Your Tulare County AA Central Office Newsletter October 2026

www.aa-tulareco.org
449 E.Maple Street
Exeter, CA 93221
(559) 592-6999
Volume 36 Issue 10

TRADITION 10

"AA has no opinion on outside issues, hence the AA name ought never to be drawn into public controversy".

One of my favorite Traditions, this makes the lines between AA and the outside world clearer than the lines between our personal lives and our membership in AA.

During Covid, the Traditions were used to support either side of the controversy of whether meetings should shut down or continue face to face. Members had their opinion and perception regarding the matter. Both sides insist they were right. It was sad to watch.

Tradition 10 reminds us that there need be no dispute or strong opposing views regarding matters outside the primary purpose of AA.

Tradition 10 is about wisdom. We learn when to speak wisely and when to be silent. Sometimes silence is the wiser choice.

What are outside issues? Anything from the outside world that creeps into meetings. Politics, religion, etc., or other organizational practices that affect the atmosphere of recovery in our meetings.

A loving Higher Power works through us when we let go of the need to hear our own voice and listen to the group's conscience instead.

We, as AA members, learn to turn away from public opinion and focus on our work.

As it says in the Big Book, "we are a group that would not normally mix".

Set aside your personal self and work for the good of AA.

In Service,

Cheryl H.

Step Ten - Continue to take personal inventory, and when we are wrong, properly admit it.

When I think about step ten, I think of the word "maintenance." Step ten is helping me maintain my program. It is keeping my side of the street, which was cleaned by the previous steps, clear. If you are at step ten, you have already done the heavy lifting. Steps one through seven put your spirit, mind, and heart in the right place to honestly do the heavy lifting in steps eight and nine. With that complete, your side of the street is clean, and you can move forward. That is where step ten comes in.

However, we must remain vigilant with step ten. You see, your higher power decides which ones and when; your defects of character are removed, so some may linger in the background, as they sometimes do with me, and that makes step ten a challenge. That is why we must remain aware through our continued personal inventories to look for thoughts of Resentment, Fear, Selfishness, dishonesty, or jealousy, which, our books say, are some of an alcoholic's worst enemies, for they will try to find a way back into our hearts and minds. This is just another example of why our AA members say this program is simple, but they don't say it's easy.

That challenge showed up for me because I was focused, like many others, on the back half of step ten, which says, "when we are wrong, promptly admit it." At times I struggle with that, particularly with people I think wronged me. We, alcoholics, love that victim role. They were rude, they were inconsiderate, or disrespectful; why should I admit any wrong? I was not focused on what I did to cause the resentment.

But as I grew in my relationship with a GOD of my understanding, I discovered I hadn't put as much effort into the first half of step ten, which says "Continued to take personal inventory." Once I did that, I discovered, like most alcoholics do after getting sober, that the problem was me, not the rest of the world.

So what does this continued personal inventory look like? Well, for me, it's step ten rolling into step eleven. I guess that's why it is suggested that we do these steps in order. It's quiet time with a cup of coffee almost every morning, centered on the daily reflections, the Serenity Prayer, the nine-step promises, and our twelve principles: honesty, hope, faith, courage, integrity, willingness, humility, love, discipline, patience, awareness, and service.

Our twelfth Step says we are to "practice these principles in all our affairs". Again, showing these steps are in order for a reason. If I take a few minutes in my morning to inventory myself and ask my Higher Power for guidance in executing these principles and practices, I am then spiritually fit to start my day. Then, when I am wrong, which happens more often than I would like. Promptly admitting it comes much more naturally.

Reference Big Book PG 83, P. 1, L. 8-11. Asking each morning in meditation that our Creator show us the way of patience, tolerance, and love. The spiritual life is not a theory; we have to live it.

Robert Camargo.

Serenity Prayer

God, grant me the serenity
to accept the things I cannot change,
the courage to change the things I can,
and the wisdom to know the difference.

CENTRAL SERVICE MEETING

Central Office & Central Service Representatives Meeting

Date:
September 8, 2026

Meeting Called to Order:
6:00 P.M.

Board Members Present

John W
Bear
Mike P-absent
Ally A

Opening Readings

CSR Preamble:

We are the Central Service Representatives.
We are the link in the chain of communication for our groups
with the Tulare County Central Office.
We realize the ultimate authority is a loving God
as he may express Himself in our Group Conscience.
As trusted servants,
our job is to bring information to our groups
in order that they can reach an informed group conscience.
In passing along this group conscience,
we are helping to maintain the unity and strength so vital to our fellowship.
Let us,
therefore,
Have the patience and tolerance to listen while others share,
The courage to speak up when we have something to share,
And
The wisdom to do what is right for our group and A.A. as a whole

Read by
Ally A

12 Traditions:

Read by
John W

Previous Minutes

No corrections… Cheryl motion for approval, Charlie second all in favor

Board Meeting Report

John

Elections will be this December we have 4 openings to fill, nominations in November 2 years sober …

We continue to plan for the new years event

Treasurer and Office Report

For the period from July 21st thru August 20th, 2026 Central Office had an income of $4,053.22 and expenses of $3,801.64 for a gain of $251.58 for this accounting period. So grateful to be above our prudent reserve!
This office is totally self-supported through your contributions so thank you for all you do!

Birthday Club:
We had 1 grateful member contribute $23.00 to Central Office Birthday Club to celebrate their sobriety! Thank you and happy birthday!
Please remember to announce the Birthday Club to your groups,
it's a great way to support the area that helps you stay sober! The cut off date for the Newsletter mention is the
20th of the month, the 17th if it is an electronic transfer.

