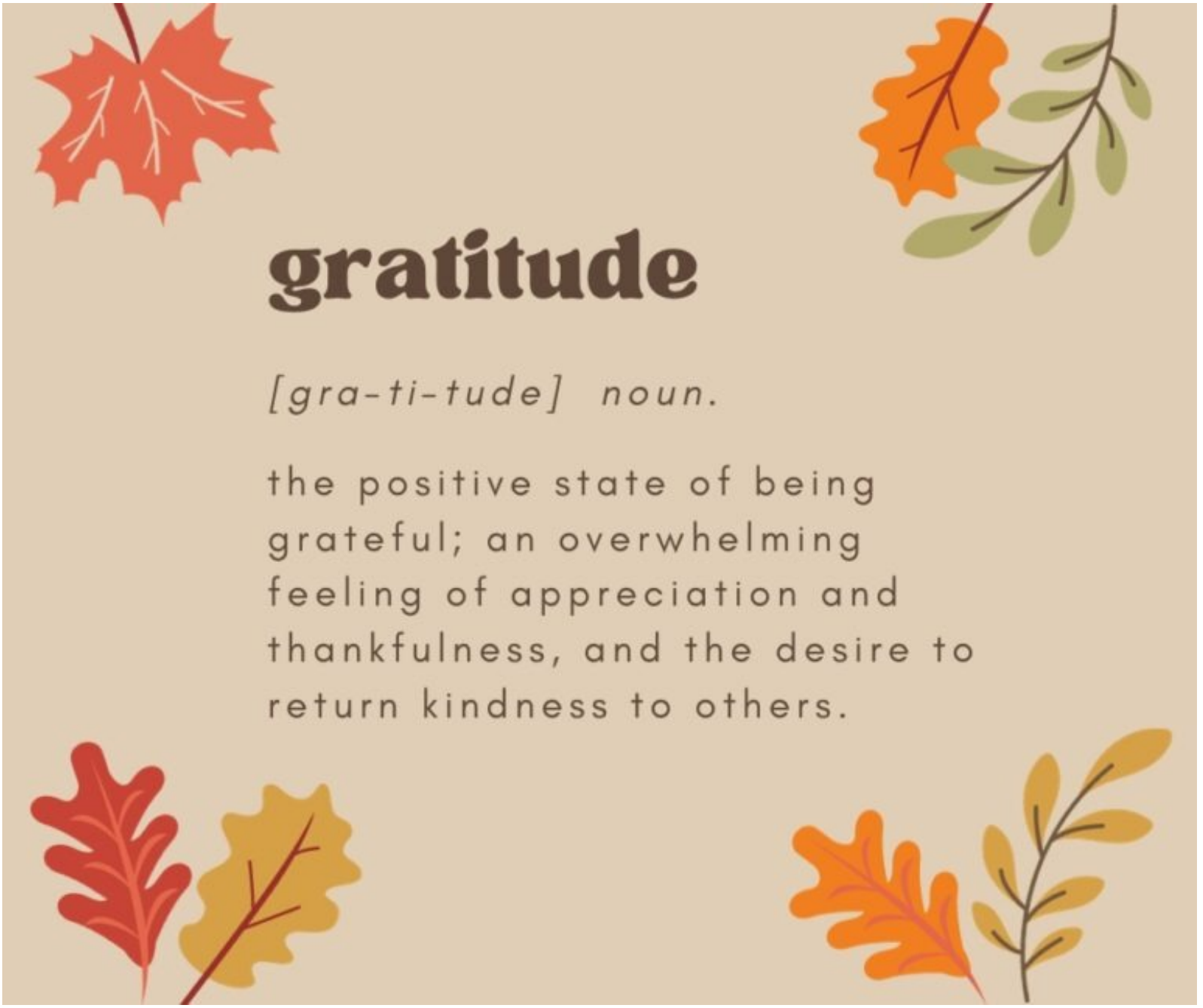
Tulare County AA Central Office Newsletter November 2026



449 E. Maple Street
Exeter, CA 93221
559-592-6999
www.aa-tulareco.org

Step Eleven – Sought through prayer and meditation to improve our conscious contact with God, as we understood him, praying only for knowledge of his will for us and the power to carry that out.

In this short write-up I'm just going to try and describe what my personal experience has been with Step 11. It has allowed me a better understanding of the concept of spirituality and its' attractive qualities. For me, I can be in a good spiritual condition if I'm praying in the morning and before getting into bed at night. Then I feel whole. I feel connected, not bulletproof, but more or less as if I'm in a brotherhood with God and he's got my back. I don't say this as John's Theory on Spirituality but from my personal experience. In times when emotional strain has borne down on me, sometimes with what can be described as an unbearable weight (in my head), I can opt for a change in my outlook through prayer and meditation. Even though it might sound kind of corny, sometimes I'll ask God (or my parents up in heaven) for "an assist". And things just seem to work out fine. All the worry in my head of a bad encounter with someone almost never seems to happen. But if I do encounter that person, and I'm in a good spiritual condition by doing Step 11 on a daily basis, things STILL seem to work out. We use our God given intuition to handle situations which used to baffle us. And then once again we are aware of that higher power IN our lives. Giving us the ability to walk through the toughest situations with grace. And it's all due to having a conscious contact with a higher power, improved with prayer and meditation.

So that's my impression of how this step has worked for me over the years. There are two more things that I'd like to add which have been beneficial to my understanding of Step 11 and the benefits it can give. A big change came over my life when I started seeking to IMPROVE my conscious contact with God as I understand him. I didn't even consider myself a candidate for something like that with all the bad things I'd done in my drinking career. But the word improve implies that there existed a consciousness already, it just had to be improved upon. What a relief it was when I realized that.
And lastly I'd like to give a shout out to 'that intuitive thought' which has shown itself quite often in this alcoholics jouney in sobriety. Just having the ability to not react or say something that could cause a tight situation to become a shouting match or even worse is a gift. And the alcoholic in recovery can have this change in behavior with prayer and meditation and contact with a higher power by working this wonderful step.
JW



Tradition Eleven

Alcoholics Anonymous is a fellowship known universally for its success among hopeless alcoholics. You would be in a strange place indeed if no one around you recognized our name. How did this happen? Was it through extensive advertising, promotions, rallies, newspaper articles, or congregational acclaim? None of that! Our renown is solely due to the examples of recovery among families, churches, and friends of those miraculously rescued from the jaws of confinement,insanity or death due to alcoholism. Therefore no need exists to extend our acclaim with any such media. Yes, I said media. The internet has entered the list of outlets we avoid.

