 2026

T-SHIRT PRE-ORDER FORM

SMALL TO 1X - \$25.00

2X & 3X - \$28.00

Size _____	Quantity _____	Amt \$ _____
Size _____	Quantity _____	Amt \$ _____
Size _____	Quantity _____	Amt \$ _____

T-Shirt total: \$ _____

Pre-ordered t-shirts will be printed on both sides and have Soberfest 2025 on them.

PRE-REGISTRATION FEES (3 days, 2 nights)

17 YRS UNDER.....	FREE
18 YRS & UP.....	\$40.00
Saturday only Day Pass.....	\$20.00

Pre-Registration fees include:

Friday Night Welcome Dinner, Marathon Meetings and Speaker Meetings

CAMPING FEES PER PERSON: (2 NIGHTS)

17 YRS & UNDER.....	FREE
18 YRS & UP.....	\$45.00

MEALS: (please circle)

FRI. NIGHT SUPPER.....	FREE
SAT & SUN BREAKFAST.....	donation
FRIDAY SUPPER: YES or NO	
BUSCUTS & GRAVY: YES or NO	

SAT NIGHT BBQ DINNER

17 YRS & UNDER.....	FREE
18 & UP.....	\$35.00
AL ANON LUNCHEON	
17 YRS & UNDER.....	FREE
18 & UP.....	\$20.00

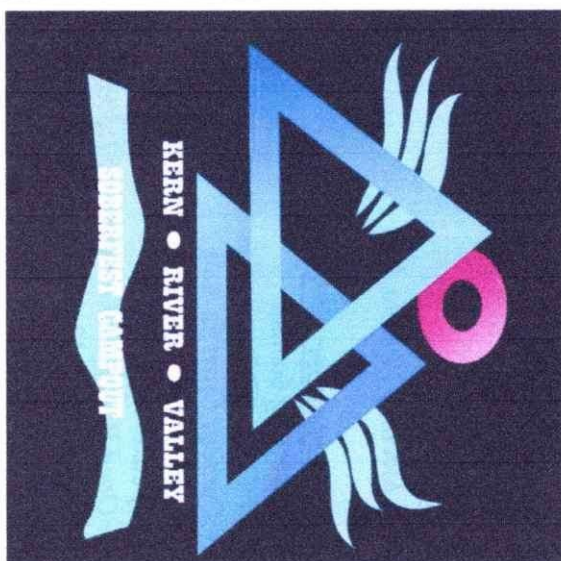
AT GATE FEES ARE \$5.00 MORE FOR REGISTRATION AND CAMPING

SOBERFEST 2026
PO BOX 3784
LAKE ISABELLA
CA, 93240

TULARE COUNTY AA CENTRAL OFFICE
449 E. MAPLE ST.,
EXETER, CA 93221



37th ANNUAL
KERN RIVER VALLEY
2026
SOBERFEST CAMPOUT



September 18th, 19th & 20th
Frandy Park Campground
Kernville, CA 93238

Recovery, Serenity, Fellowship, Unity
Clear Mountain Air,
On the Kern River

Guest Speakers * Dessert Auction and
Raffles * Marathon Meetings * Al-Anon
Luncheon * Quilt Raffle & 50/50 Drawings
* Canteen * T-shirt sales * Camp Store *
Hospitality Area

Friday, September 18th

Open at noon
Marathon Mtgs 12pm to 4pm-10pm to 1am
Canteen & Store open @ 1:30pm-4pm
Friday Dinner starts @ 4ish
Welcome & Dessert Auction @ 5:30pm- 6:30pm
AA Speaker @ 7pmish
NA Speaker @ 8pmish with sobriety countdown
TBA @ 9pmish
Kinda Quiet Time 10pm
Marathon Meeting 10pm to 1am

Saturday, September 19th

Coffee Brewing @ 6amish
Biscuits & Gravy @ 7am to 8amish
Store & Canteen Open @ 8am
Marathon Mtgs @ 6am to 4pm- 10pm to 1am
Al Anon Speaker @ 10:30 am
Al Anon Open Participation Meeting 11:30am
Al Anon Luncheon @ 12:30pm to 1:30pm (*pre-paid only-must present proof of payment*)
BBQ Dinner @ 4pmish (*pre-paid only-must present proof of payment*)
Dessert Auction-Raffle-Quilt Raffle-50 50
Drawing @ 5pm to 6:30pmish
NA Speaker @ 7pmish
AA Speaker @ 8pmish with sobriety countdown
TBA @ 9pmish
Kinda Quiet Time 10pm
Marathon Meeting 10pm to 1am