Group contributions:
12 groups contributed to Central Office this accounting period for a total of $1,553.56!
I am so grateful to add 2 new groups to the Group Contributions report having received their 1st contribution for the year! It will reflect in next accounting periods reports. Any contribution from your group reflects better then no contribution at all. It's not a competition; it's a contribution!

Grateful Giver Club contributions:
4 anonymous grateful alcoholics donated through our Grateful Givers Club totaling $135.36

Individual contributions:
We had 3 individual alcoholics generously donate to our office for the amount of $465.00. Thank you!

Thank you for helping us meet our monthly expenses that help us share our AA message of recovery.
Grateful to be working with people that promote unity of the fellowship and for taking the time to explain to our
newcomers about AA service opportunities, and why AA groups need to have business meetings regularly. This office is a reflection of you and all you do to keep us financially stable!
Please continue informing members about this office and the services we provide. We are better when we work together! We truly are grateful for your support! We are nothing without YOU!
Thank you!
Carol Ann Gable
Office Manager

PI/CPC Report

No report

STEP Newsletter Volunteers

Issue	Step	Member	Due Date
October	Step 10	Robert	September 21, 2026
Novembe r	Step 11	John W	October 21, 2026

Submit articles to:
centralintergroupnews@gmail.com

TRADITION Newsletter Volunteers

Issue	Tradition	Member	Due Date
October	Tradition 10	Cheryl H	September 21, 2026
Novemb er	Tradition 11	CSR's request	October 21, 2026

Submit articles to:
centralintergroupnews@gmail.com

Newsletter Report

Submitted by Charley

Everything went smoothly, we now have an increased bandwidth to support our capacity. We have some clarifications to support the newsletter and additional articles. We appreciate the enthusiasm in sharing your sobriety hope. Lots of upcoming events included in our newsletter.

Website Report David G

Website Report – September 2026
2026-08-11 through 2026-09-08
First column dates are the date the entry was added to WordPress

New Announcements:

2026-08-26: Soberfest today (Zoom meeting info)
(Scheduled for 2026-09-26 at 9:00 AM)

2026-08-24: Friday Freedom Fellowship Birthday meeting will be this Friday

2026-09-01: Soberfest 2026 Planning Meeting time change

2026-08-11: It's that time of year! The 1st New Year's Eve event planning committee meeting will be tonight at 5 pm!

New and updated calendar events:

2026-08-16: 2026 Pacific Regional Forum
2026-12-04 12:00 PM - 2026-12-06 12:00 PM
2026-09-01: District 47 General Service Representative (GSR) Meeting
2026-09-01 7:00 PM - 8:00 PM
2026-09-01: Soberfest 2026 Planning Meeting
2026-09-09 6:00 PM - 6:50 PM
2026-09-16 6:00 PM - 6:50 PM
2026-09-03: Monthly CSR Meeting
2026-09-08 6:00 PM - 7:00 PM
2026-08-31: Central Office Closed for the Holiday
2027-03-31 8:00 AM - 5:00 PM
2027-06-18 8:00 AM - 5:00 PM
2027-09-06 8:00 AM - 5:00 PM
2027-12-24 8:00 AM - 5:00 PM
2026-09-05: New Year's Eve event planning meeting
2026-09-08 5:00 PM - 6:00 PM
Thank you for letting me be of service,
David G of Visalia

H&I Report

The only purpose of the Northern California Hospital and Institution Committee is to carry the message of AA to alcoholics in corrections and treatment facilities and facilities serving alcoholics in Northern CA. Locally, we continue to carry the message of AA to 8 treatment facilities, Tulare County Jail, Corcoran, SATF and Avenal Prisons providing AA literature upon request.

We are always looking for AA members who are interested in going into facilities and bringing an AA meeting. There is a large need for volunteers who would like to go into Correctional facilities along with Women who have Thursday's open and are willing to participate with us at two women's facilities. Please share this information with your groups and send any interested AA members to our next orientation which will be held September 12, 2026; 9:00 am at 526 N. Bridge Street, Visalia. This is followed at 10:00 am by our Business Meeting. The Business Meeting is a great opportunity to hear an overview of all the facilities we serve and service opportunities. We will be planning our volunteer appreciation event and gearing up for the Area Chair rotation in November.

On the back of the report, I have included the NorCal Quarterly News Brief. This provides an overview of everything going on at the NorCal Committee level to share with your group. This report and the Financial Report are available at www.aa-tulareco.org on the H&I page and at www.handinorcal.org. Please continue to pass the pink can at your meetings as we continue in **Neutral** Financial position. If your group does not have a pink can, please send an email to our local committee at handiarea93@gmail.com or pick one up at the Central Office. Please pass the pink can after the 7th Tradition basket to not detract from the 7th Tradition.

In Service,

Joyce R., Area 93 Chair

BTG (Bridging the Gap) Report

Submitted by Mike P.

No Report

GSO Liaison Report

Submitted by Robert C.

New upcoming conferences… the latest one will be in Fresno NCCAA October 9-11

Mostly speakers and fellowship. The expenses Expenses for our local GSR began with $3173. Expenses $575. Balance $2778.

Three proposals that are still up for discussion, one is possibly off the table on how the delegates can change the big book. One option is that is can't be changed at all. They are looking at proposal 1 & 2.

Our delegate Michael Casas is looking for an alternate Dcm he is looking to slide out of that position… but begin with an alternate. The EVERYTHING AA app was not part of AA, however was purchased by AA. There will be a few adjustments. All of the Joe & Charlie tapes will be eliminated on that app.

CSR Group Reports

Springville Monday Night Book Study Group – Bill E., CSR

We are the Springeville Monday night book study, we meet every Monday night at 7pm at the Springeville Light House Chapel. We are currently reading the Big Book with great discussions. We have about 10 regular members and serve coffee.