It's not to say that we are trying to keep our program a secret nor are we trying tprotect our "formula". The word gets out without my testimony. "Alcoholics Anonymous is the wrong place to make a name for myself" as my sponsor planted in my mind. I must not proclaim my own success, but remain an example of the gift.



AA Traditions Checklist: Questions for Tradition 7

1. Honestly now, do I do all I can to help AA (my group, my central office, my GSO) remain self-supporting? Could I put a little more into the basket on behalf of the new person who can't afford it yet? How generous was I when drunk in a barroom?

2. How do I (or my group) support our International Journals of Alcoholics Anonymous, Grapevine and La Viña?

3. If GSO runs short of funds some year, wouldn't it be OK to let the government subsidize AA groups in hospitals and prisons?

4. Is it more important for a group to get a big AA collection from a few people, or a smaller collection in which more members participate?

5. Is a group treasurer's report unimportant AA business? How does the treasurer feel about it?

6. Does my group have a "prudent reserve"? If yes, do I know what that amount is?

7. If a family member, work colleague or close friend who is not an AA member wants to make a financial contribution to my group, should the group accept it? What if my group is short on funds?

Other Questions to Consider

• How much did you typically contribute to your meetings in a regular week? A month?

• Do(es) your group(s) split (i.e., percentages) the Seventh Tradition contributions to distribute to A.A. service entities? If so, how?

• Have you considered splitting your typical monthly Seventh Tradition contributions with a percentage distribution – in addition to the group –to the local community, District, Area, our Intergroup Central Office(s), and our General Service Office (GSO) or Board (GSB).

Consider an Individual Monthly Contribution Amount

Example: $10-20/week

• If you attend 5 meetings a week, contribute:

o $10/week = $6/week to your home group, and $1/week to 4 other meetings OR

o $20/week = $12-2-2-2-2 or so

• Then, that weekly contribution of $10/week comes to

o About $40/month = $480

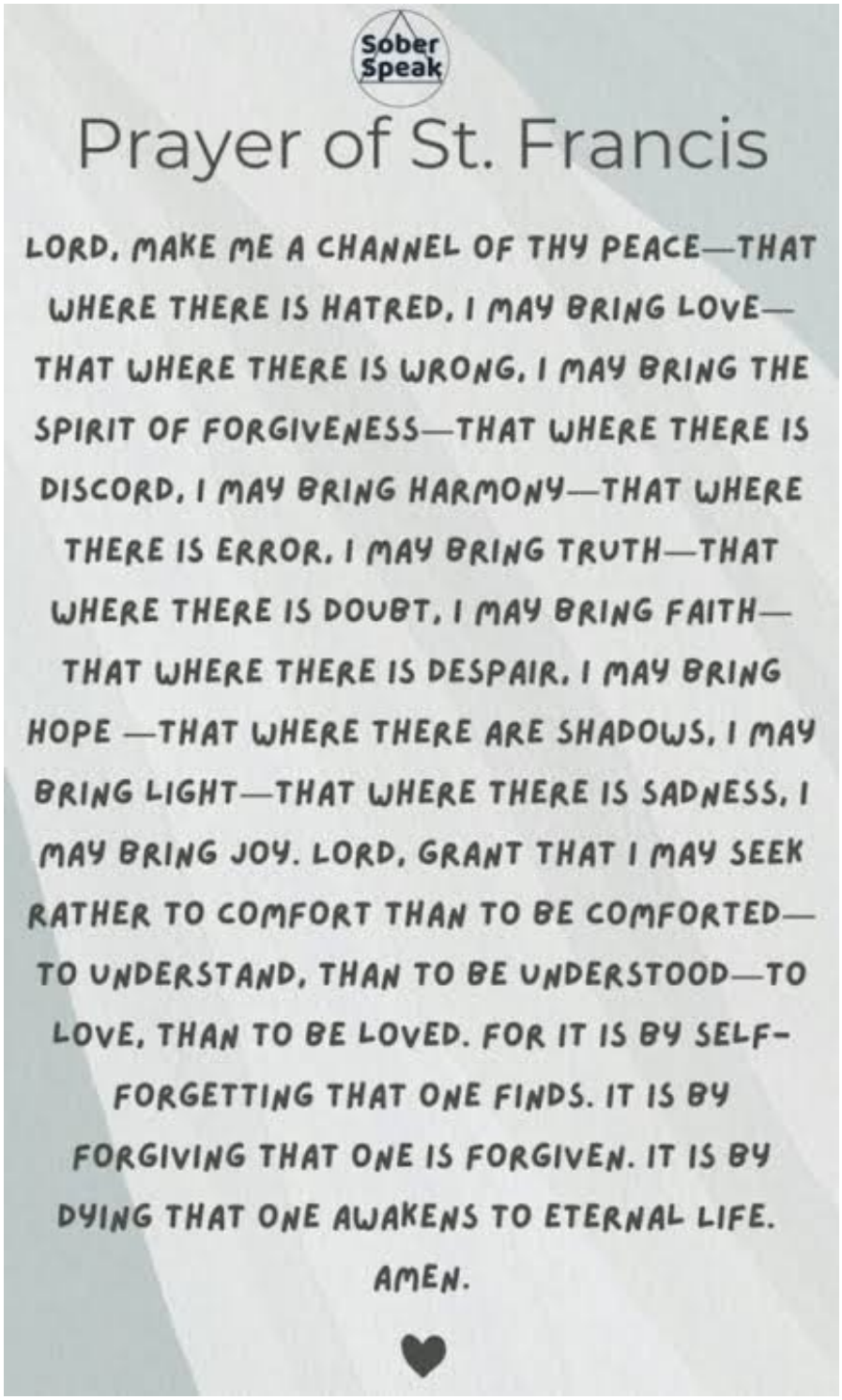
o $10 x 52 weeks = $520 (which is a little higher …divided by 12 months = $43.33/month)

• You can leave it at $40, go with $43.33, or round up to $45, or whatever, just determine a monthly amount!

Example: $50 monthly

• 50% to Central Office = $25 – 30% to General Service Office = $15 – 10% to your District = $5 – 10% to your Area = $5

Let’s continue to carry the message of Alcoholics Anonymous beyond our individual reach! Please consider making an individual contribution to one or all of our service entities.