Sunday, September 20th

Coffee Brewing @ 6amish
Marathon Meetings 6am to 9am
Biscuits & Gravy @ 7am to 8amish
AA Speaker @ 10am
Check out by noon

**HELP WITH CLEAN UP IS
APPRECIATED!**

*Pack your gear
We'll see you There!*

**PLEASE BRING
YOUR EXPERIENCE,
STRENGTH, AND HOPE
ALONG WITH LAWN CHAIRS
AND FLASHLIGHTS**

**MAKE COPIES FOR YOUR
FRIENDS!**

**SPECIAL OPPORTUNITIES
FOR NEWCOMERS. CALL
FOR MORE INFO!!**

**Billy Bob @ 714-925-3579,
or e-mail**

krvsobrefestcampout@gmail.com

**\$100 DRAWING FOR
FIRST 100 PRE-
REGISTERED ALL-IN**

*Fur babies are allowed but
must always be leashed and
under owner's control.*

*Children (under 18) MUST
always be accompanied by a
responsible adult.*

**PRE-REGISTRATION FORMS MUST BE
RETURNED **B4 AUG 31ST** & text Billy**

Bob a copy of this form!!

SOBERFEST SEPT 18, 19, 20 PRE-REGISTRATION FORM

Name: _____

Name: _____

Name: _____

Name: _____

Name: _____

Phone #: _____

Mailing Address: _____

City: _____ St. _____

Zip: _____ Email: _____

_____ # ALL IN BEFORE 8/31 @ \$125 \$

_____ # Free ALL IN B4 8/31 (17 & Under)

_____ # Registrations @ \$40 (18 & Up) \$

_____ # Free Registrations (17 & Under)

_____ # Camping Fee @ \$45 \$

_____ # Free Camping (17 & Under)

_____ # Al Anon Luncheon @ \$20 \$

_____ # Free Al Anon Luncheon (17 & Under)

_____ # Sat Night Dinner @ \$35 \$

_____ # Free Sat Night Dinner (17 & Under)

_____ # T-Shirts Total

_____ # Single Day Passes \$20 \$

TOTAL ENCLOSED \$ _____

Prepay with Paypal on:

<http://kernrivervalleyalanoclub.com> or

send check or money order payable to:

KRV ALANO CLUB, INC.

PLEASE REFERENCE: "SOBERFEST"

ON CHECK MEMO

Mail to: KRV ALANO CLUB-SOBERFEST

P.O. Box 3784

Lake Isabella, CA

93240-2235



AN AA EVENT

PICNIC!

SEPTEMBER 19TH

9AM-2PM



**SPEAKER
MEETING**
SPEAKERS TBD



RAFFLE



50/50



BBQ



**PLEASE BRING
A SIDE**



**KIDS GAMES
AND MORE**

➤ **ROEDINGPARK, EUCALPTUS GROVE** ◀

890 W BELMONT AVE, FRESNO, CA 93728

*Fun for
Everyone!*

UNITY • SERVICE • RECOVERY

The Valley Speaker Series Presents

(with Al-Anon participation)

SOBERFEST

SATURDAY, SEPTEMBER 26, 2026

St. Paul's Church, 120 N. Hall, Visalia, CA



11:00 - 5:00: *Step Workshop**



11:00 - 5:00: *Al-Anon Speakers/Workshop**

(*Lunch available for sale \$5
or bring your own)



5:30 - 6:30: *Dinner & Fellowship*



7:00 - 8:30: *Speaker Meeting*

Zoom: 155 118 647

Password: **Visalia**

(with live transcript)

KEYNOTE SPEAKER

Duffy N.

of Los Angeles

SOBER

24 Days!

2 Months!

46 Years!

Dinner

\$25 (Presale)

\$30 At The Door

Newcomers!

Attend the full
workshop and
be our guests
for dinner!