Springville Thursday Night Gut Level – Cheryl H., CSR

We have a new secretary Marci M. I'm filling in until the August business meeting.. At the business meeting, a new secretary will be elected. The meeting as well attended by newcomers and seasoned AA members. The group is concerned with the happenings and service groups/entities. Several of members stay informed and relay that info to the group. Birthdays are celebrated the last Thursday of the month with dinner at the local Mexican restaurant then the meeting convenes with cake and coffee good times and service Cheryl H.

AA Noon Meetings at the 12 Step Recovery Club – Cheryl H., CSR

The AA meetings are held from noon to 1 PM Monday through Friday. The Friday meeting is a book study currently studying the AA big book. The group is not in a hurry to read each paragraph is discussed. We are currently reading Bill's story. The meetings are open and all are welcome in service Cheryl H.

Friends of Bill W. and Dr. Bob – Charley., CSR

We are an open group of men and women joined together in recovery. Our meeting is a 90 minute meeting each Tuesday from 7:00-8:30pm in Tulare at St. Johns Episcopal Church at the corner of Prosperity and Laspina. Annual anniversaries of sobriety are celebrated the first Tuesday of each month for all that occurred the previous month with cake and ice cream.

Tuesday Women's Changes – Cheryl H., CSR

Women's open meeting held Tuesdays from 6:00–7:00 P.M. at the Recovery Club in Porterville 186 S D Street . Uses a topic-stick format. Sobriety birthdays are celebrated with a potluck on the last Tuesday of each month.

Saturday Night Believers – Vicki B., CSR

Closed AA meeting held Saturdays from 7:00–8:00 P.M. at Trinity Lutheran Church in Porterville 764 W Henderson . Chips are distributed for sobriety milestones and birthdays are celebrated monthly with cake. We have a new secretary Shirley O.

Women's Tuesday Night Amity Group – Ally A., CSR

Closed women's meeting held Tuesdays from 6:30–7:30 P.M. at Trinity Church in Visalia. Infants up to three months old are welcome. Attendance averages approximately 20-30 women. We celebrate sobriety milestones the last Tuesday of the month. We love for you to join!

Porterville Wednesday Open Inclusive – Marcie M., CSR

Open meeting held Wednesdays from 6:00–7:00 P.M. at Lutheran Church in Porterville. Attendance averages 15–20 members. Birthday celebrations are held monthly.

Second Sunday Speaker Springville Breakfast Meeting – Marcie M., CSR

2nd Sunday of the month! Held monthly at the Veterans Memorial Building in Springville. Attendance averages 50–60 people. We have some amazing speakers. $8.00 Breakfast begins at 8:30 A.M. and the meeting starts at 10:15 A.M. usually over approximately 12:00.. 50/50 raffle. Good food, Great fellowship 6-7 people per table.

Friday Freedom Fellowship – Robert., CSR

Closed meeting held Fridays at 7:00 P.M. at Christ Lutheran Church in Visalia. Attendance ranges from 20–40 people. We circle around and there are approx 30-40 people in attendance. Chips and birthday celebrations are part of the meeting format on the last Friday of the month.

Bridge Street - Robert., CSR

Noon meeting is going great… The primary purpose meeting is activity looking for a new location as the group has grown tremendously. Discussion re court cards & signing to be signed at the end of the meeting. There are 22 meetings held at this location. We now have a new GSR.

Civic Center Group – David G., CSR

Open meeting held Tuesdays from 7:00–8:15 P.M. at Christ Lutheran Church in Visalia. Justin is our secretary. This is now a 75 minute meeting. Chairs are now one big circle! Business meetings are held on the third Tuesday of each month. Cupcakes on the last Tuesday of the month.

Keep It Simple Sunday – David G., CSR

Outdoor meeting held Sundays from 10:00–11:30 A.M. at Blain Park in Visalia. Pet friendly. Attendance averages around 15 people.

Exeter Sunday Afternoon Group – Christine., CSR

Open discussion meeting held Sundays at 2:30 P.M. Attendance continues to grow. Chips and anniversary celebrations are held monthly.

Clodbusters – Jerry., CSR

Open meeting held Wednesdays from 12:00–1:00 P.M. at Tulare Community Church Activity Center. The group welcomes more women attendees.

Prospecting for Nuggets – Jerry S., CSR

Open meeting held Sundays from 7:00–8:30 P.M. at St. John's Episcopal Church in Tulare. The group welcomes additional participation.

Serenity Junction – Jerry S., CSR

Open meeting held Mondays at 7:00 P.M. at St. John's Church in Tulare. Monthly birthday celebrations include cake and ice cream.

Mid Valley Group-Jerry S., CSR

The Mid Valley meeting is held Saturday at 2pm It is a chip meeting and celebrates birthdays on the last Saturday of the month with cake and ice cream. We just elected a new secretary, Come join us!

Friends of Bill W – John W., CSR

We have a lively group & good attendance that meets at the Quaker Church at the end of Mineral King about a mile east of the Farmersville exit on 198. We had a packed meeting room last Saturday night, we celebrate sobriety with monthly chips at every meeting and annual chips at the end of the month. Please visit us on Saturdays at 5:30pm.

Kings County District 49– Bear., CSR

Many Kings County groups are now including Central Office in their contribution splits. We have numbers events that will be reflected on the events calendar.

Saturday Morning Women's 12x12 – Jerri T., CSR

Weekly meeting held Saturdays from 9:00–10:00 A.M. at Christ Lutheran Church 3830 W Tulare Ave. Attendance averages 30–40 women. The meeting studies the 12 & 12 and hosts an "Ask-It Basket" as well as including "Sponsorship Basket Pamphlet" on the last Saturday of the month. We do allow children below three years old. Birthday celebrations the last Saturday of the month.