Individual, Newsletter, Memorial & Birthday Club Contributions
9/21/2026 thru 10/20/2026

Birthday Club



PLEASE ANNOUNCE THE CLUB AS A GREAT WAY TO SUPPORT THIS OFFICE!

Total Club Contributions $0

Congratulations on your sobriety!

Newsletter Contributions
None
Memorial Contribution
None
Grateful Giver's Club (You know who you are!)
Members $135.55

Individual Contributions

Bob T	Visalia
Mike W	Porterville
Shannon S	Porterville



BIRTHDAY CLUB

THIS IS A GREAT WAY TO SHOW YOUR GRATITUDE FOR YOUR SOBRIETY AND ALSO HELP CARRY THE MESSAGE OF RECOVERY.

You can contribute $1, $5, $10 or some have even contributed $100 for each year of sobriety!

Contribute before the month of your anniversary sobriety date and we will publish your first name and last initial, city and years of sobriety in our monthly newsletter, see your accomplishment in your monthly Newsletter!

IT'S REALLY SIMPLE AND
WOULD HELP YOUR CENTRAL OFFICE
TREMENDOUSLY.



Go to AA-Tulareco.org to contribute

CENTRAL SERVICE MEETING

Central Office & Central Service Representatives Meeting

Date:
October 13, 2026

Meeting Called to Order:
6:00 P.M.

Board Members Present

John absent with notice
Bear
Mike P
Ally A

Opening Readings

CSR Preamble:

We are the Central Service Representatives.
We are the link in the chain of communication for our groups
with the Tulare County Central Office.
We realize the ultimate authority is a loving God
as he may express Himself in our Group Conscience.
As trusted servants,
our job is to bring information to our groups
in order that they can reach an informed group conscience.
In passing along this group conscience,
we are helping to maintain the unity and strength so vital to our fellowship.
Let us,
therefore,
Have the patience and tolerance to listen while others share,
The courage to speak up when we have something to share,
And
The wisdom to do what is right for our group and A.A. as a whole

Read by
Robert

12 Traditions:

Read by Mike P

Previous Minutes

No corrections… Paul motion for approval, second all in favor

Board Meeting Report

Bear

NEW YEARS EVENT HAS BEEN CANCELLED

We did not receive enough a support to fulfill the event.

Elections will be this December we have 5 openings to fill, nominations in November 2 years sober …

We continue to plan for the new years event

Treasurer and Office Report

For the period from August 21st thru Sept 20th, 2026 Central Office had an income of $3,322.89 and expenses of
$5,676.87 for a LOSS of $2,353.89 for this accounting period. So grateful to be above our prudent reserve for now! We have some bill bills coming up, quarterly P/R taxes! We are still ahead
This office is totally self-supported through your contributions so thank you for all you do!
Birthday Club: We had 5 grateful members celebrate their sobriety birthday by contributing a total of $111.00 to Central Office Birthday Club! Thank you and happy birthday!
Please remember to announce the Birthday
Club to your groups, it's a great way to support the area that helps you stay sober! The cut off date for the Newsletter mention is the 20th of the month, the 17th if it is an electronic transfer.
Group contributions: 10 groups contributed to Central Office this accounting period for a total of $1857.00!
I am so grateful to add 3 new groups to the Group Contributions report having received their 1st contribution for the year! Any contribution from your group reflects better then no contribution at all. It's not a competition; it's a contribution!
Grateful Giver Club contributions: 2 anonymous grateful alcoholics donated through our Grateful Givers Club totaling $60.
Individual contributions: $65.00. Thank you!
We had 2 individual alcoholics generously donate to our office for the amount of
Thank you for helping us meet our monthly expenses that help us share our AA message of recovery. Grateful to be working with people that promote unity of the fellowship and for taking the time to explain to our
newcomers about AA service opportunities, and why AA groups need to have business meetings regularly. This office is a reflection of you and all you do to keep us financially stable!
Please continue informing members about this office and the services we provide. We are better when we work together! We truly are grateful for your support! We are nothing without YOU!
Thank you!

TULARE COUNTY CENTRAL OFFICE
Income & Expense Statement
9/21/2026 **to** 10/20/2026

INCOME	**MONTH**	**YEAR TO DATE**
B.Day Club	$-	$1,808.72
Grateful Givers Club	$135.55	$3,328.35
Group Cont.	$1,344.60	$19,796.96
Indiv Cont	$465.00	$2,858.00
Lit. Sales	$495.70	$6,335.21
Memorial Cont.	$-	
Misc.	$-	
Newsletter Contribution	$-	
S & H	$-	
Sales Tax	$91.78	$841.18
Service Charge	$7.91	$137.12
Spec Events-New Year's Eve	$-	$6,427.34
Spec. Events-Picnic	$-	$7,130.02
Spec. Items	$551.81	$5,344.15
State fund dividend	$-	$175.00
State Fund Refund	$-	
TOTAL	**$3,092.35**	**$54,182.05**

EXPENSES	**MONTH**	**YEAR TO DATE**
Fees-Taxes	$-	$70.00
Insurance	$-	$449.00
Lit. Costs	$532.04	$5,623.35
Misc Expense	$-	
Newsletter Cost	$-	
Non Employee Comp.	$75.00	$1,275.00
Office Exp	$-	$1,677.88
Office Equip.& Maint	$75.88	$195.88
Paypal charges	$-	$6.48
Payroll Taxes	$1,782.95	$7,959.61
Phone & ISP	$110.24	$722.52
PI-CPC Expense	$-	$705.28
Postage	$-	$164.52
Returned Check & Chg	$-	
Rent	$685.00	$6,850.00
Salary	$1,438.72	$16,116.75
Sales Tax-Paid	$-	$968.00
Spec. Events-picnic	$-	$3,396.54
Spec. Events-New Year	$-	$1,877.82
Spec. Items	$67.00	$4,136.34
Square Card Charges	$5.06	$131.37
Utilities	$35.11	$899.18
venmo fees	$8.43	$56.24
Venmo-phone	$-	$180.00
Website	$111.75	$174.75
Worker's Comp Ins.	$-	$559.14
TOTAL	**$4,927.18**	**54,195.65**