Workshops/Speaker Meetings

OPEN & FREE!

FAMILY FRIENDLY EVENT!

Contacts:

Tina H - (559) 579-4270

Brad W - (559) 786-3636

Bill H - (559) 740-8613



ASL interpretation available,
please request via the contacts above.

AA Big Sur Campout 2026



WHEN: SEPTEMBER 24TH, 25TH, 26TH, 27TH

WHERE: PFEIFFER BIG SUR STATE PARK



!! WHEN and HOW to book sites !!

1. Create an account @ reservecalifornia.com

2. Know when you'd like to arrive and be ready to book for Pfeiffer Big Sur SP. Sites become available at 8am - exactly 6 months prior to the date and they go fast!

For example: if you'd like to arrive Thursday September 25th, the first day to start booking is Tuesday March 24th.

Helpful tip: if you have the funds and want to ensure certain spots, book on earlier dates and modify later for a \$8.25 modification charge. 2 modifications allowed per reservation. See reservecalifornia.com FAQs to learn more about the rolling window reservation system.

🌲 For more info on Pfeiffer Big Sur State Park Campground visit:

California State Parks (.gov)[https://www.parks.ca.gov/Pfeiffer Big Sur State Park](https://www.parks.ca.gov/Pfeiffer-Big-Sur-State-Park)

STAY CONNECTED!

🌟 Join the FB private group: Big Sur Camp Out



BE OF SERVICE!

🌟 Contact our Trail Master, Brianna, if you'd like to be of service with the meetings and fellowship activities.

🌟 Reach out also if you're willing to share SITES and or RIDES. Invite newcomers! Let's share the experience of the magical fellowship that happens in Big Sur!

For now, the priority is to book sites! Stay tuned for more information on the campout, directions, and other details that will come as we get closer to September.

In the meantime, please reach out with any questions!

In love and service, your Trail Master,

Brianna P.
949-606-5667



SAVE THE DATE

2026 PACIFIC REGIONAL FORUM

DECEMBER 4-6



Wyndham San Diego Bayside

1355 North Harbor Drive
San Diego, CA 92101



Registration opening:
Friday, October 2, 2026

Room Rate: \$219.00

Last Day for room rate: November 4, 2026

Link: <https://book.passkey.com/go/go/2026AAWS>

(Group Code AA022026SD)

(800)-996-3426 Mention **"Alcoholics Anonymous World Service Inc."**

WANT TO SPONSOR AN AA MEMBER IN PRISON?

IT'S EASIER THAN
YOU THINK!



YOUR ANONYMITY
IS PROTECTED!

There's a vital need for AA members from the outside to sponsor AA members in prisons.
In order to understand this need, all you need to ask yourself is:

Could I have gotten sober without the help of a sponsor?

If your answer is '*maybe not*', then you understand the vital need.

Inside members frequently tell our volunteers they're not comfortable sharing their deepest secrets with other alcoholics in prison due to the chance that the information may not remain confidential. The consequences of the wrong information being revealed on the inside can be catastrophic. This is why H&I pioneered our groundbreaking Inside Visiting Sponsorship Service (IVSS).

ANONYMOUSLY SPONSOR AN AA MEMBER IN PRISON FROM THE SECURITY & CONVENIENCE OF YOUR HOME

(Due to prison regulations, *meeting volunteers are ineligible to participate at the facility where they volunteer*)

The requirements for IVSS volunteers are:

- 1) Minimum five years' sobriety
 - 2) Solid sponsorship experience
 - 3) Knowledge & practice of AA's Steps & Traditions
 - 4) Willingness to anonymously text, receive phone calls and exchange letters.
- ~ We match same gender sponsors, but ANYONE can help us with recruiting efforts. ~

For more information: EMAIL US AT: HANDI.IVSS@GMAIL.COM

Sign up to volunteer here



!!TELL YOUR FRIENDS, TELL YOUR SPONSEES, TELL YOUR SPONSOR!!

I AM RESPONSIBLE

When anyone, anywhere, reaches out for help, I want the hand of AA always to be there.

And for that: I am responsible.

A service of the NorCal Hospital & Institution Committee (H&I)

COMIC OF THE MONTH



Until next time...✌️☐