Monday Night Men's Stag – Johnny O., CSR

Men's stag meeting held Mondays from 7:30–9:00 P.M. Attendance averages 30–40 people. Sponsorship and coffee are available. At the end of the meeting we ask that members willing to sponsor to stand. Great place to look for a sponsor

Quiet Trails-Anthony B., CSR

Tuesday evening 7:30-8:30 getting newcomers just about every week. We have about 15/20 attending our Tuesday meeting our meeting is growing. Giving out chips birthdays/celebrate anniversary's both men and women share. We have great interaction between the newcomers and the old timers. Coffee and candy are served. Day Reflections is how we starts. Our main talk is on daily reflections.

Rainbow Meeting Dean., CSR

Old Business

CSR members were reminded to inform their groups that elections will be held in December. Groups without a CSR are encouraged to elect one. We received new AA pens

New Business

New Years planning committee David G chair,,, proposed theme to be "Reach for the Stars"… please come to planning to help with the event second Tuesday of each month, we continue to grow as a committee however can still use more help.

Seventh Tradition

Collected: $48.00

Announcements

Please continue announcing the Board Elections will be held December 2026 qty 4 openings
Second Tuesday of each month at 5pm will be the New Years planning meetings.

Meeting Adjourned

7:15 P.M.

Responsibility Statement

Recited by all.
Respectfully submitted,

Ally Ayres
Board Secretary

Individual, Newsletter, Memorial & Birthday Club Contributions
8/21/2026 thru 9/20/2026

Birthday Club

$1 for every year of sobriety!

John W	**Tulare**	**40.00**
Hal W	**Lemon Cove**	**39.00**
Glenda V	**Porterville**	**14.00**
Mitch K	**Visalia**	**12.00**
Wayne K	**Visalia**	**6.00**

Total Club Contributions $111.00

Congratulations on your sobriety!

Newsletter Contributions
None
Memorial Contribution
None
Grateful Giver's Club (You know who you are!)
Members $60.00

Individual Contributions
Bob T Visalia
Mike W Porterville

THANK YOU!!!

AA BIRTHDAYS

Oct-26

Carol J	Woodlake	63	
Linda D	Visalia	54	
Susan S	Visalia	51	
Oly S	Visalia	47	
Jerry D	Tipton	45	10/29/1981
Bill H	Tulare	44	10/30/1982
Richard W	Tulare	44	10/20/1982
Ruben F	Corcoran	44	10/18/1982
Albert M	Tulare	42	10/1/1984
Diane L	Tulare	42	10/18/1985
Jodi B	Visalia	40	
Terry C	Strathmore	40	10/10/1986
Andy C	Exeter	39	10/5/1987
Kay B	Tulare	39	
Marjorie Mc	Visalia	39	
Bill L BBB	Dinuba	39	
Mary C	Three Rivers	38	10/4/1988
Nancy B	Visalia	38	
Ron B	Visalia	38	
Jerri T	Visalia	38	10/7/1988
David B	Visalia	37	10/2/1989
Gary H	Visalia	37	
Gil C	Visalia	36	
Jack H	Visalia	36	
LGK	Visalia	36	
Caryl E	Visalia	36	10/20/1990
Sharon B	Visalia	35	10/30/1991
Elizabeth M	Visalia	35	
Tanya R	Visalia	35	
Greg M	Tulare	34	
Diana R	Hanford	33	10/24/1993
Kathy H	Visalia	33	10/31/1993
Linda J	Pixley	31	10/18/1995
Marge M	Woodlake	30	10/31/1996
Debbie J	Visalia	30	
Eileen F	Visalia	30	10/7/1996
Emma T	Visalia	28	10/1/1998
Brian R	Visalia	28	10/5/1998
Melody F	Exeter	27	10/23/1999
Donna K	Porterville	27	10/21/1999
Jan P	Visalia	25	10/1/2001
Eddie J	Porterville	22	10/20/2004
John W	Visalia	22	10/25/2004
Shelly	Visalia	21	10/14/2005
Teddy B	Visalia	19	10/6/2007

UNITY SERVICE AA RECOVERY

Lucretia D	Porterville	18	10/16/2008
Craig W	Visalia	17	10/31/2009
Tiffany J	Porterville	16	10/13/2010
Veronica H	Springville	14	10/22/2012
Christine C	Springville	14	10/28/2012
Nora B	Visalia	13	10/3/2013
Patty R	Porterville	9	10/8/2017
Laura H	Visalia	8	10/31/2018
Robin T	Lemon Cove	5	
Joe C	Tulare	4	10/22/2022
Eddie M	Visalia	3	10/23/2023