Net Gain	**-1,834.83**	**(13.60)**	
BEGINNING ACCOUNT BALANCES AS OF 9/20/2026:			**$21,255.01**
ENDING ACCOUNT BALANCES AS OF 10/20/2026			**$19,420.18**
Established Prudent Reserve			**$19,000.00**
		Above prudent reserve	**$420.18**

Group Contributions 9/21/2026 Thru 10/20/2026

	Month	YTD
1st Friday Speaker Meeting	$ -	$ 20.00
10th Ave Men's Stag	$ -	$ 426.50
210 Atitude Modification	$ 40.00	$ 679.00
50-50 Group Porterville	$ -	$ 100.00
AA Women's Saturday AM Meeting	$ -	$ 686.31
Bridge Street Drunks Only	$ -	$ 1,304.08
Central California Roundup	$ -	$ 800.00
Civic Center Group	$ -	$ 248.50
Clodbusters	$ 419.55	$ 419.55
Crossroads-Tulare		$ 1,250.00
CSO Meeting	$ 19.00	$ 398.00
Everyday is Christmas	$ -	$ 300.00
Exeter Sunday Afternoon Group	$ -	$ 80.00
Fresno Village Group	$ -	$ 1,250.00
Friends of Bill W	$ -	$ 200.00
Friends of Bill W & Dr Bob	$ -	$ 304.00
Friday Freedom Fellowship	$ -	$ 250.00
Gem St Noon Book Study	$ -	$ 50.00
GSO District 47	$ -	$ 600.00
Keep it Simple Sunday Group	$ -	$ 473.22
Mid Valley Group	$ -	$ 238.00
Monday Book Study Springville	$ 75.00	$ 300.00
Monday Men's Stag PPAV Hall	$ -	$ 1,600.00
Monday Men's Valley Book Study Group	$ -	$ 200.00
Monday Womens Reflections Group	$ -	$ 162.25
Noon Rovers-Hanford	$ 157.05	$ 485.21
Nooner Groups-Visalia Alano Club	$ -	$ 500.00
Porterville Friday Night Study Group	$ -	$ 23.00
Porterville Tuesday Men's Stag	$ -	$ 123.51
Porterville 12 Step Club Nooner Groups	$ -	$ 4.00
Prospecting for Nuggets	$ -	$ 450.00
Practicing the Principles	$ -	$ 100.00
Quiet Trails Group	$ 100.00	$ 1,000.00
Rainbow Group	$ 334.00	$ 334.00
Rule 62 Hanford	$ -	$ 70.33
Rule 62 Visalia	$ -	$ 410.00
Springville Breakfast Meeting	$ -	$ 150.00
Springville Gut Level	$ -	$ 125.00
Three Rivers Group Monday Night	$ -	$ 280.00
Tuesday Women Amity Group	$ -	$ 702.50
Unity Through Traditions	$ -	$ 100.00
Valley Group	$ -	$ 825.00
Wed Acceptance Group Porterville	$ 150.00	$ 425.00
Women in Unity Luncheon	$ -	$ 1,200.00
Women's Changes Group	$ 50.00	$ 150.00
Totals	**$ 1,344.60**	**$ 19,796.96**



Central Office Contacts
Sept 21st thru Oct 20th 2026

AA Members	56
Alanon & Alateen Info	0
Bridging the Gap	0
Churches and Schools	0
Court Referral/Info	0
E-Mail Contacts	1195
General Info	5
H & I	0
Literature Sales	9
Meeting Information	6
Other 12 Step Programs	1
Prospective Members	2
Public Information	0
Schedules & Info Mailed	0
Spanish Contacts	2
Specialty Sales	12
Twelve Step Calls	0
Visitors to the Office	10
Voice Mail Calls	4
Website	1879
Total Central Office Contacts	**3181**





Carol Ann Gable
Office Manager

PI/CPC Report

No report

STEP Newsletter Volunteers

Issue	Step	Member	Due Date
November	Step 11	John W	October 21, 2026
December	Step 12	Cheryl	November 21, 2026

Submit articles to:
centralintergroupnews@gmail.com

TRADITION Newsletter Volunteers

Issue	Tradition	Member	Due Date
November	Tradition 11	Mike P	October 21, 2026
December	Tradition 12	Mike P	November 21, 2026

Submit articles to:
centralintergroupnews@gmail.com

Newsletter Report

Submitted by Charley

Absent with notice

We are always looking for AA members who are interested in going into facilities and bringing an AA meeting. There is a large need for volunteers who would like to go into Correctional facilities along with Women who have Thursday's open and are willing to participate with us at two women's facilities. Please share this information with your groups and send any interested AA members to our next orientation which will be held November 14, 2026; 9:00 am at 526 N. Bridge Street, Visalia. This is followed at 10:00 am by our Business Meeting. The Business Meeting is a great opportunity to hear an overview of all the facilities we serve and service opportunities. We will be setting the final plans for our volunteer appreciation event and electing a new Area Chair at the November meeting.

At our upcoming October General Committee meeting, we will be reviewing and finalizing our budget for the 2027 year. Currently, we continue in **Neutral** financial position as we are slightly above our 6-month prior year expenses cash on hand but not the ½ a month which move us into Sound financial position. On concern we have as we move into the coming year is that in the current year, 8% above last year in contributions but 25% above last year in literature expense. Therefore, once we recalculate our prior year expense based on 2026, we will actually move into poor financial position if we continue on the trend we have seen. We encourage all groups to pass the pink can. If your group does not have a pink can, please send an email to our local committee at handiarea93@gmail.com or pick one up at the Central Office. Please pass the pink can after the 7th Tradition basket to not detract from the 7th Tradition. Our monthly and year to date financial reports are available to review on the Tulare County AA website under the H&I tab as well as NorCal H&I website at www.handinorcal.org.

In Service,

Joyce R., Area 93 Chair

BTG (Bridging the Gap) Report

Submitted by Mike P.

No Report

GSO Liaison Report

Submitted by Robert C.

I attended the oct 6 GSR meeting it was a short meeting, they talked a lot about spending plans.. the CNIA spending plan will be finalized next month. We also talked about the proposed change re the word "eskimo" we in our area and across the country was to place it in the charter and that be the end of it… however there are other options… it will go to the general assembly. Oct 16th in woodland Ca approved $360 allowance for our DCM to attend. We will be accepting online contributions to support. The regional forum in San Diego in December getting ready for that.