Group Contributions 8/21/2026 Thru 9/20/2026

	Month	YTD
1st Friday Speaker Meeting	$ -	$ 20.00
10th Ave Men's Stag	$ -	$ 426.50
210 Atitude Modification	$ 50.00	$ 639.00
50-50 Group Porterville	$ -	$ 100.00
AA Women's Saturday AM Meeting	$ -	$ 686.31
Bridge Street Drunks Only	$ -	$ 1,304.08
Central California Roundup	$ -	$ 800.00
Civic Center Group	$ -	$ 248.50
Crossroads-Tulare	$ 250.00	$ 1,250.00
CSO Meeting	$ 48.00	$ 379.00
Everyday is Christmas	$ -	$ 300.00
Exeter Sunday Afternoon Group	$ 80.00	$ 80.00
Fresno Village Group	$ -	$ 1,250.00
Friends of Bill W	$ -	$ 200.00
Friends of Bill W & Dr Bob	$ -	$ 304.00
Friday Freedom Fellowship	$ -	$ 250.00
Gem St Noon Book Study	$ -	$ 50.00
GSO District 47	$ -	$ 600.00
Keep it Simple Sunday Group	$ -	$ 473.22
Mid Valley Group	$ -	$ 238.00
Monday Book Study Springville	$ 50.00	$ 225.00
Monday Men's Stag PPAV Hall	$ 200.00	$ 1,600.00
Monday Men's Valley Book Study Group	$ -	$ 200.00
Monday Womens Reflections Group	$ -	$ 162.25
Noon Rovers-Hanford	$ -	$ 328.16
Nooner Groups-Visalia Alano Club	$ 250.00	$ 500.00
Porterville Friday Night Study Group	$ -	$ 23.00
Porterville Tuesday Men's Stag	$ -	$ 123.51
Porterville 12 Step Club Nooner Groups	$ 4.00	$ 4.00
Prospecting for Nuggets	$ -	$ 450.00
Practicing the Principles	$ -	$ 100.00
Quiet Trails Group	$ 100.00	$ 900.00
Rule 62 Hanford	$ -	$ 70.33
Rule 62 Visalia	$ -	$ 410.00
Springville Breakfast Meeting	$ -	$ 150.00
Springville Gut Level	$ -	$ 125.00
Three Rivers Group Monday Night	$ -	$ 280.00
Tuesday Women Amity Group	$ -	$ 702.50
Unity Through Traditions	$ -	$ 100.00
Valley Group	$ 825.00	$ 825.00
Wed Acceptance Group Porterville	$ -	$ 275.00
Women in Unity Luncheon	$ -	$ 1,200.00
Women's Changes Group	$ -	$ 100.00
Totals	**$ 1,857.00**	**$ 18,452.36**

TULARE COUNTY CENTRAL OFFICE
Income & Expense Statement
8/21/2026 **to** 9/20/2026

INCOME	**MONTH**	**YEAR TO DATE**
B.Day Club	$111.00	$1,808.72
Grateful Givers Club	$60.00	$3,192.80
Group Cont.	$1,857.00	$18,452.36
Indiv Cont	$65.00	$2,393.00
Lit. Sales	$660.14	$5,839.51
Memorial Cont.	$-	
Misc.	$-	
Newsletter Contribution	$-	
S & H	$-	
Sales Tax	$50.44	$749.40
Service Charge	$20.26	$129.21
Spec Events-New Year's Eve	$-	$6,427.34
Spec. Events-Picnic	$-	$7,130.02
Spec. Items	$399.05	$4,792.34
State fund dividend	$100.00	$175.00
State Fund Refund	$-	
TOTAL	**$3,322.89**	**$51,089.70**

EXPENSES	**MONTH**	**YEAR TO DATE**
Fees-Taxes	$-	$70.00
Insurance	$-	$449.00
Lit. Costs	$736.09	$5,091.31
Misc Expense	$-	
Newsletter Cost	$-	
Non Employee Comp.	$300.00	$1,200.00
Office Exp	$182.38	$1,677.88
Office Equip.& Maint	$-	$120.00
Paypal charges	$-	$6.48
Payroll Taxes	$-	$6,176.66
Phone & ISP	$110.08	$612.28
PI-CPC Expense	$-	$705.28
Postage	$-	$164.52
Returned Check & Chg	$-	
Rent	$685.00	$6,165.00
Salary	$2,158.08	$14,678.03
Sales Tax-Paid	$-	$968.00
Spec. Events-picnic	$-	$3,396.54
Spec. Events-New Year	$400.00	$1,877.82
Spec. Items	$959.57	$4,069.34
Square Card Charges	$21.88	$126.31
Utilities	$94.59	$864.07
venmo fees	$2.20	$47.81
Venmo-phone	$20.00	$180.00
Website	$7.00	$63.00
Worker's Comp Ins.	$-	$559.14
TOTAL	**$5,676.87**	**49,268.47**

Net Gain	**-2,353.98**	**1,821.23**	
BEGINNING ACCOUNT BALANCES AS OF 8/20/2026:			**$23,608.99**
ENDING ACCOUNT BALANCES AS OF 9/20/2026			**$21,255.01**
Established Prudent Reserve			**$19,000.00**
		Above prudent reserve	**$2,255.01**

Central Office Contacts
Aug 21st thru Sept 20th 2026

AA Members	49
Alanon & Alateen Info	1
Bridging the Gap	0
Churches and Schools	0
Court Referral/Info	0
E-Mail Contacts	1965
General Info	10
H & I	0
Literature Sales	6
Meeting Information	9
Other 12 Step Programs	5
Prospective Members	5
Public Information	4
Schedules & Info Mailed	0
Spanish Contacts	3
Specialty Sales	9
Twelve Step Calls	0
Visitors to the Office	4
Voice Mail Calls	11
Website	4016
Total Central Office Contacts	**6097**

Service Meeting & Service Addresses
October 2026

Service Meetings

GSR Meeting at Central Office
449 E. Maple St., Exeter, CA
Tuesday, October 6th 2026 at 7:00 PM

Bridging the Gap meeting at Central Office
449 E Maple St Exeter, CA
To be announced

CSR Meeting at Central Office
449 E. Maple St., Exeter, CA
Tuesday, October 13th 2026 at 6 pm

H&I Meeting (**odd months only**) in person at
526 N Bridge St (no Zoom)
2nd Saturday 9:00, Orientation,
Business meeting 10:00

New Year's Eve event 1st Planning Meeting
449 E Maple St
Exeter, CA 93221
October 13th 2026 5pm

Send contribution to:

Tulare County Central Office
449 E. Maple St.
Exeter, CA 93221
https://aa-tulareco.org/donation

AA General Service Board
P.O. Box 2407
James A Farley Station
New York, New York 10116-2407
http://contribution.aa.org

District 47
P.O. Box 273
Exeter, CA 93221

CNIA Treasurer
PO Box 161712
Sacramento, CA 95816-1712

H&I-Contributions
P.O. Box 192490
San Francisco, CA 94119-2490

SERVICE ADDRESS

Tulare County Central Office
449 E. Maple St.
Exeter, CA 93221
(559) 592-6999
(559) 901-3512 text phone
Email: tccof@hotmail.com
Website: www.aa-tulareco.org
Hours: Mon-Fri 9:00am to 1:00pm
Closed Bank holidays

District 47, CNIA
Meeting Minutes
Date: Sept 1, 2026

This is a hybrid business meeting with participants attending in-person and on Zoom from various locations, including the Central Office in Exeter

Meeting called to order: 7:05 PM by District Committee Member (DCM) Mike C.

Committee member present:
Mike C -DCM
Allen L. D47 Treasurer
Patrick P. GSR Mid-Valley Group
James W. GSR Bridge St. Drunks Group
Gary B. GSR Springville Gut-level Group
Robert C. GSR Freedom Friday Fellowship Group
Mike W. GSE Unity Through Traditions Group

The GSR Preamble: Read by Mike C.

12 Tradition: Read by Gary B.

Concept 5: Read by Allen L

Approval of Minutes: 1st: Allen L 2nd: James W.

Treasurer Report: Report by Allen L

Beginning Balance: $ 3173.30

INCOME

Date	Description	Amount
8-6-26	Friday Freedom Fellowship	$25.00
8-16-26	Unspent Delegate Report	$116.70
8-18-26	Sprgville Book Study	$30.00

Total Income: $ 171.70

Expenses

8-6-26 -Delegate Report $300.00
8-6-26 -Exeter Veterans Memorial Building $75.00
8-8-26 -ACM Claudio Barron / Travel, Delegate Report $200.00

Total Expense: $ 575.00
Ending Balance: $ 2770.00

Approval of Treasurer Report: 1st: Patrick P. 2nd: James W.

CSO Liaison: N/A Registrar: N/A

H&I Liaison: Erica D. Reports

H&I report September 2026,

The only purpose of the Northern California Hospital and Institution Committee is to carry the
message of AA to alcoholics in corrections and treatment facilities and facilities serving alcoholics in Northern CA. In Tulare, we continue to carry the message of AA monthly to 8
different treatment facilities by bringing 14 AA meetings monthly to these facilities. We bring 6
to 8 AA meetings in Spanish and English monthly to the Tulare County Jail. Our volunteers
attend the AA meetings being held at Avenal, Corcoran, and SATF Prisons as often as possible.
AA literature is provided upon request at our meetings.
We are always in need of volunteers for IVSS and the prisons. If you are interested in IVSS you can email HANDI.IVSS@GMAIL.COM. IVSS sponsors must have 5 years of sobriety and
experience sponsoring. An informational flyer is available on aa-tulareco.org. Volunteers for
prisons should have 2 years of in sobriety and previous H&I experience. I recently attended the
July Norcal H&I commitee meeting. We talked about taking meetings to SLE's (sober Livings) we
talked about the definition of "confined" and who we are serving in H&I. Sometimes confined
can mean financially.
We ended March in Neutral financial position. We continue to encourage all meetings to pass the pink can and have treasurer's send in the money regularly. If your group does not have
a pink can, please send an email to our local committee at handiarea93@gmail.com . We will
make sure to get you one. NorCal financial reports are available at www.aa-tulareco.org on the
H&I page and on www.handinorcal.org under finances tab. The Treasurer email address is on
the bottom of the financial report in the event you or your group have any questions or concerns. Please send any interested AA members to our next orientation which will be held:
9:00 am followed by business meeting at 10:00 am on July 11, 2026, at 526 N. Bridge Street, Visalia, CA
In Love and Service

Erica D
DCM Report: Mike C. Reports

Assembly Reports:

Mini PRAASA D17-The flier is ready for the meeting facility and hotel registrations for people to make reservations, the committee has security guards as well. Registrations are now open see flier

Pre Conference D29-Committee is meeting to evaluate the facility and get ready for the conference looking for Post Conference D56-Preparing for the committee to begin looking for location.

Liaison Reports

H&I-No report

NCCAA-Fresno conference Oct 9-11 and registration is now open and booking for hotel rooms. Looking for a new chair as the current chair is on medical leave.

YPAA-young people event in Chico at Double Tree Hotel November 7-8

Appointed Chair and Officer Reports;

Accessibilities-Working on making a check list for assemblies for people with accessibility need.

Archives-Attended 4 AA history meeting and spending plan meeting. Attended a webinar with a member who was sponsored by Dr Bob.

Alternate Archives-Working on establishing WIFI for the archive s location. Attending the meeting in Weed, CA will be tabling for archives.

AV Tech-Working with Treasurer to make the spending more available to people to attend more meetings online

Bridging the Gap- reaching out to young people and recovery services and expanding the outreach to more facilities.

Literature- submitted order for more literature before the Fall Assembly

Technology-Attended a conference and discussed a new software called sobriety works and it is inexpensive to use in the Area. Looking to back fill the webmaster for the Area and update the website.

Officer Reports

Alternate Delegate-Serves on many committees and has already registered for the mini-PRASSA Assembly. Attending the D9 Unity Day in August.

Chair-Has been working on how to best use our time at ACM meetings and see how we can add various new topics.

Alternate Chair-Working with groups on discussing how to conduct Area inventory

Treasurer-The current treasurer report that is posted in this month s accents is not the correct one. It s from June not July. Wants groups to include group ID and District 3 on the group contributions.