Website Report David G

Absent with notice
Website Report – October 2026

2026-09-08 through 2026-10-13
First column dates are the date the entry was added to WordPress

New Announcements:

2026-08-26: Soberfest today (Zoom meeting info)
2026-10-07: 74th Southern California AA Convention
2026-09-18: Volunteers needed to help us plan the New Year's Eve event!

New and updated calendar events:

2026-09-28: Potluck Speaker Meeting
2026-09-26 6:30 PM - 9:00 PM
2026-09-17: 2nd Sunday Springville Breakfast Speaker Meeting
2026-10-11 10:00 AM - 11:45 AM
2026-09-21: Soberfest 2026 Planning Meeting
2026-09-23 6:00 PM - 6:50 PM
2026-10-05: Primary Purpose Group 12 Step Workshop
2026-10-05 6:00 PM - 8:00 PM
2026-09-28: Potluck Speaker Meeting
2026-10-31 6:30 PM - 9:00 PM
2026-10-06: District 47 General Service Representative (GSR) Meeting
2026-10-06 7:00 PM - 8:00 PM
2026-10-05: Southern California AA Convention 2026
2026-10-16 9:00 AM - 2026-10-18 12:00 PM
2026-10-06: CNIA Mini PRAASA 2026
2026-10-16 5:00 PM - 2026-10-18 12:00 PM
2026-10-09: Monthly CSR Meeting
2026-10-13 6:00 PM - 7:00 PM
2026-09-14: New Year's Eve event planning committee meeting
2026-10-13 5:00 PM - 6:00 PM

Thank you for letting me be of service,
David G of Visalia

H&I Report

The only purpose of the Northern California Hospital and Institution Committee is to carry the message of AA to alcoholics in corrections and treatment facilities and facilities serving alcoholics in Northern CA. Locally, we continue to carry the message of AA to 8 treatment facilities, Tulare County Jail, Corcoran, SATF and Avenal Prisons providing AA literature upon request.

CSR Group Reports

Springville Monday Night Book Study Group – Bill E., CSR

We are the Springeville Monday night book study, we meet every Monday night at 7pm at the Springeville Light House Chapel. We are currently reading the Big Book with great discussions. We have about 10 regular members and serve hot coffee.

Springville Thursday Night Gut Level – Marcie., CSR

The meeting as well attended by newcomers and seasoned AA members. Birthdays are celebrated the last Thursday of the month with dinner at the local Mexican restaurant then the meeting convenes with cake and coffee good times and service.

AA Noon Meetings at the 12 Step Recovery Club – Cheryl H., CSR

The AA meetings are held from noon to 1 PM Monday through Friday. The Friday meeting is a book study currently studying the AA big book. The group is not in a hurry to read each paragraph is discussed. We are currently reading Bill's story. The meetings are open and all are welcome in service.

Friends of Bill W and Dr. Bob – Charley., CSR

WE are an open group of men and women joined together in recovery. Our meeting is a 90 minute meeting each Tuesday from 7:00-8:30pm in Tulare at St Johns Episcopal Church at the corner of Prosperity and Laspina. Annual anniversaries of sobriety are celebrated the first Tuesday of each month for all that occurred the previous month with cake and ice cream.

Tuesday Women's Changes – Anetta., CSR

Women's open meeting held Tuesdays from 6:00–7:00 P.M. at the Recovery Club in Porterville 186 S D Street . Uses a topic-stick format. Sobriety birthdays are celebrated with a potluck on the last Tuesday of each month. WE made a central office donation.

Saturday Night Believers – Vicki B., CSR

Closed AA meeting held Saturdays from 7:00–8:00 P.M. at Trinity Lutheran Church in Porterville 764 W Henderson . Chips are distributed for sobriety milestones and birthdays are celebrated monthly with cake. We have a new secretary Shirley O.

Women's Tuesday Night Amity Group – Ally A., CSR

Closed women's meeting held Tuesdays from 6:30–7:30 P.M. at Trinity Church in Visalia. Infants up to three months old are welcome. Attendance averages approximately 20-30 women. We celebrate sobriety milestones the last Tuesday of the month. We love for you to join!

Porterville Wednesday Open Inclusive – Marcie M., CSR

Open meeting held Wednesdays from 6:00–7:00 P.M. at Lutheran Church in Porterville. Attendance averages 15–20 members. Birthday celebrations are held monthly.

Second Sunday Speaker Springville Breakfast Meeting – Marcie M., CSR

2nd Sunday of the month! Held monthly at the Veterans Memorial Building in Springville. Attendance averages 50–60 people. We have some amazing speakers. $8.00 Breakfast begins at 8:30 A.M. and the meeting starts at 10:15 A.M. usually over approximately 12:00.. 50/50 raffle. Good food, Great fellowship 6-7 people per table.

Friday Freedom Fellowship – Robert., CSR

Closed meeting held Fridays at 7:00 P.M. at Christ Lutheran Church in Visalia. Attendance ranges from 20–40 people. We circle around and there are approx 30-40 people in attendance. Chips and birthday celebrations are part of the meeting format on the last Friday of the month.

Bridge Street - Robert., CSR

Noon meeting is going great… The primary purpose meeting is activity looking for a new location as the group has grown tremendously. Discussion re court cards & signing to be signed at the end of the meeting. There are 22 meetings held at this location. We now have a new GSR.

Civic Center Group – David G., CSR

Open meeting held Tuesdays from 7:00–8:15 P.M. at Christ Lutheran Church in Visalia. Justin is our secretary. This is now a 75 minute meeting. Chairs are now one big circle! Business meetings are held on the third Tuesday of each month. Cupcakes on the last Tuesday of the month.

Keep It Simple Sunday – David G., CSR

Outdoor meeting held Sundays from 10:00–11:30 A.M. at Blain Park in Visalia. Pet friendly. Attendance averages around 15 people.

Exeter Sunday Afternoon Group – Christine., CSR

Open discussion meeting held Sundays at 2:30 P.M. Attendance continues to grow. Chips and anniversary celebrations are held monthly.

Clodbusters – Jerry., CSR

Open meeting held Wednesdays from 12:00–1:00 P.M. at Tulare Community Church Activity Center. The group welcomes more women attendees.

Prospecting for Nuggets – Jerry S., CSR

Open meeting held Sundays from 7:00–8:30 P.M. at St. John's Episcopal Church in Tulare. The group welcomes additional participation.

Serenity Junction – Jerry S., CSR

Open meeting held Mondays at 7:00 P.M. at St. John's Church in Tulare. Monthly birthday celebrations include cake and ice cream.

Mid Valley Group-Jerry S., CSR

The Mid Valley meeting is held Saturday at 2pm It is a chip meeting and celebrates birthdays on the last Saturday of the month with cake and ice cream. We just elected a new secretary, Come join us!

Friends of Bill W – John W., CSR

We have a lively group & good attendance that meets at the Quaker Church at the end of Mineral King about a mile east of the Farmersville exit on 198. We had a packed meeting room last Saturday night, we celebrate sobriety with monthly chips at every meeting and annual chips at the end of the month. Please visit us on Saturdays at 5:30pm.

Kings County District 49– Bear., CSR

Many Kings County groups are now including Central Office in their contribution splits. We have numbers events that will be reflected on the events calendar.

Saturday Morning Women's 12x12 – Jerri T., CSR

Weekly meeting held Saturdays from 9:00–10:00 A.M. at Christ Lutheran Church 3830 W Tulare Ave. Attendance averages 30–40 women. The meeting studies the 12 & 12 and hosts an "Ask-It Basket" as well as including "Sponsorship Basket Pamphlet" on the last Saturday of the month. We do allow children below three years old. Birthday celebrations the last Saturday of the month.

Monday Night Men's Stag – Johnny O., CSR

Men's stag meeting held Mondays from 7:30–9:00 P.M. Attendance averages 30–40 people. Sponsorship and coffee are available. At the end of the meeting we ask that members willing to sponsor to stand. Great place to look for a sponsor & chip meeting and birthdays at the end of the month.

Quiet Trails-Anthony B., CSR

Tuesday evening 7:30-8:30 getting newcomers just about every week. We have about 15/20 attending our Tuesday meeting our meeting is growing. Giving out chips birthdays/celebrate anniversary's both men and women share. We have great interaction between the newcomers and the old timers. Coffee and candy are served. Day Reflections is how we starts. Our main talk is on daily reflections.

Old Business

CSR members were reminded to inform their groups that elections will be held in December. Groups without a CSR are encouraged to elect one.

New Business

New Years Event Canceled

… Paul motion to cancel, Robert second all in favor

Adding a "new comer tab" on our website…there will a link , includes phamplets etc.

Seventh Tradition

Collected: $21.00

Announcements

Oct 24th halloween event 4-7pm at the 12 step club $10 non members, $5 members members kids are free

Please continue announcing the Board Elections will be held December 2026 qty 5 openings

Meeting Adjourned

7:15 P.M.

Responsibility Statement

Recited by all.
Respectfully submitted,

Ally Ayres
Board Secretary



Service Meeting & Service Addresses
November 2026

Service Meetings

GSR Meeting at Central Office
449 E. Maple St., Exeter, CA
Tuesday, November 3rd 2026 at 7:00 PM

Bridging the Gap meeting at Central Office
449 E Maple St Exeter, CA
To be announced

CSR Meeting at Central Office
449 E. Maple St., Exeter, CA
Tuesday, November 10th 2026 at 6 pm

H&I Meeting (**odd months only**) in person at
526 N Bridge St (no Zoom)
2nd Saturday 9:00, Orientation,
Business meeting 10:00

Contributions

Tulare County Central Office
449 E. Maple St.
Exeter, CA 93221
https://aa-tulareco.org/donation

AA General Service Board
P.O. Box 2407
James A Farley Station
New York, New York 10116-2407
http://contribution.aa.org

District 47
P.O. Box 273
Exeter, CA 93221

CNIA Treasurer
PO Box 161712
Sacramento, CA 95816-1712

H&I-Contributions
P.O. Box 192490
San Francisco, CA 94119-2490

SERVICE ADDRESS

Tulare County Central Office
449 E. Maple St.
Exeter, CA 93221
(559) 592-6999
(559) 901-3512 text phone
Email: tccof@hotmail.com
Website: www.aa-tulareco.org
Hours: Mon-Fri 9:00am to 1:00pm
Closed Bank holidays



Send contribution to:

A.A. was founded on the principle that it would be self-supported through member contributions.

For many years, $2 in the basket has been almost a tradition.

However,

$2 doesn't go as far anymore.

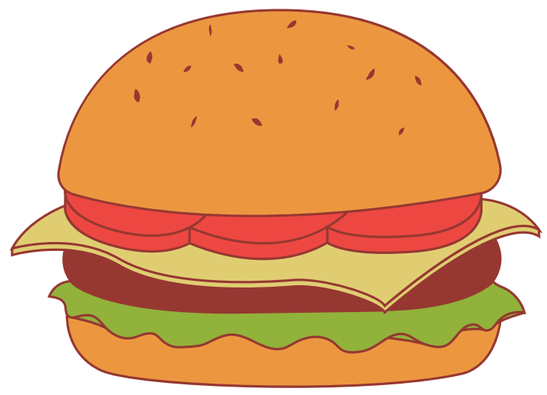
In 2010, $2 could buy what $3 buys today.
Prices in 2026 are nearly 50% higher than in 2010.



Coffee
$3 or more



Soft Drink
about $3



Small fast-food item
about $3

Please help keep the doors open and AA's lifesaving message available

BY CONTRIBUTING

$3 during 2026.

This message was prepared by Dallas Intergroup and reflects local experience and costs.
It is not a publication of A.A. World Services or the A.A. General Service Office.

Some Questions and Answers About A.A.'s Finances

Q: What is a "prudent reserve"?
A: Any suggested prudent reserve for a group should be dependent on local needs. A suggested prudent reserve for central offices, intergroups, and area committees could be one to 12 months' operating expenses, depending on local needs.

Q: Does the General Service Board have a "prudent reserve"?
A: In 1954 A.A.'s Board of Trustees established a reserve find whose principal purpose is to provide the financial resources necessary to continue the essential services of GSO and the Grapevine for up to a year in the event of an unexpected and substantial reduction in the normal revenues of the organization.

Q: Is there a limit on how much an individual can contribute to A.A.?
A: Yes, That limit is $7,500 a year.

Q: Can people leave money to A.A. in their wills?
A: Bequests in wills are acceptable only from A.A. members on a one-time basis, and not in perpetuity. The limit is $10,000.

Q: Can a group have to much money?
A: As stated in the long form of Tradition Seven, "We view with much concern those A.A. treasuries which continue, beyond prudent reserves, to accumulate funds for no stated A.A. purpose. Experience has often warned us that nothing can so surely destroy our spiritual heritage as futile disputes over property, money, and authority."