Secretary-dropped the ball on getting the Accents printed before the meeting. She did not send out the monthly DCM link for submitting reports

Registrar- reports are very long and if anyone has questions, please follow up with Debbie

Old Business/Discussion:

BTG/Accessibilities/PI/CPC funding to NCCAA in October Motion: CNIA Area 07 make a budget amendment to allocate $1,200 to fund three committee representatives, Accessibilities, Bridging the Gap, PI/CPC, to attend the NCCAA conference in Fresno on October 9 through 11, 2026- There was no discussion on exactly would be taught and learned during the meeting for those attending and many of the DCM are not in favor for amending the budget and approving the funds for three appointed chairs to attend the meeting. Treasurer said that if we do one budget amendment then how many more times will we do budget amendments throughout the year. **Motion failed**

Proposed Agenda Item-There was a lot of discussion that groups are not clear on PAI items 1 and 3. Some of the groups do not support PAI 1 and want more time to discuss before the Area votes to support. The members who wrote the PAI are welcome to submit their PAI to AAWS. Without Area 7 support. **There was no motion to move to support**

PAI 3 has been withdrawn from submission

CSR Update:

Robert C. - CSR meeting does not want anyone reporting out to GSR meeting. What is the appropriate relationship between AA & Al-Anon?

GSR Updates:

Patrick P. GSR for Mid-Valley Grp. Sat. 2pm -Good Attend, Voted to support PAI 1,2,3.
James W. GSR for Bridge St, -James was voted in as New GSR, Voted PAI 1,2
Gary B. GSR for Springville Gut-level Group- Lively discussion about ACM Claudio's visit. Group agreed removing of the offensive word was the correct action, but not the process.
Robert C, GSR for Friday Freedom Fellowship group-Good discussion about Claudio's visit. Voted PAI 1
Mike W. Unity through Traditions Group- The Group will support the consensus of District 47.

Old Business:
CNIA 7 PAI's
Discuss Spending plan @ group level

New Business:
Alternate DCM needed -Please ask at the group level

ANNOUNCEMENTS:

- **AA birthdays this month**:

Mini PRAASA Oct 16-18, 2026 Woodland CA (Sacramento area)

RESPONSIBILITY DECLARATION: I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible.

Speaker Meetings for October 2026

Porterville Recovery Club Speaker Meeting
186 W. Walnut Ave.
Friday October 2nd at 8:00 PM
Speakers: Roger C and Joseph

Sunday AM Breakfast, Speaker Meeting
Veterans Memorial Building
36000 Hwy 190, Springville
October 11th, 2026
(Breakfast at 8:30 to 9:45 AM)
Speaker: Jennifer S from **Fresno**

The Valley Group, Speaker Meeting
St. Paul's Episcopal Church
120 N. Hall St. Visalia, CA 93291
Every Wednesday from 7-8 pm.
Speakers for Oct-TBA

Civic Center Group
Christ Lutheran Church
3830 W Tulare Ave, Visalia
Birthday speaker meeting
Last Tuesday of the month

Sunday PM Serenity Seekers Valley Group
Sunday 7:30-9 pm.
St. Paul's Episcopal Church
120 N. Hall St. Visalia, CA 93291
Speakers for October
October 4 - Tyson B of Visalia, with 1 year, 7 months, and 16 days continuously sober!
October 11 - Kimberlee H of Hanford, with 2 years, 9 months, and 8 days continuously sober!
October 18 - Richie S of Fresno, with 2 years, 7 months, and 24 days continuously sober!
October 25 - Anita B of Lemoore, with 37 years, 7 months, and 17 days continuously sober!

NCCAA
77th Annual
Fall Conference

Northern California Council of Alcoholics Anonymous

"Carrying the Message" Since 1947!

Fresno, CA

DoubleTree by Hilton

2233 Ventura St, Fresno, CA 93721

October 9, 10 & 11, 2026

Friday October 9, 2026	Saturday October 10, 2026	Sunday October 11, 2026
2:00 PM Registration Opens 5:00 PM Long Timer's Panel 8:00 PM Open Speaker Meeting	8:00 AM – Steering Committee 11:00 AM – NCCAA Delegates 8:00 PM Open Speaker Meeting	8:00 AM Meditation Meeting 10:00 AM Open Speaker Meeting
Sheldon F. **Las Vegas, NV**	**Todd J.** **Idyllwild, CA** YP SPEAKER	**Olis S.** **Oakland, CA**
Additional program information on back of flyer		

Al-Anon and Spanish Speakers & Participation
Area Updates – Marathon Meetings
Saturday Night Dance
Free Drawing
Sunday Morning Meditation Meeting

Scan for Registration

Visit NCCAA website for more information on how to be of Service to NCCAA.

NCCAA Website
norcalaa.org

PRE-REGISTRATION CUT OFF DATE IS SEPTEMBER 26, 2026
CONFERENCE RATE FOR HOTEL CUT OFF DATE IS SEPTEMBER 24, 2026

PRE-REGISTRATION - $35.00 (per person) - AT THE CONFERENCE - $40.00

VISIT OUR WEBSITE AT --http://www.norcalaa.org

The following hotel is offering Conference rates for those attending the 77th Annual NCCAA Spring Conference October 9, 10, 11, 2026 in Fresno, CA. To ensure a reservation at conference rate call prior to September 24th, 2026. The phone number is listed below, mention that you are with ***NCCAA*** to obtain the conference rate. We have a strong room requirement for this Conference and per the NCCAA Steering Committee, we will only list the host hotel.