Q: Are there other kinds of contributions?
A: Special contributions: funds realized from conventions, conferences, dinners, area get-togethers, etc. No limitations on these contributions.

Q: Do all groups contribute to A.A.'s service entities?
A: No. Contributions are strictly voluntary and some groups simply cannot afford additional contributions after covering their basic needs. Additionally, there are groups who, for whatever reason, choose not to be a part of the set-support network. These groups, nevertheless, will receive basic services from the district, area and intergroup if they wish, and are welcome to list with GSO, where they will receive the same basic services as other groups. In 2023, the percentage of all active groups who contributed to GSB was 31.6%.

Q: My group doesn't have a lot of money. Is it better not to send anything at all until we can afford to make a sizeable contribution?
A: In the spirit of participation, no contribution toward carrying the message can be too small. Bill W. spoke about our "collective obligation" to support A.A. services, and if everyone waited until they had a "sizeable" amount, it's more that likely that A.A.'s bills would go unpaid.

Q: Does GSO have any specific information for our group or group treasurer about how to handle our group's finances?
A: Yes. There are two excellent publications available from GSO, A.A. Guidelines on Finance and the pamphlet "The A.A. Group Treasurer," which provide information to groups regarding practical matters related to their group finances, such as setting up bank accounts, obtaining tax ID numbers, and outlining the responsibilities of a group treasurer.

Q: Some members of our group want to pass a "virtual" basket—to collect Seventh Tradition contributions digitally. How could we do this?
A: A number of groups have utilized digital payment platforms as an adjunct to passing the basket in the conventional sense in order to provide opportunities for cashless contributions. There are different payment platforms to facilitate this service, and it is up to the group to determine which one to use. After experimentation with different methodologies, some groups have found that a smartphone app-based payment platform is the most efficient, seamless and minimally disruptive solution for providing a digital contribution. Experience suggests that the treasurer is a likely choice to handle digital contributions, though some groups add more than one trusted servant to share the responsivities, or create a new position to inform the group about digital payment options and assist other group members who are interested in contributing this way.

Q: Doesn't all A.A. money go into one pot? In other words, when our group contributes to central office (intergroup), isn't our money distributed to the area, district and GSB, as well?
A: No. Each A.A. entity—group, district, area, central office and the GSB—provides a specific service and is autonomous. Each is separate from the other.

Q: After group expenses for rent, prudent reserve, etc., what is your informed group conscience for distribution of excess funds?
A: Sample distribution plans to follow. See pie graph next page.

GSO = General Service Office, in NY
GSB = General Service Board, for GSO in NY

Samples of Group Contributions to A.A. Service Entities

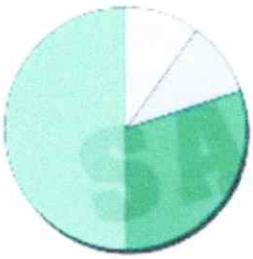
Distribution Plan of _____
(YOUR GROUP NAME)

Your Group Service # _____
(Be sure to write group name and service # on all contributions.)



____% to district
____% to area committee
____% to GSB
____% to intergroup or central office
____% other A.A. service entities
____% other A.A. service entities

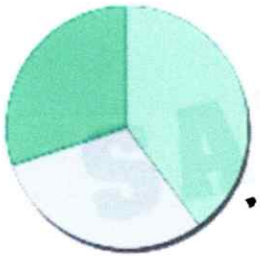
OR



10% to district
10% to area committee
30% to GSB
50% to intergroup or central office

OR

If you have no intergroup/central office:



40% to district
30% to area
30% to GSB

At your regular business meeting, usually when the Treasurer gives their Report, any money over your prudent reserve is supposed to be voted on and dispersed. Examples are given above.

The above pie graph and the preceding Q&A's are taken from our very own literature. "Where Money & Spirituality Mix" (F-3, pgs. 9-13) available at your Central Office ***FOR FREE***!!

Speaker Meetings for November 2026



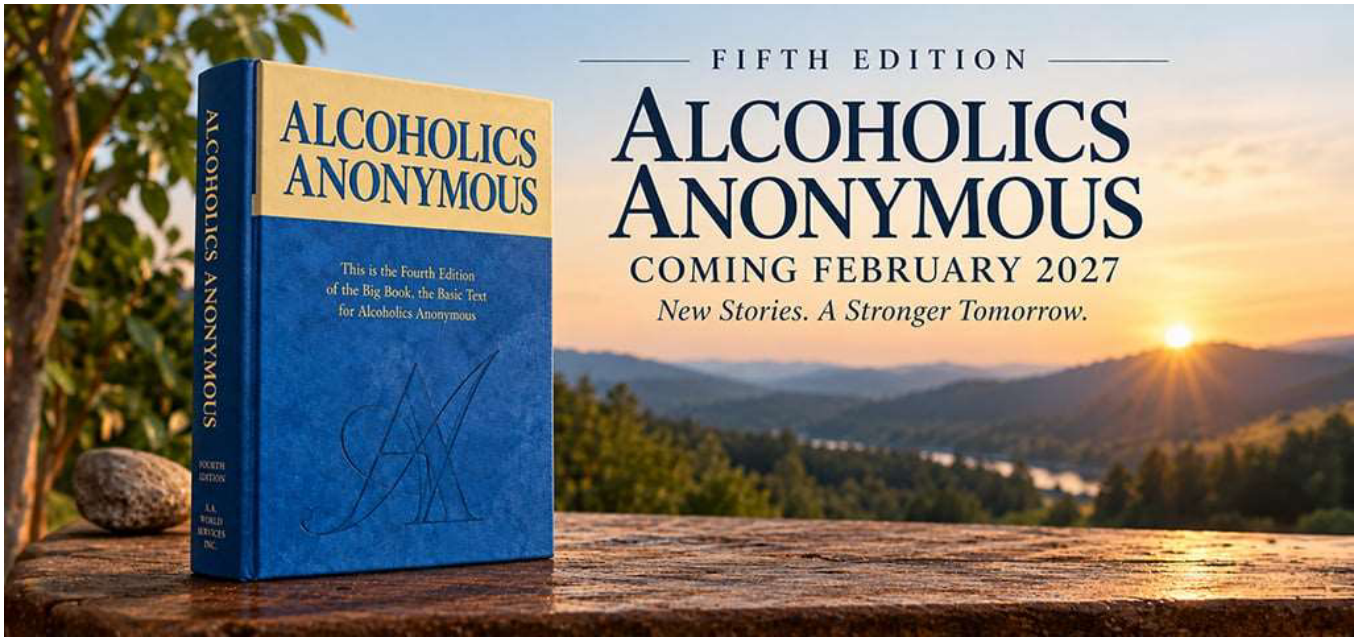
Sunday AM Breakfast, Speaker Meeting
Veterans Memorial Building
36000 Hwy 190, Springville
November 8th, 2026
(Breakfast at 8:30 to 9:45 AM)
Speaker: Gary B from Porterville

The Valley Group, Speaker Meeting
St. Paul's Episcopal Church
120 N. Hall St. Visalia, CA 93291
Every Wednesday from 7-8 pm.
Speakers for Nov-TBA

Civic Center Group
Christ Lutheran Church
3830 W Tulare Ave, Visalia
Birthday speaker meeting
Last Tuesday of the month

Sunday PM Serenity Seekers Valley Group
Sunday 7:30-9 pm.
St. Paul's Episcopal Church
120 N. Hall St. Visalia, CA 93291
Speakers for November
November 1 - Mike M of Visalia, with 3 years, 9 months, and 4 days continuously sober!
November 8 - Betty S of Fresno, with 33 years, 7 months, and 30 days continuously sober!
November 15 - Mark C of Hanford, with 37 years, 7 months, and 26 days continuously sober!
November 22 - Sue A of Fresno, with 20 years and 23 days continuously sober!
November 29 - Rodney H of Visalia, with 3 years, 5 months, and 30 days continuously sober!





Alcoholics Anonymous World Services has announced that the fifth edition of *Alcoholics Anonymous*, commonly known as the Big Book, is on track for publication in February 2027.

In an August 26, 2026 communication to A.A. trusted servants, groups, Intergroups, Central Offices and other members of the Fellowship, Alcoholics Anonymous World Services (AAWS) provided an update on the forthcoming fifth edition.

At its July 30 meeting, the AAWS Board approved the recommendation of its Publishing Committee that the **hardcover fifth edition will feature a removable dust jacket and have a list price of $20 USD**.

26 New Stories of Recovery

The fifth edition will include **26 new stories of recovery**, adding new voices and experiences to the Big Book. AAWS says the publication is currently on track for **February 2027**.

The fifth edition comes **more than 25 years after the publication of the fourth edition**. AAWS described the upcoming edition as a much-anticipated milestone for the Fellowship.

More Information Coming This Fall

AAWS stated that **additional information about the publication of the fifth edition will be released this fall**. Details regarding availability and ordering will be shared as they become available.

Publication: February 2027
Format: Hardcover with removable dust jacket
List Price: $20 USD
New Content: 26 new stories of recovery

Source: Alcoholics Anonymous World Services, Inc., August 26, 2026 announcement.
Thank you Cleveland Central Office for this flyer….

Sunday Speaker Breakfast

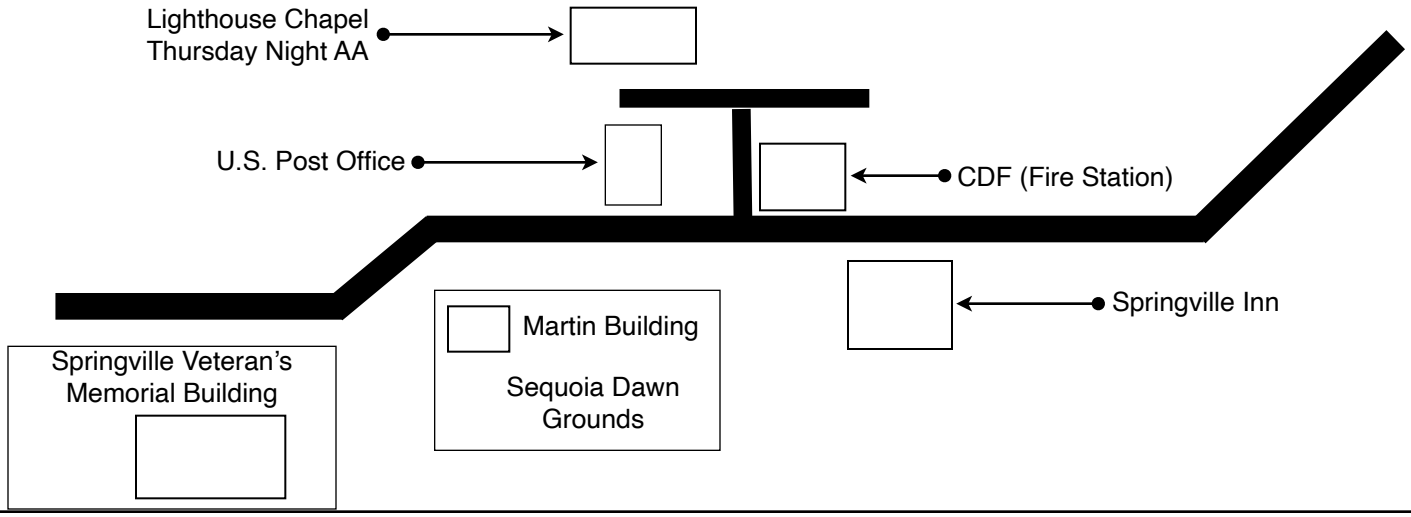
Sunday Morning, November 8, 2026

50 Yrs on the 2nd Sunday of the Month - Come Join Us!

Speaker: Gary B.

Porterville, CA

Special Sunday Speaker in Springville's Serenity



Springville Veterans Memorial Building
35944 Highway 190
Springville, California

For Information: Call 559-539-3814

- **From Highway 99 at Tipton (south of Tulare) - Take Highway 190 turnoff toward the Sierras - 32 miles east to Springville**
- **From Highway 99 at Bakersfield - Take Highway 65 north 45 miles to Highway 190 - 17 miles east to Springville**

8:00 AM	**Coffee's Hot - Attitude Adjustment Time**
8:30 - 9:45 AM	**Breakfast Service ($8.00)**
10:15 AM	**Meeting Starts (7th Tradition is honored)**
10:30 - 10:45 AM	**10 Minute Speaker - Main Speaker**

Comic of the month