CONFERENCE RATE FOR HOTEL CUT OFF DATE IS SEPTEMBER 24, 2026

Host Hotel	King Bed	2 Queen Beds	Amenities
DoubleTree by Hilton **2233 Ventura St.** **Fresno, CA 93721** **Phone: 1-559-268-1000** Ask for *NCCAA Fall Conference* Rate **Link to Hotel Booking**	**$182.00** + Tax & Fees	**$182.00** + Tax & Fees	Outdoor/Indoor Pool, Jacuzzi Fitness Center On Site Restaurant Free Wi-Fi Free Overnight Parking $10 Daily Garage Parking

Program Highlights

Friday	**2:00 PM**	**Registration Opens**
	3:00 PM	**Marathon Meeting Begin**
	5:00 PM	**Long Timer's Panel**
	8:00 PM Friday Night Speaker Meeting	**Sheldon F. from Las Vegas, NV**
Saturday	**9:00 AM**	**Registration & Marathon Meetings Resume**
	9:30 AM	**Hospital & Institution Panel**
	11:00 AM	**NCCAA Delegates Meeting**
	1:00 PM	**Area 06 & 07 Update**
	3:00 PM	**Host Committee Panel**
	8:00 PM Saturday Night Speaker Meeting	**Todd J. from Idyllwild, CA**
	10:00 PM	**Dance**
Sunday	**8:00 AM**	**Meditation Meeting**
	10:00 AM Sunday Morning Speaker	**Olis S. from Oakland, CA**
Friday & Saturday	**Al-Anon and Spanish Programs and Speakers**	

Pre-Register for Conference online at norcalaa.org

PRE-REGISTRATION - $35.00 (per person) - AT THE CONFERENCE - $40.00

Please print neatly in the form below for pre-registration. Pre-registration cutoff date is September 26, 2026

Name	AA	Al-Anon
City	State	
Home Group		
Name	AA	Al-Anon
City	State	
Home Group		
Email:		
Would You like to volunteer at the conference? Yes ☐ No ☐	**Do you need ASL translation? Yes ☐**	
You can sponsor a newcomer by enclosing an extra $35.00 to "Sponsor a Newcomer". ☐ Or you may contribute any amount to the "Newcomer Fund" by writing your preferred amount here: $_____.		
Total Amount Included: _____		

Please remit with payment to: NCCAA Treasurer, PO Box 277214, Sacramento, CA 95827

On-line pre-registration for conference is available at http://www.norcalaa.org

Sunday Speaker Breakfast

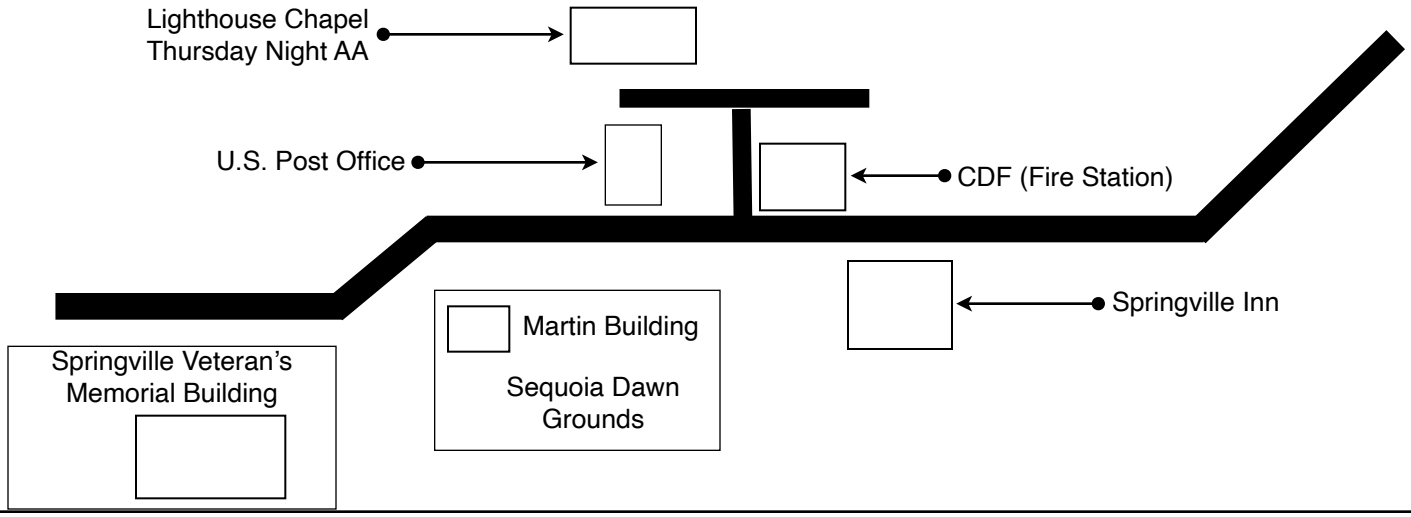
Sunday Morning, October 11, 2026

50 Yrs on the 2nd Sunday of the Month - Come Join Us!

Speaker: Jennifer S.

Fresno, CA

Special Sunday Speaker in Springville's Serenity



Springville Veterans Memorial Building
35944 Highway 190
Springville, California

For Information: Call 559-539-3814

- **From Highway 99 at Tipton (south of Tulare) - Take Highway 190 turnoff toward the Sierras - 32 miles east to Springville**
- **From Highway 99 at Bakersfield - Take Highway 65 north 45 miles to Highway 190 - 17 miles east to Springville**

8:00 AM	**Coffee's Hot - Attitude Adjustment Time**
8:30 - 9:45 AM	**Breakfast Service ($8.00)**
10:15 AM	**Meeting Starts (7th Tradition is honored)**
10:30 - 10:45 AM	**10 Minute Speaker - Main Speaker**

Comics of the month!

(I am a bit indecisive at the moment, so here are four!)

"And on my third day of sobriety...."

Until next time...✌☐